Article

# Endurance Swimming Is Related to Summer Lake Survival of Rainbow Trout in a Warm Lake with Avian Piscivores 

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#### Abstract

Fitness of fish is assumed to be influenced by locomotion performance, but empirical evidence linking swimming capacity to survival in nature remains sparse. Poor triploid (3N) fish aerobic swimming performance in conjunction with production of sibling diploid ( 2 N ) and 3 N populations of genetically identical origin to minimize variability among compared populations make 3 N trout an informative system to test hypotheses about fitness consequences of fish locomotion. Here, we ask if reduced survival of 3 N relative to 2 N trout in natural ecosystems during periods of high temperature relate to a lower aerobic swimming capacity and aerobic scope of 3 N compared with 2 N conspecifics. Three-yearly cohorts of conspecific 2 N and 3 N hatchery-reared, yearling rainbow trout were ranked for swimming endurance, externally marked for their endurance quantile, and then stocked into two lakes as yearlings to quantify their survival in the wild over summer as a function of ploidy, temperature and endurance; all while tracking temperature and depth habitat utilization via telemetry. As expected, 3 N swimming endurance was lower than that of 2 N , but with considerable individual overlap. Aerobic swimming endurance, especially for 3 N , was predictive of summer survival in a warm lake where piscivorous birds potentially exerted high predation pressure, resulting in low fish survival. This empirical evidence of a connection between swimming endurance and fitness provides support for long held assumptions of this relationship and could inform future sport fishing stocking industry practices to match fish strains to ideal habitats.


Keywords: triploid; trout; swimming; aerobic; telemetry; temperature; ecophysiology; sport fishing; survival

Key Contribution: Endurance swimming performance influenced survival of rainbow trout in a warm lake with high predation pressure, especially for triploid trout.

## 1. Introduction

Aquatic ectotherm survival in warm waters is often associated with maintenance of cardiorespiratory capacity and swimming performance, which is supported by cardiorespiratory functions, and is often described as an important trait contributing to the survival of fish [1-6]. However, due to the difficulties in empirically assessing relationships between traits and survival in the wild, few data exist to support hypothesized relationships between individual traits and survival [7]. Triploid (3N) salmonid survival is often low in the wild, and aerobic swimming capacity may be inferior when compared to diploid (2N) conspecifics. Thus, 3 N salmonids present themselves as an interesting model with which to investigate the relationships between aerobic swimming performance and survival in warm lakes.

Three swimming modes of fish are typically recognized [8]: burst speeds (sustainable for $<20 \mathrm{~s}$ ), prolonged speeds (sustainable for more than 20 min , but less than 200 min ) and sustained speeds (sustainable for more than 200 min ). Only sustainable speeds are thought to be powered entirely by aerobic metabolism, although up to $70 \%$ of maximum prolonged
swimming speed (most often assessed using critical swimming velocity challenges) may also be aerobically powered [9,10].

Though we know of only three attempts to correlate swimming performance with fish survival in a simulated natural ecosystem [11-13], substantial evidence exists that burst and prolonged swimming performance can be important to escape predation and thus survival [5,11,14-17]. For example, prolonged and burst swimming increased the likelihood of sea bass (Dicentrarchus labrax) surviving an attack by avian piscivores in simulated estuaries [11], but another study on the same species in the same simulated estuaries found no significant relationship between acceleration ability and growth or survival [12]. Greater burst swimming speeds were observed in highly predated upon populations of the Trinidadian killifish (Rivulus hartii) [5], male mosquitofish (Gambusia affinis) [16] and guppies (Poecilia reticulata) [17] when compared to populations of the same species experiencing low predation. Additionally, high maximum prolonged and burst swimming speeds increased the likelihood of Atlantic silverside (Menidia menidia) [15] and Coho salmon (Oncorhynchus kisutch) [2] surviving attacks from piscivorous fish in the lab. Here, to test the hypothesis that aerobic swimming performance influences summer survival at warm temperatures with predation, we relate survival in a high and a low predation lake with endurance swimming of 2 N and 3 N fish populations. Compared with normal 2 N fish, the additional artificially induced set of chromosomes in 3 N fish results in enlarged cells throughout the body [18].

Comparisons of swimming performance for 3 N and 2 N cohorts for a number of species suggest impaired aerobic swimming capacity in 3 N fish. For example, after 3 h of prolonged swimming ( $1.5 \mathrm{BL} \mathrm{s}^{-1}$ ), anaerobic metabolites were elevated in 3 N , but not 2 N rainbow trout [19]. The maximum sustained swimming speed of the top $28 \%$ of 3 N and $40 \%$ of 2 N Atlantic salmon swimmers, identified through prolonged swimming tests, did not differ with ploidy, but endurance time at speeds above maximum sustained speed was shorter for the 3 N than the 2 N population subsamples [20]. Though endurance swimming time at $48 \mathrm{~cm} \mathrm{~s}^{-1}$ did not significantly differ between a subsample of 2 N and 3 N ginbuna (Carassius auratus) that were able to maintain this speed for 30 min , only $37 \%$ of 3 N , compared to $53 \%$ of 2 N individuals, met this 30 min sustained swimming criteria [21]. On the other hand, critical swimming velocity of 3 N rainbow trout, white crappie (Pomoxis annularis), brook charr (Salvelinus fontinalis), chinook salmon (Oncorhynchus tshawytscha) and Atlantic salmon (Salmo salar) did not differ significantly from that of 2Ns of the same species, despite a tendency of critical swimming velocity of 3 N fish to be lower than that of 2 N fish [22-26]. Whether such small but consistently reduced swimming performance in 3 N fish might be amplified into survival consequences in nature is unclear; therefore, knowledge of 3 N performance in the wild is useful for industry.

Understanding the mechanisms limiting survival of stocked sport fish in natural environments is important because freshwater recreational fishing forms the basis of a USD 40 billion annual industry in the United States [27] and CAD 2.5 billion annual industry in Canada [28] that often depend on hatchery stocking programs to maintain catchable sport fish populations. Many sport fish stocking programs take advantage of reproductive sterility of triploid (3N) fish to control stocked populations. For example, in British Columbia (BC), Canada, the Freshwater Fisheries Society of BC stocks 800 lakes and rivers for sport fishing and conservation and 3 N rainbow trout are stocked in approximately $50 \%$ of these lakes [29]. A challenge to stocking 3 N fish in lakes lies in frequently reported low 3 N fish survival relative to 2 N conspecifics [30-34]; however, 3 N survival has also been observed as higher [34,35] or similar [31,33-39] compared with 2 N survival, depending on fish size, age and sex and water conditions. However, when reared at chronically low $\mathrm{O}_{2}$ and/or high temperature in labs/hatcheries [40,41] and under suboptimal oxygen and/or thermal conditions in either a lake [33,34] (or a marine cage site [32,42,43], 3N survival is consistently low, regardless of size, age or sex. Elevated temperature and environmental hypoxia place burdens on $\mathrm{O}_{2}$ delivery in fish [44-46]; thus, we hypothesized that reduced

3 N survival is related to reduced aerobic capacity and therefore aerobic swimming capacity of 3 N fish.

Therefore, here we examine the relationship between swimming capacity and survival in 2 N and 3 N rainbow trout in a natural lake setting to address the question: Does reduced survival of 3 N relative to 2 N trout in natural ecosystems during periods of high temperature or low oxygen relate to lower aerobic swimming capacity and aerobic scope of 3 N compared to 2 N conspecifics? The hypothesis that aerobic swimming performance influences survival in the wild was tested in two lakes in which fish were expected to utilize suboptimal oxygen and thermal habitat and experience different levels of avian predation pressure. We predicted that survival would increase in fish with increasing swimming endurance and 2 N and 3 N fish of similar endurance would have similar survival in both lakes. In order to account for effects of habitat utilization on the swimming endurance-survival relationship, habitat utilization was also monitored using temperature-depth transmitters surgically implanted into a subsample of each population of fish.

