



Review

# A Recycling Hydrogen Supply System of NaBH<sub>4</sub> Based on a Facile Regeneration Process: A Review

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Received: 24 October 2017; Accepted: 5 January 2018; Published: 6 January 2018

**Abstract:** NaBH<sub>4</sub> hydrolysis can generate pure hydrogen on demand at room temperature, but suffers from the difficult regeneration for practical application. In this work, we overview the state-of-the-art progress on the regeneration of NaBH<sub>4</sub> from anhydrous or hydrated NaBO<sub>2</sub> that is a byproduct of NaBH<sub>4</sub> hydrolysis. The anhydrous NaBO<sub>2</sub> can be regenerated effectively by MgH<sub>2</sub>, whereas the production of MgH<sub>2</sub> from Mg requires high temperature to overcome the sluggish hydrogenation kinetics. Compared to that of anhydrous NaBO<sub>2</sub>, using the direct hydrolysis byproduct of hydrated NaBO<sub>2</sub> as the starting material for regeneration exhibits significant advantages, i.e., omission of the high-temperature drying process to produce anhydrous NaBO<sub>2</sub> and the water included can react with chemicals like Mg or Mg<sub>2</sub>Si to provide hydrogen. It is worth emphasizing that NaBH<sub>4</sub> could be regenerated by an energy efficient method and a large-scale regeneration system may become possible in the near future.

**Keywords:** sodium borohydride (NaBH<sub>4</sub>); hydrolysis; regeneration

## 1. Introduction

Hydrogen [1–3] has been widely accepted as a clear energy carrier [4–6] due to its high energy density (142 MJ/kg) [7–9] and its environmentally friendly byproduct (water) [10,11]. It can be generated via numerous strategies, such as the electrolysis of water [12–14] and photocatalytic water splitting [15–18]. Supplying hydrogen to end users on demand requires safe and efficient methods of hydrogen storage.

Hydrides, storing hydrogen in a safe and compact way without using high pressure, like 70 MPa, or extremely low temperature, like 20 K (liquid hydrogen), have attracted great interest as promising hydrogen storage materials. Though a great deal of progress has been achieved on the development of solid-state hydrogen storage materials in the previous decades, no material with reasonably good hydrogen absorption and desorption performance at near room temperature has been developed to meet all the requirements for onboard hydrogen storage [19–23]. Hydrolysis of hydrides, such as MgH<sub>2</sub>, ammonia borane (AB), and NaBH<sub>4</sub>, generating hydrogen with relatively high capacity at room temperature, is attracting increasing interest for hydrogen supply on demand [24–26]. Due to the low cost of Mg and the high capacity of MgH<sub>2</sub> (7.6 wt %) [27–29], much attention has been paid to MgH<sub>2</sub> hydrolysis [30–32]. However, the reaction is interrupted easily by the formation of a magnesium hydroxide layer [33,34]. Compared with MgH<sub>2</sub>, AB possesses higher

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hydrogen capacity (19.6 wt %) [35–37]. AB is stable in water and its solubility is as high as 33.6 g/100 mL [38,39], which provides a simple application of AB aqueous solution. Studies have been focused on the development of catalysts to accelerate and control the reaction [40–42]. However, the high cost of AB [43] and the difficulty of AB regeneration are major blocks for the application of AB hydrolysis [44,45].

