







## Article

# Optimization of a Solid-Phase Extraction Procedure for the Separation of Picrocrocin and Crocins from Saffron Extract

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**Abstract:** Saffron is a spice derived from the flower of *Crocus sativus* used as a flavoring and coloring agent in the food industry which also possesses medicinal properties. In the current study, the optimum Solid Phase Extraction (SPE) conditions for separating picrocrocin and crocins from aqueous saffron extracts were investigated, using Rotatable-Central Composite Design (RCCD) in combination with Response Surface Methodology (RSM). The optimized factors were volume of saffron extract (3 mL), elution solvent (15% v/v ACN/water for picrocrocin; and 50% v/v ACN/water for crocins), and volume of elution solvent (ACN/water) (10 mL). The response factor measured was the UV-Vis absorbance. The presence of picrocrocin and crocins in the solutions obtained from SPE was confirmed using Ultra-Performance Liquid Chromatography Quadrupole Time-of-Flight Mass Spectrometry (UPLC-QToF-MS). The above optimized SPE procedure provides economy in reagents and consumables.

**Keywords:** *Crocus sativus*; picrocrocin; UV-Vis spectroscopy; solid phase extraction; optimization; response surface methodology; saffron; crocins; UPLC-QToF-MS



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## 1. Introduction

Saffron is derived from the dried stigmas of *Crocus sativus* L., a perennial herb, that belongs to the Iridaceae family [1]. It is mainly used as a natural flavoring and coloring agent in the food sector. The key ingredients in saffron are crocins (water-soluble coloring pigments), picrocrocin (a colorless monoterpene glycoside that produces the bitter taste of saffron), and safranal (a cyclical monoterpene aldehyde that produces the saffron aroma) [2,3]. Many studies have investigated the medicinal properties of saffron, and have been found to include cancer-preventive properties [4], nervous system improvements [5,6], cardioprotective qualities [7], and anti-aging effects [8].

The international standard ISO 3632-1:2011 [9] states that the quality of saffron can be evaluated by the absorbance of a 1% aqueous saffron solution at 257 nm for picrocrocin, 330 nm for safranal, and 440 nm for crocins. Crocins are glycosyl and gentiobiosyl esters of crocetin [2]. The quality of saffron's color is largely determined by the crocins content [10]. Consequently, strongly colored saffron samples tend to contain higher levels of crocins, which suggests strong absorption at 440 nm.

Similarly, the strength of saffron's flavor depends on its picrocrocin content. The higher the picrocrocin absorbance at 257 nm, the stronger the saffron flavor [3]. Various analytical

processes have been developed for the examination of the primary components of saffron, in addition to the colorimetric approach suggested by ISO 3632-1:2011. These include the use of high-performance liquid chromatography [11,12], liquid chromatography coupled with mass spectrometric detection [13,14], high-resolution mass spectrometry [15], thin-layer chromatography [16], gas chromatography [17], near-infrared spectroscopy [18], and capillary electrophoresis [19].

Several analytical methodologies have been developed to separate the key constituents of saffron, the most commonly used being solvents such as water, diethyl ether, ethanol, and methanol [15,16,20,21]. Extraction techniques include supercritical fluid extraction [22], microwave-assisted extraction [23], ultrasonic solvent extraction [24], hydrodistillation [24], subcritical water extraction [25], vacuum headspace [11], and microsimultaneous hydrodistillation [26]. The key bioactive elements of saffron must be purified and identified when the extract is obtained. Solid Phase Extraction (SPE) is an effective sample purification technique that targets analytes of interest and results in a cleaner sample. Additionally, it allows for the processing of multiple samples simultaneously [27]. Nonetheless, despite these advantages, the application of SPE in saffron samples is limited to the extraction of flavonoids [28] and picrocrocin [29]. RSM, which considers and assesses the interacting impacts of variables, can be used to optimize SPE parameters. This approach is largely based on the use of mathematics and statistics to determine the ideal response conditions while also minimizing the time required for the analysis [30–32].

Based on the information presented above, this work aims to establish the optimized conditions for separating and simultaneously obtaining the highest UV-Vis absorbance for picrocrocin and crocins from a saffron extract. In line with this, an RCCD was applied alongside RSM. Moreover, Ultra-Performance Liquid Chromatography Quadrupole Time-of-Flight Mass Spectrometry (UPLC-QToF-MS) was used to confirm the presence of picrocrocin and crocins in the obtained SPE solutions.

## 2. Materials and Methods

### 2.1. Samples

Dried red stigmas from saffron (21 samples) were offered by the “Cooperative of Saffron producers, Kozani Greece” and collected from 2018 to 2020. The saffron stigmas were gently ground with a mortar and pestle. One sample was used for the design of experiments and twenty samples were used for the confirmation of the models.

