

## Article

# Effects of Cantharidin on Fish Erythrocytes, Tumor Cell Lines, and Marine Pathogenic Bacteria

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**Abstract:** Cantharidin, a toxic monoterpene secreted by blister beetles, has long been used in traditional Chinese and modern medicine for its unique properties. However, despite its widespread use, its effects on fish have not been studied. The aim of this study was to evaluate the potential therapeutic applications of cantharidin in fish by examining its antioxidant, hemagglutinating, hemolytic, and cytotoxic activities at different concentrations (0, 0.625, 1.25, 2.5, 5, and 10  $\mu\text{g mL}^{-1}$ ) in three different cell lines. In addition, the study explored the bactericidal and bacteriostatic properties of cantharidin against various fish pathogenic bacteria. The results revealed that there were no significant differences in antioxidant, hemagglutinating, or hemolytic activities between the different concentrations of cantharidin tested. However, the study found that cantharidin exhibited dose- and time-dependent cytotoxicity in seabream (*Sparus aurata*) erythrocytes and in SAF-1, PLHC-1, and Hela cell lines, resulting in morphological changes indicative of apoptosis. Interestingly, the highest dose of cantharidin tested demonstrated potent bactericidal activity against four marine fish opportunistic bacteria, including *Vibrio harveyi*, *V. anguillarum*, *Photobacterium damsela*, and *Tenacibaculum maritimum*, but no statistically significant changes in bacteriostatic activity were observed against any of the bacteria tested. Overall, these results provide valuable information on the potential therapeutic applications of cantharidin in fish aquaculture. Further research is needed to fully understand the mechanisms of action and to explore possible preventive uses of cantharidin in fish.



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**Keywords:** cantharidin; erythrocytes; fish cell lines; marine pathogen bacteria; gilthead seabream (*Sparus aurata*); aquaculture

**Key Contribution:** The antioxidant, hemagglutinating, hemolytic, and cytotoxic properties of cantharidin, a toxic monoterpene used in traditional Chinese and modern medicine, are studied. Cantharidin is also a potent bactericidal agent against four marine fish opportunistic bacteria. The results provide valuable information on the potential applications of cantharidin in fish aquaculture.

## 1. Introduction

Due to the global high demand for seafood products, aquaculture has become one of the fastest-growing sectors worldwide which, according to FAO, exceeded 82.1 million tons of fish in 2018 alone [1]. The intensive production conditions that farmed animals are subjected to in this industry are sometimes correlated with the weakening of their immune system, as they compromise the welfare of the fish, making them more susceptible to outbreaks of infections and/or related diseases that could be lethal to them [2–5]. To maintain the health of farmed fish, for many years antibiotics were used in feed (as a preventive measure) to avoid fatal economic repercussions for the industry [6]. However, this practice was banned in the European Union in 2006 due to increasing antibiotic resistance [6]. The search for natural substances that contribute to overcoming these problems and can replace antibiotics is one of the hot topics for aquaculture [7–10].

In this context, cantharidin (from the Greek *kantharis*), a toxin of terpenoid nature produced by the vesicant beetle of the families Meloidae and Oedemeridae, traditionally has been used in Chinese medicine for its mythical aphrodisiac properties and its topical use as a vesicant [11,12]. In addition, current studies have demonstrated in humans the antitumor, antibiotic, and immunomodulatory properties of cantharidin [13]. In vivo and in vitro assays have been performed in mammals to test the effect of cantharidin [14–16]. Its mechanism of action seems to involve the stimulation of serine proteases release, which cleave peptide bonds in proteins, leading to the disruption of cell–cell adhesion and inhibition of serine/threonine phosphatases, such as protein phosphatase 1 (PP1) and 2A (PP2A) [14–16]. However, due to the high inhibitory affinity of cantharidin for these proteins and the large number of cellular events controlled by phosphatases, cantharidin overdose by ingestion is associated with the production of skin rashes and redness, irritation of the bladder and dermis, vomiting and diarrhea, nephritis, hematuria, proteinuria, edema, organ failure, and even death in humans [13]. Therefore, it is essential to use a precise dose of cantharidin to avoid its toxic effects [17,18]. In vivo human trials with cantharidin have not only been mainly based on testing its chemotherapeutic effects, but its role as a potent antitumor agent has also been evidenced. It has the ability to hinder cell proliferation in various cancer cell lines, including leukemic cells and melanoma cells, or in bladder, colorectal, pancreatic, hepatic, lung, and breast cancers, and induce cell apoptosis [19–28]. Interestingly, because of these toxic effects and its bitter taste, most animals avoid ingesting cantharidin-containing beetles. However, bustards (especially males) are believed to consume them as self-medication to reduce parasites, which deteriorates the appearance of the birds' cloaca and, surprisingly, increases their chances of reproduction [29].

Therefore, this study aims to assess the potential antioxidant, hemagglutinating, hemolytic, and cytotoxic properties of cantharidin in three fish cell lines. Additionally, it aims to determine the bactericidal and bacteriostatic activities of cantharidin against various fish pathogens. This study is the first to investigate the in vitro antitumor and microbicidal effects of cantharidin on fish cells and pathogenic bacteria, providing insights into its mechanism of action. These findings could have practical implications for the application of cantharidin in commercially important fish species.

## 2. Materials and Methods

### 2.1. Cantharidin

Cantharidin (Sigma, St. Louis, MO, USA) was diluted into dimethyl sulfoxide (DMSO, Sigma) at concentrations ranging from 0 to 10  $\mu\text{g mL}^{-1}$ . The cantharidin was resuspended in the appropriate medium depending on the technique used. Thus, cantharidin was resuspended and adjusted to each concentration in phosphate-buffered saline (PBS; 11.9 mM Phosphates, 137 mM NaCl, and 2.7 mM KCl, pH 7.4, Fisher Bioreagents, Loughborough, UK) for antioxidant activity; PBS with sodium chloride and glucose for incubation with erythrocytes; Eagle's Minimum Essential Medium (EMEM, Thermo Fisher, Waltham, MA, USA) for HeLa and PLHC-1 cell lines; L-15 Leibowitz medium (Gibco, Waltham, MA, USA) for the SAF-1 cell line; Tryptic Soy Broth (TSB, Difco Laboratories, Detroit, Michigan, USA) for *V. harveyi*, *V. anguillarum*, and *P. damselae* subsp. *piscicida* strain PP3; or *Flexibacter maritimus* medium (FMM, Conda, Wien, Austria) for *T. maritimum*. Erythrocytes, fish cell lines, and bacteria were exposed to a final solution of 0 (DMSO diluted in the same volume of culture medium; as control), 0.625, 1.25, 2.5, 5, and 10  $\mu\text{g mL}^{-1}$  cantharidin. To prevent any effects caused by osmolarity, the osmometer (Wescor, South Logan, UT, USA) was used to measure the osmolarity of all solutions before conducting the assays.

