

Supplementary Table S1. Primer information

Species	Gene	Product size (bp)	Tm (°C)	Sequence (F)	Sequence (R)
Mouse	GAPDH	155	59	5'-tgctggtgctggatgtcg-3'	5'-caagcagggtggatcagg-3'
Mouse	MSTN	163	59	5'-acgctaccacggaaacaatc-3'	5'-ggagtcttgacgggtctgag-3'
Mouse	MYOG	185	59	5'-tccatcattgagccata-3'	5'-caaataatgttcctgggttgg-3'
Mouse	MYL2	177	59	5'-aaaggaggccaggcataat-3'	5'-cctctctgtgttgtgtca-3'
Mouse	Atrogin1	160	59	5'-ttcagcggccgtactacga-3'	5'-tgaaagctccccaaagta-3'
Mouse	CD163	218	59	5'-ctggtcgtgtggaaagtggaaa-3'	5'-cgccactgagcatagtggaaa-3'
Mouse	RAGE	160	59	5'-aggaacgtgcagagctgaat-3'	5'-ctggtggagaaggaaagtgc-3'
Mouse	Glb1	228	59	5'-cctattggaaatggccaaac-3'	5'-tacccagagcttcageccact-3'
Mouse	PPAR γ	232	59	5'-aagagctgacccaatggttg-3'	5'-acccttgeatccatcacaag-3'
Mouse	CD36	187	59	5'-tggagctgtattgtgcag-3'	5'-tgggtttgcacatcaaaga-3'
Mouse	P53	242	59	5'-cgggttggaaaggaaatttta-3'	5'-geacaaacacgaaacctcaaa-3'
Mouse	Bax	173	59	5'-tgcagaggatgttgcac-3'	5'-gatcagctcggcacttag-3'
Mouse	FOXO3	215	59	5'-ttcaaggataaggcgacag-3'	5'-cctcggtcttggttactt-3'

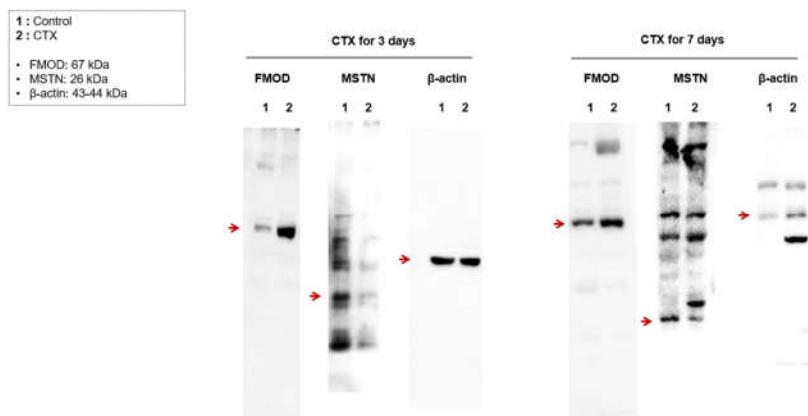
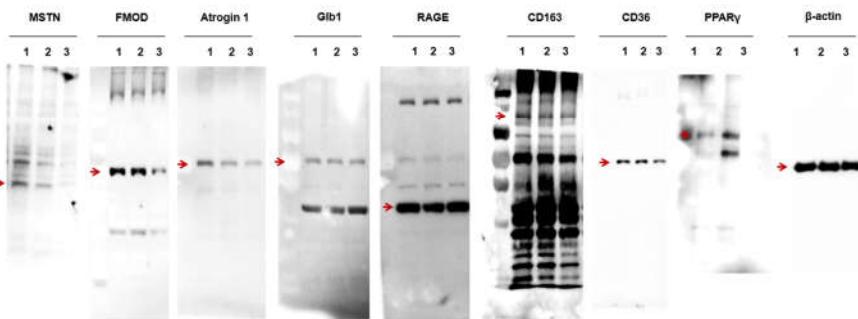
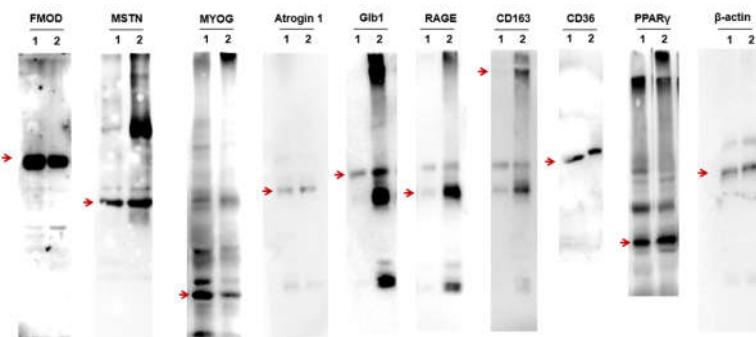
Supplementary Figure S1.

