



Figure S1 – Map of the sampling areas of *Tefezia arenaria* collected during this study and forest-dominant species per area.

Table S1 - Parameters settings for using the Cyranose-320.

Method setting	Parameter setting	Pump speed
Baseline purge	10 sec	Medium
Sample draw	10 sec	Medium
Air intake purge	5 sec	High
Sample gas purge	30 sec	High
Digital filtering	On	
Substrate heater	On: 42°C	
Training repeat count 1	1	
Identifying repeat count 1	1	
Statistical analysis by PCnose		
Algorithm	Canonical	
Pre-processing	Auto-scaling	
Normalization	Normalization 1	
Identification Quality	Medium	

Table S2 – Dietary Reference Intakes for nutrients and elements. This table presents the Recommended Dietary Allowances (RDA, shown in bold), Adequate Intakes (AI, identified with *) and Tolerable Upper Intake Level (UL, identified with †). These values were adapted from Dietary Reference Intakes Datasets from the USA, [61], and the EU [62–65]. The two right-most columns show the contribution (in %) of an 100 g intake of dry and fresh *T. arenaria*, to each nutrient and mineral element, considering the RDA or AI values.

		Unit	Adults (>18)			<i>Terfezia arenaria</i>	
			Males	Females	UL	100 g dry	100 g fresh
Nutrients	Carbohydrates	g/day	130	130		55 %	< 1 %
	Total Fiber	g/day	30 - 38*	21 - 25*		48 %	< 1 %
	Protein ^a	g/day	56	46		33 %	< 1 %
	Fat	g/day	ND	ND			
Elements	Cr	(µg/day)	30 - 35*	20 - 25*	ND	> 100%	3 % - 6 %
	Li	(µg/day)	ND	ND	2 ^{b,d}	> 100%	2 %
	Se	(µg/day)	55	55	255	91%	1 %
	Cu	(µg/day)	900	900	10,000	73%	< 1 %
	P	(mg/day)	700	700	4000	20 %	< 1 %
	Fe	(mg/day)	8	8 - 18	45	11 % - 24 %	< 1 %
	K	(mg/day)	3400*	2600*	ND	10 % - 14 %	< 1 %
	Zn	(mg/day)	11	8	40	10% - 13 %	< 1 %
	Mn	(mg/day)	2.3*	1.8*	11	6 % - 11 %	< 1 %
	Mg	(mg/day)	420	310 - 320	350	3 % - 4 %	< 1 %
	As [†]	(µg/kg bw per day)	ND	ND	< 15	1 % ^b	0.01% ^c
	Ba [†]	(mg/kg bw per day)	ND	ND	0.2	< 1 % ^b	< 0.01% ^c
	Ca	(mg/day)	1000 - 1200	1000 - 1200	2500	< 1 %	< 0.01%
	Mo	(µg/day)	45	45	2000	< 1 %	< 0.01%
	Na	(mg/day)	1500*	1500*	2300	< 1 %	< 0.01%
	Ni	(mg/day)	ND	ND	1.0	< 1 % ^c	< 0.01% ^d

^aBased on g of protein per kg of body weight for the reference body weight, e.g., for adults 0.8 g kg⁻¹ of body weight for the reference body weight.

^b Provisional reference dose.

^c Values considering a person with 60 kg of reference body weight.

^d Was considered the UL value.

[†] Elements with detrimental health effects

ND: Not determined.

Table S3 – Comparison of the abundance of the main VOCs identified in *Terfezia arenaria* and in the other edible mushroom and truffle species. Values for *T. arenaria* were determined in the present study while values for the other mushrooms and truffle were determined in other studies. Abundance: +++ high; ++ medium; + low; - absent.

Compounds		<i>Terfezia arenaria</i>	<i>Agaricus bisporus</i>	<i>Lentinula edodes</i>	<i>Pleurotus ostreatus</i>	<i>Tuber melanosporum</i>
Alcohols	1-Octen-3-ol	+++	+++	+++	++	+
	3-Octanol	+	++	+	++	+
	2-Octen-1-ol	+	+	+	-	-
Aldehydes	Benzeneacetaldehyde	+	+	+	-	+
	Hexanal	+	-	-	+	+
	2-Octenal	+	+	+	+	-
	Nonanal	+	-	-	+	-
Hydrocarbons	Tetradecane	+	+	-	-	-
Ketones	3-Octanone	++	++	++	++	+
Terpenes	Limonene	+	+	-	+	-
References	This study	[99]	[98]	[100]	[110]	

Table S4 –Characterization of the VOCs identified in *Terfezia arenaria*, and in the other edible mushroom and truffle species (*Agaricus bisporus*, *Lentinula edodes*, *Pleurotus ostreatus* and *Tuber melanosporum*). The quantity of each volatile is presented in % of the total VOCs detected. The results for *Terfezia arenaria* were originated from this study, while the other mushroom species data was collected from literature review (Continue).