### 2.2. Total Antioxidant Activity

The antioxidant capacity of cantharidin was evaluated by the 2,2'-azino-bis-3-ethylbenzothiazoline-6-sulphonic acid (ABTS) method [30]. This assay involves measuring the ability of antioxidants in the sample to reduce the radical cation of ABTS. The decrease in absorbance of ABTS<sup>+</sup> at 730 nm indicates the extent of quenching. The activity was

determined by comparing the values of the sample with an ascorbic acid standard curve and expressed as ascorbic acid equivalents (mM). To perform the assay, each cantharidin concentration (previously diluted and adjusted with PBS) was mixed with 950  $\mu\text{L}$  of ABTS+ solution, and the decrease in absorbance was measured using a spectrophotometer (BOECO S-22 UV/Vis, Hamburg, Germany). PBS was used as a blank. The samples were analyzed in triplicate.

### 2.3. Animals

Forty gilthead seabream specimens (*Sparus aurata* L.), sourced from a local farm (Murcia, Spain), were used in this study. The specimens had a mean weight of  $403.6 \pm 16.5$  g and a mean length of  $27.3 \pm 0.3$  cm. During a quarantine period of one month, the specimens were kept in seawater recirculating aquaria (450 L) at the Marine Fish Facilities at the University of Murcia (Spain). The conditions were as follows: water temperature of  $20 \pm 2$  °C, flow rate of  $900 \text{ L h}^{-1}$ , salinity of 28 ‰, photoperiod of 12 h light to 12 h dark, and continuous aeration. The fish were fed a commercial diet (Skretting, Burgos, Spain) at a rate of 2% body weight  $\text{day}^{-1}$  and were fasted for 24 h prior to the trial. The experimental protocols were approved by the Ethical Committee of the University of Murcia.

### 2.4. Cantharidin Hemagglutinating and Haemolytic Activities

For erythrocyte isolation, six fish were randomly selected and anesthetized with clove oil ( $20 \text{ mg L}^{-1}$ , Guinama®, Valencia, Spain). Immediately, 1 mL blood samples were drawn in a heparinized syringe from the caudal vein of each fish. All fish survived, recovered from anesthesia, and were returned to the aquaria. Blood samples were placed in 7 mL of PBS, containing 0.35 % sodium chloride (the medium was adjusted to the osmolarity of gilthead seabream serum), and 10 mM glucose (hereafter referred to as PBS-glu) [31]. Blood samples were layered on a 51 % Percoll density gradient (Pharmacia, London, UK) and centrifuged ( $400 \times g$ , 30 min, 4 °C) to separate leucocytes from erythrocytes. Following centrifugation, erythrocytes were collected from the pellets, washed twice with PBS-glu, counted, and adjusted to  $5 \times 10^8$  cells  $\text{mL}^{-1}$ .

The hemagglutination properties of cantharidin were studied by incubating the isolated erythrocytes in a 96-well U-shaped plate (Nunc, Roskilde, Denmark). Briefly, 50  $\mu\text{L}$  aliquots of varying concentrations of cantharidin diluted in PBS-glu were placed in sextuplicate, and 25  $\mu\text{L}$  of the erythrocyte suspension was added to each well. Erythrocyte hemagglutination was visualized on the plate after 1.5 h of incubation at room temperature. After that time, the erythrocytes in the wells considered blank (without cantharidin) had completely sedimented [32]. Positive or negative controls consisted of erythrocyte suspension (25  $\mu\text{L}$ ) and 50  $\mu\text{L}$  Concanavalin A (a lectin that strongly binds erythrocytes) or PBS-glu, respectively. Macroscopic images of the microplates were taken from above and below with a Canon 7D camera with a 22 mm 4.5 wide-angle lens (Canon EF, Canon, Tokyo, Japan) attached to a ring flash with tripod and with a scanner (CanoScan-4400F, Canon, Tokyo, Japan), respectively.

The death of erythrocyte cells leads to the release of hemoglobin, which can be in the form of oxyhemoglobin ( $\text{HbO}_2$ ) or deoxyhemoglobin, which is the most abundant protein. Therefore, erythrocyte viability was evaluated by measuring hemolysis and the subsequent release of oxyhemoglobin into the medium [31]. After exposing erythrocytes to different concentrations of cantharidin in PBS-glu for 3, 6, 12, and 24 h, the samples were centrifuged ( $10,000 \times g$ , 1 min), and the supernatant (100  $\mu\text{L}$ ) was transferred to 96-well flat-bottom plates (Nunc). The absorbance at 414 nm (which corresponds to the maximum absorbance for oxyhemoglobin) was measured using a plate reader (BMG, Fluoro Star Galaxy, Ortenberg, Germany). Positive controls (maximum hemolysis and absorbance) and negative controls (minimum hemolysis and absorbance) were included, consisting of 100  $\mu\text{L}$  of erythrocytes in 1 mL of sterile distilled water or PBS-glu, respectively.

To study cell morphology, 500  $\mu\text{L}$  aliquots containing 200,000 cells  $\text{well}^{-1}$  were seeded in 24-well plates with 500  $\mu\text{L}$   $\text{well}^{-1}$  of 0, 5, and 10  $\mu\text{g mL}^{-1}$  cantharidin in duplicate, and

the cells were incubated for 12 and 24 h at 25 °C. Cells were observed and photographed using a phase contrast microscope (Zeiss, Oberkochen, Germany).

### 2.5. Cytotoxic Activity of Cantharidin

The SAF-1 cell line (ECACC no. 00122301), which was obtained from a gilthead seabream fin, was cultured in 25 cm<sup>2</sup> plastic tissue culture flasks with Leibowitz L-15 medium (Gibco) supplemented with 10% fetal bovine serum (FBS, Life Technologies, Carlsbad, CA, USA), 2 mM L-glutamine, 100 i.u. mL<sup>-1</sup> penicillin, and 100 mg mL<sup>-1</sup> streptomycin (Life Technologies). Cells were grown at 25 °C with 85% humidity. Exponentially growing cells were detached from the flasks by brief exposure to trypsin, (0.25% in PBS, pH 7.2–7.4) according to standard trypsinization methods [33] and cell viability was determined using a trypan blue exclusion assay.

