

## Article

# Effects of Different Temperatures on the Antibacterial, Immune and Growth Performance of Crucian Carp Epidermal Mucus

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**Abstract:** Fish is one of the important sources of energy and protein, and proper water temperature is key to successful fish breeding. The authors of this study evaluated crucian carp growth, mucus antibacterial properties, and immune indicators at 17, 21, 24, 27, and 31 °C. The results indicated that in the range of 17–31 °C, the resistance of epidermal mucus to *Vibrio harveyi* decreased with temperature rising. At 24 and 27 °C, the activities of lysozyme and catalase significantly increased; alkaline phosphatase activity, superoxide dismutase activity, and total protein concentration first increased and then decreased with rising temperature; the highest values were observed at 24 °C, with increases of 56.55%, 26.64%, and 44.52%, respectively, compared to those under the 17 °C treatment. When the treatment reached 27 °C, the temperature had an effect on the growth and antibacterial properties of crucian carp, and the activities of alkaline phosphatase and superoxide dismutase were significantly reduced. At temperatures of 17–24 °C, the survival rate of crucian carp could reach more than 93%, and at the temperature of 24 °C, the specific growth rate reached the highest value of 43.29%. Therefore, the most favorable temperature for the long-term breeding of crucian carp was found to be 24 °C. This study provides a favorable experimental basis for the establishment of intelligent aquaculture systems and the setting of water environment parameters.

**Keywords:** crucian carp; epidermal mucus; temperature; antibacterial activity; immunity



**Citation:** Wang, B.; Ma, G.; Liu, Y.; Wang, Y.; Du, X.; Shi, Q.; Mao, H. Effects of Different Temperatures on the Antibacterial, Immune and Growth Performance of Crucian Carp Epidermal Mucus. *Fishes* **2021**, *6*, 66. <https://doi.org/10.3390/fishes6040066>

Academic Editor: Maria Angeles Esteban

Received: 8 October 2021

Accepted: 18 November 2021

Published: 22 November 2021

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## 1. Introduction

Crucian carp is considered threatened in many European countries, mainly due to external pressures such as invasive carp and goldfish. Therefore, there is an urgent need to find aquaculture methods that meet the biological characteristics of this species [1]. Appropriate water temperature and food conditions are the key factors for successful crucian carp breeding [2], which means that for maximum growth, crucian carp should be raised at the optimal growth temperature and concentrated on the best feed in an effective way [3].

Epidermal mucus is of great significance to the life and survival of fish [4]. It is the first line of defense for fish against environmental threats [5]. It is also an important innate immune system. It has many physiological and mechanical functions. It protects the host from the surrounding environment by preventing many pathogens from entering the body [6]. Epidermal mucus contains lysozyme, immunoglobulin, alkaline phosphatase, lectin, and different types of proteases including trypsin, cathepsin, and antimicrobial peptides [7]. These ingredients help to maintain the health of fish. After being secreted, they remain on the cell surface to form a matrix that can capture and contain various antibacterial molecules [8]. This matrix has antibacterial and antiproliferative effects [9], and threonine, which promotes fish growth and improves immunity, is also present in the epidermal mucus [7]. However, the environment can affect the number of cells in the skin epidermis. When the immune system is attacked, the life and health of fish can also be affected [10,11].

Temperature is a key factor affecting the composition of fish epidermal mucus [12], and it not only manifests itself in behavior and physiology but also affects fish to varying degrees in terms of disease [5,13,14], such as damage to fish health, the hinderance of growth [15,16], and ultimately death [17]. In addition, temperature affects the hormone secretion and immune response of fish [18,19]. Temperature exceeding the tolerance range of fish causes excessive pain and bacterial invasion [20]. However, fish are unlikely to obtain relief beyond adaptation to temperature and pressure through physiological and behavioral conditions [21,22]. Therefore, temperature stress is an important environmental factor that affects the growth of fish. In addition, the antibacterial and immune response of fish epidermal mucus are important biomarkers under temperature stress, pollutants, and toxic drugs [23,24]. Superoxide dismutase (SOD), catalase (CAT), lysozyme (LZM), and alkaline phosphatase (ALP) are important heat stress indicators in fish [25], so temperature stress affects the activities of a variety of enzymes in fish epidermal mucus, thereby disturbing the growth status of fish.