NaBH<sub>4</sub> hydrolysis is another promising system for hydrogen generation. It has relatively high hydrogen capacity (10.8 wt %) [46-48] and releases hydrogen with high purity at relatively low operational temperature with a controllable process [24,49,50]. Many studies have been focused on the hydrolysis property improvements. [51–54] Unfortunately, a no-go recommendation on NaBH<sub>4</sub> hydrolysis for onboard applications was given by the US Department of Energy (DOE) [55]. One of the key reasons are the cost and the regeneration of NaBH<sub>4</sub> [56]. As a result, more focus was shifted into the synthesis and regeneration of NaBH<sub>4</sub>. For commercial NaBH<sub>4</sub> production, the Brown-Schlesinger process [57] and the Bayer process [58] are the most popular methods. The Brown-Schlesinger process produces NaBH<sub>4</sub> via the reaction between trimethylborate (B(OCH<sub>3</sub>)<sub>3</sub>, TMB) and sodium hydride (NaH), which should be produced by reacting Na and H2. Different from it, the Bayer process is based on the reaction among borax (Na<sub>2</sub>B<sub>4</sub>O<sub>7</sub>), Na, H<sub>2</sub>, and silicon oxide (SiO<sub>2</sub>) at 700 °C to synthesize NaBH<sub>4</sub>. Although the above methods are mature technologies and straightforward procedures, the raw materials are too expensive for NaBH<sub>4</sub> hydrolysis applications. Thus, the raw materials have been studied to develop suitable NaBH<sub>4</sub> synthesis methods. Instead of Na, MgH<sub>2</sub> was used to react with Na<sub>2</sub>B<sub>4</sub>O<sub>7</sub> to synthesize NaBH<sub>4</sub> by ball milling at room temperature. Here, Na<sub>2</sub>CO<sub>3</sub> addition could increase NaBH4 yield up to 78% [59]. This method provides not only a new reducing agent (MgH2) for NaBH4 synthesis, but also a new way of ball milling. Enlightened by it, ball milling became popular in NaBH<sub>4</sub> synthesis studies, in which Na and MgH<sub>2</sub> reacted with B<sub>2</sub>O<sub>3</sub> by ball milling with the NaBH4 yield of only 25% [60]. When Na was substituted by low-cost NaCl, NaBH4 could also be produced [61]. Later, high-pressure ball milling was also tried to synthesize NaBH4, for instance, NaH was reacted with MgB2 by ball milling under 12 MPa hydrogen pressure with the NaBH<sub>4</sub> yield of about 18%.

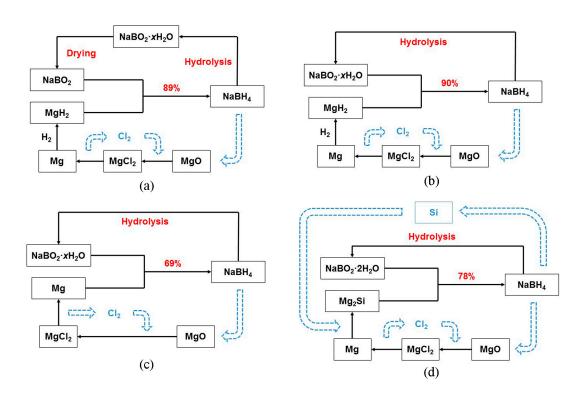
From the point of cost reduction in synthesis and post-usage of NaBH<sub>4</sub>, the regeneration of NaBH<sub>4</sub> from the byproduct of hydrolysis (see Equation (1) [62]) is in great need for the recycling of the hydrogen supply system of NaBH<sub>4</sub>:

$$NaBH_4 + xH_2O \rightarrow H_2 + NaBO_2 \cdot xH_2O, (x = 2, 4)$$
 (1)

According to this, the Brown-Schlesinger process was modified using NaBO2 as source of boric acid to synthesis of NaBH4 [63], the drawback of which the byproduct NaBO2·xH2O of hydrolysis needs to be dried first. As another alternative, the electrochemical route was proposed for recycling NaBO2 to NaBH4. Direct electrolysis of a NaBO2 solution was first proven feasible for regeneration of NaBH4 with using palladium (Pd) or platinum (Pt) as electrodes, where the conversion ratio of NaBO2 was about 17% within 48 h [64]. Later, an Ag electrode was also employed in the recycling of NaBO2; unfortunately, the quantities of reborn NaBH4 were too low to be measured [65]. In contrast to the commercial gas-solid methods, the electrochemical method possesses ultra-low efficiency and complex processes, using precious metal electrodes, although the NaBO2 solution that is the main byproduct of NaBH4 hydrolysis can be used directly without dehydration. Therefore, an efficient and simple route is most urgently needed for the cycling of NaBO2 into NaBH4.