### 2.2. Reagents and Materials

Acetonitrile (ACN) of HPLC-grade and LC-MS grade was purchased from Fisher Scientific Co. (Chicago, IL, USA). Ultra-high purity water was produced using a Genie Water System from RephiLe Bioscience Ltd. (Shanghai, China). C18 SPE cartridges (Isolute® C18(EC), 2 g/15 mL) were supplied by Biotage (Uppsala, Sweden).

### 2.3. Preparation of Extracts

An aqueous extract was prepared by adding 20 mg of ground stigmas in 8 mL of distilled water in a centrifuge tube and sonicated for 10 min in an ultrasound water bath (Bandelin Electronic, RK 255H, Berlin, Germany) at an operating frequency of 35 kHz. Subsequently, the extract was centrifuged for 25 min using a Sigma 3K 18 centrifuge (5000 rpm, T = 4 °C). The supernatant was loaded directly onto the SPE cartridge, which was previously conditioned with 8 mL of ACN and 15 mL of distilled water. After extract loading, the SPE cartridge was washed with 10 mL of distilled water and an appropriate volume of solvent (% *v/v* ACN/water) was used to elute picrocrocin and crocins from the cartridge.

### 2.4. Experimental Design

The experimental design was performed using the Design-Expert trial version 13 software (Stat-Ease, Inc., Minneapolis, MN, USA). A five-level RCCD combined with RSM was

selected for the experimental design. Two RCCD-RSM models were developed with the response variables; absorbance of solutions obtained from SPE, at 257 nm (for picrocrocin) and 440 nm (for crocins), respectively. Moreover, three quantitative factors, A: volume of saffron extract (mL), B: % *v/v* ACN/water, and C: volume of aqueous ACN (mL), were used.

A total of twenty experimental runs in each model were analyzed by a quadratic design domain using a randomly selected saffron sample. The coefficient of determination ( $R^2$ ) and the Analysis Of Variance (ANOVA) were utilized for testing the model's fit. Twenty samples were used as a test set to confirm the robustness of the RSM models. The absorbance at 257 nm and 440 nm was measured using 1.0 cm light path quartz cuvettes in a Cary 60 UV-Vis spectrophotometer (Agilent Technologies, Santa Clara, CA, USA). A dilution with the appropriate solvent ratio of ACN/water (% *v/v*) was performed when the absorbance units of the eluted picrocrocin and crocins were above the linear range of Agilent Cary 60 UV-Vis spectrophotometer.

### 2.5. UPLC-QToF-MS

The mass spectra were recorded on an Agilent 6530 Quadrupole Time of Flight LC-MS system, with an Electrospray Ionization (ESI) source, coupled with Agilent 1290 Infinity UHPLC system and an autosampler (Agilent Technologies, Santa Clara, CA, USA). Compound identification was performed at negative ESI mode. The following QToF conditions were used: drying gas, 10 L/min; gas temperature, 300 °C; fragmentor, 150 V; skimmer, 65 V; capillary voltage, 4000 V; nebulizer gas, 45 psi; acquisition rate, 1 spectra/s (threshold 200 Abs, 0.01% rel.); MS scan range, 50–1500. Nitrogen was used as the collision gas. The QToF-MS system was calibrated before each analysis using a reference solution for scanning up to  $m/z$  1500, and a constant infusion of a reference mass solution in negative ESI mode, with the reference ions 112.9856 and 1033.9881 was also applied during the analysis. The Agilent MassHunter Data Acquisition software (version B.06.00, Santa Clara, CA, USA) was used for data acquisition, whereas the raw data files were processed with Agilent MassHunter Qualitative Analysis software (version B.07.00).

A chromatographic study was performed with a Nucleosil EC C18 (250 mm × 4.6 mm, 5 µm) column (Macherey-Nagel GmbH & Co., Düren, Germany). The mobile phase was (A) ultrapure water–formic acid 0.25% and (B) ACN, with the following gradient: 0 min: 20% B; 5 min: 20% B; 15 min: 80% B; 20 min: 20% B; 30 min: 20% B. The total run time including column equilibration was 30 min. The injection volume was 2 µL and the flow rate was 0.8 mL min<sup>−1</sup>. The column oven temperature was set at 30 °C.