In aquaculture systems, temperature stress affects fish growth by interfering with fish appetite by changing the proliferation rate of aquatic bacteria to affect the antibacterial properties of fish epidermal mucus and by changing the activity of enzymes in crucian epidermal mucus to affect its immunity. Therefore, the authors of this study first conducted cytotoxicity tests on crucian carp epidermal mucus extracted after different temperature treatments, then conducted antibacterial tests on marine pathogens, and then measured four enzyme activities and total protein concentration; together with the growth indicators of crucian carp, these measurements could allow the authors to determine the optimum temperature for the aquaculture system. Therefore, the purpose of the research was to determine the optimal temperature for the growth of crucian carp from the perspective of fish health and welfare. In addition, these results provide a theoretical basis for the subsequent setting of environmental parameters of aquaculture systems.

## 2. Materials and Methods

We promise that this study was conducted in accordance with the relevant regulations of the Animal Management Committee of Jiangsu University, with no violations of ethical and moral regulations, and there was no cruelty to animals. They were all raised normally. In the experiment, only the epidermal mucus of the crucian carp was extracted for testing. When the experiment was over, all the used crucian carp were released into the lake.

### 2.1. Experimental Materials

The experiment was carried out at the Key Laboratory of Modern Agricultural Equipment and Technology (119°45' E; 32°20' N) at Jiangsu University, Zhenjiang City, Jiangsu Province, from 10 June 2021 to 30 July 2021, for a total of 50 days. The average temperature of the laboratory air was 24.5 °C, and the relative humidity was 32.6%. We took 120 three-month-old male crucian carp ( $9.12 \pm 0.5$  g) from the Linghu fish base in Huzhou, Zhejiang. Before starting the experiment, these crucian carp were adapted to the laboratory conditions for two weeks in a 400 L water tank (water temperature:  $17 \pm 0.5$  °C). After acclimatization, robust fish of similar size were picked out and were randomly put into 5 water tanks with a volume of 100 L each (initial water temperature  $17 \pm 0.5$  °C), with 20 fish in each tank. The five water tanks were each increased by 3 °C every 48 h to reach the experimental water temperature, which was controlled at 17, 21, 24, 27, and 31 °C, respectively. During the experiment, commercial pellets containing 35% protein (Table 1 for nutrients) were used to feed the fish twice a day, the dissolved oxygen of the water was maintained at  $6.8 \pm 0.1$  mg L<sup>-1</sup>, the pH was maintained at  $7.6 \pm 0.1$ , the ammonia nitrogen content was maintained at 0–0.12 mg/L, the nitrite content was maintained at 0–0.12 mg/L, and the light conditions were 12 h of darkness and 12 h of light. The experimental fish were fed twice a day at a rate of 5% of the fish's body weight. Fish feces and uneaten fish feed were cleaned up, and 30% of water was exchanged every day.

**Table 1.** Feed nutritional components.

Crude Protein (%) $\geq$	Crude Fiber (%) $\leq$	Crude Fat (%) $\geq$	Crude Ash (%) $\leq$	Total Phosphors (%) $\geq$	Moisture (%) $\leq$	Lysine (%) $\geq$
35.0	12.0	5.0	15.0	1.0	12.5	1.6

### 2.2. Extraction of Epidermal Mucus

Three healthy crucian carp were randomly selected in each tank and gathered together ( $n = 3$ ), using a sterile spatula to scrape the front and back skin on the back surface to prepare a mucus sample [7]. The collected mucus was thoroughly mixed with an equal amount of sterile physiological saline and centrifuged at  $3000 \times g$  for 10 min at  $4\text{ }^{\circ}\text{C}$  to remove insoluble particles. The supernatant was filtered and sterilized with a  $0.22\text{ }\mu\text{m}$  filter membrane and stored at  $-80\text{ }^{\circ}\text{C}$  [12].

### 2.3. Cytotoxicity Tests

The human pancreatic cancer cell line PATU-8988T was obtained from Shanghai YuBo Biotech Co., Ltd. (Shanghai, China) and cultured in H-DMEM with 10% FBS. The pancreatic cancer cells, 5000 8988T cells/well, were placed into 96-well plates; six duplicate wells were set for each condition, and then the supernatant was carefully discarded when the cells were settled overnight, after which fresh cell culture solutions with pre-added skin mucus at different concentrations were added. The cell plates were slightly shaken and moved to an incubator with a temperature of  $37\text{ }^{\circ}\text{C}$  for 24 h of treatment. For the measurements, the supernatants were removed by leaving adherent cells minimally disturbed, and fresh culture solutions containing a 10% Cell Counting Kit-8 (CCK8, Kumamoto, Japan) reagent were added for 2 h of incubation at  $37\text{ }^{\circ}\text{C}$ . The absorbance of each well was detected with a microplate reader.

