

Article

Low-Energy Coulomb Excitation for the Shell Model

Marco Rocchini ^{1,*}  and Magda Zielińska ² ¹ Department of Physics, University of Guelph, Guelph, ON N1G 2W1, Canada² IRFU, CEA, Université Paris-Saclay, F-91191 Gif-sur-Yvette, France; magda.zielinska@cea.fr

* Correspondence: mrocchin@uoguelph.ca

Abstract: Low-energy Coulomb excitation is capable of providing unique information on static electromagnetic moments of short-lived excited nuclear states, including non-yrast states. The process selectively populates low-lying collective states and is, therefore, ideally suited to study phenomena such as shape coexistence and the development of exotic deformation (triaxial or octupole shapes). Historically, these experiments were restricted to stable isotopes. However, the advent of new facilities providing intense beams of short-lived radioactive species has opened the possibility to apply this powerful technique to a much wider range of nuclei. The paper discusses the observables that can be measured in a Coulomb-excitation experiment and their relation to the nuclear structure parameters with an emphasis on the nuclear shape. Recent examples of Coulomb-excitation studies that provided outcomes relevant for the Shell Model are also presented.

Keywords: nuclear structure; low-energy Coulomb excitation; Shell Model



Citation: Rocchini, M.; Zielińska, M. Low-Energy Coulomb Excitation for the Shell Model. *Physics* **2021**, *3*, 1237–1253. <https://doi.org/10.3390/physics3040078>

Received: 7 August 2021

Accepted: 28 September 2021

Published: 15 December 2021

Publisher's Note: MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Copyright: © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

1. Introduction

Among the multitude of experimental techniques used in nuclear-structure physics, low-energy Coulomb excitation is one of the oldest and, still to this day, one of the most widely employed. The reason for its success is twofold. On the one hand, this technique requires ion beams with relatively low energy (a few MeV per nucleon) and the large cross sections of the Coulomb-excitation process can compensate for low beam intensity. For these reasons, it was widely used for experimental nuclear-structure studies in their early days and, at present, leads the way at new-generation radioactive ion beam (RIB) facilities. On the other hand, low-energy Coulomb excitation is particularly sensitive to nuclear collective properties, such as the shape. Specifically, this method can be used to determine reduced transition probabilities between low-lying states and their spectroscopic quadrupole moments. As it relies on the well-known electromagnetic interaction, all these observables can be extracted in a model-independent way. Furthermore, the unique and model-independent information on relative signs of $E2$ matrix elements, achievable solely with this technique, makes it possible to link transitional and diagonal $E2$ matrix elements to Hill–Wheeler parameters (β_2, γ) describing a quadrupole shape, via non-energy weighted quadrupole sum rules [1]. Hence, low-energy Coulomb excitation constitutes a powerful tool to study phenomena such as shape coexistence, shape transitions, superdeformation, and octupole collectivity (see [2–4] for recent examples).

This paper aims to outline how the results of low-energy Coulomb-excitation measurements can be used to benchmark the Shell Model and inspire further theoretical developments. In the next Section the method is briefly introduced, and first-order and higher-order effects, giving rise to sensitivity to transitional and diagonal electromagnetic matrix elements, are discussed. The following Section presents examples of low-energy Coulomb-excitation experiments that provided outcomes particularly relevant for the Shell Model. The aim of this paper is not to provide a comprehensive review of low-energy Coulomb-excitation studies, as these can be found elsewhere (see, for instance, [5,6]).

2. Basics of Low-Energy Coulomb Excitation

Coulomb excitation is an inelastic scattering process, in which the two colliding nuclei are excited via a mutually-generated, time-dependent electromagnetic field. If the distance between the collision partners is sufficiently large, the short-range nuclear interaction has a negligible influence on the excitation process, which is governed solely by the well-known electromagnetic interaction. This condition can be quantified using the Cline's safe distance criterion [7], appropriate for heavy nuclei, which states that if the distance of the closest approach between the surfaces of the collision partners exceeds 5 fm, contributions from the nuclear interaction to the observed excitation cross sections are below 0.5%.

The excitation cross sections depend on electromagnetic matrix elements coupling the low-lying states in the nucleus of interest, including diagonal $E2$ matrix elements related to spectroscopic quadrupole moments. The decay of Coulomb-excited states is governed by the same set of electromagnetic matrix elements, although the influence of specific matrix elements on the excitation and decay processes may be very different as illustrated by Figure 1. Namely, low-energy Coulomb excitation favours the population of collective states through $E2$ and $E3$ transitions, while other multipolarities typically have a small impact on the measured cross sections (see [8] for further details). The $M1$ and $E1$ multipolarities, however, remain important in the de-excitation process. The quantities measured in low-energy Coulomb-excitation experiments are, most commonly, γ -ray yields in coincidence with at least one of the collision partners. It is, however, also possible to measure Coulomb-excitation cross sections by detecting only scattered particles or only γ rays.

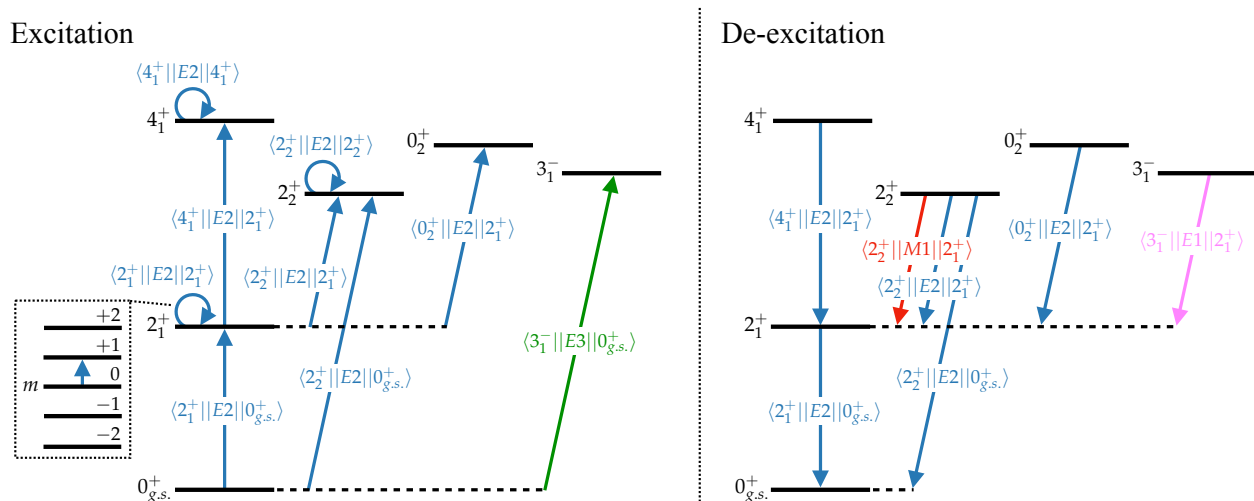


Figure 1. Low-lying level scheme of a fictitious even-even nucleus outlining dominant excitation (**left**) and de-excitation (**right**) patterns in low-energy Coulomb excitation. The transitions are labelled with the corresponding matrix elements. The inset on the left depicts the magnetic substates m of the 2^+ state and illustrates the reorientation effect. Some allowed transitions are neglected for simplicity.

While Coulomb-excitation cross sections can be calculated using a full quantum-mechanical treatment, a semi-classical approach is typically employed to overcome difficulties arising from the long-range of the Coulomb interaction and complex level schemes of the colliding nuclei. In this approach, introduced by K. Alder and A. Winther [9], the relative motion of collision partners is described using classical equations, and the quantal treatment is limited to the excitation process. The validity of this procedure, which provides a significant simplification of the calculations without a relevant loss of accuracy, stems from the fact that the interaction in the Coulomb-excitation process is dominated by the Rutherford term. For the semi-classical approximation to be valid, the de Broglie wavelength associated with the projectile must be small compared to the distance of closest approach, and the energy transferred in the excitation process must be small

compared with the total kinetic energy in the centre-of-mass reference system. These two conditions are well satisfied in low-energy Coulomb-excitation experiments involving heavy ions, but when light nuclei are involved (i.e., protons, deuterons, α particles), a full quantum-mechanical analysis is required.

2.1. First-Order Effects

If the interaction between the colliding nuclei is weak, i.e., the excitation probability is $\ll 1$, Coulomb-excitation amplitudes can be calculated within the first-order perturbation theory. In the first order, the cross section for the excitation of a final state I_f from the ground state $I_{g.s.}$ is proportional to the square of the transitional matrix element $\langle I_f || EL || I_{g.s.} \rangle$, where $L = 2, 3$. Therefore, from the measured $I_{g.s.} \rightarrow I_f$ Coulomb-excitation cross section, it is possible to extract the reduced transition probability $B(EL; I_{g.s.} \rightarrow I_f)$.

The excitation process strongly depends on the kinematics and the mass A and atomic numbers Z of the target and projectile nuclei. The first-order approximation is usually sufficiently accurate to describe the population of excited states from the ground state in experiments employing a light beam or a light target, or when small centre-of-mass scattering angles are used; examples of such recent studies are presented in Section 3.4. Larger kinetic energy, larger atomic numbers of the collision partners, and lower excitation energies enhance the excitation probability, leading to the appearance of higher-order effects in the excitation process.

2.2. Higher-Order Effects

If the electromagnetic field acting between the collision partners is strong enough and the collision process lasts a sufficiently long time, multi-step excitation becomes a possibility and higher-order contributions have to be taken into account. These contributions give rise to the experimental sensitivity to relative signs of transitional matrix elements and spectroscopic quadrupole moments of excited states, as described in the following.

2.2.1. Multi-Step Excitation and Relative Signs

To understand the importance of multi-step excitation, it is useful to consider the population of two excited states, $I^\pi = 0_2^+, 4_1^+$, in an even-even nucleus (see Figure 1). As Coulomb excitation via an $E0$ transition is strictly forbidden, two-step excitation is the only way to populate the 0_2^+ state. The 4_1^+ state can be Coulomb-excited in two ways: directly from the ground state, via an $E4$ excitation, or with an $E2$ two-step excitation through the first excited state. Since the probability of Coulomb-exciting a given state through an $E4$ transition is much smaller than through the $E2$ excitation [8], the two-step excitation is typically dominant. Consequently, by measuring the intensities of the $4_1^+ \rightarrow 2_1^+, 0_2^+ \rightarrow 2_1^+$ γ -ray transitions with respect to the $2_1^+ \rightarrow 0_1^+$ decay, and relating them to excitation cross sections, it is possible to extract the $B(E2; 4_1^+ \rightarrow 2_1^+)$ and $B(E2; 0_2^+ \rightarrow 2_1^+)$ values.