The PLHC-1 cell line (ATCC® CRL2406™), which is a *Poeciliopsis lucida* hepatocellular carcinoma, was cultured in 25 cm<sup>2</sup> plastic tissue culture flasks with EMEM supplemented with 5% FBS, 2 mM mL<sup>-1</sup> glutamine, 100 i.u. mL<sup>-1</sup> penicillin/streptomycin, 0.1 mM non-essential amino acids, and 1.0 mM sodium pyruvate. The cells were grown at 30 °C with 85% humidity and 5% CO<sub>2</sub>. Exponentially growing cells were detached from the flasks by brief exposure to trypsin, and their viability was determined using the same method as SAF-1.

The HeLa cell line (ECACC no. 93021013), which is derived from cervical cancer cells, was cultured in 25 cm<sup>2</sup> plastic tissue culture flasks with EMEM supplemented with 10% FBS, 2 mM mL<sup>-1</sup> glutamine, 100 i.u. mL<sup>-1</sup> penicillin/streptomycin, and 0.1 mM non-essential amino acids. The cells were grown at 37 °C with 85% humidity and 5% CO<sub>2</sub>. Exponentially growing cells were detached from the flasks by brief exposure to trypsin, and their viability was determined using the same method as SAF-1.

All three cell lines were detached from the culture flasks using trypsin and seeded into 96-well tissue culture plates at approximately 80% confluence and incubated (24 h, at the temperature corresponding to each cell line). The cell concentration was determined beforehand to obtain satisfactory absorbance values in the cytotoxic assay and to avoid cell overgrowth. Aliquots of 100 µL were dispensed into 96-well tissue culture plates (containing 30,000 cells well<sup>-1</sup>). The culture medium was then replaced with 200 µL well<sup>-1</sup> of the cantharidin concentrations to be tested. The cells were incubated for 3, 6, 12, and 24 h, and their viability was determined using the MTT assay, which is based on the reduction of the soluble yellow tetrazolium salt (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide) (Sigma) to an insoluble blue formazan product by mitochondrial succinate dehydrogenase [34,35]. For this purpose, the medium was removed and 200 µL well<sup>-1</sup> of MTT (1 mg mL<sup>-1</sup> in culture medium for each cell line) was added. After 4 h of incubation at the corresponding temperature for each cell line tested, the formazan crystals were solubilized with 100 µL well<sup>-1</sup> of DMSO. Plates were shaken (5 min, 100 rpm) under dark conditions and absorbance was determined at 570 nm and 690 nm in a microplate reader (BMG Fluostar Omega, Cary, NC, USA). A cytotoxicity assay of each cell line was performed in three replicates for each cantharidin concentration.

Cell morphology was also studied by observing and photographing the cells directly from the culture plates using a phase contrast microscope (Zeiss). SAF-1, PLHC-1, and HeLa cells were cultured as described above to 80% confluence and detached from the culture flasks with trypsin. Aliquots of 100 µL were seeded in 24-well plates (containing 200,000 cells well<sup>-1</sup>) for 24 h at the appropriate temperature for each cell line. The culture medium was then replaced with 500 µL well<sup>-1</sup> of cantharidin (0, 5, and 10 µg mL<sup>-1</sup>) in duplicate, and the cells were incubated again for 12 and 24 h. The doses and experimental time were selected taking into account the previous cytotoxic assay performed in the present study. The cells were observed and photographed using a phase contrast microscope.



## 2.6. Cantharidin Bactericidal and Bacteriostatic Activity

Four opportunist marine pathogenic bacteria (*V. harveyi*, *V. anguillarum*, *P. damsela*, and *T. maritimum*) were used in the bactericidal and bacteriostatic assays. All bacterial strains were grown from 1 mL of stock culture that had been previously frozen at  $-80^{\circ}\text{C}$ . Before use, aliquots of stock cultures from *V. harveyi*, *V. anguillarum*, and *P. damsela* were incubated with TSB (Difco Laboratories) medium supplemented with 1.5% NaCl, whilst an aliquot of stock culture from *T. maritimum* was incubated with FMM (Conda) in flasks which were 90% empty. The samples were incubated overnight at  $25^{\circ}\text{C}$  with continuous shaking (100 rpm). Exponentially growing bacteria were resuspended in the sterile corresponding culture medium and adjusted to  $10^8$  colony-forming units (c.f.u.)  $\text{mL}^{-1}$ , according to the McFarland standard curve.

To determine bactericidal activity, 20  $\mu\text{L}$  samples of cantharidin dilutions, previously adjusted in PBS, were added (in triplicate) to the wells of a 96-well U-shaped plate (Nunc). Aliquots of 20  $\mu\text{L}$  of the previously cultured bacteria were added and the plates were incubated for 5 h at  $25^{\circ}\text{C}$ . In some wells, PBS solution was added instead of cantharidin and served as a positive control, while in other wells only culture medium was added to ensure sterility of the tests [36]. The control samples were incubated under the same experimental conditions described above. Next, 25  $\mu\text{L}$  of MTT ( $1\text{ mg mL}^{-1}$ ) was added to each well and the plates were incubated again (10 min,  $25^{\circ}\text{C}$ ) to allow formazan formation. The plates were centrifuged ( $2000\times g$ , 10 min) and the precipitates were dissolved in 200  $\mu\text{L}$  of DMSO, of which 100  $\mu\text{L}$  were transferred to a 96-well flat-bottom plate (Nunc). The absorbance of dissolved formazan was measured in a spectrophotometer (BMG, SpectroStarnano) at 570 nm and 690 nm. The percentage of non-viable bacteria, indicating bactericidal activity, was calculated by subtracting the absorbance of surviving bacteria from that of the bacteria in positive controls (100%).

To determine the bacteriostatic activity of cantharidin, 100  $\mu\text{L}$  samples of cantharidin dilutions, previously adjusted in PBS, were added (in triplicate) to the wells of a 96-well flat-bottom plate (Nunc). Aliquots of 100  $\mu\text{L}$  of the previously cultured bacteria were added and the plates were incubated at  $25^{\circ}\text{C}$ . The turbidity of the samples was measured in a spectrophotometer at 620 nm every 120 min for 24 h [37]. In some wells, PBS solution was added instead of cantharidin and served as a positive control to evaluate the growth of untreated bacteria, while in other wells only culture medium was added to ensure sterility of the tests. The experimental conditions described above were also applied to the control samples during incubation.

## 2.7. Statistical Analysis

The results were expressed as mean  $\pm$  standard error of the mean (SEM). Data were analyzed by one-way ANOVA (followed by Tukey tests). The normality of the data was previously assessed using a Shapiro–Wilk test and the homogeneity of variance was also verified using the Levene test. All statistical analyses were conducted using the computer package SPSS (25.0 version; SPSS Inc., Chicago, IL, USA) for Windows. The level of significance used was  $p < 0.05$  for all statistical tests.