## 2. Materials and Methods

### 2.1. Hatchery Rearing

In 2007, 2008 and 2009, 2 N and 3 N Blackwater strain rainbow trout (referred to as rainbow trout from here onwards) were screened for swimming endurance to compare 3 N and 2 N aerobic swimming performance, then stocked into two lakes to assess survival in the wild and its relationship with swimming endurance. Fish were all female offspring of two to three hormonally masculinized genetic female rainbow trout captive broodstock [47] and two to three female wild-caught trout from Blackwater River (Cariboo region, BC, Canada) each year. Rainbow trout native to the Blackwater River system inhabit lake and river habitats. All eggs collected from the wild-captured trout were pooled then divided into two batches before fertilization.

One egg batch was treated with a hydrostatic pressure shock shortly after fertilization to induce triploidy [48] and the other was allowed to develop into 2 N fish. Using sibling 2 N and 3 N populations allowed for comparisons of populations of identical genetic origin. Though both male and female 3 N fish are functionally sterile, only female 3 N fish avoid energy investment into gonad production and thus have the potential of superior performance relative to maturing fertile 2 N fish. Therefore, using all female 2 N and 3 N populations not only minimized variability due to gender differences, but also maximized any potential performance advantages of stocking 3 N populations.

Fish were reared at Fraser Valley Trout Hatchery (FVTH, Abbotsford, BC, Canada) in $10^{\circ} \mathrm{C}$ water and captive rearing mortalities were low for both ploidies across all years. For example, survival from the green egg stage to stocking was 30 and $36 \%$, respectively, for 3 N and 2 N trout stocked in 2007, and 43 and $48 \%$, respectively, for 3 N and 2 N trout stocked in 2009. In 2008, to accommodate transmitter implants, fish were transferred from FVTH to Vancouver Island Trout Hatchery (VITH, Duncan, BC, Canada) after screening trials in November, where winter rearing temperature was warmer $\left(14{ }^{\circ} \mathrm{C}\right.$ compared to $10^{\circ} \mathrm{C}$ at FVTH) and accelerated growth to 100 g .

### 2.2. Endurance Swimming Screening

Before lake stocking, fish were screened for endurance swimming either six (October 2007) or nine (January 2008 and 2009) months post-fertilization, which corresponded to seven or four months, respectively, prior to lake stocking). Endurance swimming screens were performed in rounded swimming arenas with a delineated swimming track and a mesh barricade at the downstream end of a 'failure zone' to catch failed fish swept downstream. Each swimming endurance trial was performed with 300 to 500 fish in the swimming track. Water velocity through the swimming track was manipulated using a 24 V electric outboard motor. Fish were initially acclimated to $15 \mathrm{~cm} \mathrm{~s}^{-1}$ for 15 min before the motor was gradually increased to achieve the maximum water flow velocity ( 45 to $55 \mathrm{~cm} \mathrm{~s}^{-1}$ ) over 100 to 125 min and then held for another 200 min (Figure 1). Failure was
defined as fish drifting into the delineated 'failure zone' and not swimming out when lightly prodded. Failures were netted, measured for weight and length and marked according to failure percentile among the competing fish within the individual swimming endurance trial. Endurance was assessed as total time swum for each fish and percentile rank within the individual trial group. Fish marking entailed a combination of fin clips (a combination of maxilla, ventral and adipose fins), Visible Implant Elastomere tags (Northwest Marine Technology Inc., Washington, DC, USA) and PIT tags (Biomark, Boise, ID, USA). The screening protocol varied slightly each year.


Figure 1. Endurance screening protocol for rainbow trout. Dotted line is water velocity; solid line is cumulative percentage of fish failures. The increasingly shaded regions delineate each failure quartile.

### 2.3. Lake Stocking

Endurance-screened rainbow trout (1+ year old) were stocked into the two lakes in May of each year (Table S1). The fish biomass stocked into each lake was 20 kg in 2007 and 2009 and 100 kg in 2008. These biomasses are below the calculated sustainable biomass for Pete's Pothole (PPH) ( 200 kg ) and Bluey Pothole 2 (BPH) ( 145 kg ) based on total dissolved solids and littoral and pelagic areas of the 2 lakes. Both experimental kettle lakes are small mesotrophic lakes with no natural fish populations and on the southern interior plateau of BC, Canada. The larger and deeper lake (PPH) was expected to have a much higher fish predation pressure from loons and osprey (Beckmann et al., 2006, Biro et al., 2006 and author's observations; Table S1). In 2007 and 2008, but not 2009, temperature loggers were moored and positioned at 0.5 m depth and in 1 m intervals from 1 to 6 m depth at the center of PPH and to 4 m depth at the center of BPH. Additionally, 1 m interval depth profiles of temperature and $\mathrm{O}_{2}$ were measured monthly in both lakes using a handheld dissolved $\mathrm{O}_{2}$ m (YSI model 550A) with a 20 m probe extension cable.

In 2007 and 2009, fish were transported by road from FVTH to the two lakes (approximately 200 km and 3 h ) in 600 L insulated tanks supplied with compressed $\mathrm{O}_{2}$. Temperature and $\mathrm{O}_{2}$ were maintained at 10 to $12{ }^{\circ} \mathrm{C}$ and 18 to $12 \mathrm{mg} \mathrm{L}^{-1}$, respectively. At the lakes, fish were released by hand. During fish release, surface temperature ranged from 15 to $16^{\circ} \mathrm{C}$ for BPH and 15 to $17^{\circ} \mathrm{C}$ for PPH for all stocking years. In 2008, the larger fish used for telemetry were transported from VITH to the lakes (approximately 400 km and 6 h ), using
a 5-ton truck with an integrated live transport tank. These fish were released into lakes by gravity through hoses from the truck to the lake.

In 2007, while unscreened 2 N and 3 N trout were stocked into PPH only, endurancescreened 3 N rainbow trout were stocked into BPH.

