Gemmotherapy—Modern Medicine

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1. Introduction

Gemmotherapy, also known as phytoembryotherapy, is a modern homeopathic method of biotherapeutic drainage using the extracts of various trees and shrubs. The raw material of the buds, emerging shoots, seeds, rootlets and sap is taken at the peak time of the plant’s annual germination.

2. Materials and Methods

Plants are harvested in the spring, throughout the period of cellular division and plant growth. During this stage they contain the highest concentration of active growth factor hormones, auxins and gibberellins. These specific hormonal agents contain valuable informative matter required for the drainage of various organs and tissues at the cellular level.

3. Results

In order to extract the embryonic substance from the fresh buds, the complex remedies are macerated for increased patient compliance.

Gemmotherapy is very popular in European countries such as France, Belgium, Italy and Germany, as well as in some areas of Eastern Europe.

4. Conclusions

It works great for skin conditions, seasonal allergies, chronic ENTs, asthma, UTIs, migraines, digestive disturbances, sleep difficulties, menstrual irregularities, fertility issues, high blood pressure and many more.

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