In some cases, single-step and multi-step excitations are comparable in magnitude; an example is the 2_2^+ state in an even-even nucleus (see Figure 1). This state can be populated by a direct $E2$ transition from the ground state and by a two-step excitation through the first excited state. The total excitation probability for the 2_2^+ state can be written as:

$$P(0_{g.s.}^+ \rightarrow 2_2^+) = |a^{(1)}(0_{g.s.}^+ \rightarrow 2_2^+) + a^{(2)}(0_{g.s.}^+ \rightarrow 2_1^+ \rightarrow 2_2^+)|^2, \quad (1)$$

where $a^{(1)}, a^{(2)}$ are first-order and second-order excitation amplitudes. Consequently, $P(0_{g.s.}^+ \rightarrow 2_2^+)$ includes a term related to one-step excitation ($\langle 2_2^+ || E2 || 0_{g.s.}^+ \rangle^2$), one related to two-step excitation ($\langle 2_2^+ || E2 || 2_1^+ \rangle^2 \langle 2_1^+ || E2 || 0_{g.s.}^+ \rangle^2$) and the interference term

$$\langle 2_2^+ || E2 || 0_{g.s.}^+ \rangle \langle 2_2^+ || E2 || 2_1^+ \rangle \langle 2_1^+ || E2 || 0_{g.s.}^+ \rangle. \quad (2)$$

In this last term, at variance with all the others, the matrix elements are not squared. As the total Coulomb-excitation cross section will be different for a negative (destructive) and a positive (constructive) interference term, its sign becomes an observable.

More complex interference terms can influence the Coulomb-excitation cross sections if states are populated through several excitation patterns involving multiple intermediate states. As such terms include non-squared matrix elements, their appearance leads to the experimental sensitivity to relative signs of transitional matrix elements. A sign convention should be adopted to ensure consistent analysis and facilitate a comparison with model predictions. Usually, signs of all in-band transitional $E2$ matrix elements are assumed to be positive, and, for each band head, a positive sign is imposed for one of the transitions linking it with a state in the ground-state band. The signs of all remaining matrix elements can be determined relative to those.

The probability of exciting a state via a process involving two or more steps can be comparable to that of one-step excitation, depending, for instance, on the magnitude of the involved matrix elements. Multi-step excitation is enhanced for larger scattering angles and masses of the collision partners. Experiments aiming at extracting reduced transition probabilities between the ground state and an excited state are typically performed in conditions reducing multi-step excitations, by limiting the scattering angle in the forward direction and selecting a light collision partner. In contrast, if the relative signs of transitional matrix elements and reduced transition probabilities between excited states are the objective of the experiment, the detection of scattered particles at backward angles and the use of a heavy collision partner is preferable.

2.2.2. Reorientation Effect and Spectroscopic Quadrupole Moments

The reorientation effect [10] is another second-order effect in Coulomb excitation, which provides experimental sensitivity to spectroscopic quadrupole moments (Q_s) of excited nuclear states. This effect essentially consists in a double-step excitation, in which the intermediate state is identical to the final state, but the magnetic substate is different (see Figure 1). For a given state I^π , reorientation produces a second-order correction to its Coulomb-excitation cross section, which is proportional to the diagonal matrix element $\langle I^\pi || E2 || I^\pi \rangle$, i.e., to $Q_s(I^\pi)$. Since this matrix element, and not its square, appears in the expression for cross section, its sign is also an observable. In favourable conditions, the reorientation effect may have a considerable influence on the measured γ -ray intensities. For example, in a recent study of ^{74}Kr Coulomb-excited on ^{208}Pb [11], a change of sign of the $Q_s(2_1^+)$ from negative to positive resulted in a 1.8-fold increase of the $4_1^+ \rightarrow 2_1^+ / 2_1^+ \rightarrow 0_1^+$ intensity ratio measured in coincidence with Kr nuclei scattered at 130° in the centre-of-mass frame.

The influence of the reorientation effect on Coulomb-excitation cross sections is often comparable to that of multi-step excitations. Consequently, the impact of the spectroscopic quadrupole moment can compete with, for instance, that of the sign of an interference term. This is why in early low-energy Coulomb-excitation measurements two values of the spectroscopic quadrupole moment were often reported: one corresponding to a positive sign of the $\langle 0_1^+ || E2 || 2_1^+ \rangle \langle 2_1^+ || E2 || 2_2^+ \rangle \langle 2_2^+ || E2 || 0_1^+ \rangle$ interference term, and the other one for a negative sign. This ambiguity can be solved by measuring γ -ray yields as a function of the scattering angle, thus exploiting the different angular dependence of the two effects [5,12]. This approach, typically referred to as a differential Coulomb-excitation measurement, is often employed in modern Coulomb-excitation studies. Alternatively, the use of different beam-target combinations in the same experiment can also help to disentangle competing contributions to the cross sections, and more constraints can be provided by including known spectroscopic data (lifetimes, branching ratios, and $E2/M1$ branching ratios) in the Coulomb-excitation data analysis.

2.3. Quadrupole Sum Rules

The nuclear shape can be inferred indirectly from transition probabilities or spectroscopic quadrupole moments, but this approach is not always unambiguous and generally depends on comparisons with models. An alternative model-independent approach, proposed by K. Kumar [1] and D. Cline [7], exploits the specific properties of the electro-

magnetic multipole operators. As these operators are spherical tensors, their zero-coupled products are rotationally invariant. The expectation values of these products are observables, and they are strictly related to the parameters describing the shape of the charge distribution.

The electric quadrupole operator in the principal axis system can be represented using the variables Q and δ , whose expectation values are equivalent to the Hill–Wheeler parameters (β_2, γ) describing the quadrupole shape [1,7]. The simplest invariants read:

$$\{E2 \times E2\}^0 = \frac{1}{\sqrt{5}}Q^2, \quad (3)$$

$$\{[E2 \times E2]^2 \times E2\}^0 = -\sqrt{\frac{2}{35}}Q^3 \cos 3\delta. \quad (4)$$

The expectation values of these invariants for a state I_n can be expressed through $E2$ matrix elements defined in the laboratory system. For instance:

$$\langle I_n | Q^2 | I_n \rangle = \frac{\sqrt{5}(-1)^{2I_n}}{\sqrt{2I_n+1}} \sum_m M_{nm} M_{mn} \begin{Bmatrix} 2 & 2 & 0 \\ I_n & I_n & I_n \end{Bmatrix}, \quad (5)$$

$$\langle I_n | Q^3 \cos 3\delta | I_n \rangle = -\sqrt{\frac{35}{2}} \frac{(-1)^{2I_n}}{2I_n+1} \sum_{ml} M_{nl} M_{lm} M_{mn} \begin{Bmatrix} 2 & 2 & 2 \\ I_n & I_m & I_l \end{Bmatrix}, \quad (6)$$

where $M_{ab} \equiv \langle I_a || E2 || I_b \rangle$ and the expression in curly brackets is a $6j$ coefficient. Higher-order invariants can be defined, such as $\langle Q^4 \rangle$, which can be linked to the dispersion in $\langle Q^2 \rangle$ via

$$\sigma(Q^2) = \sqrt{\langle Q^4 \rangle - (\langle Q^2 \rangle)^2}. \quad (7)$$

A similar definition applies to $\sigma(Q^3 \cos 3\delta)$. In principle, this approach can be extended to more complex, non-quadrupole shapes.

The invariants obtained from quadrupole sum rules provide a model-independent description of the nuclear shape in the intrinsic reference system. However, the experimental determination of such invariants requires numerous matrix elements to be known. While for the lowest-order shape invariant, $\langle Q^2 \rangle$, all matrix elements enter the sum in squares, this is not true for most higher-order invariants. In particular, the $\langle Q^3 \cos 3\delta \rangle$ invariant is constructed from triple products of $E2$ matrix elements, $\langle I_n || E2 || I_l \rangle \langle I_l || E2 || I_m \rangle \langle I_m || E2 || I_n \rangle$, where $|I_n\rangle$ is the state in question and $|I_l\rangle$ and $|I_m\rangle$ are the intermediate states. The diagonal matrix elements (i.e., $|I_l\rangle = |I_m\rangle$) and their signs are necessary to extract this invariant, as well as the relative signs of all relevant transitional matrix elements.

While the sums in Equations (5) and (6) formally run over all intermediate states that can be reached from the state in question via a single $E2$ transition, usually only a few key states contribute to the invariant. In particular, for the ground state of an even-even nucleus, the contributions to $\langle Q^2 \rangle$ are dominated by the coupling to the 2_1^+ state, which typically amounts to well over 90% of the total. Similarly, the largest contributions to $\langle Q^3 \cos 3\delta \rangle$ for the ground state come from the $\langle 0_1^+ || E2 || 2_1^+ \rangle \langle 2_1^+ || E2 || 2_1^+ \rangle \langle 2_1^+ || E2 || 0_1^+ \rangle$ and $\langle 0_1^+ || E2 || 2_1^+ \rangle \langle 2_1^+ || E2 || 2_2^+ \rangle \langle 2_2^+ || E2 || 0_1^+ \rangle$ products. The situation becomes much more complicated for excited states, and the number of intermediate states that need to be included in the sum rules varies from one case to another. While theoretical approaches can, in principle, provide a complete set of electromagnetic matrix elements, this is not always true for experiments. Systematic studies employing the Shell Model addressed this convergence issue [13–15]. The contributions of individual products of matrix elements to the experimentally determined invariants have also been analysed in some cases [14,16–18].

3. Examples of Recent Low-Energy Coulomb-Excitation Studies Relevant for the Shell Model

The examples of experimental studies presented in this Section illustrate the variety of nuclear-structure questions, relevant for the Shell Model, that can be addressed using low-energy Coulomb excitation. The discussion is focused on the region of mid-mass nuclei between Ca and Sm and the reader is directed to [6] for other noteworthy examples, particularly concerning lighter nuclei important for astrophysical processes.

3.1. Superdeformation in ^{42}Ca

The potential of Coulomb excitation as a tool to study superdeformation has been demonstrated in the very first experiment using the AGATA γ -ray tracking array [19]. The superdeformed (SD) structure in ^{42}Ca was populated following Coulomb excitation of a ^{42}Ca beam on ^{208}Pb and ^{197}Au targets [3,18]. From the measured γ -ray intensities, magnitudes and relative signs of numerous $E2$ matrix elements coupling the low-lying states in ^{42}Ca were determined. In particular, two key pieces of information were obtained for the first time, which confirm that the band built on the 0_2^+ state in ^{42}Ca has a SD character at low spin: the spectroscopic quadrupole moment of the 2_2^+ state, which corresponds to $\beta_2 = 0.48(16)$, as well as the enhanced $B(E2; 2_2^+ \rightarrow 0_2^+) = 15_{-4}^{+6}$ W.u. value. As discussed in [12], even though the $2_2^+ \rightarrow 0_2^+$ transition is too weak to be observed and, prior to the study of K. Hadyńska-Klęk et al. [3,18] only an upper limit for the branching ratio was known, the corresponding matrix element has a strong influence on excitation cross sections of the observed states, and hence it could be determined from the intensities of other transitions measured in the Coulomb-excitation experiment.