## 3. Results and Discussion

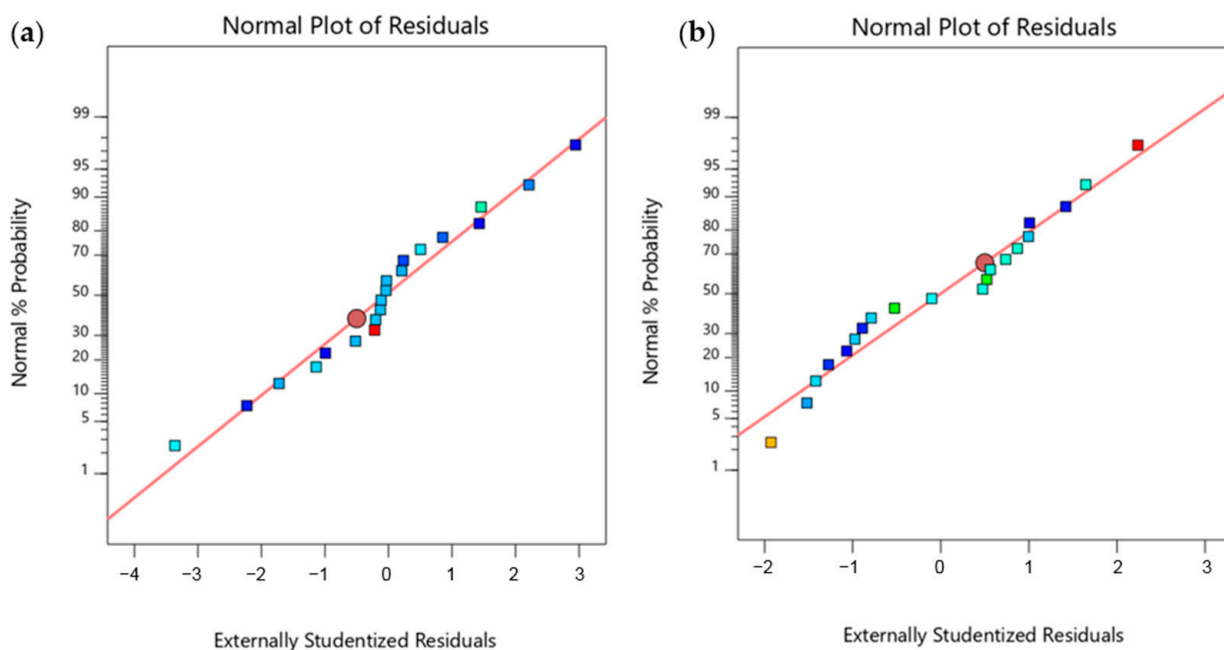
### 3.1. RCCD-RSM Models

RCCD are usually preferred over other designs such as Face-Centered Central Composite Designs or Box-Behnken designs, as they can provide a consistent prediction of variation at all points that are equidistant from the center point. Consequently, RCCD was the preferred choice in the current study. Combined with RSM, RCCD can provide useful information about the relationship between experimental factors and responses and also optimize the response [33,34]. In order to optimize the SPE conditions of picrocrocin and crocins, two five-level RCCD-RSM were performed with twenty experimental runs (Tables S1 and S2). SPE optimization studies on other matrices have identified that the sample volume and the volume of solvent used for the elution of compounds from the SPE cartridge were considered significant factors [35,36]. Additionally, the ratio of ACN/water (% *v/v*) was considered important in this study based on preliminary experiments and a previous report on picrocrocin extraction [29]. Therefore, the chosen parameters for optimization in the current study were A: volume of saffron extract (mL), B: % *v/v* ACN/water, and C: volume of ACN/water (mL).

To optimize the extraction conditions of picrocrocin, the sample volume of aqueous saffron extract was set from 1 to 3 mL (factor A), the (% *v/v*) ACN/water from 10 to 15%

(factor B), and the volume of aqueous ACN from 10 to 30 mL (factor C). For crocins, factor B ranged from 25 to 50% (*v/v*) ACN/water. The RCCD design resulted in twenty different experiments which included eight factorial points, six axial points, and six center points with the value of  $\alpha = 1.68$  (Tables S1 and S2).

Upon completion of the experiments, it was observed that the ratio of the maximum value to the minimum value of the responses was greater than ten, indicating that a transformation of the response values should be applied [37]. Therefore, inverse square root and square root transformations of the responses were applied for picrocrocin and crocins, respectively, as suggested by the Box-Cox method [37,38]. After the transformation of the responses, the residuals in the normal probability plot followed a regular distribution (Figure 1).



**Figure 1.** Normal plot of residuals for (a) picrocrocin and (b) crocins.

The data acquired by the RCCD were generated into a response function quadratic model expressed by the coded equation (1) for picrocrocin, and (2) for crocins:

