



**Figure S1** The chemical composition of SPLs, (A) Moisture; (B) Ashes; (C) Crude protein; (D) Crude fat; (E) Total carbohydrates. Values were mean  $\pm$  standard deviation,  $n=3$ . The lowercase letters indicate significant differences between species, respectively, by the Tukey test ( $p < 0.05$ )

**Table S1.** Compounds identification, compound formula, retention times, measured *m/z* of molecular and mass fragments (MS<sup>2</sup>) in SPL.

<b>NO.</b>	<b>Compound</b>	<b>Rt [min]</b>	<b>Compound formula</b>	<b>Measured <i>m/z</i></b>	<b>MS/MS <i>m/z</i></b>	<b>Reference</b>
1	5-O-Caffeoylquinic acid (5-CQA)	11.090	C <sub>16</sub> H <sub>18</sub> O <sub>9</sub>	353.0886	191.0555, 179.0555, 173.0342, 161.0105, 135.0441	1
2	3-O-Caffeoylquinic acid (3-CQA)	13.195	C <sub>16</sub> H <sub>18</sub> O <sub>9</sub>	353.0886	191.0555, 179.0555, 173.0447, 135.0441	1
3	4-O-Caffeoylquinic acid (4-CQA)	14.328	C <sub>16</sub> H <sub>18</sub> O <sub>9</sub>	353.0886	191.0555, 179.0342, 173.0447, 135.0441	1,2
4	Caffeic acid (CA)	15.309	C <sub>9</sub> H <sub>8</sub> O <sub>4</sub>	179.0339	135.0480, 134.0152	1,2
5	Quercetin-3-O-hexoside	19.024	C <sub>24</sub> H <sub>22</sub> O <sub>15</sub>	463.0458	300.0328, 301.0228, 271.0468, 255.0513, 179.0490	3
6	3,4-Dicaffeoylquinic acid (3,4-CQA)	21.028	C <sub>25</sub> H <sub>24</sub> O <sub>12</sub>	515.1197	353.0891, 335.0794, 191.0555, 179.0343, 135.0440	1,3
7	3,5-Dicaffeoylquinic acid (3,5-CQA)	21.453	C <sub>25</sub> H <sub>24</sub> O <sub>12</sub>	515.1197	353.0891, 335.0794, 191.0555, 179.0343, 135.0440	1
8	Quinine acid	21.788	C <sub>11</sub> H <sub>9</sub> NO <sub>3</sub>	191.0561	191.0243, 85.0273, 126.8311, 93.3069, 87.1055	1
9	4,5-Dicaffeoylquinic acid (4,5-CQA)	22.097	C <sub>25</sub> H <sub>24</sub> O <sub>12</sub>	515.1197	353.0749, 335.0794, 191.0555, 173.0343, 135.0440	1
10	3-Caffeoyl-4-feruloylquinic acid	24.086	C <sub>26</sub> H <sub>26</sub> O <sub>12</sub>	529.1351	367.1043, 353.0910, 193.0535, 191.0573, 179.0412,	1
11	Quercetin	25.019	C <sub>15</sub> H <sub>10</sub> O <sub>7</sub>	301.0354	151.0214, 121.0983, 107.0258, 179.0583	1
12	3,4,5-Tricaffeoylquinic acid (3,4,5-CQA)	26.483	C <sub>34</sub> H <sub>30</sub> O <sub>15</sub>	677.1521	515.0723, 353.0328	1,4

Abbreviations: Rt (retention time)

**Table S2.** Contents changes of the phenolic profile in SPLs after each digestion stage, different lowercase letter indicates significant difference between species by the Turkey test ( $p < 0.05$ ).