Compounds	<i>Terfezia arenaria</i>	<i>Agaricus bisporus</i>	<i>Lentinula edodes</i>	<i>Pleurotus ostreatus</i>	<i>Tuber melanosporum</i>
Alcohols					
1-Octen-3-ol	64.411%	35.919%	35.909%	28.437%	0.226%
3-Octanol	1.734%	23.040%	5.813%	27.538%	0.192%
1-Octanol		1.369%	4.139%	0.789%	0.011%
Phenylethyl Alcohol		0.036%	0.341%		0.802%
3-methyl-1-Butanol					17.877%
1-Hexanol				0.507%	0.011%
2-ethyl-1-hexanol				0.140%	0.011%
2-butanol					0.440%
1-Propanol, 2-methyl					3.173%
1-Butanol					0.011%
1-Butanol, 2-methyl-					25.793%
1-Pentanol					0.011%
1-Butanol, 2-ethyl					0.011%
1-Pentanol, 4-methyl-					0.011%
2-Heptanol, 6-methyl-					0.011%
1-Hexanol, 3-methyl					0.011%
Ethanol, 2-(methylthio)-					0.090%
trans-(2-Ethylcyclopentyl)methanol					0.011%
1-Propanol, 3-(methylthio)-					0.113%
(Z)-2-Octen-1-ol	3.625%	1.102%	3.187%		
Benzyl Alcohol		1.920%	0.170%		
Benzeneethanol, β-methyl-			0.271%		
1-Nonanol		0.124%			

Table S4 – Continue.

	Compounds	<i>Terfezia arenaria</i>	<i>Agaricus bisporus</i>	<i>Lentinula edodes</i>	<i>Pleurotus ostreatus</i>	<i>Tuber melanosporum</i>
Alcohols	3-methyl-1-Butanol		0.071%			
	3-Nonanol		0.053%			
	3-Heptanol		0.036%			
	(5Z)-Octa-1,5-dien-3-ol	1.554%				
	Chlorohexanol	0.158%				
Sulphurs	1-Dodecanol	0.113%				
	Disulfide, dimethyl			0.882%		0.056%
	Dimethylsulfide					9.972%
	Carbon disulfide			8.118%		
	Lenthionine			5.332%		
	Dimethyl trisulfide			4.630%		
	Tetrasulfide, dimethyl			1.303%		
	1,2,4-Trithiolane			1.042%		
	1,2,4,5-Tetrathiane			0.291%		
Acids	Cyclic octaatomic sulfur			0.702%		
	Acetic acid		0.107%	0.431%		0.056%
	Propanoic acid, 2-methyl-					0.068%
	Butanoic acid,4-hydroxy-					0.011%
	Butanoic acid, 2-methyl-					1.299%
	Cystine			0.551%		
	n-Hexadecanoic acid			0.170%		
	Pentadecanoic acid			0.080%		
	Tetradecanoic acid			0.261%		
	Propanoic acid		0.053%			

Table S4 – Continue.

Compounds		<i>Terfezia arenaria</i>	<i>Agaricus bisporus</i>	<i>Lentinula edodes</i>	<i>Pleurotus ostreatus</i>	<i>Tuber melanosporum</i>
Aldehydes	Benzaldehyde		5.566%	0.822%	0.300%	0.045%
	Benzeneacetaldehyde	0.236%	0.249%	0.401%		0.011%
	Hexanal	4.830%			1.438%	0.011%
	Octanal			0.261%	0.407%	0.011%
	2-Methyl-Butanal		0.036%			0.316%
	3-Methyl-Butanal				0.860%	0.474%
	Acetaldehyde					3.320%
	Butanal					0.011%
	2-Butenal					0.440%
	4-Methyl-Hexanal					0.011%
	5-Methyl-Hexanal					0.011%
	(E)-2-Octenal	0.968%	2.009%	0.601%	1.240%	
	Nonanal	0.135%			0.032%	
	trans-2-hexenal / (E)-2-Hexenal				0.127%	
	2,4-nonadienal				0.144%	
	2-Phenylpropenal			9.421%		
	2-Phenylpropionaldehyde			0.231%		
	2-Propenal, 3-phenyl-			0.261%		
	(E, E)-2,4-Octadienal		0.302%			
	Benzaldehyde, 2,5-bis[(trimethylsilyl)oxy]	0.214%				
Hydrocarbons	2,4-Dithiapentane					0.023%
	Benzene, 1-methoxy-3-methyl-					8.357%
	Benzene, 1,2-dimethoxy-					0.440%

Table S4 – Continue.

