

Article

Molecular Assessment of Genetic Diversity and Genetic Structure of *Rhanterium epapposum* Oliv. in Scarce Populations in Some Regions of Western Saudi Arabia

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Abstract: *Rhanterium epapposum* Oliv. is a perennial medicinal shrub growing mainly in desert habitats in the Arabian Peninsula. In western Saudi Arabia, the remaining few populations of this species are exposed to many threats, including overcutting, overgrazing, and recently, increasing human activities. These threats are predicted to be exacerbated by the advancement of aridification caused by climate change. The conservation and recovering of the diminished populations of *R. epapposum* necessitate measurement of their genetic diversity and genetic differentiation. To accomplish this objective, we tested 150 simple sequence repeat (SSR) primer pairs, with which 40 polymorphic loci were identified. These polymorphic loci were used to determine the population genetics of 540 plant accessions sampled from a total of 45 populations of *R. epapposum* located in 8 sites in western Saudi Arabia: Wadi Khurieba, Wadi Al Khamas, Gebel Al Twaal, Al Asaafer, Wadi ALHamda, Wadi Al Nassayeif, Wadi Qaraba, Wadi Kuliayah, and Wadi Dahban. Low levels of genetic diversity were found in all populations (the values of the *PPL* ranged between 52.5 and 15) along with a declined value of H_T (0.123) and a considerable inbreeding value ($F = 0.942$), which confirmed a noticeable shortage of heterozygotes. High genetic differentiation among the populations and a low value of gene flow are indicative of high isolation among the *R. epapposum* populations, which has caused a severe deficiency in gene migration. The data obtained herein inspire several recommendations for conservation and retrieval of the existing populations, including seed banks, restoration of diminished populations, and monitoring and prevention of cutting and grazing activities at threatened sites. All of these measures are urgently required to avoid imminent extinction.



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Keywords: *Rhanterium epapposum*; conservation; populations; genetic diversity; Rabigh

1. Introduction

Rhanterium epapposum Oliv. (Asteraceae) is a medicinal and persistent shrub growing in xeric habitats of north-western Africa and the Arabian Peninsula. *R. epapposum* is the only species of its genus found and disseminated throughout Saudi Arabia [1]. Its dried leaves are applied as a spice in food preparation. Local inhabitants collect it for fuel during outdoor picnics when other woody trees are unavailable. In folk medicine, it is a good cure for skin contaminations and gastrointestinal pains. In Sudan and some Afro-Asian regions, it is well-known as an insecticide [2]. It also serves as good fodder for camels and sheep. The species favours sand dunes and hillsides.

Rhanterium epapposum populations are limited mainly to valleys, low-level plains, and medium-level mountains in western Saudi Arabia. The apparent smallness of *R. epapposum* populations could be due to the elevated contemporary arid environmental conditions in the region [3]. Human-driven impacts, in addition to cumulative climate change factors [4,5], are

expected to cause a further decline in the population sizes of *R. epapposum* and other important plant species in desert habitats such as the Arabian Peninsula.

Rhanterium epapposum plants may be subject to low genetic diversity as a result of coincided genetic drift, which is a major reason for depleted fitness and the diminished ability of some populations to adapt to environmental changes [6–8]. Therefore, explicating the genetics and structure of the plant populations of *R. epapposum* is necessary to conserve and retrieve this plant species [9], and may contribute to the conservation of other plant species [10].

The main concern for plant species with small population sizes is their ability to perform outcrossing and pursue successful reproduction in extreme arid habitats. For *R. epapposum*, its self-incompatible mating system is considered an extra limitation affecting its persistence [11]. As a member of the family Asteraceae, its floral structure is recognizable by the variable structure of the style papillae, which is categorized as both receptive and non-receptive and is considered to promote outcrossing [12].