In this paper, we discuss the state-of-the-art progress on the regeneration of NaBH<sub>4</sub> from anhydrous NaBO<sub>2</sub> or the direct byproduct NaBO<sub>2</sub>·xH<sub>2</sub>O. In particular, the regeneration steps and the yield of NaBH<sub>4</sub> in each process are summarized in Scheme 1 and the facile regeneration process is also proposed. This review can provide important insights for the recycling hydrogen supply system with high efficiency.

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Scheme 1. Flowchart of (a) NaBH<sub>4</sub> regeneration via the reaction between MgH<sub>2</sub> and NaBO<sub>2</sub>. (b) NaBH<sub>4</sub> regeneration via the reaction between MgH<sub>2</sub> and NaBO<sub>2</sub>·xH<sub>2</sub>O. (c) NaBH<sub>4</sub> regeneration via the reaction between Mg and NaBO<sub>2</sub>·xH<sub>2</sub>O. (d) NaBH<sub>4</sub> regeneration via the reaction between Mg<sub>2</sub>Si and NaBO<sub>2</sub>·2H<sub>2</sub>O. Numbers indicate the yield of NaBH<sub>4</sub>.

## 2. NaBH4 Regeneration via the Reaction between Metal or Other Hydrides and NaBO2

As the hydrolysis byproduct of NaBH<sub>4</sub>, NaBO<sub>2</sub> is the main research object of NaBH<sub>4</sub> regeneration studies. Many approaches have been adopted to reduce NaBO2 to NaBH4 with different reducing agents. Among the reducing agent, MgH2 is the most effective. Kojima et al. [66] reacted MgH2 with NaBO<sub>2</sub> under 550 °C and 7 MPa hydrogen pressure to regenerate NaBH<sub>4</sub>, and about 97% NaBH<sub>4</sub> yield was achieved, while the high reaction temperature and high hydrogen pressure leads to a high energy consumption. Therefore, the thermochemistry method was substituted by room temperature ball milling in this reaction. Hsueh et al. [67], Kong et al. [68] and Çakanyildirim et al. [69] used MgH2 to react with NaBO2 by ball milling under argon. All of their NaBH4 yields were over 70%, which strongly indicated that ball milling is suitable for the reaction between MgH2 and NaBO2. Based on the thermodynamics calculation, we found the maximum energy efficiency of the cycle was 49.91% [70]. Recently, we found that the addition of hydrogen pressure and methanol could further increase the NaBH<sub>4</sub> yield by this method [71]. The highest NaBH<sub>4</sub> yield could be increased to 89%. In addition to the energy consumption, raw material is another issue that should be considered. Hydrogenation of Mg to produce MgH2 is hard due to its sluggish kinetics, thus resulting in the high cost and high energy consumption in MgH2 production. By modifying the hydrogenation of Mg using Mg-based alloy, the above issue can be partly solved. Following this observation, we tried to use Mg<sub>3</sub>La hydrides to react with NaBO2 for its advantage of room temperature hydrogenation and low hydrogen purity requirement and found that NaBH4 could be produced (Figure 1a) [70]. However, introduction of other elements influences the regeneration reaction of MgH2. Directly using Mg and H<sub>2</sub> in the regeneration may solve the MgH<sub>2</sub> production problem. Kojima et al. [66] tried to directly react Mg with NaBO2 under hydrogen, but the yield was extremely low, which may have resulted from the produced MgO obstruction. To promote the yield, Kojima et al. [66] found that Si addition could remarkably increase the NaBH4 yield and Liu et al. [72] found transition metals, like Ni, Fe, and Co, addition could also promote the NaBH4 yield. However, both Si and transition metals keep