### 2.4. Antibacterial Activity

The ability of bacterial isolates to grow in fish epidermal mucus was examined in a 96-well plate to study the use of marine pathogens (*V. harveyi*) to determine the bactericidal activity in mucus samples. *V. harveyi* was grown on agar plates at  $25 \pm 2\text{ }^{\circ}\text{C}$ . Then, we picked fresh single colonies and diluted them with a 5 mL nutrient broth, and then we incubated them in an orbital incubator at  $28\text{ }^{\circ}\text{C}$  and 150–200 rpm for 12 h. Then, the mucus bactericidal activity was measured [26]. A portion of the supernatant mucus was taken and autoclaved at  $121\text{ }^{\circ}\text{C}$  for 15 min. Bacterial suspension and mucus samples were serially 2-fold diluted with PBS. Then, 100  $\mu\text{L}$  of bacterial diluent and an equal volume of autoclaved epidermal mucus were placed in a 96-well plate. The positive well contained 100  $\mu\text{L}$  of bacterial suspension and 100  $\mu\text{L}$  of nutrient broth. Negative wells contained 100  $\mu\text{L}$  of autoclaved epidermal mucus and 100  $\mu\text{L}$  of a nutrient solution. The experiment was carried out in triplicate. The plates were incubated at  $28 \pm 2\text{ }^{\circ}\text{C}$ . Every 1 h, the optical density (OD) at 600 nm was measured with a microplate reader for a total of 12 h. The bacterial survival rate was calculated by the ratio of the optical density of the experimental group and the positive control group, and the result is expressed as a percentage (100%).

### 2.5. Determination of Enzyme Activity

A kit was used to determine the protein concentration (TP) and the lysozyme (ZLM), superoxide dismutase (SOD), catalase (CAT), and alkaline phosphatase (ALP) activity with a microplate reader according to the manufacturer's instructions. The BCA microplate method was used to determine the protein concentration at 562 nm [27]. The lysozyme activity was determined with a turbidimetric method at 530 nm [28]. The superoxide dismutase activity was determined with a hydroxylamine method at 550 nm [29]. The catalase activity was determined with an ammonium molybdate method at 405 nm [30].

The alkaline phosphatase activity was measured with colorimetry at 520 nm [31]. The kits were acquired from Nanjing Jiancheng Institute of Bioengineering.

### 2.6. Growth Performance

Each three-month-old male crucian carp was starved for 24 h before sampling and weighing. At the end of the feeding experiment, the following parameters were determined:

$$WG = FW - IW \quad (1)$$

where WG (g) represents weight gain, FW (g) represents the final weight of crucian carp, and IW (g) represents the initial weight of the crucian carp.

$$WGR = 100\% \times WG/IW \quad (2)$$

where WGR (%) represents the relative growth rate.

$$SGR = 100\% \times (\ln FW - \ln IW)/T \quad (3)$$

where SGR (%) represents the specific growth rate, ln represents the natural logarithm, and T represents the number of feeding days.

$$FCR = 100\% \times (FI/WG) \quad (4)$$

where FCR (%) represents the feed conversion rate, and FI(g) represents feed intake.

$$SR = 100\% \times (N_2/N_1) \quad (5)$$

where SR (%) represents the survival rate,  $N_2$  represents the final number of crucian carp, and  $N_1$  represents the initial number of crucian carp.

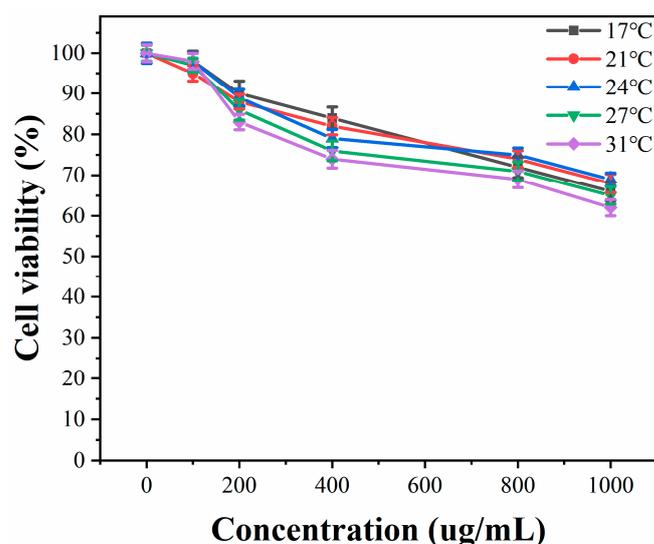
### 2.7. Statistical Analyses

All data are shown as the mean plus standard deviation ( $\pm$ SD). All statistical analyses were performed with SPSS software. The statistical differences between groups were analyzed by using ANOVA. The least significant difference (LSD) [32] test was used to determine significance at a significance level of  $p < 0.05$ .

