Table S1. Parameters assessed in adults.

Parameters	Methods	ProxOb I	ProxOb II	ProxOb III	ProxOb IV	ProxOb V
Clinical parameters						
Body weight	Body weight scale (Seca Les Mureaux, France).	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
Body height	Standing stadiometer, barefoot (Seca Les Mureaux, France).	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
BMI	Weight / height² (kg/m²) - WHO reference values to determine weight status.	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
Waist circumference	Measured to the nearest 0.5 cm in a standing position with a standard nonelastic tape that was applied horizontally midway between the last rib and the superior iliac crest.	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
Body composition	Bioelectrical impedance Tanita MC780 multi frequency segmental body composition analyzer [1]	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
Blood pressure	SBP and DPB were measured in a seated position using an auditory stethoscope with a blood pressure cuff adapted to the arm circumference (Column Trimline graduated in mmHG, blood pressure cuff Welch Allyn).	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
Questionnaires						
Socio-medico-economic profile	EQ5D 3L [2]		T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
Precarity	EPICES [3]	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
Quality of life	SF36 [4,5]	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
Physical activity	Ricci & Gagnon [6], IPAQ [7]	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
Eating behaviors	Food Frequency and habits questionnaire	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
Eating profile	TFEQ51 [8]		T0-T1-T2			
	TFEQ-R21 [9]			T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
Sleep habits	Sleep habits and routine questionnaire	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
Parentality	QAECEP [10,11]			T0-T1-T2	T0-T1-T2	T0-T1-T2-T3

DBP: Diastolic Blood Pressure; EQ5D: EuroQol 5 direction instrument; IPAQ: International Physical Activity Questionnaire; QAECEP: Questionnaire Auto-Évaluation Compétence Éducative Parentale; SBP: Systolic Blood Pressure; SF36: Short Form 36 items; T0: baseline; T1: second evaluation phase; T2: evaluation point after the first 6 months of independence; T3: final evaluation; TFEQ: Three Factors Eating Questionnaire; WHO: World Health Organization.

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Table S2. Parameters assessed in children.

Parameters	Methods	ProxOb I	ProxOb II	ProxOb III	ProxOb IV	ProxOb V
Clinical parameters						
Body weight	Body weight scale (Seca Les Mureaux, France).	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
Body height	Standing stadiometer, barefoot (Seca Les Mureaux, France).	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
z-BMI and BMI percentile	Age and sex specific BMI percentiles for the French population were used to define obesity (97th) [12].	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
Waist circumference	Measured to the nearest 0.5 cm in a standing position with a standard nonelastic tape that was applied horizontally midway between the last rib and the superior iliac crest.	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
Body composition	Bioelectrical impedance Tanita MC780 multi frequency segmental body composition analyzer [13,14].	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
Blood pressure	SBP and DPB were measured in a seated position using an auditory stethoscope with a blood pressure cuff adapted to the arm circumference (Column Trimline graduated in mmHG, blood pressure cuff Welch Allyn).	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
Questionnaires						
Socio-medico-economic profile	EQ5DY [15] 10-17 years-old		T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
Quality of life	AUQUEI [16]					
	5-7 years old	T0-T1-T2		T0-T1-T2	T0-T1-T2	
	5-10 years old		T0-T1-T2			
	8-10 years old			T0-T1-T2	T0-T1-T2	
	PESDQL [17]					
	5-7 years old					T0-T1-T2-T3
	8-10 years old	T0-T1-T2				
	8-12 years old					T0-T1-T2-T3
	13-17 years old					T0-T1-T2-T3
	VSPA [18,19]					
	11-17 years old	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2	
Physical activity	Ricci & Gagnon [6]	T0-T1-T2	T0-T1-T2			
	Clinical PA and SB questionnaire [20]			T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
Eating behaviors	Food Frequency and habits questionnaire	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
Eating profile	CTFEQ-R21 [21]					
	5-10 years old		T0-T1-T2			
	11-14 years old		T0-T1-T2			
	8-14 years old			T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
	15-17 years old			T0-T1-T2	T0-T1-T2	T0-T1-T2-T3
	TFEQ51 [8]					
	15-17 years old		T0-T1-T2			
Sleep habits	Sleep habits and routine questionnaire	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2	T0-T1-T2-T3

AUQUEI: Auto-Questionnaire de Qualité de vie Enfant Imagé; BMI: Body Mass Index; CTFEQ : Children Three Factors Eating Questionnaire; DBP: Diastolic Blood Pressure; EQ5D: EuroQol 5 direction instrument; PESDQL: Pediatric Quality of Life Inventory; SBP: Systolic Blood Pressure; T0: baseline ; T1: second evaluation phase; T2: evaluation point after the first 6 months of independence ; T3: final evaluation; TFEQ: Three Factors Eating Questionnaire; VSPA: Vécu et Santé Perçue de l'Adolescent; WHO: World Health Organization.

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