

Mycotoxin Incidence in Pre-Harvest Maize Grains [†]

Bruna Carbas ¹, Andreia Soares ¹, Andreia Freitas ¹, Ana Sanches Silva ^{1,2}, Tiago Pinto ³, Eugénia Andrade ¹ and Carla Brites ^{1,4,*}

¹ National Institute for Agricultural and Veterinary Research (INIAV), I.P., Av. da República, Quinta do Marquês, 2780-157 Oeiras, Portugal; bruna.carbas@iniav.pt (B.C.); andrea.soares@iniav.pt (A.S.); andrea.freitas@iniav.pt (A.F.); ana.silva@iniav.pt (A.S.S.); eugenia.andrade@iniav.pt (E.A.)

² Centre for Animal Science Studies (CECA), ICETA, University of Porto, 4051-401 Porto, Portugal

³ ANPROMIS—Associação Nacional dos Produtores de Milho e do Sorgo, 1549-012 Lisboa, Portugal; anpromis@anpromis.pt

⁴ GREEN-IT Bioresources for Sustainability, ITQB NOVA, Av. da República, 2780-157 Oeiras, Portugal

* Correspondence: carla.brites@iniav.pt

[†] Presented at the 1st International Electronic Conference on Food Science and Functional Foods, 10–25 November 2020; Available online: https://foods_2020.sciforum.net/.

Abstract: The occurrence of mycotoxins causes substantial reductions in maize (*Zea mays* L.) grain quality worldwide. The predominant mycotoxins found in maize grains are aflatoxins (AFB₁, AFB₂, AFG₁ and AFG₂), fumonisins (FB₁ and FB₂), deoxynivalenol (DON), toxin T2 (T2), ochratoxin A (OTA) and zearalenone (ZEA). In Europe, the predominant mycotoxins originated by field contaminations are produced by mycotoxigenic fungi mainly belonging to the *Fusarium* genus. Accurate fungal identifications, mycotoxin detection and occurrence estimations are important, however, in Portugal, the knowledge about the incidence of mycotoxin types in pre-harvested maize grains and during their storage is still limited. The incidence of mycotoxins in maize grains is substantially influenced by the agricultural practices where the harvesting time is of utmost importance to minimize the risk of accumulation. The main objective of this work was to evaluate, for the first time, the incidence of different types of mycotoxins on maize grains harvested on three farms located in the Tagus Valley region of Portugal. For this purpose, grains from three harvesting dates were analyzed by UHPLC-ToF-MS. It was shown that fumonisins (FB₁ and FB₂) were the main mycotoxins in the samples analyzed. No other mycotoxins were detected. Among fumonisins, FB₁ was the most predominant. Additionally, our data also indicated that the risk of contamination by FB₁ and FB₂ increases with late harvesting. Therefore, a good knowledge of climatic conditions may lead to the establishment of adequate field practices, particularly, the forecast of an early harvesting time.

Citation: Carbas, B.; Soares, A.; Freitas, A.; Silva, A.S.; Pinto, T.; Andrade, E.; Brites, C. Mycotoxin Incidence in Pre-Harvest Maize Grain. *Proceedings* **2021**, *70*, 24. https://doi.org/10.3390/foods_2020-07667

Published: 9 November 2020

Keywords: *Zea mays* L.; harvesting time; *Fusarium*; fumonisins; mycotoxins; UHPLC-ToF-MS

Publisher's Note: MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Copyright: © 2020 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<http://creativecommons.org/licenses/by/4.0/>).

1. Introduction

The occurrence of mycotoxins in maize grains is a big concern due to their potential risk for animal and human health, emphasized by the worldwide importance of maize as a commodity in feed and food uses [1].

Mycotoxins are secondary metabolites produced by fungal toxigenic species belonging to different genera including the *Aspergillus*, *Penicillium* and *Fusarium* genera [2]. In Europe, mycotoxins originated from field to storage are predominantly a consequence of fungal infections by *Fusarium* species reacting to the stress caused by environmental extremes [3]. In maize grains and maize-derived food and feed products, the presence of fumonisins (FB₁ and FB₂), aflatoxins (AFB₁, AFB₂, AFG₁ and AFG₂), deoxynivalenol, (DON), toxin T2 (T2), ochratoxin A (OTA) and zearalenone (ZEA) has been reported. All mycotoxins cause negative effects on human health and livestock

production [4]. Thereby, regulatory maximum thresholds were established for mitigation of mycotoxin occurrence in food and feed products [5,6].