### 2.4. Fall Depletion Netting

In the second week of October of each year, summer survival was assessed through depletion gill netting in both lakes. In 2007 and 2009, lethal gill netting was performed over four consecutive nights. In 2008, netting was performed over five nights, with an initial three nights followed by a week of no netting and then two additional nights of netting. Gill nets were either 4 or 8 m deep experimental gill nets with panel sizes ranging from 2.25 to 5.62 cm . In an attempt to explain interannual variability in survival, accumulated thermal units (ATU) of air temperature were calculated from the daily mean temperatures reported from the Environment Canada weather station out of Merritt, B.C., which is approximately 40 km from both lakes. Though ATU calculated using air temperature does not allow for determination in inter-lake temperature differences, it was necessary due to failure of lake temperature loggers in 2009 and is expected to be sufficient to predict interannual variability in lake temperature.

### 2.5. Telemetry

In 2007 and 2008, fish equipped with a VEMCO V9 temperature-depth (TP) transmitter (VEMCO division AMIRIX Systems Inc. Halifax, NS, Canada) were stocked into PPH (in 2007) or both lakes (in 2008). A pilot study was performed in 2007 using 20 fish (10 each of 2 N and 3 N ) that had surgically implanted transmitters in their abdomens. There were no mortalities during the 2-week recovery period following surgery and fish were released into PPH in September. Transmitters were 39 mm long and 9 mm wide and weighed 2.2 g in water and 4.6 g in air, which averaged $1.5 \%$ of fish body mass in air. Transmitters were programmed to ping temperature and depth measurements every 30 min (estimated battery life 615 days) to a VEMCO VR2W Acoustic Monitoring Receiver moored at the center of the lake. Previously, radio tags surgically implanted into smaller chinook salmon (16 to 54 g ) and adding 2.2 to $5.6 \%$ to body mass compared with $1.5 \%$ in the present telemetry study, caused a $2 \%$ mortality rate (i.e., 1 mortality 36 days after tag insertion) and small reductions in growth rate, which returned to control rates within 58 days post-surgery [49]. In this study, fish were stocked into lakes 14 days after surgeries and depletion netting was performed approximately 150 days post-surgery. Critical swimming velocity of chinook salmon tagged at similar size with similar radio tags did not differ from that of controls by 19 to 23 days post-surgery [50]. However, in the same study, though no direct tagrelated mortality was observed, tagged fish were more likely than controls to be eaten by smallmouth bass (Micropterus dolomieu).

Surgery, which took 7 min on average, involved anaesthetizing fish with an MS222 solution ( $75 \mathrm{mg} \mathrm{L}^{-1}$ MS222 buffered with $75 \mathrm{mg} \mathrm{L}^{-1}$ sodium bicarbonate dissolved in distilled water) until they were refractory to a caudal pinch. Then, aerated water at $12{ }^{\circ} \mathrm{C}$ containing a maintenance dosage of buffered MS222 ( $50 \mathrm{mg} \mathrm{L}^{-1}$ MS222) was pumped over the gills while a 1 cm incision through the peritoneum was made approximately 1 cm to the side of and parallel to the linea alba, immediately anterior to the cartilage of the ventral fins for insertion of the transmitter. The incision was then closed with three or four discontinuous \#2 silk sutures. Fish were revived in a flow-through, aerated recovery tank before being returned to their stock tank. Transmitters were tested for 24 h in the stock tank and temperature logs of individual transmitters were calibrated from these test data. No fish mortality or transmitter loss occurred before lake stocking 2 weeks later.

A similar procedure was used in 2008, using a subsample of four to five fish randomly chosen from each screened quartile destined for each lake for transmitter implants ( $\mathrm{N}=20$ fish in total for each ploidy). These fish were stocked into lakes with the rest of the fish in May 2008.

### 2.6. Temperature and Depth Log Data Analysis

Recordings from transmitters were analyzed for seasonal, diurnal, ploidy and lake differences in temperature and depth habitat utilization of fish. A small campground is located on the edge of PPH, raising concern over human activities on the lake affecting fish behavior/habitat utilization. As use of this campground and recreational activities on the lakes were most dense on weekends and holidays, these periods were filtered out of the temperature and depth transmitter logs before analyses.

Fish were determined to be alive when transmitter depth recordings continued to fluctuate and dead when recordings either disappeared or remained constant across a 24 h period, though some error in terms of transmitter loss instead of fish death may have arisen using this criterion. Even so, no transmitter loss occurred in the hatchery during the weeks before lake stocking, only one transmitter was lost during fish transport, and no transmitter loss occurred during the two-week pilot study in 2007, so this error is expected to be small.

Seasonal and lake effects on habitat utilization were assessed by creating weekly summer temperature and depth ploidy-specific density plots of weekly quartiles determined for each individual transmitter with surviving fish. After weekend and holiday logs were filtered from the logger dataset, weekly quartiles ( 25,50 , and $75 \%$ ) of individual surviving fish half-hourly temperature and depth logs were quantified using the base R quantile () function [51]. Ploidy-specific kernel density plots of the three quantiles were created for each week after lake stocking in late May until late July ( 27 May to 2 June; 5 to 10 June; 14 to 20 June; 27 June to 2 July; 8 to 14 July; and 14 to 20 July) when water temperature had peaked, with ploidies separate. Although fish were not recaptured until October, low sample sizes (i.e., only one moving transmitter in October) precluded useful analysis post-July. The kernel density plot is a non-parametric technique for estimating the probability density function in which each data point is represented by a smoothing kernel of predetermined variance and the area under the probability density function between two temperatures is the probability of the fish being found between those two temperatures. Density plots were made using the geom_density_ridges () function of the ggridges package [52] using a bandwidth of 0.3 . Because kernel density plots add a variance to each data point plotted and surface measurements were obtained from temperature loggers at 0.5 m below the water surface, the fish transmitter temperature recordings and density plot tails sometimes conflicted slightly with reported lake conditions.

Plots of 24 h temperature and depth utilization were also analyzed to investigate interindividual and interploidy variability during warm summer temperatures. As all fish spent the entire day at the lake surface at the beginning of the summer and individual differences did not appear until surface temperature exceeded $18{ }^{\circ} \mathrm{C}, 24 \mathrm{~h}$ habitat utilization was compared for July 10, and only for the 6-transmitter fish (three each of 2 N and 3 N fish) in PPH that survived until the end of July. Only one 3N fish remained alive in BPH by July 10 , so these comparisons were note performed for BPH.

### 2.7. Recapture Analyses

Effects of lake, ploidy, year and ATU on summer survival were assessed using a generalized linear mixed model with a binomial distribution to predict probability of recapture as a function of ploidy, lake and temperature as fixed factors and year as a random factor. The best-fit model predicting recapture was determined using a topdown approach [53], beginning with the complete model, which included the fixed terms (ploidy, temperature and lake), the single random term (year) and all possible interaction terms. Then, the importance of specific terms was tested by sequentially and individually eliminating terms (beginning with the random term) and testing if the reduced model significantly differed from the complete model using likelihood ratio tests. The significance cutoff applied was $p<0.05$. This was performed using the 'glmer' function of the 'lme 4 ' package [54] in R.

