

Article



# Transmission of COVID-19 in Cities with Weather Conditions of High Air Humidity: Lessons Learned from Turkish Black Sea Region to Face Next Pandemic Crisis

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**Abstract:** The goal of this study is to analyze associations between COVID-19 transmission and meteorological indicators in cities of the Black Sea region of Turkey, located specifically in the dampest area, with excess rainfall and recurring fog. In particular, the working hypothesis is that the widespread transmission of new coronavirus SARS-CoV-2 (leading to the airborne disease COVID-19) in cities can be explained by specific weather conditions, namely high levels of air humidity. Statistical evidence here does not seem, in general, to support the hypothesis that the accelerated transmission of COVID-19 in the studied cities can be explained by high levels of humidity because different meteorological, environmental, demographic, and socioeconomic factors also plays a critical role in the disease transmission dynamics of the investigated region. The main implications of our findings here are that the demographic structure of the population, climate indicators, organization of the health system, and environmental factors (e.g., air pollution, etc.) should be considered through a systemic approach when designing effective national and regional pandemic plans directed to implement health policies for facing new variants of COVID-19 and/or new airborne diseases, in order to reduce their negative effects on health, social and economic systems.

**Keywords:** COVID-19; coronavirus disease; SARS-CoV-2; climate; meteorological indicators; humidity; rainfall; coastal regions; pandemic plans; health policy; pandemic prevention

## 1. Introduction

In 2023, the negative effects of the Coronavirus Disease 2019 (COVID-19) pandemic are considerably reduced, unlike during the early period of 2020, though many nations and people still have to cope with COVID-19 illnesses driven by new variants [1–9]. Numerous studies have focused on identifying the factors that determine the spread of COVID-19 with mutant viral agents [10,11]. Studies show that transmission of COVID-19 can be caused by direct contact (in droplets through person-to-person interactions) or indirect transmission (through contaminated objects or air) [12–15]. Studies reveal that the climate significantly affects airborne diseases, such as SARS-CoV-1, COVID-19, etc. [16-22]. Cai et al. [23] investigated the correlations between Severe Acute Respiratory Syndrome (SARS, a viral respiratory disease similar to COVID-19) and manifold meteorological factors including daily average temperature (DAT), daily average air pressure (DAAP), daily average relative humidity (DARH), daily hours of sunshine (DHS), and daily average wind velocity (DAWV). They found that the SARS outbreak was significantly associated with the DAWV. Moreover, DAT, DAAP, DARH, and DHS also impact the transmission of SARS over time and across areas. A study by Yuan et al. [24] also suggested that temperature, relative humidity, and wind speed were associated with

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**Copyright:** © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https://creativecommons.org/licenses/by/4.0/). SARS transmission. Bashir et al. [16] examined the impact of several meteorological indicators (e.g., average temperature, minimum temperature, maximum temperature, rainfall, average humidity, wind speed, etc.) on the transmission of COVID-19 in New York, USA. They showed that the average and minimum temperatures were significantly associated with COVID-19 diffusion. Tosepu et al. [21] investigated the relationship between climate and the diffusion of COVID-19 in Jakarta (Indonesia) and suggested that only the average temperature was significantly associated with COVID-19 transmission. However, Bolaňo-Ortiz et al. [17] investigated the association between climate-related factors and daily new COVID-19 cases and deaths in Latin America and the Caribbean (LAC). They found that average temperature, minimum temperature, percentage of humidity, wind speed, and rainfall were all significantly associated with the spread of COVID-19 confirmed cases in LAC. Guo et al. [25] also investigated the associations between COVID-19 and meteorological indicators, finding that the incidence of COVID-19 has a stronger, inverse association with temperature compared to relative humidity or wind speed. An increase in temperature from 5 °C to 11 °C was associated with a decrease of about 28% in the cumulative risk of infections of COVID-19 over 14 days. This result suggests a decrease in COVID-19 cases in the Northern Hemisphere countries during the summer months when the temperature is hot. Islam et al. [26] investigated the associations between meteorological variables and COVID-19 cases in Bangladesh. The results showed that all meteorological factors examined had a significant positive correlation with the number of COVID-19 confirmed cases. Moreover, other studies have shown that high levels of air pollution and low wind speed in urban contexts, which prevent the dispersion of air pollutants containing viruses and bacteria and cause them to remain stagnant in the air, increased the number of confirmed cases and fatality rates of COVID-19 [27–29]. In addition, the high population density in cities is also a risk factor for the transmission of COVID-19 and related viral agents [27–29]. Table 1 summarizes the main studies on the relationship between meteorological factors and COVID-19 transmission in society and the environment.

