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A Descriptive Analysis of the Impact of COVID-19 on Emergency Department Attendance and Visit Characteristics in Singapore

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Abstract: Background: The coronavirus disease 2019 (COVID-19) has impacted the utilisation of Emergency Department (ED) services worldwide. This study aims to describe the changes in attendance at a single ED and corresponding patient visit characteristics before and during the COVID-19 period. Methods: In a single-centre retrospective cohort study, we used descriptive statistics to compare ED attendance, patient demographics and visit characteristics during the COVID-19 period (1 January–28 June 2020) and its corresponding historical period in 2019 (2 January–30 June 2019). Results: The mean ED attendance decreased from 342 visits/day in the pre-COVID-19 period to 297 visits/day in the COVID-19 period. This was accompanied by a decline in presentations in nearly every ICD-10-CM diagnosis category except for respiratory-related diseases. Notably, we observed reductions in visits by critically ill patients and severe disease presentations during the COVID-19 period. We also noted a shift in the ED patient case-mix from ‘Non-fever’ cases to ‘Fever’ cases, likely giving rise to two distinct trough-to-peak visit patterns during the pre-Circuit Breaker and Circuit Breaker period. Conclusions: This descriptive study revealed distinct ED visit trends across different time periods. The COVID-19 pandemic caused a reduction in ED attendances amongst patients with low-acuity conditions and those with highest priority for emergency care. This raises concern about treatment-seeking delays and the possible impact on health outcomes. The downward trend in low-acuity presentations also presents learning opportunities for ED crowd management planning in a post-COVID-19 era.

Keywords: COVID-19; coronavirus; emergency department; emergency department attendance; healthcare system; hospital management



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1. Introduction

The coronavirus disease 2019 (COVID-19) has impacted the utilisation of Emergency Department (ED) services worldwide. Despite the surge in suspected COVID-19 cases, there is global evidence to show that the overall daily attendance at EDs has declined [1–4]. Several studies have described significant reductions in visits associated with time-sensitive and life-threatening conditions such as acute myocardial infarctions and strokes [5–7], suggesting a worrying trend of patients with acute medical conditions failing to seek critically needed hospital care.

Singapore saw its first COVID-19 case on 23 January 2020. Although COVID-19 fatality rates in Singapore remain one of the lowest globally, the city-state nevertheless experienced

huge spikes in infections that prompted two major national interventions to curb the spread of COVID-19 in the community [8]. The first raising of the risk assessment of COVID-19 to Disease Outbreak Response System Condition (DORSCON) Orange on 7 February 2020 caused public fear and concern [9,10]. The second intervention was the Circuit Breaker, a partial lockdown on public movement on 7 April 2020, as Singapore observed the peak of daily incidence in April. The local government was aggressive in public education efforts, encouraging residents to stay at home and exercise social responsibility, which pre-empted hidden pockets of infected cases from affecting others in the community. The close coordination of different healthcare sectors at a national level allowed continued access to public healthcare services, ensuring that the system had sufficient capacity to care for clinically unwell patients at peak infection rates [11]. Following the Circuit Breaker, the above measures helped to keep the number of community infected cases low [12].

At the time of writing, the highly infectious dominant Delta variant was rapidly circulating in the community [13]. Despite being one of the first Asian countries to implement an effective vaccination programme, Singapore may return to a Circuit Breaker when a surge in COVID-19 cases overwhelms the intensive care unit (ICU) capacity of hospitals [13,14]. As Singapore moves through the ebb and flow of controlling the pandemic, understanding the trend of ED attendance and visit characteristics will facilitate hospital resource planning and allocation in anticipation of a worsening COVID-19 situation and future pandemics to come. Hence, this descriptive study aims to understand how attendance at a single ED for both non-emergent and acute life-threatening conditions and corresponding patient visit characteristics changed during the initial stages of the COVID-19 period compared with the pre-COVID-19 period.

2. Materials and Methods

2.1. Study Design and Setting

Singapore General Hospital (SGH) is one of Singapore's largest and oldest acute tertiary hospitals with 1785 beds in total. Its ED sees approximately 130,000 patients annually [15]. In this retrospective cohort study, SGH ED attendance, patient demographics and visit characteristics were reported during the COVID-19 period (1 January–28 June 2020) and compared with a historical period in 2019 (2 January–30 June 2019). The studied COVID-19 period was chosen as it represented the changes in ED attendance over the course of time, revealing trends specific to the pre-Circuit Breaker period and Circuit Breaker period. The pre-Circuit Breaker period included both the pre-DORSCON Orange and DORSCON Orange periods.