The effect of ploidy on fish endurance was tested using a linear model with the ' 1 m ' function in base R. The significance cutoff applied was $p<0.01$.

The relationship between endurance and recapture was tested using a generalized linear model with a binomial distribution to model probability of recapture as a function of ploidy, endurance and lake. This was performed using the 'glm' function in R. As with the mixed effects models, the importance of specific terms was tested by sequentially and individually eliminating terms and testing if the reduced model significantly differed from the complete model using likelihood ratio testing and a significance cutoff of $p<0.05$ ). To include endurance as a quantitative variable in the model, the fourth quartile was not included in the analysis because the endurance of this quartile was not quantified.

## 3. Results

### 3.1. Lake Oxygen and Thermal Characteristics

When lake temperatures were highest in July 2008, the volume of favorable oxythermal habitat available to fish differed between PPH and BPH, being much greater in PPH (Figure S1). Average July surface temperature in PPH was warmer than that in BPH. In PPH, water temperature remained above $19{ }^{\circ} \mathrm{C}$ to 4 m depth and $\mathrm{O}_{2}$ concentration remained above $7 \mathrm{mg} \mathrm{L}^{-1}$ to 8 m depth where temperature was $10^{\circ} \mathrm{C}$. Temperature first fell below $14{ }^{\circ} \mathrm{C}$ at 5 m depth. In BPH, water dropped to $18{ }^{\circ} \mathrm{C}$ by 4 m depth, where $\mathrm{O}_{2}$ fell below $7 \mathrm{mg} \mathrm{L}{ }^{-1}$. There was no depth in BPH where temperature was below $14{ }^{\circ} \mathrm{C}$.

In early June, surface temperatures of PPH (ca. $16^{\circ} \mathrm{C}$ ) and BPH (ca. $15^{\circ} \mathrm{C}$ ) were more similar than they were later in the summer (Figure S2). Water temperature dropped to $13{ }^{\circ} \mathrm{C}$ by 2 m in PPH and 1 m in BPH. The concentration of $\mathrm{O}_{2}$ first fell below $7 \mathrm{mg} \mathrm{L}^{-1}$ at 8 m , where temperature was below $5{ }^{\circ} \mathrm{C}$, in PPH and 5 m , where temperature was $13^{\circ} \mathrm{C}$ in BPH. Temperature and $\mathrm{O}_{2}$ depth profiles of early June and late July 2007 were similar to those of 2008, but were not recorded in 2009.

### 3.2. Depth and Temperature Habitat Utilization of 2N and 3N Rainbow Trout

According to kernel density plots of the quartiles of individual transmitter temperature and depth recordings from 2008 in PPH and BPH, fish tended to use the warmest water in the lake throughout the summer (Figure 2; data shown only for PPH). As PPH surface temperature tended to be warmer than that of BPH , transmitter readings from fish in PPH tended to be $\geq 1^{\circ} \mathrm{C}$ warmer than in BPH. For most of the month of June, transmitter temperature readings from fish ranged from 14 to $16^{\circ} \mathrm{C}$. However, as lake temperatures increased in July, transmitter readings from fish increased to 19 to $20^{\circ} \mathrm{C}$ in PPH and 18 to $19^{\circ} \mathrm{C}$ in BPH.

The increase in habitat temperature from nearly optimal in June to theoretically lethal in July 2008 coincided with transmitter fish mortalities and increased interindividual and potentially interploidy variability in transmitter depth recordings in PPH (Figures 2 and 3) and BPH (Figure 4). According to weekly kernel density plots of depth recordings of all individual surviving fish in BPH (eighteen total; eleven 2 N and seven 3 N ) and PPH (fourteen total; seven each of 2 N and 3 N ) from 27 May to 2 June, depths were unimodal with the modes ranging from 0 to 1 m and an overall range of 0 to approximately 4.5 m (Figures 4A and 5A). Depth became multimodal with higher temperatures in the week of 8 to 14 July, reflected in modes ranging from 1 to 3.5 m for the five (four 2 N and one 3 N ) surviving fish in BPH and ranging from 0.5 to 5 m in the six-surviving fish in deeper PPH (Figures 4C and 5C). This increase in interindividual variability from early to mid-summer was also reflected in temperature density plots of surviving fish which, from 27 May to 2 June, were unimodal with a mode of $15.5^{\circ} \mathrm{C}$ in both BPH and PPH, except for one 3 N fish with a mode of $16.5^{\circ} \mathrm{C}$ in PPH (Figures 4B and 5B). From 8 to 14 July, temperature density plots of most fish became bimodal with modes ranging from 15.5 to $17.0^{\circ} \mathrm{C}$ in BPH and 14.0 to $19.0^{\circ} \mathrm{C}$ in PPH (Figures 4D and 5D). However, one 3N fish in BPH and two fish (one 3 N and one 2 N ) in PPH remained unimodal during this week.


Figure 2. Weekly density (bandwidth 0.3) plots of temperature quantiles for Pete's Pothole (PPH) transmitter (Vemco VP TP transmitters) logs for diploid (blue) and triploid (red) Blackwater rainbow trout (Oncorhynchus mykiss). (A) 25th quantile, (B) median, (C) 75th quantile. In (A-C), $Y$-axis is week of the year and week 22 corresponds to the week of 26 May to 30 May, where fish were stocked into PPH on 26 May, and week 30 corresponds to 21 July to 25 July. Dots on the bottom of each weekly plot indicate the temperature quantile for each individual fish alive in the lake during that week. (D) PPH surface temperature through the summer of 2008.


Figure 3. Kernel density plots of telemetry (Vemco VP TP transmitters) water depths (A,C) and temperature (B,D) logs for Blackwater rainbow trout (Oncorhynchus mykiss) in Pete's Pothole 2 in 2008. Gray lines represent diploid $(2 \mathrm{~N})$ trout and dotted black lines represent triploid (3N) trout from 27 May to 1 June (A,B) and 8 to 14 July (C,D). From 27 May to 2 June, n was 11 for 2 N and 7 for 3 N . From 8 to 14 July, n was 4 for 2 N and 1 for 3 N .


Figure 4. Kernel density plots of telemetry (Vemco VP TP transmitters) water depths (A,C) and temperature ( $\mathbf{B}, \mathbf{D}$ ) logs for Blackwater rainbow trout (Oncorhynchus mykiss) in Bluey Pothole 2 in 2008. Gray lines represent diploid ( 2 N ) trout and dotted black lines represent triploid (3N) trout from 27 May to 1 June (A,B) and 8 to 14 July (C,D). From 27 May to 2 June, $n$ was 11 for 2 N and 7 for 3 N . From 8 to 14 July, n was 4 for 2 N and 1 for 3 N .


Figure 5. Twenty-four hour temperature and depth habitat utilization by diploid ( $\bigcirc$ ) and triploid (■) Blackwater rainbow trout (Oncorhynchus mykiss) in Pete's Pothole on 10 July 2008 as determined through telemetry (Vemco VP TP transmitters).