## 3. Results

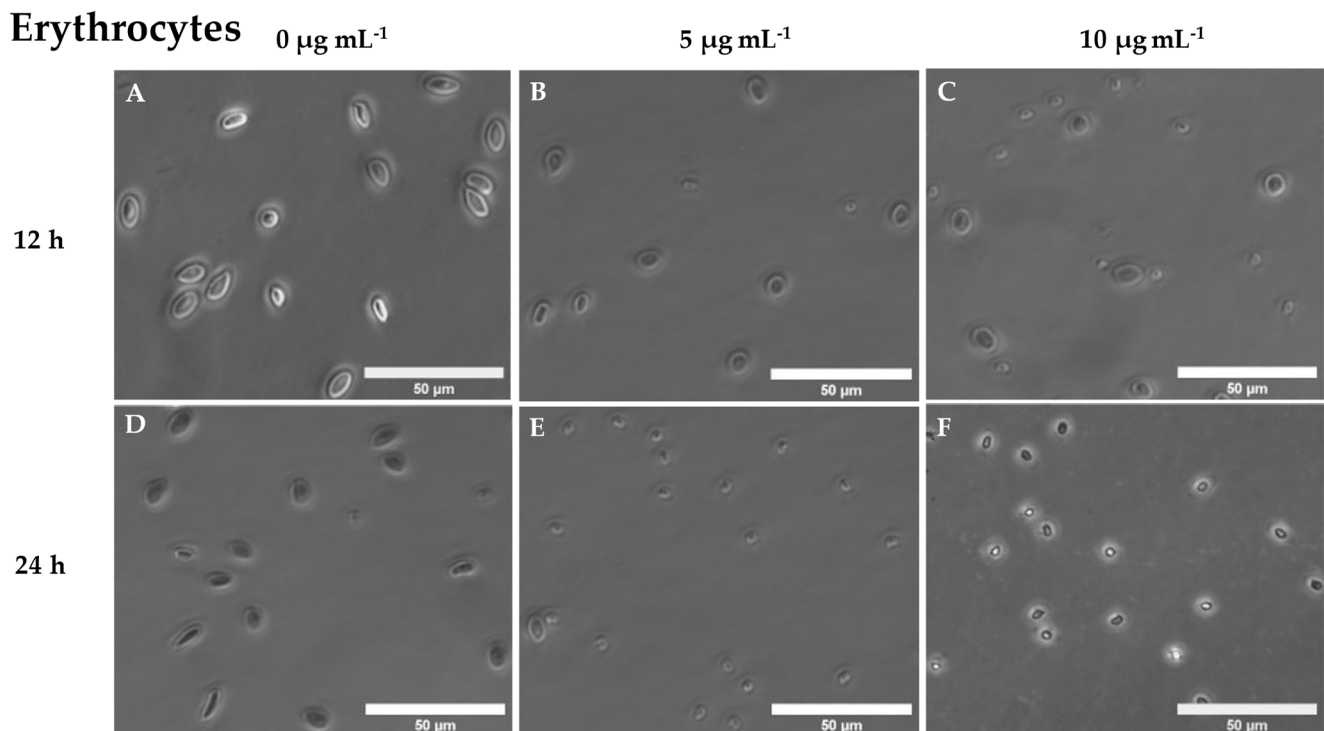
### 3.1. Total Antioxidant Activity

Cantharidin dilutions had no antioxidant activity (data not shown).

### 3.2. Hemagglutinating and Hemolytic Activity of Cantharidin

Cantharidin did not significantly affect either hemagglutination or hemolytic activities of erythrocytes at any of the concentrations tested compared with negative controls (Figures S1 and S2). In sharp contrast, however, obvious changes in erythrocyte cell morphology were found in a time- and dose-dependent manner after incubation with 5 and  $10\text{ }\mu\text{g mL}^{-1}$  cantharidin at 12 and 24 h. More specifically, gilthead seabream erythrocytes

decreased in size and shrank after incubation with cantharidin compared with unexposed erythrocytes (Figure 1).



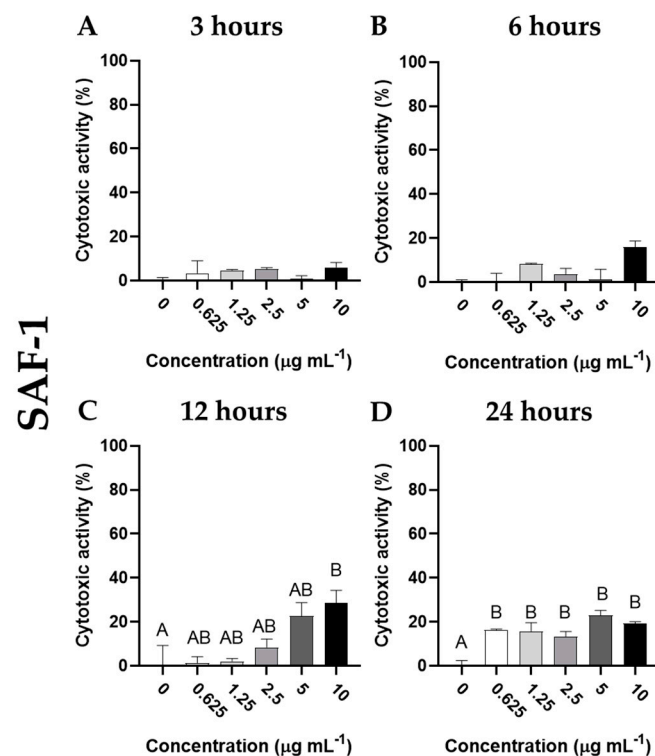
**Figure 1.** Representative image of phase contrast microscope of erythrocytes from gilthead seabream exposed to different concentrations of cantharidin (0, 5 and 10  $\mu\text{g}/\text{mL}^{-1}$ ) for (A–C) 12 and (D–F) 24 h. Note the morphological changes produced after cantharidin exposure. Scale bar = 50  $\mu\text{m}$ .

### 3.3. Cytotoxic Activity of Cantharidin

The cytotoxic activity of cantharidin on the SAF-1 cell line was observed after 12 or 24 h of exposure. After 12 h of incubation, a dose response on cytotoxicity was observed in this cell line, although the increase was only statistically significant ( $p < 0.05$ ) when the highest concentration of cantharidin (10  $\mu\text{g}/\text{mL}^{-1}$ ) was used, compared to the results observed in cells incubated with the control solution (Figure 2). However, all doses of cantharidin elicited similar cytotoxic activity in SAF-1 ( $p < 0.05$ ) after 24 h of incubation. The morphology of SAF-1 cells showed obvious changes after incubation with cantharidin. The cells detached from the culture flask and acquired a rounded shape, as compared to the characteristic elongated spindle shape of these cells with very large fine processes when attached to the culture cell surface (Figure 3).