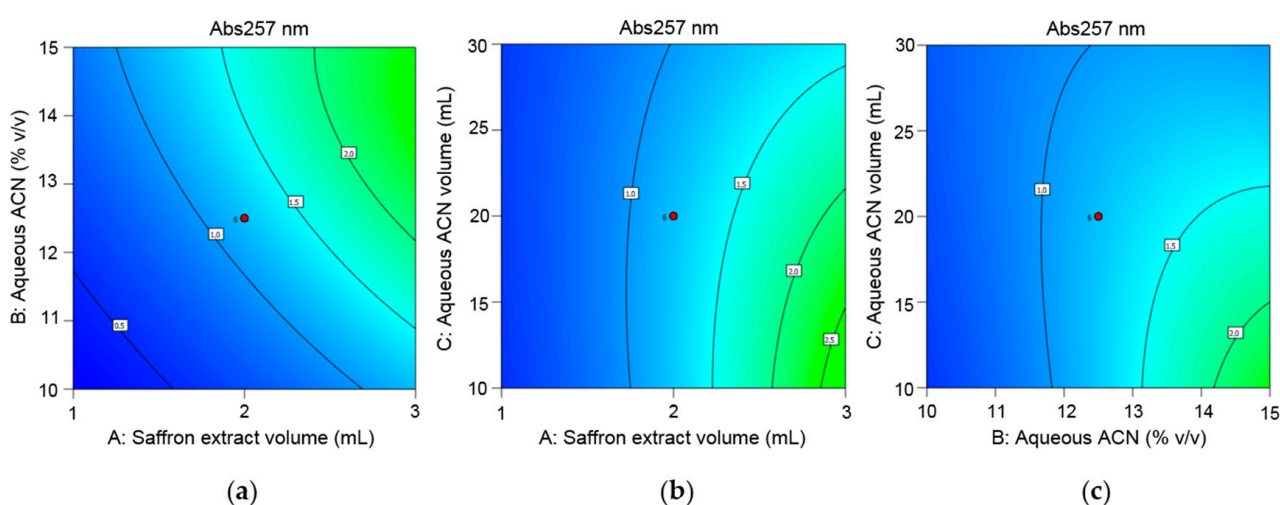
$$Y1 = 0.9299 - 0.3066 A - 0.2216 B + 0.0474 C + 0.0863 AB + 0.0695 AC + 0.1212 BC + 0.0834 A^2 + 0.0941 B^2 + 0.0319 C^2 \quad (1)$$

$$Y2 = 2.2256 + 0.6687 A + 0.2943 B - 0.5523 C + 0.0015 AB - 0.1935 AC - 0.1064 BC - 0.1143 A^2 - 0.2027 B^2 + 0.2611 C^2 \quad (2)$$

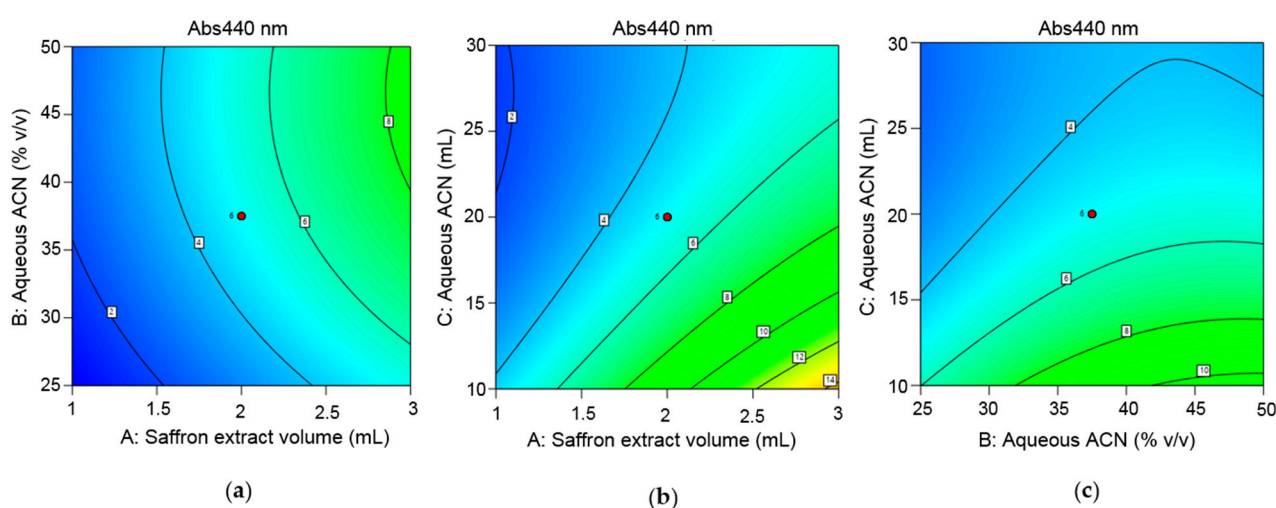
where Y1 is the  $1/\text{Sqrt}(\text{Abs}_{257 \text{ nm}})$ , Y2 is the  $\text{Sqrt}(\text{Abs}_{440 \text{ nm}})$ , whereas A, B, and C are the coded values of volume of aqueous saffron extract (mL), (% *v/v*) ACN/water, and volume of aqueous ACN (mL) used for the elution, respectively. The inspection of the residual plots of both models did not reveal any suspicious pattern that would put the results of the analysis into question.