Depth and temperature recordings from the individual surviving fish in PPH also showed potential ploidy effects on depth habitat utilization. Plots of temperature and depth versus time of day (Figure 5) were created to further investigate subtle ploidy differences in weekly density plots from July, but only for PPH, as only one 3N fish remained in BPH by 10 July. Twenty-four hour temperature and depth records for individual 2 N and 3 N fish
in May showed no difference between 2 N and 3 N diurnal movements or temperature or depth habitat utilization in PPH. However, in July, of the six-surviving fish (three 2 N and three 3N) in PPH, two 3N fish (Transmitters 1043930 and 1043930) consistently spent all their time within the top 2 m of the lake and their transmitters recorded more time at higher temperatures ( 14 to $22^{\circ} \mathrm{C}$ ) than the three surviving 2 N fish. The third surviving 3 N fish (Transmitter 1043943) in July displayed strong diurnal behavior, remaining at the surface from dawn ( 5 am ) until noon then spending most of the remaining time until the next dawn at 4.5 to 5 m , which was 0.5 to 3 m deeper than any other fish in PPH in July. As a result of the lower depths utilized, the lowest temperatures this 3 N fish experienced were 12 to $14^{\circ} \mathrm{C}$, which was 3 to $7{ }^{\circ} \mathrm{C}$ cooler than any other fish in PPH in July. Thus, two of the three surviving 3 N trout in July predominantly utilized the surface waters of PPH compared to all three surviving 2 N trout, which predominantly utilized deeper waters. However, one surviving 3 N fish exhibited more variable behavior than the other surviving fish of the same ploidy. Though, due to the small numbers and variable habitat utilization of surviving transmitter fish in PPH in July, apparent ploidy differences in depth utilization arising with high lake temperature must be interpreted cautiously, interindividual variability clearly increased with seasonal increases in lake temperature.

Additionally, coinciding with increases in lake temperature were sudden transmitter fish losses. When lake surface temperature first reached $18{ }^{\circ} \mathrm{C}$ as the summer progressed, the number of surviving fish with transmitters suddenly decreased in both lakes. In PPH, this occurred between June 14 and 20, when three of the six surviving 2 N trout and three of the seven remaining 3 N trout were lost (Figure 2). BPH surface temperature reached $18^{\circ} \mathrm{C}$ approximately one week later, which was coincident with a loss of five of the eleven surviving 2 N and two of the three surviving 3 N fish.

### 3.3. Recapture of Rainbow Trout: Effects of Lake, Ploidy and Endurance

Temperature, lake and ploidy were predictors of recapture rates. The best fit of the general linear model predicting survival in PPH and BPH over the summers of 2007, 2008 and 2009 ( $p=0.0325$ ) (Table 1). Recapture rates in BPH ranged from 22 to $54 \%$ for 2 N and 15 to $45 \%$ for 3 N fish, depending on the year (Figure 6). Recapture in PPH ranged from 2 to $20 \%$ for 2 N and 1 to $12 \%$ for 3 N , depending on the year (Figure 6). The percentage recapture of 3 N trout was always lower, independent of the lake and year they were stocked with 2 N trout. As expected for a lake thought to be under higher predation levels, percentage recapture in PPH was lower than that in BPH for all three years. Interestingly, in 2009, which was the warmest year, with summer air temperature ATU $10 \%$ higher than the previous two years (Figure 6), the lowest recapture rates among the years in both lakes and for both ploidies were observed. This small cumulative temperature difference is particularly significant because the biotelemetry recordings from 2008 revealed a preference for warmer surface temperature (Figures 2-5).

Table 1. Significant terms in statistical models predicting Blackwater rainbow trout (Oncorhynchus mykiss) survival in Pete's Pothole and Bluey Pothole 2. The interannual recapture model was based on the terms year, ploidy and temperature (generalized linear mixed effects model). The 2008 recapture model, aimed at testing for endurance swimming effects on survival, was based on ploidy, endurance and lake (general linear model). *: an interaction; Temp.: temperature; Endur.: Endurance swimming quartile.

| Response Variable | Fixed Effects Terms | Random Effects Terms | $\boldsymbol{p}$-Value |
| :---: | :---: | :---: | :---: |
| Interannual Recapture | Ploidy + Temp. | Year | $<0.001$ |
| Recapture 2008 | Ploidy * Endur. ${ }^{*}$ Lake |  | $<0.050$ |



Figure 6. Diploid ( $\square$ ) and triploid ( $\square$ ) Blackwater rainbow trout (Oncorhynchus mykiss) recapture in Pete's Pothole (PPH; a warm lake with avian piscivores prevalent) (A) and Bluey Pothole 2 (BPH; a cool lake with lower avian piscivore prevalence) (B) in the summers of 2007, 2008 and 2009. (•): accumulated thermal units (ATU) calculated across June, July and August of each year based on Merritt, British Columbia air temperatures obtained from the Environment Canada database.

### 3.4. Endurance and Recapture

Ploidy had a significant effect on endurance swimming time ( $p<0.001$ ). The highest 2 N endurance quartile to fail swam for $272 \pm 32 \mathrm{~min}$ versus $212 \pm 7 \mathrm{~min}$ for 3 N trout (Table 2). Therefore, quartiles of 2 N fish swam at $50 \mathrm{~cm} \mathrm{~s}^{-1} 1.3$ to 1.7 times longer than the corresponding quartile of 3 N fish. Weight, length and condition factor determined after endurance screening tests did not differ among ploidies or endurance quartiles (or halves in 2007) in 2007, 2008 or 2009.

Table 2. Endurance (mean $\pm$ SEM) of the 1st, 2 nd and 3 rd 2 N and 3 N quartiles of Blackwater rainbow trout (Oncorhynchus mykiss) to fail during endurance swimming tests in 2008 ( $\mathrm{n}=500$ in each of two endurance tests).

|  | 1st Quartile (min) | 2nd Quartile (min) | 3rd Quartile (min) |
| :---: | :---: | :---: | :---: |
| 2 N | $100 \pm 20$ | $197 \pm 17$ | $272 \pm 32$ |
| 3 N | $70 \pm 15$ | $118 \pm 13$ | $212 \pm 7$ |