Furthermore, although no cytotoxic activity was detected in the PLHC-1 cell line by cantharidin at 3 h of incubation (Figure 4A), dose- and time-dependent increases in cytotoxic activity were observed in these cells after incubation with cantharidin. Thus, cytotoxic activity increased significantly ( $p < 0.05$ ) at 6 h only after incubation with the highest dose of cantharidin (10  $\mu\text{g}/\text{mL}^{-1}$ ) (Figure 4B). However, after 12 h of incubation, cytotoxic activity increased significantly ( $p < 0.05$ ) with the two highest doses tested (5 and 10  $\mu\text{g}/\text{mL}^{-1}$ ) (Figure 4C). Finally, after 24 h of incubation with cantharidin, the cytotoxic effects on PLHC-1 cells were increased with the three highest doses tested (2.5, 5, and 10  $\mu\text{g}/\text{mL}^{-1}$ ) (Figure 4D) when compared to cells incubated with the other tested concentrations of cantharidin at each corresponding time. Concomitantly, the morphology of these cells showed severe changes after incubation with cantharidin in a time- and dose-dependent manner. The control cells studied by phase contrast microscopy appeared as bright adherent and heterogeneous cells with a characteristic epithelial-like morphology but, after incubation,

the cells detached and appeared as dark (dull) cells with a small, rounded shape and a large amount of cell debris was evident in the culture medium (Figure 5).

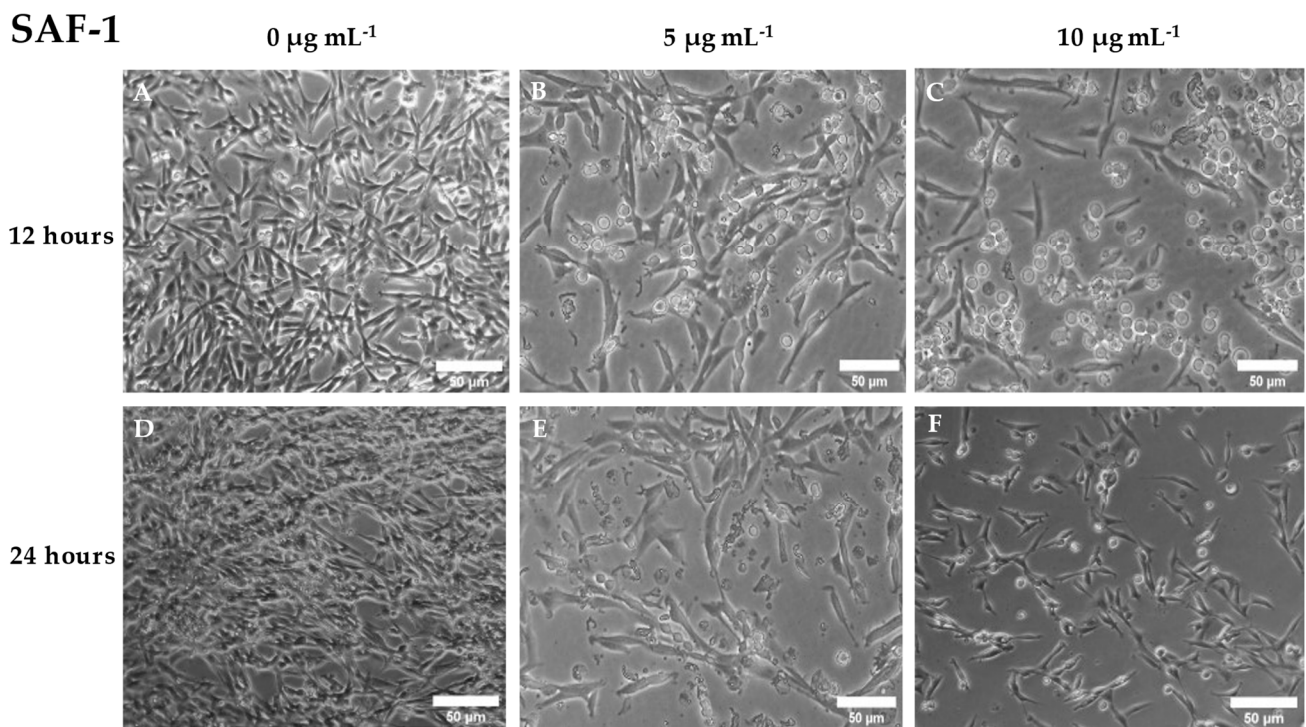


**Figure 2.** Cytotoxic activity (expressed as percentage of viable cells) of SAF-1 cells incubated with different concentrations of cantharidin (0, 0.625, 1.25, 2.5, 5, and 10  $\mu\text{g mL}^{-1}$ ) for (A) 3, (B) 6, (C) 12, and (D) 24 h. Data represent the mean  $\pm$  standard error of the mean (SEM) ( $n = 6$ ). Different letters denote significant differences between experimental concentrations (ANOVA;  $p < 0.05$ ).

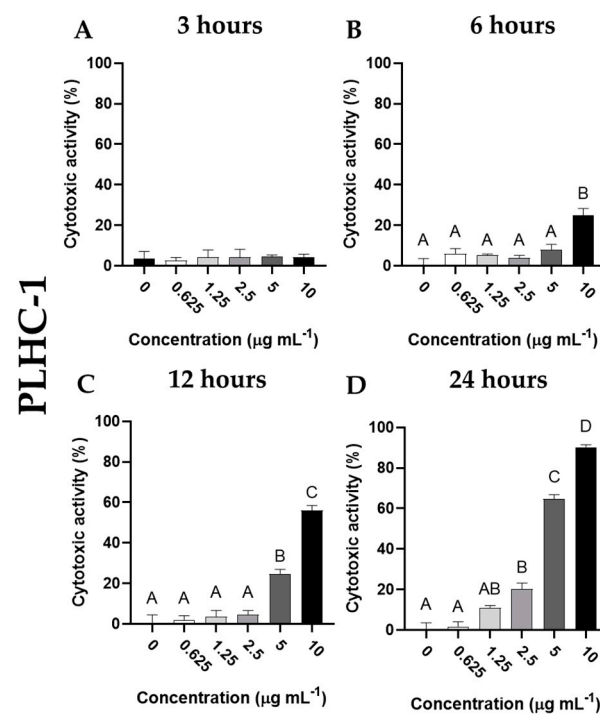
In the case of HeLa cells, no cytotoxic activity was observed after incubation with cantharidin for 3 or 6 h. However, significantly increased cytotoxic activity ( $p < 0.05$ ) was observed in the cells incubated 12 h with 10  $\mu\text{g mL}^{-1}$  cantharidin and 24 h with the two highest concentrations (5 and 10  $\mu\text{g mL}^{-1}$ ), compared to unexposed cells (Figure 6). As for cell morphology, HeLa cells changed their heterogeneous large oval morphology to small round detached cells. Furthermore, much cell debris was again observed in the culture medium of cell cultures incubated with cantharidin (Figure 7).

