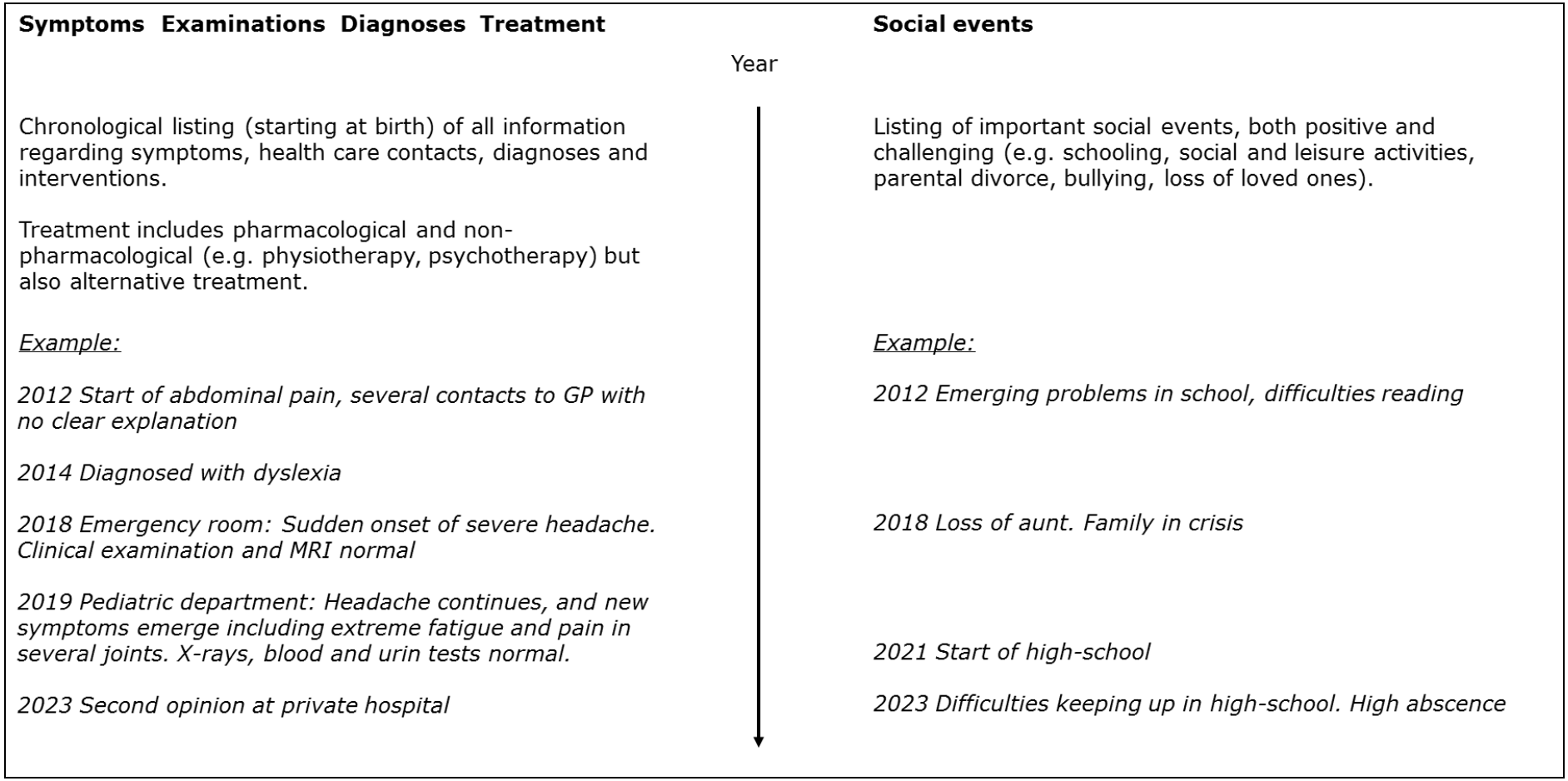
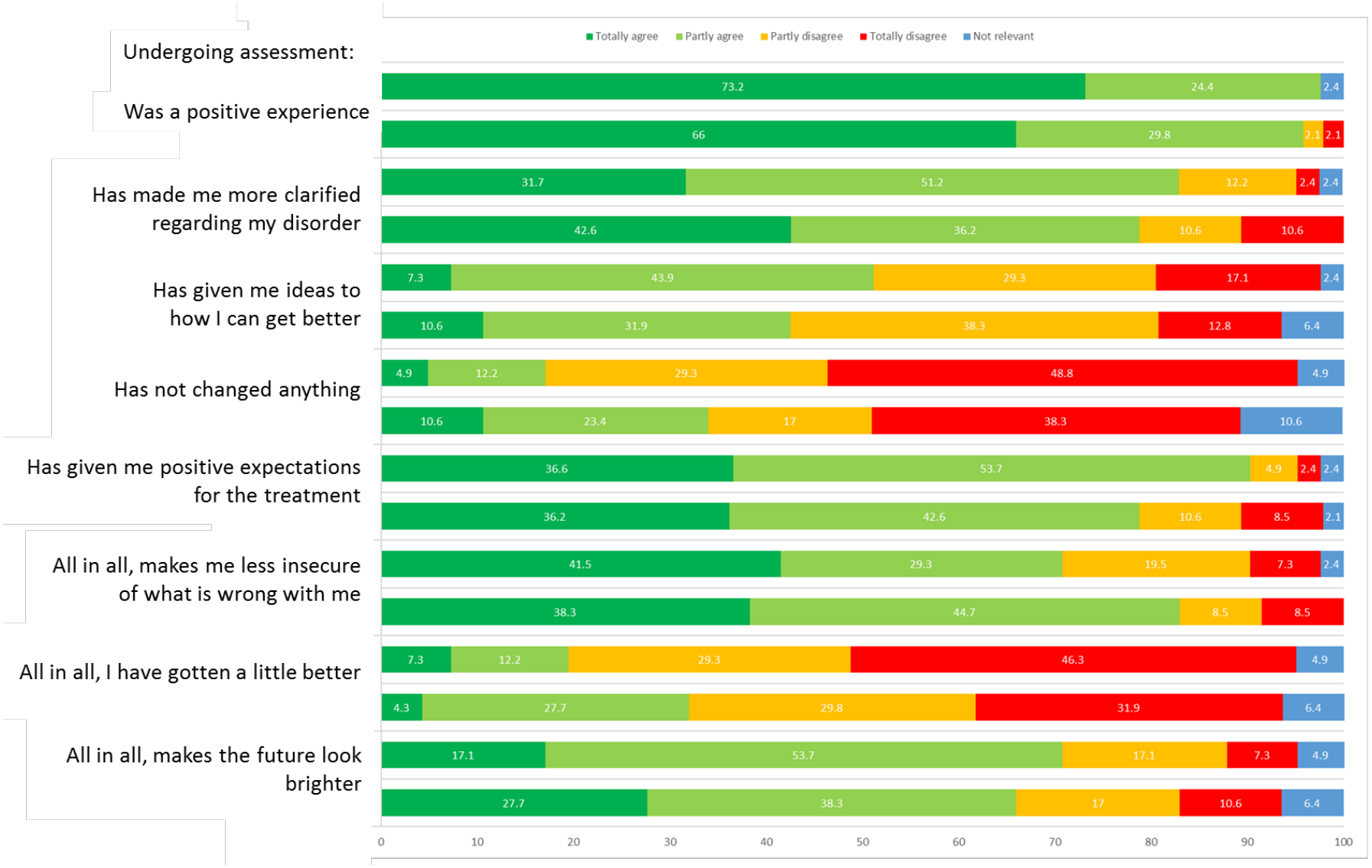
Supplementary Materials