The chances of a fish being recaptured were influenced by swimming endurance, ploidy and the lake the fish was stocked into. The best-fit generalized liner model testing for a significant effect of endurance quartile on fish recapture in 2008 included a three-way interaction among ploidy, endurance and lake ( $p=0.047$ ) (Table 1). For BPH, endurance was unrelated to recapture rates within either the 2 N or the 3 N population (Figure 7). Recapture rates were consistently around $50 \%$ for each 2 N endurance quartile but around $35 \%$ for all 3N quartiles. However, the relationship between endurance and recapture rate was more complex in PPH (Figure 7), the lake with greater prevalence of avian piscivores, which had half the recapture rates of BPH. In PPH, the lowest endurance quartile for 3 N trout had a very low recapture of just $7 \%$. However, recapture among the 3 N fish in PPH increased with each increasing endurance quartile, resulting in the highest quartile having a nearly three-times higher recapture rate $(20 \%)$ than the first quartile. A similar recapture rate
$(20 \%)$ was evident for the lowest endurance quartile of the 2 N population in PPH. However, recapture of the two highest endurance quartiles of the 2 N population was lower, at $13 \%$ in PPH. The apparently paradoxical increase in recapture rate with endurance swimming time for 3 Ns and the decrease in recapture rate with endurance for 2 N can be resolved with consideration of absolute endurance. Peak endurance time for 3 N trout never reached that for 2 Ns , and in fact barely exceeded that of the second 2 N quartile. Therefore, at a common endurance time of approximately $200 \mathrm{~min}, 2 \mathrm{~N}$ and 3 N trout had a similar recapture rate of around $20 \%$. In quartiles of fish unable to swim at $50 \mathrm{~cm} \mathrm{~s}^{-1}$ for $200 \mathrm{~min}, 2 \mathrm{~N}$ trout fared no worse than those able to maintain $50 \mathrm{~cm} \mathrm{~s}^{-1}$ swimming speeds, but 3 N trout recapture was poorer. In terms of survival, 3 N performance did not improve beyond this endurance level, but the 2 N fish with greater endurance had a poorer recapture rate in the high predation lake.


Figure 7. Summer 2008 lake recapture and average endurance swimming of endurance-screened 2 N $(\diamond)$ and $3 \mathrm{~N}(\boldsymbol{\square})$ quartiles of Blackwater rainbow trout (Oncorhynchus mykiss) in PPH (a warm, high predation lake) (A) and BPH (a cool, low predation lake) (B). Arrows represent the 4 th endurance quartile, mean endurance swimming of which is unknown, but greater than that of the 3rd quartile of the same ploidy.

When the mean endurance of the 2 N and 3 N populations stocked into PPH and BPH in 2008 are compared to the mean endurance of the recaptured fish at the end of the summer, selection for high endurance fish in both the 2 N and 3 N populations in PPH, but not BPH is apparent (Table 3). Mean endurance of the stocked 2 N population was 1.4 and 1.3 times greater for the stocked 3N population in BPH and PPH, respectively. In PPH, the mean endurance of both the 2 N and 3 N recaptured populations was increased 1.1-fold, relative to the stocked populations. In BPH, the mean endurance did not differ between stocked and recaptured populations regardless of ploidy. Thus, increased mean endurance of recaptured fish, relative to stocked 2 N and 3 N populations in PPH, suggests selection for high endurance fish of both ploidies.

Table 3. Mean endurance swimming of stocked and recaptured populations of 2 N and 3 N Blackwater rainbow trout (Oncorhynchus mykiss) in BPH and PPH during the summer of 2008. Units are in minutes.

| Population | BPH2 |  | PPH |  |
| :---: | :---: | :---: | :---: | :---: |
|  | 2N Predation | 3N | 2N | 3N |
| Pre-stock | 204 | 142 | 178 | 139 |
| Survivors | 203 | 139 | 193 | 158 |

## 4. Discussion

As predicted, aerobic swimming performance was lower for 3 N compared to 2 N salmonids and endurance swimming performance related to summer survival in a natural system. An interaction between ploidy, lake and endurance in the endurance-recapture relationship reflected differences in survival between the two lakes and survival and endurance between the two ploidies. Ploidy effects on survival and endurance swimming likely reflect limitations of 3 N cardiorespiratory capacity, and variability in survival between lakes and years was at least partly explained by lake temperature, but also lake-specific characteristics, such as lake morphology or avian predation on the stocked fish.

### 4.1. Summer Lake Habitat Utilization

Summer fish survival and habitat utilization was monitored in two dissimilar lakes. PPH is a deep lake with warmer surface water temperatures and greater potential for avian predation on fish than the shallower, slightly cooler BPH. Pete's Pothole (authors' observations) [55], but not BPH [55,56], is frequented by common loons (Gavia immer), which are voracious fish predators. Additionally, $\mathrm{O}_{2}$ and temperature depth profiles of the two lakes show PPH to be a warmer lake than BPH, but due to its greater depth, it has several meters depth of cool high $\mathrm{O}_{2}$, which is not present in BPH.

Reflecting the differences in lake characteristics, rainbow trout habitat utilization differed between BPH and PPH. Previous lab studies that tracked heart rate response to warming for the same population of fish found an optimal temperature of $14{ }^{\circ} \mathrm{C}$ and that mortalities likely arise for a significant portion of the population as temperature approaches and exceeds $18^{\circ} \mathrm{C}$ [57]. In BPH , after mid-June, rainbow trout spent no time at the labdetermined optimal temperature of $14^{\circ} \mathrm{C}$, and actually spent the majority of their time at temperatures approaching $18{ }^{\circ} \mathrm{C}$, such that they were spending the entire month of July at supra-optimal temperatures. At $18{ }^{\circ} \mathrm{C}$, the lab study showed onset of arrhythmic heartbeats in $25 \%$ of 2 N and 3 N fish tested when temperature reached $18{ }^{\circ} \mathrm{C}$, which is likely a prelude to cardiac collapse and thus imminent death. With increasing acclimation temperature, high temperature tolerance increases [58], so high temperature tolerance of the fish in BPH in July was most likely greater than for the fish tested in the lab, which were acclimated to $10^{\circ} \mathrm{C}$. However, salmonid fish are limited in their thermal tolerance plasticity. When acclimation temperature of sockeye salmon was increased from 10 to $20^{\circ} \mathrm{C}$, the upper lethal limit increased by only $1{ }^{\circ} \mathrm{C}$ from 23 to $24^{\circ} \mathrm{C}$ [59]. Furthermore, the critical thermal maxima of redband trout (Oncorhynchus mykiss gairdneri) originating from creeks of different temperatures (mean temperatures ranging from 15 to $23^{\circ} \mathrm{C}$, and maximum temperatures ranging from 18 to $29^{\circ} \mathrm{C}$ ) only differed by $0.7^{\circ} \mathrm{C}$ [60]. Thus, high temperature tolerance of the fish in BPH in July was likely slightly higher than that of the fish tested in the lab. However, this increase in tolerance was unlikely to exceed $1^{\circ} \mathrm{C}$, suggesting fish were at the limits of their thermal tolerance in both lakes in July.

Despite the near lethal temperatures utilized in BPH, fish even hotter temperatures in PPH. After mid-June, fish in PPH similarly spent no time at $14^{\circ} \mathrm{C}$ but spent the majority of their time at 19 to $20^{\circ} \mathrm{C}$, which was 1 to $2^{\circ} \mathrm{C}$ warmer than those in BPH and expected to result in arrhythmia in more than $50 \%$ of the stocked populations [57]. Additionally, maximum heart rate of rainbow trout in the lab was reached at $20.0 \pm 1.1^{\circ} \mathrm{C}$ for 2 Ns
and $19.5 \pm 0.5^{\circ} \mathrm{C}$ for 3 Ns [57], suggesting the resting metabolic requirements at this temperature range required maximum capacity of the cardiovascular system. Thus, any metabolic challenges at these temperatures would only be transiently sustainable and only through anaerobic metabolism. The proximity of these lab-determined lethal temperatures to the thermal habitat of fish in PPH in July potentially reflects an inability of fish in PPH to meet the day-to-day metabolic challenges (e.g., foraging, competitive interactions and predator avoidance) required to survive in the wild.

