## Supplementary Materials

Table S1: Questions regarding pica
In Questionnaires 2, 3 and 4, owners were asked:
Please indicate which, if any, of these materials your cat currently chews and/or eats and which your cat used to chew and/or eat.

|  | Currently chews <br> but does not eat | Currently chews <br> and eats | Used to chew or eat <br> but no longer does so | Has never chewed <br> or eaten | Don't <br> know |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Woollen fabrics |  |  |  |  |  |
| Other fabrics |  |  |  |  |  |
| Plastics |  |  |  |  |  |
| Other Materials |  |  |  |  |  |

Table S2: Univariable logistic regression analysis of potential variables for owner-reported chronic pica.

| Variable | Categories | $\begin{gathered} \text { Controls } \\ \mathrm{n}(\%) \end{gathered}$ | Cases n (\%) | OR (95\% CI) | $\begin{gathered} \text { P- } \\ \text { Value } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Sex | Female | 123 (82.0) | 27 (18.0) | 1.00 |  |
|  | Male | 100 (74.6) | 34 (25.4) | 1.55 (0.88-2.74) | 0.132 |
| Breed | Domestic shorthairs, domestic longhairs, and their crossbreeds | 162 (79.8) | 41 (20.2) | 1.00 |  |
|  | Purebreds | 59 (74.7) | 20 (25.3) | 1.34 (0.73-2.47) | 0.349 |
| Acquisition age | <10 weeks | 126 (77.3) | 37 (22.7) | 1.00 | 0.074 |
|  | $\geq 10$ weeks | 66 (74.2) | 23 (25.8) | 1.19 (0.65-2.16) | 0.576 |
|  | Since birth | 31 (96.9) | 1 (3.1) | 0.11 (0.02-0.83) | 0.033 |
| Source of cat | Accidentally or deliberately bred from an existing cat in the owners' household | 25 (89.3) | 3 (10.7) | 1.00 | 0.205 |
|  | From a pedigree breeder | 45 (70.3) | 19 (29.7) | 3.52 (0.95-13.07) | 0.060 |
|  | Rescue shelter/charity | 79 (76.7) | 24 (23.3) | 2.53 (0.70-9.12) | 0.155 |
|  | Stray/Feral/Found kittens/Kitten turned up at house | 51 (82.3) | 11 (17.7) | 1.80 (0.46-7.03) | 0.399 |
|  | All other sources | 20 (87.0) | 3 (13.0) | 1.25 (0.23-6.88) | 0.798 |
| Neuter status | Neutered prior to Q4 ${ }^{\text {c }}$ | 205 (77.7) | 59 (22.3) | 1.00 |  |
|  | Not neutered by Q4 | 18 (90.0) | 2 (10.0) | 0.39 (0.09-1.71) | 0.210 |
| Indoor/outdoor access | Inside only - not allowed out | 68 (69.1) | 30 (30.9) | 1.00 |  |
| Reported in Q2 ${ }^{\text {a }}$ | Access to outdoors | 153 (83.2) | 31 (16.8) | 0.46 (0.26-0.82) | 0.008 |
| Reported in Q3 ${ }^{\text {b }}$ | Inside only or restricted outdoor access via an enclosed run or on a lead | 97 (82.2) | 21 (17.8) | 1.00 |  |
|  | Access to outdoors | 100 (73.5) | 36 (26.5) | 1.66 (0.91-3.05) | 0.100 |
| Frequency with which household members played with the cat per week. Reported in Q2 | Most days | 202 (77.1) | 60 (22.9) | 1.00 |  |
|  | Quite often/Not very often/Never | 20 (95.2) | 1 (4.8) | 0.17 (0.02-1.28) | 0.085 |
|  | Most days | 157 (73.0) | 58 (27.0) | 1.00 |  |
| Reported in Q3 | Quite often/Not very often/Never | 64 (95.5) | 3 (4.5) | 0.13 (0.04-0.42) | 0.001 |