Figure S1. Chronological overview of health care contacts and social events



GP: general practitioner; MRI: Magnetic Resonance Imaging

Figure S2 Experience of assessment divided by randomization group



Numbers in figure represent percentage
AHEAD n=41 (missing n=3), EUC n=47 (missing n=0)

Table S1 Mean and SD at T0 and T1

		AHEAD (T0)		AHEAD (T1)		EUC (T0)		EUC (T1)	
		Mean	SD	Mean	SD	Mean	SD	Mean	SD
Primary outcome									
Physical health	SF-36 (15-65)	36.58	5.83	36.43	6.71	37.10	7.79	38.48	6.82
Secondary outcomes									
Symptom severity	SCL-som (0-4)	2.01	0.74	1.81	0.63	1.81	0.81	1.67	0.69
Illness worry	Whiteley-6-R (0-4)	1.62	1.15	1.03	0.97	1.71	1.06	1.00	0.89
Mental health	SF-36 MCS	35.66	16.49	37.57	15.17	35.80	11.75	36.57	10.64
Treatment targets									
Illness perception	B-IPQ (0-80)	52.27	7.68	49.02	10.11	51.37	8.07	45.98	9.33
Illness-related behaviour	BRIQ- All or nothing (6-30)	19.41	4.47	18.37	5.19	18.85	4.78	18.36	3.70
	BRIQ- Limiting (7-35)	23.50	5.19	22.26	4.93	23.64	5.48	22.04	5.17
Psychological inflexibility	AFQ-Y8 (0-32)	11.57	9.20	11.38	8.46	13.34	7.36	11.97	7.01
	PIPS- Avoidance (8-56)	35.16	9.97	31.48	10.13	34.53	10.98	32.30	10.55
	PIPS- Fusion (4-28)	21.93	3.88	21.33	4.84	22.06	4.96	20.77	5.01

T0: Questionnaires at baseline prior to assessment
T1: Questionnaires at approximately 2 months prior to specialized treatment