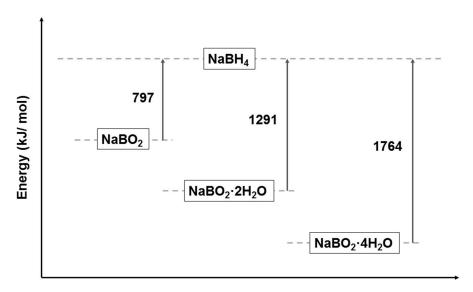
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their own elemental form after the reaction, indicating that such additions would reduce the absolute NaBH $_4$  yield. A pre-milling of the reactants was then found that could also promote the yield. Eom et al. [73] proposed a large-scaled method for reacting Mg with NaBO $_2$  to synthesize NaBH $_4$ . After 1 h of ball milling of the reactants, about 69% yield was achieved under 600 °C and 5.5 MPa hydrogen pressure.

For other reducing agents, the Gibbs free energy of the reaction using Ca is much lower than that of Mg. In addition, we found that the energy efficiency of the cycle using Ca is about 43%. For the experiment, Eom et al. tried to substitute Mg by Ca [73], but few NaBH4 was regenerated. Another low cost and abundant metal reductant, Al, was studied by few researchers on NaBH4 regeneration. The only work with respect to Al was reported by Liu et al. [74], expressing that Al could not react with NaBO2 and H2 to produce NaBH4 because of the generated Al2O3. However, if NaBO2 was exchanged to Na4B2O5, the regeneration would succeed at 400 °C and 2.3 MPa pressure of of hydrogen.

## 3. NaBH4 Regeneration via using NaBO2·xH2O as Raw Materials

In NaBH<sub>4</sub> regeneration, many studies have focused on anhydrous NaBO<sub>2</sub> reducing. However, it should be noted that the direct hydrolysis byproduct is hydrated NaBO<sub>2</sub>. For the NaBH<sub>4</sub> aqueous solution hydrolysis, the byproduct is NaBO<sub>2</sub>·4H<sub>2</sub>O [75], while for the solid NaBH<sub>4</sub> hydrolysis, the byproduct is NaBO<sub>2</sub>·2H<sub>2</sub>O. Anhydrous NaBO<sub>2</sub> should be produced by drying hydrated NaBO<sub>2</sub> at 350 °C. If the drying process was omitted, more energy could be saved and the price can be lowered. The energy of the hydrated NaBO<sub>2</sub> and anhydrous NaBO<sub>2</sub> is shown in Scheme 2. Some studies thus worked on reducing hydrated NaBO<sub>2</sub> directly.



**Scheme 2.** Schematic energy diagram of the boron material for the recycling of NaBO<sub>2</sub> to NaBH<sub>4</sub>, NaBO<sub>2</sub>·2H<sub>2</sub>O to NaBH<sub>4</sub>, and NaBO<sub>2</sub>·4H<sub>2</sub>O to NaBH<sub>4</sub>.

## 3.1. NaBH4 Regeneration via the Reaction between MgH2 and NaBO2·xH2O

For directly using hydrated NaBO<sub>2</sub> as the regeneration raw material, a thermochemistry method was tried. Liu et al [76] reported that NaBH<sub>4</sub> can be regenerated by annealing Mg and NaBO<sub>2</sub>·2H<sub>2</sub>O under hydrogen atmosphere with only 12.3% yield. The low NaBH<sub>4</sub> yield may result from the obstruction of the thick generated MgO layer. However, they found that the coordinate water in NaBO<sub>2</sub>·2H<sub>2</sub>O was likely to be the hydrogen source. Considering the generated oxide layer, ball milling might be suitable to break the layer and continue the reaction. Therefore, we tried to used