The incidence of such metabolites in maize grains depends on many factors such as agricultural practices, genetic background, insect damage, storage conditions and environmental conditions [7]. Among the agricultural practices, the harvesting time has been shown to be significant on the levels of different mycotoxins, mainly fumonisins, deoxynivalenol and zearalenone [5]. Few studies reported that the risk of fumonisins contamination in forage maize for whole-crop silage increases with later harvesting times [8]. In Portugal, the knowledge about the incidence of mycotoxin types in pre-harvested maize grains and during their storage is still limited. For this reason, the main objective of this work was to evaluate, for the first time, the incidence of different types of mycotoxins in maize grains harvested on three farms located in the Tagus Valley region of Portugal and at the same time to evaluate the impact of the harvesting time on the mycotoxin contamination level of maize.

2. Methods

2.1. Sampling

During the 2019 campaign, 24 samples of maize of Pioneer varieties P0933 (B, C) and P1049 (A) were collected from eight plots (A1, A2, A3, A4, B1, B2, B3 and C1) in three farms, located in the Tagus Valley region of Portugal. The eight different plots correspond to the application of different field treatments which are A1 (Coragen-200 mL/ha), A2 (without treatment), A3 (Nergetic 30–200 kg/ha), A4 (Patentkali-200 kg/ha), B1 (F-BAC), B2 (without treatment), B3 (Nefusol) and C1 (without treatment).

Sampling occurred on three harvesting dates: 1st harv date, 2nd harv date (10 days after 1st harv date) and 3rd harv date (10 days after 2nd harv date). From each plot, ears were taken at random. Each primary sample was composed of 25 ears (approx. 5 kg) which were ground (Retsch rotor mill SK 300) with a sieve of trapezoid holes of 1.00 mm to obtained flour according to the European Union requirements [9]. The flours of each sample were mixed for homogenization, and three subsamples of 50 g samples were stored at $-20\text{ }^{\circ}\text{C}$ in sterile plastic tubes until analysis.

2.2. Sample Preparation

Two grams of maize of each subsample were placed into a 50 mL polypropylene tube, added 100 μL internal standard zearalanone (10 $\mu\text{g/mL}$) and extracted with 10 mL of acetonitrile 80% (*v/v*) for 1 h in an orbital shaker (Kotterman 4010, Uetze/Hanigsen, Germany). Extracts were centrifugated at 3000 rpm for 10 min, the supernatant was recovered, and the previous procedure was repeated. For analysis of fumonisins, 1 mL of the extract was diluted with 1 mL of ultra-pure water. For the analysis of the other mycotoxins, 8 mL of the extract was evaporated to dryness under a gentle stream of nitrogen at $40\text{ }^{\circ}\text{C}$. The residue was redissolved with 1 mL of acetonitrile 40% (*v/v*) and vortexed for 30 s. All the extracts were filtered through a PVDF mini-uniprep™ and injected into the UHPLC-ToF-MS system.

2.3. Determination of Mycotoxins in Samples

Detection and quantification were performed with a Nexera X2 Shimadzu UHPLC coupled with a 5600 ToF-MS detector (SCIEX, Foster City, CA, USA) equipped with a Turbo Ion Spray electrospray ionization source working in positive mode (ESI), with the chromatographic conditions as described by Silva et al. [10].

2.4. Statistical Analyses

The mycotoxins were measured in triplicate. One-way analysis of variance (ANOVA) and Tukey's test were used to assess significant differences between samples. Differences

were considered significant at $p < 0.05$. The statistical analyses applied to the analytical results were performed using SPSS Statistics 21.0 software (SPSS Inc., Chicago, IL, USA).

3. Results and Discussion

The results of mycotoxin determination in the maize samples from farms of the Tagus Valley region of Portugal for the three harvesting times are shown in Table 1.

Table 1. Influence of harvesting time on the occurrence of mycotoxin contamination in maize grains from farms of the Tagus Valley region of Portugal.