The goal of the present study is to analyze the relationships between meteorological factors and COVID-19 transmission in specific damp regions with excess rainfall and recurring fogs. A study of the Turkish Black Sea region was performed because it has the following specific average weather conditions: a high level of rainfall and an average temperature of about 19 °C, with many cold and wet months [30]. Previous studies by Aral and Bakır [31] examined Turkish regions and revealed that the diffusion of COVID-19 is heterogeneous over time and across areas because of the effects of weather conditions produced by the Black Sea and terrestrial climate [30]. In this context, a hypothesis of whether the widespread transmission of SARS-CoV-2 can be explained by specific meteorological factors produced by high air humidity has not been clearly verified. In the present study, analyses of the correlation between different weather factors and COVID-19 cases per 100,000 people are analyzed in the Turkish Black Sea region. The idea is to explain the basic climate conditions surrounding the spread of COVID-19 in the dampest regions of Turkey with excess rainfall, moderate temperatures, and fog, even in summer, to improve epidemic plans and the design of effective health policies to cope with future waves of new variants of SARS-CoV-2 and new viral agents in order to reduce their negative effects on health, social, and economic systems. Hence, the remarkable contribution of the present study to the COVID-19 literature is the analysis of a region with specific weather conditions, particularly one having high air humidity and high precipitation (demonstrated here by the Black Sea region in Turkey), to consider the relationship between confirmed cases of COVID-19 and meteorological indicators that may explain the basic determinants of its diffusion, in order to design appropriate health policies for its containment and mitigation to confront future emergences.

Study Period	Study Re- gion (Country)	Indicators	Statistical Anal- yses	<b>Results/Suggestions</b>	References
3 February to 14 July 2020	Spain	Solar radiation, precip- itation, daily tempera- ture, and wind speed	Multilevel Pois- son regression	Air pollution can be a key fac- tor in understanding the mor- tality rate for COVID-19 in Spain.	[32]
1 July to 31 Octo- ber 2020	Brazil	Atmospheric pressure, temperature, relative humidity, wind speed, solar irradiation, sun- light, dew point tem- perature, and total pre- cipitation	Pearson's correla- tion and regres- sion tree analysis	The results present meteorolog- ical information as critical in fu- ture risk assessment models.	[33]
9 March to 19 No- vember 2020	Saudi Ara- bia	Wind speed and tem- perature	Poisson regres- sion	Air pollution could be a signifi- cant risk factor for respiratory infections and virus transmis- sion.	[34]
February to 10 April 2020	Canada	Temperature and hu- midity	The quantile-on- quantile (QQR) approach	Temperature and humidity have a direct negative relation- ship with COVID-19 infections.	[35]
April to May 2020	Bangladesh	Rainfall, temperature, relative humidity, and wind speed	Spearman's rank correlation	significant positive associations were found between relative humidity and COVID-19 cases, while with temperature, both positive	[36]
February to June 2020	India	Temperature, relative humidity, and wind speed	Pearson correla- tion	and negative associations with meteorological parameters may have promoted COVID-19 inci- dences, especially confirmed cases.	[37]
3 February to 5 May 2020	Korea	Temperature, wind speed, humidity, and air pres- sure	Generalized addi- tive model	There was a significant nonlin- ear relationship between daily temperature and humidity and COVID-19 confirmed cases.	[38]
1 March to 7 July 2020	The U.S.	Temperature and hu- midity	Pearson, Spear- man, and Ken- dall's rank corre- lations	The temperature was found to have a negative correlation, while humidity highlighted a positive correlation with daily new cases of COVID-19 in New	[39]
As of 27 March 2020	166 coun- tries ex- cluding China	Temperature and hu- midity	A log-linear gen- eralized additive model	Jersey. The COVID-19 pandemic may be partially suppressed by tem- perature and humidity in- creases.	[40]
Third week of March 2020	21 countries and the French	S Temperature	ARIMA model	High temperatures diminish in- itial contagion rates, but the ef- fects of seasonal temperature at	[41]