## 3. Results

### 3.1. Cytotoxicity

As shown in Figure 1, crucian carp epidermal mucous cells under five temperature treatments were tested for toxicity to human pancreatic cancer cell line 8988t. The results showed that as the concentration of epidermal mucus increased, the survival rate of cell lines showed a downward trend within a certain range. When the fish epidermal mucus was  $1000 \mu\text{g mL}^{-1}$ , the survival rate of the cell line reached more than 65%. The epidermal mucus under five temperature treatments had no toxic effect on the cell line [33].



**Figure 1.** Results of a 24 h cytotoxicity test of crucian carp epiderma mucus on the 8988t human pancreatic cancer cell line at five different temperatures.

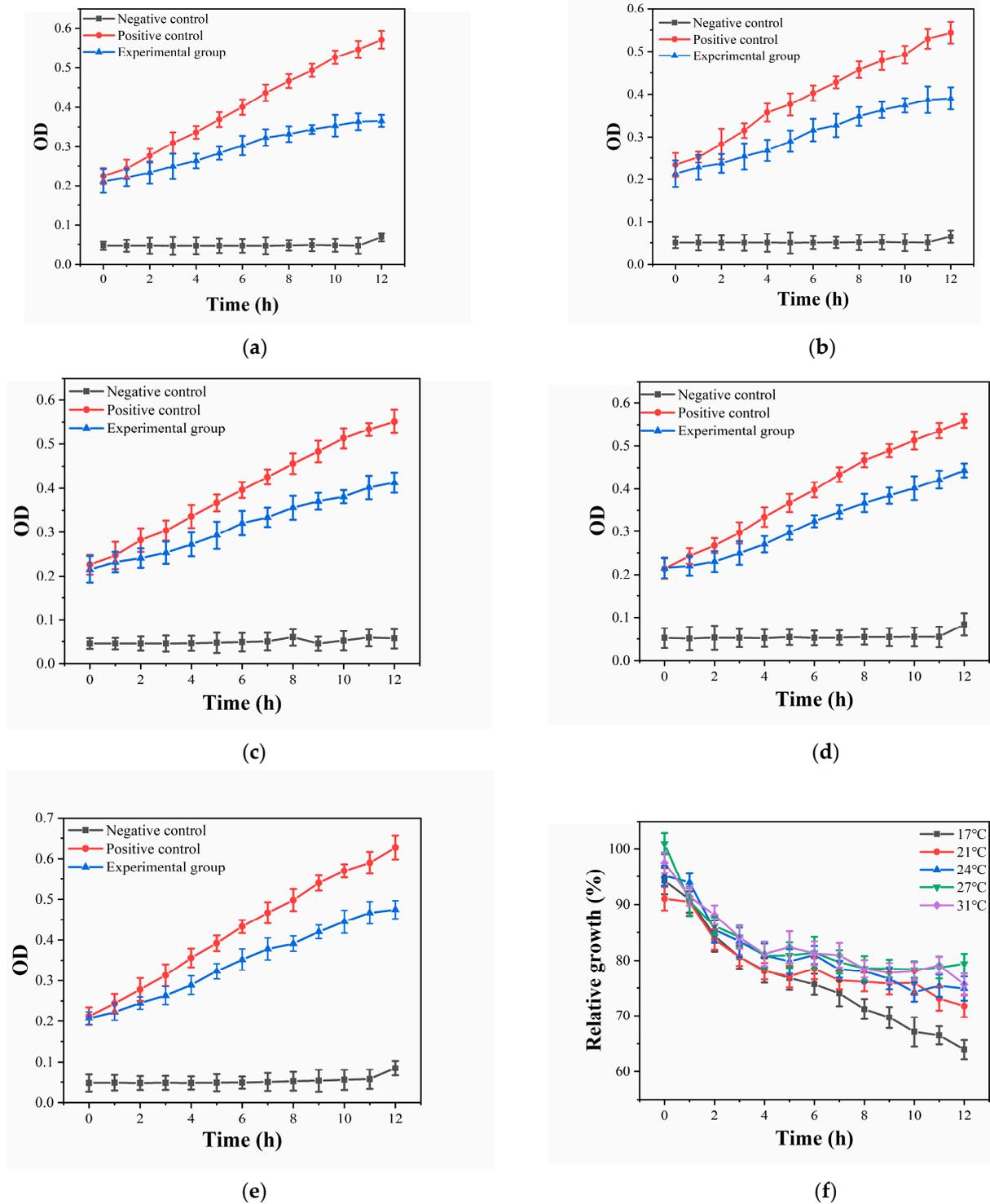
### 3.2. Antibacterial Properties

The growth of bacteria was analyzed in crucian carp epidermal mucus under five temperature treatments, and the *V. harveyi* selected in this study is a common pathogen of marine organisms. The results in Figure 2 show that during the culture period, the growth of the number of *V. harveyi* in the nutrient broth of the positive control group was observed to gradually increase over time. As shown in Figure 2a–e, the number of *V. harveyi* in the experimental group gradually increased under different epidermal mucus conditions, but the increase in the same period was less than that of the positive control group. The crucian carp epidermal mucus under the five temperature treatments all had similar results. In addition, comparing the five experimental groups in Figure 2f shows that as the temperature increased, the antibacterial ability of the crucian carp epidermal mucus gradually weakened, though the values were all significantly higher than those of the negative control group. This indicates that within a certain temperature range, the epidermal mucus of different treatments had antibacterial activity, and as the temperature increased, the survival rate of *V. harveyi* gradually increased ( $p < 0.05$ ). On the contrary, when the temperature decreased, the metabolic activity of *V. harveyi* was reduced, and the survival rate of *V. harveyi* was also reduced ( $p < 0.05$ ).

