

The “6B” Strategy: Build Back a Better Blood–Brain Barrier

Laurent Calvier ^{1,2,*} , Anna E. Alexander ^{1,2} and Joachim Herz ^{1,2,3,4}

¹ Department of Molecular Genetics, University of Texas (UT) Southwestern Medical Center, Dallas, TX 75390, USA

² Center for Translational Neurodegeneration Research, University of Texas (UT) Southwestern Medical Center, Dallas, TX 75390, USA

³ Department of Neuroscience, University of Texas (UT) Southwestern Medical Center, Dallas, TX 75390, USA

⁴ Department of Neurology and Neurotherapeutics, University of Texas (UT) Southwestern Medical Center, Dallas, TX 75390, USA

* Correspondence: calvier.laurent@gmail.com

Abstract: Under pathological conditions such as multiple sclerosis (MS), leukocytes infiltrate the central nervous system where they, in concert with activated microglia, promote inflammatory demyelination resulting in a broad spectrum of symptoms, including paralysis. Therefore, all current therapeutic approaches to MS target the immune system, blocking inflammation and paralysis progression, but may compromise the immune system. In this focused review, we present an underestimated compartment, the blood–brain barrier, which is compromised during MS and becomes permeable to leukocytes infiltrating the central nervous system. This barrier has the potential to offer new therapeutic strategies and is easily accessible for drugs. We highlight this paradigm using the example of the therapeutic anti-Reelin strategy we have developed. Reelin is a plasma protein that regulates the expression of adhesion markers on the endothelial surface, thus promoting the infiltration of inflammatory cells and propagating inflammation. Building Back a Better Blood–Brain Barrier (the “6B” strategy) may have advantages compared to actual immunosuppressive drugs because it restores a physiological function rather than suppressing the immune system.

Keywords: multiple sclerosis; EAE; blood-brain barrier; endothelium; endothelial cell; leukocyte; neuroinflammation; adhesion protein; Natalizumab; Reelin



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1. Introduction

Chronic inflammation and excessive recruitment of circulating leukocytes is an early event and a key mechanism in several pathologies, including autoimmune diseases. Multiple sclerosis (MS) is a typical example of this disorder when unbalanced recruitment and activation of circulating immune cells lead them into the central nervous system (CNS) where they attack the myelin sheath that insulates nerve fibers, eventually causing paralysis [1–6]. Approximately 85% of patients affected by MS present a relapsing–remitting disease form, characterized by alternating episodes of neurological disability (relapses or attacks) followed by complete or partial recovery of symptoms [7]. Approximately two-thirds of these patients will eventually make a transition to secondary progressive MS within two decades after initial onset [8]. On the other hand, approximately 10% of MS patients present a primary progressive MS form with gradual worsening of the neurological disability [7]. Although substantial progress has been made in the development of effective treatments over the past two decades for relapsing–remitting MS [9], no convincingly effective therapies exist for progressive forms of MS (primary and secondary) [10,11].

With an immune system going out of control and attacking healthy tissue, logically, all the available MS therapies directly target this immune response (Figure 1) to dampen neuroinflammation and associated adverse effects [5]. As expected, these immune-suppressing therapies have yielded tremendous progress for relapsing–remitting MS, slowing down the

relapses, but it appears that they are reaching a glass ceiling. Despite the approval of almost twenty drugs targeting the cellular immune system, three challenges remain: (i) paralysis can hardly be reversed, (ii) effective therapies are lacking for progressive forms of MS, and (iii) immunotherapeutic interventions may compromise the immune system [12,13]. For example, Natalizumab is an antibody widely used in clinics that binds to $\alpha 4$ -integrin and prevents their interaction with receptors on the endothelium such as vascular cell adhesion molecule 1 (VCAM-1) [14,15]. Natalizumab appears to indiscriminately abolish the ability of leukocytes to adhere and access the CNS. While this drug has striking results in decreasing the number of relapses, it also blocks physiological diapedesis and is associated with a high risk for progressive multifocal leukoencephalopathy caused by reactivation of the John Cunningham (JC) virus, resulting in a fatal viral infection of the brain [16]. Therefore, identifying optimal, non-immunosuppressive therapies for all forms of MS continues to constitute a major unmet need for patients [17].

