

## Supplementary Material

# Suitable Interpretation of Skin Prick Test and Biomedical Guidance Leads to a Better Clinical State in Atopic Individuals with High Indoor Permanence: Possible Therapeutic Implications

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### Skin prick test (SPT) therapeutic effectiveness evaluation:

**Recruited Volunteers:**  
(After atopic state confirmation and without previous SPT)

Atopic  
or  
Non-atopic

Serum IgE evaluation  
and SPT with in-  
person discussion of  
results  
(Avoiding allergens instructions)

Six months  
interval

Serum IgE evaluation,  
SPT and

**Questionnaire**  
("yes or no" answers):  
i- Have you changed your social  
habits after SPT results?  
ii- Could you avoid the development  
of allergies entirely?  
iii- The result of the SPT collaborated  
with an improvement of your health?

**Results  
presentation  
with in-person  
discussion**

**Figure S1.** An eschamatic illustration of the therapeutic effectiveness evaluation of SPT used in our study.

**Table S1.** Characteristics of the allergen extracts used in SPT.

Extract name.	Allergens origin
HDM	<i>Dermatophagoides farinae</i> and <i>Dermatophagoides Pteronyssinus</i>
Fungi	<i>Aspergillus fulmigatus</i> , <i>Penicillium notatum</i> , <i>Alternaria Alternata</i> and <i>Cladosporium herbarum</i>
Cockroach	<i>Blatella germânica</i> and <i>Periplaneta americana</i>
Grass	Alder, Birch, Hazel and Cultivated rye
Dog epithelium	<i>Canis Familiaris</i>
Cat epithelium	<i>Felis domesticus</i>
Feather	Chicken and Canary bird

**Table S2.** Characteristics of the allergen extracts used in multiplex immunoblot assay (EURO-LINE).

Allergen type	Allergens tested
<b>HDM</b>	<i>Dermatophagoide farinae</i> , <i>Dermatophagoides Pteronyssinus</i>
<b>Fungi</b>	<i>Aspergillus fulmigatus</i> , <i>Penicillium notatum</i> , <i>Alternaria Alternata</i> and <i>Cladosporium herbarum</i>
<b>Epithelium</b>	Cat, dog, Horse, Guinea pig, rabbit, hamster
<b>Grass</b>	Timothy Grass, Cultivated rye, Alder, Birch, Hazel, Mugwort, English plantain

**Table S3.** Comparative SPT results obtained before and six months after in-person discussion about allergen avoidance. The results are illustrated as the percentual of reactive individuals to each extract.

Extract.	Before (%)	After (%)
<b>Huse dust mite</b>	92.4	75.5
<b>Fungi</b>	60.6	46.2
<b>Grass</b>	45.4	31.8
<b>Cat</b>	43.1	25.7
<b>Dog</b>	42.4	23.4
<b>Cockroaches</b>	21.9	15.9
<b>Chicken feather</b>	11.3	9.0