Analysis of Variance (ANOVA) was applied to confirm the adequacy of the quadratic models (Tables S3 and S4). Both models were significant, with a *p*-value < 0.0001. The high values of the coefficients of determination ( $R^2 = 0.962$ ,  $R^2(\text{adj}) = 0.927$  and  $R^2(\text{pred}) = 0.705$  for the picrocrocin model and  $R^2 = 0.967$ ,  $R^2(\text{adj}) = 0.937$  and  $R^2(\text{pred}) = 0.793$  for the crocin model) suggest that the models fit the data well. However, differences were observed in the effects of the factors on the responses. Factors A: saffron extract volume (mL) and B: % *v/v* ACN/water had a significant effect (*p*-value < 0.0001) on the absorbance of picrocrocin SPE solutions at 257 nm. In addition, interactions AB, BC, and quadratic  $A^2$  and  $B^2$  were

significant terms (Table S3). For the crocins model, all three factors had a significant effect on the response with interaction AC, and quadratic terms  $B^2$  and  $C^2$  were also significant (Table S4). Based on the ANOVA results, factors A: saffron extract volume (mL) and B: %  $v/v$  ACN/water were important with a significant effect on the responses of both models. Meanwhile, factor C: elution volume was significant only for the crocins model. Research studies regarding the optimization of SPE conditions by RSM are limited [35,36,39]. In an SPE optimization study for the pretreatment of estrogens in sewage [35], the elution volume was reported as the most important factor for the optimization. The sample volume has also been evaluated as a significant parameter in the SPE optimization for the determination of ibuprofen in water [36]. The shape of each response surface is useful when identifying the optimal settings of the factors in order to maximize the response of interest, and can be revealed from the contour plots. This is presented in Figure 2 for the picrocrocin model (absorbance at 257 nm), and in Figure 3 for the crocins model (absorbance at 440 nm).



**Figure 2.** Contour plots of (a) volume of saffron extract (mL) and %  $v/v$  aqueous ACN, (b) volume of saffron extract (mL) and aqueous ACN volume (mL), (c) %  $v/v$  aqueous ACN and aqueous ACN volume (mL), for picrocrocin model.



**Figure 3.** Contour plots of (a) volume of saffron extract (mL) and %  $v/v$  aqueous can, (b) volume of saffron extract (mL) and aqueous ACN volume (mL), (c) %  $v/v$  aqueous ACN and aqueous ACN volume (mL), for crocins model.

It is evident from Figure 2 that the absorbance of picrocrocin at 257 nm increases when saffron extract volume increases to 3 mL, %  $v/v$  ACN/water increases to 15%, and the

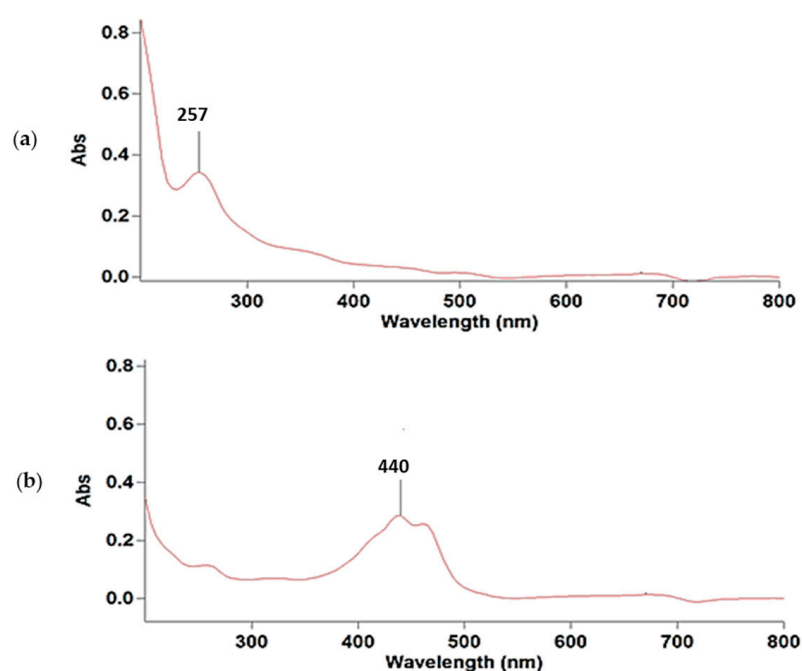


volume of aqueous ACN necessary for the elution of picrocrocin from the SPE cartridge is close to 10 mL. An increase in the volume of aqueous ACN above 10 mL results in a gradual decrease in the response.

Similarly, for crocins, Figure 3 shows that the absorbance increases as the volume of aqueous ACN used for the elution of crocins decreases to 10 mL. The absorbance also increases with an increasing extract volume close to 3 mL and when the % *v/v* ACN/water reaches 50%.

