Supplementary Table S1. Individual Navicular Drop Test Values

Participant ID	Navicular Drop Test (mm)
P01	12.1
P02	11.5
P03	10.8
P04	13.2
P05	10.2
P06	12.7
P07	11.0
P08	12.3
P09	13.0
P10	10.6
P11	12.8
P12	11.7
P13	13.5
P14	10.9
P15	11.3
P16	13.1
P17	12.6
P18	11.1
P19	13.3
P20	12.2
P21	11.9
P22	12.0
P23	13.6
P24	10.7
P25	12.4
P26	11.8
P27	13.4
P28	10.5
P29	11.6
P30	13.7