



Article Interaction of Epigallocatechin Gallate and Quercetin with Spike Glycoprotein (S-Glycoprotein) of SARS-CoV-2: In Silico Study

Mehran Alavi ^{1,2,*}, M. R. Mozafari ^{3,*}, Saba Ghaemi ⁴, Morahem Ashengroph ¹, Fatemeh Hasanzadeh Davarani ⁵ and Mohammadreza Mohammadabadi ⁶

- ¹ Department of Biological Science, Faculty of Science, University of Kurdistan, Kurdistan 6617715175, Iran
- ² Nanobiotechnology Department, Faculty of Innovative Science and Technology, Razi University, Kermanshah 6714414971, Iran
- ³ Australasian Nanoscience and Nanotechnology Initiative (ANNI), Monash University LPO, Clayton, VIC 3168, Australia
- ⁴ Research Committee of Medical School, Alborz University of Medical Science, Karaj 3149779453, Iran
- ⁵ Department of Plant Pathology, Rafsanjan Branch, Islamic Azad University, Rafsanjan 7718897111, Iran
- ⁶ Department of Animal Science, Faculty of Agriculture, Shahid Bahonar University of Kerman, Kerman 7616913439, Iran
- * Correspondence: mehranbio83@gmail.com (M.A.); dr.m.r.mozafari@gmail.com (M.R.M.)

Abstract: Severe acute respiratory syndrome (SARS)-CoV-2 from the family Coronaviridae is the cause of the outbreak of severe pneumonia, known as coronavirus disease 2019 (COVID-19), which was first recognized in 2019. Various potential antiviral drugs have been presented to hinder SARS-CoV-2 or treat COVID-19 disease. Side effects of these drugs are among the main complicated issues for patients. Natural compounds, specifically primary and secondary herbal metabolites, may be considered as alternative options to provide therapeutic activity and reduce cytotoxicity. Phenolic materials such as epigallocatechin gallate (EGCG, polyphenol) and quercetin have shown antibacterial, antifungal, antiviral, anticancer, and anti-inflammatory effects in vitro and in vivo. Therefore, in this study, molecular docking was applied to measure the docking property of epigallocatechin gallate and quercetin towards the transmembrane spike (S) glycoprotein of SARS-CoV-2. Results of the present study showed Vina scores of -9.9 and -8.3 obtained for EGCG and quercetin by CB-Dock. In the case of EGCG, four hydrogen bonds of OG1, OD2, O3, and O13 atoms interacted with the Threonine (THR778) and Aspartic acid (ASP867) amino acids of the spike glycoprotein (6VSB). According to these results, epigallocatechin gallate and quercetin can be considered potent therapeutic compounds for addressing viral diseases.

Keywords: SARS-CoV-2; transmembrane spike glycoprotein; severe pneumonia; natural compounds; antiviral activity

1. Introduction

Fighting against viral, bacterial, and parasitic infections has been an ongoing medical challenge of modern times [1–4]. A major concern in this regard is emerging mutant strains having a wide range of resistance to conventional drugs [5–8]. On the other hand, the treatment of cancer and metabolic diseases (e.g., type 2 diabetes, heart disease, and stroke) has certain drawbacks, particularly adverse side effects associated with therapeutic strategies [9,10]. These drawbacks can be overcome by new effective therapies based on micro- and nanomaterials with lower or ideally no side effects [11–19]. In the case of viral infections, severe acute respiratory syndrome (SARS)-CoV-2, from the family Coronaviridae, is the cause of the outbreak of fatal pneumonia, coronavirus disease 2019 (COVID-19), which was first recognized in 2019 in Wuhan, China [20–23]. SARS-CoV-2 has a transmembrane spike (S) glycoprotein with two functional subunits: the S1 subunit



Citation: Alavi, M.; Mozafari, M.R.; Ghaemi, S.; Ashengroph, M.; Hasanzadeh Davarani, F.; Mohammadabadi, M. Interaction of Epigallocatechin Gallate and Quercetin with Spike Glycoprotein (S-Glycoprotein) of SARS-CoV-2: In Silico Study. *Biomedicines* 2022, 10, 3074. https://doi.org/10.3390/ biomedicines10123074

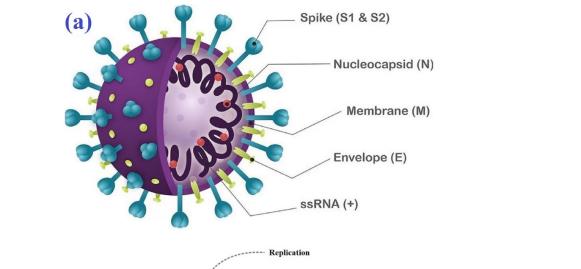
Academic Editor: Santiago Garcia-Vallve

Received: 11 October 2022 Accepted: 19 November 2022 Published: 29 November 2022

Publisher's Note: MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/).



having the receptor-binding domain (RBD), which can bind to the host cell receptor, and the S2 subunit with the ability to fuse with the host cell membranes (Figure 1a,b) [24,25].

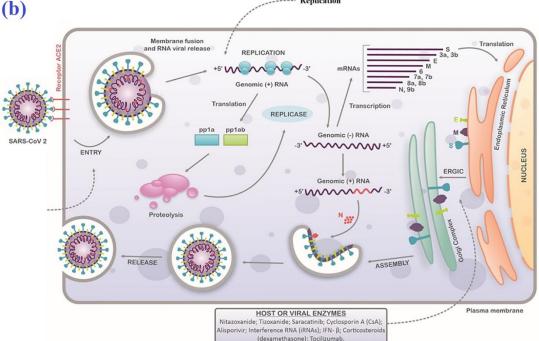


Figure 1. (a) Main parts of SARS-CoV-2, including spike (S1 and S2 subunits), nucleocapsid, membrane, envelope, and ssRNA. (b) Schematic image showing the replication cycle of SARS-CoV-2 in host cells. Distributed under the terms of the Creative Commons Attribution License (CC BY) [26].

The worldwide spread of SARS-CoV-2 has resulted in an urgent need to find effective targets for the hindering of COVID-19 and associated viruses. Accordingly, blocking of spike (S) glycoprotein is critical for the inactivation of SARS-CoV-2 before the initiation of a cytokine storm, the production of many inflammatory signals by the immune system, which can result in organ failure and death of patients [27]. The S glycoproteins and the SARS-CoV-2 endoribonuclease Nsp15 have also been shown to be excellent targets for the development of vaccines against coronaviruses [28–30]. Furthermore, several molecules and moieties have been identified as antiviral agents thus far. Some of these therapeutic compounds along with their mechanisms of action are listed in Table 1 [31–37]. However, there are significant adverse side effects associated with these molecules and therapeutic agents. As a result, it is a matter of urgency to find biocompatible therapeutic agents against novel viral strains, particularly SARS-CoV-2 and other coronaviruses.

		Ref.		
Molecule	Mode of Action			
chloroquine/hydroxychloroquine	inhibiting glycosylation of host receptors	[38]		
azithromycin	antibiotic/anti-inflammatory activities	[39]		
lopinavir/ritonavir	inactivation of the viral 3CL protease	[40]		
ribavirin	blocking RNA-dependent RNA polymerase	[41]		
tocilizumab	inhibition of IL-6 signaling	[42]		
baricitinib/remdesivir	blocking RNA-dependent RNA polymerase	[43]		
favipiravir	selective inhibition of viral RNA polymerase	[44]		
abidol	broad-spectrum antiviral compound	[45]		
ruxolitinib	competitively blocking the ATP-binding catalytic site on Janus kinases 1 and 2	[46]		
teicoplanin	an antibiotic applied in the prophylaxis and therapy of bacterial infections caused by Gram-positive bacteria	[47]		
ivermectin	inhibition of the nuclear transport of viral proteins	[48]		
corticosteroid	immunosuppressive and anti-inflammatory activities	[49]		
doxycycline	blocking bacterial protein synthesis via binding to the 30S ribosomal subunit	[50]		

Table 1. Some of the identified molecules and compounds with antiviral activity.