Plant populations in xeric habitats with this reproductive system are enduring threats to their survival, including deficiencies in polymorphic genes, genetic drift, and inbreeding [13,14]. Because of co-occurring climate change and over-exploitation of natural resources, many plant populations in the western valleys of the Arabian Peninsula, including *R. epapposum*, are now confronted with the threat of extinction, due to collapses in population size and the subsequent erosion of genetic diversity. For assessing genetic diversity and genetic structure, microsatellite DNA loci are considered to be among the most reliable markers; they offer a precise measure of genetic variation because of their ability to reveal variable repeat regions of the genome. They are referred to as co-dominant genetic markers [15]. Moreover, microsatellite DNA was applied successfully to measure genetic diversity in other rare and wild plant species [10,16,17].

The present study represents an insight into the distribution, genetic diversity, and genetic structure of *R. epapposum* utilizing microsatellite loci. The resulting data on the inbreeding levels within *R. epapposum* populations constitute necessary information for design conservation strategies. The proposed genetic analyses of this species will also support the preservation of its genetic diversity.

2. Materials and Methods

2.1. Plant Material

Forty-five populations of *R. epapposum* were sampled from nine sites in the valleys and mountains in certain western regions of Saudi Arabia (Table 1, Figure 1). Five populations were chosen for sampling from each site. The largest population sampled, with 67 individuals, was the Gtwl 3 population on the Gebel (mountain) Al Twaal site, a mountainous region located north of Rabigh city (Figure 1). The remaining populations contained numbers of individuals ranging between 17 and 66. The lowest number of individuals was 15, recorded for the Wdah 1 population in the Wadi (valley) Dahban site, located to the north of Jeddah city.

Table 1. Sites and population information: acronyms used to refer for populations, coordinates of sites, and population size of the twenty known populations of *R. epapposum* in a region of western Saudi Arabia.

Population Site	Population Acronym	Longitude (E)	Latitude (N)	Total No. of Individuals
Wadi Khurieba	Wkhb 1	39°3'12.6252"	23°5'21.2892"	66
	Wkhb 2			63
	Wkhb 3			58
	Wkhb 4			60
	Wkhb 5			52

Table 1. *Cont.*

Population Site	Population Acronym	Longitude (E)	Latitude (N)	Total No. of Individuals
Wadi Al Khamas	Wkhm 1	39°6'18"	22°48'10.8"	42
	Wkhm 2			36
	Wkhm 3			38
	Wkhm 4			32
	Wkhm 5			33
Gebel Al Twaal	Gtwl 1	39°3'39.6"	23°2'20.4"	57
	Gtwl 2			49
	Gtwl 3			67
	Gtwl 4			59
	Gtwl 5			53
Wadi Al Asaafer	Wasf 1	23°2'17.016"	39°7'15.6"	49
	Wasf 2			42
	Wasf 3			45
	Wasf 4			52
	Wasf 5			44
Wadi Qaraba	Wqrb 1	22°36'50.4"	39°13'48"	63
	Wqrb 2			55
	Wqrb 3			57
	Wqrb 4			44
	Wqrb 5			49
Wadi ALHamda	Whmd 1	23°3'45.72"	39°16'22.8"	22
	Whmd 2			39
	Whmd 3			37
	Whmd 4			28
	Whmd 5			31
Wadi Al Nassayeif	Wnsf 1	23°31'15.6"	38°51'43.2"	26
	Wnsf 2			28
	Wnsf 3			29
	Wnsf 4			19
	Wnsf 5			22
Wadi Kuliayah	WKul 1	22°26'13.2"	39°10'47.28"	27
	WKul 2			25
	WKul 3			33
	WKul 4			22
	WKul 5			19
Wadi Dahban	Wdah 1	21°57'3.6"	39°11'37.32"	15
	Wdah 2			17
	Wdah 3			21
	Wdah 4			19
	Wdah 5			25

From each population, 12 plants were chosen for genotyping analyses using 40 microsatellite loci. After cutting, between one and three leaves were directly immersed in liquid nitrogen in 50 mL labelled falcon tubes and were preserved in a $-20\text{ }^{\circ}\text{C}$ freezer until DNA extraction.

