Supplementary Material

Solid-state ²H NMR Study for Deuterated Phenylene Dynamics in a Crystalline Gyroscope-like Molecule

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Figure S1: ¹H NMR spectrum of deuterated gyroscope-like molecule $1 - d_4$.



Figure S2: 13 C NMR spectrum of deuterated gyroscope-like molecule 1- d_4 .



Figure S3: HRMS spectrum of deuterated gyroscope-like molecule $1 - d_4$.



Figure S4: ¹H NMR spectrum of $2 - d_4$.



Figure S5: ¹³C NMR spectrum of $2 - d_4$.



Figure S6: HRMS spectrum of $2 - d_4$.



Figure S7: ¹H NMR spectrum of $3 - d_4$.



Figure S8: 13 C NMR spectrum of 3- d_4 .



Figure S10: ¹H NMR spectrum of $4 - d_4$.



Figure S12: HRMS spectrum of $4 - d_4$.