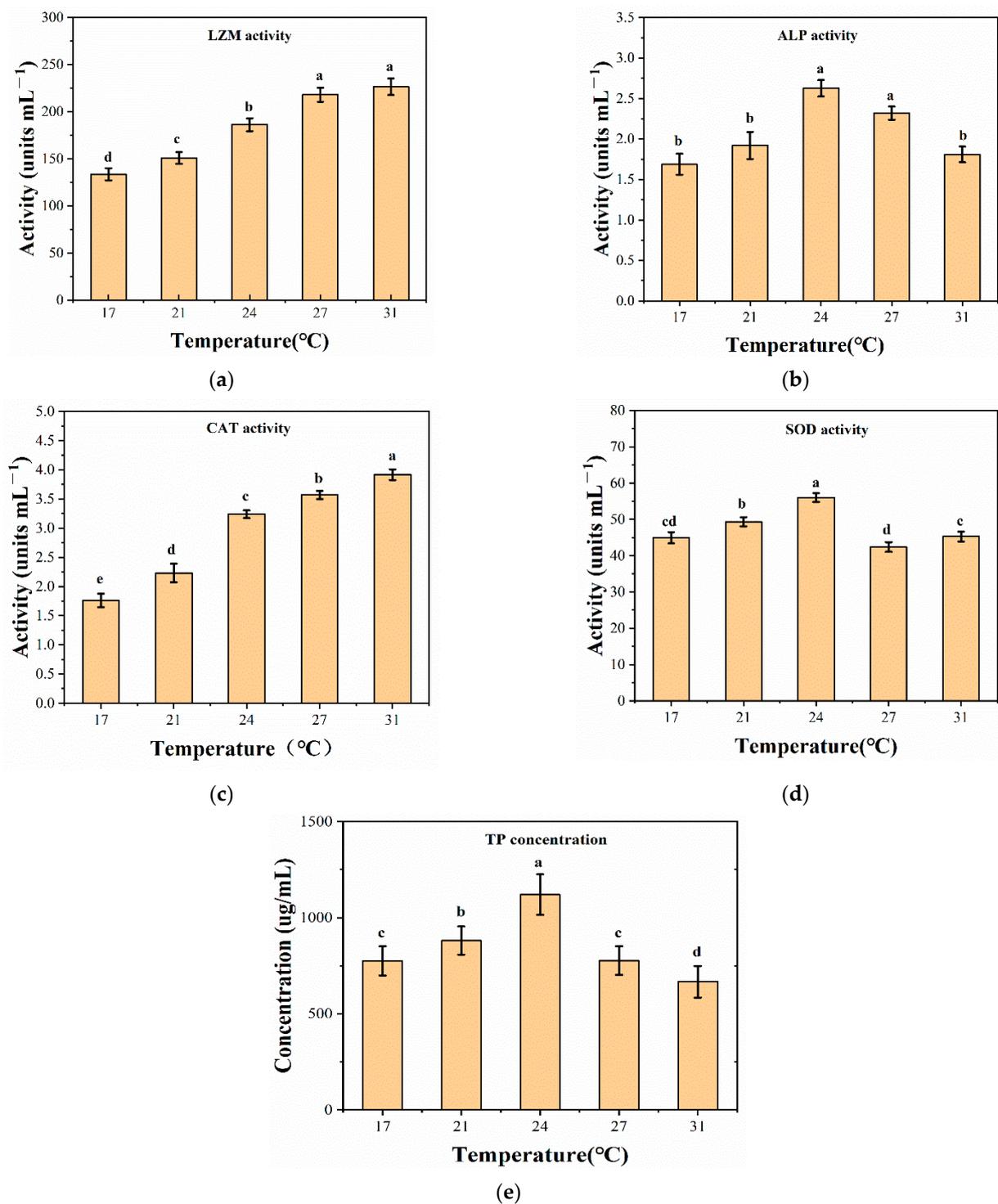
### 3.3. Enzyme Activity

The TP concentration and four enzyme activities in crucian carp epidermal mucus under five different treatments were tested. The activity of LZM gradually increased with the increase of temperature. Compared to the control group (17 °C), LZM activity increased by 12.78%, 39.85%, 63.91%, and 69.92% under the other four temperature treatments (Figure 3a). The ALP activity first increased and then decreased with the increase of temperature. Compared to the control group (17 °C), the ALP activity under the other four temperature treatments increased by 14.29%, 56.55%, 38.09%, and 7.74% (Figure 3b). Compared to CAT (17 °C), the other four temperature treatments increased by 14.6%, 53.36%, 67.92%, and 84.43% (Figure 3c). SOD activity first increased and then decreased with increasing temperature. Compared to the control group (17 °C), the SOD activity under the other four temperature treatments increased by 9.79%, 24.64%, −5.3%, and 0.73% (Figure 3d). The SOD level increased from 17 to 24 °C, then decreased at 27 °C, returned to the control level at 31 °C, and stabilized at 27 and 31 °C. Compared to the control group (17 °C), the total protein concentration under the other four temperature treatments increased by 13.68%, 44.52%, 0.22%, and −14.06% (Figure 3e). The total protein

concentration first increased and then decreased with the increase of temperature, and it reached its highest point at 24 °C.



