Supplementary Table S1. Comparison between participants included and excluded from this study.

	All (N=996)	Included (N=669)	Excluded (due to missing data of frailty and metabolic syndrome) (N=327)	P-values
Age (years)	71.74 ± 8.61	71.11 ± 8.55	73.03 ± 8.61	<0.001
Female	598 (60.0%)	403 (60.2%)	195 (59.6%)	0.854
Body mass index (kg/m^2)	21.80 ± 3.28	21.77 ± 3.43	21.86 ± 2.97	0.668
Low education	239 (24.1%)	166 (24.8%)	73 (22.5%)	0.430
Malnutrition (MNA ≤7)	68 (7.3%)	57 (8.7%)	11 (4.0%)	0.012
Having history of hospitalization in the past year	472 (48.2%)	304 (45.9%)	168 (52.8%)	0.043
Comorbidities:				
Charlson Comorbidity Index	1.52 ± 1.24	1.51 ± 1.21	1.54 ± 1.30	0.781
Hypertension	521 (52.3%)	318 (47.5%)	203 (62.1%)	<0.001
Diabetes	195 (19.6%)	133 (19.9%)	62 (19.0%)	0.731
Myocardial infarction	26 (2.6%)	18 (2.7%)	8 (2.4%)	0.821
Heart failure	24 (2.4%)	10 (1.5%)	14 (4.3%)	0.007
Stroke	36 (3.6%)	25 (3.7%)	11 (3.4%)	0.767
Peripheral vascular disease	49 (4.9%)	30 (4.5%)	19 (5.8%)	0.364
Chronic kidney disease	480 (54.4%)	354 (53.5%)	126 (57.0%)	0.360
Chronic obstructive pulmonary disease	318 (31.9%)	251 (37.5%)	67 (20.5%)	<0.001
Cancer	15 (1.5%)	10 (1.5%)	5 (1.5%)	0.967
Dementia	6 (0.6%)	4 (0.6%)	2 (0.6%)	0.979

Continuous data are presented as mean ± standard deviation. Categorical data are shown as n (%). MNA, Mini Nutritional Assessment.