

Table S2. Herbal materials in archival source dated 1948

Family	Botanical name	Other purposes (spice: C, decorative: D, and food:F)	Disorder (frequency of citations)	Part used	Preparation	Administration and usage (O. Ad.: oral administration, Ext.:external use)	EVA evaluation
Agavaceae	<i>Agave americana</i> L.	D F	Wounds, abscess (1) Rash (1) Rheumatic pains (2) Digestive system conditions (1) Pulmonary (1) Diarrhoea (1)	Leaves Leaves Leaves Leaves Leaves	Raw material Ethanol infusion Ethanol infusion Ethanol infusion Decoction Decoction	Ext.,on wound Ext., rub O.Ad. O. Ad O. Ad O. Ad	
Amaranthaceae	<i>Beta vulgaris</i> convar. L.	F	Wounds, cutaneous inflammation(1) Painful menses (1)	Leaves Leaves	Raw material Juices	Ext. O. Ad.	
Amaryllidaceae	<i>Allium cepa</i> L.	F	Apian sting (1) Gathering (1) Cough, asthma (1) Internal diseases (1) Blood problems (1)	Corm Corm Corm Corm Corm	Raw material Infusion Juices Ethanol infusion Ethanol infusion	Ext. Ext. O. Ad. O. Ad. O. Ad.	
Amaryllidaceae	<i>Allium sativum</i> L.	F	Asthma (1) Infirmity, tuberculosis, general atony (1) Enteric parasites (1) Wounds (1)	Corm Corm Corm Corm	Infusion with honey Ethanol infusion Raw material Raw material	O. Ad. O. Ad. O. Ad. Ext., spread on wound	EMA/HMP C/7685/2013 (corm) adjuvant for the prevention of atherosclerosis. relief of the symptoms of common cold.
Amaryllidaceae	<i>Narcissus poeticus</i> L.	D F	Heart conditions (1) Ascites (1) Lost appetite (1) Epilepsy (1) Bad dreams (1)	Aerial part Aerial part Aerial part Flowers Aerial part Flowers	Ethanol infusion Ethanol infusion Ethanol infusion Decoction Raw material	O. Ad. O. Ad. O. Ad. O. Ad. Ext.put under pilow	

Apiaceae	<i>Anethum graveolens</i> L.	C F	Internal pain, diarrhoea (1) Diuresis (2) Sweating (1)	Aerial part Seeds Seeds	Decoction Decoction, ethanol infusion Decoction, Ethanol infusion	O. Ad. O. Ad. O. Ad.	
Apiaceae	<i>Daucus carota</i> L.	F	Hepatic (1) Tuberculosis, rachitis (1)	Roots Roots	Infusion Juices, Infusion with honey	O. Ad. O. Ad.	
Asparagaceae	<i>Asparagus officinalis</i> L.	D	Head dizziness (1) Dark (dirty) skin (1) Decreased diuresis (1)	Sprout Sprout Fruits, stem	Ethanol infusion Ointment Decoction	O. Ad. Ext. O. Ad.	
Compositae	<i>Artemisia abrotanum</i> L.	D	Weak body (1) Worms (2) Indigestion, lost appetite (2)	Aerial part Aerial part Aerial part	Ethanol infusion Raw material Aethanol infusion	O. Ad. O. Ad. O. Ad.	
Compositae	<i>Bellis perennis</i> L.	D	Tuberculosis (1) Weakness (1) Lost appetite, Indigestion (2) Painful menses (1)	Aerial part Aerial part Aerial part Aerial part	Juices, Ethanol infusion Juices, ethanol infusion Juices, ethanol infusion Decoction	O. Ad. O. Ad. O. Ad. O. Ad.	
Compositae	<i>Calendula officinalis</i> L.	D	Flatulence for children (1) Painful menses (1) Labor pains (1) Dry skin (1)	Flowers, stems, leaves Flowers Seeds Flowers	Decoction Tea Decoction Ointment	O. Ad. O. Ad. O. Ad. Ext.	EMA/HMP C/437450/2 017 (flowers) symptomatic treatment of minor inflammatio ns of the skin (such as sunburn) and as an aid in healing of minor wounds. symptomatic treatment of minor inflammatio ns in the mouth or the throat.
Compositae	<i>Chrysanthemum coronarium</i> L.	D	Lice (1)	Flowers	Decoction	Ext.	
Compositae	<i>Dahlia variabilis</i> L.	D	Menses (1)	Stem, Flowers	Juices, decoction	O. Ad.	
Compositae	<i>Helianthus annuus</i> L.	D	Joints (1) Postnatal fever (1)	Flowers Flowers	Ethanol infusion Ethanol infusion	O. Ad. O. Ad.	
Compositae	<i>Solidago canadensis</i> L.	D	Jaundice (1)	Flowers	Decoction	O. Ad.	