2.2. Data Source and Extraction

Routine and administrative data on ED attendances were extracted from the electronic health intelligence system (eHINTS) at SGH ED. The collected data fields were gender, age, nationality, ethnicity, mode of arrival, patient acuity category scale (PACS), disposition and clinical reason for attendance. This was a service evaluation study that did not require further ethical deliberation by the SingHealth Centralised Institutional Review Board (CIRB Ref: 2020/2470).

2.3. Patient Acuity Category Scale (PACS)

All public hospitals use PACS to triage patients in the ED [16]. The four main levels of PACS status are: Priority 1 (P1), for patients requiring immediate resuscitation; Priority 2 (P2), for non-ambulant patients requiring critical care; Priority 3 (P3), for ambulant patients with mild to moderate symptoms; and Priority (P4), for patients with non-emergent conditions that are more appropriately managed in primary health care settings. The febrile counterparts of these categories are P1F, P2F and P3F, respectively.

2.4. SNOMED CT to ICD-10-CM Conversion for ED Diagnosis

In our dataset, the ED diagnoses were coded and classified according to the Systematized Nomenclature of Medicine Clinical Terms (SNOMED CT). As the International Classification of Diseases, Tenth Revision, Clinical Modification (ICD-10-CM) codes are oriented more for statistical data collection, SNOMED CT codes were converted to ICD-10-CM and mapped to twenty-one broad ICD-10-CM categories using the SNOMED CT to ICD-10-CM Map provided by the National Library of Medicine [17]. Only the first matched ICD-10-CM code was kept in instances where there were multiple possible matches of ICD-10-CM codes to one SNOMED CT code.

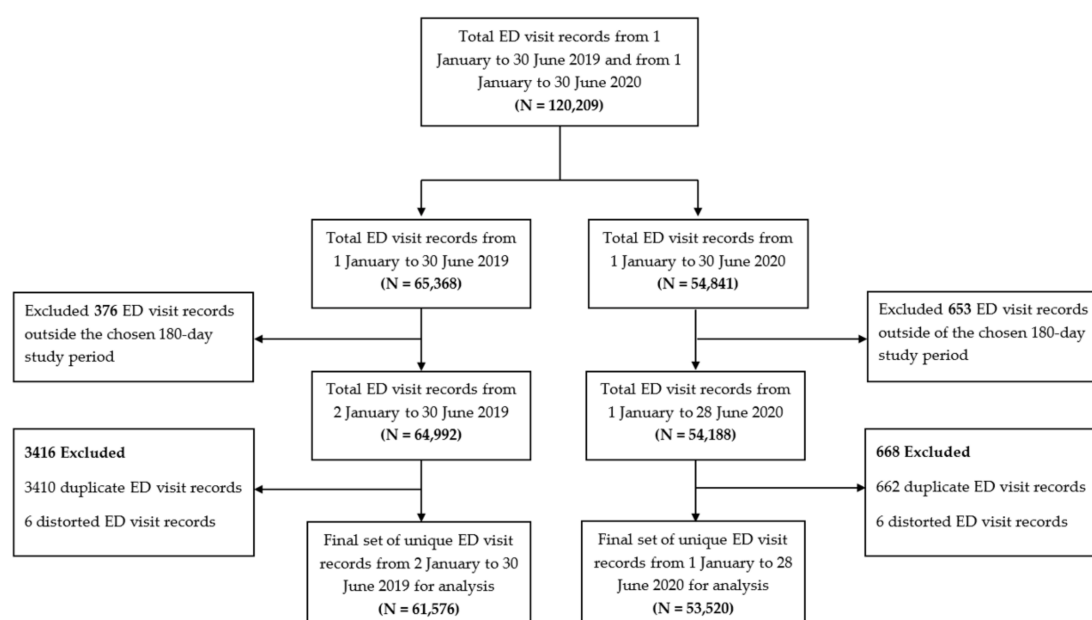
2.5. Statistical Analysis

The patient characteristics of ED attendance were reported as the mean, median, standard deviation and range (where appropriate) for the continuous variables and frequency and percent for the categorical variables during the pre-COVID-19 and COVID-19 periods. The plotted attendance was stratified by year and febrile status. The comparison of the categorical variables between the pre-COVID-19 and COVID-19 periods was tabulated as a frequency reduction and percentage change. The weekly number of ED attendances was reported by year (pre-COVID-19 vs. COVID-19 periods) and febrile triage status. All data were de-identified before data processing and the statistical analysis was performed using R software (v4.0.0) [18].