Compounds	<i>Terfezia arenaria</i>	<i>Agaricus bisporus</i>	<i>Lentinula edodes</i>	<i>Pleurotus ostreatus</i>	<i>Tuber melanosporum</i>
Hydrocarbons					
Benzene, 1,3-dimethoxy-					0.011%
Benzene, 1,4-dimethoxy-2-methyl-					0.124%
Butane, 1-methoxy-2-methyl-					0.124%
Anisole					6.098%
Toluene				7.548%	1.016%
Undecane		0.018%		1.414%	
Dodecane		0.036%	0.040%	0.305%	
Nonadecane				0.160%	
Pentadecane			0.100%	0.478%	
Heptadecane			0.210%	0.319%	
Hexadecane	0.169%	0.018%	0.140%	0.393%	
cis- α -Bisabolene		0.036%		0.360%	
Octadecane				0.262%	
Eicosane	0.090%			0.107%	
2-Methyl-2-phenyl-Oxirane			1.012%		
2-Methyl-2-phenyl-Oxirane		0.036%			
Decane		0.036%			
Tetradecane	0.236%	0.231%			
Dotriacontane	0.315%				
Eicosane-7-hexyl	0.236%				
3,3,5-Trimethylheptane	0.146%				
1-chloroeicosane	0.113%				
Caprylene (1-octene)	0.293%				

Table S4 – Continue.

	Compounds	<i>Terfezia arenaria</i>	<i>Agaricus bisporus</i>	<i>Lentinula edodes</i>	<i>Pleurotus ostreatus</i>	<i>Tuber melanosporum</i>
Ketones	3-Octanone	14.479%	19.027%	11.736%	25.880%	0.203%
	2-Butanone					3.817%
	2-Pentanone					0.384%
	4-Heptanone					0.011%
	Acetone		0.213%			1.863%
	2-Hexanone, 5-methyl-					0.011%
	2-Heptanone, 6-methyl-					0.011%
	Acetoin					0.113%
	2,3-octanedione				0.101%	
	2-Undecanone		0.036%	0.080%		
	1-Isoindolinone			0.932%		
	2-Octanone		0.302%			
	(E)-6,10-dimethyl-5,9-Undecadien-2-one		0.551%			
	1-Octen-3-one		2.792%			
	3-Nonanone		0.036%			
	3-Cyclohepten-1-one		0.925%			
	2-Octanone, 1-nitro-	0.259%				
	Geranylacetone	0.101%				
Esters	Hexadecanoic acid ethyl ester		0.071%			
	Hexanedioic acid, bis(2-ethylhexyl)ester		3.539%			
	Formic acid,1-methylethyl ester				0.011%	
	1-Butanol, 2-methyl-, acetate				0.395%	
	Ethyl acetate				0.113%	

Table S4 – Continue.

Compounds	<i>Terfezia arenaria</i>	<i>Agaricus bisporus</i>	<i>Lentinula edodes</i>	<i>Pleurotus ostreatus</i>	<i>Tuber melanosporum</i>
Esters					
Ethane, 1,1-diethoxy-					1.852%
Propanoic acid, 2-methyl-, ethyl ester					0.011%
Butanoic acid, 2-methyl-ethyl ester					2.428%
Butanoic acid, 3-methyl-ethyl-ester					0.429%
Formic acid, 2-methylbutylester					0.892%
Propanoic acid, 2-methyl-, 2-methylpropyl ester					0.011%
Propanoic acid, 2-methyl-, 2-methylbutyl ester					0.011%
Butyl 2-methylbutanoate					0.011%
Butanoic acid, 2-methyl-, 2-methylbutyl ester					1.739%
Butanoic acid, 3-methyl-, 2-methylbutyl ester					0.011%
Pentanoic acid, 2-methylbutyl ester					0.192%
Methyl palmitate			0.130%		
Pentyl propanoate		1.103%			
Propionic acid, 3-iodo-, octadecyl ester		0.439%			
Propanoic acid, 2-methyl-, 3-hydroxy-2,2,4-trimethylpentyl ester		0.248%			
Terpenes					
Pristane				0.360%	
Phytane				0.328%	
Limonene		0.394%	0.107%		0.025%
α -Pinene		2.105%			

Table S4 – Characterization of the VOCs identified in *Terfezia arenaria*, and in the other edible mushroom and truffle species (*Agaricus bisporus*, *Lentinula edodes*, *Pleurotus ostreatus* and *Tuber melanosporum*).