Compositae	<i>Tanacetum balsamita</i> L.	D	Internal diseases (1)	Flowers	Decoction	O. Ad.	
Compositae	<i>Helichrysum arenarium</i> (L.) DC.	D	Tuberculosis (2)	Flowers	Decoction, Infusion with honey	O. Ad.	
			Attenuation (1)	Flowers	Decoction, infusion with honey	O. Ad.	
Balsaminaceae	<i>Impatiens balsamina</i> L.	D	Male potency (1)	Seeds	Ethanol infusion	O. Ad.	
Boraginaceae	<i>Borago officinalis</i> L.	D	Eye inflammation (1)	Flowers	Decoction	Ext., washing	
			Bronchitis, dry cough (2)	Flowers	Decoction	O. Ad.	
			Pains (1)	Aerial part	Decoction	O. Ad.	
			Lost appetite (1)	Aerial part	Ethanol infusion	O. Ad.	
			Wounds, bang (1)	Leaves	Raw material	Ext.	
Brassicaceae	<i>Armoracia rusticana</i> P.	C	Cough attack (1)	Roots	Juices	O. Ad.	
			Asthma (1)	Roots	Juices, ethanol infusion	O. Ad.	
			Scurvy (1)	Roots	Juices	O. Ad.	
			Coryza (1)	Roots	Raw material	O. Ad.	
			Pneumonia (1)	Roots	Compress	Ext.	
			Digestion (3)	Roots	Ethanol infusion, raw material	O. Ad.	
			Painful joints (1)	Roots	Compress	Ext.	
			Painful menses (1)	Roots	Juices	O. Ad.	
			Gingivitis (1)	Roots	Juices	Ext., rub gums	
			Bruise (1)	Leaves	Raw material	Ext.	
Brassicaceae	<i>Brassica napus</i> L.	F C	Wounds (1)	Leaves	Raw material	Ext.	
			Scurvy (1)	Roots	Juices	O. Ad.	
			Teeth weakness (1)	Roots	Raw material	Ext.	
			Weakness (1)	Flowers/ Seeds	Decoction	O. Ad., chew	
Brassicaceae	<i>Brassica nigra</i> L.	D C	Pneumonia (1)	Seeds	Compress	Ext.	
			Rheumatic pains (2)	Seeds	Compress, ethanol infusion	Ext.	
			Chilblain (1)	Seeds	Ethanol infusion	Ext., rub	
			Cold (1)	Seeds	Raw material	Ext., envelop soles	
			Appetite (1)	Seeds	Ethanol infusion	O. Ad.	
Brassicaceae	<i>Brassica oleracea</i> L.	F	Wounds (1)	Leaves/ Stem	Raw material	Ext.	
			Teeth weakness (1)	Stem, Leaves	Raw material/ Juices	Ext., chew, rub gums	
			Erysipelas (1)	Stem, leaves	Raw material	Ext.	
Brassicaceae	<i>Brassica rapa</i> L.	F	Wounds (1)	Roots Seeds	Ointment	Ext.	
			Heart disease (1)		Ethanol infusion	O. Ad.	
Brassicaceae	<i>Cheirantus cheiri</i> L.	D	Face (1)	Leaves	Decoction	Ext.	