Figure 2

1 : MSTN +/+, 2: MSTN +/-, 3: MSTN -/-
 • MSTN: 26 kDa, FMOD: 67 kDa, Atrogin1: 42 kDa, Gb1: 76kDa, RAGE: 46 kDa, CD163: 130 kDa, CD36: 88-90kDa, PPAR γ : 54-57kDa, β -actin : 43-44 kDa

**Figure 3**

1 : 16 weeks muscle, 2: 26 weeks muscle
 • FMOD: 67 kDa, MSTN: 67 kDa, Atrogin1: 42 kDa, Gb1: 76kDa, RAGE: 46 kDa, CD163: 130 kDa, CD36: 88-90kDa, PPAR γ : 54-57kDa, β -actin : 43-44 kDa

**Figure 3**

1 : 16 weeks muscle, 2: 2 years muscle
 • FMOD: 67 kDa, MSTN: 67 kDa, Atrogin1: 42 kDa, Gb1: 76kDa, RAGE: 46 kDa, CD163: 130 kDa, CD36: 88-90kDa, PPAR γ : 54-57kDa, β -actin : 43-44 kDa

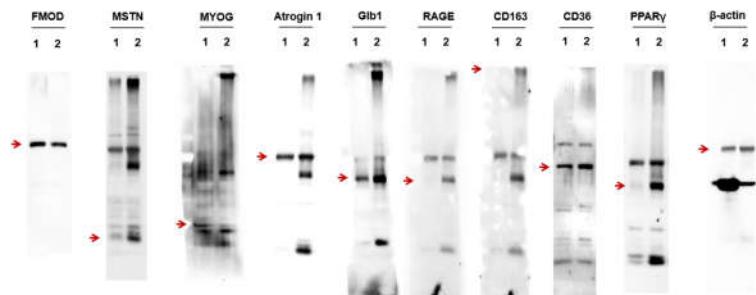
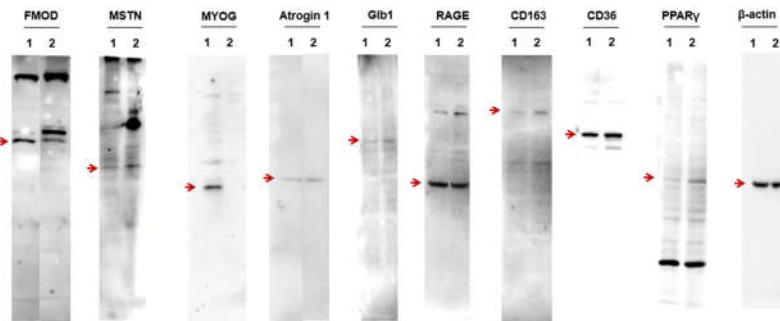
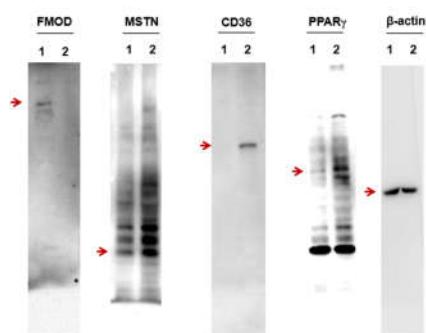


Figure 4

1 : Control, 2: Ceramide
 • FMOD: 67 kDa, MSTN: 67 kDa, Atrogin1: 42 kDa, Glb1: 76kDa, RAGE: 46 kDa, CD163: 130 kDa, CD36: 88-90kDa, PPAR γ : 54-57kDa, β -actin : 43-44 kDa