The obtained transitional and diagonal $E2$ matrix elements were further interpreted in terms of quadrupole invariants of the $0_{1,2}^+$ and $2_{1,2}^+$ states, leading to the conclusion that the spherical ground state of ^{42}Ca exhibits large fluctuations into the β_2 - γ plane, while the excited structure has a large quadrupole deformation of $\beta_2 = 0.43(4)$ for the 0_2^+ state, comparable to those deduced from lifetime measurements for other SD bands in this mass region. The important increase of the $\langle Q^2 \rangle$ quadrupole invariant for the 2_1^+ state with respect to that for the ground state was attributed to the mixing of the 2^+ states. Additionally, the triaxiality parameter $\langle \cos 3\delta \rangle$ obtained for the 0_2^+ state, corresponding to $\gamma = (13_{-6}^{+5})^\circ$, provided the first experimental evidence for the non-axial character of SD structures around $A \approx 40$. The value obtained for the ground state, $\gamma = 28(3)^\circ$, was interpreted as resulting from its softness.

This experimental study triggered new Large-Scale Shell Model (LSSM) calculations for ^{42}Ca [3,18]. They were performed using the SDPF.MIX interaction in the *sdpf* model space for neutrons and protons, with a virtual ^{28}Si core, as in the earlier study [20] that successfully described properties of the deformed $4p$ - $4h$ and $8p$ - $8h$ structures in ^{40}Ca . Up to six particle-hole excitations from the $2s_{1/2}$ and $1d_{3/2}$ orbitals into the *pf* orbitals were allowed, and the electric effective charges were $1.5e$ for protons and $0.5e$ for neutrons. The overall agreement of the calculations with the experimental level energies and decay patterns is remarkable, see Figure 2. The experimental values of the $\langle Q^2 \rangle$ and $\langle Q^3 \cos 3\delta \rangle$ invariants for the $0_{1,2}^+$ states were also well reproduced. The only notable systematic difference is the overestimation of $E2$ matrix elements in the SD band and underestimation of those in the yrast band as well as intra-band ones, which suggests that the mixing between the two bands is not fully reproduced by the calculations.

The LSSM results provide insight into the configurations of normal-deformed and SD states in ^{42}Ca : the 0_2^+ and 2_2^+ states are predicted to be dominated by the $6p$ - $4h$ excitations, while the ground-state band has a predominantly two-particle configuration, with considerable $4p$ - $2h$ and $6p$ - $4h$ admixtures. Furthermore, they suggest that the experimentally known 2_3^+ state is the band head of a $K = 2$ γ band related to the SD structure, with the configuration dominated by almost equal contributions of $6p$ - $4h$ and $8p$ - $6h$ excitations ($\approx 40\%$ each). This gives further support for the slightly triaxial shape of the SD band

in ^{42}Ca , while the identification of higher-spin members of the predicted $K = 2$ γ band represents a challenge for future experimental studies.

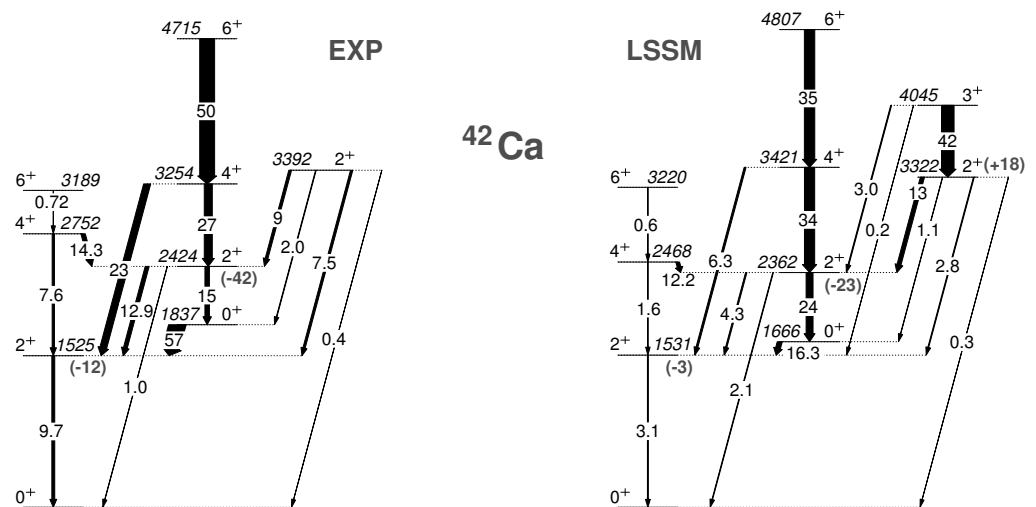


Figure 2. Comparison of the experimental low-energy part of the ^{42}Ca level scheme with that calculated using Large-Scale Shell Model (LSSM) [3,18]. States are labelled with their energies in keV, transitions with $E2$ transition probabilities in Weisskopf units and spectroscopic quadrupole moments for the 2^+ states, expressed in efm^2 , are reported in brackets.

3.2. Shape Coexistence, Triaxiality, and the $N = 50$ Shell Closure in Germanium and Zinc Isotopes

Detailed low-energy Coulomb-excitation studies were performed to investigate quadrupole properties of stable and exotic Ge and Zn isotopes, which are important in the context of the numerous Shell-Model calculations developed for this region. While extensive sets of electromagnetic matrix elements were extracted for the stable nuclei and interpreted within the quadrupole sum rules approach, in neutron-rich isotopes these measurements provided the first access to $B(E2)$ values and, in some cases, also excitation energies.

In the stable Ge isotopes, the $\langle Q^2 \rangle$ invariants extracted for the ground state and the 0_2^+ state via low-energy Coulomb excitation represent one of the strongest signatures of shape coexistence [21,22]. As shown in Figure 3a, the ground-state $\langle Q^2 \rangle$ values in $^{70-76}\text{Ge}$ are similar, $0.2\text{--}0.3 e^2\text{b}^2$, while those of the 0_2^+ states evolve as a function of the neutron number. The 0_2^+ state in ^{70}Ge is more deformed than the ground state [23], in ^{72}Ge both states seem to have comparable overall deformations and considerable triaxiality [24], while those for the 0_2^+ states in $^{74,76}\text{Ge}$ point to nearly spherical shapes [25,26]. Based on the similarity of the 0_2^+ energy systematics in Ge and Zn nuclei (see Figure 3b), one could speculate that shape coexistence is present also in the latter isotopic chain.

The first hints of the intruder character of the 0_2^+ states in the Zn isotopes came from $E0$ measurements in the stable even-even $^{64-68}\text{Zn}$ isotopes [27], a feature further supported by the results of multi-step Coulomb-excitation experiments on $^{66,68}\text{Zn}$ [14,28]. However, only for ^{68}Zn has the key $\langle 2_3^+ || E2 || 0_2^+ \rangle$ matrix element been determined, which, when combined with other matrix elements involving the 0_2^+ state, leads to a $\langle Q^2 \rangle$ invariant significantly different from that of the ground state [28]. On the other hand, multiple low-energy Coulomb-excitation studies of stable Ge and Zn isotopes [14,25,28] demonstrated the importance of the triaxial degree of freedom in their structure, which was also evoked for the neighbouring $^{76,78}\text{Se}$ nuclei [29,30]. Particularly relevant is the study of ^{76}Ge [31], which yielded (β_2, γ) parameters for the 0_1^+ , 2_1^+ and 2_2^+ states and their dispersions, which are consistent with rigid triaxial deformation. This is particularly important considering that ^{76}Ge is a candidate for searches of neutrinoless double- β decay, and the nuclear shape is predicted to play a significant role in this process [32,33].

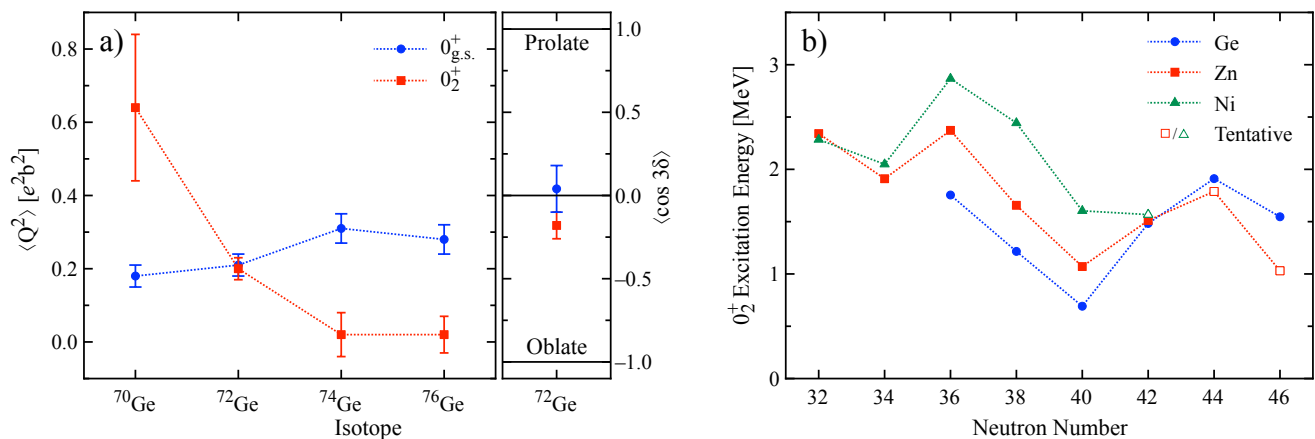


Figure 3. (a) $\langle Q^2 \rangle$ and $\langle \cos 3\delta \rangle$ quantities for the $0_{g.s.}^+$ and 0_2^+ states in Ge isotopes. Data are taken from [21,23–26]. (b) Systematics of excitation energies for the 0_2^+ states in Ge, Zn and Ni isotopes from neutron number $N = 32$ to $N = 46$. Tentative spin assignments are shown by open symbols. Data are taken from the ENSDF database [34–37]. See text for details.

Shell-model calculations focusing on the Ge, Zn, and Se isotopes well reproduced the features related to their triaxial shapes [14,29,38,39], even though the degree of γ softness and the presence of static triaxial deformation are still debated [38]. The V-shaped pattern of the 0_2^+ excitation energies in the Ge isotopes between the neutron numbers $N = 36$ and $N = 44$ (see Figure 3b) was related to shape coexistence by Shell-Model calculations [39] using the JUN45 effective interaction in a model space consisting of the ^{56}Ni inert core and up to the $1g_{9/2}$ orbital for both neutrons and protons. The collectivity of the deformed ground states was linked to strong correlations (arising from pairing and the quadrupole–quadrupole force), which offset the $N = 40$ gap and lead to the enhanced occupation of the $1g_{9/2}$ neutron orbital that has a maximum predicted for $N = 40$. In contrast, the role of neutron excitations from the pf shell into the $1g_{9/2}$ orbital is smaller for the 0_2^+ states, with, on average, two additional neutrons promoted through the $N = 40$ gap with respect to the normal-order configuration. In particular, the wave function of the 0_2^+ state in ^{72}Ge is dominated by the normal-order configuration, i.e., neutrons completely filling the pf shell, with a contribution of 37%, which suggests a nearly spherical shape.

