

# Probiotics in oral health and disease: a systematic review

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**Table S2** - PICOS criteria

<b>P</b>	Population or Problem	Any age (adults, children, the elderly), without gender restriction, healthy or not
<b>I</b>	Intervention or Exposure	Use of any probiotic (alone or in combination), considering any dosage regimen, vehicle of delivery or frequency of intervention
<b>C</b>	Comparison	Placebo controlled or non-placebo controlled (compared to another active intervention)
<b>O</b>	Outcomes	Primary: oral health benefits in clinical, microbiological, immunological, biochemical parameters Secondary: any adverse effects, rate of adherence, quality of life
<b>S</b>	Study design	Randomized clinical trials without any information of blinding, blind (single, double or triple)