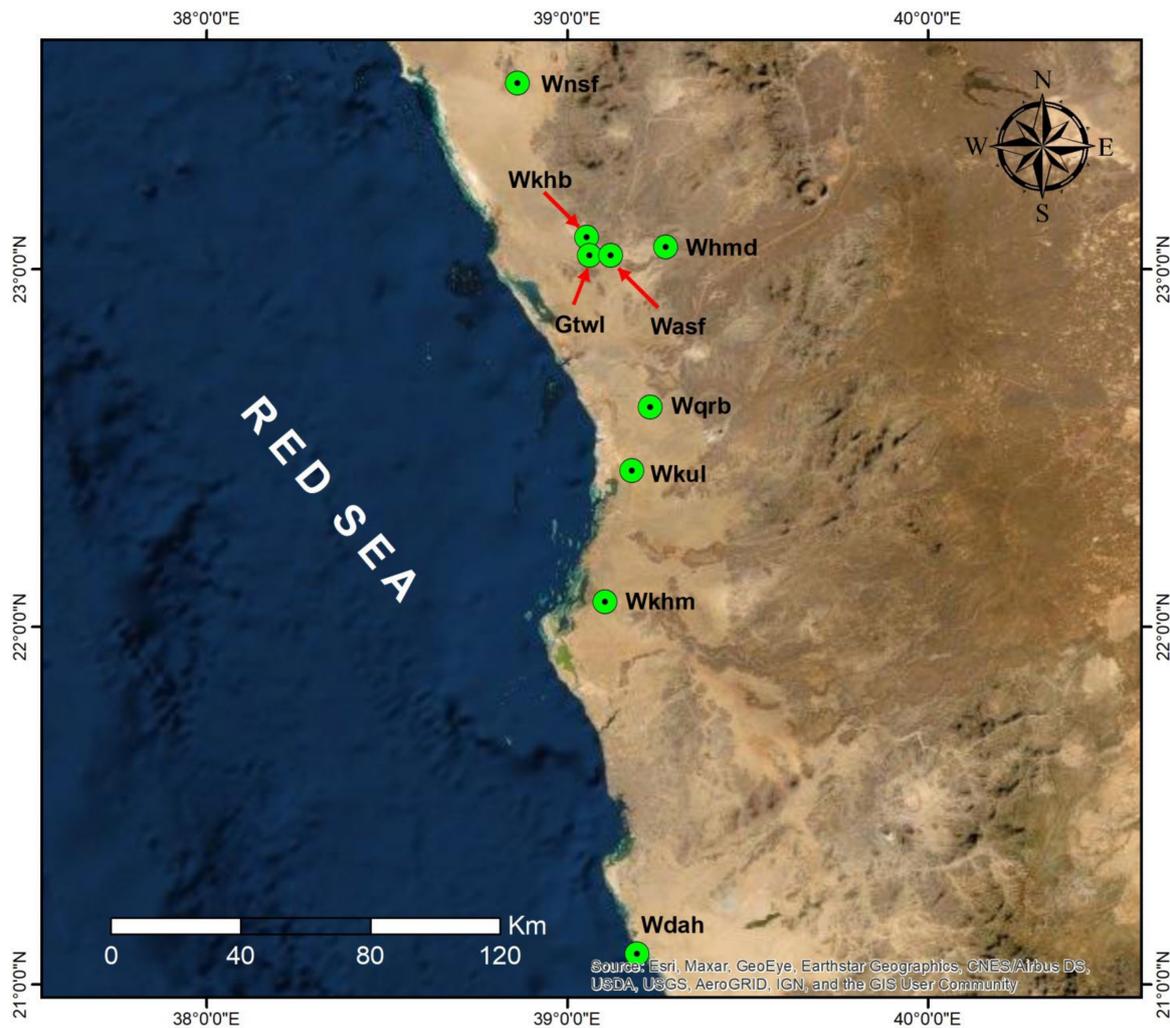


Figure 1. The studied locations of the existing populations of *R. epapposum*.