**Table 1.** Recent studies in different countries regarding the impact of meteorological factors on the transmission of COVID-19.

	administra- tive regions			later stages of the epidemy re- main questionable.	
Up to 10 February 2020 for China and from 15 March to 25 April 2020 for the U.S.	China and the U.S.	Temperature and hu- midity	Regression Analy- sis	Higher temperature and higher relative humidity in summer may potentially reduce the transmission of COVID-19.	[42]

## 2. Materials and Methods

The current study seeks an answer to the following research question:

• Can the transmission of COVID-19 and other similar airborne diseases be explained by specific meteorological factors produced by high air humidity?

The working hypothesis here is that the widespread transmission of COVID-19 in a specific region can be explained by critical weather indicators of high air humidity. The hypothesis was verified in the Black Sea region of Turkey by analyzing cities which have a higher relative humidity compared to other cities to assess associations between their COVID-19 cases and air humidity compared to other meteorological indicators.

#### 2.1. Sample and Data

This study investigated the Black Sea region in Turkey because it has provinces with relevant weather conditions and the highest number of COVID-19 cases per 100,000 people. In particular, six cities, from west to east, located in the Black Sea region of Turkey, including Sinop, Samsun, Ordu, Giresun, Trabzon, and Rize, were selected to evaluate the associations between COVID-19 cases and meteorological factors from February to September 2021 (see Figure 1). Information on the population densities of the Turkish provinces under investigation is presented in Supplementary Materials (Table S1). Data on the confirmed cases of COVID-19 from 8 February 2021 to 3 September 2021 for the provinces just mentioned were obtained from the COVID-19 information webpage of the Ministry of Health of the Republic of Turkey [43]. Monthly and weekly cases of COVID-19 per 100,000 people from February to August 2021 and from 8 February to 3 September 2021, for all provinces, are also presented in Supplementary Materials (Table S2 and Table S3, respectively).



**Figure 1.** Locations of the examined provinces in Turkey including Samsun (41°15′25.2″ N, 36°4′42.6″ E), Sinop (41°39′3.6″ N, 34°51′19.8″ E), Ordu (40°46′28.2″ N, 37°26′52.8″ E), Giresun (40°33′59.4″ N, 38°35′56.4″ E), Trabzon (40°49′6.6″ N, 39°47′27.6″ E), and Rize (40°54′59.4″ N, 40°51′16.2″ E). Taken from Google MapsTM (2023).

A comparison of the number of COVID-19 cases in these provinces with the general climate in Turkey during the period studied (using the number of COVID-19 cases in the three most populated cities of Turkey: Istanbul, Ankara, and Izmir) is also presented in Supplementary Materials (Tables S2 and S3). The meteorological indicators were obtained from the webpage of the Meteorological Department of the Ministry of Agriculture and Forestry of the Republic of Turkey, and other meteorological factors were obtained from the webpage of World Weather Online [44]. Data in this study are freely available from these websites (see references for details).

#### 2.2. Measurements of Variables

This study focused on the following measures:

- COVID-19 confirmed cases: Number of infected individuals from 8 February to 3 May 2021, based on the amount of people that tested positive for COVID-19 using Antigen tests.
- Meteorological indicators: Average temperature in °C, average wind speed in kmph, average gust in kmph, average precipitation in mm, average relative humidity%, average cloud%, average atmospheric pressure in mbar, and average hours of sunshine from 8 February to 3 September 2021.

### 2.3. Data Analysis Procedure

To statistically verify the working hypothesis, the associations between COVID-19 confirmed cases in the Black Sea region of Turkey and meteorological factors in the six Turkish provincial capitals under investigation were analyzed with a non-parametric approach using Spearman's and Kendall's rank correlation tests. These two tests were used because the sample size of six cities is small and the distributions of the COVID-19 cases and meteorological factors do not have normality. The Statistics Software IBM SPSS<sup>®</sup> version 23 was used.