Compounds	<i>Terfezia arenaria</i>	<i>Agaricus bisporus</i>	<i>Lentinula edodes</i>	<i>Pleurotus ostreatus</i>	<i>Tuber melanosporum</i>
Other compounds					4.337%
Carbon dioxide					
1-Octadecanesulphonyl chloride	0.338%				
Anthranilic acid	0.146%				
Tyrosol	0.124%				
Henicosanoic acid	0.327%				
Pyridine, 5-ethenyl-2-methyl-	0.360%				
References	This Study	[99]	[98]	[100]	[110]

Table S5 – Results and rates of Cyranose-320 identification of *T. arenaria*, *A. bisporus*, *L. edodes*, *P. ostreatus* and *T. melanosporum* with 40 °C and RT pre-analysis incubation temperatures.

Sample	Pre-analysis 40 °C			Pre-analysis RT		
	Result	Rate ^a		Result	Rate ^a	
<i>Terfezia arenaria</i>	Terf3	*****	excellent	Terf3	*****	excellent
<i>Terfezia arenaria</i>	Terf3	*****	excellent	Terf2, Terf2		
<i>Terfezia arenaria</i>	Terf3	*****	excellent	Terf3	*****	excellent
<i>Terfezia arenaria</i>	Terf1	*****	excellent	Terf3	***	acceptable
<i>Terfezia arenaria</i>	Terf3	*	not acceptable	Terf3	*	not acceptable
<i>Terfezia arenaria</i>	Terf3, Terf3			Terf2, Terf2		
<i>Terfezia arenaria</i>	Terf2	*	not acceptable	Terf3	*****	excellent
<i>Terfezia arenaria</i>	Terf2	*	not acceptable	Terf3	*****	excellent
<i>Terfezia arenaria</i>	Terf2, Terf2			Terf3	***	acceptable
<i>Terfezia arenaria</i>	Terf3	*	not acceptable	Terf3	*****	excellent
<i>Terfezia arenaria</i>	Terf2	*	not acceptable	Terf2	*****	excellent
<i>Terfezia arenaria</i>	Terf2	*****	excellent	Terf3	*****	excellent
<i>Terfezia arenaria</i>	Terf2	*****	excellent	Terf3	*****	excellent
<i>Terfezia arenaria</i>	Terf2	*****	excellent	Terf3	***	acceptable
<i>Terfezia arenaria</i>	Terf2	*****	excellent	Terf3	*****	excellent
<i>Terfezia arenaria</i>	Terf3	***	acceptable	Terf3	***	acceptable
<i>Terfezia arenaria</i>	Terf2, Terf3			Terf3	*****	excellent
<i>Terfezia arenaria</i>	Terf3	*	not acceptable	Terf3	*	not acceptable
<i>Terfezia arenaria</i>	Terf3	*	not acceptable	Terf3	*****	excellent
<i>Terfezia arenaria</i>	Terf3, Terf3			Terf3	*****	excellent
<i>Agaricus bisporus</i>	Terf2	*****	excellent	Unknown		
<i>Agaricus bisporus</i>	Terf3	*	not acceptable	Confused		
<i>Agaricus bisporus</i>	Terf1	*****	excellent	Confused		
<i>Agaricus bisporus</i>	Terf1	***	acceptable	Terf1	***	acceptable
<i>Agaricus bisporus</i>	Terf2	*	not acceptable	Terf1	*****	excellent
<i>Lentinula edodes</i>	Confused			Terf3	***	acceptable
<i>Lentinula edodes</i>	Terf2	*****	excellent	Unknown		
<i>Lentinula edodes</i>	Terf1	*****	excellent	Unknown		
<i>Lentinula edodes</i>	Terf1	*****	excellent	Unknown		
<i>Lentinula edodes</i>	Confused			Terf3	*****	excellent
<i>Pleurotus ostreatus</i>	Confused			Unknown		
<i>Pleurotus ostreatus</i>	Confused			Terf3	***	acceptable
<i>Pleurotus ostreatus</i>	Terf1	***	acceptable	Terf3	*	not acceptable
<i>Pleurotus ostreatus</i>	Confused			Unknown		
<i>Pleurotus ostreatus</i>	Confused			Unknown		
<i>Tuber melanosporum</i>	Unknown			Unknown		
<i>Tuber melanosporum</i>	Unknown			Terf1	***	acceptable
<i>Tuber melanosporum</i>	Unknown			Terf2	*	not acceptable
<i>Tuber melanosporum</i>	Unknown			Unknown		
<i>Tuber melanosporum</i>	Unknown			Unknown		

^a Result rate with stars, where: 5 stars (*****) - 100% of probability – excellent

4 stars (****) - 80% of probability - good

3 stars (***) - 60% of probability – acceptable

2 stars (**) - 40% of probability – bad

1 star (*) - 20% of probability – not acceptable