2.2. Genomic DNA Isolation and PCR Amplification

DNA was isolated from leaf samples collected from a total of 540 plant accessions by a DNeasy Plant Mini Kit (Qiagen, Hombrechtikon, Switzerland). A total of forty-four primers were tested for polymorphisms, using published primers that were successfully designed and tested for other related species in the family Asteraceae [18–20]. Forty loci exhibiting polymorphisms were tested for each individual (Table 2). PCR reactions were performed with a master mix of 25 μ L containing 2.5 μ L of 10 \times reaction buffer, 1 μ L of $MgCl_2$ (50 mM), 0.5 μ L of a dNTP mix, 0.2 μ L of a forward primer (including the M13-tail (10 μ M)), 0.5 μ L of a reverse primer (10 μ M), 0.5 μ L of the universal M13 primer (10 μ M) labelled with a fluorophore (FAM, NED, VIC, or PET), 0.1 μ L of Taq DNA polymerase (Dream Tag, Fermentas; 50 U/ μ L), 1.0 μ L of bovine serum albumin (20 mg/mL), 1.0 μ L of 10 ng/ μ L genomic DNA, and dH₂O up to the final volume. All the PCRs were conducted as singleplex assays with a C1000 Thermal Cycler (BioRad, Hercules, CA, USA). The reactions were conducted under the following conditions: initial denaturation at 94 $^{\circ}$ C for 5 min; 50 cycles at 94 $^{\circ}$ C for 35 s, 50 cycles at 55 $^{\circ}$ C for 40 s, and 50 cycles at 72 $^{\circ}$ C for 50 s; 8 cycles at 94 $^{\circ}$ C for 30 s, 8 cycles at 53 $^{\circ}$ C for 45 s, and 8 cycles at 72 $^{\circ}$ C for 1 min; and a final extension step at 72 $^{\circ}$ C for 5 min. The fluorescently tagged PCR products were tested in multiplexes on a 3130xl Genetic Analyzer (Applied Biosystems, Foster City, CA, USA) with LIZ500 (Applied Biosystems, Foster City, CA, USA) as a size standard. The Electropherograms of amplified fragments were detected using GeneMapper 4.0 (Applied Biosystems, Foster

City, CA, USA), and the lengths of the amplified fragments ranged from 112 to 300 bp in accordance with Arif et al., 2010 [21].

Table 2. Status of SSR primers used.