### 3. Results of Empirical Evidence

#### 3.1. Overview of the Climate in Cities of the Turkish Black Sea Region

A general overview of the climate in the studied region can clarify the results. Weather conditions are presented in Figure 2 and Supplementary Materials (Table S4), respectively. Among the provinces in the Black Sea region, the highest average wind speed was observed in the cities of Sinop and Ordu during April and July, respectively, whereas in the cities of Samsun and Giresun, the highest wind speed was recorded in February, and in the cities of Trabzon and Rize it was in March. Similarly to the wind speed, the highest average gust was also observed in Sinop in April, whereas it was recorded in February for the remaining cities (Figure 2). The maximum rain accumulation was recorded in March and February; however, regarding the rainfall trends occurring in summer, the remarkable amount of precipitation recorded in August, especially in the Sinop province, may be due to possible effects of climate change on weather conditions. Based on results from all provinces, the lowest level of average relative humidity was observed in February, while the highest levels were recorded in April (Figure 2). The highest average relative humidity was recorded in the city of Sinop, which had a level of 86%; the lowest-level city was Samsun, with 69%. The average atmospheric pressure levels were recorded at almost the same values in all provinces of the Black Sea region from February to August. The highest levels of average atmospheric pressure were recorded in the winter months, while the opposite was observed in summer. The change in average hours of sunshine was the opposite of the change in cloud rate (Figure 2). Previous studies have proven that these weather conditions, including monthly average temperature, wind speed, gust, precipitation, relative humidity, atmospheric pressure, and hours of sunshine, significantly affect the spread of COVID-19 [22,45-47].





**Figure 2.** Change in average meteorological factors in the studied Turkish cities from 8 February to 3 May 2021: (**A**) = temperature, (**B**) = wind speed, (**C**) = gust, (**D**) = precipitation, (**E**) = humidity, (**F**) = cloud rate, (**G**) = atmospheric pressure, and (**H**) = hours of sunshine, respectively.

## 3.2. Relations Between COVID-19 Confirmed Cases and Meteorological Factors in the Cities of Turkish Black Sea Region

The monthly logarithmic variations in terms of the number of COVID-19 confirmed cases/100,000 people and meteorological indicators concerning provinces located in the Black Sea region of Turkey from February to September 2021 are in Figure 3; Sections A–F show that the number of COVID-19 cases decreased as the temperature increased in all provinces. All meteorological indicators, except precipitation, showed similar patterns throughout the investigated period. The results in Figure 3 suggest a decreasing trend in the number of COVID-19 cases in May, with the lowest values in June. The reduction in confirmed COVID-19 cases can be also due to the two-and-a-half-week nationwide full lockdown from 29 April to 17 May enforced by the Turkish government to mitigate, wherever possible, the nationwide spread of COVID-19. During this continuous lockdown, all workplaces suspended their activities, except for manufacturing, food, cleaning, and health sectors [48]. Moreover, all households remained in their homes unless performing essential work. This decreasing trend confirms that person-to-person transmission, one of the forms of COVID-19 diffusion, plays a critical role in the rapid spread of SARS-CoV-2 across cities and countries [2,13,15,49].







**Figure 3.** Logarithmic variations in the number of COVID-19 confirmed cases/100,000 people and meteorological indicators in the studied Turkish cities: (**A**) Sinop, (**B**) Samsun, (**C**) Ordu, (**D**) Giresun, (**E**) Trabzon, and (**F**) Rize.

The changes in the meteorological indicators show that atmospheric pressure, gust, relative humidity, and wind speed followed constant trends throughout the examined periods. The hours of sunshine followed a constant and similar trend in April for all cities in the study, whereas an increase was recorded from April to May; then, a stable trend was again recorded, except for the relatively decreased levels in Rize, from July to August. Similar precipitation trends were observed in Ordu, Giresun, and Rize during the examined period, but in Sinop, unlike the other provinces, a continuous decrease in precipitation was observed during the period from April to July, with a sudden growth level in precipitation in July. We observed that the cloud rate only decreased from April to May in all of the examined provinces and showed a constant trend during other periods. Finally, the results show that a notable increase in temperatures after April was associated with a decrease in COVID-19 cases in all provinces.