Lake habitat utilization also differed between 3 N and 2 N rainbow trout. Early in the summer, when lake temperatures were cool, habitat utilization of 2 N and 3 N trout was similar and surface-oriented, but as the lake warmed during summer, 3 N trout spent most of their time at the surface while 2 N trout preferred slightly deeper and cooler water. Considering the summer lake surface temperatures exceeded lab-determined thermal tolerance limits, it is surprising that 3 N trout spent more time at the surface in slightly warmer temperatures than their 2 N cohorts. This apparently detrimental 3 N behavior may be a result of competitive interactions with 2 N trout over the safer, deeper, and slightly cooler, but still well oxygenated water. Previous behavioral comparisons suggest that 3 N fish are less aggressive/dominant than 2 N fish [61-63], but 3 N behavior in the wild has never been assessed. Even though all the 3N fish with transmitters in PPH displayed different behavior compared to their 2 N siblings, these trends must be interpreted cautiously because of the small sample sizes of surviving fish with transmitters by the time these differences had appeared. Of course, as most 3N fish with transmitters had died at this point, it is possible that these behavioral differences reflect only those 3 Ns able to survive the warm summer water.

### 4.2. Survival in Summer Lakes

Survival of Blackwater rainbow trout was influenced by lake, temperature and swimming endurance. Summer survival in PPH was consistently lower compared to that in BPH across three years of observations. A study comparing lakes from the same region with and without loon predation showed loons can remove $50 \%$ of all stocked 1-year-old ( 26 g ) rainbow trout, as similar size to fish stocked in PPH and BPH in this study, from a lake [56]. When cannibalism occurred in BPH in 2000, due to stocking large $1+$ year old with small $0+$ year old rainbow trout, survival of $0+$ year olds decreased to 10 to 20\% [64]. Cannibalism was unlikely to have occurred with the single year class stocking used here, and so generally greater survival was observed compared with earlier studies in similar lakes.

In addition to predation, high water temperature also correlated with mortality in PPH compared with BPH. Both surface temperature and the temperatures fish frequented in PPH were consistently 1 to $2{ }^{\circ} \mathrm{C}$ higher than in BPH throughout the entire summer. The near maximum heart rates required of rainbow trout to maintain corporeal $\mathrm{O}_{2}$ supply at these high temperatures reflect a severely reduced aerobic scope, which is the difference between resting and maximum metabolic rates.

Aerobic scope can be thought of as the metabolic reserves available to a fish for responding to the many, usually cumulative, metabolic challenges a fish must successfully navigate to survive in the wild. It has been hypothesized that the breakdown in aerobic scope, due to thermodynamic increases in resting but decreases to maximum metabolic rate, is an important mechanism underlying fish failure at high temperature [44,46], but it is important to note that some groups challenge this hypothesis [65,66]. Thus, aerobic scope may be especially important in a high-temperature lake like PPH.

The metabolic demands of escaping and recovering from predation attempts in a high predation lake like PPH may compound upon potential limitations in available aerobic scope within the high temperatures fish inhabit in PPH. Lake trout (Salvelinus namaycush) required $75 \%$ of their aerobic scope for chronic maintenance of life [67]. On the other hand, EMG studies on rainbow trout suggested metabolic costs in the wild rarely exceed $20 \%$ of the aerobic scope for activity [68]. However, calibration of EMG readings to metabolic rate was performed on different fish populations than the field EMG recordings
were on, and interpopulation differences in the EMG-metabolic rate relationship may have introduced error in this estimate. Additionally, the field EMG measurements were performed in experimental ponds with no predators. In PPH, predator escape attempts from loons, which can chase their prey for as much as 30 m [69], would almost certainly increase metabolic costs in the wild. Thus, in the heat of the summer, the aerobic scope of fish in PPH likely approaches zero but fish are being forced to either expend metabolic energy in escape attempts or become easy prey and die. Thus, the elevated mortality in PPH compared with BPH is likely related to reduced aerobic scope with preference for supra-optimal surface temperatures as a significant contributing factor. Indeed, in both lakes, there was a sudden loss of fish equipped with transmitters coincident with surface temperature first reaching $18{ }^{\circ} \mathrm{C}$, which occurred a week later in BPH than PPH. Similarly, when reared at $18{ }^{\circ} \mathrm{C}, 3 \mathrm{~N}$ brook charr died after a chase to exhaustion, while 2 N charr were able to recover with no mortalities [70]. Thus, a similar explanation can account for the ploidy differences in survival. In fact, 3 N survival was consistently nearly $50 \%$ lower than 2 N survival in both lakes across all 3 years whenever both ploidies were stocked together.

Comparison of lab-determined lethal temperatures and utilized thermal habitats in lakes relative to available oxy-thermal habitat raises a rather obvious question: Why did Blackwater rainbow trout prefer near lethal temperatures during the summer? The answer may lie in food availability and field metabolic rates. Food availability is likely tied to photosynthesis and aquatic invertebrates, which are greatest in the surface water of these lakes [71]. Lower aerobic scope requirements due to cooler temperatures and less predation would allow fish in BPH to survive well at surface temperatures above optimal. However, in PPH, where a greater aerobic scope was required for both predator avoidance and the metabolic consequences of enduring 1 to $2{ }^{\circ} \mathrm{C}$ higher temperatures, survival was predictably lower than in BPH. Furthermore, the uncharacteristically warm weather in 2009 decreased survival in both PPH and BPH compared with both 2007 and 2008. Thus, trends in summer mortality between lakes, across the summer season and from year to year strongly suggest preference for temperatures above optimal caused significant mortality in both lakes, with predation almost doubling mortality in PPH relative to BPH.

### 4.3. Reduced 3N Swimming Endurance

As predicted, 3 N trout had reduced endurance swimming ability compared to their 2 N cohorts, potentially reflecting lower aerobic scope in 3Ns relative to 2Ns. Lab studies have shown that within a 2 N rainbow trout population, the fish with the highest prolonged swimming capacity (which, like endurance swimming is primarily aerobically fueled) had the greatest aerobic scope, maximum $\mathrm{O}_{2}$ consumption rate and cardiac output [72]. While previous comparisons of fish swimming ability for 2 N and 3 N cohorts have been equivocal, reduced aerobic swimming performance has been suggested for 3 N Atlantic salmon [20], ginbuna [21], rainbow trout [22], white crappie [23], brook charr [24] and chinook salmon [25]. Elevation of anaerobic metabolites in 3N, but not 2 N rainbow trout, after 3 h of prolonged swimming [19] suggests 3 N trout lack aerobic capacity and switch sooner to anaerobic energy production to fuel their swimming. Similarly, aerobic scope of 3N chinook salmon was $70 \%$ of 2 N siblings' [25]. Thus, reduced swimming endurance of 3N Blackwater rainbow trout in this study was likely due to ploidy effects on aerobic scope and could have contributed to reduced 3 N fish survival in the natural lakes.