The natural compound-virus interface and the corresponding viral responses are crucial for determining the level of antiviral activity for each natural therapeutic agent [51,52]. Natural compounds, particularly secondary metabolites of medicinal plants associated with phenolic compounds having benzene rings with one or more hydroxyl substituents, terpenoids (derived from the five-carbon compound isoprene), saponins (triterpene glycosidic compounds), alkaloids (organic compounds containing at least one nitrogen atom), and glucosinolates (sulfur-containing metabolites), have demonstrated prominent antibacterial, antioxidant, anticancer, antiviral, antiarthritic, anti-Alzheimer's, cardiovascular, and wound-healing activities [53,54]. Specifically, quercetin ($C_{15}H_{10}O_7$), extracted mainly from green tea, grapes, apples, berries, and onions, is a flavonol related to the flavonoid group of phenolic compounds, which is known to have antimicrobial, anti-inflammatory, antioxidant, and anticancer activities; and apoptosis-inducing effect; and therapeutic effects on metabolic diseases such as nonalcoholic fatty liver disease, diabetes, and hyperlipidemia [55–58]. Effective doses for this metabolite have been reported as 500-1000 mg/day or 50 and 75 mg/kg [57]. In the case of epigallocatechin gallate (epigallocatechin-3-gallate (EGCG; $C_{22}H_{18}O_{11}$) extracted especially from green tea (~103 mg/g) and black tea (24.7 mg/g), a variety of therapeutic effects have been reported that include antibacterial, antioxidant, anticancer, anti-inflammatory, antiobesity, antidiabetic, chemopreventive, and antiviral activities [59–64]. For example, inhibition of the uridylate-specific endoribonuclease Nsp15 from SARS-CoV-2 has been found for three bioactive compounds of EGCG, quercetin, and baicalin [61]. It should be noted that despite in silico studies, new techniques including tissue diffusion chambers, single-organ chips, and body-on-a-chip can help the clinical development of natural drugs [65].

For the elucidation of drug–target interaction and optimization of therapeutic outcome, comprehensive in vitro and in vivo investigations along with relevant computational studies are required. In silico study is one of the main methods to evaluate the activity of new drugs and bioactive agents by computational structure-based drug discovery [66]. According to the above discussion, docking of epigallocatechin gallate and quercetin towards spike (S) glycoprotein of SARS-CoV-2 was evaluated by three docking programs: CB-Dock, DockThor, EDock, and AutoDock Vina 1.5.7 (ADV).

2. Materials and Methods

Epigallocatechin-3-gallate (EGCG) and quercetin were selected as ligands, and spike glycoprotein (PDB ID: 6VSB) and Nsp15, a uridine-specific endoribonuclease (PDB ID: 6VWW), were selected as the receptors (Figure 2a–d). In order to minimize the final structures of epigallocatechin gallate and quercetin and remove all the water molecules, the UCSF Chimera1.12 program (a program for the interactive analysis and visualization of molecular structures including trajectories, sequence alignments, and density maps) was

employed [67]. The web servers of Cavity-Detection Guided Blind Docking (CB-Dock) (http://clab.labshare.cn/cb-dock/php/) (accessed on 1 September 2022) [68], DockThor (https://www.dockthor.lncc.br/v2/) (accessed on 1 September 2022) [69], EDock (https://zhanggroup.org/EDock/) (accessed on 1 September 2022) [70], and ADV 1.5.7 [71] were applied to evaluate and compare molecular docking. The affinity of docked quercetin and EGCG with spike glycoprotein was presented as binding energy (kcal/mol). Results of docking interaction were visualized by BIOVIA discovery studio 2016 (San Diego, CA, USA) (Figure 2a,b). Gaussian 5.0.8 software was employed to optimize geometry and to determine the electric field potential, lowest unoccupied molecular orbital (LUMO), and the highest occupied molecular orbital (HOMO) of quercetin in the ground state, Hartee-fock at default spin and basis set of 3–21G [72].

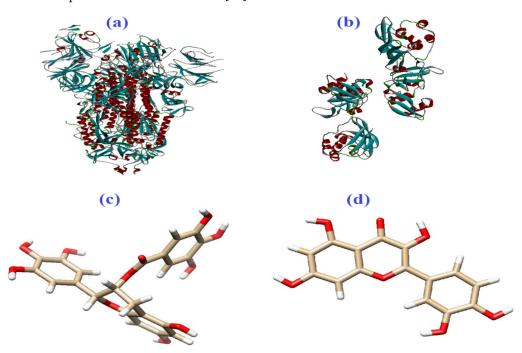


Figure 2. (**a**) Spike glycoprotein (PDB ID: 6VSB), (**b**) Nsp15 (PDB ID: 6VWW), (**c**) epigallocatechin-3-gallate (EGCG), and (**d**) quercetin.

3. Results and Discussion

According to the CB-DOCK results, for EGCG towards the receptor of 6VSB, cavity volumes were 5396, 8798, 11,401, 7201, and 2780 Å³ for Vina scores of -9.9, -9.1, -9, -8.9, and -8.4, respectively (Table 2). For this metabolite, higher score of -8.8 and cavity volume of 1021 Å³ were observed toward 6VWW (Table 3).

Table 2. Binding mode and the related cavity size based on the results of CB-Dock for EGCG and the receptor of 6VSB.

Vina	Cavity		Center			Size	
Score	Volume (Å ³)	x	у	Z	x	у	z
-9.9	5396	207	244	243	35	23	35
-9.1	8798	252	231	233	32	35	35
9	11,401	227	228	172	35	33	35
-8.9	7201	224	221	215	31	35	34
-8.4	2780	225	249	213	29	23	35

Vina Cavity		Center			Size		
Score	Volume (Å ³)	x	у	Z	x	у	Z
-8.8	1021	-68	28	25	23	23	23
-8.7	1074	-73	26	-30	23	23	23
-8.2	627	-56	24	20	23	23	23
-7.7	615	-81	18	-21	23	23	23
-7.6	666	-53	32	-4	23	23	23

Table 3. Binding mode and the related cavity size based on the results of CB-Dock for EGCG and the receptor of 6VWW.

Four hydrogen bonds between OG1, OD2, O3, and O13 of EGCG with THR778 and ASP867 amino acids of the 6VSB were the main chemical interactions between EGCG and the receptor as depicted in Figure 3a,b. As illustrated in Figure 4a,b, the LYS71 (H-bond), LYS90, GLY165, VAL166 (H-bond), THR167 (H-bond), ARG199, ASN200, GLU203, ASP268, ILE270, PRO271, MET272 (H-bond), ASP273, SER274, LYS277 (H-bond), and TYR279 (H-bond) amino acids of 6VWW contributed in the interaction with EGCG. In the case of quercetin and the receptor of 6VSB, cavity sizes were 2780, 8798, 11,401, 5396, and 7201 Å³ for Vina scores of -8.3, -8.2, -8.1, -8.1, and -7.7, respectively (Table 4). This docking server revealed that amino acids TRP886, TYR904, GLY908, GLY1035, GLN1036, LYS1038, GLY908, ILE909, GLN1036, SER1037, LYS1038, VAL1040, GLY1046, TYR1047, and HIS1048 of the spike glycoprotein had docking interaction with the quercetin metabolite (Figure 5a,b). Additionally, amino acids GLU69, LYS71 (H-bond), LYS90 (H-bond), ASP273, SER274, THR275, LYS277, VAL295, ILE296 (H-bond), and ASP297 of 6VWW interacted with quercetin with a higher score of -8.2 (Figure 6a,b and Table 5).

Table 4. Binding mode and the related cavity size based on the results of CB-Dock for quercetin and the receptor of 6VSB.

Vina	Cavity	Center			Size		
Score	Volume (Å ³)	x	у	Z	x	у	z
-8.3	2780	225	250	213	29	21	35
-8.2	8798	253	232	233	32	35	35
-8.1	11,401	227	229	172	35	33	35
-8.1	5396	207	245	243	35	28	35
-7.7	7201	225	222	215	31	35	34

Table 5. Binding mode and the related cavity size based on the results of CB-Dock for quercetin and the receptor of 6VWW.