Therefore, the optimum SPE conditions suggested by the models were A: 3 mL, B: 15% ACN/water (*v/v*) for picrocrocin and 50% ACN/water (*v/v*) for crocins, and C: 10 mL (the same conclusions were reached after fitting several models using a different but acceptable transformation of the response). The above-optimized formulation reduces the use of reagents and consumables since it is performed in a single SPE cartridge, using the minimum volume of ACN/water solvent to separate and obtain picrocrocin and crocins.

After establishing the optimum SPE conditions, a test set comprised of 20 saffron samples was used for the validation of both models. According to the above-optimized conditions, 3 mL of the saffron aqueous extract was loaded onto a previously conditioned SPE cartridge. Picrocrocin was eluted from the cartridge using 10 mL of 15% ACN/water (*v/v*), and its presence was confirmed with a UV-Vis spectrophotometer (Figure 4a). Subsequently, 10 mL of 50% ACN/water (*v/v*) was used for the elution of crocins from the SPE cartridge (Figure 4b). The obtained absorbance of the picrocrocin and crocin SPE solutions is presented in Table 1.



**Figure 4.** UV-Vis spectra of (a) picrocrocin solution obtained from SPE with 15% ACN/water (*v/v*), (b) crocins solution obtained from SPE with 50% ACN/water (*v/v*).

**Table 1.** Absorbance values of picrocrocin at 257 nm and crocin solutions at 440 nm, obtained under the optimized SPE conditions from twenty saffron samples.

Sample	Sample Code	Harvest Year	Absorbance at 257 nm <sup>1</sup>	Absorbance at 440 nm <sup>2</sup>
1	Standard 24	2018	1.085	0.771
2	Standard 20	2018	1.031	0.658
3	Extra 25	2018	1.181	0.759
4	Extra 20	2018	0.654	0.748

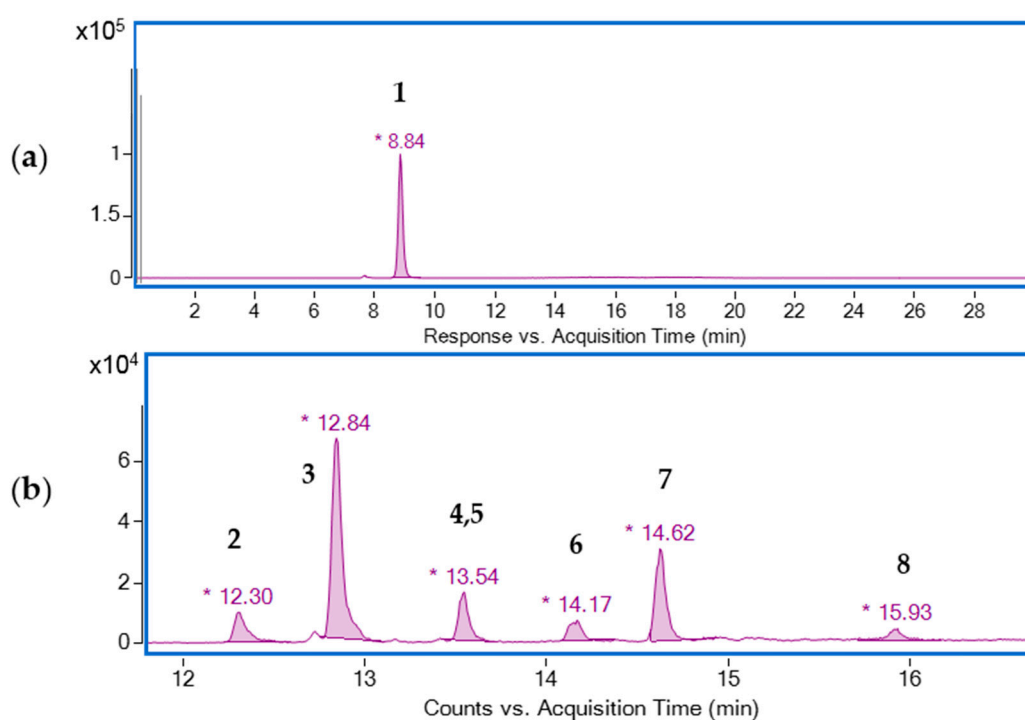
Table 1. Cont.