Plots	Harvesting Data	FB ₁	FB ₂
A1	1st	261.5 ± 78.2ab	167.1 ± 34.8bc
	2nd	347 ± 25.9ab	182.1 ± 20.3bc
	3rd	216.1 ± 47.7ab	109.3 ± 2.5a
A2	1st	240.4 ± 46.8ab	163.5 ± 21.8b
	2nd	nd	nd
	3rd	189.4 ± 23.8ab	114.7 ± 2.0a
A3	1st	133.3 ± 11.1a	126.4 ± 26.3a
	2nd	nd	nd
	3rd	117.7 ± 0.0a	108.9 ± 0.0a
A4	1st	149.9 ± 26.6a	114.5 ± 5.7a
	2nd	350.4 ± 36.7abc	174.7 ± 8.5bc
	3rd	727.3 ± 76.8abc	214.3 ± 6.2bc
B1	1st	339.4 ± 19.1abc	180.7 ± 8.5bc
	2nd	335.2 ± 99.9ab	141.2 ± 17.9a
	3rd	568.8 ± 216.9abc	231.5 ± 58.1bc
B2	1st	273.3 ± 97.6ab	164.7 ± 42.7bc
	2nd	844.1 ± 67.9c	326.2 ± 75.7c
	3rd	1182.4 ± 233.4abc	495.7 ± 47.4d
B3	1st	nd	nd
	2nd	169.0 ± 44.2ab	123.5 ± 12.7a
	3rd	480.8 ± 127.3abc	207.6 ± 29.7bc
C1	1st	nd	nd
	2nd	136.3 ± 4.6a	117.8 ± 5.8a
	3rd	303.2 ± 36.0ab	158.7 ± 8.9a

The mycotoxin content is expressed in µg/kg; nd: not detected; the absence of common letters (a–d) indicates significant differences at $p < 0.05$.

In our study, there was no detection of ochratoxin A (OTA) in any maize samples at any harvesting time, indicating a low incidence of this type of mycotoxin in maize, as already described in other studies [2,7,11]. Aflatoxins (AFB₁, AFB₂, AFG₁, AFG₂), deoxynivalenol (DON) and zearalenone (ZEA) were not detected either, despite the common detection of these mycotoxins in maize-based food products in other countries [12,13]. In all the maize samples analyzed, only fumonisins (FB₁ and FB₂) were detected. These results are coherent with a recent study from Spain which showed that only FB₁ and FB₂ had a consistent presence at pre-harvest with variable concentration never exceeding the legal limits in a silo [11].

The concentrations of fumonisins type B (FB₁ + FB₂) varied considerably but were always at levels below the limits established by the EU for unprocessed grains. Indeed, the level of FB₁ on the earlier harvest date (1st harv date) was from 133.3 to 339.4 µg/kg and for FB₂ between 114.5 and 180.7 µg/kg. On the second harvesting date, the concentration of FB₁ was found to be 136.3–844.1 µg/kg; for FB₂, it was 117.8–326.2 µg/kg. On the later harvest date (3rd harv date), the concentrations of FB₁ and FB₂ ranged from 117.7 to 1182.4 µg/kg and from 108.9 to 495.7 µg/kg, respectively.

It is worth noting that the interval of values for the measured concentrations increased from the first to the third harvesting date, the lower limit being less variable

than the upper limit. Among fumonisins, FB₁ was the most predominant in all the samples, as reported in other countries [14,15].

Samples collected in plots B3 and C1 at the first harvesting date displayed a non-detectable level of fumonisins. Subsequent samples showed low levels of contamination which may indicate the occurrence of agricultural conditions disfavoring the incidence of fungal presence at late maturity stages. However, the concentrations of fumonisins clearly increased in the later harvest dates.

B2 showed the highest concentration of FB₁ and FB₂ in the later harvesting: 1182.4 µg/kg and 495.7 µg/kg, respectively. On the other hand, A3 exhibited the lowest concentrations of FB₁ and FB₂.

The fumonisins (FB₁ + FB₂) of maize grains on three harvesting dates are shown in Figure 1.