The statistical relationship between these meteorological factors (represented in Figure 3) and the spread of COVID-19 in the Black Sea region (where, in the months studied, the highest number of COVID-19 cases per 100,000 people in Turkey was observed) was analyzed with Kendall and Spearman's correlations; the results are shown in Table 2.

**Table 2.** Kendall and Spearman's correlation coefficients based on the associations between COVID-19 confirmed cases and meteorological factors in cities of the Black Sea region of Turkey from February to September 2021.

Kendall's Correlation Coefficients, rk							
	Cities in the Black Sea Region of Turkey						
Meteorological Indicators	Samsun	Sinop	Ordu	Giresun	Trabzon	Rize	
Minimum Temperature	-0.451	-0.350	-0.488	-0.350	-0.050	-0.150	
Maximum Temperature	-0.333	-0.350	-0.451	-0.350	-0.143	-0.150	
Average Temperature	-0.390	-0.390	-0.451	-0.350	-0.050	-0.195	
Average Wind Speed	0.143	0.321	0.195	0.143	0.143	0.098	
Average Gust	0.143	0.321	0.195	0.143	0.143	0.098	
Average Precipitation	0.429	0.619	0.429	0.143	0.333	0.195	
Average Relative Humidity	0.098	0.098	0.150	0.150	0.000	0.293	
Average Cloud Rate	0.524	0.429	0.390	0.293	0.488	0.390	
Average Atmospheric Pressure	0.714 *	0.333	0.429	0.333	0.048	0.143	

Average Hours of Sunshine	-0.810 *	-0.429	-0.524	-0.429	-0.429	-0.524	
Spearman's Correlation Coefficients, rs							
	Cities in the Black Sea Region of Turkey						
Meteorological Indicators	Samsun	Sinop	Ordu	Giresun	Trabzon	Rize	
Minimum Temperature	-0.673	-0.491	-0.703	-0.491	-0.910	-0.182	
Maximum Temperature	-0.607	-0.491	-0.673	-0.491	-0.179	-0.182	
Average Temperature	-0.649	-0.523	-0.673	-0.491	-0.091	-0.198	
Average Wind Speed	0.250	0.306	0.143	0.252	0.143	0.144	
Average Gust	0.250	0.321	0.558	0.214	0.107	0.900	
Average Precipitation	0.571	0.786 *	0.464	0.214	0.429	0.054	
Average Relative Humidity	0.234	0.072	0.273	0.182	0.054	0.487	
Average Cloud Rate	0.714	0.607	0.631	0.505	0.667	0.631	
Average Atmospheric Pressure	0.857 *	0.500	0.679	0.500	0.143	0.214	
Average Hours of Sunshine	-0.893 **	-0.571	-0.679	-0.536	-0.643	-0.679	

Note: \* correlation is significant at 0.05 level (2-tailed); \*\* correlation is significant at 0.01 level (2-tailed). The family-wise error rate (FWER) for ten comparisons at a 0.05 significance level was calculated at 0.40.

The coefficients of Kendall and Spearman's rank correlations show that many associations are not statistically significant, except for, in some provinces, the levels of precipitation, pressure, and hours of sunshine. In particular, Spearman's correlation coefficient shows a statistically significant positive association between average atmospheric pressure and COVID-19 confirmed cases in the city of Samsun (Spearman's correlation coefficient  $r_s$  =0.86, *p*-value 0.05). Kendall's correlation coefficient confirms this positive association. The results also show a statistically significant positive association between average precipitation and COVID-19 confirmed cases in the city of Sinop (Spearman's correlation coefficient  $r_s$  =0.79, *p*-value 0.05), and, finally, a statistically significant negative association between the average hours of sunshine and COVID-19 confirmed cases in the Samsun province (Spearman's correlation coefficient  $r_s$  = -0.89, *p*-value 0.01). Kendall's correlation coefficient confirms these results.

In contrast to these statistically significant associations, the results in Table 2 suggest that some meteorological factors did not have a significant relationship with the spread of COVID-19 in the studied cities, likely due to manifold confounding factors associated with differences in the demographic and social aspects of the cities. However, in some cities, solar radiation and atmospheric pressure were the only weather factors showing statistically significant associations with the number of COVID-19 cases, while the remaining indicators, except for precipitation in the city of Sinop, generally show a non-significant correlation in these Turkish cities.

