

*Supplementary Material*

# Measuring Vitamin D<sub>3</sub> Metabolic Status, Comparison between Vitamin D Deficient and Sufficient Individuals

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**Table S1.** MRM parameters for detection of target metabolites and ISs.

Analyte	Data acquisition segments	Precursor ion ( <i>m/z</i> )	Fragmetor (V)	Adduct	Collision energy (eV)	Dwell time (ms)	Quantitation transition	RT (min)
1,24,25(OH) <sub>3</sub> D <sub>3</sub>	1 – 3.5 min	397.3	80	[M+H-2H <sub>2</sub> O] <sup>+</sup>	30	500	397.3 → 107.1	2.8
24,25(OH) <sub>2</sub> D <sub>3</sub>	3.5 – 7 min	399.3	170	[M+H-H <sub>2</sub> O] <sup>+</sup>	30	130	399.3 → 121.0	4.1
24,25(OH) <sub>2</sub> D <sub>3-d<sub>6</sub></sub>		405.5	170	[M+H-H <sub>2</sub> O] <sup>+</sup>	20		405.3 → 121.0	
1,25(OH) <sub>2</sub> D <sub>3</sub>	3.5 – 7 min	399.3	140	[M+H-H <sub>2</sub> O] <sup>+</sup>	30	130	399.3 → 227.1	5.2
1,25(OH) <sub>2</sub> D <sub>3-d<sub>3</sub></sub>		402.5	140	[M+H-H <sub>2</sub> O] <sup>+</sup>	20		402.3 → 230.1	

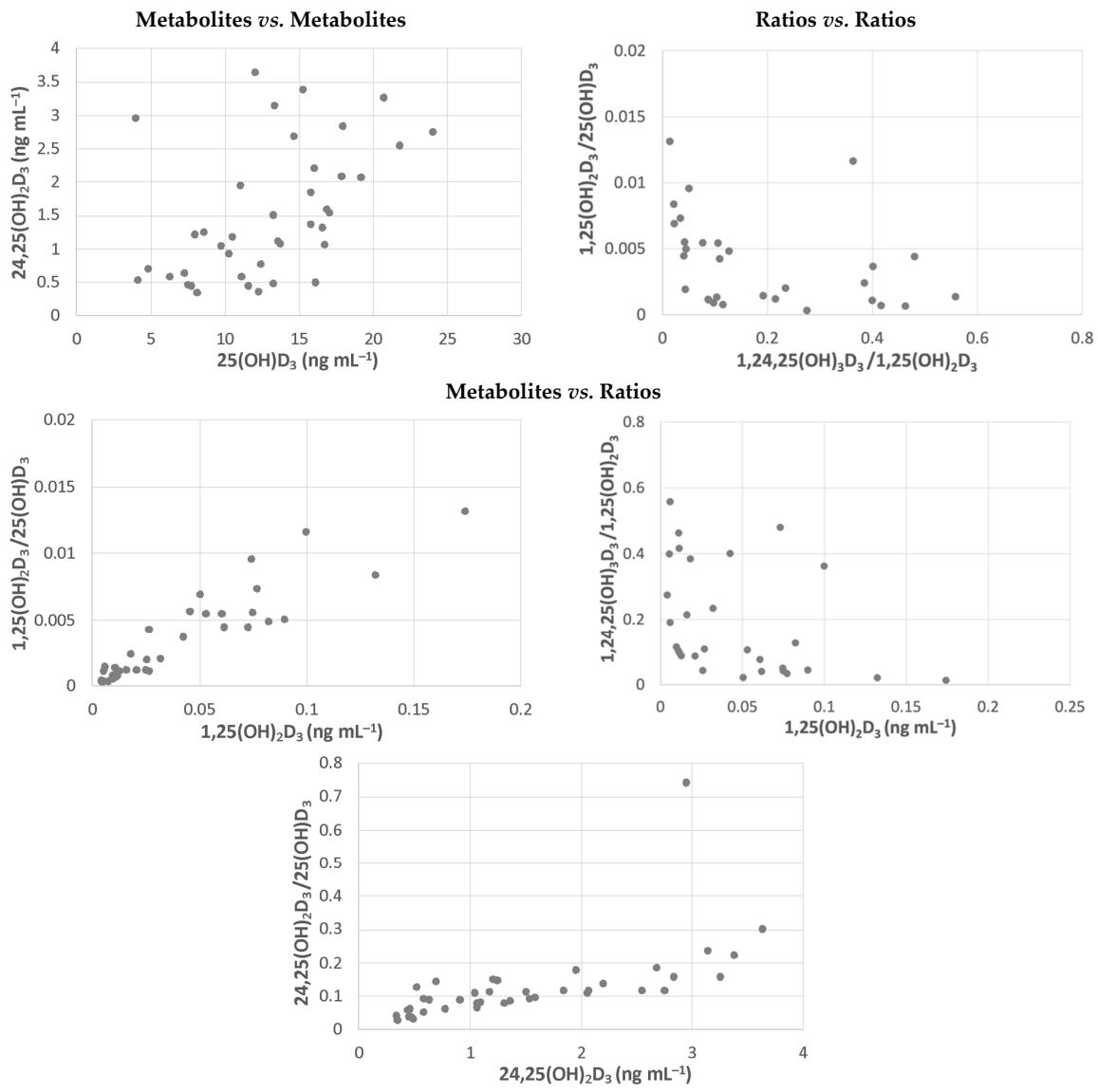
<b>25(OH)D<sub>3</sub></b>	7 – 10 min	383.3	145	[M+H-H <sub>2</sub> O] <sup>+</sup>	30	250	383.3 → 107.1	7.5
<b>25(OH)D<sub>3-d<sub>3</sub></sub></b>		386.3	145	[M+H-H <sub>2</sub> O] <sup>+</sup>	30		386.3 → 107.1	
<b>Vitamin D<sub>3</sub></b>	10 – 14 min	385.3	85	[M+H] <sup>+</sup>	30	250	385.3 → 107.0	11.2
<b>Vitamin D<sub>3-d<sub>3</sub></sub></b>		388.3	120	[M+H] <sup>+</sup>	25		388.3 → 162.1	