As shown in Figure 3b, a decrease of the 0_2^+ state energy between $N = 36$ and $N = 40$, similar to those observed in the Ge and Zn chains, is evident also in the Ni isotopes. According to Monte-Carlo Shell-Model (MCSM) calculations with the A3DA effective interaction in the $pf g_{9/2} d_{5/2}$ model space [40], the 0_2^+ states in $^{64,66,68}\text{Ni}$ are oblate deformed and result from neutron $2p-2h$ excitation across the $N = 40$ gap, similar to their counterparts in the Ge isotopes. The V-shaped trend of the 0_2^+ excitation energies with the vertex at $N = 40$ does not persist for ^{70}Ni and beyond, as different configurations start to appear at low excitation energy. Specifically, proton $2p-2h$ excitations across the energy gap at $Z = 28$ are suggested [40,41] to dominate the structure of the 0_4^+ state in $^{64,66}\text{Ni}$, the 0_3^+ state in ^{68}Ni and the 0_2^+ state in ^{70}Ni . MCSM calculations predict that these predominantly $\pi(2p-2h)$ states have well-deformed prolate shapes, resulting from an interplay of type-I and type-II shell evolution. The experimental verification of this multiple shape-coexistence scenario through the quadrupole sum rules approach represents a challenge for future low-energy Coulomb-excitation studies. Unfortunately, the population of excited 0^+ states in both stable and radioactive Ni nuclei will be severely limited due to the high excitation energies involved, which is further complicated by the prohibitively low intensities of radioactive Ni beams that are currently available at energies suitable for low-energy Coulomb excitation.

On the neutron-rich side, low-energy Coulomb excitation has provided valuable structure information in the Ge and Zn isotopes. Experiments at ISOLDE identified the first excited 2_1^+ state in $^{78,80}\text{Zn}$ and yielded the $B(E2; 2_1^+ \rightarrow 0_{g.s.}^+)$ values in $^{74-80}\text{Zn}$ and the $B(E2; 4_1^+ \rightarrow 2_1^+)$ values in $^{74,76}\text{Zn}$ [42,43]. The obtained $B(E2)$ values hint at the importance

of triaxiality also in neutron-rich Zn isotopes, whose ground states were suggested to be rather diffuse in the γ degree of freedom [42]. Furthermore, the energy of the first excited state in ^{80}Zn confirms the persistence of the $N = 50$ shell closure two protons away from the doubly-magic ^{78}Ni . The same conclusion was reached for the neutron-rich Ge isotopes from the $B(E2; 2_1^+ \rightarrow 0_{g.s}^+)$ values of the radioactive $^{78,80}\text{Ge}$ measured using low-energy Coulomb excitation at ORNL [44].

The measured $B(E2; 2_1^+ \rightarrow 0_1^+)$ values in $^{74-80}\text{Zn}$ were found in good agreement with those deduced from the experimental 2_1^+ excitation energies via the Grodzins rule [45], provided that a renormalization factor (0.92) was applied to the calculated values [42]. The experimental results for $^{74-80}\text{Zn}$ and $^{78,80}\text{Ge}$ were compared with Shell-Model calculations comprising the $2p_{3/2}$, $1f_{5/2}$, $2p_{1/2}$, and $1g_{9/2}$ orbitals for both protons and neutrons outside of an inert ^{56}Ni core. Effective charges significantly different from the standard $e_\nu = 0.5e$, $e_\pi = 1.5e$ values were adopted to compensate for the enhanced ^{56}Ni core polarization reported in [46,47]. The persistence of the $N = 50$ shell closure in neutron-rich Zn and Ge isotopes, emerging from the experimental and calculated $B(E2)$ values and excitation energies, anticipated the more recent results for ^{78}Ni , in which the first excited 2_1^+ state was ultimately identified [48].

3.3. Shape Coexistence in $Z \approx 40$ Nuclei

The sudden onset of deformation at $N = 60$ observed in the Zr and Sr isotopic chains has attracted a lot of attention, both from theoretical and experimental points of view. While the energies of the 2_1^+ states in $^{90-100}\text{Zr}$ were well reproduced by the LSSM calculations reported in [49], the required truncations of the model space made it impossible to account for the enhanced transition probability in ^{100}Zr . Recently, the rapidity of the shape transition in the Zr isotopes has been reproduced, for the first time both in terms of level energies and transition probabilities, using the MCSM [50]. The calculations [50] also predict that $^{94,96,98,100}\text{Zr}$ would present a multitude of low-lying states with various quadrupole shapes. A Coulomb-excitation study of ^{94}Zr aiming to verify this scenario was performed at INFN-LNL [51], and its analysis is in progress. There exists, however, strong experimental evidence for the coexistence of deformed and spherical structures in $^{96,98}\text{Sr}$, recently reinforced by the results of Coulomb-excitation experiments performed at ISOLDE [2,52]. The rich set of transitional and diagonal $E2$ matrix elements determined in this study provides a consistent picture of a prolate-deformed ground-state band in ^{98}Sr that coexists with an almost spherical structure built on the 0_2^+ state. Similarity of the $B(E2; 2_2^+ \rightarrow 0_2^+) = 13(2)$ W.u. value in ^{98}Sr with the $B(E2; 2_1^+ \rightarrow 0_1^+) = 17_{-3}^{+4}$ W.u. value in ^{96}Sr , as well as of the quadrupole moments of the 2_2^+ state in ^{98}Sr and the 2_1^+ state in ^{96}Sr (both compatible with zero), suggest that the spherical and deformed structures interchange at $N = 60$. Contrary to what is observed in most known cases of shape coexistence, these two structures mix very weakly. This feature is in line with the type-II shell-evolution scenario proposed in [50] that links particular multiparticle–multihole excitations to significant reorganisations of the shell structure, which hinders configuration mixing.

A notable result of [2,52] is the observed reduction of the $Q_s(2_1^+)$ value in ^{98}Sr with respect to the rotational estimate. This feature may indicate triaxiality of this state, which gives way to a more prolate deformation for higher-spin members of the ground-state band. Detailed Coulomb-excitation studies of $^{96,98,100}\text{Mo}$ [17,53] yielded $\langle Q^2 \rangle$ and $\langle Q^3 \cos 3\delta \rangle$ invariants for the ground states and the low-lying 0_2^+ states, demonstrating their different shapes and confirming that triaxiality is also a key feature of Mo nuclei with $A \approx 100$. The obtained invariant quantities indicate that, in ^{96}Mo , an almost spherical 0_2^+ state coexists with a triaxial ground state, while, in ^{98}Mo , both the 0_1^+ and 0_2^+ states have approximately the same values of $\langle Q^2 \rangle$. However, the $\langle \cos 3\delta \rangle$ values suggest that the ground state in ^{98}Mo is triaxial and the 0_2^+ state has a prolate shape. The same pattern of a prolate 0_2^+ state coexisting with a triaxial ground state appears in ^{100}Mo , but the $\langle Q^2 \rangle$ invariants obtained for both the 0_1^+ and 0_2^+ states in this nucleus are significantly greater than those for ^{98}Mo ,

with that for the 0_2^+ state being much larger. Given also that the proton vacancies and neutron occupancies for the ground states of $^{98,100}\text{Mo}$ were recently extracted from an extensive series of single-proton and single-neutron transfer reactions [54], these nuclei would represent a stringent test for Shell-Model calculations. Such investigation would also be relevant in the context of neutrinoless double- β decay studies, as ^{100}Mo is one of candidate nuclei for this process.

3.4. Evolution of Collectivity in $Z \approx 50$ Nuclei

The tin nuclei, forming the longest chain of experimentally accessible isotopes between two doubly-magic nuclei, have traditionally been considered a prime example of the seniority scheme. While this description is supported by the almost constant energies of the 2_1^+ states in the even-even Sn nuclei from ^{102}Sn to ^{130}Sn , the corresponding $B(E2; 2_1^+ \rightarrow 0_1^+)$ values seem to deviate from the expected parabolic behaviour (see Figure 4). Extensive Coulomb-excitation studies of stable [55–57] and exotic [58–62] Sn nuclei yielded $B(E2; 2_1^+ \rightarrow 0_1^+)$ values for $^{106-134}\text{Sn}$ that were discussed in the context of Shell-Model calculations. In the Coulomb-excitation campaigns aiming at high-precision measurements of the $B(E2; 2_1^+ \rightarrow 0_1^+)$ values in stable Sn isotopes, the experimental conditions minimised the role of multi-step excitation and the reorientation effect. The experiments at ORNL [55] were performed in strongly inverse kinematics, with a ^{12}C target bombarded by $^{112,114,116,118,120,122,124}\text{Sn}$ beams; a ^{nat}Ti target was also used for complementary $Q_s(2_1^+)$ measurements.

In the IUAC campaign [56,57], a reaction partner with a much higher Z was used: a ^{58}Ni beam impinged on $^{112,116,118,120,122,124}\text{Sn}$ targets. However, due to the selection of events with the Ni beam particles scattered at forward angles, no excitation of higher-lying states was observed, although their possible weak influence on the 2_1^+ excitation process was taken into account in the data analysis. The $B(E2; 2_1^+ \rightarrow 0_1^+)$ values were obtained with relative uncertainties of 5% or less in all cases, and the results of the two campaigns agreed within 3σ for $^{120,122,124}\text{Sn}$ and within 1σ for the other isotopes, demonstrating the level of accuracy and precision that can be achieved (see Figure 4).

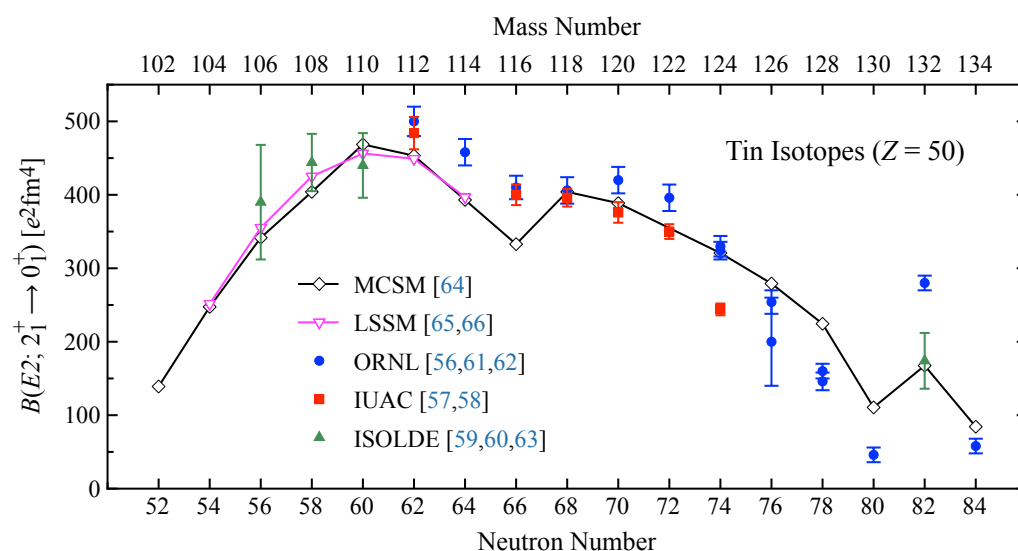


Figure 4. Reduced transition probabilities $B(E2; 2_1^+ \rightarrow 0_1^+)$ in the Sn isotopic chain determined from low-energy Coulomb-excitation measurements. The experimental results obtained at ORNL [55,60,61], IUAC [56,57], and ISOLDE [58,59,62] are compared with predictions from the Monte-Carlo Shell Model (MCSM) [63] and LSSM [64,65].