#### 4. Discussion

These results are consistent with other studies. Iha et al. [18] suggested that ambient temperature and relative humidity were inversely associated with influenza A infection levels, while high relative humidity was directly associated with influenza B infection levels. A study by Şahin [20] investigated the correlation between weather conditions, including temperature, dew point, humidity, and wind speed, and COVID-19 in nine cities in Turkey using Spearman's correlation coefficients; the results show that the highest correlations were with atmospheric factors of wind speed and temperature, respectively. Xie and Zhu [50] investigated whether average temperature plays a critical role in the spread of COVID-19 in 122 cities in China from 23 January to 29 February 2020, using a generalized additive model. They found that the mean temperature has a positive linear relationship with the number of COVID-19 cases when its value is below 3 °C; if the temperature exceeds 3 °C, it does not affect the spread of COVID-19 cases. In short, higher temperatures may not limit the transmission of this new coronavirus. Srivastava [22] suggested

that local meteorological conditions severely impact the rate of COVID-19 mortality and morbidity. The results were consistent with the outcomes of the current study, emphasizing that an increase in solar radiation caused a decreasing trend in the number of cases of COVID-19, as was observed here, in the city of Samsun. Rosario et al. [46] conducted a study exploring the role of weather conditions (e.g., temperature, humidity, solar radiation, wind speed, and rainfall) on the spread of COVID-19 infections in the city of Rio de Janeiro (Brazil). Their findings suggest that solar radiation was the most significant weather factor, showing a significantly strong correlation, while average temperature and wind speed had a moderate correlation with COVID-19 confirmed cases, similar to the results of our statistical analysis here. Haque and Rahman [45] and Sarkodie and Owusu [47] suggested that increases in temperature and relative humidity can decrease the transmission levels of COVID-19. Studies suggest that viruses contained in droplets survive well when the relative humidity levels are below approximately 50% [12,23,51]. The study here endeavored to verify whether high levels of COVID-19 cases are more associated with humid regions by using a sample of cities in the Turkish Black Sea region which have very high relative humidity due to their specific geographical location and weather conditions. However, our results seem to suggest that relative humidity does not have a statistically significant association with the number of COVID-19 confirmed cases. This result is consistent with those found by Schuit et al. [52], who investigated the effect of meteorological factors including sunlight and relative humidity on the airborne stability of COVID-19. Their findings revealed that simulated sunlight impacts the decay rate of this new viral agent, but relative humidity alone did not affect the decay rate. This suggests the main role of the interactions between various meteorological factors in explaining the transmission dynamics of COVID-19 in society. Other studies by Sarkodie and Owusu [47] suggested that reductions in wind speed, dew/frost points, precipitation, and surface pressure encourage atmospheric stability and stagnant air, which can accelerate the diffusion and infectivity of viral agents similar to SARS-CoV-2 [28].

The fact that associations between the meteorological factors and COVID-19 cases were not consistent across all cities and were limited to one or two cities may be attributed to demographic and social differences based on the different population densities and environmental factors of these cities. These results can be supported by other empirical analyses in the literature. Coccia [53] investigated the associations between people infected with COVID-19 and environmental, demographic, and geographical variables in Italy. The results of the study suggested a positive correlation between people infected by COVID-19 and the average density of people per km<sup>2</sup>. In light of these scientific results, increases in the number of COVID-19 cases particularly in the cities of Trabzon, Samsun, and Ordu can be attributed to their higher population density compared to other cities in Turkey. In another study, Coccia [28] suggested that regions with high levels of air pollutants and atmospheric stability (with low wind speed) may support the survival of viral agents in the air, such as the SARS-CoV-2 virus, fostering the diffusion of COVID-19 and its negative impact on society. In the present work, the increase in COVID-19 confirmed cases in Giresun and Rize, which have low average wind speeds (8.41 km/h and 7.14 km/h, respectively) compared to average wind speed levels in other Turkish cities, is consistent with these results. In this context, our findings can expand the knowledge of these topics and help governments to design effective public policies for airborne disease containment based on climate-related and environmental factors, to prevent the diffusion of emerging variants of SARS-CoV-2 and similar viral agents in society [5,47,54-57].