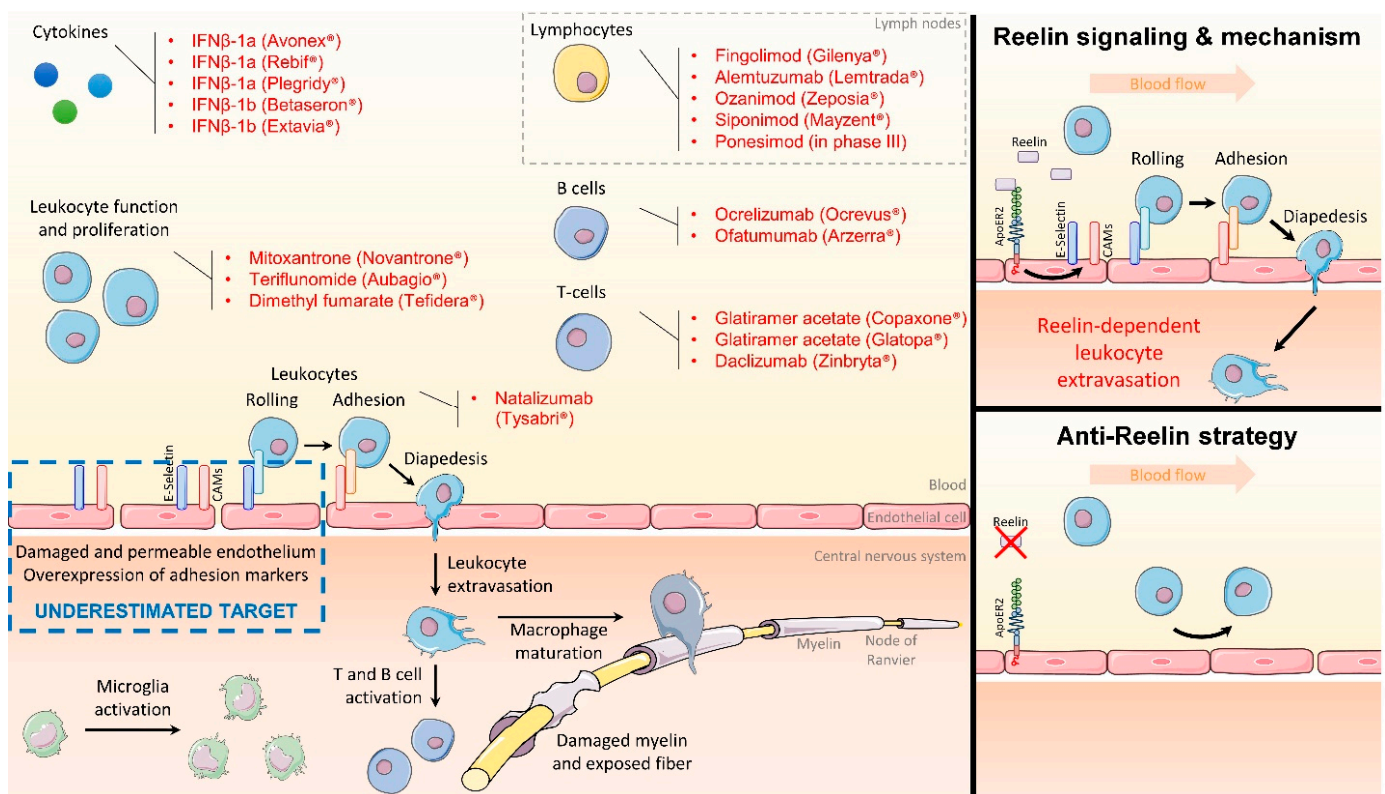


Figure 1. MS therapeutic targets and therapeutic opportunities. The left panel lists the presently used MS drugs that target the immune system while therapeutic opportunities of targeting the blood–brain barrier appear undervalued. The right panels illustrate how plasma Reelin controls the expression of endothelial adhesion proteins via activation of its receptor ApoER2, which induces NF- κ B signaling.

2. Targeting the Endothelial Function to Block Inflammation

To identify new targets, it may appear counterintuitive, but innovative, to step back from immunotherapies and explore other MS components. While the CNS is difficult to access for drugs due to the blood–brain barrier (BBB), the vascular barrier itself is the last key compartment for neuroinflammation. Under normal conditions, this endothelial wall effectively regulates the passage of immune cells into the CNS. However, under inflammatory conditions such as MS, this barrier is compromised, becoming more adhesive and permeable, which dramatically increases leukocyte rolling, adhesion, and infiltration [1,18]. This BBB breakdown hypothesis is supported by a substantial body of radiological and pathological clinical evidence. BBB leakage has been observed in MS patients by Gadolinium-enhancing lesions on MRI as well as by fibrinogen (a plasma

protein) deposition in developing lesions [19,20]. On the cellular level, tight-junction abnormalities are also seen in endothelial cells around active lesions, which is a hallmark of a permeable endothelium [20]. This results in increased infiltration of leukocytes into the CNS as demonstrated in the postmortem MS brain [20]. Based on this new paradigm, restoring this BBB would prevent leukocyte infiltration into the CNS without targeting and dampening the immune system.