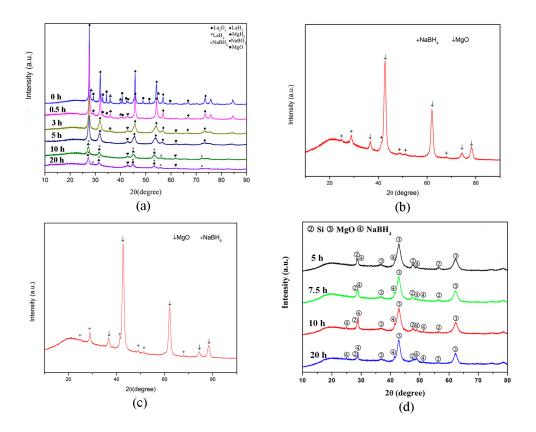
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NaBO<sub>2</sub>·4H<sub>2</sub>O or NaBO<sub>2</sub>·2H<sub>2</sub>O to react with MgH<sub>2</sub> directly via ball milling to regenerate NaBH<sub>4</sub> [77]. NaBH<sub>4</sub> was successfully regenerated (Figure 1b):

$$NaBO_2 \cdot 2H_2O + 4MgH_2 \rightarrow NaBH_4 + 4MgO + 4H_2$$
 (2)

$$NaBO2·4H2O + 6MgH2 \rightarrow NaBH4 + 6MgO + 8H2$$
 (3)

The energy efficiency calculated in Section 2 could be improved by approximately 5.2%. Furthermore, a high NaBH<sub>4</sub> yield of 89.78% was achieved by this method, which is the highest compared with previous studies [67,69,78].



**Figure 1.** (a) XRD patterns of the NaBO<sub>2</sub>–Mg<sub>3</sub>La hydride mixture and the product after ball milling the NaBO<sub>2</sub>–Mg<sub>3</sub>La hydride mixture. (b) XRD pattern of products via ball-milling the mixture of NaBO<sub>2</sub>-2H<sub>2</sub>O and MgH<sub>2</sub> in 1:5.5 mol ratio for 15 h. (c) XRD pattern of products via ball-milling the mixture of NaBO<sub>2</sub>-2H<sub>2</sub>O and Mg in 1:5 mole ratio for 15 h. (d) XRD patterns of the products after ball milling Mg<sub>2</sub>Si and NaBO<sub>2</sub>-2H<sub>2</sub>O mixtures (in 2:1 mol ratio).

## 3.2. NaBH4 Regeneration via the Reaction between Mg and NaBO2·xH2O

Hydrated NaBO<sub>2</sub> could be directly used in NaBH<sub>4</sub> regeneration, saving the energy consumption on the dehydration to produce anhydrous NaBO<sub>2</sub>. However, production of MgH<sub>2</sub> from Mg requires high temperature to overcome the sluggish hydrogenation kinetics, resulting in the increased cost. In other words, the energy efficiency could be further promoted and the regeneration cost could be reduced, if the high-temperature hydrogenation process to produce MgH<sub>2</sub> can be avoided. According to Liu et al. [76], H in NaBO<sub>2</sub>·2H<sub>2</sub>O could transform to be the H of the regenerated NaBH<sub>4</sub>. As a result, directly reacting Mg with hydrated NaBO<sub>2</sub> was possible to regenerate NaBH<sub>4</sub> and avoided the high-temperature hydrogenation process. We found that NaBH<sub>4</sub> could be produced by ball milling the NaBO<sub>2</sub>·2H<sub>2</sub>O and Mg mixture under argon (Figure 1c) [79] according to:

$$NaBO2·2H2O + 4Mg \rightarrow NaBH4 + 4MgO$$
 (4)

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It should be noted that the regenerated H of NaBH<sub>4</sub> was completely from the coordinate water. On the other hand, the reaction between NaBO<sub>2</sub>-4H<sub>2</sub>O and Mg could also generate NaBH<sub>4</sub> by ball milling:

$$NaBO2·4H2O + 6Mg \rightarrow NaBH4 + 6MgO + H2$$
 (5)

Currently, the highest NaBH<sub>4</sub> yield of the reaction between Mg and NaBO<sub>2</sub>·2H<sub>2</sub>O is only 68.55%. The energy efficiency needs to be further promoted. Note that the cost of this method is 34-fold lower than the method using MgH<sub>2</sub> and NaBO<sub>2</sub> in terms of the raw materials required [79].