3. Results

3.1. ED Visit Records Selected for the Analysis

Out of 120,209 ED visit records extracted, 1029 visit records outside our study period were excluded. A further exclusion of 4072 duplicate records and 12 distorted records left us with 115,096 ED visit records for the analysis; the pre-COVID-19 period had 61,576 visit records and the COVID-19 period had 53,520 visit records (Figure 1).



Abbreviations: ED: Emergency department; N: number of records.

Figure 1. Flowchart depicting the study selection process of the ED visit records selected for the analysis.

3.2. Patient Demographics and Visit Characteristics

Table 1 shows the gross reduction in the number of ED visits at SGH across gender, ethnicity, age groups and Singapore citizens during the COVID-19 period. Overall, the mean number of daily ED visits (SD) during the COVID-19 period was 297 (31.8), lower

than that during the pre-COVID-19 period (342, 44.9). The decline in ED admissions was evident across all ward types except for the infectious disease or isolation wards during the COVID-19 period.

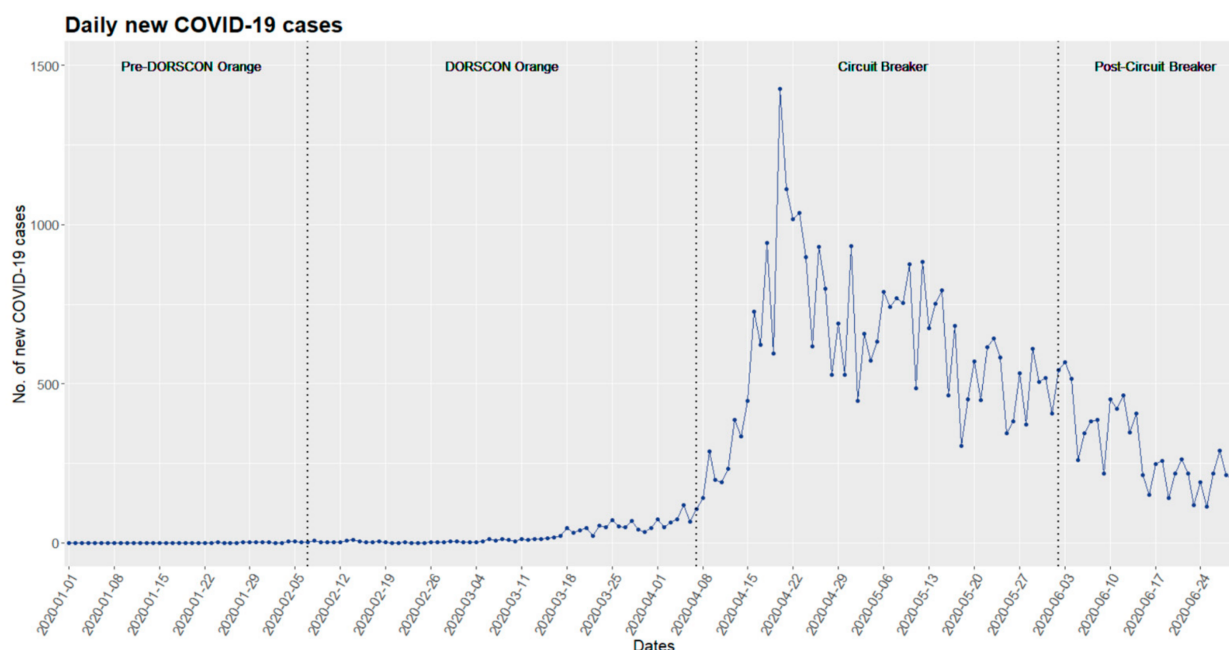
Table 1. SGH ED patient characteristics during the pre-COVID-19 period in 2019 and COVID-19 period in 2020.