**Figure 2.** Growth curves of *V. harveyi* in epidermal mucus and nutrient solution at different temperatures: (a) 17 °C, (b) 21 °C, (c) 24 °C, (d) 27 °C, and (e) 31 °C. (f) A comparison of the increase in the number of *V. harveyi* in crucian carp epidermal mucus under five temperature cultures. Values are represented as mean ± SD of pooled data from triplicates per treatment ( $n = 3$ ). Means in the same row with different letters are significantly different ( $p < 0.05$ ).



**Figure 3.** Determination of enzyme activities and total protein concentration in epidermal mucus treated at different temperatures: (a) LZM, (b) ALP, (c) CAT, (d) SOD, and (e) TP. Values are represented as mean  $\pm$  SD of pooled data from triplicates per treatment ( $n = 3$ ). Means in the same row with different letters are significantly different ( $p < 0.05$ ).

#### 3.4. Growth Performance

The growth performance indexes (initial weight, final weight, weight gain, relative growth rate, specific growth rate, feed conversion rate, and survival rate) of crucian carp after 3 and 6 weeks of rearing under different temperature treatments are shown in Table 2. The growth performance of crucian carp reared at 24 °C was significantly improved. Crucian carp reared at 24 °C had the best weight gain, relative growth rate, feed conversion

rate, and specific growth rate ( $p < 0.05$ ). The growth status of crucian carp reared at 31 °C was the worst ( $p > 0.05$ ). The survival rates of crucian carp reared at 17, 21, and 24 °C were higher than those of other groups ( $p < 0.05$ ): 95.00%, 93.35%, and 93.35%, respectively.

