



Supplementary Material

Table 1. Search words used in search engines and databases.

Search Engines / Databases	Search Words
EMBASE	 Health service* accessibility Healthcare disparit* Barrier* OR facilitator OR approachability OR appropriate* accessibility OR accessible OR availability OR affordability Social determinants of health OR socioeconomic factors OR social support OR culturally appropriate OR community participation OR financial support OR financial
Google	hardship Health care access Health care need Health services needs and demand Health care availability Delivery of health care Health care distribution Quality of healthcare
Google scholar	 Health service* accessibility Healthcare disparit* Barrier* OR facilitator OR approachability OR appropriate* accessibility OR accessible OR availability OR affordability Social determinants of health OR socioeconomic factors OR social support OR culturally appropriate OR community participation OR financial support OR financial hardship
iPortal	 Health service* accessibility Healthcare disparit* Barrier* OR facilitator OR approachability OR appropriate* accessibility OR accessible OR availability OR affordability Social determinants of health OR socioeconomic factors OR social support OR culturally appropriate OR community participation OR financial support OR financial hardship
MEDLINE	 ("Improve*" OR "Increase*") ("health care access*" OR "health access*") for ("indigenous*" OR "aboriginal*" OR "First Nation*" OR "Inuit*" OR "Metis") (Improv* OR Increas* OR Enhanc* OR Promot*) AND ("health care access*" OR "health access*" OR "health") AND (indigenous OR native OR aboriginal OR indians OR first nations) AND (in Canada) AND ("strateg*" OR "solution*")
ProQuest	 Health service* accessibility Healthcare disparit* Barrier* OR facilitator OR approachability OR appropriate* accessibility OR accessible OR availability OR affordability Social determinants of health OR socioeconomic factors OR social support OR culturally appropriate OR community participation OR financial support OR financial hardship
PubMed	• ("Improve*" OR "Increase*") ("health care access*" OR "health access*") for ("indigenous*" OR "aboriginal*" OR "First Nation*" OR "Inuit*" OR "Metis") (Improv* OR Increas* OR Enhanc* OR Promot*) AND ("health care access*" OR "health access*" OR "health") AND (indigenous OR native OR aboriginal OR indians OR first nations) AND (in Canada) AND ("strateg*" OR "solution*")

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Table 2. Articles included in the review.

Publication	Theme	Sub-topic	Mitigation Strategies
Beatty, B.B and Berdahl, L., 2011. [64]	Intermediate Barriers	Employment and income	
Beckett, M., et al., 2018. [86]	Intermediate Barriers		Health education systems; Racism and social exclusion
Browne, A.J. et al., 2016. [58]	Proximal Barriers		Insufficient numbers or retention of qualified HCP
Cameron, B.L. et al., 2014. [34]	Proximal and Distal Barriers	Education attainment; Negative bias; Racism and social exclusion	Insufficient numbers or retention of qualified HCP
Fridkin, A.J., 2012. [78]	Distal Barriers	Colonialism	
Government of Canada, 2018. Budget plan 2018 [10]	Proximal, Intermediate and Distal Barriers		Geography; education and employment; colonialism
Haddad, P.S. et al., 2012 [84]	Distal Barriers	Racism and social exclusion	
Indigenous and Northern Affairs Canada, 2017. [37]	Proximal Barriers		Education attainment
Institute for Circumpolar Health Research, 2016. [79]	Distal Barriers	Colonialism	
Interior Health Authority, 2019. [42]	Proximal Barriers		Education attainment
Inuit Tapiriit Kanatami, 2014. [21]	Proximal Barriers	Geography	
Island Health, 2016. [25]	Distal Barriers		Racism and social exclusion
Kulhawy-Wibe, S. et al. 2018 [20]	Proximal Barriers	Geography	
Lavoie, J.G., 2013. [80]	Distal Barriers		Colonialism
Lewis, M. and Myhra, L.L., 2017. [30]	Intermediate and Distal Barriers	Education attainment; Employment and income	Colonialism; Racism and social exclusion
Mathu-Muju, K.R. et al., 2017. [53]	Proximal Barriers	Insufficient numbers or retention of qualified HCP	
Matthews, R., 2017. [71]	Intermediate and Distal Barriers	Health education systems; Colonialism; Racism and social exclusion	
McCalman, J. et al., 2019. [51]	Proximal Barriers	Insufficient numbers or retention of qualified HCP	
McDonnell, L. et al., 2019. [49]	Proximal Barriers	Insufficient numbers or retention of qualified HCP	
Misfeldt, R. et. al., 2013. [54]	Proximal Barriers		Insufficient numbers or retention of qualified HCP
Nader et al., 2017. [3]	Proximal Barriers	Negative Bias	
National Collaborating Centre for Aboriginal Health, 2017. [61]	Intermediate Barriers	Employment and income	
Nelson, E., 2017. [19]	Proximal Barriers	Geography	

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O'Neil, J., et al., 2016 [83]	Distal Barriers		Colonialism
Oosterveer, T.M., and Young, T.K., 2015. [22]	Proximal Barriers	Geography; Insufficient numbers or retention of qualified HCP	
Reading, C.L., and Wien, F., 2009. [18]	Social Determinants of Indigenous People's Health Framework	-	
Restoule, B.M. et. al., 2016. [45]	Proximal and Distal Barriers		Negative bias; Colonialism
Rowan, M. et al., 2014. [85]	Distal Barriers	Racism and social exclusion	
Saskatchewan Health Authority, 2010. [35]	Proximal and Distal Barriers	Education attainment	Education attainment; Colonialism; Racism and social exclusion
Tang, S.Y. et. al., 2015. [44]	Proximal Barriers	Negative Bias	
The National Indigenous Economic Development Board, 2019. [77]	Distal Barriers	Colonialism	
Toronto Indigenous Health Advisory Circle, 2016. [81]	Distal Barriers		Colonialism
Toulouse, J., 2016. [74]	Intermediate Barriers		Health education systems
Wilk, P. et al., 2017. [43]	Proximal Barriers	Negative bias	•
Wylie, L. and McConkey, S., 2018. [4]	Proximal Barriers	Negative Bias	
Zeran,V., 2016. [75]	Intermediate Barriers		Health education systems