

Editorial

Nutrition Society of New Zealand Annual Conference Held in Napier, New Zealand, 28–29 November 2019 [†]

Rachel Brown ^{1,*}, Sally Mackay ² and Helen Eyles ^{2,3}

¹ Department of Human Nutrition, University of Otago, Dunedin 9054, New Zealand

² Department of Epidemiology and Biostatistics, School of Population Health, Faculty of Medical and Health Sciences, University of Auckland, Auckland 1023, New Zealand; sally.mackay@auckland.ac.nz (S.M.); h.eyles@auckland.ac.nz (H.E.)

³ National Institute for Health Innovation, School of Population Health, Grafton Campus, University of Auckland, Auckland 1023, New Zealand

* Correspondence: rachel.brown@otago.ac.nz; Tel.: +64-3-479-5839

[†] Presented at the 2019 Annual Meeting of the Nutrition Society of New Zealand, Napier, New Zealand, 28–29 November 2019.

Published: 20 December 2019

The annual conference and scientific meeting of the Nutrition Society of New Zealand took place in Napier, New Zealand from 28–29 November 2019. The meeting comprised four plenary sessions, four concurrent oral sessions, and 20 posters, providing an opportunity for more than 62 nutritional scientists to present their research. Abstracts for plenary talks, oral presentations and posters are published here. The aim of the annual meeting is to foster discussion and disseminate the results of nutrition-related research undertaken by the members of the society.

The theme of the Nutrition Society of New Zealand in 2019 was “Beyond nutrition—Kei tua I te kaitōtika”. The first plenary session included presentations on nutrition and cognition/mental health by Dr Ian Zajac and Kate Berridge. The second plenary session included presentations on nutrition in practice by Dr Mikki Williden and Associate Professor Anne-Louise Heath. The third plenary session included presentations on sustainability by Professor Jeremy Hill and Associate Professor Miranda Miroso. A fourth plenary session included a presentation on cultural health by Professor David Tipene-Leach. The Muriel Bell Lecture entitled ‘Nutrition in New Zealand: Can the past offer lessons for the present and guidance for the future?’ was presented by Professor Jane Coad of the School of Food and Advanced Technology, Massey University.



© 2019 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<http://creativecommons.org/licenses/by/4.0/>).