			Labour (1)	Flowers	Decoction	V	
Brassicaceae	<i>Raphanus sativus</i> L.	F	Skin problems (1) Diarrhoea (1) Lost appetite (1) Scurvy (1)	Roots Roots Roots Roots	Juices Juices Juices Juices	Ext., compress O. Ad. O. Ad. Ext., rub gums	
Brassicaceae	<i>Sinapis alba</i> L.	C F	Indigestion (1) Worms (1) Chilblain (1), Rheumatism(1), Pneumonia (1)	Seeds Seeds Seeds Seeds Seeds	Ethanol infusion Infusion Compress Compress Compress	O. Ad. O. Ad. Ext. Ext. Ext.	
Brassicaceae	<i>Sisymbrium officinale</i> (L.) Scop.	D	Heart problems (1)	Flowers	Decoction	O.Ad.	EMA/HMP C/280193/2 013 (aerial part) relief the symptoms of throat irritation such as hoarseness and dry cough
Cannabaceae	<i>Cannabis sativa</i> L.	D F	Asthma (1) Fright (1) Epilepsy (1) Infertility (1) Common weakness (1) Internal pains, Diarrhoea (1)	Flowers Flowers Flowers Seeds Seeds Seeds	Ethanol infusion Ethanol infusion Ethanol infusion Juices Juices Decoction	O. Ad. O. Ad. O. Ad. O. Ad. O. Ad.	
Caryophyllaceae	<i>Saponaria officinalis</i> L.	D	Painful menses (1) Cough (1) Skin diseases (1) Eczema (1)	Flowers Flowers Flowers Roots	Decoction Decoction Decoction Decoction	O. Ad. O.Ad. Ext. Ext.	
Crassulaceae	<i>Sempervivum tectorum</i> L.	D	Skin diseases (1) Scurvy (1)	Aerial part Aerial part	Ointment Juices	Ext. O. Ad.	
Cucurbitaceae	<i>Cucumis sativus</i> L.	F	Skin condition (1) Wounds (1)	Fruits Bark	Ethanol infusion Raw material	Ext. Ext.	
Cucurbitaceae	<i>Cucurbita pepo</i> L.	F	Parasites (1)	Seeds	Decoction	O. Ad.	EMA/HMP C/136024/2 010 (seeds) relief of lower urinary tract symptoms related to benign prostatic hyperplasia

							or related to an overactive bladder
Elaeagnaceae	<i>Hippophaes rhamnoides</i> L.	D	Burn (1) Gastric ulcer (1)	Fruits Fruits	Juices Oil infusion	Ext. O. Ad.	
Poaceae	<i>Panicum philadelphicum</i> Benth. ex Trin.	D	Tuberculosis (1) Skin diseases (1)	Fruits Fruits	Decoction Raw material	O. Ad. Ext.	
Grossulariaceae	<i>Ribes nigrum</i> L.	M	Coryza (1) Sweating (1) Diuresis (1) Red skin, tetter (1)	Buds Buds, leaves Leaves Fruits	Ethanol infusion, tea Ethanol infusion, decoction Decoction Juices	O. Ad. O. Ad. O. Ad. Ext.	EMA/HMP C/745353/2016 (leaves) relief of minor articular pain. increase the amount of urine, adjuvant in minor urinary complaints.
Grossulariaceae	<i>Ribes rubrum</i> L.	F	Febrile state (1)	Fruits	Juices	O. Ad.	
Hydrangeaceae	<i>Philadelphus coronarius</i> Maxim.	D	Anxiety (1) Epilepsy (1)	Flowers Flowers	Infusion Decoction	O. Ad. O. Ad.	
Lamiaceae	<i>Majorana hortensis</i> M.	F	Indigestion (2) Asthma (1) Pulmonary diseases (1)	Leaves, aerial part Leaves Leaves	Decoction Ethanol infusion Ethanol infusion	O. Ad. O. Ad. O. Ad.	
Lamiaceae	<i>Mentha crispa</i> L.	D	Cough (1) Flatulence (1) Painful menses (1) Diarrhoea, Appetite (1)	Leaves Leaves Leaves Leaves	Decoction Decoction Decoction Ethanol infusion	O. Ad. O. Ad. O. Ad. O. Ad.	
Lamiaceae	<i>Mentha piperita</i> L.	D	Weakness (1) Roundworms (1) Indigestion (1) Face skin (1) Headache (1) Toothache (1) Cold (1)	Leaves Leaves Leaves Leaves Leaves Leaves Leaves	Ethanol infusion Ethanol infusion Ethanol infusion Ethanol infusion Compress Raw material Raw material Decoction	O. Ad. O. Ad. O. Ad. Ext. Ext., rub temples O. Ad., chew O. Ad.	EMA/HMP C/572705/2014 (leaves) t for the symptomatic relief of digestive disorders such as dyspepsia and flatulence.
Fabaceae	<i>Lathyrus odoratus</i> L.	D	Anxiety (1) Face skin (1)	Flowers Flowers	Decoction Decoction	O. Ad. Ext.	
Fabaceae	<i>Pisum sativum</i> L.	F	Indigestion (1) Rash (1) Skin problems (1)	Seeds Pods, seeds Seeds	Raw material Decoction Decoction	Ext., rub belly O. Ad. O. Ad.	
Liliaceae	<i>Lilium bulbiferum</i> L.	D	Epilepsy (1)	Flowers	Decoction	O. Ad.	