## 3.3. NaBH<sub>4</sub> Regeneration via the Reaction between Mg<sub>2</sub>Si and NaBO<sub>2</sub>·2H<sub>2</sub>O

Via ball milling hydrated NaBO2 and Mg, NaBH4 was regenerated and the energy efficiency was further increased. However, the highest NaBH4 yield by this method was 68.55%, which did not reach the general yield of regenerated NaBH4 (~76%) [67,68]. According to Kojima et al. [66], with Si added, the NaBH4 yield was increased in the reaction between NaBO2 and Mg under a hydrogen atmosphere. Therefore, Mg2Si is possible to react with NaBO2-2H2O to regenerate NaBH4 and improve the NaBH4 yield. We have attempted the above idea in our previous study [80] and found that NaBH4 was regenerated (Figure 1d) according to:

$$NaBO2·2H2O + 2Mg2Si \rightarrow NaBH4 + 4MgO + 2Si$$
 (6)

The highest NaBH<sub>4</sub> yield was increased to 78% when the Mg<sub>2</sub>Si and NaBO<sub>2</sub>·2H<sub>2</sub>O mixture was ball milled for 20 h. By using Mg<sub>2</sub>Si as a reducing agent, the NaBH<sub>4</sub> yield was promoted and the H was still from the coordinate water in NaBO<sub>2</sub>·2H<sub>2</sub>O. For the raw materials cost, this method is half of the commercial method and about 30-fold lower than the method using MgH<sub>2</sub> and NaBO<sub>2</sub> [80].

## 4. Mechanism of NaBH4 Regeneration Using NaBO2·xH2O as Raw Materials

The above three works [77,79,80] are new discoveries for direct regeneration of NaBH4 from the hydrated NaBO2 with high yield. Some common points were found in their mechanism studies. In all of the three works, a resonance at approximately -11.4 ppm was observed in the NMR spectra (Figure 2), which belongs to intermediate [BH3(OH)] [81]. Such an intermediate was likely to generate from [BH(OH)3] and [BH2(OH)2]. Conjecturing from the above intermediates, [BH4] was likely to generate from a step-by-step substitution process of [OH] in [B(OH)4] by [H]. The [H] in NaBO2:xH2O thus transformed to [H] in this process.

For the reaction between  $MgH_2$  and  $NaBO_2\cdot 2H_2O$ , the hydrogen transformation was realized by the substitution of the  $[OH]^-$  in  $NaBO_2\cdot xH_2O$  by  $[H]^-$  in  $MgH_2$ . For the reaction of Mg and  $NaBO_2\cdot 2H_2O$ ,  $Mg(OH)_2$  and  $MgH_2$  were generated as intermediates and the reactions can be written as:

$$2MgH2 + NaB(OH)4 \rightarrow 2Mg(OH)2 + NaBH4$$
 (7)

$$2Mg(OH)_2 + 2Mg \rightarrow 4MgO + 2H_2 \tag{8}$$

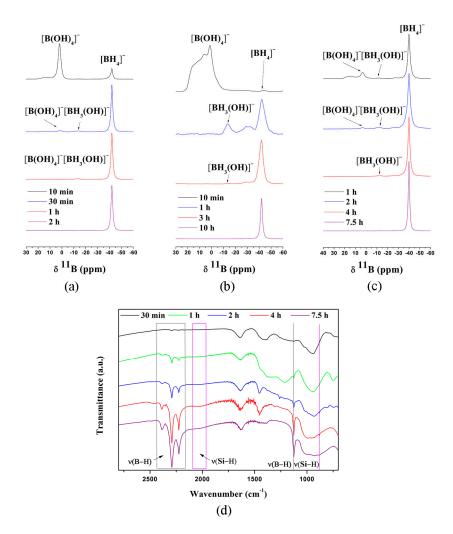
$$2H_2 + 2Mg \rightarrow 2MgH_2 \tag{9}$$