| Time Periods Studied | Pre-COVID-19 Period | COVID-19 Period | % Change in ED Attendances Compared with the Pre-COVID-19 Period |
|-----------------------------------|------------------------|------------------------|--|
| | 2 January–30 June 2019 | 1 January–28 June 2020 | |
| Total number of ED visits | 61,576 | 53,520 | −8056 (−13.1%) |
| Mean ED attendance (SD, range) | 342 (44.9, 277–427) | 297 (31.8, 207–445) | |
| Demographics | N (%) | N (%) | |
| Gender | | | |
| Male | 31,707 (51.5%) | 28,942 (54.1%) | −2765 (−8.7%) |
| Female | 29,869 (48.5%) | 24,578 (45.9%) | −5291 (−17.7%) |
| Age (year) | | | |
| Median (Q1–Q3, range) | 56 (36–70, 0–106) | 55 (35–70, 0–105) | |
| 0–10 | 386 (0.6%) | 216 (0.4%) | −170 (−44.0%) |
| 11–14 | 213 (0.3%) | 108 (0.2%) | −105 (−49.3%) |
| 15–24 | 5172 (8.4%) | 3970 (7.4%) | −1202 (−23.2%) |
| 25–34 | 8448 (13.7%) | 8407 (15.7%) | −41 (−0.5%) |
| 35–44 | 7008 (11.4%) | 6916 (12.9%) | −92 (−1.3%) |
| 45–54 | 7856 (12.8%) | 6757 (12.6%) | −1099 (−14.0%) |
| 55–64 | 10,736 (17.4%) | 8884 (16.6%) | −1852 (−17.3%) |
| ≥65 | 21,757 (35.3%) | 18,261 (34.1%) | −3496 (−16.1%) |
| Missing | 0 | 1 | |
| Citizenship status | | | |
| Singapore citizen | 49,592 (80.5%) | 41,099 (76.8%) | −8493 (−17.1%) |
| Non-citizen | 11,984 (19.5%) | 12,421 (23.2%) | +437 (+3.6%) |
| Ethnicity | | | |
| Chinese | 39,663 (64.4%) | 33,137 (61.9%) | −6525 (−16.5%) |
| Indian | 8034 (13.0%) | 7605 (14.2%) | −429 (−5.3%) |
| Malay | 6603 (10.7%) | 5811 (10.9%) | −792 (−12.0%) |
| Others | 7276 (11.8%) | 6967 (13.0%) | −309 (−4.2%) |
| Visit characteristics | N (%) | N (%) | |
| Mode of arrival | | | |
| Non-ambulance | 52,585 (85.4%) | 43,239 (80.8%) | −9346 (−17.8%) |
| SCDF ambulance | 6432 (10.4%) | 7384 (13.8%) | +952 (+14.8%) |
| Private ambulance | 2559 (4.2%) | 2897 (5.4%) | +338 (+13.2%) |
| Patient acuity category status | | | |
| P1 | 9049 (14.7%) | 5336 (10.0%) | −3713 (−41.0%) |
| P2 | 33,550 (54.5%) | 28,608 (53.5%) | −4942 (−14.7%) |
| P3 | 16,874 (27.4%) | 10,486 (19.6%) | −6388 (−37.9%) |
| P4 | 345 (0.6%) | 138 (0.3%) | −207 (−60.0%) |
| P1F | 144 (0.2%) | 178 (0.3%) | +34 (+23.6%) |
| P2F | 714 (1.2%) | 1138 (2.1%) | +424 (+59.4%) |
| P3F | 900 (1.5%) | 7636 (14.3%) | +6736 (+748.4%) |
| Disposition | | | |
| Admitted from ED | 25,422 (41.3%) | 23,422 (43.8%) | −2000 (−7.9%) |
| General ward | 21,958 (86.4%) | 20,000 (85.4%) | −1958 (−8.9%) |
| High dependency ward | 1190 (4.7%) | 872 (3.7%) | −318 (−26.7%) |
| Intermediate care area | 387 (1.5%) | 231 (1.0%) | −156 (−40.3%) |
| Intensive care unit | 372 (1.5%) | 302 (1.3%) | −70 (−18.8%) |
| Infectious disease/isolation ward | 857 (3.4%) | 1891 (8.1%) | +1034 (+120.7%) |
| Unknown | 658 (2.6%) | 126 (0.5%) | −532 (−80.9%) |
| Not admitted | 36,126 (58.7%) | 30,054 (56.2%) | −6072 (−16.8%) |
| Missing | 28 | 44 | |

ED: Emergency Department; SD: standard deviation; N: number of patients; Q1: first quartile, representing the 25th percentile value; Q3: third quartile, representing the 75th percentile value; SCDF: Singapore Civil Defence Force; P1: Priority 1; P1F: Priority 1 Fever; P2: Priority 2; P2F: Priority 2 Fever; P3: Priority 3; P3F: Priority 3 Fever; P4: Priority 4.

3.3. Two-Phase ED Attendance Trend

Within the COVID-19 period, the national tally of daily infected cases started relatively small during the pre-Circuit Breaker period (Figure 2) [19]. Thereafter, the tally rocketed to its highest during the Circuit Breaker period. Figure 3 illustrates the two-phase ED attendance trend experienced at SGH ED during the pre-Circuit Breaker period and Circuit Breaker period, respectively.



Source: Ministry of Health (MOH) Singapore, past updates on COVID-19 (coronavirus disease 2019) local situation, 2020.

Figure 2. An illustration of the trend of daily newly infected cases in Singapore.