Low-energy Coulomb-excitation experiments on neutron-deficient Sn isotopes were performed at ISOLDE [58,59] with 2.8-MeV/ A $^{106,108,110}\text{Sn}$ beams bombarding ^{58}Ni targets. On the neutron-rich side, a campaign was performed at ORNL [60,61] to study

$^{126,128,130,134}\text{Sn}$ in very similar experimental conditions as those used for stable isotopes in [55]. In order to increase the excitation cross section for the 2_1^+ state in ^{132}Sn , located at 4.04-MeV excitation energy, targets of ^{48}Ti and ^{206}Pb were used in the ORNL [60] and HIE-ISOLDE [62] measurements, respectively.

While certain discrepancies with the values obtained using other methods exist (see e.g., [63] for a compilation of experimental data), the ensemble of experimental results points to an asymmetric shape of the $B(E2; 2_1^+ \rightarrow 0_1^+)$ distribution as a function of N , with a plateau extending towards lighter nuclei. The reproduction of this plateau represented a challenge for model calculations. Recently, its appearance has been discussed [64,65] in the context of pseudo-SU(3) symmetry acting in the space of gds orbitals excluding $1g_{9/2}$. The calculations were performed using $V_{\text{low-}k}$ variants of the realistic N3LO interaction, with the monopole part of the interaction replaced by a Hamiltonian provided by the GEMO code [66], adding the single-particle energies for ^{101}Sn . They successfully reproduced the evolution of the $B(E2; 2_1^+ \rightarrow 0_1^+)$ values in $^{104-114}\text{Sn}$ [64,65] (see Figure 4) and demonstrated that modifications of the pairing strength had a negligible effect on the calculated $B(E2; 2_1^+ \rightarrow 0_1^+)$ values, in contrast to what was observed for the $B(E2; 4_1^+ \rightarrow 2_1^+)$ strengths [65].

An alternative explanation was offered by the MCSM calculations [63] performed in the full gds model space complemented by the $1h_{11/2}$, $2f_{7/2}$, and $3p_{3/2}$ orbitals for protons and neutrons. These calculations provide good reproduction of all measured $B(E2; 2_1^+ \rightarrow 0_1^+)$ values in the Sn chain, including the local increase observed for ^{132}Sn (see Figure 4), and link their enhancement for $^{108-114}\text{Sn}$ to the development of quadrupole deformation driven by proton excitations from the $1g_{9/2}$ orbital. This scenario is consistent with the observed increase of the $Q_s(2_1^+)$ values at mid shell [55], which was suggested to be due to the mixing with a deformed configuration, resulting in the presence of proton $2p-2h$ and $4p-4h$ components in the 2_1^+ wave function [55]. Low-lying states of predominantly proton $2p-2h$ character have been identified in $^{114,116,118}\text{Sn}$ via two-proton transfer reactions [67], and later also in $^{110,112}\text{Sn}$ and $^{120,122,124}\text{Sn}$, although at higher excitation energies. The MCSM calculations [63] predicted indeed that the ground states of Sn nuclei involve a significant promotion of protons across the $Z = 50$ gap, with the largest $2d_{5/2}$ occupation predicted at $N = 60$. The occupation of proton orbitals above the $Z = 50$ gap becomes even larger for the 2_1^+ states, and the corresponding T-plots indicate deformed shapes [63], in line with the measured non-zero quadrupole moments. Multi-step Coulomb-excitation studies aiming at the determination of deformation parameters of the deformed structures built on the 0_2^+ states, as well as their mixing with the ground-state configurations, would be of much interest. One should note here that the quadrupole invariants for the $0_{1,2}^+$ states in ^{110}Cd were measured in a recent Coulomb-excitation experiment [68].

The $B(E2; 2_1^+ \rightarrow 0_1^+)$ and $B(E2; 4_1^+ \rightarrow 2_1^+)$ patterns in $^{100-110}\text{Cd}$ nuclei closely resemble that of the $B(E2; 2_1^+ \rightarrow 0_1^+)$ values in the corresponding Sn isotones. They were well reproduced by the calculation of [65], and found almost independent of the assumed pairing strength. This was linked [65] to their static quadrupole deformation, consistent with non-zero quadrupole moments measured for the $^{102,104}\text{Cd}$ isotopes in a Coulomb-excitation experiment at ISOLDE [69]. Interestingly, the obtained $Q_s(2_1^+)$ values are positive, in contrast to those measured for stable Cd nuclei. Unfortunately, they are subject to large uncertainties, and the $Q_s(2_1^+)$ value for ^{104}Cd significantly changes if a previously measured lifetime of the 2_1^+ state is used as an additional constraint in the Coulomb-excitation data analysis.

Quadrupole deformation of light Cd isotopes was explored in an LSSM study [15] using a modified $v3sb$ effective interaction [70] in the $\pi(2p_{1/2}, 1g_{9/2}), \nu(2d_{5/2}, 3s_{1/2}, 2d_{3/2}, 1g_{7/2}, 1h_{11/2})$ model space. The calculated $E2$ matrix elements provide a good reproduction of the experimental $B(E2; 2_1^+ \rightarrow 0_1^+)$ and $B(E2; 4_1^+ \rightarrow 2_1^+)$ values, and were analysed in terms of quadrupole invariants $\langle Q^2 \rangle$ and $\langle Q^3 \cos 3\delta \rangle$ pointing to a predominantly prolate character of $^{100-108}\text{Cd}$ with both β and γ increasing with N . Very recently, Coulomb excitation of ^{106}Cd was performed [71] at the NSCL ReA3 facility. Quadrupole moments of the

2_1^+ , 4_1^+ , 6_1^+ and 2_2^+ states were obtained, as well as the $\langle Q^2 \rangle$ and $\langle Q^3 \cos 3\delta \rangle$ invariants for the ground state, which suggest its considerable triaxiality. This feature does not emerge from the LSSM calculations reported in [71], which also used a G-matrix-renormalized CD-Bonn nucleon–nucleon potential and the same model space as those of [15], but allowed at most two neutrons in the $1h_{11/2}$ orbital. While they well reproduced the experimental $\langle Q^2 \rangle$ invariant for the ground state, the shapes that they predict for light Cd isotopes are decidedly prolate. The difference with respect to a more γ -soft behaviour suggested by [15] was attributed to the different $1h_{11/2}$ single-particle energies, as well as the adopted truncation. However, none of these calculations are able to explain the observed pattern of spectroscopic quadrupole moments in the light Cd nuclei, which will hopefully trigger future experimental and theoretical investigations aiming at understanding their quadrupole properties.

3.5. Heavier Collective Nuclei: Triaxiality in ^{130}Xe and ^{140}Sm

The ^{130}Xe and ^{140}Sm isotopes are examples of relatively heavy nuclei, probed with low-energy Coulomb excitation, for which extensive Shell-Model calculations have been performed [16,72]. Both isotopes were studied at ISOLDE, with the measurement for the stable ^{130}Xe being a by-product of a radioactive beam experiment. Beam energies were $4.2 \text{ MeV}/A$ and $2.8 \text{ MeV}/A$, respectively, and states up to $I^\pi = 6_1^+$ were observed in ^{130}Xe , while the 2_1^+ , 4_1^+ and 2_2^+ states were populated in ^{140}Sm . The results point to the importance of the triaxial degree of freedom in the structure of low-lying levels in both nuclei.

The extracted transitional and diagonal $E2$ matrix elements indicate that ^{130}Xe and ^{140}Sm are collective, and their ground states are characterized by $\beta_2 \approx 0.15$ and $\gamma \approx 30^\circ$. For ^{130}Xe , this conclusion was drawn on the basis of the determined quadrupole invariants, while, for ^{140}Sm , it results from the measured $Q_s(2_1^+) = -0.06_{-0.15}^{+0.41} \text{ eb}$, compatible with zero, and the enhanced $B(E2; 2_1^+ \rightarrow 0_{\text{g.s.}}^+) = 53(5) \text{ W.u.}$ value. Shell-Model calculations for ^{130}Xe and ^{140}Sm were performed in a large model space consisting of the ^{100}Sn inert core and all orbitals up to $N = Z = 82$. The GCN50:82 effective interaction [73] was employed for both cases, complemented by the SN100PN effective interaction [74] for ^{130}Xe . The experimental and theoretical results showed good agreement (see Figure 5), which is remarkable considering the evident collective nature of the two nuclei and the relatively high number of allowed valence particles in the Shell-Model calculations. However, for both ^{130}Xe and ^{140}Sm , effective charges larger than the standard $e_\nu = 0.5e$, $e_\pi = 1.5e$ values were needed to reproduce the measured $B(E2)$ values. For ^{130}Xe , $e_\nu = 0.945e$, $e_\pi = 1.53e$ and $e_\nu = 0.84e$, $e_\pi = 1.68e$ were adopted for the GCN50:82 and SN100PN interactions, respectively, while $e_\nu = 0.64e$, $e_\pi = 1.65e$ were used for the GCN50:82 interaction in the case of ^{140}Sm . The need for increasing the effective charges in this mass region with respect to the standard values is known [75,76], and it suggests that a further expansion of the model space is necessary.

Despite the good reproduction of the experimental results by state-of-the-art Shell-Model calculations, further developments are needed to properly describe the structure of $A \approx 130$ – 140 nuclei within this theoretical approach. This is particularly relevant for ^{130}Xe , which would be the daughter of the ^{130}Te neutrinoless double- β decay. If this process is observed at ongoing experiments, such as CUORE [77] and SNO+ [78], the relevant $\beta\beta$ nuclear matrix elements will need to be calculated in order to extract the Majorana mass. Such calculations are under way, also within the Shell Model [79], with important experimental constraints coming from recent measurements of valence proton and neutron occupations in ^{130}Te and ^{130}Xe [80,81]. Further low-energy Coulomb-excitation studies should help to elucidate the nuclear structure at $A \approx 130$ – 140 . A ^{130}Xe beam could be delivered by a stable ion beam facility with a much higher intensity than that available in [16], and the use of a heavier target (e.g., ^{208}Pb) would increase the excitation cross sections. For ^{140}Sm , an experiment with a higher beam energy would be beneficial. Under favourable conditions, such experiments should be capable of extracting higher-order quadrupole invariants related to the dispersions in β_2 and γ for the ground state.