Vina			Center			Size		
Score	Volume (Å ³)	x	у	Z	x	у	z	
-8.2	1021	-74	26	-30	21	21	21	
-7.7	631	-56	24	20	21	21	21	
-7.3	605	-53	21	-13	21	21	21	
-6.6	641	-82	18	-21	21	21	21	
-6.1	667	-53	32	-4	21	21	21	

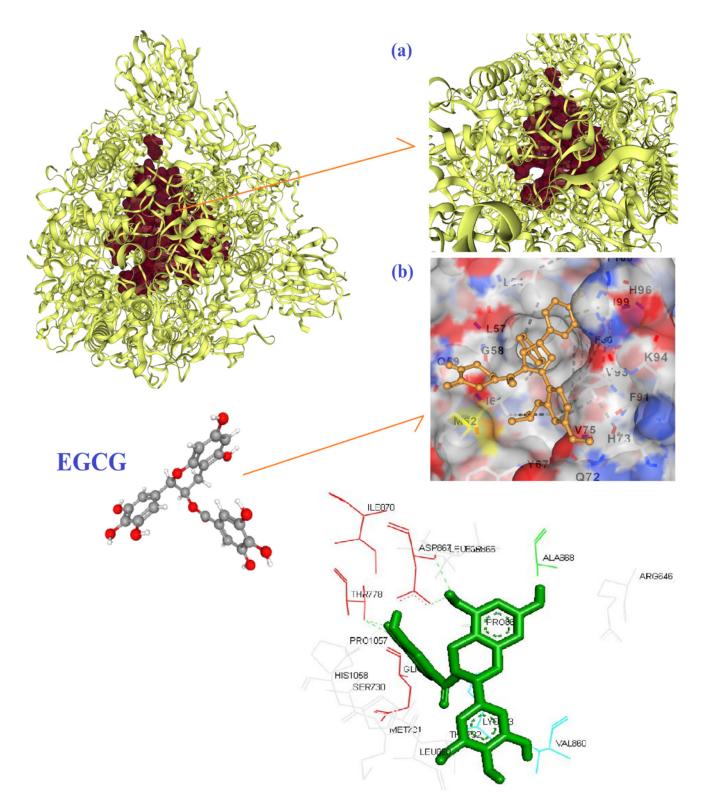


Figure 3. The best mode of the active site for the receptor of 6VSB (**a**) and its interaction with EGCG (**b**) based on the results of CB-Dock.

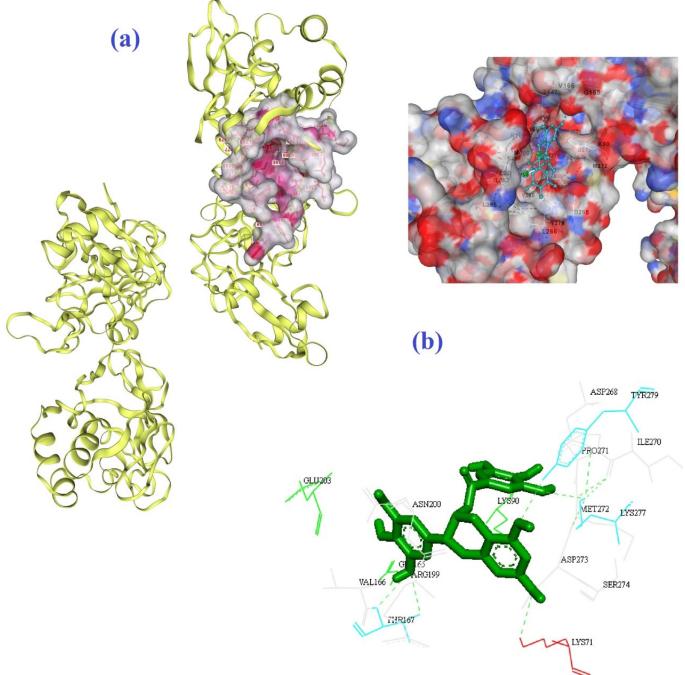


Figure 4. The best mode of the active site for the receptor of 6VWW (**a**) and its interaction with EGCG (**b**) based on the results of CB-Dock.

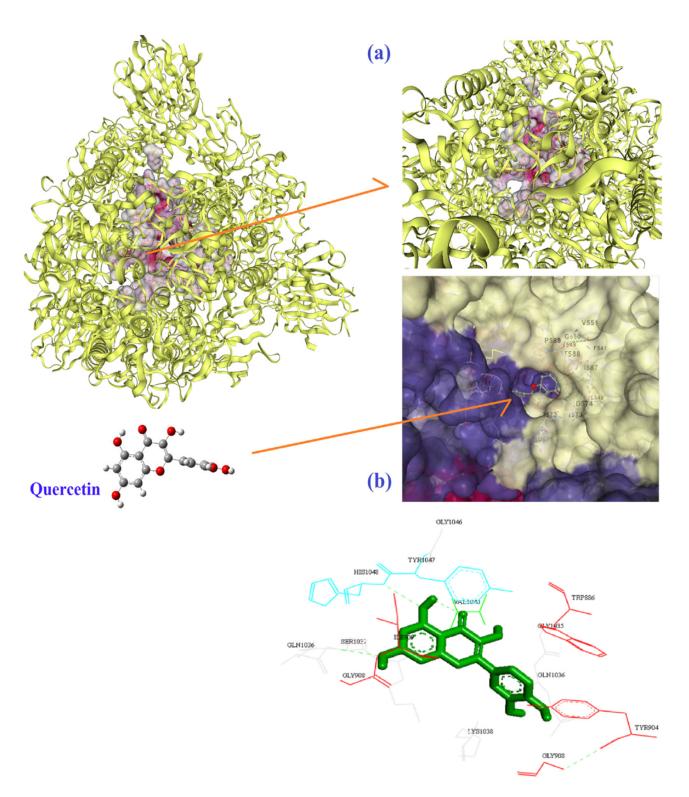


Figure 5. The best mode of the active site for the receptor of 6VSB (**a**) and its interaction with quercetin (**b**) according to the results of CB-Dock.

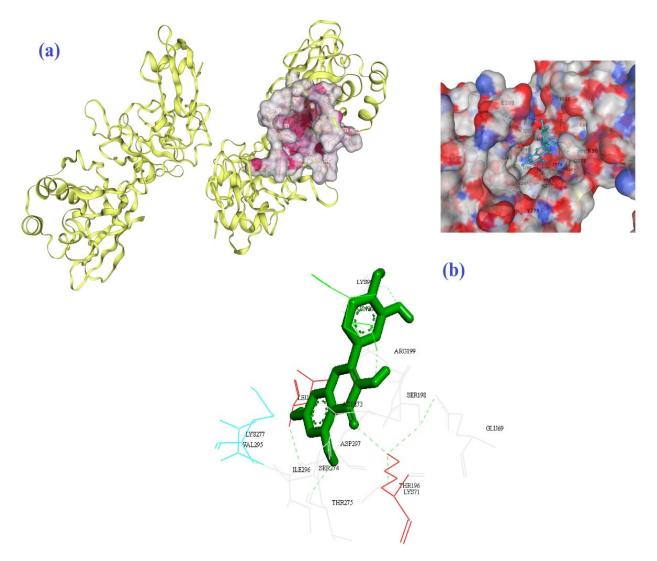


Figure 6. The best mode of the active site for the receptor of 6VWW (**a**) and its interaction with quercetin (**b**) according to the results of CB-Dock.

According to the results of DockThor docking for 6VSB, affinity, total energy, van der Waals (vdW) energy, and electronic energy for EGCG against the receptor were -7.287 kcal/mol, 14.876 kcal/mol, -2.202, and -44.070 eV, respectively. In the case of quercetin, affinity, total energy, vdW energy, and electronic energy were -7.468 kcal/mol, 10.141 kcal/mol, -11.502, and -25.191 eV, respectively. In the case of 6VWW, affinity, total energy, vdW energy, and electronic energy were -7.056 kcal/mol, 26.627 kcal/mol, -3.350, and -30.466 eV for the EGCG ligand, respectively. Moreover, the affinity, total energy, vdW energy, and electronic energy for quercetin towards 6VWW were -6.891 kcal/mol, 18.233 kcal/mol, -2.538, and -27.190 eV, respectively. In a comparative study, quercetin and quercetin pentaacetate were evaluated against the human respiratory syncytial virus (hRSV) F-protein by in silico analysis. In that study, researchers discovered that acetylation of quercetin improves anti-hRSV activity, as quercetin pentaacetate had a lower binding energy with better stability with the value of $\Delta G = -14.22$ kcal/mol in hindering F-protein and thus reducing hRSV adhesion [73]. Based on the EDock results, for EGCG and quercetin, three amino acids, namely ARG812, LEU813, and LEU816, of the receptor showed interaction with the active site of the spike glycoprotein (Figure 7a,b). Figure 7c,d show predicted binding residues of 6VWW with EGCG and quercetin.

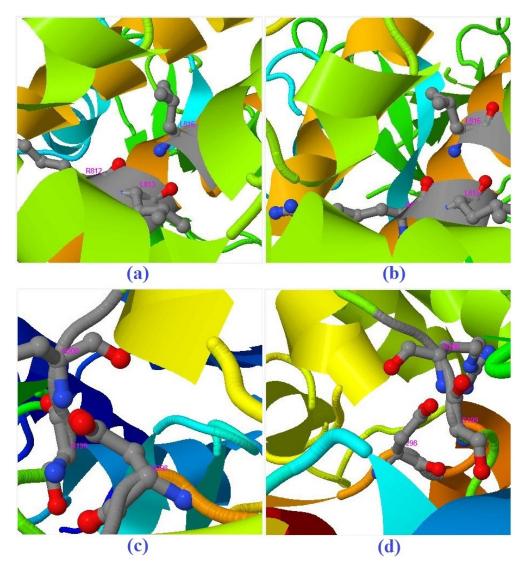


Figure 7. The best modes for the interaction between 6VSB and (**a**) EGCG and (**b**) quercetin as well as between 6VWW and (**c**) EGCG and (**d**) quercetin ligands based on the results of EDock.