### 3.4. Bactericidal and Bacteriostatic Activity

Regarding bactericidal activities, any dose of cantharidin significantly affected the viability of *V. harveyi* (Figure 8A). However, the three highest concentrations tested (2.5, 5, and 10  $\mu\text{g mL}^{-1}$ ) showed bactericidal activity against *V. anguillarum* compared to all other concentrations ( $p < 0.05$ ) (Figure 8B). In the case of *P. damselae*, the two highest concentrations of cantharidin (5 and 10  $\mu\text{g mL}^{-1}$ ) showed bactericidal activity with respect to the control dose (Figure 8C). Similarly, only the highest concentration of cantharidin (10  $\mu\text{g mL}^{-1}$ ) had bactericidal activity against *T. maritimum* ( $p < 0.05$ ), compared to the values obtained for bacteria incubated without cantharidin (Figure 8D). Finally, no significant variations were observed in the bacteriostatic activity of the bacteria assayed after incubation with any dose of cantharidin.



**Figure 3.** Representative image of phase contrast microscope of SAF-1 cell culture after being incubated with different concentrations of cantharidin (0, 5 and 10  $\mu\text{g mL}^{-1}$ ) for (A–C) 12 and (D–F) 24 h. Note the presence of detached and rounded cells after cantharidin exposure. Scale bar = 50  $\mu\text{m}$ .

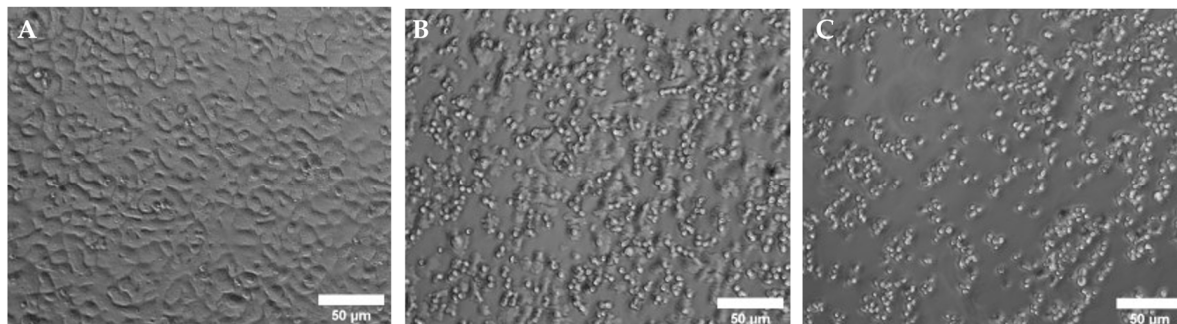


**Figure 4.** Cytotoxic activity (expressed as percentage of viable cells) of PLHC-1 cells incubated with different concentrations of cantharidin (0, 0.625, 1.25, 2.5, 5, and 10  $\mu\text{g mL}^{-1}$ ) for (A) 3, (B) 6, (C) 12, and (D) 24 h. Data represent the mean  $\pm$  standard error of the mean (SEM) ( $n = 6$ ). Different letters denote significant differences between experimental concentrations (ANOVA;  $p < 0.05$ ).