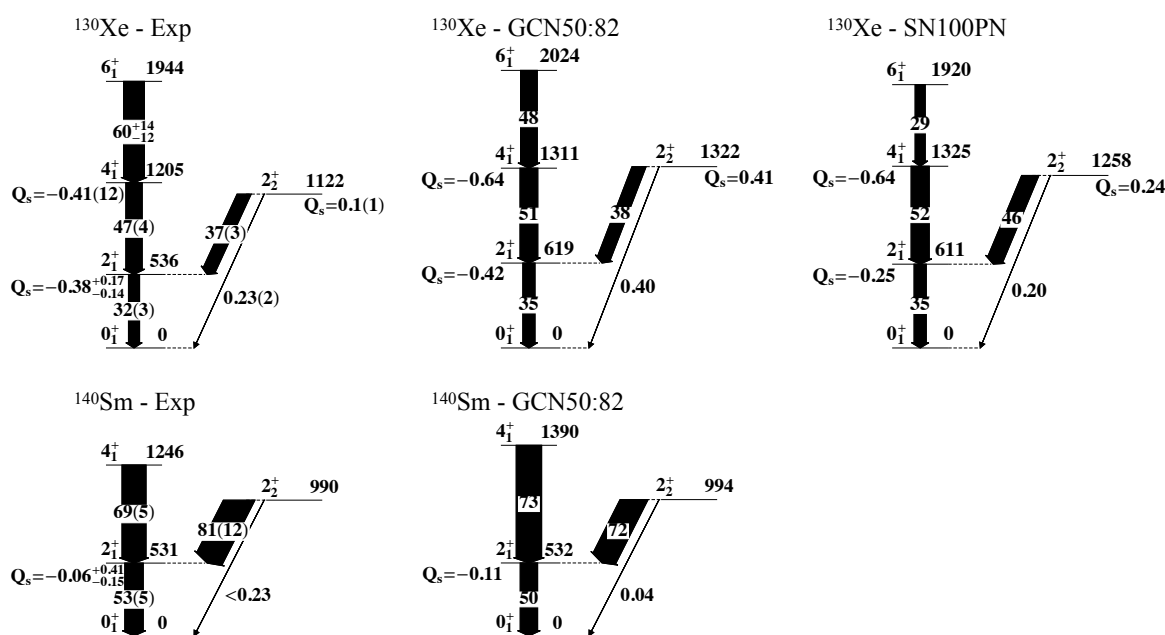


Figure 5. Comparison of low-energy parts of the experimental ^{130}Xe and ^{140}Sm level schemes with Shell-Model calculations using GCN50:82 and SN100PN interactions [16,72]. The states are labelled with their spin and parity I^π and excitation energy in keV. Transitions are labelled with reduced transition probabilities expressed in Weisskopf units. Spectroscopic quadrupole moments are reported in eb. See text for further details about the calculations.

4. Summary and Outlook

In parallel to recent advances in accelerator and ion-source technologies, and the construction of new-generation high-resolution γ -ray tracking arrays as AGATA [19] and GREINA [82], noteworthy developments have taken place in nuclear-structure theory. The state-of-the-art calculations, some of which were discussed in the preceding sections, are now able to predict the properties of nuclei with an unprecedented level of detail, particularly concerning the nuclear shape. Within the Shell Model, quadrupole shapes of ground and excited states can be inferred using T-plots [40] and the quadrupole sum rules approach [38]. Due to the large model spaces involved, Shell-Model studies of octupole collectivity are more rare, and one may hope that the availability of precise experimental data on $E3$ strengths will trigger further efforts in this direction.

The ongoing experimental and theoretical developments will bring forward our understanding of nuclear structure, while also being relevant for cross-disciplinary fields, such as astrophysics, neutrino physics, and physics of (and beyond) the Standard Model [4,33,83]. In this context, a precise understanding of the nuclear shape can bring us closer to answering long-standing questions in physics, such as how heavy elements originate in cataclysmic stellar events and the reason for the matter-antimatter asymmetry in the universe.

Thanks to the constant development of powerful computational resources, and refinements of Shell-Model codes and methods, this theoretical approach can now be extended to vast regions of the nuclear chart. It can be anticipated that this progress will be complemented and inspired by the availability of high-precision spectroscopic data and that low-energy Coulomb excitation will continue to play an important role in future studies throughout the nuclear chart. Let us emphasize, however, as in the cases of $^{98,100}\text{Mo}$ and ^{130}Xe , that the combination of data from a variety of techniques that probe both collective and single-particle degrees of freedom will provide perhaps the most demanding tests of Shell-Model calculations, and studies in that direction should be pursued.

Author Contributions: The authors contributed equally to all aspects of this work. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded in part through the Natural Sciences and Engineering Research Council (NSERC) Canada.

Data Availability Statement: Data sharing not applicable.

Acknowledgments: We thankfully acknowledge P.E. Garrett for fruitful discussions and for the careful reading of the manuscript, and M. Siciliano for his contribution to Section 3.4 and Figure 4.

Conflicts of Interest: The authors declare no conflict of interest.

Abbreviations

The following abbreviations are used in this manuscript:

AGATA	Advanced GAMMA Tracking Array
CUORE	Cryogenic Underground Laboratory for Rare Events
ENSDF	Evaluated Nuclear Structure Data File
GRETINA	Gamma-Ray Energy Tracking In-beam Nuclear Array
HIE-ISOLDE	High Intensity and Energy ISOLDE
INFN	Istituto Nazionale di Fisica Nucleare (National Institute for Nuclear Physics)
ISOLDE	Isotope Separator On-Line DEvice
IUAC	Inter-University Accelerator Centre
LNL	Legnaro National Laboratories
LSSM	Large-Scale Shell Model
MCSM	Monte-Carlo Shell Model
NSCL	National Superconducting Cyclotron Laboratory
ORNL	Oak Ridge National Laboratory
ReA3	Re-accelerator facility
RIB	Radioactive Ion Beam
SD	Superdeformed
SNO+	Sudbury Neutrino Observatory Plus
T-Plot	Tsunoda-Plot

References

1. Kumar, K. Intrinsic quadrupole moments and shapes of nuclear ground states and excited states. *Phys. Rev. Lett.* **1972**, *28*, 249.
2. Clément, E.; Zielińska, M.; Görden, A.; Korten, W.; Péru, S.; Libert, J.; Goutte, H.; Hilaire, S.; Bastin, B.; Bauer, C.; et al. Spectroscopic quadrupole moments in $^{96,98}\text{Sr}$: Evidence for shape coexistence in neutron-rich strontium isotopes at $N = 60$. *Phys. Rev. Lett.* **2016**, *116*, 022701.
3. Hadyńska-Klęk, K.; Napiorkowski, P.J.; Zielińska, M.; Srebrny, J.; Maj, A.; Azaiez, F.; Valiente Dobón, J.J.; Kicińska-Habior, M.; Nowacki, F.; Naïdja, H.; et al. Superdeformed and triaxial states in ^{42}Ca . *Phys. Rev. Lett.* **2016**, *117*, 062501.
4. Gaffney, L.P.; Butler, P.A.; Scheck, M.; Hayes, A.B.; Wenander, F.; Albers, M.; Bastin, B.; Bauer, C.; Blazhev, A.; Bönig, S.; et al. Studies of pear shaped nuclei using accelerated radioactive beams. *Nature* **2013**, *497*, 199.
5. Zielińska, M.; Gaffney, L.P.; Wrzosek-Lipska, K.; Clément, E.; Grah, T.; Kesteloot, N.; Napiorkowski, P.J.; Pakarinen, J.; Van Duppen, P.; Warr, N. Analysis methods of safe Coulomb-excitation experiments with radioactive ion beams using the GOSIA code. *Eur. Phys. J. A* **2016**, *52*, 99.
6. Görden, A.; Korten, W. Coulomb excitation studies of shape coexistence in atomic nuclei. *J. Phys. G Nucl. Part. Phys.* **2010**, *43*, 024002.
7. Cline, D. Nuclear shapes studied by Coulomb excitation. *Annu. Rev. Nucl. Part. Sci.* **1986**, *36*, 683.
8. Srebrny, J.; Czosnyka, T.; Karczmarczyk, W.; Napiorkowski, P.; Droste, C.; Wollersheim, H.-J.; Emling, H.; Grein, H.; Kulesa, R.; Cline, D.; et al. $E1$, $E2$, $E3$ and $M1$ information from heavy ion Coulomb excitation. *Nucl. Phys. A* **1993**, *557*, 663c.
9. Alder, K.; Winther, A. *Electromagnetic Excitation*; North-Holland: Amsterdam, The Netherlands, 1975.
10. De Boer, J.; Eichler, J. The Reorientation Effect. In *Advances in Nuclear Physics*; Plenum Press: New York, NY, USA, 1968; Volume 1, Chapter 1, pp. 1–65.
11. Clément, E.; Görden, A.; Korten, W.; Bouchez, E.; Chatillon, A.; Delaroche, J.-P.; Girod, M.; Goutte, H.; Hürstel, A.; Le Coz, Y.; et al. Shape coexistence in neutron-deficient krypton isotopes. *Phys. Rev. C* **2007**, *75*, 054313.
12. Zielińska, M.; Hadyńska-Klęk, K. Nuclear shapes studied with low-energy Coulomb excitation. *EPJ Web Conf.* **2018**, *178*, 02014.
13. Henderson, J. Convergence of electric quadrupole rotational invariants from the nuclear shell model. *Phys. Rev. C* **2020**, *102*, 054306.
14. Rocchini, M.; Hadyńska-Klęk, K.; Nannini, A.; Goasduff, A.; Zielińska, M.; Testov, D.; Rodriguez, T.R.; Gargano, A.; Nowacki, F.; De Gregorio, G.; et al. Onset of triaxial deformation in ^{66}Zn and properties of its first excited 0^+ state studied by means of Coulomb excitation. *Phys. Rev. C* **2021**, *103*, 014311.