Van der Waals interaction and hydrogen bonding were indicated for this interaction. 3CLpro (3-chymotrypsin-like protease), the main protease with the critical role in cleaving pp1a and pp1ab polyproteins, can be selected as the main target for the inactivation of SARS-CoV-2. In this respect, 73 bioactive compounds related to the medicinal plant Withania spp. were screened against 3CLpro. A study by Verma and co-workers revealed that there was more negative energy for with a coagulin H (-63.463 KJ/mol) than for other natural compounds [74]. Molecular docking of three secondary metabolites extracted from the n-butanol and ethyl acetate fractions of Amphilophium paniculatum from the Bignoniaceae family toward the SARS-CoV-2 main protease (Mpro) was evaluated. According to the results, eight molecules, namely luteolin, luteolin 7-O- β -glucopyranoside (cynaroside), acacetin 7-O-β-rutinoside (linarin), acteoside (verbascoside), Isoacteoside (Isoverbascoside), (+)-Lyoniresinol 3α -O- β -glucopyranoside, (–)-Lyoniresinol 3α -O- β -glucopyranoside, and amphipaniculoside A, were found with lower binding energies of -8.34, -9.54, -8.54, -8.33, -8.46, -7.95, -7.45, and -7.56 kcal/mol, respectively. The major bond types for luteolin 7-O-β-glucopyranoside were hydrogen bonds (GLU166, CYS145, GLY143, ASN142, ASN142, ASN142) and π - π interactions (HIS41 and HIS41) [75]. In a similar study, the docking of ten compounds (9-dihydroxyl-2-O-(z)-cinnamoyl-7-methoxy-Aloesin, aloe-emodin, aloin A, aloin B, elgonica dimer A, feralolide, isoAloeresin, aloeresin, 7-OmethylAloeresin, and chrysophanol) related to the Aloe vera plant species was evaluated

toward 3CLpro. Three bioactive agents, namely feralolide, aloeresin, and 9-dihydroxyl-2-O-(z)-cinnamoyl-7-methoxy-Aloesin, exhibited higher affinity for 3CLpro with binding energies of -7.9, -7.7, and -7.7 kcal/mol, respectively, compared to standard drugs of lopinavir (-8.4 kcal/mol) and nelfinavir (-8.1 kcal/mol) [76]. Moreover, according to the results of a comprehensive docking study, coagulins, withanolides, pseudojervine, and kamalachalcone groups of triterpenoid compounds demonstrated the potential ability to block surface amino acids of the spike protein of SARS-CoV-2 (the head of S1 which binds to the cellular receptor hACE2) [77]. In another study, a flavonoid (i.e., rutin) showed inhibition of major proteins of SARS-CoV-2, namely the spike (S)-protein (S1 subunit of S-protein), papain-like protease (PLpro), main protease (Mpro), and RNA-dependent RNA polymerase (RdRp), with binding energies of -7.9, -7.7, -8.9, and -8.6 kcal/mol, respectively. The numbers of hydrogen bonds were 3, 9, 10, and 6 for Mpro, RdRp, PLpro, and S1 subunit of S-protein, respectively [78].

Al-Karmalawy and coworkers (2021) [79] employed molecular docking to investigate the affinity of 14 angiotensin-converting enzyme inhibitors (ACEIs) towards the SARS-CoV-2 binding site of chimeric receptor-binding domain bound by its receptor human angiotensin-converting enzyme 2 (hACE2). For this study, alacepril, captopril, zofenopril, enalapril, ramipril, quinapril, perindopril, lisinopril, benazepril, imidapril, trandolapril, cilazapril, fosinopril, and moexipril were the tested ligands, and N-Acetyl-D-Glucosamine (NAG) was employed as a reference ligand. This study revealed that there were the same binding modes for lisinopril, alacepril, and NAG. Additionally, the binding scores for lisinopril and alacepril were -4.7 and -5.1 with two hydrogen bonds, respectively [79]. In another similar study, in which lopinavir (a protease inhibitor drug) was used as a reference drug (with a MolDock score of -114.628), the antiparasitic drug ivermectin exhibited a MolDock score of -114.860, and the formation of three hydrogen bonds with Asn2033, Asn151, and Asp153 amino acid residues was detected [80]. There was a MolDock score of -95.414 for hydroxychloroquine with interactions of three hydrogen bonds with Asn203, Gln109, and Ser158 amino acid residues. Moreover, chloroquine exhibited a MolDock score of -93.634 and two hydrogen bonds with Ser158 [80]. Molecular docking of three natural compounds, namely chrysin (flavonoid), hesperidin (flavonoid), and emodin (anthraquinone), against the ACE2 protein and the complexed structure of the ACE2 protein and spike protein was investigated in a comparative study. The binding energies for hesperidin, chrysin, and emodin were -8.99, -6.87, and -6.19 kcal/mol toward the bound spike protein and ACE2 receptor, respectively. Depending on the results, the binding sites of ACE2 protein for hesperidin and spike protein were in different sites of the ACE2 protein, and this metabolite can lead to instability of the bound structure of spike protein and ACE2 by modulating the binding energy of the bound structure of the spike protein and ACE2. In addition, hesperidin binds at the LYS74, ALA71, SER44, and ASN63 amino acids of ACE2 with stabilized docking by two hydrogen bonds at PHE457 of the spike protein with a distance of 2.618 A and GLU455 of spike protein with a bond length of 2.067 A [81]. Based on the results of ADV (Table 6), higher binding affinities towards 6VSB and 6VWW were found for EGCG, namely -9.9 and -7.3 kcal/mol, compared to those found for quercetin with the values of -7.6 and -6.1 kcal/mol, respectively. In a comparative study, gallocatechin gallate, EGCG, quercetin, puerarin, and daidzein flavonoids exhibited IC_{50} (50% inhibitory concentration or half-maximal effective concentration) values of 47, 73, 73, 381, and 351 µM, respectively, for inhibition of SARS-CoV replication. Furthermore, docking scores of -14.1, -11.7, -10.2, -11.3, and -8.6 have been found for gallocatechin gallate, EGCG, quercetin, puerarin, and daidzein, respectively [82]. In another study, EGCG had an IC₅₀ value of 0.874 μ M with the binding energy of -7.9 kcal/mol against 3CL^{pro} SARS-CoV-2 [83]. In the case of EGCG, plaque reduction neutralization antibody tests confirmed the inhibition of a SARS-CoV-2 strain at PRNT₅₀ = 0.20μ M titer [61].

Ligand	Binding Affinity (kcal/mol) for 6VSB	Binding Affinity (kcal/mol) for 6VWW
	-9.9	-7.3
EGCG	-9.8	-7.2
Quaractin	-7.6	-6.1
Quercetin	-7.4	-5.9

Table 6. The docking results of ADV for EGCG and quercetin toward 6VSB and 6VWW. Only two best modes are presented for each compound (RMSD/L.B: root-mean-square deviation, lower bound; RMSD/U.B: root-mean-square deviation, upper bound).

Molecular Electrostatic Potential

Based on the optimized geometry obtained using GaussView 5.0.8 software, the electric field potentials of EGCG and quercetin were identified as electrophilic and nucleophilic regions by the ground state method, with Hartee-fock at default spin and basis set of 3–21G. As depicted in Figure 8a,b, EGCG is a polyphenol, the ester of epigallocatechin and gallic acid, and is composed of a 22-carbon skeleton bonded by 18 hydrogens and 11 oxygens.

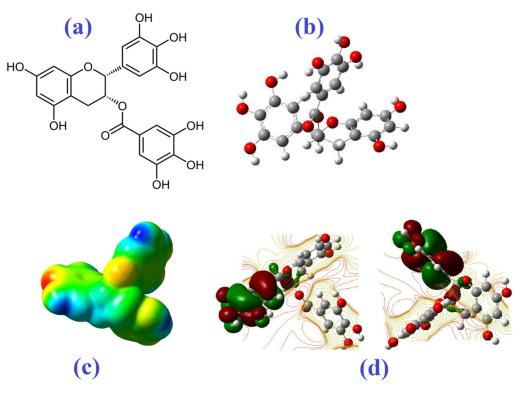


Figure 8. The molecular structure (**a**,**b**), total electron density maps (**c**), 3D model of HOMO-LUMO molecular orbitals, and (**d**) contour plots (side view: **left**; front view: **right**) of EGCG.

