

Table S1

Provider Deprescribing Focus Group Questions
May 2020

| Topic and/or Question |
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| Q1. When prescribing opioids for older adults (65+), what do you take into consideration? <ul style="list-style-type: none"> • [PROBE] Patient goal(s)? • [PROBE] Family goal(s)? • [PROBE] Provider goal(s)? • [PROBE] What indications? • [PROBE] Safety vs effectiveness (risks vs benefits) |
| Q2. What do you tell your patients when starting an opioid for the first time? <ul style="list-style-type: none"> • [PROBE] Appropriate use • [PROBE] Length of therapy • [PROBE] Safety vs effectiveness (risks vs benefits) |
| Q3. What do you tell your patients when refilling an opioid prescription? |
| Q4. Have you ever weaned a patient from an opioid, and if so, what was that experience like? <ul style="list-style-type: none"> • [PROBE] How did you initiate that conversation with the patient? • [PROBE] What, if anything, do you wish you had done differently? |
| Q5. When prescribing benzodiazepines for older adults (65+), what do you take into consideration? <ul style="list-style-type: none"> • [PROBE] Patient goal(s)? • [PROBE] Family goal(s)? • [PROBE] Provider goal(s)? • [PROBE] What indications? • [PROBE] Safety vs effectiveness (risks vs benefits) |
| Q6. What do you tell your patients when starting a benzodiazepine for the first time? <ul style="list-style-type: none"> • [PROBE] Appropriate use • [PROBE] Length of therapy • [PROBE] Safety vs effectiveness (risks vs benefits) |
| Q7. What do you tell your patients when refilling a benzodiazepine prescription? |
| Q8. Have you ever weaned a patient from a benzodiazepine, and if so, what was that experience like? <ul style="list-style-type: none"> • [PROBE] How did you initiate that conversation with the patient? • [PROBE] What, if anything, do you wish you had done differently? |
| Q9. What advice, if any, would you give a fellow provider about weaning a patient from opioids or benzodiazepines? |
| Q10. What kind of a prompt would you find useful in your electronic medical record to assist you with de-prescribing opioids and/or benzodiazepines? |
| Q11. Would you consider implementing this in your practice? |

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| <ul style="list-style-type: none">• [PROBE] What are your thoughts on this guideline?• [PROBE] What resources would be needed?• [PROBE] What, if anything, would get in the way of implementing this? |
| Q12. Which pharmacological alternative therapies do you feel the most comfortable recommending for pain management? |
| Q13. Which pharmacological alternative therapies do you feel the most comfortable recommending for anxiety? |
| Q14. Which pharmacological alternative therapies do you feel the most comfortable recommending for sleep/insomnia? |
| Q15. Which non-pharmacological alternatives do you feel the most comfortable recommending for pain management? |
| Q16. Which non-pharmacological alternatives do you feel the most comfortable recommending for anxiety? |
| Q17. Which non-pharmacological alternatives do you feel the most comfortable recommending for sleep/insomnia? |
| Q18. What advice, if any, would you give a fellow provider about recommending alternatives therapies for pain management, anxiety, or sleep? |
| Q19. What training(s) in alternative therapies (other than medications) would be helpful for pain management, anxiety reduction, and/or sleep management? |
| Q20. Is there something you'd like to discuss that we haven't talked about? |