		CQAs						Phenolic		
		3-CQA	4-CQA	5-CQA	3,4-CQA	3,5-CQA	4,5-CQA	3,4,5-CQA	CA	Quinine acid
Undigested mg CGE /g DW	F18	1.66±0.04 <sup>ab</sup>	0.27±0.01 <sup>a</sup>	0.25±0.02 <sup>b</sup>	1.39±0.03 <sup>b</sup>	2.78±0.03 <sup>b</sup>	0.29±0.03 <sup>b</sup>	0.14±0.03 <sup>a</sup>	0.44±0.01 <sup>b</sup>	nd
	N1	1.46±0.03 <sup>b</sup>	0.28±0.03 <sup>a</sup>	0.33±0.04 <sup>a</sup>	0.83±0.03 <sup>d</sup>	2.71±0.01 <sup>b</sup>	0.26±0.02 <sup>b</sup>	0.14±0.01 <sup>a</sup>	0.14±0.05 <sup>d</sup>	nd
	X1	1.25±0.05 <sup>c</sup>	0.27±0.02 <sup>a</sup>	0.25±0.03 <sup>b</sup>	0.86±0.01 <sup>cd</sup>	2.54±0.03 <sup>c</sup>	0.25±0.01 <sup>b</sup>	0.14±0.02 <sup>a</sup>	0.39±0.01 <sup>c</sup>	nd
	F23	1.06±0.01 <sup>d</sup>	0.26±0.01 <sup>a</sup>	0.29±0.01 <sup>a</sup>	0.99±0.03 <sup>c</sup>	2.28±0.01 <sup>d</sup>	0.53±0.02 <sup>a</sup>	0.09±0.02 <sup>b</sup>	0.33±0.04 <sup>c</sup>	nd
	EC10	1.93±0.02 <sup>a</sup>	0.30±0.01 <sup>a</sup>	0.25±0.00 <sup>b</sup>	1.88±0.01 <sup>a</sup>	3.45±0.04 <sup>a</sup>	0.24±0.01 <sup>b</sup>	0.14±0.03 <sup>a</sup>	0.55±0.02 <sup>a</sup>	nd
Oral µg CGE /g DW	F18	9.63±0.04 <sup>b</sup>	nd	nd	10.01±0.03 <sup>b</sup>	9.45±0.01 <sup>c</sup>	3.89±0.02 <sup>c</sup>	nd	67.804±0.01 <sup>b</sup>	10.13±0.02 <sup>a</sup>
	N1	5.99±0.02 <sup>c</sup>	nd	6.27±0.03 <sup>b</sup>	8.05±0.01 <sup>c</sup>	9.21±0.03 <sup>c</sup>	1.92±0.04 <sup>d</sup>	0.87±0.02 <sup>b</sup>	383.82±0.03 <sup>a</sup>	nd
	X1	6.38±0.01 <sup>c</sup>	nd	6.30±0.02 <sup>b</sup>	nd	68.58±0.04 <sup>a</sup>	6.35±0.02 <sup>b</sup>	nd	18.76±0.02 <sup>d</sup>	nd
	F23	9.12±0.02 <sup>b</sup>	9.20±0.01 <sup>a</sup>	11.57±0.05 <sup>a</sup>	12.08±0.03 <sup>a</sup>	8.89±0.03 <sup>c</sup>	21.62±0.02 <sup>a</sup>	6.71±0.05 <sup>a</sup>	10.73±0.04 <sup>c</sup>	nd
	EC10	10.62±0.03 <sup>a</sup>	nd	6.20±0.04 <sup>b</sup>	nd	11.04±0.02 <sup>b</sup>	6.55±0.01 <sup>b</sup>	6.13±0.01 <sup>a</sup>	66.94±0.03 <sup>c</sup>	nd