15. Schmidt, T.; Heyde, K.L.G.; Blazhev, A.; Jolie, J. Shell-model-based deformation analysis of light cadmium isotopes. *Phys. Rev. C* **2017**, *94*, 014302.
16. Morrison, L.; Hadyńska-Klęk, K.; Podolyák, Z.; Doherty, D.T.; Gaffney, L.P.; Kaya, L.; Próchniak, L.; Samorajczyk-Pyśk, J.; Srebrny, J.; Berry, T.; et al. Quadrupole deformation of ^{130}Xe measured in a Coulomb-excitation experiment. *Phys. Rev. C* **2020**, *102*, 054304.
17. Wrzosek-Lipska, K.; Próchniak, L.; Zielińska, M.; Srebrny, J.; Hadyńska-Klęk, K.; Iwanicki, J.; Kisieliński, M.; Kowalczyk, M.; Napiorkowski, P.J.; Pięta, D.; et al. Electromagnetic properties of ^{100}Mo : Experimental results and theoretical description of quadrupole degrees of freedom. *Phys. Rev. C* **2012**, *86*, 064305.
18. Hadyńska-Klęk, K.; Napiorkowski, P.J.; Zielińska, M.; Srebrny, J.; Maj, A.; Azaiez, F.; Valiente Dobón, J.J.; Kicińska-Habior, M.; Nowacki, F.; Naïdja, H.; et al. Quadrupole collectivity in ^{42}Ca from low-energy Coulomb excitation with AGATA. *Phys. Rev. C* **2018**, *97*, 024326.
19. Akkoyun, S.; Algora, A.; Alikhani, B.; Ameil, F.; de Angelis, G.; Arnold, L.; Astier, A.; Ataç, A.; Aubert, Y.; Aufranc, C.; et al. AGATA—Advanced GAMMA Tracking Array. *Nucl. Instrum. Methods Phys. Res. A* **2012**, *668*, 26.
20. Caurier, E.; Menéndez, J.; Nowacki, F.; Poves, A. Coexistence of spherical states with deformed and superdeformed bands in doubly magic ^{40}Ca : A shell-model challenge. *Phys. Rev. C* **2007**, *75*, 054317.
21. Toh, Y.; Czosnyka, T.; Oshima, M.; Hayakawa, T.; Hatsukawa, Y.; Matsuda, M.; Katakura, J.; Shinohara, N.; Sugawara, M.; Kusakari, H. Shape coexistence in even-even Ge isotopes—Complete spectroscopy with Coulomb excitation. *J. Nucl. Sci. Technol.* **2002**, *39*, 497.
22. Heyde, K.; Wood, J.L. Shape coexistence in atomic nuclei. *Rev. Mod. Phys.* **2011**, *83*, 1467.
23. Sugawara, M.; Toh, Y.; Czosnyka, T.; Oshima, M.; Hayakawa, T.; Kusakari, H.; Hatsukawa, Y.; Katakura, J.; Shinohara, N.; Matsuda, M.; et al. Multiple Coulomb excitation of a ^{70}Ge beam and the interpretation of the 0_2^+ state as a deformed intruder. *Eur. Phys. J. A* **2003**, *16*, 409.
24. Ayangeakaa, A.D.; Janssens, R.V.F.; Wu, C.Y.; Allmond, J.M.; Wood, J.L.; Zhu, S.; Albers, M.; Almaraz-Calderon, S.; Bucher, B.; Carpenter, M.P.; et al. Shape coexistence and the role of axial asymmetry in ^{72}Ge . *Phys. Lett. B* **2016**, *754*, 254.
25. Toh, Y.; Czosnyka, T.; Oshima, M.; Hayakawa, T.; Kusakari, H.; Sugawara, M.; Hatsukawa, Y.; Katakura, J.; Shinohara, N.; Matsuda, M. Coulomb excitation of ^{74}Ge beam. *Eur. Phys. J. A* **2000**, *9*, 353.
26. Toh, Y.; Czosnyka, T.; Oshima, M.; Hayakawa, T.; Kusakari, H.; Sugawara, M.; Osa, A.; Koizumi, M.; Hatsukawa, Y.; Katakura, J.; et al. Multiple Coulomb excitation of a ^{76}Ge beam. *J. Phys. G Nucl. Part. Phys.* **2001**, *27*, 1475.
27. Passoja, A.; Julin, R.; Kantele, J.; Luontama, M.; Vergnes, M. $E0$ transitions in ^{70}Ge and shape-coexistence interpretation of even-mass Ge isotopes. *Nucl. Phys. A* **1985**, *438*, 413.
28. Koizumi, M.; Seki, A.; Toh, Y.; Osa, A.; Utsuno, Y.; Kimura, A.; Oshima, M.; Hayakawa, T.; Hatsukawa, Y.; Katakura, J.; et al. Multiple Coulomb excitation experiment of ^{68}Zn . *Nucl. Phys. A* **2004**, *730*, 46.
29. Henderson, J.; Wu, C.Y.; Ash, J.; Brown, B.A.; Bender, P.C.; Elder, R.; Elman, B.; Gade, A.; Grindler, M.; Iwasaki, H.; et al. Triaxiality in selenium-76. *Phys. Rev. C* **2019**, *99*, 054313.
30. Hayakawa, T.; Toh, Y.; Oshima, M.; Osa, A.; Koizumi, M.; Hatsukawa, Y.; Utsuno, Y.; Katakura, J.; Matsuda, M.; Morikawa, T.; et al. Projectile Coulomb excitation of ^{78}Se . *Phys. Rev. C* **2003**, *67*, 064310.
31. Ayangeakaa, A.D.; Janssens, R.V.F.; Zhu, S.; Little, D.; Henderson, J.; Wu, C.Y.; Hartley, D.J.; Albers, M.; Auranen, K.; Bucher, B.; et al. Evidence for rigid triaxial deformation in ^{76}Ge from a model-independent analysis. *Phys. Rev. Lett.* **2019**, *123*, 102501.
32. Caurier, E.; Nowacki, F.; Poves, A. Nuclear-structure aspects of the neutrinoless $\beta\beta$ -decays. *Eur. Phys. J. A* **2008**, *36*, 195.
33. Rodríguez, T.R.; Martínez-Pinedo, G. Energy density functional study of nuclear matrix elements for neutrinoless $\beta - \beta$ decay. *Phys. Rev. Lett.* **2010**, *105*, 252503.
34. ENSDF, NNDC, Brookhaven National Laboratory. Available online: <https://www.nndc.bnl.gov/ensdf/> (accessed on 1 June 2021).
35. Märginean, N.; Little, D.; Tsunoda, Y.; Leoni, S.; Janssens, R.V.F.; Fornal, B.; Otsuka, T.; Michelagnoli, C.; Stan, L.; Crespi, F.C.L.; et al. Shape coexistence at zero spin in ^{64}Ni driven by the monopole tensor interaction. *Phys. Rev. Lett.* **2020**, *125*, 102502.
36. Tracy, J.L., Jr.; Winger, J.A.; Rasco, B.C.; Silwal, U.; Siwakoti, P.; Rykaczewski, K.P.; Grzywacz, R.; Batchelder, J.C.; Bingham, C.R.; Brewer, N.T.; et al. Updated β -decay measurement of neutron-rich ^{74}Cu . *Phys. Rev. C* **2018**, *98*, 034309.
37. Recchia, F.; Chiara, C.J.; Janssens, R.V.F.; Weisshaar, D.; Gade, A.; Walters, W.B.; Albers, M.; Alcorta, M.; Bader, V.M.; Baugher, T.; et al. Configuration mixing and relative transition rates between low-spin states in ^{68}Ni . *Phys. Rev. C* **2013**, *88*, 041302(R).
38. Poves, A.; Nowacki, F.; Alhassid, Y. Limits on assigning a shape to a nucleus. *Phys. Rev. C* **2020**, *101*, 054307.
39. Honma, M.; Otsuka, T.; Mizusaki, T.; Hjorth-Jensen, M. New effective interaction for $f_5p g_9$ -shell nuclei. *Phys. Rev. C* **2009**, *80*, 064323.
40. Tsunoda, Y.; Otsuka, T.; Shimizu, N.; Honma, M.; Utsuno, Y. Novel shape evolution in exotic Ni isotopes and configuration-dependent shell structure. *Phys. Rev. C* **2014**, *89*, 031301(R).
41. Leoni, S.; Fornal, B.; Märginean, N.; Sferrazza, M.; Tsunoda, Y.; Otsuka, T. Shape coexistence and shape isomerism in the Ni isotopic chain. *Acta Phys. Pol. B* **2019**, *50*, 605.
42. Van de Walle, J.; Aksouh, F.; Behrens, T.; Bildstein, V.; Blazhev, A.; Cederkäll, J.; Clément, E.; Cocolios, T.E.; Davinson, T.; Delahaye, P.; et al. Low-energy Coulomb excitation of neutron-rich zinc isotopes. *Phys. Rev. C* **2009**, *79*, 014309.
43. Van de Walle, J.; Aksouh, F.; Ames, F.; Behrens, T.; Bildstein, V.; Blazhev, A.; Cederkäll, J.; Clément, E.; Cocolios, T.E.; Davinson, T.; et al. Coulomb excitation of neutron-rich Zn isotopes: First observation of the 2_1^+ state in ^{80}Zn . *Phys. Rev. Lett.* **2007**, *99*, 142501.

