

Table S1

**Provider Deprescribing Focus Group Questions
May 2020**

Topic and/or Question
<p>Q1. When prescribing opioids for older adults (65+), what do you take into consideration?</p> <ul style="list-style-type: none"> • [PROBE] Patient goal(s)? • [PROBE] Family goal(s)? • [PROBE] Provider goal(s)? • [PROBE] What indications? • [PROBE] Safety vs effectiveness (risks vs benefits)
<p>Q2. What do you tell your patients when starting an opioid for the first time?</p> <ul style="list-style-type: none"> • [PROBE] Appropriate use • [PROBE] Length of therapy • [PROBE] Safety vs effectiveness (risks vs benefits)
<p>Q3. What do you tell your patients when refilling an opioid prescription?</p>
<p>Q4. Have you ever weaned a patient from an opioid, and if so, what was that experience like?</p> <ul style="list-style-type: none"> • [PROBE] How did you initiate that conversation with the patient? • [PROBE] What, if anything, do you wish you had done differently?
<p>Q5. When prescribing benzodiazepines for older adults (65+), what do you take into consideration?</p> <ul style="list-style-type: none"> • [PROBE] Patient goal(s)? • [PROBE] Family goal(s)? • [PROBE] Provider goal(s)? • [PROBE] What indications? • [PROBE] Safety vs effectiveness (risks vs benefits)
<p>Q6. What do you tell your patients when starting a benzodiazepine for the first time?</p> <ul style="list-style-type: none"> • [PROBE] Appropriate use • [PROBE] Length of therapy • [PROBE] Safety vs effectiveness (risks vs benefits)
<p>Q7. What do you tell your patients when refilling a benzodiazepine prescription?</p>
<p>Q8. Have you ever weaned a patient from a benzodiazepine, and if so, what was that experience like?</p> <ul style="list-style-type: none"> • [PROBE] How did you initiate that conversation with the patient? • [PROBE] What, if anything, do you wish you had done differently?
<p>Q9. What advice, if any, would you give a fellow provider about weaning a patient from opioids or benzodiazepines?</p>
<p>Q10. What kind of a prompt would you find useful in your electronic medical record to assist you with de-prescribing opioids and/or benzodiazepines?</p>
<p>Q11. Would you consider implementing this in your practice?</p>

<ul style="list-style-type: none">• [PROBE] What are your thoughts on this guideline?• [PROBE] What resources would be needed?• [PROBE] What, if anything, would get in the way of implementing this?
Q12. Which pharmacological alternative therapies do you feel the most comfortable recommending for pain management?
Q13. Which pharmacological alternative therapies do you feel the most comfortable recommending for anxiety?
Q14. Which pharmacological alternative therapies do you feel the most comfortable recommending for sleep/insomnia?
Q15. Which non-pharmacological alternatives do you feel the most comfortable recommending for pain management?
Q16. Which non-pharmacological alternatives do you feel the most comfortable recommending for anxiety?
Q17. Which non-pharmacological alternatives do you feel the most comfortable recommending for sleep/insomnia?
Q18. What advice, if any, would you give a fellow provider about recommending alternatives therapies for pain management, anxiety, or sleep?
Q19. What training(s) in alternative therapies (other than medications) would be helpful for pain management, anxiety reduction, and/or sleep management?
Q20. Is there something you'd like to discuss that we haven't talked about?