Liliaceae	<i>Lilium candidum</i> L.	D	Anxiety (2) Epilepsy, Hysteria (1)	Flowers Flowers	Juices Decoction	O. Ad. O. Ad.	
Asparagaceae	<i>Leopoldia comosa</i> (L.) Parl. (<i>Muscari comosum</i>) (L.) Mill.	D	Scare (1) Rash (2) Renal diseases (1)	Flowers Aerial part Aerial part	Decoction Ethanol infusion Ethanol infusion	O. Ad. Ext. O. Ad.	
Linaceae	<i>Linum usitatissimum</i> L.	F	Cough (1) Diarrhoea (1) Constipation (1) Bleeding (1)	Seeds Seeds Seeds Seeds	Decoction Decoction Decoction Raw material	O. Ad. O. Ad. O. Ad. Ext.	EMA/HMP C/377675/2014 (seeds) for the symptomatic relief of mild gastrointestinal discomfort
Myrtaceae	<i>Myrtus communis</i> L.	D	Pelvis pains (1) Infertility (1)	Aerial part Aerial part	Ethanol infusion Ethanol infusion	O. Ad. O. Ad.	
Oleaceae	<i>Ligustrum vulgare</i> L.	D	Wounds (2)	Leaves	Ointment	Ext.	
Oleaceae	<i>Syringa vulgaris</i> L.	D	Wounds (1) Female diseases (1) Nervous diseases (1)	Leaves Flowers Flowers	Raw material Decoction Decoction	Ext. O. Ad. O. Ad.	
Papaveraceae	<i>Papaver somniferum</i> L.	F	Wounds (1), Insomnia (1), Cough, Chest pain (1)	Leaves Flowers Seeds	Raw material Tea Tea (with milk)	Ext. O. Ad. O. Ad.	
Plantaginaceae	<i>Antirrhinum majus</i> L.	D	Wounds (2) Heart problems (1)	Flowers Flowers	Decoction Decoction	Ext. O. Ad.	
Poaceae	<i>Avena sativa</i> L.	F	Swetting (1) Diarrhoea (1) Indigestion (1) Tuberculosis (1)	Chaff, seeds Seeds Seeds Chaff	Decoction Decoction Decoction Decoction	O. Ad. O. Ad. O. Ad. O. Ad.	EMA/HMP C/732731/2017 (aerial part) for relief of mild symptoms of mental stress and to aid sleep. EMA/HMP C/403693/2016 (fruits) For the symptomatic treatment of minor inflammations of the skin (such as sunburn) and as an aid in healing

							of minor wounds.
Poaceae	<i>Panicum miliaceum</i> L.	F	Lost appetite (1)	Seeds	Raw material	O. Ad.	
Poaceae	<i>Secale cereale</i> L.	F	Wounds Eczema (1) Gathering (1)	Seeds Seeds	Raw material Infusion with honey, Decoction	Ext. Ext. Ext.	
Poaceae	<i>Triticum vulgare</i> L.	F	Bedsore (1) Anxiety (1) Renal diseases (1) Cold (1) Sweating (1)	Seeds Seeds Seeds Seeds Seeds	Raw material Compress Decoction Decoction Decoction	Ext. Ext. O. Ad. O. Ad. O. Ad.	
Polemoniaceae	<i>Polemonium coeruleum</i> L.	D	Epilepsy (1) Hysteria (1) Chest pains (1) Weakness (1) Insomnia (1) Asthma (1)	Flowers Flowers Flowers Roots, aerial part Roots, aerial part Roots, aerial part	Decoction Decoction Decoction Ethanol infusion Ethanol infusion Ethanol infusion	O. Ad. O. Ad. O. Ad. O. Ad. O. Ad. O. Ad.	
Polygonaceae	<i>Polygonum cuspidatum</i> L.	D	Abrasion (1) Bleeding (1) Wounds (1)	Leaves Leaves Leaves	Raw material Ointment Ointment	Ext. Ext. Ext.	
Polygonaceae	<i>Fagopyrum esculentum</i> L.	F	Indigestion (2) Diarrhoea (1) Lost appetite (1) Gathering (1) Rheumatism (1)	Bran Bran Bran Bran Bran	Decoction Decoction Decoction Raw material Raw material	O. Ad. O. Ad. O. Ad. Ext. Wrapping Ext. wrapping	
Primulaceae	<i>Primula elatior</i> L.	D	Cough (1)	Flowers	Decoction	O. Ad.	
Ranunculaceae	<i>Aquilegia vulgaris</i> L.	D	Headache (1) Gum pain (1) Lost appetite (3)	Aerial part Aerial part Aerial part	Juices Juices Decoction	O. Ad. Ext. O. Ad.	
Ranunculaceae	<i>Nigella sativa</i> L.	C	Lost appetite (1)	Seeds	Raw material	O. Ad., with food	
Ranunculaceae	<i>Paeonia albiflora</i> Pall.	D	Anemia (1) Female diseases (1) Weakness (1) Epilepsy (1)	Flowers Flowers Flowers Flowers	Decoction Decoction Decoction Decoction	O. Ad. O. Ad. O. Ad. O. Ad.	
Ranunculaceae	<i>Paeonia corallina</i> Retz.	D	Body pollution (1) Epilepsy (1)	Roots Roots	Infusion with honey Decoction, ethanol infusion	O. Ad. O. Ad.	
Ranunculaceae	<i>Paeonia officinalis</i> L.	D	Epilepsy (2) Labour (1) Pains (1) Epilepsy (1) Constipation (1) Stomach cramps (1)	Petals Buds Roots Roots Roots Seeds	Tea Decoction Infusion Infusion with honey Infusion Ethanol infusion	O. Ad. O. Ad. O. Ad. O. Ad. O. Ad. O. Ad.	
Resedaceae	<i>Reseda odorata</i> L.	D	Indigestion (1) Tormina (1)	Aerial part Aerial part	Decoction, ethanol infusion	O. Ad.	