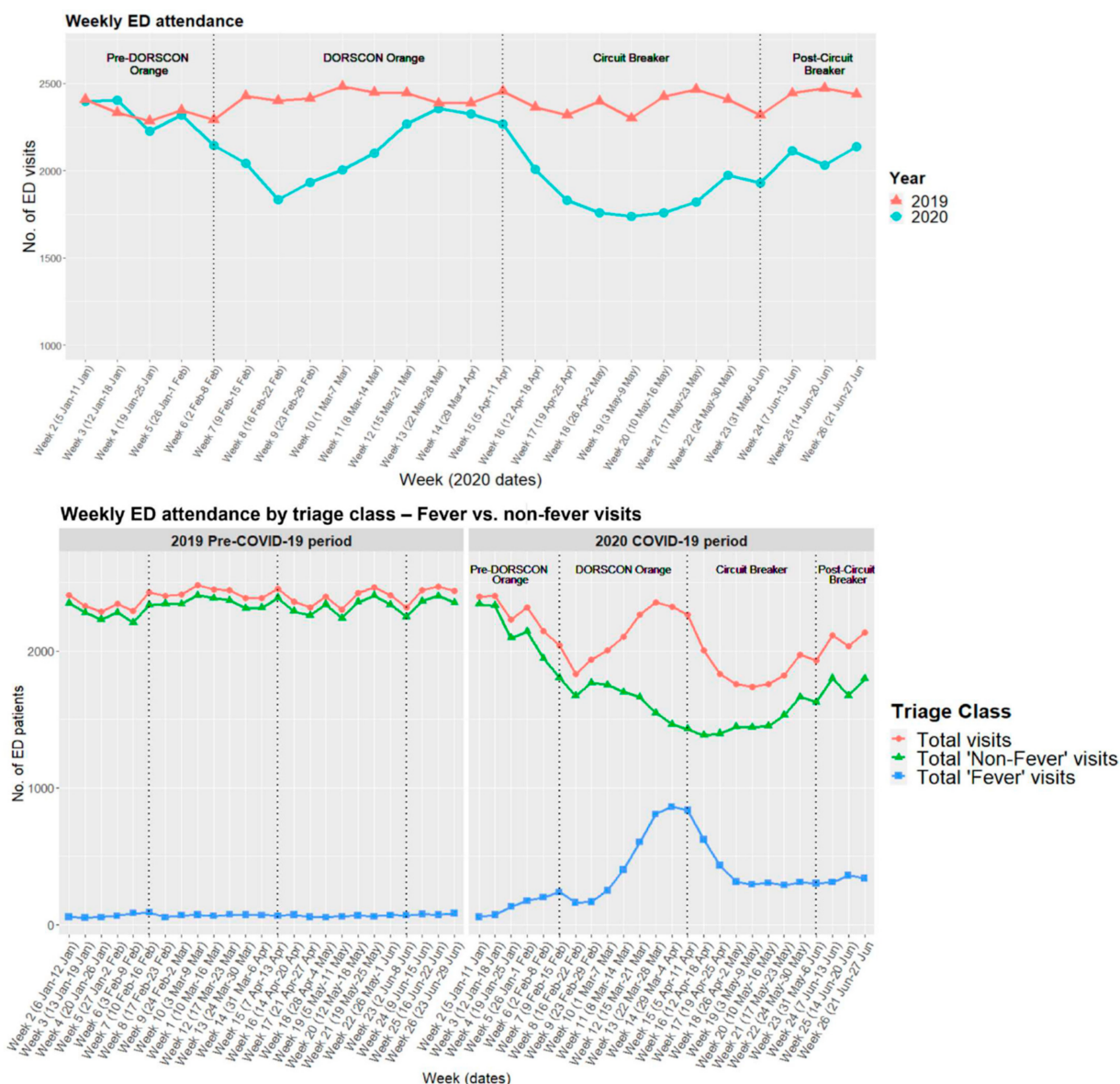
3.3.1. First Phase of the ED Attendance Trend

Approximately one week before DORSCON Orange initiation (2 February–8 February 2020, Week 6), there was a noticeable drop of 6.4% in the weekly ED attendance (2144 vs. 2291 baseline) compared with the same week in 2019 (Figure 3). The initial downward trend in ED attendance was largely driven by a decrease in ‘Non-Fever’ visits. The subsequent sharp returning of ED attendance corresponded with the rising numbers of ‘Fever’ visits even though the national tally of daily infected cases was relatively low, below a hundred (Figure 2). The weekly ED attendance peaked during the last week of March, almost reaching pre-COVID-19 numbers in the same week.

