

PED-SARC-F:

Q1. How much difficulty do you have in lifting something heavy?

Q2. How much difficulty do you have walking across a room?

Q3. How much difficulty do you have rising from the floor?

Q4. How much difficulty do you have climbing a flight of stairs?

Q5. How many times have you fallen in the last 2 weeks?

- Q1-4: A lot or unable / Q5: ≥ 4 falls
- Q1-4: Some difficulties / Q5: 1-3 falls
- Q1-5: None

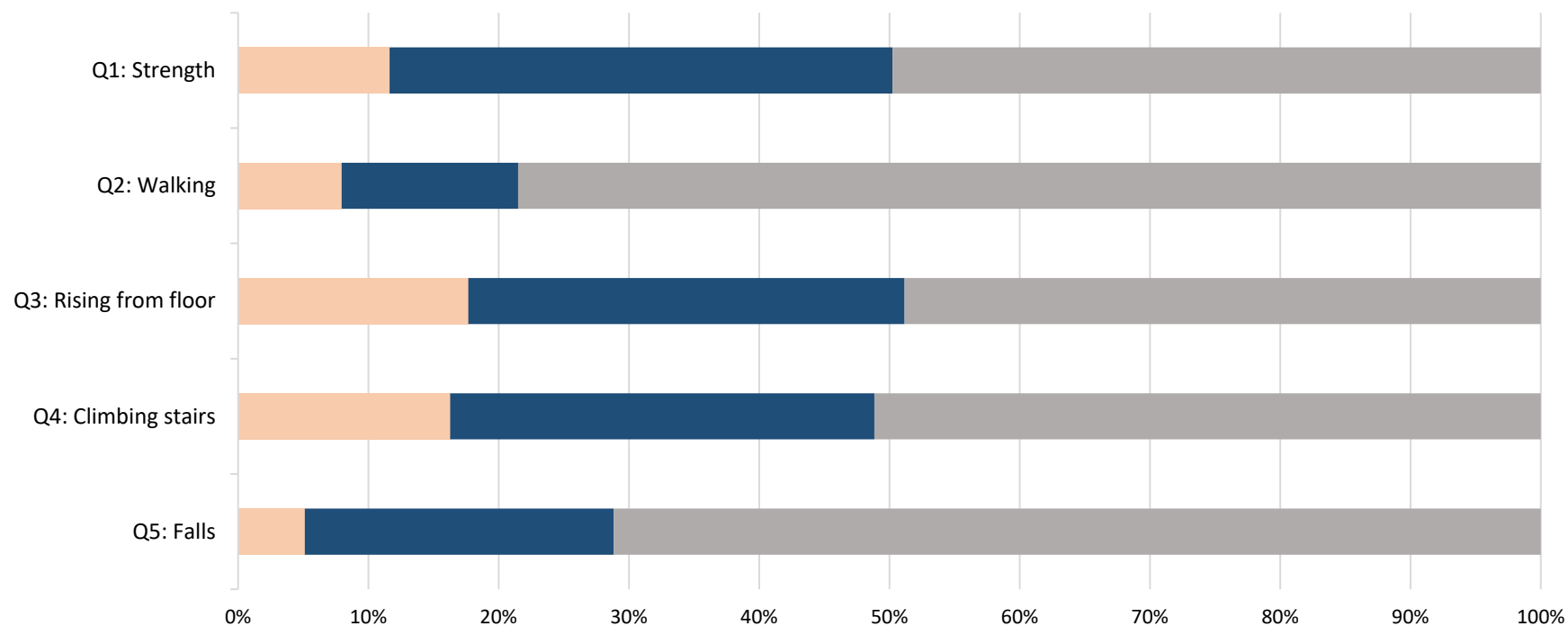


Figure S1. The pediatric SARC-F (PED-SARC-F) and the results on the individual questions