**Table S2.** Calibration models for determination of target metabolites in plasma.

Analyte	LOD (pg mL <sup>-1</sup> )	LOQ (pg mL <sup>-1</sup> )	Calibration range	Equation	Coefficient of determination
1,24,25(OH) <sub>3</sub> D <sub>3</sub>	0.3	1.0	1.0 – 1000 pg mL <sup>-1</sup>	y = 0.0043 ± 0.0001x + 0.1489 ± 0.0248	0.9964
24,25(OH) <sub>2</sub> D <sub>3</sub>	3.0	10.0	0.01 – 20 ng mL <sup>-1</sup>	y = 0.2142 ± 0.0031x – 0.0635 ± 0.0119	0.9966
1,25(OH) <sub>2</sub> D <sub>3</sub>	1.2	4.0	4.0 – 500 pg mL <sup>-1</sup>	y = 0.0026 ± 0.0001x – 0.1254 ± 0.0166	0.9947
25(OH)D <sub>3</sub>	0.3	1.0	0.001 – 250 ng mL <sup>-1</sup>	y = 0.1417 ± 0.0011x + 0.02269 ± 0.0113	0.9991
Vitamin D <sub>3</sub>	1.5	5.0	0.005 – 25 ng mL <sup>-1</sup>	y = 0.1121 ± 0.0015x + 0.0756 ± 0.0154	0.9973

**Table S3.** Spearman correlation results between metabolites and ratios involved in vitamin D<sub>3</sub> metabolism.

			p-value	Correlation coefficient, rho ( $\rho$ )
Metabolite vs. Metabolite	25(OH)D <sub>3</sub>	24,25(OH) <sub>2</sub> D <sub>3</sub>	0.0004	0.54
Metabolite vs. Ratios	1,25(OH) <sub>2</sub> D <sub>3</sub>	1,25(OH) <sub>2</sub> D <sub>3</sub> /25(OH)D <sub>3</sub>	0.0310	0.89
		1,24,25(OH) <sub>3</sub> D <sub>3</sub> /1,25(OH) <sub>2</sub> D <sub>3</sub>	<0.0001	-0.63
	24,25(OH) <sub>2</sub> D <sub>3</sub>	24,25(OH) <sub>2</sub> D <sub>3</sub> /25(OH)D <sub>3</sub>	<0.0001	0.82
Ratios vs. Ratios	1,24,25(OH) <sub>3</sub> D <sub>3</sub> /1,25(OH) <sub>2</sub> D <sub>3</sub>	1,25(OH) <sub>2</sub> D <sub>3</sub> /25(OH)D <sub>3</sub>	<0.0001	-0.70



**Figure S1.** Plots of significant correlations between metabolites and ratios involved in vitamin D<sub>3</sub> metabolism.