3.3.2. Second Phase of the ED Attendance Trend

SGH ED experienced its second fall in attendance where both the number of ‘Fever’ and ‘Non-Fever’ visits declined (Figure 3). The steepest drop occurred during 3 May–9 May 2020 (Week 19) where a 27.4% dip in ED visits was observed relative to the same week in the pre-COVID-19 period. Unlike the surge in ED attendance and the number of ‘Fever’ visits that we observed during the pre-Circuit Breaker period (first phase), the ED attendance declined even as daily infected cases hit record-breaking numbers during the Circuit Breaker (second phase) (Figure 2). Nevertheless, as the nation was halfway through the Circuit Breaker, we observed a slow and steady climb in SGH ED attendance that was visually distinct from the surge in the first phase (Figure 3). This gradual recovery coincided with the rise in total ‘Non-Fever’ visits and a relatively constant number of ‘Fever’ visits. Following the end of the Circuit Breaker and the gradual easing of restrictions for the safe resumption

of activities, ED attendances continued to show signs of gradual recovery to the baseline numbers (Figure 3).



Epi-weeks were used for plotting and only completed epi-weeks 2 to 26 of each studied period were included in this figure.

Figure 3. Weekly SGH ED attendance by year and by febrile triage status during the studied COVID-19 period and its corresponding historical pre-COVID-19 period. The start of each week corresponded with Sunday of that week; hence, incomplete 'Week 1' data were excluded from this figure.

3.4. Sub-Group Analysis of the ED Attendance by 'Non-Fever' and 'Fever' Triage Categories

There was a decline in ED attendances across all 'Non-Fever' triage groups (P1–P4), including the sickest patient group (P1). There were 4.7% and 7.8% reductions in the proportion of P1 visits (10.0% vs. 14.7% baseline) and P3 visits (19.6% vs. 27.4% baseline), respectively (Table 1, Figure S1 Supplementary Materials). In contrast, there was an increase in ED attendees across all 'Fever' triage groups. Of note, there were 8.5 times more (7636 vs. 900 baseline) P3F ED visits during the COVID-19 period compared with the pre-COVID-19 period.

3.5. Clinical Reasons for ED Attendance

Among the 115,096 visit records, we excluded 2545 records (2.2%) with no documentation of the diagnosis code in our analysis of diagnoses. The remaining 112,551 visit records had a total of 143,995 documented SNOMED CT diagnosis codes. Out of these, approximately 3000 documented diagnosis codes (2%) were not mapped to ICD-10-CM categories and these were excluded from our analysis.

The decline in ED attendance was accompanied by decreases in nearly every diagnosis category except for diseases of the respiratory system. The greatest reduction in proportion was seen in the diagnostic category that covers injury, poisoning and certain other consequences of external causes (Table 2). Notably, the decline in P1 visits was accompanied by a drop in presentations of severe diseases such as strokes, acute myocardial infarctions, heart failure, appendicitis and paralytic ileus and intestinal obstructions without a hernia.

Table 2. SGH ED patient characteristics during the pre-COVID-19 period in 2019 and the COVID-19 period in 2020.

| Time Periods Studied | Pre-COVID-19 Period | COVID-19 Period | % Change in Frequency Compared with the Pre-COVID-19 Period |
|---|----------------------------------|----------------------------------|---|
| | 2 January–30 June 2019 | 1 January–28 June 2020 | |
| Total number of ED visits | 61,576 | 53,520 | |
| Number of ED visits with ≥ 1 recorded diagnosis | 60,166 | 52,385 | |
| Total number of documented diagnoses | 73,545 (100%) | 67,444 (100%) | |
| ICD-10-CM diagnosis categories | N (% total documented diagnoses) | N (% total documented diagnoses) | |
| Symptoms, signs and abnormal clinical and laboratory findings, not elsewhere classified | 19,196 (25.5%) | 16,883 (24.5%) | −2313 (−12.0%) |
| Injury, poisoning and certain other consequences of external causes | 9358 (12.5%) | 6779 (9.9%) | −2579 (−27.6%) |
| Diseases of the musculoskeletal system and connective tissue | 5932 (7.9%) | 3995 (5.8%) | −1937 (−32.7%) |
| Diseases of the circulatory system | 5810 (7.7%) | 4723 (6.9%) | −1087 (−18.7%) |
| Diseases of the respiratory system | 5594 (7.4%) | 11,842 (17.2%) | +6248 (+111.7%) |
| Diseases of the digestive system | 4971 (6.6%) | 4367 (6.4%) | −604 (−12.2%) |
| Diseases of the genitourinary system | 3821 (5.1%) | 3141 (4.6%) | −680 (−17.8%) |
| Certain infectious and parasitic diseases | 3799 (5.1%) | 3095 (4.5%) | −704 (−18.5%) |
| Endocrine, nutritional and metabolic diseases | 2976 (4.0%) | 2735 (4.0%) | −241 (−8.1%) |
| Diseases of the skin and subcutaneous tissue | 2937 (3.9%) | 2360 (3.4%) | −577 (−19.6%) |
| Diseases of the eye and adnexa | 2493 (3.3%) | 1805 (2.6%) | −688 (−27.6%) |
| Diseases of the nervous system | 1265 (1.7%) | 1074 (1.6%) | −191 (−15.1%) |
| Neoplasms | 1227 (1.6%) | 1069 (1.6%) | −158 (−12.9%) |