| Reported in Q2 and Q3* | Consistently most days | 149 (72.3) | 57 (27.7) | 1.00 | 0.002 |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Consistently quite often/not very often | 11 (91.7) | 1 (8.3) | 0.24 (0.03-1.88) | 0.174 |
|  | Change in frequency over time | 60 (95.2) | 3 (4.8) | 0.13 (0.04-0.43) | 0.001 |
| Ill or injured. Reported in | No | 178 (79.1) | 47 (20.9) | 1.00 |  |
| Q1 - may or may not have required visit to a vet | Yes | 42 (77.8) | 12 (22.2) | 1.08 (0.53-2.22) | 0.829 |
| Ill or injured. Reported in | No | 199 (79.9) | 50 (20.1) | 1.00 |  |
| $Q 2$ - required a visit to a vet | Yes | 24 (68.6) | 11 (31.4) | 1.82 (0.84-3.97) | 0.130 |
| Owner's opinion on cat's appetite. Reported in Q2 | Very good | 188 (79.0) | 50 (21.0) | 1.00 |  |
|  | Fairly good/not very good/not at all good | 31 (75.6) | 10 (24.4) | 1.21 (0.56-2.64) | 0.627 |
| Reported in Q3 | Very good | 153 (75.7) | 49 (24.3) | 1.00 |  |
|  | Fairly good/not very good/not at all good | 63 (84.0) | 12 (16.0) | 0.60 (0.30-1.19) | 0.143 |
| Reported in Q2 and Q3 | Consistently very good | 142 (76.3) | 44 (23.7) | 1.00 | 0.484 |
|  | Consistently fairly good/not very good | 19 (76.0) | 6 (24.0) | 1.02 (0.38-2.71) | 0.970 |
|  | Change in appetite reported | 51 (83.6) | 10 (16.4) | 0.63 (0.30-1.35) | 0.236 |
| Cat receives food treats | Yes | 143 (76.1) | 45 (23.9) | 1.00 |  |
| Reported in Q1 | Never | 78 (83.9) | 15 (16.1) | 0.61 (0.32-1.17) | 0.135 |
| Reported in Q2 | Yes | 166 (76.5) | 51 (23.5) | 1.00 |  |
|  | Never | 55 (84.6) | 10 (15.4) | 0.59 (0.28-1.24) | 0.167 |
| Reported in Q3 | Yes | 169 (76.1) | 53 (23.9) | 1.00 |  |
|  | Never | 50 (86.2) | 8 (13.8) | 0.51 (0.23-1.14) | 0.102 |
| Reported in Q1 and Q2 * | Consistently yes | 124 (76.5) | 38 (23.5) | 1.00 | 0.060 |
|  | Consistently never | 36 (94.7) | 2 (5.3) | 0.18 (0.04-0.79) | 0.023 |
|  | Change | 59 (74.7) | 20 (25.3) | 1.11 (0.59-2.06) | 0.751 |
| Reported in Q2 and Q3 | Consistently yes | 150 (75.4) | 49 (24.6) | 1.00 | 0.223 |
|  | Consistently never | 38 (86.4) | 6 (13.6) | 0.48 (0.19-1.21) | 0.121 |
|  | Change | 29 (82.9) | 6 (17.1) | 0.63 (0.25-1.62) | 0.339 |
| Reported in Q1, Q2 and Q3* | Consistently yes | 111 (75.0) | 37 (25.0) | 1.00 | 0.109 |
|  | Consistently never | 26 (96.3) | 1 (3.7) | 0.12 (0.02-0.88) | 0.037 |
|  | Change | 78 (78.0) | 22 (22.0) | 0.85 (0.46-1.55) | 0.586 |
| Single or multi-cat | Single cat household | 36 (67.9) | 17 (32.1) | 1.00 |  |
| household. Reported in Q1 | Multi-cat household | 186 (81.6) | 42 (18.4) | 0.48 (0.25-0.93) | 0.030 |
| Reported in Q2* | Single cat household | 31 (66.0) | 16 (34.0) | 1.00 |  |
|  | Multi-cat household | 190 (81.2) | 44 (18.8) | 0.45 (0.23-0.90) | 0.022 |
| Reported in Q3 * | Single cat household | 27 (64.3) | 15 (35.7) | 1.00 |  |
|  | Multi-cat household | 194 (81.2) | 45 (18.8) | 0.42 (0.21-0.85) | 0.016 |
| Reported in Q1 and Q2* | Consistently a single cat household | 29 (65.9) | 15 (34.1) | 1.00 | 0.069 |
|  | Consistently a multi-cat household | 183 (81.7) | 41 (18.3) | 0.43 (0.21-0.88) | 0.021 |
|  | Change in the number of cats | 8 (80.0) | 2 (20.0) | 0.48 (0.09-2.57) | 0.394 |
| Reported in Q2 and Q3 | Consistently a single cat household | 27 (64.3) | 15 (35.7) | 1.00 | 0.054 |


