

Excluded Fulltext (N=79)

No.	Reference (author, year)	Motivation
1.	[1]	Application of music therapy, where no MT methods or techniques are specified.
2.	[2]	Age of participants from 47 to 82 years.
3.	[3]	Use of active music therapy.
4.	[4]	Use of individual MT sessions, no use of NMT techniques.
5.	[5]	Application of visual arts and reminiscence music.
6.	[6]	Application of receptive methods of music therapy.
7.	[7]	Application of music therapy, where no MT methods or techniques are specified.
8.	[8]	Application of musical interventions, i.e. listening to music, singing and playing instruments.
9.	[9]	Application of musical interventions combined with dance.
10.	[10]	Application of creative and receptive music therapy.
11.	[11]	Application of music-based intervention
12.	[12]	Application of music therapy, where no MT methods or techniques are specified.
13.	[13]	Application of Educational Music Therapy Interventions (song-based). Study design: a Cluster-Randomized Pilot Effectiveness Study.
14.	[14]	Application of music-based intervention.
15.	[15]	Application of rhythm-centred music making method.
16.	[16]	Study design: cross-sectional study
17.	[17]	Application of rhythm and music-based therapy. Age of participants from 50 to 75 years.
18.	[18]	Age of participants from 18 to 85 years and use of receptive music therapy.
19.	[19]	Study design: prospective randomized study and application of daily listening to experiential/traditional music.
20.	[20]	Age of participants from 41 to 62 years.
21.	[21]	Age of participants from 31 to 75 years.
22.	[22]	Participants: 16 healthy participants who reported a negative history of neurological and psychiatric problems; 20-22 year-old persons.

23.	[23]	Participants: adolescents with acquired brain injury.
24.	[24]	Study design: a single blind randomized controlled pre-/post-test; age of participants from 34 to 45 years.
25.	[25]	Application of active music therapy.
26.	[26]	Age of participants from 23 to 31 years, the use of active music therapy.
27.	[27]	Application of the Rhythm and Music Therapy (R-MT).
28.	[28]	Application of the Rhythm and Music Therapy (R-MT).
29.	[29]	Application of a single-session music intervention (SMI); comparative study.
30.	[30]	Application of music-supported therapy on a piano.
31.	[31]	Application of music therapy; healthy participants; mean age of 24 years.
32.	[32]	Study design: pilot study.
33.	[33]	Application of active music therapy.
34.	[34]	Application of receptive methods of music therapy.
35.	[35]	Application of receptive methods of music therapy; elderly surgery patients.
36.	[36]	Application of receptive methods of music therapy; elderly surgery patients.
37.	[37]	Application of receptive methods of music therapy.
38.	[38]	Healthy elderly women.
39.	[39]	Not RCT.
40.	[40]	Lack of information about the study design (not RCT); age of participants from 58 to 75 years.
41.	[41]	Application of dance therapy.
42.	[42]	Application of dance movement therapy.
43.	[43]	Participants: 28 healthy female (age of participants from 18 to 25 years).
44.	[44]	Application of music intervention before bedtime; age of participants from 50 to 75 years.

45.	[45]	Study design: A multi-center observational study; use of the “Music Care” application.
46.	[46]	Application of dance therapy.
47.	[47]	Application of dance therapy.
48.	[48]	Application of natural sounds, no NMT techniques.
49.	[49]	Study design: review.
50.	[50]	Application of music therapy, where no MT methods or techniques are specified; age of participants from 45 to 85 years.
51.	[51]	Application of music therapy as an Anti-Oppressive Practice; not strictly applicable to psychogeriatric patients.
52.	[52]	Age of participants from 14 to 60 years; Application of music therapy, where no MT methods or techniques are specified.
53.	[53]	Application of music therapy.
54.	[54]	Application of music therapy (active and receptive).
55.	[55]	Age of participants from 27 to 57 years (average age, 42 years); application of music therapy.
56.	[56]	Healthy participants.
57.	[57]	Study design: a controlled, non-randomized clinical trial; no use of NMT techniques.
58.	[58]	No use of NMT techniques in psychogeriatrics.
59.	[59]	Participants: healthy young adults.
60.	[60]	Participants: healthy young adults.
61.	[61]	Application of music intervention (active).
62.	[62]	No use of NMT techniques in psychogeriatrics.
63.	[63]	No use of NMT techniques in psychogeriatrics.
64.	[64]	No strictly psychogeriatric disorders in patients.

65.	[65]	Application of music therapy; no use of NMT techniques.
66.	[66]	No use of NMT techniques; use of the created application based on rhythmic capabilities.
67.	[67]	Study design: cross-sectional study.
68.	[68]	No use of NMT techniques in psychogeriatrics.
69.	[69]	The study is not RCT.
70.	[70]	The study is not RCT.
71.	[71]	The study is not RCT.
72.	[72]	Age of participants from 16 to 60 years.
73.	[73]	Age of participants from 33 to 76 years.
74.	[74]	The study is not RCT; Application of music therapy; no use of NMT techniques.
75.	[75]	Age of participants (mean age) 21.27 ± 2.74 years; Information about the design of the study being inspired by NMT techniques. The study is not RCT.
76.	[52]	The patients received a combination of music and auditory stimulation; no use of NMT techniques.
77.	[76]	No use of NMT techniques. Interventions for people with dementia in residential aged care: group music therapy (GMT) and recreational choir singing (RCS).
78.	[77]	Age of participants from 40 to 80 years. Insufficient information on interventions that do not allow a clear statement on the use of the NMT sensorimotor technique.
79.	[78]	The average age of the patients was 49.78 (SD = 15.55) years; no use of NMT techniques.

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