**Figure 5**

1 : Day 0, 2: Day 4
 • FMOD: 67 kDa, MSTN: 67 kDa, CD36: 88-90kDa, PPAR γ :54-57kDa, β -actin:43-44 kDa

**Figure 5**

1 : FMODwt, 2. FMODkd
 • FMOD: 67 kDa, MSTN: 67 kDa, CD36: 88-90kDa, PPAR γ :54-57kDa, β -actin:43-44 kDa

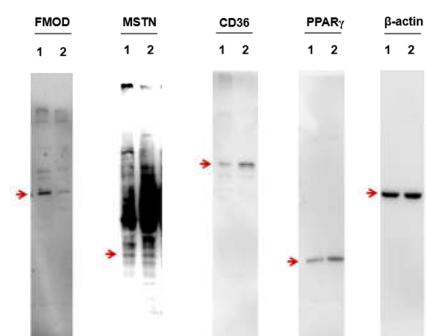


Figure 5

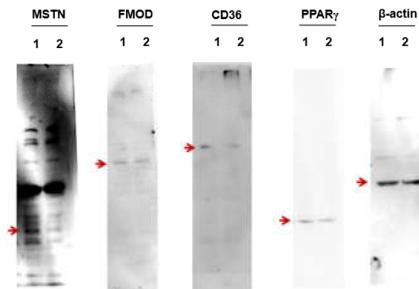
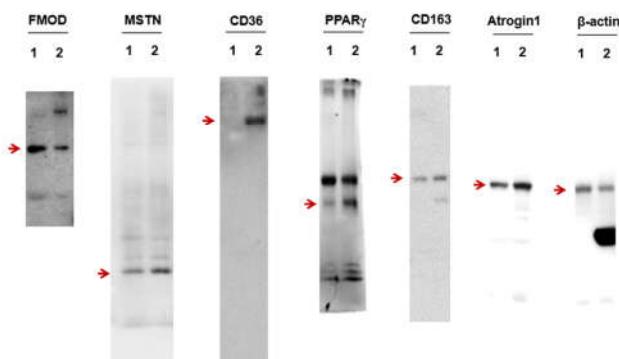
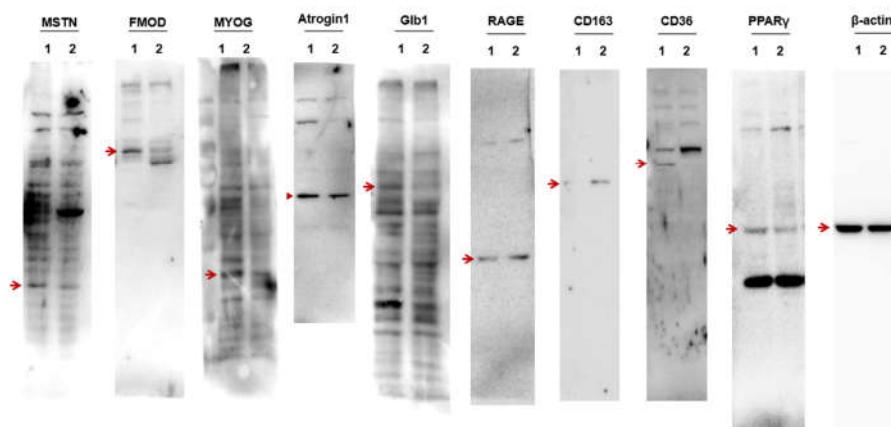