Gastric µg CGE /g DW	F18	4.48±0.02 <sup>c</sup>	nd	9.38±0.03 <sup>c</sup>	nd	3.89±0.04 <sup>d</sup>	4.29±0.01 <sup>c</sup>	5.45±0.02 <sup>c</sup>	215.64±0.02 <sup>b</sup>	5.45±0.03 <sup>b</sup>
	N1	11.83±0.01 <sup>b</sup>	9.66±0.03 <sup>a</sup>	11.09±0.04 <sup>b</sup>	9.05±0.01 <sup>a</sup>	7.86±0.02 <sup>c</sup>	6.47±0.03 <sup>b</sup>	9.16±0.01 <sup>b</sup>	1.75±0.04 <sup>c</sup>	nd
	X1	nd	nd	nd	nd	11.43±0.03 <sup>a</sup>	9.98±0.04 <sup>a</sup>	35.14±0.02 <sup>a</sup>	90.44±0.01 <sup>c</sup>	nd
	F23	nd	nd	nd	9.80±0.01 <sup>a</sup>	9.80±0.05 <sup>b</sup>	9.59±0.02 <sup>a</sup>	nd	53.30±0.03 <sup>d</sup>	nd
	EC10	18.72±0.02 <sup>a</sup>	nd	16.43±0.01 <sup>a</sup>	nd	11.73±0.03 <sup>a</sup>	9.22±0.04 <sup>a</sup>	9.56±0.05 <sup>b</sup>	379.56±0.02 <sup>a</sup>	14.11±0.04 <sup>a</sup>
Intestinal µg CGE /g DW	F18	16.10±0.03 <sup>b</sup>	nd	9.25±0.02 <sup>b</sup>	30.58±0.02 <sup>b</sup>	6.95±0.04 <sup>d</sup>	9.34±0.01 <sup>b</sup>	9.63±0.03 <sup>a</sup>	18.30±0.05 <sup>b</sup>	nd
	N1	9.78±0.02 <sup>d</sup>	3.70±0.05 <sup>c</sup>	5.97±0.03 <sup>d</sup>	10.79±0.02 <sup>c</sup>	12.74±0.01 <sup>a</sup>	9.85±0.03 <sup>b</sup>	9.63±0.04 <sup>a</sup>	18.06±0.01 <sup>b</sup>	nd
	X1	6.50±0.02 <sup>c</sup>	9.18±0.02 <sup>b</sup>	7.40±0.01 <sup>c</sup>	10.32±0.04 <sup>c</sup>	9.14±0.03 <sup>c</sup>	9.65±0.01 <sup>b</sup>	nd	nd	nd
	F23	14.20±0.05 <sup>c</sup>	9.20±0.02 <sup>b</sup>	9.45±0.03 <sup>b</sup>	10.69±0.02 <sup>c</sup>	10.72±0.03 <sup>b</sup>	9.33±0.04 <sup>b</sup>	nd	nd	nd
	EC10	188.18±0.04 <sup>a</sup>	172.17±0.01 <sup>a</sup>	198.43±0.03 <sup>a</sup>	123.14±0.05 <sup>a</sup>	9.32±0.01 <sup>c</sup>	31.63±0.02 <sup>a</sup>	7.17±0.01 <sup>b</sup>	2110.24±0.03 <sup>a</sup>	nd
post-dialysis µg CGE /g DW	F18	7.30±0.01 <sup>b</sup>	nd	5.65±0.02 <sup>d</sup>	12.09±0.04 <sup>b</sup>	nd	3.42±0.03 <sup>c</sup>	4.55±0.03 <sup>b</sup>	14.34±0.02 <sup>b</sup>	nd
	N1	5.64±0.02 <sup>d</sup>	0.50±0.03 <sup>d</sup>	4.82±0.04 <sup>d</sup>	4.40±0.04 <sup>d</sup>	4.34±0.05 <sup>b</sup>	7.77±0.02 <sup>b</sup>	5.79±0.05 <sup>a</sup>	13.22±0.01 <sup>c</sup>	nd
	X1	3.63±0.01 <sup>c</sup>	6.08±0.04 <sup>c</sup>	6.15±0.03 <sup>c</sup>	7.05±0.01 <sup>c</sup>	3.81±0.05 <sup>b</sup>	6.70±0.03 <sup>b</sup>	3.63±0.02 <sup>c</sup>	6.08±0.04 <sup>d</sup>	nd
	F23	7.62±0.03 <sup>b</sup>	6.93±0.04 <sup>b</sup>	8.15±0.01 <sup>b</sup>	6.51±0.02 <sup>c</sup>	4.33±0.03 <sup>b</sup>	6.84±0.02 <sup>b</sup>	nd	nd	nd
	EC10	112.93±0.02 <sup>a</sup>	118.56±0.05 <sup>a</sup>	127.03±0.04 <sup>a</sup>	97.44±0.03 <sup>a</sup>	5.87±0.01 <sup>a</sup>	28.30±0.02 <sup>a</sup>	4.83±0.05 <sup>b</sup>	1611.98±0.03 <sup>a</sup>	nd

Abbreviations: nd (not detected)

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