#### 5. Conclusions, Limitations and Prospects

The purpose of the present study was to explain the relationship between the spread of COVID-19 and meteorological factors of humidity, analyzing cities in the Black Sea region (Turkey) from February to September 2021 that have weather conditions involving high level of precipitations and average temperatures below 20 °C, with many cold and wet months [30]. The most important result is that the statistical evidence above seems, in

general, to not support the hypothesis which stated that the diffusion of confirmed cases of COVID-19 can be explained by high levels of humidity. However, the results of the Spearman's correlation coefficient here also suggest a statistically significant positive association between the average atmospheric pressure and COVID-19 cases in the city of Samsun (Spearman's correlation coefficient rs =0.86, p-value 0.05); a statistically significant positive association between the average precipitation and COVID-19 confirmed cases in the city of Sinop (Spearman's correlation coefficient  $r_s = 0.79$ , p-value 0.05); and finally, a statistically significant negative association between the average hours of sunshine and COVID-19 cases in the city of Samsun (Spearman's correlation coefficient  $r_s = -0.89$ , pvalue 0.01). In general, statistical analyses here show that some cities in the Black Sea region of Turkey had strong associations between their COVID-19 cases over the February-August period and levels of atmospheric pressure, hours of sunshine, and precipitation compared to other cities. Nevertheless, many of these associations are not always consistent over time and across areas, and as a consequence we cannot conclude scientifically that any specific meteorological factor supports the diffusion of COVID-19 and similar infectious diseases.

Overall, the lessons learned from this study are that manifold aspects of the total environment and its related interactions, including demographic, social, economic, and environmental ones, etc., can explain the transmission dynamics of new viral agents of airborne diseases in society.

Although this study gives interesting results and insights that can support effective mitigation policies for future epidemics or pandemics of respiratory diseases, the results here are, of course, tentative. One of the problems is the difficulty to accurately predict the number of reported and unreported cases of COVID-19 in the studied region. Moreover, the sources and data analyzed may only capture certain aspects of the ongoing associations between meteorological factors and COVID-19 confirmed cases. Another limitation is that confounding situational factors could have essential roles in the transmission dynamics of COVID-19 and similar viral diseases in the cities. Hence, there is a need for much more detailed research into these relations.

In future studies, in addition to meteorological factors, the socioeconomic structures of regions, and the demography, health systems and the behavioral characteristics of their population have to be considered for comprehensive analyses [58]. Other factors to consider as well should be age, gender, welfare level, access to medical technologies, access to health services, etc., which play vital roles in clarifying the overall determinants of the diffusion of pandemic viral agents in society [59–80]. Due to the difficulty of accessing detailed data concerning cities in the studied region, and because the data are currently being updated, certain different factors were not evaluated in the current paper, but they will be considered in future studies.

Despite these limitations, the results here clearly illustrate statistically significant associations between some meteorological factors and COVID-19 cases in specific cities, and an elaborate and partial role of weather humidity, when considered in isolation, in explaining high levels of diffusion of the COVID-19. Policymakers should consider these results for the designing of effective control measures and health policies based on a systemic approach with manifold social and environmental factors, to minimize the negative effects of future variants of SARS-CoV-2 and/or new viral agents [11,27,28,59–63]. To conclude, a systemic approach for the evaluation of all interactions between meteorological, environmental, and socioeconomic factors can explain the effective transmission dynamics of new viral agents to improve pandemic crisis plans aimed at facing unknown infectious diseases similar to COVID-19 that we know will occur in the future, even if we do not know when.

**Supplementary Materials:** The following supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/covid3110113/s1, Table S1: the demographic information of the provinces studied; Table S2: monthly COVID-19 cases per 100,000 people between February

and August, 2021 for all provinces examined in the current study, Table S3: weekly cases of COVID-19 per 100,000 people from 08<sup>th</sup> February, 2021 to 03<sup>rd</sup> September 2021 for all provinces examined in the current study, Table S4: Average climate parameters in the investigated period for all provinces in Turkey examined in the current study.

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