Quercetin as a flavonoid compound has three aromatic rings with a 15-carbon skeleton bonded by oxygen atoms encapsulated in a heterocyclic ring (Figure 9a,b) [60–62]. In Figures 8c,d and 9c,d, a higher density of electrons is shown in red color and a lower density of electrons is shown in blue color. The aromatic ketone of EGCG and quercetin with more electrons can be attacked by electrophilic residues in ligand-binding cavities. In contrast, blue regions are suitable sites for nucleophilic attacks [84]. In this way, three amino acids with basic side chains and positive charge, namely lysine (a propylamine substituent on the β -carbon), arginine (guanidino group), and histidine (imidazole functional group) can contribute to this interaction [85,86]. The high kinetic stability of a compound can be a result of a large HOMO-LUMO gap [87].

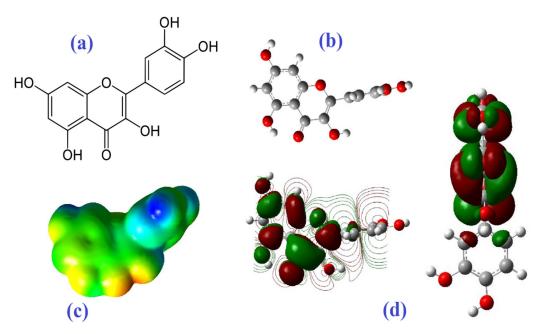


Figure 9. The molecular structure (**a**,**b**), total electron density maps (**c**), 3D model of HOMO-LUMO molecular orbitals, and (**d**) contour plots (side view: **left**; front view: **right**) of quercetin.

4. Conclusions

The global spread of SARS-CoV-2 has led to an urgent requirement for finding effective targets for eradicating this virus. In silico study is one of the major strategies for surveying the activity of new drugs and bioactive compounds by computational structure-based drug discovery because it is cost-effective relative to the experimental studies. Active and passive targeting of viruses by new effective biocompatible materials is a vital measure for hindering viral infections, specifically SARS-CoV-2 infections. The natural compound-virus interface and the corresponding viral responses are crucial for determining the level of antiviral activity for each natural therapeutic agent. It is clear in the present time that there are no certain effective therapies for COVID-19, while the side effects of available antiviral drugs constitute a great disadvantage. In this in silico study, CB-Dock exhibited Vina scores of -9.9 and -8.8 for EGCG against 6VSB and 6VWW and -8.3 and -8.2 for quercetin against 6VSB and 6VWW. DockThor showed affinity values of -7.056 kcal/mol and -6.891 kcal/mol for EGCG and quercetin toward 6VWW. According to the result of ADV, higher binding affinities towards 6VSB and 6VWW were found for EGCG (-9.9 and -7.3 kcal/mol, respectively) than for quercetin (-7.6 and -6.1 kcal/mol, respectively). Additionally, molecular electrostatic potential showed that aromatic ketone of EGCG and quercetin with a higher density of electrons can be attacked by the electrophilic amino acids of the spike glycoprotein of SARS-CoV-2. It should be noted that docking comparison of EGCG and quercetin with other main secondary metabolites is indispensable. Overall, this study showed that EGCG had stronger affinities toward two receptors 6VSB and 6VWW compared to quercetin, which may be considered for formulation as micro- and nanosized antiviral drugs against SARS-CoV-2 infections. Based on the results of molecular electrostatic potential, the aromatic ketone of EGCG and quercetin with more electrons can be attacked by electrophilic residues in ligand-binding cavities of 6VWW and 6VSB. In this regard, three amino acids with basic side chains and positive charge, namely lysine, arginine, and histidine, can contribute to this interaction. There are main limitations including low tissue exposure/selectivity and low specificity/potency for clinical applications of natural drugs. Therefore, it is critical to obtain effective doses and their stability (halflife) in physiological conditions, which may be possible using nanoformulations (solid lipid nanoparticles, liposomes, and polymeric nanoparticles) of these natural compounds. Moreover, new technologies involving tissue diffusion chambers, single-organ chips, and body-on-a-chip can accelerate clinical development of natural drugs.

Author Contributions: Conceptualization, M.A. (Mehran Alavi) and M.R.M.; methodology, M.A. (Mehran Alavi); software, M.A. (Mehran Alavi), S.G. and M.M.; validation, M.R.M., F.H.D. and M.M.; formal analysis, M.A. (Mehran Alavi); investigation, M.A. (Mehran Alavi) and S.G.; resources, M.R.M.; data curation, M.A. (Mehran Alavi), S.G. and F.H.D.; writing—original draft preparation, M.A. (Mehran Alavi); writing—review and editing, M.A. (Mehran Alavi), M.R.M. and M.A. (Morahem Ashengroph); visualization, M.A. (Mehran Alavi), S.G. and M.A. (Morahem Ashengroph); supervision, M.R.M., M.A. (Morahem Ashengroph), M.A. (Mehran Alavi), and M.M.; project administration, M.A. (Mehran Alavi). All authors have read and agreed to the published version of the manuscript.

Funding: This research received no external funding.

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: Not applicable.

Conflicts of Interest: The authors declare no conflict of interest.

References

- Aljelehawy, Q.H.A.; Alshaibah, L.H.H.; Khafaji, Z.K.A.A. Evaluation of virulence factors among Staphylococcus aureus strains isolated from patients with urinary tract infection in Al-Najaf Al-Ashraf teaching hospital. *Cell. Mol. Biomed. Rep.* 2021, 1, 78–87. [CrossRef]
- 2. Ahmadi, S.; Ahmadi, G.; Ahmadi, H. A review on antifungal and antibacterial activities of some medicinal plants. *Micro Nano Bio Asp.* **2022**, *1*, 10–17.
- 3. Alavi, M.; Rai, M. Antisense RNA, the modified CRISPR-Cas9, and metal/metal oxide nanoparticles to inactivate pathogenic bacteria. *Cell. Mol. Biomed. Rep.* **2021**, *1*, 52–59. [CrossRef]
- 4. Amraei, S.; Ahmadi, S. Recent studies on antimicrobial and anticancer activities of saponins: A mini-review. *Nano Micro Bios.* **2022**, *1*, 22–26.
- Muhammad, I.; Sale, P.M.; Salisu, M.K.; Muhammad, T.M.; Abubakar, B.; Maidala, A.L.; Nuwanyada, E. Molecular analysis of Bio-makers of Chloroquine resistance in Plasmodium falciparum Isolate from Gombe Local Government Area, Gombe State, Nigeria. *Cell. Mol. Biomed. Rep.* 2022, 2, 42–55. [CrossRef]
- 6. Baral, B.; Mozafari, M.R. Strategic Moves of "Superbugs" Against Available Chemical Scaffolds: Signaling, Regulation, and Challenges. *ACS Pharmacol. Transl. Sci.* 2020, *3*, 373–400. [CrossRef]
- 7. Mozafari, M.R.; Torkaman, S.; Karamouzian, F.M.; Rasti, B.; Baral, B. Antimicrobial Applications of Nanoliposome Encapsulated Silver Nanoparticles: A Potential Strategy to Overcome Bacterial Resistance. *Curr. Nanosci.* **2021**, *17*, 26–40. [CrossRef]
- 8. Muhammad, I.; Abubakar, B.; Muhammad, T.M. Genetic resistance to human malaria. *Cell. Mol. Biomed. Rep.* **2022**, *2*, 116–128. [CrossRef]
- 9. Alavi, M.; Martinez, F.; Delgado, D.R.; Tinjacá, D.A. Anticancer and antibacterial activities of embelin: Micro and nano aspects. *Micro Nano Bio Asp.* **2022**, *1*, 30–37.
- 10. Alavi, M.; Hamblin, M.R.; Martinez, F.; Aghaie, E.; Khan, H.; Menezes, I.A. Micro and nanoformulations of insulin: New approaches. *Nano Micro Bios.* **2022**, *1*, 1–7.
- 11. Alavi, M.; Rai, M.; Martinez, F.; Kahrizi, D.; Khan, H.; de Menezes, I.R.A.; Coutinho, H.D.M.; Costa, J.G.M. The efficiency of metal, metal oxide, and metalloid nanoparticles against cancer cells and bacterial pathogens: Different mechanisms of action. *Cell. Mol. Biomed. Rep.* **2022**, *2*, 10–21. [CrossRef]
- 12. Almasian-Tehrani, N.; Alebouyeh, M.; Armin, S.; Soleimani, N.; Azimi, L.; Shaker-Darabad, R. Overview of typing techniques as molecular epidemiology tools for bacterial characterization. *Cell. Mol. Biomed. Rep.* **2021**, *1*, 69–77. [CrossRef]
- 13. Alavi, M.; Hamblin, M.R.; Mozafari, M.R.; Rose Alencar de Menezes, I.; Douglas Melo Coutinho, H. Surface modification of SiO₂ nanoparticles for bacterial decontaminations of blood products. *Cell. Mol. Biomed. Rep.* **2022**, *2*, 87–97. [CrossRef]
- Alavi, M.; Kowalski, R.; Capasso, R.; Douglas Melo Coutinho, H.; Rose Alencar de Menezes, I. Various novel strategies for functionalization of gold and silver nanoparticles to hinder drug-resistant bacteria and cancer cells. *Micro Nano Bio Asp.* 2022, 1, 38–48.
- 15. Ahmadi, S. Antibacterial and antifungal activities of medicinal plant species and endophytes. *Cell. Mol. Biomed. Rep.* **2022**, *2*, 109–115. [CrossRef]
- 16. Alavi, M.; Hamblin, M.R.; Martinez, F.; Kennedy, J.F.; Khan, H. Synergistic combinations of metal, metal oxide, or metalloid nanoparticles plus antibiotics against resistant and non-resistant bacteria. *Micro Nano Bio Asp.* **2022**, *1*, 1–9.
- 17. Alavi, M.; Thomas, S.; Sreedharan, M. Modification of silica nanoparticles for antibacterial activities: Mechanism of action. *Micro Nano Bio Asp.* **2022**, *1*, 49–58.
- 18. Sabbagh, F.; Kiarostami, K.; Mahmoudi Khatir, N.; Rezania, S.; Muhamad, I.I. Green Synthesis of Mg0.99 Zn0.01O Nanoparticles for the Fabrication of κ-Carrageenan/NaCMC Hydrogel in order to Deliver Catechin. *Polymers* **2020**, *12*, 861. [CrossRef]