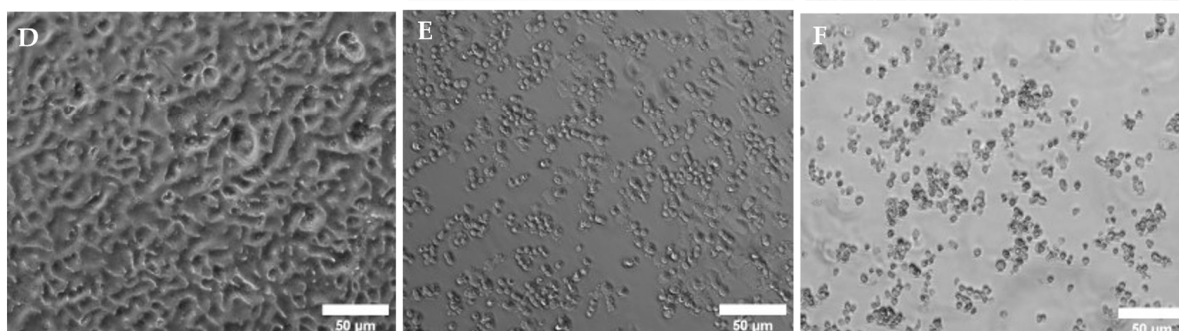


**PLHC-1**0  $\mu\text{g mL}^{-1}$ 5  $\mu\text{g mL}^{-1}$ 10  $\mu\text{g mL}^{-1}$ 

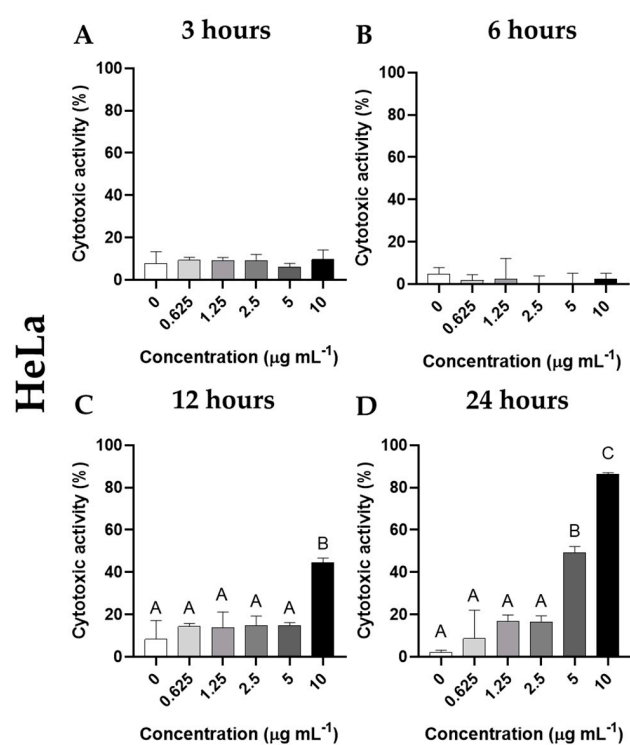
12 h



24 hs

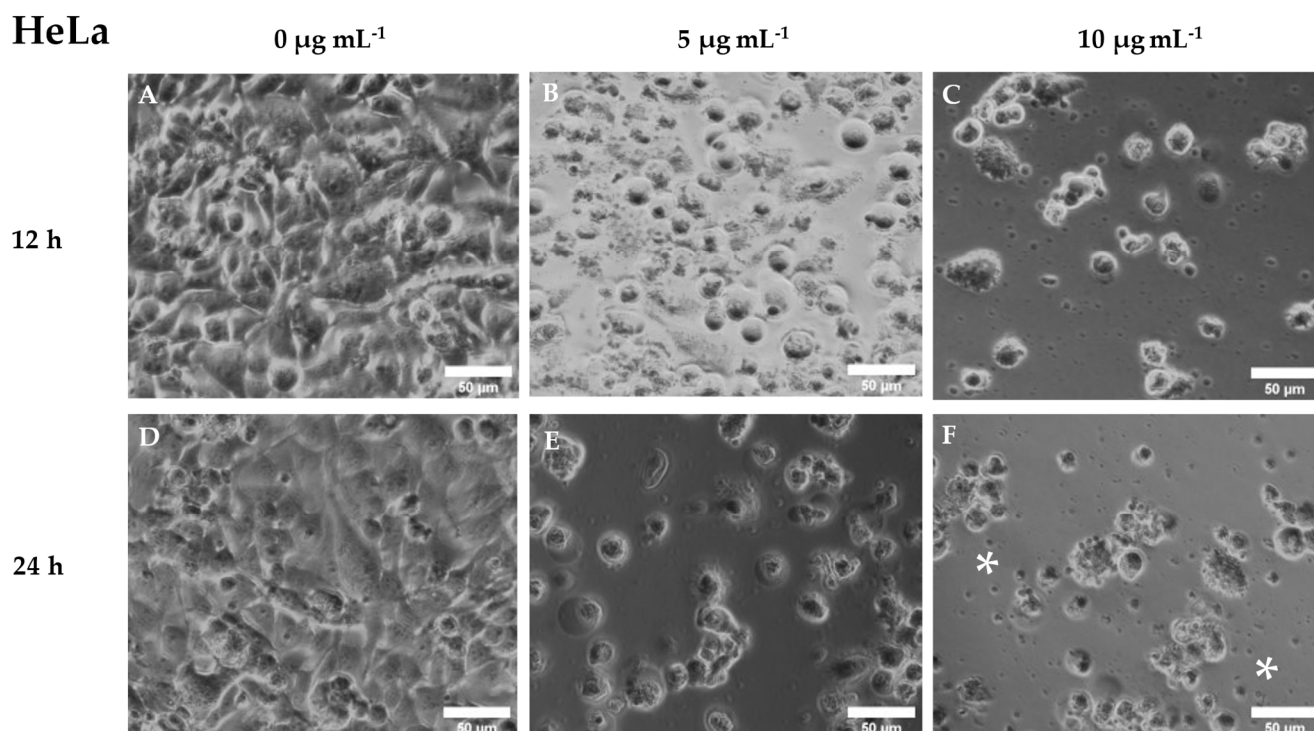


**Figure 5.** Representative image of phase contrast microscope of PLHC-1 cells culture after being incubated with different concentrations of cantharidin (0, 5 and 10  $\mu\text{g mL}^{-1}$ ) for (A–C) 12 and (D–F) 24 h. Note as the cells detached and appeared as dark (dull) cells with a small, rounded shape after cantharidin exposure. Scale bar = 50  $\mu\text{m}$ .

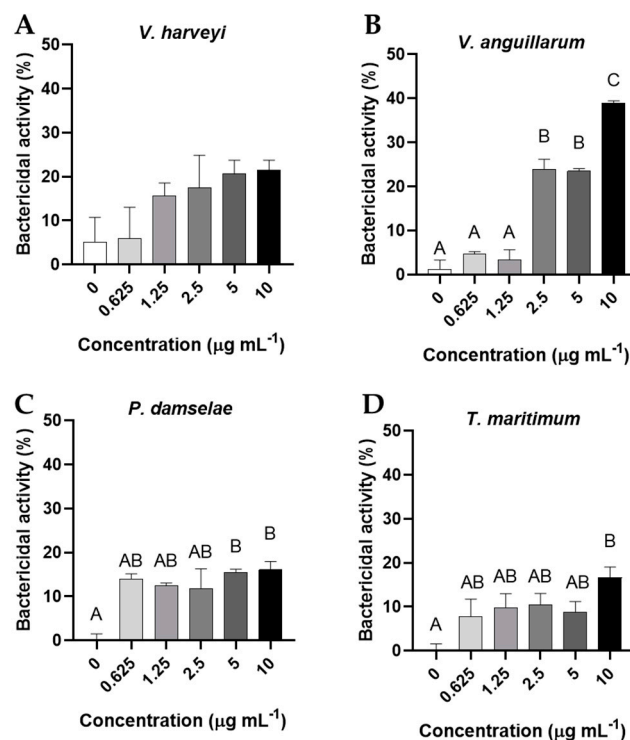


**Figure 6.** Cytotoxic activity (expressed as percentage of viable cells) of HeLa cells incubated with different concentrations of cantharidin (0, 0.625, 1.25, 2.5, 5, and 10  $\mu\text{g mL}^{-1}$ ) for (A) 3, (B) 6, (C) 12, and (D) 24 h. Data represent the mean  $\pm$  standard error of the mean (SEM) ( $n = 6$ ). Different letters denote significant differences between experimental concentrations (ANOVA;  $p < 0.05$ ).





**Figure 7.** Representative image of phase contrast microscope of HeLa cell culture after being exposed to different concentrations of cantharidin (0, 5, and 10  $\mu\text{g mL}^{-1}$ ) for (A–C) 12 and (D–F) 24 h. Note the morphological changes produced after cantharidin exposure. \*, cell debris. Scale bar = 50  $\mu\text{m}$ .



**Figure 8.** Bactericidal activity (expressed as percentage of viable bacteria) of (A) *Vibrio harveyi*, (B) *Vibrio anguillarum*, (C) *Photobacterium damsela*, and (D) *Tenacibaculum maritimum* exposed to different concentrations of cantharidin (0, 0.625, 1.25, 2.5, 5, and 10  $\mu\text{g mL}^{-1}$ ). The results are representative of at least three independent experiments and are expressed as mean  $\pm$  SEM ( $n = 6$ ). Different letters denote significant differences between experimental concentrations (ANOVA;  $p < 0.05$ ).