### 4.4. Endurance and Survival

As initially predicted, we showed a significant relationship between endurance swimming and the probability of recapture for individual fish and a dependence of this relationship on lake and ploidy. This significant relationship was further supported with an increase in the average endurance of surviving 2 N and 3 N populations after a summer in lakes compared to the stocked populations. The interactions between the survival-endurance relationship and lake and ploidy were likely due to biotic and abiotic characteristics of
the lakes and behavioral and cardiorespiratory differences between 2 N and 3 N trout, respectively.

The interaction between lake and the endurance-survival relationship raises the concern of pseudo replication in this study. This relationship was tested in two dissimilar lakes, in one of which ( BPH ) recapture rates were high, and the endurance-survival relationship was not evident. Though it appears that the potential predation and high temperatures of PPH explain reduced survival and manifestation of the endurance-survival relationship, replication across many lakes similar to PPH and BPH is necessary in order to confirm this conclusion.

The effect of lake on the endurance-survival relationship is not surprising considering the differences between the two stocked lakes. Reduced survival in PPH was potentially due to predation and high temperature, presenting the possibility that strong selection had occurred for high-temperature-tolerant fish with predator avoidance skills. Previous research has established a link between high temperature tolerance and aerobic scope [44,46,73]. In captivity, rainbow trout with high aerobic swimming capacity had greater aerobic scope and maximum $\mathrm{O}_{2}$ consumption rate and cardiac output than poor swimmers [72]. Therefore, high-endurance fish are likely more high-temperature-tolerant as a consequence of their large aerobic scope.

Though the relationship between sustained swimming capacity and predation escape has never been assessed, some evidence exists that fish with high burst [2,5,11,15-17] and prolonged swimming capacity are better at escaping or avoiding predation $[2,11,15]$. Extending these findings to PPH suggests that fish with high swimming endurance were better able to escape predation by loons or recover metabolically from escape attempts and therefore had improved chances of survival.

Therefore, due to the importance of aerobic scope to both high temperature tolerance and endurance swimming capacity, selection for high aerobic scope may be even greater than that for endurance swimming. Furthermore, although endurance swimming was important for survival in a high predation warm lake (PPH), it was not important to survival in a cooler low predation lake ( BPH ) where aerobic scope requirements are not expected to exceed the available reserves.

The ploidy effect on the lake survival-endurance relationship is likely due to behavioral and or aerobic metabolic differences between the ploidies. The 30 to $50 \%$ greater survival of 2 N relative 3 N populations in PPH across 3 years corresponded with a $40 \%$ greater endurance in 2008. Furthermore, a 3-fold increase in endurance doubled survival for 3 N fish. Reduced endurance in 3 N relative to 2 N rainbow trout most likely reflects a reduced aerobic scope, which has been shown in 3 N chinook salmon [25]. Thus, the endurance-survival relationship within the 3N population in PPH further supports the importance of aerobic scope to survival.

Considering 3 N salmonids appear to have reduced aerobic scope compared to their 2 N cohorts, the relationship between swimming endurance and aerobic scope, and therefore survival, may differ between ploidies. It is important to note that here, aerobic scope was not directly quantified for 2 N and 3 N rainbow trout. In fact, no studies have shown a connection between directly measured AS and survival in a warm natural ecosystem. Unfortunately, the time requirements to measure aerobic scope make it challenging to test its influence on survival at the population level, but these studies will be important to confirming hypothesized relationships between aerobic scope and survival of ectotherms in warm aquatic systems.

Alternatively, differences between the behavior of 2 N and 3 N trout may explain variability in the endurance-survival relationship between ploidies. Previously reported altered 3 N performance and behavior in the presence of 2 N fish [47,62] may have confounded the endurance ranking of fish in this study, because fish were endurance screened with ploidies separate, but stocked into lakes together with ploidy cohorts combined. The potential of interploidy behavioral differences influencing the endurance survival relationship is further supported by evidence of differential habitat utilization by 2 N and 3 N rainbow trout in our
study system during the hottest part of the summer. Considering 3N preference of the high temperature surface waters of PPH , it appears that the 3 N trout spent their time in inferior habitat to the 2 Ns , which were more frequently in cooler, well oxygenated water. However, the 3 N fish may have been utilizing the littoral zones where predation risk was low or the surface of the pelagic zone where Daphnoid (an important food source for rainbow trout in these lakes) density was high [71,74], but so was predation [75]. For example, previous studies in lakes showed fish spending more time in the pelagic zone tended to have reduced survival in predator-present but not predator-free lakes [55,75]. Thus, differences in the aerobic scope, endurance swimming capacity and behavior between 2 N and 3 N Blackwater rainbow trout probably result in different selection pressures which could have profound effects on the endurance-survival relationship.

## 5. Conclusions

In summary, endurance swimming was strongly related to summer survival in lakes where suboptimal conditions existed in the surface water that rainbow trout preferred, likely in search of food. Ploidy effects were discovered for survival and the endurancesurvival relationship, which was likely due to variation in selective pressures between ploidies, which in turn was most likely related to warmer surface habitat utilization and lower swimming endurance, which may reflect lower available aerobic scope for 3 N compared to 2 N trout. As a result, aerobic swimming endurance of rainbow trout, especially for 3 N trout, can help predict summer survival in a warm lake with piscivorous birds exerting high predation pressure, resulting in low fish survival. Although the swimming endurance and survival relationship was less clear for 2 N trout, there was evidence of summertime selection for higher endurance 2 N fish. This empirical evidence of a connection between swimming endurance and fitness provides support for decades of unsupported assumptions of this relationship and could inform future sport fishing stocking industry practices to match fish strains to ideal habitats. Further studies are necessary to confirm if the relationship between endurance swimming and survival demonstrated here reflects the hypothesized relationship between aerobic scope and survival of ectotherms in warm aquatic systems.

Supplementary Materials: The following supporting information can be downloaded at: https: / /www.mdpi.com/article/10.3390/fishes8040213/s1, Figure S1. Temperature depth profiles of Bluey Pothole $2(\mathrm{BPH})(\mathrm{A})$ and Pete's Pothole (PPH) (B) on 10 July 2008. In top profiles, depth is illustrated with contour lines and numbers delineating depth $(\mathrm{m})$. Bottom profiles are cross sections of lake depth; Figure S2. Blue Pothole summer surface temperatures in 2008; Table S1. Lake characteristics and fish stocking details for Pete's Pothole (PPH) and Bluey Pothole 2 (BPH) for 2007, 2008 and 2009.

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