**Table 2.** Growth performance of crucian carp under five temperature treatments.

	17 °C	21 °C	24 °C	27 °C	31 °C
IW (g)	9.19 ± 1.09	9.07 ± 0.81	9.11 ± 1.14	9.49 ± 0.99	8.93 ± 1.40
FG (g)					
3 weeks	11.99 ± 0.96 bc	12.73 ± 0.81 ab	13.33 ± 1.06 a	12.16 ± 0.94 bc	11.17 ± 1.33 c
6 weeks	13.96 ± 0.87 b	14.92 ± 1.60 b	16.36 ± 1.03 a	14.25 ± 0.99 b	12.73 ± 1.33 c
WG (g)					
3 weeks	2.80 ± 0.96 bc	3.66 ± 0.81 ab	4.22 ± 1.06 a	2.67 ± 0.94 bc	2.24 ± 1.33 c
6 weeks	4.77 ± 0.87 b	5.85 ± 1.60 b	7.25 ± 1.03 a	4.76 ± 0.99 b	3.80 ± 1.33 c
WGR (%)					
3 weeks	32.16 ± 2.02 b	40.69 ± 4.75 ab	47.49 ± 1.29 a	29.87 ± 2.03 b	25.81 ± 6.13 c
6 weeks	53.27 ± 1.37 b	65.34 ± 3.08 b	81.28 ± 5.61 a	50.70 ± 6.17 bc	43.79 ± 5.22 c
SGR (%)					
3 weeks	1.27 ± 0.03 b	1.61 ± 0.02 b	1.81 ± 0.01 a	1.18 ± 0.02 b	1.07 ± 0.01 c
6 weeks	0.97 ± 0.01 b	1.19 ± 0.03 b	1.39 ± 0.01 a	1.01 ± 0.01 b	0.84 ± 0.02 c
FCR (%)					
3 weeks	1.01 ± 0.02 b	1.03 ± 0.02 b	1.04 ± 0.01 a	1.03 ± 0.01 b	1.01 ± 0.01 b
6 weeks	1.07 ± 0.01 b	1.08 ± 0.01 b	1.12 ± 0.02 a	1.06 ± 0.02 b	1.04 ± 0.02 b
SR (%)					
3 weeks	100	100	100	100	95.60
6 weeks	95.00 ± 0.82	93.35 ± 1.25	93.35 ± 1.25	86.65 ± 1.25	84.21 ± 0.82

Values are represented as mean ± SD of pooled data from triplicates per treatment ( $n = 3$ ). Different letters in the same column indicate that the value was found to be significant when  $p < 0.05$  by the least significant difference (LSD) multiple comparison method.

#### 4. Discussion

Temperature is a key factor affecting fish physiology and growth [2]. An improper temperature environment will affect the activity of enzymes in epidermal mucus [34,35]. Different types of enzymes in fish epidermal mucus can exert inhibitory or lytic activity against pathogens, which helps the host defend against bacterial infections [36,37]. Therefore, temperature can affect the disease resistance, immunity, and growth parameters of fish [38,39].

As the mucus concentration increases, the state of a cell will be affected more or less because it is still different from a cell culture medium to a certain extent. Generally speaking, we believe that when the concentration of a stimulus reaches a certain level, the survival rate of the cell is about 70% and the toxicity of the stimulus to the cell is basically negligible [33].

A large number of studies have shown that the enzymes contained in the epidermal mucus may exhibit antibacterial activity due to one or more joint actions [12,40]. We found that as the temperature rose within a certain temperature range, the enzyme and antibacterial activity of crucian carp epidermal mucus increased. However, in the range of 17–31 °C, the higher the temperature was, the more and more bacteria proliferated. When the temperature was 17 °C, the proliferation was the least. This may be because the enzyme activity increased with the increase of temperature, though the proliferation rate of bacteria is also affected by temperature. The optimum growth temperature of *V. harveyi* is 25–30 °C [41]; under these conditions, the proliferation rate of *V. harveyi* may exceed the antibacterial effect of the enzyme. At 17 °C, the enzyme activity was found to be the weakest, but the proliferation rate of *V. harveyi* was found to be reduced by low temperatures, so temperature exhibits strong antibacterial properties.

The main indicator of fish health maintenance is the activity of enzymes in the epidermal mucus [40]. The activity of enzymes is most affected by temperature, so temperature

has an effect on the antibacterial ability of fish. LZM has been found to have the highest activity among the four enzymes secreted by the epidermis of crucian carp and is known to play a major non-specific defense role [42]. Within a certain range, higher temperatures will enhance the activity of LZM [43], so as temperature rises, the LZM activity of crucian carp under different treatments gradually increases. Here, the enzyme activity significantly changed at 24 and 27 °C, increasing by 39.85% and 63.91%, respectively, compared to that at 17 °C. Because LZM is a natural anti-infective substance, it has a bactericidal effect. Lysozymes display hydrolytic activity to specifically cleave the  $\beta$ -1, 4-glycosidic bonds between the N-acetylglucosamine and N-acetylmuramic acid of peptidoglycan. Therefore, LZM can destroy the peptidoglycan in the bacterial cell wall and cause its cell lysis, thereby achieving the purpose of sterilization [44]. Its strong antibacterial properties ensure the healthy growth of crucian carp.

ALP protects against bacteria by changing the surface structure of pathogens [40]. It plays an important role in the absorption of calcium in water, the formation of calcium phosphate, and the secretion and formation of chitin. ALP activity is also affected by temperature; we found that with the increase of temperature, the ALP activity of crucian carp under different treatments first increased and then decreased. The change was relatively significant at 24 and 27 °C, with increases of 56.55% and 38.09%, respectively, compared to that at 17 °C, and ALP is known to have the highest activity at 24 °C and promoted the metabolism, bone formation, and fat synthesis of crucian carp [45]. At the same time, it also enhances the destructive resistance of crucian carp skin [46].