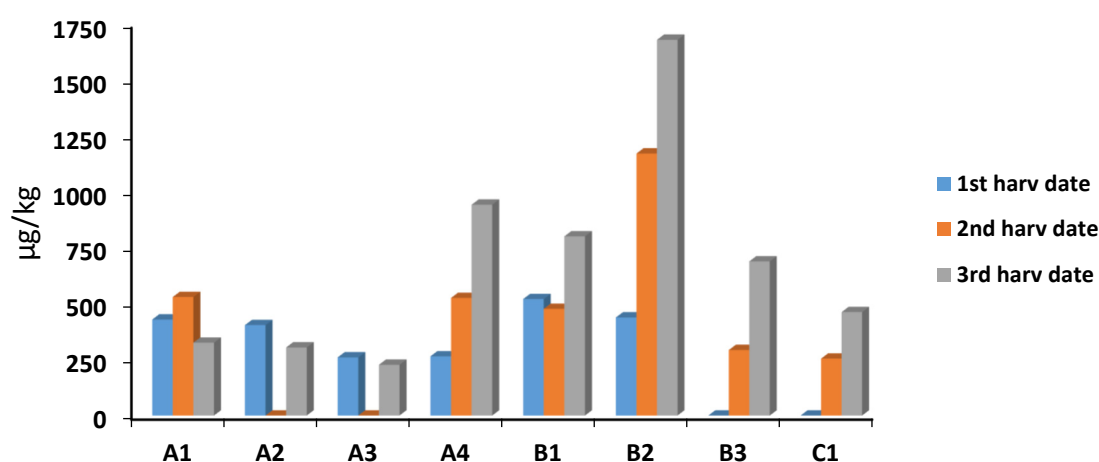


Figure 1. Total of fumonisins (FB₁+FB₂) of maize from farms of the Tagus Valley region of Portugal (A,B,C) on three harvesting dates.

The results of fumonisins (FB₁ + FB₂) were decreased in the maize samples from farm A, not detected at the 2nd harv date, but without significant differences between the first and the third harvesting dates. Regarding the samples from B and C farms, the concentrations of fumonisins clearly increased on the later harvest dates. In general, the highest levels of fumonisins were observed at the third harvesting date which is suggestive of a higher risk of contamination by FB₁ and FB₂ with late harvesting, but the variability of weather conditions should be accounted for. Some studies [2,16] reported that fumonisin contamination of maize and its by-products is a concerning issue in countries located in Southern Europe. The reported studies also stated that the accumulation of fumonisins in maize grains is progressive and influenced by the changes in weather conditions, and thus regular monitoring and measures to diminish their levels are needed.

4. Conclusions

The main mycotoxins present in the maize grain from farms of the Tagus Valley region of Portugal were the fumonisins B₁ and B₂. This preliminary study of the effect of harvesting time on the mycotoxin contamination highlights the recommendation for earlier harvest, taking into account the full maturation and dryness of maize grain. However, to corroborate our results, further research is recommended including more data from other regions of Portugal, as well as from other harvest years.

Author Contributions: Conceptualization, B.C. and C.B.; methodology, A.F. and A.S.S.; formal analysis, A.S., A.F. and A.S.S.; investigation, B.C., A.F., A.S.S., E.A., T.P. and C.B.; data writing—original draft preparation, B.C.; writing—review and editing, B.C., A.S., E.A. and C.B.; project administration, E.A., T.P. and C.B.; funding acquisition, T.P. and C.B. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by National Funds by Rural Development Program through the Operational Group QUALIMILHO—New sustainable integration strategies that guarantee quality and safety in the national maize, PDR2020 n° 101-031295 (2017–2020). This work was supported by FCT—Portuguese Foundation for Science and Technology through the R&D Unit, UIDB/04551/2020 (GREEN-IT—Bioresources for Sustainability). The work was supported by UIDB/00211/2020 with funding from FCT/MCTES through national funds.

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: Data sharing is not applicable to this article.

Conflicts of Interest: The authors declare no conflict of interest.