44. Padilla-Rodal, E.; Galindo-Uribarri, A.; Baktash, C.; Batchelder, J.C.; Beene, J.R.; Bijker, R.; Brown, B.A.; Castaños, R.; Fuentes, B.; Gomez del Campo, J.; et al. $B(E2) \uparrow$ measurements for radioactive neutron-rich Ge isotopes: Reaching the $N = 50$ closed shell. *Phys. Rev. Lett.* **2005**, *94*, 122501.
45. Grodzins, L. The uniform behaviour of electric quadrupole transition probabilities from first 2^+ states in even-even nuclei. *Phys. Lett.* **1962**, *2*, 88.
46. Honma, M.; Otsuka, T.; Brown, B.A.; Mizusaki, T. New effective interaction for pf -shell nuclei and its implications for the stability of the $N = Z = 28$ closed core. *Phys. Rev. C* **2004**, *69*, 034335.
47. Otsuka, T.; Honma, M.; Mizusaki, T. Structure of the $N = Z = 28$ closed shell studied by Monte Carlo Shell Model calculation. *Phys. Rev. Lett.* **1998**, *81*, 1588.
48. Taniuchi, R.; Santamaria, C.; Doornenbal, P.; Obertelli, A.; Yoneda, K.; Authalet, G.; Baba, H.; Calvet, D.; Château, F.; Corsi, A.; et al. ^{78}Ni revealed as a doubly magic stronghold against nuclear deformation. *Nature* **2019**, *569*, 52.
49. Sieja, K.; Nowacki, F.; Langanke, K.; Martínez-Pinedo, G. Shell model description of zirconium isotopes. *Phys. Rev. C* **2009**, *79*, 064310.
50. Togashi, T.; Tsunoda, Y.; Otsuka, T.; Shimizu, N. Quantum Phase Transition in the shape of Zr isotopes. *Phys. Rev. Lett.* **2016**, *117*, 172502.
51. Marchini, N.; Rocchini, M.; Nannini, A.; Doherty, D.T.; Zielińska, M.; Garrett, P.E.; Hadyńska-Klęk, K.; Testov, D.; Goasduff, A.; Benzoni, G.; et al. Shape coexistence in ^{94}Zr studied via Coulomb excitation. *Eur. Phys. J. Web Conf.* **2019**, *223*, 01038.
52. Clément, E.; Zielińska, M.; Péru, S.; Goutte, H.; Hilaire, S.; Görgen, A.; Korten, W.; Doherty, D.T.; Bastin, B.; Bauer, C.; et al. Low-energy Coulomb excitation of $^{96,98}\text{Sr}$ beams. *Phys. Rev. C* **2016**, *94*, 054326.
53. Zielińska, M.; Czosnyka, T.; Chojiński, J.; Iwanicki, J.; Napiorkowski, P.; Srebrny, J.; Toh, Y.; Oshima, M.; Osa, A.; Utsuno, Y.; et al. Electromagnetic structure of ^{98}Mo . *Nucl. Phys. A* **2002**, *712*, 3.
54. Freeman, S.J.; Sharp, D.K.; McAllister, S.A.; Kay, B.P.; Deibel, C.M.; Faestermann, T.; Hertenberger, R.; Mitchell, A.J.; Schiffer, J.P.; Szewc, S.V.; et al. Experimental study of the rearrangements of valence protons and neutrons amongst single-particle orbits during double- β decay in ^{100}Mo . *Phys. Rev. C* **2017**, *96*, 054325.
55. Allmond, J.M.; Stuchbery, A.E.; Galindo-Uribarri, A.; Padilla-Rodal, E.; Radford, D.C.; Batchelder, J.C.; Bingham, C.R.; Howard, M.E.; Liang, J.F.; Manning, B.; et al. Investigation into the semimagic nature of the tin isotopes through electromagnetic moments. *Phys. Rev. C* **2015**, *92*, 041303(R).
56. Kumar, R.; Saxena, M.; Doornenbal, P.; Jhingan, A.; Banerjee, A.; Bhowmik, R.K.; Dutt, S.; Garg, R.; Joshi, C.; Mishra, V.; et al. No evidence of reduced collectivity in Coulomb-excited Sn isotopes. *Phys. Rev. C* **2017**, *96*, 054318.
57. Kumar, R.; Doornenbal, P.; Jhingan, A.; Bhowmik, R.K.; Muralithar, S.; Appannababu, S.; Garg, R.; Gerl, J.; Górski, M.; Kaur, J.; et al. Enhanced $0^+_{\text{g.s.}} \rightarrow 2^+_1$ $E2$ transition strength in ^{112}Sn . *Phys. Rev. C* **2010**, *81*, 024306.
58. Cederkäll, J.; Ekström, A.; Fahlander, C.; Hurst, A.M.; Hjorth-Jensen, M.; Ames, F.; Banu, A.; Butler, P.A.; Davinson, T.; Datta Pramanik, U.; et al. Sub-barrier Coulomb excitation of ^{110}Sn and its implications for the ^{100}Sn shell closure. *Phys. Rev. Lett.* **2007**, *98*, 172501.
59. Ekström, A.; Cederkäll, J.; Fahlander, C.; Hjorth-Jensen, M.; Ames, F.; Butler, P.A.; Davinson, T.; Eberth, J.; Fincke, F.; Görgen, A.; et al. $0^+_{\text{g.s.}} \rightarrow 2^+_1$ transition strengths in ^{106}Sn and ^{108}Sn . *Phys. Rev. Lett.* **2008**, *101*, 012502.
60. Radford, D.C.; Baktash, C.; Beene, J.R.; Fuentes, B.; Galindo-Uribarri, A.; Gomez del Campo, J.; Gross, C.J.; Halbert, M.L.; Larochelle, Y.; Lewis, T.A.; et al. Nuclear structure studies with heavy neutron-rich RIBS at the HRIBF. *Nucl. Phys. A* **2004**, *746*, 83c.
61. Allmond, J.M.; Radford, D.C.; Baktash, C.; Batchelder, J.C.; Galindo-Uribarri, A.; Gross, C.J.; Hausladen, P.A.; Lagergren, K.; Larochelle, Y.; Padilla-Rodal, E.; et al. Coulomb excitation of $^{124,126,128}\text{Sn}$. *Phys. Rev. C* **2012**, *84*, 061303(R).
62. Rosiak, D.; Seidlitz, M.; Reiter, P.; Naïdja, H.; Tsunoda, Y.; Togashi, T.; Nowacki, F.; Otsuka, T.; Colò, G.; Arnsward, K.; et al. Enhanced quadrupole and octupole strength in doubly magic ^{132}Sn . *Phys. Rev. Lett.* **2018**, *121*, 252501.
63. Togashi, T.; Tsunoda, Y.; Otsuka, T.; Shimizu, N.; Honma, M. Novel shape evolution in Sn isotopes from magic numbers 50 to 82. *Phys. Rev. Lett.* **2018**, *121*, 062501.
64. Siciliano, M.; Valiente-Dobón, J.J.; Goasduff, A.; Nowacki, F.; Zuker, A.P.; Bazzacco, D.; Lopez-Martens, A.; Clément, E.; Benzoni, G.; Braunroth, T.; et al. Pairing-quadrupole interplay in the neutron-deficient tin nuclei: First lifetime measurements of low-lying states in $^{106,108}\text{Sn}$. *Phys. Lett. B* **2020**, *806*, 135474.
65. Zuker, A.P. Quadrupole dominance in the light Sn and in the Cd isotopes. *Phys. Rev. C* **2021**, *103*, 024322.
66. Dufflo, J.; Zuker, A.P. The nuclear monopole Hamiltonian. *Phys. Rev. C* **1999**, *59*, R2347.
67. Fielding, H.W.; Anderson, R.E.; Zafiratos, C.D.; Lind, D.A.; Cecil, F.E.; Wieman, H.H.; Alford, W.P. 0^+ states observed in Cd and Sn nuclei with the ($^3\text{He}, n$) reaction. *Nucl. Phys. A* **1977**, *281*, 389.
68. Wrzosek-Lipska, K.; Próchniak, L.; Garrett, P.E.; Yates, S.W.; Wood, J.L.; Napiorkowski, P.J.; Abraham, T.; Allmond, J.M.; Bello Garrote, F.L.; Bidaman, H.; et al. Quadrupole deformation of ^{110}Cd studied with Coulomb excitation. *Acta Phys. Pol. B* **2020**, *51*, 789.
69. Ekström, A.; Cederkäll, J.; DiJulio, D.D.; Fahlander, C.; Hjorth-Jensen, M.; Blazhev, A.; Bruyneel, B.; Butler, P.A.; Davinson, T.; Eberth, J.; et al. Electric quadrupole moments of the 2^+_1 states in $^{100,102,104}\text{Cd}$. *Phys. Rev. C* **2009**, *80*, 054302.
70. Boelaert, N.; Smirnova, N.; Heyde, K.; Jolie, J. Shell model description of the low-lying states of the neutron deficient Cd isotopes. *Phys. Rev. C* **2007**, *75*, 014316.

71. Rhodes, D.; Brown, B.A.; Henderson, J.; Gade, A.; Ash, J.; Bender, P.C.; Elder, R.; Elman, B.; Grinder, M.; Hjorth-Jensen M.; et al. Exploring the role of high- j configurations in collective observables through the Coulomb excitation of ^{106}Cd . *Phys. Rev. C* **2021**, *103*, L051301.
72. Klintefjord, M.; Hadyńska-Klęk, K.; Görgen, A.; Bauer, C.; Bello Garrote, F.L.; Bönig, S.; Bounthong, B.; Damyanova, A.; Delaroche, J.-P.; Fedosseev, V.; et al. Structure of low-lying states in ^{140}Sm studied by Coulomb excitation. *Phys. Rev. C* **2016**, *93*, 054303.
73. Caurier, E.; Nowacki, F.; Poves, A.; Sieja, K. Collectivity in the light xenon isotopes: A shell model study. *Phys. Rev. C* **2010**, *82*, 064304.
74. Brown, B.A.; Stone, N.J.; Stone, J.R.; Towner, I.S.; Hjorth-Jensen, M. Magnetic moments of the 2_1^+ states around ^{132}Sn . *Phys. Rev. C* **2005**, *71*, 044317.
75. Kaia, L.; Vogt, A.; Reiter, P.; Müller-Gatermann, C.; Siciliano, M.; Coraggio, L.; Itaco, N.; Gargano, A.; Arnsward, K.; Bazzacco, D.; et al. Millisecond $23/2^+$ isomers in the $N = 79$ isotones ^{133}Xe and ^{135}Ba . *Phys. Rev. C* **2018**, *98*, 054312.
76. Vogt, A.; Birkenbach, B.; Reiter, P.; Blazhev, A.; Siciliano, M.; Hadyńska-Klęk, K.; Valiente-Dobón, J.J.; Wheldon, C.; Teruya, E.; Yoshinaga, N.; et al. Isomers and high-spin structures in the $N = 81$ isotones ^{135}Xe and ^{137}Ba . *Phys. Rev. C* **2017**, *95*, 024316.
77. CUORE Collaboration. Arnaboldi, C.; Avignone, F.T., III; Beeman, J.; Barucci, M.; Balata, M.; Brofferio, C.; Bucci, C.; Cebrian, S.; Creswick, R.J.; et al. CUORE: A cryogenic underground observatory for rare events. *Nucl. Instrum. Methods Phys. Res. A* **2004**, *518*, 775.
78. Albanese, V.; Alves, R.; Anderson, M.R.; Andringa, S.; Anselmo, L.; Arushanova, E.; Asahi, S.; Askins, M.; Auty, D.J.; Back, A.R.; et al. The SNO+ experiment. *J. Instrum.* **2021**, *16*, P 08059.
79. Coraggio, L.; De Angelis, L.; Fukui, T.; Gargano, A.; Itaco, N. Calculation of Gamow-Teller and two-neutrino double- β decay properties for ^{130}Te and ^{136}Xe with a realistic nucleon-nucleon potential. *Phys. Rev. C* **2017**, *95*, 064324.
80. Entwisle, J.P.; Kay, B.P.; Tamii, A.; Adachi, S.; Aoi, N.; Clark, J.A.; Freeman, S.J.; Fujita, H.; Fujita, Y.; Furuno, T.; et al. Change of nuclear configurations in the neutrinoless double- β decay of $^{130}\text{Te} \rightarrow ^{130}\text{Xe}$ and $^{136}\text{Xe} \rightarrow ^{136}\text{Ba}$. *Phys. Rev. C* **2016**, *93*, 064312.
81. Kay, B.P.; Bloxham, T.; McAllister, S.A.; Clark, J.A.; Deibel, C.M.; Freedman, S.J.; Freeman, S.J.; Han, K.; Howard, A.M.; Mitchell, A.J.; et al. Valence neutron properties relevant to the neutrinoless double- β decay of ^{130}Te . *Phys. Rev. C* **2013**, *87*, 011302(R).
82. Paschalis, S.; Lee, I.Y.; Macchiavelli, A.O.; Campbell, C.M.; Cromaz, M.; Gros, S.; Pavin, J.; Qian, J.; Clark, R.M.; Crawford, H.L.; et al. The performance of the Gamma-Ray Energy Tracking In-beam Nuclear Array GRETINA. *Nucl. Instrum. Methods Phys. Res. A* **2013**, *709*, 44.
83. Surman, R.; Engel, J.; Bennett, J.R.; Meyer, B.S. Source of the rare-earth element peak in r-process nucleosynthesis. *Phys. Rev. Lett.* **1997**, *79*, 1809.