Sample	Sample Code	Harvest Year	Absorbance at 257 nm <sup>1</sup>	Absorbance at 440 nm <sup>2</sup>
5	Extra 21	2018	1.495	0.713
6	Extra 22	2018	1.449	0.618
7	Extra 23	2018	0.635	0.720
8	Bio EU 4	2018	1.837	0.538
9	Extra Bio EU 7	2018	0.640	0.618
10	Extra Bio EU 17	2018	1.279	0.671
11	Bio EU 11	2019	0.768	0.870
12	Standard 14	2019	0.816	0.575
13	Extra Bio EU 9	2019	0.797	0.853
14	Bio EU 10	2019	0.755	0.872
15	Extra Bio EU 6	2019	0.614	0.667
16	Standard 10	2019	1.047	0.834
17	Bio Suisse 11	2019	1.284	0.756
18	Standard 7	2019	0.856	0.660
19	Extra Bio EU 13	2019	0.964	0.795
20	Extra 12	2019	0.578	0.748

<sup>1</sup> A dilution factor of 5 has been applied; <sup>2</sup> A dilution factor of 20 has been applied.

### 3.2. UPLC-QToF-MS Analysis

Solutions obtained by SPE were further analyzed by UPLC-QToF-MS. High-resolution time-of-flight mass spectrometry is widely acknowledged to enable accurate target analysis and screening of phytoconstituents. The main advantage of this technique is that it is extremely selective because it measures the exact mass of a compound, allowing even minor structural alterations to be identified [40]. Analysis of SPE solutions was performed in negative ion electrospray ionization. From the analysis of the SPE solution obtained with 15% ACN/water (*v/v*), picrocrocin was tentatively identified as  $[M - H + HFA]^-$  adduct. This compound was observed at retention time (r.t.) 8.84 min (Figure 5a) with an  $m/z$  375.1653 ( $\Delta -0.53$  ppm) (Figure S1).



**Figure 5.** Extracted ion chromatograms of (a) picrocrocin, (b) crocins, in negative (−ESI) mode. Peak numbers correspond to compounds of Table 2. \* retention time.

Crocins are carotenoid pigments that are classified as diterpenoids, a class of natural products formed by four C5 isoprene units. Seven crocins, including *cis* and *trans* isomers, were tentatively identified in the present study from the UPLC-QToF-MS analysis of the SPE solution obtained with 50% ACN/water (*v/v*). Tarantilis et al. [12] reported that the *cis* isomers of crocins display an absorption band at 325 nm which is attributed to the *cis* double bonds of the polyene-conjugated system of crocins. The *cis* isomers also display an absorption band in the visible region at 440 nm. However, the *trans* isomers of crocins only exhibit an absorption band at 440 nm, which is typical of all-*trans*-carotenoids. In general, *trans* isomers are more polar than *cis* isomers. Therefore, the isomers of crocins in the current study were identified based on their high-resolution mass spectra, their r.t., and the UV-Vis information provided by the diode-array detector of the UPLC-QToF-MS operated at three wavelengths (257, 330, 440 nm).

From the study of the obtained high-resolution mass spectra, it was observed that crocins formed  $[M - H + HFA]^-$  adducts (Table 2 and Figure S1), confirming previous literature reports [13,41].

**Table 2.** Compounds identified by LC-Q-TOF/MS in picrocrocin and crocin solutions obtained from SPE.

Peak Number	Compound <sup>1</sup>	Chemical Formula	Retention Time (min)	Theoretical Mass ( <i>m/z</i> ) [M – H + HFA] <sup>–</sup>	Observed Mass ( <i>m/z</i> ) [M – H + HFA] <sup>–</sup>	Mass Error (ppm)
1	Picrocrocin	C <sub>16</sub> H <sub>26</sub> O <sub>7</sub>	8.84	375.1661	375.1653	–0.53
2	Crocin 4 ( <i>trans</i> 4GG)	C <sub>44</sub> H <sub>64</sub> O <sub>24</sub>	12.30	1021.3769	1021.3771	–0.20
3	Crocin 3 ( <i>trans</i> 3Gg)	C <sub>38</sub> H <sub>54</sub> O <sub>19</sub>	12.84	859.3241	859.3230	1.28
4	Crocin 2 ( <i>trans</i> 2G)	C <sub>32</sub> H <sub>44</sub> O <sub>14</sub>	13.54	697.2713	697.2708	0.72
5	Crocin 4 ( <i>cis</i> 4GG)	C <sub>44</sub> H <sub>64</sub> O <sub>24</sub>	13.55	1021.3769	1021.3798	–2.30
6	Crocin 3 ( <i>cis</i> 3Gg)	C <sub>38</sub> H <sub>54</sub> O <sub>19</sub>	14.17	859.3241	859.3244	–0.35
7	Crocin 2 ( <i>cis</i> 2G)	C <sub>32</sub> H <sub>44</sub> O <sub>14</sub>	14.62	697.2713	697.2702	1.58
8	Crocin 1 ( <i>cis</i> 1g)	C <sub>26</sub> H <sub>34</sub> O <sub>9</sub>	15.93	535.2184	535.2184	0

<sup>1</sup> Nomenclature of crocins is according to literature [42]. (G) corresponds to gentiobiose and (g) to glucose.