Table 2. Cont.

| Time Periods Studied | Pre-COVID-19 Period | COVID-19 Period | % Change in Frequency Compared with the Pre-COVID-19 Period |
|---|----------------------------------|----------------------------------|---|
| | 2 January–30 June 2019 | 1 January–28 June 2020 | |
| Mental, behavioural and neurodevelopmental disorders | 1012 (1.3%) | 899 (1.3%) | −113 (−11.2%) |
| Diseases of the blood and blood-forming organs and certain disorders involving the immune mechanism | 943 (1.3%) | 860 (1.2%) | −83 (−8.8%) |
| External causes of morbidity | 699 (0.9%) | 636 (0.9%) | −63 (−9.0%) |
| Diseases of the ear and mastoid process | 640 (0.9%) | 537 (0.8%) | −103 (−16.1%) |
| Factors influencing health status and contact with health services | 557 (0.7%) | 405 (0.6%) | −152 (−27.3%) |
| Pregnancy, childbirth and the puerperium | 220 (0.3%) | 174 (0.3%) | −46 (−20.9%) |
| Congenital malformations, deformations and chromosomal abnormalities | 62 (0.1%) | 36 (0.1%) | −26 (−41.9%) |
| Certain conditions originating in the perinatal period | 33 (0.0%) | 29 (0.0%) | −4 (−12.1%) |
| Total number of P1 visits | 9049 | 5336 | |
| Number of P1 visits with ≥1 recorded diagnosis | 9012 | 5313 | |
| Total number of recorded diagnoses | 11,510 (100%) | 7519 (100%) | |
| ICD-10-CM diagnosis categories | N (% total documented diagnoses) | N (% total documented diagnoses) | |
| Severe diseases | | | |
| Stroke | 704 (6.1%) | 516 (6.9%) | −188 (−26.7%) |
| Acute myocardial infarction | 508 (4.4%) | 440 (5.9%) | −68 (−13.4%) |
| STEMI | 226 (2.0%) | 187 (2.5%) | −39 (−17.3%) |
| NSTEMI | 282 (2.5%) | 253 (3.4%) | −29 (−10.3%) |
| Other acute ischemic heart diseases | 109 (0.9%) | 95 (1.3%) | −14 (−12.8%) |
| Heart failure | 337 (2.9%) | 231 (3.1%) | −106 (−31.5%) |
| Cardiac arrest | 92 (0.8%) | 102 (1.4%) | +10 (+10.9%) |
| Paralytic ileus and intestinal obstruction without hernia | 337 (2.9%) | 277 (3.7%) | −60 (−17.8%) |
| Appendicitis | 173 (1.5%) | 157 (2.1%) | −16 (−9.2%) |

ED: Emergency Department; N: number of total documented diagnoses; ICD-10-CM: International Classification of Diseases, Tenth Revision, Clinical Modification; P1: Priority 1; STEMI: ST elevation myocardial infarction; NSTEMI: non-ST elevation myocardial infarction.

4. Discussion

Since the beginning of the COVID-19 outbreak, the overall number of SGH ED visits and admissions have dipped compared with the corresponding pre-COVID-19 period. With such a large decrease in ED visits at SGH, one may expect the sickest patients (P1) to continue attending the ED for unquestionably needed emergency care. However, SGH ED saw fewer life-threatening presentations and a decrease in both the number and proportion

of P1 visits throughout the COVID-19 period. This could have arisen either from a true decrease in the incidence of emergent conditions or that patients in need of care did not seek help at the ED.

Patients may have avoided SGH ED due to a fear of burdening the healthcare system [20] or contracting the dreadful virus in a public hospital that was screening for and treating COVID-19 [21]. Early public engagement efforts in Singapore consistently emphasised the availability of community medical services to ease the load on public hospitals, which could have redirected patients from the ED to alternative avenues [22]. These avenues included community COVID-19 swab operations and isolation facilities, teleconsultation services and general practitioner (GP) clinics adequately equipped to manage patients with respiratory symptoms.