- 19. Sabbagh, F.; Kiarostami, K.; Khatir, N.M.; Rezania, S.; Muhamad, I.I.; Hosseini, F. Effect of zinc content on structural, functional, morphological, and thermal properties of kappa-carrageenan/NaCMC nanocomposites. *Polym. Test.* **2021**, *93*, 106922. [CrossRef]
- Shehata, A.A.; Attia, Y.A.; Rahman, M.T.; Basiouni, S.; El-Seedi, H.R.; Azhar, E.I.; Khafaga, A.F.; Hafez, H.M. Diversity of Coronaviruses with Particular Attention to the Interspecies Transmission of SARS-CoV-2. *Animals* 2022, *12*, 378. [CrossRef]
- 21. Tamimi, F.; Altigani, S.; Sanz, M. Periodontitis and coronavirus disease 2019. Periodontol. 2000 2022, 89, 207–214. [CrossRef]
- 22. Mohammadi, M.R.; Sabati, H. When Successive Viral Mutations Prevent Definitive Treatment of COVID-19. *Cell. Mol. Biomed. Rep.* **2022**, *2*, 98–108. [CrossRef]
- 23. Rahbar-Karbasdehi, E.; Rahbar-Karbasdehi, F. Clinical challenges of stress cardiomyopathy during coronavirus 2019 epidemic. *Cell. Mol. Biomed. Rep.* **2021**, *1*, 88–90. [CrossRef]
- 24. Alavi, M.; Asare-Addo, K.; Nokhodchi, A. Lectin Protein as a Promising Component to Functionalize Micelles, Liposomes and Lipid NPs against Coronavirus. *Biomedicines* **2020**, *8*, 580. [CrossRef]
- 25. Yang, J.; Petitjean, S.J.L.; Koehler, M.; Zhang, Q.; Dumitru, A.C.; Chen, W.; Derclaye, S.; Vincent, S.P.; Soumillion, P.; Alsteens, D. Molecular interaction and inhibition of SARS-CoV-2 binding to the ACE2 receptor. *Nat. Commun.* **2020**, *11*, 4541. [CrossRef]
- Santos, I.A.; Grosche, V.R.; Bergamini, F.R.G.; Sabino-Silva, R.; Jardim, A.C.G. Antivirals Against Coronaviruses: Candidate Drugs for SARS-CoV-2 Treatment? *Front. Microbiol.* 2020, 11, 1818. [CrossRef]
- Casas-Sanchez, A.; Romero-Ramirez, A.; Hargreaves, E.; Ellis, C.C.; Grajeda, B.I.; Estevao, I.L.; Patterson, E.I.; Hughes, G.L.; Almeida, I.C.; Zech, T.; et al. Inhibition of Protein N-Glycosylation Blocks SARS-CoV-2 Infection. *mBio* 2022, 13, e03718-21. [CrossRef]
- 28. Pillon, M.C.; Frazier, M.N.; Dillard, L.B.; Williams, J.G.; Kocaman, S.; Krahn, J.M.; Perera, L.; Hayne, C.K.; Gordon, J.; Stewart, Z.D.; et al. Cryo-EM Structures of the SARS-CoV-2 Endoribonuclease Nsp15. *Biorxiv Prepr. Serv. Biol.* 2020. [CrossRef]
- 29. Kabarkouhi, Z.; Mehrarya, M.; Gharehchelou, B.; Jalilian, Z.; Jalili, R.; Wintrasiri, M.N.; Mozafari, M.R. Liposome, Nanoliposome and Allied Technologies in COVID-19 Vaccines: Key Roles and Functionalities. *Curr. Drug Deliv.* 2022, 20, 3–7. [CrossRef]
- Mirtaleb, M.S.; Mirtaleb, A.H.; Nosrati, H.; Heshmatnia, J.; Falak, R.; Zolfaghari Emameh, R. Potential therapeutic agents to COVID-19: An update review on antiviral therapy, immunotherapy, and cell therapy. *Biomed. Pharmacother.* 2021, 138, 111518. [CrossRef]
- Taguchi, Y.-H.; Turki, T. A new advanced in silico drug discovery method for novel coronavirus (SARS-CoV-2) with tensor decomposition-based unsupervised feature extraction. *PLoS ONE* 2020, 15, e0238907. [CrossRef] [PubMed]
- 32. Santos, J.; Brierley, S.; Gandhi, M.J.; Cohen, M.A.; Moschella, P.C.; Declan, A.B.L. Repurposing Therapeutics for Potential Treatment of SARS-CoV-2: A Review. *Viruses* **2020**, *12*, 705. [CrossRef] [PubMed]
- Kivrak, A.; Ulaş, B.; Kivrak, H. A comparative analysis for anti-viral drugs: Their efficiency against SARS-CoV-2. Int. Immunopharmacol. 2021, 90, 107232. [CrossRef] [PubMed]
- Zhu, S.; Guo, X.; Geary, K.; Zhang, D. Emerging Therapeutic Strategies for COVID-19 patients. *Discoveries* 2020, 8, e105. [CrossRef] [PubMed]
- Joshi, S.; Parkar, J.; Ansari, A.; Vora, A.; Talwar, D.; Tiwaskar, M.; Patil, S.; Barkate, H. Role of favipiravir in the treatment of COVID-19. Int. J. Infect. Dis. 2021, 102, 501–508. [CrossRef]
- Arévalo, A.P.; Pagotto, R.; Pórfido, J.L.; Daghero, H.; Segovia, M.; Yamasaki, K.; Varela, B.; Hill, M.; Verdes, J.M.; Duhalde Vega, M.; et al. Ivermectin reduces in vivo coronavirus infection in a mouse experimental model. *Sci. Rep.* 2021, 11,7132. [CrossRef]
- 37. Mettelman, R.C.; Allen, E.K.; Thomas, P.G. Mucosal immune responses to infection and vaccination in the respiratory tract. *Immunity* **2022**, *55*, 749–780. [CrossRef]
- Tripathy, S.; Dassarma, B.; Roy, S.; Chabalala, H.; Matsabisa, M.G. A review on possible modes of action of chloroquine/hydroxychloroquine: Repurposing against SAR-CoV-2 (COVID-19) pandemic. *Int. J. Antimicrob. Agents* 2020, 56, 106028. [CrossRef]
- 39. Kournoutou, G.G.; Dinos, G. Azithromycin through the Lens of the COVID-19 Treatment. Antibiotics 2022, 11, 1063. [CrossRef]
- 40. Uzunova, K.; Filipova, E.; Pavlova, V.; Vekov, T. Insights into antiviral mechanisms of remdesivir, lopinavir/ritonavir and chloroquine/hydroxychloroquine affecting the new SARS-CoV-2. *Biomed. Pharmacother.* **2020**, *131*, 110668. [CrossRef]
- 41. Vicenti, I.; Zazzi, M.; Saladini, F. SARS-CoV-2 RNA-dependent RNA polymerase as a therapeutic target for COVID-19. *Expert Opin. Ther. Pat.* **2021**, *31*, 325–337. [CrossRef]
- 42. Yang, L.; Guo, J.; Yu, N.; Liu, Y.; Song, H.; Niu, J.; Gu, Y. Tocilizumab mimotope alleviates kidney injury and fibrosis by inhibiting IL-6 signaling and ferroptosis in UUO model. *Life Sci.* **2020**, *261*, 118487. [CrossRef]
- Fischer, M.; Müller, P.; Scheidt, H.A.; Luck, M. Drug–Membrane Interactions: Effects of Virus-Specific RNA-Dependent RNA Polymerase Inhibitors Remdesivir and Favipiravir on the Structure of Lipid Bilayers. *Biochemistry* 2022, 61, 1392–1403. [CrossRef]
- Komeno, T.; Furuta, Y.; Nakajima, N.; Tani, H.; Morinaga, Y. Analysis of the responsible site for favipiravir resistance in RNA-dependent RNA polymerase of influenza virus A/PR/8/34 (H1N1) using site-directed mutagenesis. *Antivir. Res.* 2022, 205, 105387. [CrossRef]
- 45. Han, Y.J.; Ren, Z.G.; Li, X.X.; Yan, J.L.; Ma, C.Y.; Wu, D.D.; Ji, X.Y. Advances and challenges in the prevention and treatment of COVID-19. *Int. J. Med. Sci.* 2020, *17*, 1803–1810. [CrossRef]
- Singh, P.K. Chapter 11—Molecular modeling studies of fused pyrimidine derivatives at various receptors. In *Fused Pyrimidine-Based Drug Discovery*; Kumar, R., Vardanyan, R., Eds.; Elsevier: Amsterdam, The Netherlands, 2023; pp. 273–332. [CrossRef]