Crocin 4 is crocetin esterified with one unit of the disaccharide gentiobiose at each end of the molecule. Two isomers of crocin 4 (crocetin di(β-D-gentiobiosyl)ester) were detected. The *trans* isomer of crocin 4 was identified at r.t. 12.30 min with an absorption band at 440 nm and an *m/z* 1021.3771 (Δ –0.20 ppm). The *cis* isomer of crocin 4 was detected at r.t. 13.55 with a UV-Vis absorption band at 325 nm and 440 nm and *m/z* 1021.3798 (Δ –2.30 ppm). The *trans* isomer of crocin 4 has demonstrated a potent effect in suppressing key molecular pathways of Alzheimer's disease pathogenesis [43].

Crocin 3 is crocetin which is esterified at one end with one unit of gentiobiose and one unit of glucose at the other end. Two isomers of crocin 3 (crocetin (β-D-glucosyl)-(β-D-gentiobiosyl)ester) were identified. The *trans* isomer was detected at r.t. 12.84 min with an *m/z* 859.3230 (Δ 1.28 ppm) and an absorption band at 440 nm, whereas the *cis* isomer of crocin 3 was found at r.t. 14.17 with an *m/z* 859.3244 (Δ –0.35 ppm). The *cis* isomer showed a UV-Vis absorption band at 325 nm and 440 nm.

Crocin 2 (crocetin (β-D-gentiobiosyl)ester) is crocetin which is esterified at one end with one unit of the disaccharide gentiobiose and a carboxylic group at the other. The *trans* isomer of crocin 2 was detected at r.t. 13.54 min with an *m/z* 697.2708 (Δ 0.72 ppm). Crocins *trans* 2G and *cis* 4GG were co-eluted in one chromatographic peak (peaks 4, 5 in Figure 5b) at a retention time of 13.54, which has been also reported by Lech et al. [13]. The *cis* isomer of crocin 2 was detected at r.t. 14.62 with an *m/z* 697.2702 (Δ 1.58 ppm) and a UV-Vis absorption band at 325 nm and 440 nm.

Crocin 1 (crocetin (β-D-glucosyl)ester), is crocetin esterified at one end with one unit of glucose and a free carboxylic group at the other. The *cis* isomer of crocin 1 was detected at r.t. 15.93 min with an *m/z* 535.2184 (Δ 0 ppm) and a UV-Vis absorption band at 325 nm and 440 nm.

It was observed that the *trans* isomer of crocin 3 was the most abundant followed by the *cis* isomer of crocin 2 (Figure 5b). The crocins profile was in accordance with previous



studies [12,44,45]. In a study of Greek saffron originating from the Kozani prefecture, it was reported that the *cis* isomer of crocin 3 was the most abundant [15], whereas in Iranian saffron, the *trans* isomers of crocin 4 and crocin 3 had the highest concentrations [46]. This diversity could be attributed to the differences in geographical and bioclimatic distribution [47].

#### 4. Conclusions

The optimum SPE conditions for the separation of picrocrocin and crocins from saffron aqueous extract were established, considering as response factor the UV-Vis absorbance of the specific compounds (257 nm and 440 nm, for picrocrocin and crocins, respectively). For the optimization, a central composite design-response surface methodology was applied with the following factors: A: volume of aqueous saffron extract (mL), B: elution solvent (% *v/v* ACN/H<sub>2</sub>O), and C: volume of elution solvent (mL). The optimum SPE conditions suggested by the models were A: 3 mL, B: 15% for picrocrocin and 50% for crocins, and C: 10 mL. UPLC-QToF-MS analysis of SPE solutions obtained under the optimized conditions confirmed the presence of picrocrocin and crocins *trans* 4GG, *trans* 3Gg, *trans* 2G, *cis* 4GG, *cis* 3Gg, *cis* 2G, and *cis* 1g. The suggested optimized SPE procedure can be considered cost-effective for obtaining picrocrocin and crocins for the qualitative evaluation of saffron.

**Supplementary Materials:** The following supporting information can be downloaded at: <https://www.mdpi.com/article/10.3390/compounds3010019/s1>, Figure S1: Mass spectra of (a) *trans* 4GG; (b) *trans* 3Gg; (c) *trans* 2G; (d) *cis* 4GG; (e) *cis* 3Gg; (f) *cis* 2G; (g) *cis* 1g; (h) picrocrocin. Table S1: Rotatable central composite design for the three independent experimental factors (A, B, and C) along with the experimental values of the response (absorbance of picrocrocin at 257 nm); Table S2: Rotatable central composite design for the three independent experimental factors (A, B, and C) along with the experimental values of the response (crocins absorbance at 440 nm); Table S3: Analysis of variance results for the experimental design of picrocrocin model; Table S4: Analysis of variance results for the experimental design of crocins model.

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