#### 4. Discussion

Cantharidin ( $C_{10}H_{12}O_4$ ) is a defensive metabolite stored in the hemolymph and genitalia of male beetles, whose biosynthesis derives from the degradation of the sesquiterpene farnesol [38,39]. It is a colorless, odorless monoterpene, soluble in organic solvents and oils, whose symmetrical structure is composed of a tricyclic skeleton that includes in one ring a carboxylic acid dihydride group ( $-CO-O-CO-$ ) and a bridging ether in the bicyclic ring [40]. Thus, the relationship between structure and biological activity could explain the high specificity of cantharidin for serine/threonine protein phosphatases, although further studies are needed to understand this molecular interaction [14,39]. Protein phosphatases can control many cellular events and pathways and are widely conserved among eukaryotes, their inhibition by cantharidin being an event of great importance that can be applied for medicinal reasons, as already discussed [41]. Therefore, the doses and experimental times used in this study were selected considering previous studies with human cell lines [19,42,43] and the previous assay developed by our research group in gilthead seabream head kidney leucocytes [44]. Moreover, taking into account the native structure of other terpenes and the various properties and activities they usually show, such as antioxidant, cytotoxic, or antimicrobial activities [38,45,46], these biological activities of cantharidin were evaluated in the present assay.

Antioxidant activity refers to the ability of certain compounds to react with free radicals and reduce their harmful effects caused by oxidative stress [47–49]. However, the structure of cantharidin and the chemical groups present on it do not seem to have direct scavenging ability for free radicals, as evidenced by our study's results. Therefore, the antitumor effects of cantharidin are likely attributed solely to its function as an inhibitor of serine/threonine protein phosphatases [14]. Similar to other terpenes like farnesol, cantharidin demonstrates cytotoxic properties by impeding cell proliferation and prompting apoptosis (programmed cell death) [14,50]. Studies with the cervical cancer HeLa cell line demonstrate that cantharidin alters the sorting of glycosylphosphatidylinositol anchored proteins, induces apoptosis, and modifies cell wall integrity [51,52]. Our results support these findings, as cantharidin significantly reduced the viability of HeLa, SAF1, and PLHC1 cell lines in a time dose-dependent manner. Interestingly, both SAF1 and PLHC1 cells were more affected by cantharidin than the HeLa cell line, with PLHC1 cells being the most affected. These differences suggest that fish cells may be more susceptible to cantharidin than human cells and that tumoral cells may be more susceptible to this type of terpene than non-tumoral cells. Such variations could be due to differences in the composition of the plasma membrane of the cells, which could facilitate cantharidin's diffusion through the lipids of the cell membrane to a greater or lesser extent, thereby affecting its action [51].

Several studies have shown that human erythrocytes, which lack mitochondria and nuclei, can undergo a specific type of suicidal cell death called eryptosis after exposure to cantharidin, without producing appreciable hemolysis [53]. Although the molecular signaling pathways are not identical to those in other nucleated cells, the activation of protein phosphatases by cantharidin is able to promote the translocation of phosphatidylserine to the cell surface, resulting in membrane scrambling and cell shrinkage, and ultimately inducing eryptosis [53]. Our present results are consistent with these findings, as cantharidin did not induce hemolysis in gilthead seabream erythrocytes, but did cause evident changes in their cellular morphology, suggesting suicidal erythrocyte death and the conservation of cantharidin's action mechanism from fish to humans [53]. Once again, the nature of the cell membrane, in this case of erythrocytes, appears to be crucial in the action mechanisms of cantharidin. It should be considered that the biological significance of eryptosis is still not fully understood, but it is thought to play a role in the regulation of erythrocyte number and lifespan in the body. By undergoing eryptosis, damaged or old erythrocytes can be selectively eliminated from the circulation, preventing their accumulation and potential damage to tissues. In addition, eryptosis may contribute to the pathogenesis of various diseases, including anemia, by promoting the premature removal of erythrocytes from the

circulation [54]. Further research is needed to fully understand its biological significance in health and disease.

Cantharidin has been documented to have bactericidal activity against various bacteria that may be pathogen for humans, such as *Escherichia coli*, *Staphylococcus aureus*, *Kocuria* sp., *Bacillus* sp., and *Clostridium* sp., as well as anti-parasitic activity against protozoans and nematodes [13,29], but there is no data available on its activity against marine pathogens. In our study, the highest doses of cantharidin tested showed bactericidal activity against *P. damsela*, *T. maritimum*, and *V. anguillarum* (with the latter being the most affected). However, we did not observe bactericidal activity against *V. harveyi*. The effects of cantharidin on bacteria depend on the species and the cantharidin concentration used in the assay. In this sense, our understanding of the molecular level effects of cantharidin, which is used in anticancer therapy, is still limited. Since numerous serine proteases are widespread throughout evolution and some bacteria use them in their own metabolism, as well as a pathogenic source [55–58], we hypothesize that cantharidin could increase the release of these bacterial proteases causing self-harming. On the other hand, some studies have shown that a small molecule, AdoMet-dependent methyltransferase (CaCrg1), in the pathogenic fungus *Candida albicans* can interact with cantharidin, which can impact processes related to virulence such as adhesion, hyphal elongation, and membrane trafficking when exposed to the terpene [59].

These findings suggest that further studies are necessary to understand the action mechanism of cantharidin on pathogens.

## 5. Conclusions

The results obtained in the present study offer a new approach to understanding the effects of cantharidin on fish cells and bacterial marine pathogens, which could extend its use not only as an antitumoral substance in humans but also for various purposes in the aquaculture sector due to its demonstrated properties.

**Supplementary Materials:** The supporting information can be downloaded at: <https://www.mdpi.com/article/10.3390/fishes8050270/s1>, Figure S1: Hemagglutination activity of gilthead seabream erythrocytes exposed to different concentrations of cantharidin (0, 0.625, 1.25, 2.5, 5, and 10  $\mu\text{g mL}^{-1}$ ) for 1.5 h. Macroscopic image of the incubation plate: (A) top view and (B) bottom view. PBS (0.35 % sodium chloride, 10 mM glucose) and Concanavalin A were used as a negative and as negative controls (C- and C+), respectively. The results are representative of at least three independent experiments. Figure S2: Hemolytic activity (expressed as percentage of oxyhemoglobin release) of gilthead seabream erythrocytes exposed to different concentrations of cantharidin (0, 0.625, 1.25, 2.5, 5, and 10  $\mu\text{g mL}^{-1}$ ) for (A) 3, (B) 6, (C) 12, and (D) 24 h. Data represent the mean  $\pm$  standard error of the mean (SEM) ( $n = 6$ ). No significant differences between experimental groups were observed (ANOVA;  $p > 0.05$ ).

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