- 47. Ceccarelli, G.; Alessandri, F.; Oliva, A.; Borrazzo, C.; Dell'Isola, S.; Ialungo, A.M.; Rastrelli, E.; Pelli, M.; Raponi, G.; Turriziani, O.; et al. The role of teicoplanin in the treatment of SARS-CoV-2 infection: A retrospective study in critically ill COVID-19 patients (Tei-COVID study). *J. Med. Virol.* **2021**, *93*, 4319–4325. [CrossRef]
- 48. Yang, S.N.Y.; Atkinson, S.C.; Wang, C.; Lee, A.; Bogoyevitch, M.A.; Borg, N.A.; Jans, D.A. The broad spectrum antiviral ivermectin targets the host nuclear transport importin α/β1 heterodimer. *Antivir. Res.* **2020**, 177, 104760. [CrossRef]
- 49. Mahmud-Al-Rafat, A.; Majumder, A.; Taufiqur Rahman, K.M.; Mahedi Hasan, A.M.; Didarul Islam, K.M.; Taylor-Robinson, A.W.; Billah, M.M. Decoding the enigma of antiviral crisis: Does one target molecule regulate all? *Cytokine* **2019**, *115*, 13–23. [CrossRef]
- 50. Narendrakumar, L.; Joseph, I.; Thomas, S. Potential effectiveness and adverse implications of repurposing doxycycline in COVID-19 treatment. *Expert Rev. Anti-Infect. Ther.* **2021**, *19*, 1001–1008. [CrossRef]
- Chamkhi, I.; Benali, T.; Aanniz, T.; El Menyiy, N.; Guaouguaou, F.E.; El Omari, N.; El-Shazly, M.; Zengin, G.; Bouyahya, A. Plant-microbial interaction: The mechanism and the application of microbial elicitor induced secondary metabolites biosynthesis in medicinal plants. *Plant Physiol. Biochem.* 2021, 167, 269–295. [CrossRef]
- Choudhary, S.; Zehra, A.; Mukarram, M.; Wani, K.I.; Naeem, M.; Hakeem, K.R.; Aftab, T. Potential Uses of Bioactive Compounds of Medicinal Plants and Their Mode of Action in Several Human Diseases. In *Medicinal and Aromatic Plants: Healthcare and Industrial Applications*; Aftab, T., Hakeem, K.R., Eds.; Springer International Publishing: Cham, Switzerland, 2021; pp. 143–158. [CrossRef]
- 53. Albuquerque, B.R.; Heleno, S.A.; Oliveira, M.B.P.P.; Barros, L.; Ferreira, I.C.F.R. Phenolic compounds: Current industrial applications, limitations and future challenges. *Food Funct.* **2021**, *12*, 14–29. [CrossRef] [PubMed]
- Salehi, B.; Machin, L.; Monzote, L.; Sharifi-Rad, J.; Ezzat, S.M.; Salem, M.A.; Merghany, R.M.; El Mahdy, N.M.; Kılıç, C.S.; Sytar, O.; et al. Therapeutic Potential of Quercetin: New Insights and Perspectives for Human Health. ACS Omega 2020, 5, 11849–11872. [CrossRef] [PubMed]
- 55. Hashemzaei, M.; Delarami Far, A.; Yari, A.; Heravi, R.E.; Tabrizian, K.; Taghdisi, S.M.; Sadegh, S.E.; Tsarouhas, K.; Kouretas, D.; Tzanakakis, G.; et al. Anticancer and apoptosis-inducing effects of quercetin in vitro and in vivo. Oncol. Rep. 2017, 38, 819–828. [CrossRef] [PubMed]
- Gasmi, A.; Mujawdiya, P.K.; Lysiuk, R.; Shanaida, M.; Peana, M.; Gasmi Benahmed, A.; Beley, N.; Kovalska, N.; Bjørklund, G. Quercetin in the Prevention and Treatment of Coronavirus Infections: A Focus on SARS-CoV-2. *Pharmaceuticals* 2022, 15, 1049. [CrossRef] [PubMed]
- Alavi, M.; Adulrahman, N.A.; Haleem, A.A.; Al-Râwanduzi, A.D.H.; Khusro, A.; Abdelgawad, M.A.; Ghoneim, M.M.; Batiha, G.E.; Kahrizi, D.; Martinez, F.; et al. Nanoformulations of curcumin and quercetin with silver nanoparticles for inactivation of bacteria. *Cell. Mol. Biol.* 2022, 67, 151–156. [CrossRef]
- 58. Yi, H.; Peng, H.; Wu, X.; Xu, X.; Kuang, T.; Zhang, J.; Du, L.; Fan, G. The Therapeutic Effects and Mechanisms of Quercetin on Metabolic Diseases: Pharmacological Data and Clinical Evidence. *Oxid. Med. Cell. Longev.* **2021**, 2021, 6678662. [CrossRef]
- Maiti, S.; Banerjee, A. Epigallocatechin gallate and theaflavin gallate interaction in SARS-CoV-2 spike-protein central channel with reference to the hydroxychloroquine interaction: Bioinformatics and molecular docking study. *Drug Dev. Res.* 2021, 82, 86–96. [CrossRef]
- 60. Isbrucker, R.A.; Edwards, J.A.; Wolz, E.; Davidovich, A.; Bausch, J. Safety studies on epigallocatechin gallate (EGCG) preparations. Part 2: Dermal, acute and short-term toxicity studies. *Food Chem. Toxicol.* **2006**, *44*, 636–650. [CrossRef]
- 61. Hong, S.; Seo, S.H.; Woo, S.J.; Kwon, Y.; Song, M.; Ha, N.C. Epigallocatechin Gallate Inhibits the Uridylate-Specific Endoribonuclease Nsp15 and Efficiently Neutralizes the SARS-CoV-2 Strain. *J. Agric. Food Chem.* **2021**, *69*, 5948–5954. [CrossRef]
- 62. Ntamo, Y.; Jack, B.; Ziqubu, K.; Mazibuko-Mbeje, S.E.; Nkambule, B.B.; Nyambuya, T.M.; Mabhida, S.E.; Hanser, S.; Orlando, P.; Tiano, L.; et al. Epigallocatechin gallate as a nutraceutical to potentially target the metabolic syndrome: Novel insights into therapeutic effects beyond its antioxidant and anti-inflammatory properties. *Crit. Rev. Food Sci. Nutr.* **2022**, 1–23. [CrossRef]
- Yang, Q.Q.; Wei, X.L.; Fang, Y.P.; Gan, R.Y.; Wang, M.; Ge, Y.Y.; Zhang, D.; Cheng, L.Z.; Corke, H. Nanochemoprevention with therapeutic benefits: An updated review focused on epigallocatechin gallate delivery. *Crit. Rev. Food Sci. Nutr.* 2020, 60, 1243–1264. [CrossRef]
- 64. de Maat, M.P.; Pijl, H.; Kluft, C.; Princen, H.M. Consumption of black and green tea had no effect on inflammation, haemostasis and endothelial markers in smoking healthy individuals. *Eur. J. Clin. Nutr.* **2000**, *54*, 757–763. [CrossRef]
- 65. Sun, D.; Gao, W.; Hu, H.; Zhou, S. Why 90% of clinical drug development fails and how to improve it? *Acta Pharm. Sin. B* 2022, 12, 3049–3062. [CrossRef] [PubMed]
- 66. Quinn, T.R.; Patel, H.N.; Koh, K.H.; Haines, B.E.; Norrby, P.O.; Helquist, P.; Wiest, O. Automated fitting of transition state force fields for biomolecular simulations. *PLoS ONE* **2022**, *17*, e0264960. [CrossRef]
- 67. Cao, Y.; Li, L. Improved protein-ligand binding affinity prediction by using a curvature-dependent surface-area model. *Bioinformatics* **2014**, *30*, 1674–1680. [CrossRef]
- 68. Liu, Y.; Grimm, M.; Dai, W.T.; Hou, M.C.; Xiao, Z.X.; Cao, Y. CB-Dock: A web server for cavity detection-guided protein-ligand blind docking. *Acta Pharmacol. Sin.* **2020**, *41*, 138–144. [CrossRef]
- Guedes, I.A.; Costa, L.S.C.; Dos Santos, K.B.; Karl, A.L.M.; Rocha, G.K.; Teixeira, I.M.; Galheigo, M.M.; Medeiros, V.; Krempser, E.; Custódio, F.L.; et al. Drug design and repurposing with DockThor-VS web server focusing on SARS-CoV-2 therapeutic targets and their non-synonym variants. *Sci. Rep.* 2021, *11*, 1–20. [CrossRef]