Hydrogen peroxide is a cytotoxic substance produced by the redox reaction catalyzed by oxidase. CAT can protect cells from the damage of hydrogen peroxide. Therefore, CAT activity reflects the oxidation and health of fish epidermal mucus [40]. Temperature has a greater influence on the CAT activity of epidermal mucus [47]. We found that with the increase of temperature, the enzyme activity under the 24, 27, and 31 °C treatments significantly increased by 53.36%, 67.92%, and 84.43%, respectively. Therefore, these conditions are helpful for crucian carp to avoid poisoning by hydrogen peroxide.

The superoxide anion free radicals produced by crucian carp under normal conditions are necessary for life-sustaining activities, but if their content is too high, the crucian carp will be affected. SOD can scavenge and maintain this balance of oxygen free radicals and prevent crucian carp from being damaged [40]. In Figure 3d, it can be seen that SOD activity in this study was the highest at 24 °C. This shows that when the water temperature reached about 24 °C, the water environment exerted pressure on the crucian carp. Through the crucian carp's own regulation system, SOD can enhance the antioxidant capacity of the crucian carp epidermal mucus by adjusting the ratio of superoxide anions [43], thus avoiding injury in high temperature environments.

We observed that the concentration of TP first increased and then decreased with the increase of temperature. The TP concentration reached its highest point at 24 °C, which was an increase of 44.52% compared to that at 17 °C. At an optimum temperature, the thickness and number of epidermal mucus cells, skin secretions, and epidermal cells of crucian carp are increased [48]. Therefore, the antibacterial peptides, lectins, and other substances in the mucus are increased, and the mucus increases resistance to pathogens and enhances its immune function [49]. In addition, changes in the composition of the mucus proteins and pathogen invasion of the body's surface may also be reasons for changes in protein concentration [50].

Water temperature can interfere with the growth of crucian carp by affecting appetite and thereby weight gain. The weight gain, relative growth rate, and survival rate of crucian carp at 27–31 °C were found to be significantly lower than those of the other three groups. The feed conversion rate was found to be much lower than that at 24 °C and slightly lower than that at 17 and 21 °C, so increasing the water temperature from 27 to 31 °C does not improve the growth of fish [50]. At 17 °C, we found that the crucian carp had the highest survival rate, so this temperature is the most suitable survival temperature rather than growth temperature. The survival rates at 21 and 24 °C were the same, so it

can be concluded that the optimum growth temperature of crucian carp is between 21 and 25 °C [50]. In addition, at 21, 24, and 27 °C, the crucian carp had higher weight gains and specific growth rates.

## 5. Conclusions

The results of this study showed that with an increase of temperature, the antibacterial ability of crucian carp mucus gradually decreased. The activity of LZM and CAT was positively correlated with temperature, and their activity was relatively high at 24 °C. Additionally, the activity of AKP and SOD, as well as the concentration of TP, reached their maxima at 24 °C, which is beneficial to the growth of crucian carp. At the same time, the growth indicators of crucian carp fed at 24 °C were better than other conditions, except for the survival rate. However, the survival rate of crucian carp fed at 17–21 °C could reach more than 93%. In summary, this study shows that the optimum temperature for the safe growth of crucian carp is about 24 °C. The research results provide a good basis for the construction of aquaculture environmental control systems.

**Author Contributions:** Conceptualization, B.W. and H.M.; methodology, B.W., G.M., Y.W. and Y.L.; software, B.W., G.M. and Y.W.; validation, B.W. and X.D.; data curation, B.W. and G.M.; writing—original draft preparation, B.W., Y.L. and X.D.; writing—review and editing, B.W., Y.W., Q.S. and G.M.; project administration, H.M.; funding acquisition, H.M. All authors have read and agreed to the published version of the manuscript.

**Funding:** This research was funded by the National Natural Science Foundation of China (32071905), the National Natural Science Foundation of China (61771224) and Postgraduate Research & Practice Innovation Program of Jiangsu Province KYCX19\_1619.

**Institutional Review Board Statement:** This study only extracted a small amount of epidermal mucus of crucian carp, which did not violate ethical regulations and did not involve animal abuse. After the test, all experimental fish were released. Therefore, ethical review and approval were waived.

**Acknowledgments:** The authors would like to thank the Key Laboratory of Agricultural Engineering in Jiangsu University for supporting the experimental conditions of the research.

**Conflicts of Interest:** The authors declare no conflict of interest.

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