Longitudinal Coupling between Eating Disorder Psychopathology and Depression in Patients with Anorexia Nervosa and Bulimia Nervosa Treated with Enhanced Cognitive Behavior Therapy: A One-Year Follow-Up Study

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Supplementary Materials

Supplementary Table S1. Characteristics of the sample at baseline and follow-up, divided by baseline diagnosis. Results of longitudinal analysis in patients are reported using age and BMI-adjusted unstandardized coefficients (time, group, and interaction fixed effects).

	Anorexia Nervosa		Bulimia Nervosa		Time Effect (b)	Group Effect (b)	Time*Group Interaction Effect (b)
	Baseline T0 (n = 92)	Follow-up T1 (n = 73)	Baseline T0 (n = 65)	Follow-up T1 (n = 48)			
Age (years)	24.41 ± 9.14	-	27.11 ± 10.86	-			
Education (years)	12.38 ± 3.09	-	13.52 ± 2.73	-			
Age of onset (years)	17.54 ± 4.03	-	17.97 ± 6.45	-			
EDE-Q Total Score	3.21 ± 1.64	2.29 ± 1.78	3.75 ± 1.44	2.73 ± 1.50	−1.10***	0.41	0.19
BDI	22.47 ± 11.59	14.00 ± 13.17	23.23 ± 11.24	13.62 ± 10.81	−9.10***	2.08	-0.36
SCL-90-R GSI	1.43 ± 0.78	1.07 ± 0.82	1.65 ± 0.68	1.13 ± 0.71	−0.42***	0.30	-0.06

* $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$; BDI, Beck Depression Inventory; BMI, Body Mass Index; EDE-Q, Eating Disorders Examination Questionnaire; SCL-90-R GSI, Symptom Checklist-90-Revised Global Severity Index.