



Editorial

Editor-in-Chief's Editorial: A Shared Vision for Integration and Clinical Relevance

Paul G. Unschuld

Service de Psychiatrie Gériatrique, Hôpitaux Universitaires de Genève (HUG), CH-1226 Thônex, Switzerland;
paul.unschuld@hug.ch

It is both an honor and a great responsibility to assume the role of Editor-in-Chief of the *Swiss Archives of Neurology, Psychiatry and Psychotherapy (SANPP)*. As a journal with deep roots in Swiss medicine and a longstanding commitment to clinical excellence, *SANPP* occupies a distinctive place in the international landscape—one that I believe is more important today than ever before.

My own professional experience has been shaped by the intersections of neurology, psychiatry, and psychotherapy, where diagnostic categories often blur and where meaningful care depends on integrating biological, psychological, and social perspectives. It is precisely this context—complex, evolving, and inherently interdisciplinary—that *SANPP* is uniquely positioned to serve. I see the journal not merely as a repository of knowledge, but as an active forum for shaping how we think about and treat disorders of the brain and mind.

In the years ahead, my vision for *SANPP* is to strengthen its role as a leading platform for clinically meaningful, interdisciplinary scholarship. Scientific rigor will remain essential, but it will be coupled with a clear emphasis on relevance for practice. Too often, important advances remain siloed within disciplines or disconnected from the realities of patient care. *SANPP* can help bridge this gap by prioritizing work that translates across domains and speaks directly to clinicians working with complex neuropsychiatric conditions.

I am particularly committed to expanding the journal's scope in areas that reflect the future of our fields. These include psychotherapy research grounded in empirical and neuroscientific frameworks, the responsible integration of digital and precision medicine into clinical care, and the careful exploration of emerging treatments such as psychedelic-assisted therapies. At the same time, I believe strongly that innovation must be accompanied by critical reflection. Ethical, philosophical, and societal perspectives are not peripheral—they are central to how we define progress in brain- and mental health.

Another key priority is to foster dialogue. Many of the most pressing questions we face today—about diagnosis, treatment boundaries, and models of care—do not have simple or singular answers. By encouraging clinical controversies, case discussions, and contributions from diverse disciplines, *SANPP* can become a space where disagreement is constructive and where complexity is acknowledged rather than reduced.

Finally, I see *SANPP* as a journal that is both rooted and outward-looking. Its Swiss identity, with its tradition of pluralism and high-quality clinical practice, is a strength. At the same time, the challenges we face—whether in global mental health, health services, or the integration of new technologies—are shared across borders. I hope to further develop *SANPP* as a journal that connects local excellence with international dialogue.

I am deeply grateful to the editorial team, reviewers, and authors whose work sustains the journal. I look forward to building on this foundation together, and I warmly invite



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colleagues from all relevant disciplines to contribute to *SANPP* and to help shape its next chapter.

The evolving landscape of neurology, psychiatry, and psychotherapy demands integration, openness, and critical engagement. *SANPP* is well placed to meet this challenge, and I am excited to be part of this endeavor.

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