Since four moles of MgO were generated in this reaction (Equation (4)), it was a strong exergonic reaction. The reaction could be described as a substitution process of [OH]<sup>-</sup> through the [H]<sup>-</sup> from the produced intermediate MgH<sub>2</sub>. During the substitution process, a side reaction may happen. [B<sub>3</sub>H<sub>8</sub>]-was generated and then may react with MgH<sub>2</sub> and Na<sup>+</sup> to form another part of NaBH<sub>4</sub> [82]. In the reaction between Mg<sub>2</sub>Si and NaBO<sub>2</sub>·2H<sub>2</sub>O, Si–H was found (Figure 2d). It was speculated that an intermediate consisting of Mg, O, Si, and H was generated. The [OH]<sup>-</sup> was transformed to [H]-through a Mg–O–Si–H intermediate. Therefore, though Si was generated with an elemental state after the reaction, Si played an important role in H<sup>-</sup> formation. Consequently, the substitution process of [OH]<sup>-</sup> through [H]<sup>-</sup> was a direct process.

In conclusion, two forms of hydrogen molecules exist in the regeneration. They are H in [OH]- and H in [H]-. When using  $MgH_2$  as a reducing agent, H in  $MgH_2$  directly substitutes [OH]- in

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NaB(OH)<sub>4</sub>. This direct process contributes to the high NaBH<sub>4</sub> yield. In the situation of Mg, H in [OH]-first transfer to H in MgH<sub>2</sub>. Then it substitutes the [OH]- in NaB(OH)<sub>4</sub> to form NaBH<sub>4</sub>. The two-step reaction reduces the NaBH<sub>4</sub> yield. For the reaction between Mg<sub>2</sub>Si and NaBO<sub>2</sub>·2H<sub>2</sub>O, H in [OH]- first transfers to H in Si–H and then it transfers to NaBH<sub>4</sub>. Although this process is also two steps, the more active Si–H benefits from the higher NaBH<sub>4</sub> yield. Therefore, all of the reactions are H transfer processes.



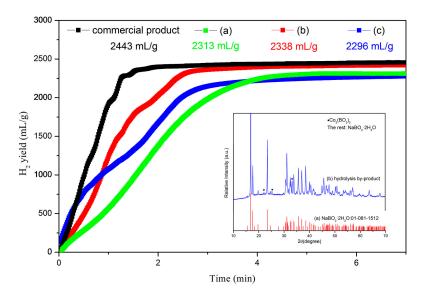
**Figure 2.** (a) Solid-state <sup>11</sup>B NMR spectra of products after ball milling MgH<sub>2</sub> and NaBO<sub>2</sub>·2H<sub>2</sub>O mixtures (in 5.0:1 mol ratio). (b) Solid-state <sup>11</sup>B NMR spectra of products after ball milling Mg and NaBO<sub>2</sub>·2H<sub>2</sub>O mixtures (in 5.0:1 mole ratio). (c) <sup>11</sup>B MAS NMR spectra of the products after ball milling Mg<sub>2</sub>Si and NaBO<sub>2</sub>·2H<sub>2</sub>O mixtures (in 2:1 mol ratio). (d) FT-IR spectra of the products after ball milling Mg<sub>2</sub>Si and NaBO<sub>2</sub>·2H<sub>2</sub>O mixtures (in 2:1 mol ratio).