			Insomnia (1)	Aerial part	Decoction, ethanol infusion Decoction, ethanol infusion	O. Ad. O. Ad.	
Rosaceae	<i>Malus angustifolia</i> L.	F	Weakness, Anemia (1) Coarse skin (1) Weak heart (1) Diarrhoea (1)	Leaves Petals Flowers Roots	Decoction Ointment Decoction Decoction	O. Ad. Ext. O. Ad. O. Ad.	
Rosaceae	<i>Sorbus aucuparia</i> L.	D	Pneumonia (1) Cough (3) Cold (4) Chill (1)	Fruits, leaves Flowers Flowers Flowers	Decoction Decoction Tea Decoction	O. Ad. O. Ad. O. Ad. O. Ad.	
Rosaceae	<i>Spiraea salicifolia</i> L.	D	Cold (1) Weak sweating (1) Osteitis (1) Painful menses (1)	Flowers Flowers Flowers Flowers	Decoction Decoction Decoction Decoction	O. Ad. O. Ad. O. Ad. O. Ad.	
Rutaceae	<i>Ruta graveolens</i> L.	D	Lost appetite (1) Enteric pains (1) Roundworms (1)	Aerial part Aerial part Aerial part	Decoction Decoction Decoction	O. Ad. O. Ad. O. Ad.	
Saxifragaceae	<i>Bergenia crassifolia</i> L.	D	Diarrhoea (1) Bladder diseases (1) Wounds (1)	Roots Roots Leaves	Decoction Decoction Raw material	O. Ad. O. Ad. Ext.	
Solanaceae	(<i>Physalis alkekengi</i> L.) <i>Alkekengi officinarum</i> Moench	D	Constipation (1)	Fruits	Decoction	O. Ad.	
Solanaceae	<i>Solanum nigrum</i> L.	F	Fever (1) Inflammation (1)	Fruits, leaves Fruits, leaves	Decoction Decoction	O. Ad. O. Ad.	
Solanaceae	<i>Solanum tuberosum</i> L.	F	Asthma (1) Bedsore (1) Diarrhoea (1)	Flowers Roots Roots	Decoction Raw material Decoction	Ext.,on skin Ext. O. Ad.	
Tropaeolaceae	<i>Tropeolum majus</i> L.	D	Enteric parasites(1) Indigestion (1) Myalgia or neuralgia (1)	Seeds Seeds Leaves	Raw material Raw material Raw material	O. Ad. O. Ad. Ext.	
Asphodelaceae	<i>Aloe barbadensis</i> L.	D	Cough/ Tuberculosis (1) Indigestion (1) Belch (1)	Leaves Leaves Leaves	Infusion with honey, juices Juices Juices	O. Ad. O. Ad. O. Ad.	EMA/HMP C/625788/2 015 (leaves) Constipation .