References

1. Waśkiewicz, A.; Beszterda, M.; Goliński, P. Occurrence of fumonisins in food—An interdisciplinary approach to the problem. *Food Control* **2012**, *26*, 491–499, doi:10.1016/j.foodcont.2012.02.007.
2. Tarazona, A.; Gómez, J.V.; Mateo, F.; Jiménez, M.; Romera, D.; Mateo, E.M. Study on mycotoxin contamination of maize kernels in Spain. *Food Control* **2020**, *118*, 107370, doi:10.1016/j.foodcont.2020.107370.
3. Zhou, D.; Wang, X.; Chen, G.; Sun, S.; Yang, Y.; Zhu, Z.; Duan, C. The major fusarium species causing maize ear and Kernel rot and their toxigenicity in Chongqing, China. *Toxins* **2018**, *10*, 90, doi:10.3390/toxins10020090.
4. Kamala, A.; Kimanya, M.; Haesaert, G.; Tiisekwa, B.; Madege, R.; Degraeve, S.; Cyprian, C.; De Meulenaer, B. Local post-harvest practices associated with aflatoxin and fumonisin contamination of maize in three agro ecological zones of Tanzania. *Food Addit. Contam.* **2016**, *33*, 551–559, doi:10.1080/19440049.2016.1138546.
5. Ferrigo, D.; Raiola, A.; Causin, R. Fusarium toxins in cereals: Occurrence, legislation, factors promoting the appearance and their management. *Molecules* **2016**, *21*, 627, doi:10.3390/molecules21050627.
6. Shephard, G.S.; Burger, H.M.; Rheeder, J.P.; Alberts, J.F.; Gelderblom, W.C.A. The effectiveness of regulatory maximum levels for fumonisin mycotoxins in commercial and subsistence maize crops in South Africa. *Food Control* **2019**, *97*, 77–80, doi:10.1016/j.foodcont.2018.10.004.
7. Hajok, I.; Kowalska, A.; Piekut, A.; Ćwieląg-Drabek, M. A risk assessment of dietary exposure to ochratoxin A for the Polish population. *Food Chem.* **2019**, *284*, 264–269.
8. Okabe, I.; Hiraoka, H.; Miki, K. Influence of harvest time on fumonisin contamination of forage maize for whole-crop silage. *Mycoscience* **2015**, *56*, 470–475, doi:10.1016/j.myc.2015.02.004.
9. Commission of the European Communities Commission Regulation (EC) No 401/2006 of 23 February 2006 laying down the methods of sampling and analysis for the official control of the levels of mycotoxins in foodstuffs. *Off. J. Eur. Union* **2006**, *70*, 12–34.
10. Silva, A.S.; Brites, C.; Pouca, A.V.; Barbosa, J.; Freitas, A. UHPLC-ToF-MS method for determination of multi-mycotoxins in maize: Development and validation. *Curr. Res. Food Sci.* **2019**, *1*, 1–7, doi:10.1016/j.crfs.2019.07.001.
11. García-Díaz, M.; Gil-Serna, J.; Vázquez, C.; Botia, M.N.; Patiño, B. A comprehensive study on the occurrence of mycotoxins and their producing fungi during the Maize production cycle in Spain. *Microorganisms* **2020**, *8*, 141, doi:10.3390/microorganisms8010141.
12. Manizan, A.L.; Oplatowska-Stachowiak, M.; Piro-Metayer, I.; Campbell, K.; Koffi-Nevry, R.; Elliott, C.; Akaki, D.; Montet, D.; Brabet, C. Multi-mycotoxin determination in rice, maize and peanut products most consumed in Côte d’Ivoire by UHPLC-MS/MS. *Food Control* **2018**, *87*, 22–30, doi:10.1016/j.foodcont.2017.11.032.
13. Kirinčič, S.; Škrjanc, B.; Kos, N.; Kozolc, B.; Pirnat, N.; Tavčar-Kalcher, G. Mycotoxins in cereals and cereal products in Slovenia—Official control of foods in the years 2008–2012. *Food Control* **2015**, *50*, 157–165, doi:10.1016/j.foodcont.2014.08.034.
14. Reg. n°1881/2006 Regulamento (CE) n° 1881/2006 da Comissão de 19 de Dezembro de 2006 que fixa os valores máximos de certos contaminantes presentes em géneros alimentícios. *J. União Eur.* **2006**, *2006*, L364/5–L364/24.
15. Mudili, V.; Siddai, C.N.; Nagesh, M.; Garapati, P.; Naveen Kumar, K.; Murali, H.S.; Yli Mattila, T.; Batra, H.V. Mould incidence and mycotoxin contamination in freshly harvested maize kernels originated from India. *J. Sci. Food Agric.* **2014**, *94*, 2674–2683, doi:10.1002/jsfa.6608.
16. Kos, J.; Janić Hajnal, E.; Malachová, A.; Steiner, D.; Stranska, M.; Krska, R.; Poschmaier, B.; Sulyok, M. Mycotoxins in maize harvested in Republic of Serbia in the period 2012–2015. Part 1: Regulated mycotoxins and its derivatives. *Food Chem.* **2020**, *312*, 126034, doi:10.1016/j.foodchem.2019.126034.