## 5. Hydrolysis Property of Regenerated NaBH4 Using NaBO2·xH2O as Raw Materials

Hydrolysis is the main application of the regenerated NaBH4. By the catalysis of CoCl<sub>2</sub> [83], NaBH4 could fast hydrolyze with stoichiometry H<sub>2</sub>O. It was found that the regenerated NaBH4 from NaBO<sub>2</sub>·xH<sub>2</sub>O had an excellent hydrolysis property, which was similar to the commercial NaBH4. According to Figure 3, the highest system hydrogen capacity (containing water and catalyst) was 6.75 wt %, which was the highest compared with previous studies [67,69,78]. It was produced by the reaction between MgH<sub>2</sub> and NaBO<sub>2</sub>·xH<sub>2</sub>O. A system hydrogen capacity of 6.33 wt % and 6.3 wt % could also be obtained. Furthermore, the hydrolysis byproduct was indexed to be NaBO<sub>2</sub>·2H<sub>2</sub>O (inset, Figure 3), which was the raw material of our regeneration. As a result, it was demonstrated that a

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complete cycle of NaBH<sub>4</sub> hydrolysis could be achieved by existing works, which was suitable for sustainable application.



**Figure 3.** Hydrolysis curves of (**a**) the regeneration product (MgH<sub>2</sub> and NaBO<sub>2</sub>·*x*H<sub>2</sub>O). (**b**) The regeneration product (Mg and NaBO<sub>2</sub>·*x*H<sub>2</sub>O). (**c**) The purified product (Mg<sub>2</sub>Si and NaBO<sub>2</sub>·2H<sub>2</sub>O) and the commercial NaBH<sub>4</sub> in 5 wt % CoCl<sub>2</sub> aqueous solution. Inset: XRD patterns of (**a**) a standard PDF card of NaBO<sub>2</sub>·2H<sub>2</sub>O and (**b**) the hydrolysis byproduct.

## 6. Summary and Perspective

Application of NaBH<sub>4</sub> hydrolysis is limited by its effective regeneration. NaBH<sub>4</sub> synthesis and regeneration thus become attractive research topics, especially for the recycling of byproduct NaBO<sub>2</sub>. For the anhydrous NaBO<sub>2</sub> recycling, MgH<sub>2</sub> has the best reducing result. However, its high cost, resulting from the high hydrogenation temperature of Mg, limits the application of such methods. For the hydrolysis byproduct hydrated NaBO<sub>2</sub>, it can also be reduced by MgH<sub>2</sub>, Mg, or Mg<sub>2</sub>Si via ball milling, and the highest NaBH<sub>4</sub> yield reaches 90%. This process using hydrated NaBO<sub>2</sub> exhibits significant advantages, whereby the dehydration process at 350 °C to obtain anhydrous NaBO<sub>2</sub> can be omitted and, more importantly, the water included can react with chemicals like Mg and Mg<sub>2</sub>Si to provide hydrogen instead of using MgH<sub>2</sub>. As a result, low cost metal (such as Mg, Ca, or Al) becomes possible to be the reducing agent for the NaBH<sub>4</sub> regeneration reaction via ball milling, because the [H]<sup>+</sup> in the hydrated NaBO<sub>2</sub> may directly transform to the [H]<sup>-</sup> in the hydrated NaBH<sub>4</sub>. These reactions could operate without extra hydrogen inputs, which provides the possibility of a low-cost and sustainable regeneration. Furthermore, this strategy may also be promoted to other areas, such as LiBH<sub>4</sub> production.

Acknowledgments: This work was supported by the Fund for Innovative Research Groups of the National Natural Science Foundation of China (no. NSFC51621001), the National Natural Science Foundation of China Projects (nos. 51431001 and 51771075), and by the Project Supported by Natural Science Foundation of Guangdong Province of China (nos. 2016A030312011 and 2014A030311004). The Project Supported by Guangdong Province Universities and Colleges Pearl River Scholar Funded Scheme (2014) is also acknowledged.

Conflicts of Interest: The authors declare no conflict of interest.

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