During inflammation, endothelial cells overexpress on their surface “rolling” proteins such as E-selectin and adhesion proteins such as intercellular adhesion molecule 1 (ICAM-1) or VCAM-1, massively increasing the number of leukocytes patrolling the vessel wall and infiltrating the surrounding tissues [21–23]. Natalizumab has proven that total obliteration of only one adhesion protein on leukocytes is very effective, but it also disrupts basic diapedesis function [5,12,14,15]. Learning from this flaw to identify the next game changer and to preserve this physiological function, dampening the expression of a large set of adhesion molecules back to a physiologically normal baseline level may be a superior strategy. In this respect, Reelin may be a potential target that fulfills these criteria. Initially recognized only for its role in guiding neurons during brain development and as a synaptic homeostatic regulator [24–28], it has recently been recognized for a previously unknown non-neuronal function as an NF- κ B activator in the vasculature.

3. Reelin Inhibition Protects the Endothelial Function and Presents Clinical Potential

In human aortic endothelial cells, adhesion and permeability are largely regulated via NF- κ B pathway activation [29]. NF- κ B target genes include adhesion molecules such as E-selectin, ICAM-1, or VCAM-1, but also cytokines and chemokines. Interestingly, it has been demonstrated in human aortic endothelial cells that Reelin activates NF- κ B and thereby controls the expression of its target genes, especially adhesion molecules [30–32], via its membrane receptor apolipoprotein E receptor 2 (ApoER2) [30], a member of the LDLR family [33]. Accordingly, it has been shown that Reelin promotes leukocyte adhesion to endothelial cells and that Reelin-blocking antibodies can prevent this adhesion, *in vitro* using an adhesion assay with human aortic endothelial cells and human monocytes U937 and *in vivo* by intravital microscopy on mesenteric vessels [30–32]. Using autoimmune encephalomyelitis (EAE) as a murine MS model, both genetic deletion of either Reelin or its receptor ApoER2, as well as pharmacological (antibody-mediated) Reelin depletion substantially reduce paralysis progression [32,34]. In all these models, Reelin or ApoER2 depletion normalizes the expression of vascular adhesion markers in the CNS, consequently decreasing leukocyte infiltration, demyelination, and paralysis.

In a proof-of-concept study, we have demonstrated that administration of a Reelin-neutralizing antibody given at the onset of EAE symptoms results in diminished neuroinflammation, paralysis, and improved recovery [32]. Importantly, the antibody depletes Reelin from circulation, but not from the CNS due to the blood–brain barrier, thus preserving the neurophysiological functions of Reelin in the brain. In addition, there is considerable genetic and biochemical evidence that supports the relevance of anti-Reelin therapy in humans. In two independent genomewide association studies [35,36], Reelin single-nucleotide polymorphisms were found to be associated with MS severity score. Finally, in serum from MS patients, Reelin concentration was increased during relapse but returned to baseline levels during remission phases [32].

The discrimination of Reelin’s functions in the CNS versus circulation is a relatively new finding and some uncertainties remain, requiring additional studies. For example, the source of plasma Reelin expression is not well-understood. Reelin is expressed in the CNS by the neurons; however, it is unlikely that it leaks from there (or the cerebrospinal fluid) into circulation in significant amounts. To confirm this, we have previously shown that we can deplete Reelin from plasma by injecting Reelin^{fl/fl} mice through the tail vein with an adenovirus expressing Cre recombinase (Ad-Cre) [30]. Immunoblot analysis demonstrated efficient and specific ablation of Reelin from plasma but not from the brain. In the literature, the liver and especially the hepatic stellate cells are believed to be the

main source of peripheral Reelin [30,37–40]; we challenge this paradigm as we have not observed an increased expression in hepatic Reelin mRNA expression matching plasma Reelin accumulation during EAE (data not shown). In addition, Reelin expression has been reported in lymphatic vessels [41] but remains unknown in the specific glymphatic system. Therefore, plasma Reelin secretory cells during neuroinflammation remain to be determined.

4. Conclusions and Perspectives

The “6B” strategy—an acronym for Building Back a Better Blood–Brain Barrier—that we are proposing here stands out from previous approaches by restoring the endothelial barrier and targeting a broad range of adhesion proteins. As illustrated in Figure 1, targeting plasma Reelin allows the regulation of vascular permeability to devise an alternative endothelial-specific tunable approach for the treatment of MS. In addition, studying the function of Reelin in the plasma unexpectedly revealed a novel mechanism and illustrated how the organism reuses a neuronal guidance molecule (Reelin) crucial for normal brain development to “guide” leukocytes into the perivascular space during inflammatory processes by modulating extravasation. These recent findings establish a new paradigm for the role of guidance molecules across different functions and cell types, with far-reaching implications for several chronic inflammatory diseases aside from MS, such as Alzheimer’s disease, arthritis, atherosclerosis [30,31], or potentially Crohn’s disease. Besides Reelin, other targets can be used to modulate the BBB properties, either from the same LDLR ligand/receptor family [33] such as the LDL receptor related protein 1 (LRP1) [42,43], or outside of this family such as the peroxisome proliferator activated receptor γ (PPAR γ) [44–49].

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