**Table S1.** Post hoc power estimates for fixed effects by model.

| Model | Fixed Effect | Estimated Power | 95% CI |
|---|---|---|---|
| EDE-Q Dietary Restraint | | | |
| | Time | 0.993 | [0.986, 0.997] |
| | Trauma Treatment | 0.388 | [0.358, 0.419] |
| | Trauma Treatment × Time | 0.905 | [0.885, 0.922] |
| EDE-Q Eating Concern | | | |
| | Time | 0.997 | [0.991, 0.999] |
| | Trauma Treatment | 0.449 | [0.418, 0.480] |
| | Trauma Treatment × Time | 0.957 | [0.943, 0.969] |
| EDE-Q Shape Concern | | | |
| | Time | 1.000 | [0.996, 1.000] |
| | Trauma Treatment | 0.468 | [0.437, 0.499] |
| | Trauma Treatment × Time | 0.960 | [0.946, 0.971] |
| EDE-Q Weight Concern | | | |
| | Time | 0.998 | [0.993, 1.000] |
| | Trauma Treatment | 0.470 | [0.439, 0.501] |
| | Trauma Treatment × Time | 0.952 | [0.937, 0.964] |
| EDE-Q Global | | | |
| | Time | 0.998 | [0.993, 1.000] |
| | Trauma Treatment | 0.479 | [0.448, 0.510] |
| | Trauma Treatment × Time | 0.954 | [0.939, 0.966] |
| EPSI Binge Eating | | | |
| | Time | 1.000 | [0.996, 1.000] |
| | Trauma Treatment | 0.250 | [0.223, 0.278] |
| | Trauma Treatment × Time | 0.975 | [0.963, 0.984] |
| EPSI Body Dissatisfaction | | | |
| | Time | 0.997 | [0.991, 0.999] |
| | Trauma Treatment | 0.374 | [0.344, 0.405] |
| | Trauma Treatment × Time | 0.952 | [0.937, 0.964] |
| EPSI Cognitive Restraint | | | |
| | Time | 0.990 | [0.982, 0.995] |
| | Trauma Treatment | 0.328 | [0.299, 0.358] |
| | Trauma Treatment × Time | 0.925 | [0.907, 0.941] |
| EPSI Excessive Exercise | | | |
| | Time | 0.964 | [0.951, 0.975] |
| | Trauma Treatment | 0.238 | [0.212, 0.266] |
| | Trauma Treatment × Time | 0.840 | [0.816, 0.862] |
| EPSI Purging | | | |

| | | | |
|---|---|---|---|
| | Time | 0.996 | [0.990, 0.999] |
| | Trauma Treatment | 0.267 | [0.240, 0.296] |
| | Trauma Treatment × Time | 0.921 | [0.903, 0.937] |
| EPSI Restricting | | | |
| | Time | 0.977 | [0.966, 0.985] |
| | Trauma Treatment | 0.312 | [0.283, 0.342] |
| | Trauma Treatment × Time | 0.867 | [0.844, 0.887] |
| Anxiety | | | |
| | Time | 0.993 | [0.986, 0.997] |
| | Trauma Treatment | 0.528 | [0.497, 0.559] |
| | Trauma Treatment × Time | 0.936 | [0.919, 0.950] |
| Depression | | | |
| | Time | 0.896 | [0.875, 0.914] |
| | Trauma Treatment | 0.323 | [0.294, 0.353] |
| | Trauma Treatment × Time | 0.706 | [0.677, 0.734] |
| Clinical Impairment | | | |
| | Time | 0.991 | [0.983, 0.996] |
| | Trauma Treatment | 0.408 | [0.377, 0.439] |
| | Trauma Treatment × Time | 0.930 | [0.912, 0.945] |

Note. CI, confidence interval. Results are based on 1,000 Monte Carlo simulations and assume a standardized medium effect size (Cohen's $d = 0.5$) for all fixed effects.