- 70. Zhang, W.; Bell, E.W.; Yin, M.; Zhang, Y. EDock: Blind protein–ligand docking by replica-exchange monte carlo simulation. *J. Cheminform.* **2020**, *12*, 37. [CrossRef]
- 71. Eberhardt, J.; Santos-Martins, D.; Tillack, A.F.; Forli, S. AutoDock Vina 1.2.0: New Docking Methods, Expanded Force Field, and Python Bindings. J. Chem. Inf. Model. 2021, 61, 3891–3898. [CrossRef]
- 72. Andijani, N.; Wazzan, N.A. The effect of electron-donating substituents on tuning the nonlinear optical properties of pyrene-core arylamine derivatives: DFT calculations. *Results Phys.* **2018**, *11*, 605–616. [CrossRef]
- 73. Lopes, B.R.P.; da Costa, M.F.; Genova Ribeiro, A.; da Silva, T.F.; Lima, C.S.; Caruso, I.P.; de Araujo, G.C.; Kubo, L.H.; Iacovelli, F.; Falconi, M.; et al. Quercetin pentaacetate inhibits in vitro human respiratory syncytial virus adhesion. *Virus Res.* 2020, 276, 197805. [CrossRef] [PubMed]
- 74. Verma, S.; Patel, C.N.; Chandra, M. Identification of novel inhibitors of SARS-CoV-2 main protease (Mpro) from *Withania* sp. by molecular docking and molecular dynamics simulation. *J. Comput. Chem.* **2021**, *42*, 1861–1872. [CrossRef] [PubMed]
- 75. Samy, M.N.; Attia, E.Z.; Shoman, M.E.; Khalil, H.E.; Sugimoto, S.; Matsunami, K.; Fahim, J.R. Phytochemical investigation of Amphilophium paniculatum; an underexplored Bignoniaceae species as a source of SARS-CoV-2 Mpro inhibitory metabolites: Isolation, identification, and molecular docking study. S. Afr. J. Bot. 2021, 141, 421–430. [CrossRef]
- 76. Mpiana, P.T.; Ngbolua, K.-T.; Tshibangu, D.S.; Kilembe, J.T.; Gbolo, B.Z.; Mwanangombo, D.T.; Inkoto, C.L.; Lengbiye, E.M.; Mbadiko, C.M.; Matondo, A.; et al. Identification of potential inhibitors of SARS-CoV-2 main protease from Aloe vera compounds: A molecular docking study. *Chem. Phys. Lett.* 2020, 754, 137751. [CrossRef] [PubMed]
- 77. Puttaswamy, H.; Gowtham, H.G.; Ojha, M.D.; Yadav, A.; Choudhir, G.; Raguraman, V.; Kongkham, B.; Selvaraju, K.; Shareef, S.; Gehlot, P.; et al. In silico studies evidenced the role of structurally diverse plant secondary metabolites in reducing SARS-CoV-2 pathogenesis. *Sci. Rep.* **2020**, *10*, 20584. [CrossRef]
- 78. Rahman, F.; Tabrez, S.; Ali, R.; Alqahtani, A.S.; Ahmed, M.Z.; Rub, A. Molecular docking analysis of rutin reveals possible inhibition of SARS-CoV-2 vital proteins. *J. Tradit. Complement. Med.* **2021**, *11*, 173–179. [CrossRef]
- Al-Karmalawy, A.A.; Dahab, M.A.; Metwaly, A.M.; Elhady, S.S.; Elkaeed, E.B.; Eissa, I.H.; Darwish, K.M. Molecular Docking and Dynamics Simulation Revealed the Potential Inhibitory Activity of ACEIs Against SARS-CoV-2 Targeting the hACE2 Receptor. *Front. Chem.* 2021, 9, 661230. [CrossRef]
- Eweas, A.F.; Alhossary, A.A.; Abdel-Moneim, A.S. Molecular Docking Reveals Ivermectin and Remdesivir as Potential Repurposed Drugs Against SARS-CoV-2. *Front. Microbiol.* 2021, 11, 592908. [CrossRef]
- Basu, A.; Sarkar, A.; Maulik, U. Molecular docking study of potential phytochemicals and their effects on the complex of SARS-CoV2 spike protein and human ACE2. *Sci. Rep.* 2020, 10, 17699. [CrossRef]
- 82. Nguyen, T.T.; Woo, H.J.; Kang, H.K.; Nguyen, V.D.; Kim, Y.M.; Kim, D.W.; Ahn, S.A.; Xia, Y.; Kim, D. Flavonoid-mediated inhibition of SARS coronavirus 3C-like protease expressed in Pichia pastoris. *Biotechnol. Lett.* **2012**, *34*, 831–838. [CrossRef]
- Du, A.; Zheng, R.; Disoma, C.; Li, S.; Chen, Z.; Li, S.; Liu, P.; Zhou, Y.; Shen, Y.; Liu, S.; et al. Epigallocatechin-3-gallate, an active ingredient of Traditional Chinese Medicines, inhibits the 3CLpro activity of SARS-CoV-2. *Int. J. Biol. Macromol.* 2021, 176, 1–12. [CrossRef]
- 84. Golonka, I.; Wilk, S.; Musiał, W. The Influence of UV Radiation on the Degradation of Pharmaceutical Formulations Containing Quercetin. *Molecules* **2020**, *25*, 5454. [CrossRef]
- 85. Schmitz, J.; Gilberg, E.; Löser, R.; Bajorath, J.; Bartz, U.; Gütschow, M. Cathepsin B: Active site mapping with peptidic substrates and inhibitors. *Biorg. Med. Chem.* 2019, 27, 1–15. [CrossRef]
- Kawano, M.; Hwang, J. Influence of Guanidine, Imidazole, and Some Heterocyclic Compounds on Dissolution Rates of Amorphous Silica. *Clays Clay Miner.* 2010, 58, 757–765. [CrossRef]
- Murad, H.A.S.; Alqurashi, T.M.A.; Hussien, M.A. Interactions of selected cardiovascular active natural compounds with CXCR4 and CXCR7 receptors: A molecular docking, molecular dynamics, and pharmacokinetic/toxicity prediction study. BMC Complement. Med. Ther. 2022, 22, 35. [CrossRef]