The severe acute respiratory syndrome (SARS) outbreak in 2003 was the deadliest infectious disease outbreak in recent Singapore history with a high mortality rate. Locally, the SARS outbreak occurred mainly within the hospital setting, with visitors making up almost half of the total infected cases at an acute care hospital [23]. Parallels can be drawn between SARS and COVID-19, with both being coronaviruses with a high transmissibility [24]. This could have played a role in the association of hospitals as key sources of viral transmissions, especially during the initial stages of the COVID-19 pandemic when little was known about the virus.

Our data, however, cannot prove whether there was a true decrease in the incidence of diseases or whether patients avoided the ED or sought treatment elsewhere. Initiatives such as social distancing and a partial lockdown could likely have led to a lower incidence of common community infections and injuries related to work, sports and road traffic accidents. Nevertheless, whether there was any delay and failure in seeking urgently needed treatments remains a major public health concern as this can translate to poorer health outcomes and potentially increase the need for hospital care [25]. Amid a new wave of COVID-19 infections in the community, addressing factors contributing to the decline in ED visits may help to identify key targets of interventions for better health outcomes.

During the first phase, where the daily counts of newly infected community cases were relatively low, the shift in the ED patient case-mix from 'Non-Fever' cases to 'Fever' cases may have been contributed to by suspected COVID-19 cases seeking testing and treatment at the ED as well as patients seeking care for flu-like symptoms from a fear that they had contracted the COVID-19 virus [26]. Amidst the rise in 'Fever' visits during the first phase, the overall number of 'Non-Fever' visits fell and this decline persisted into the Circuit Breaker period (second phase). On the contrary, the surge in the number of infected cases during the Circuit Breaker (second phase) was largely restricted to the densely occupied migrant worker dormitories rather than the community [27]. The prompt gazettement of these dormitories as isolation areas, a general compliance with social distancing measures, rapid contact tracing and systematic screening for COVID-19 likely stemmed any widespread infection to the community. Moreover, the scaling up of community medical facilities and services during the Circuit Breaker (second phase) allowed quicker testing and the housing of clinically well COVID-19 patients [27]. These measures likely gained traction throughout the Circuit Breaker and prevented an overwhelming number of 'Fever' visits to SGH ED, which partially explains the persistent nadir of ED attendance observed during the first half of the Circuit Breaker.

In the second half of the Circuit Breaker, the recovery in 'Non-Fever' visits may have been due to a delay in seeking treatment, resulting in more severe presentations that required emergent care and admission to the ED. It may also be attributed to a better public perception of the local COVID-19 situation and the declining number of new cases in the community at that point. These may have quelled the fear of the public of contracting the virus in the community and hospital settings.

The COVID-19 pandemic shows no signs of abating globally and the resurgence of outbreaks, as seen in many other countries, is inevitable as Singapore reopens its borders. A deeper understanding of the indirect impact of the pandemic on patient outcomes and

the overall demand for emergent care across the nation is needed. Further studies on patients presenting to the ED during this period are needed to fully understand the health implications of the COVID-19 outbreak. It is also essential to explore public perceptions regarding seeking treatment at an ED during the COVID-19 period. Lastly, understanding the reasons behind the decline in low-acuity presentations may be useful for ED crowd management planning in a post-COVID-19 era.

As this was a single-centre study based on the patient profiles at SGH and as the analysis was performed using data collected from the eHINTS database at SGH ED, our findings may not be generalisable to other EDs in Singapore and we do not know whether additional or fewer patients sought treatment at other hospitals. Although this study was not able to prove causation due to the nature of a descriptive analysis, our findings provide first insights on how ED utilisation at SGH changed across different sub-periods of the COVID-19 pandemic, laying out important questions and implications that future studies should address.

5. Conclusions

The COVID-19 pandemic caused a large decline in ED attendances at SGH even amongst those with the highest priority for emergency care. This raises concerns whether patients were delaying critically needed treatment at the ED and whether this resulted in poorer health outcomes. This descriptive analysis revealed distinct ED visit trends across different time periods. A deeper understanding of how patients use healthcare services across different healthcare institutions will guide policymakers on hospital resource planning and allocation in anticipation of worsening COVID-19 situations and in future pandemics.

Supplementary Materials: The following are available online at <https://www.mdpi.com/article/10.3390/covid1040059/s1>, Figure S1: Weekly ED attendance trend for each ‘Non-Fever’ triage group during the pre-COVID-19 and COVID-19 periods.

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