|  | Consistently a multi-cat household | 190 (81.2) | 44 (18.8) | 0.42 (0.21-0.85) | 0.016 |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Change in the number of cats | 4 (80.0) | 1 (20.0) | 0.45 (0.05-4.40) | 0.493 |
| Reported in Q1, Q2 and Q3* | Consistently a single cat household | 27 (65.9) | 14 (34.1) | 1.00 | 0.077 |
|  | Consistently a multi-cat household | 183 (81.7) | 41 (18.3) | 0.43 (0.21-0.90) | 0.024 |
|  | Change in the number of cats | 10 (76.9) | 3 (23.1) | 0.58 (0.14-2.45) | 0.457 |
| Presence of a $\operatorname{dog}(s)$ in household Reported in Q1 | No | 154 (74.4) | 53 (25.6) | 1.00 |  |
|  | Yes | 61 (89.7) | 7 (10.3) | 0.33 (0.14-0.77) | 0.011 |
| Number of adults in household Reported in Q1 | 1 or 2 adults | 156 (76.5) | 48 (23.5) | 1.00 |  |
|  | 3 or more adults | 57 (89.1) | 7 (10.9) | 0.40 (0.17-0.93) | 0.034 |
| Presence of children in household Reported in Q1 | No | 162 (6.1) | 51 (23.9) | 1.00 |  |
|  | Yes | 58 (87.9) | 8 (12.1) | 0.44 (0.20-0.98) | 0.044 |
| Housing tenure Reportedin Q1 | Own (with or without mortgage) | 161 (83.0) | 33 (17.0) | 1.00 |  |
|  | Rent home, or house comes with employment | 61 (69.3) | 27 (30.7) | 2.16 (1.20-3.89) | 0.010 |
| Moved to a new house Reported in Q2 | No | 212 (79.1) | 56 (20.9) | 1.00 |  |
|  | Yes | 11 (68.8) | 5 (31.3) | 1.72 (0.57-5.16) | 0.332 |
| Reported in Q3 | No | 207 (79.9) | 52 (20.1) | 1.00 |  |
|  | Yes | 9 (52.9) | 8 (47.1) | 3.54 (1.30-9.62) | 0.013 |
| Reported in Q2 and Q3 | No | 196 (80.3) | 48 (19.7) | 1.00 |  |
|  | Yes | 20 (62.5) | 12 (37.5) | 2.45 (1.12-5.36) | 0.025 |
| Annual household income Reported in Q1 | <£15,000 | 42 (82.4) | 9 (17.6) | 1.00 |  |
|  | $\geq £ 15,000$ | 164 (78.1) | 46 (21.9) | 1.31 (0.59-2.89) | 0.505 |
| Highest level of education Reported in Q1 | No qualifications/GCSEs/O' levels | 35 (89.7) | 4 (10.3) | 1.00 | 0.048 |
|  | A Levels | 28 (66.7) | 14 (33.3) | 4.38 (1.30-14.78) | 0.017 |
|  | HND or degree/Post-graduate degree/Professional qualifications | 150 (78.9) | 40 (21.1) | 2.33 (0.78-6.95) | 0.128 |

${ }^{\text {a }}$ Questionnaire 2 was completed when cats were aged 6.5-7 months. ${ }^{\text {b }}$ Questionnaire 3 was completed for cats aged 12.5-13 months.
${ }^{\text {c }}$ Questionnaire 4 was completed when cats were aged 18.5-19 months. * Variables that were excluded from the multivariable model building process due to have missing data for more than 150 cats.