Figure 6

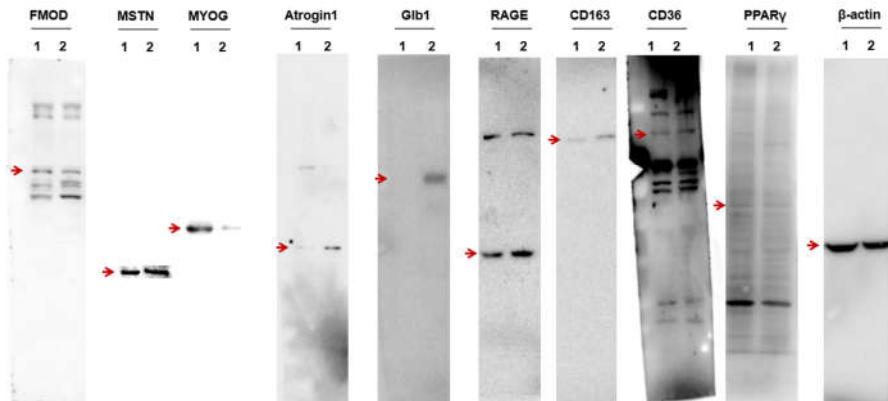


Supplementary Figure 1

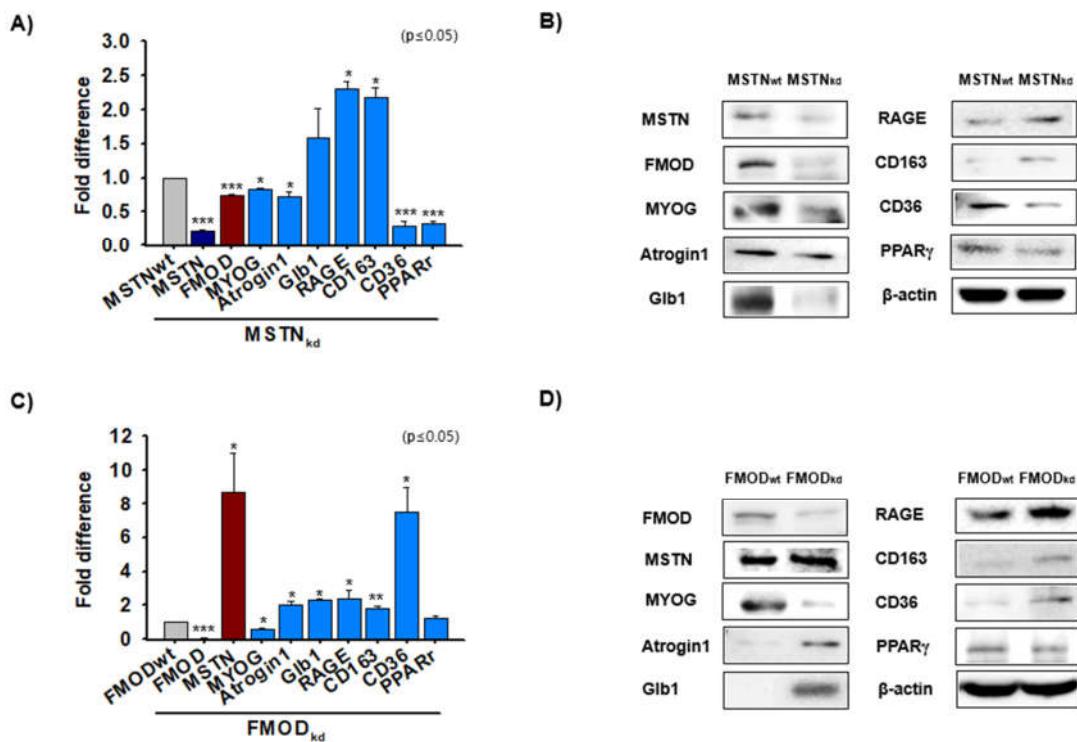


Supplementary Figure 1

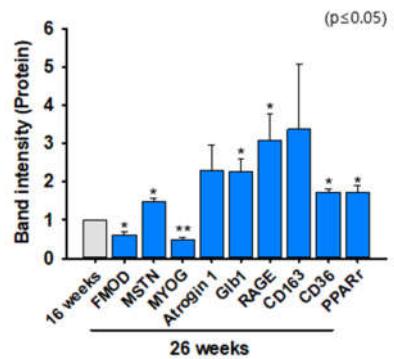
FMODwt_2%FBS



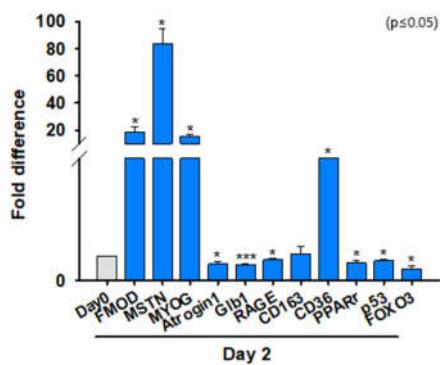
Supplementary Figure S2.



Supplementary Figure S3.



Supplementary Figure S4.



Supplementary Figure S5.

