

Supplementary material

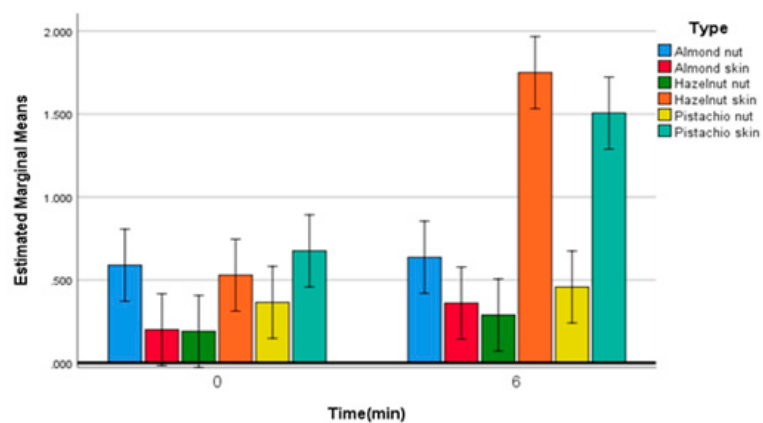


Figure S1. Comparing mean differences of antioxidants values between seeds and skin samples.

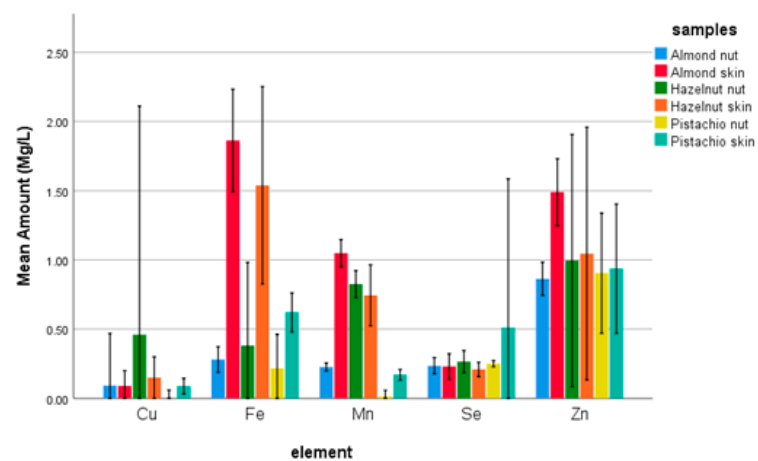


Figure S2. Different amounts of minerals in mg/L in almond, hazelnut, and pistachio.

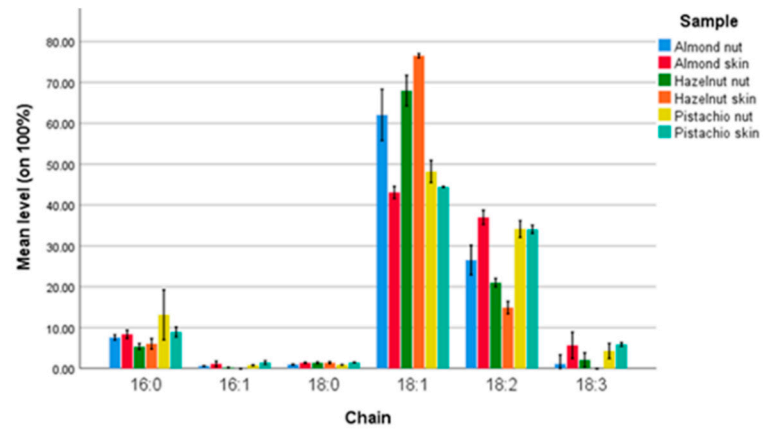


Figure S3. Fatty acid content in almond, hazelnut, and pistachio seed and skin.