Marker		Ta(°C)	SSR Motif	Size of PCR Products	References
Mm 01	F: CGAAATTGCCCTCTTCTTCC R: TCCTCCAGCTTCTCTTCAA	60	(CA) ₁₅ (CT) ₈	188–211	[18]
Mm 02	F: GCGGGAACGGATAGTTACAA R: TCGTGTCTCTCGATGTCA	56	(AC) ₈ (TC) ₂	187–203	
Mm 05	F: GCGGGAACGGATAGTTACAA R: TCGTGTCTCTCGATGTCA	62	(CT) ₆ AAAAA(CA) ₉	183–186	
Mm 07	F: TGGTTCTTATTGAGCCCAATC R: TCGGTTATCGCAATAATAAATGG	56	(CATA) ₃ (CA) ₆ (CATA) ₄₄	143–284	
Mm 12	F: TGTTGGAGACTTTGGTTGAGA R: TTTGCATAGTTAGTGAAAACCTCACA	60	(CG) ₅ (CA) ₆	156–161	
Mm 15	F: TCATGGTTGCCTGTAAACGA R: TGAAACTGTGCTATGATGAAACG	62	(TA) ₃ (TG) ₉ (TA) ₃	214–223	
Mm 18	F: TCACCCAAAACATAAAAAGCTTGA R: AAATCACCATCAAACCTCATCCA	63	(GT) ₁₀ AAC(GT) ₅	200–249	
Mm 19	F: CGGCCACTTCTTTATTCAGC R: CCATGCACACACACAAGGTT	62	(GT) ₁₀	229–241	
Mm 20	F: TCATTTCAGCCCAAATCACA R: CATTTCCTCCCTCTATATGIATAIGTC	62	(CA) ₇ CC(CA) ₅	162–165	
Mm 21	F: GCGATGGTTTTAGGGGTTTT R: GACCCTACAACAAGGGACGA	60	(GT) ₆ TT(GT) ₂	161–164	
Mm 27	F: CTTGATTGCACCAGCAACAG R: CCACATGCATCAACCATAA	60	(TG) ₈	208–222	
Mm 31	F: AAAGGTGGTGCTTGTGTAGTTG R: TTGGGTCACGTTTGATTGA	62	(TG) ₇	207–216	
MmESP03	F: TGGACATCATTTCCTCTACCA R: ATGTTCCAATGGGCTGTCTC	60	(AG) ₆	233	[19]
MmESP06	F: AGTTTTTCGCCTCTGCACAC R: CATCGTCTCCACCTTTCACA	60	(AC) ₁₂	239	
MmESP09	F: TTTGGCCAGGTCTCAAATTC R: CCAACCCAAGGATGAGATTG	60	(AC) ₁₁	102	
MmESP11	F: AACTCTCCGGTGACAACCAC R: TTAGACCGCTTGCCCTTTGTT	60	(CCA) ₇	125	
MmESP12	F: CCAAAGTCTGTGGTGTGCAG R: AGATTGTAAGCCTGGCGATG	60	(CCA) ₆	258	
MmESP13	F: AGGGTTTGATTTGTCCACA R: GCTGTTGAAGTGCGAAATGA	60	(CAC) ₈	224	
MmESP14	F: CACTTCAATGGCTTCCACCT R: CTTACGATTTTIGCGGGATTG	60	(TCA) ₆	153	
MmESP19	F: GCCGGTAACTCTCTCAACCA R: GGAGACAAGAGACGCCGTAG	60	(CTT) ₁₂	268	
MmESP21	F: CCGTGACGAGAAAACAACCTCA R: ATTTACCGACGACGGAGATG	60	(GAT) ₆	208	
MmESP23	F: CTGTGCCTTGTTTTGCTTCA R: TGAGCTTTTGGGGAAGAAGA	60	(ATG) ₆	182	
MmESP25	F: TGTACGCAAAAACACACTCA R: ACGAACTTAAACGGCACGTC	60	(CTCAT) ₅	269	
MmESP28	F: AGCTCCCTCCGACTCATTIT R: TCAGAGCTTTCACATGGTCGT	60	(AC) ₉ (TC) ₆	267	
MmESP30	F: ATTCACGACGACTTCCCTCA R: CCCAGAACCCTAAACACCAA	60	(TC) ₁₀	207	
MmESP35	F: AAAATGGGCAACTGTCAAGC R: CACGAAGACGTGATTGGTG	60	(ACC) ₆	244	
MmESP37	F: TTGTAGTGCTTTCCGGTGTG R: GAGGAGAGTAAACCGGTGGAG	60	(CAC) ₅	191	
MmESP40	F: TTGCCATTTTGTGTGCTGTG R: TCCAAGGGGCATATCCATAC	60	(TAC) ₆	189	
Cl3	F: TGATTCCCCATCATCGAATAATA R: TCCTATCTTCTCTCCGTTTCCAT	58	(TAA) ₆	166–202	[20]
Cl12	F: AATCACTTCACCATGAGGATGAC R: ACAGGAAGGGTTCAAAAATCCTA	58	(CCA) ₆	207–216	

Table 2. Cont.

Marker		Ta(°C)	SSR Motif	Size of PCR Products	References
Cl23	F: AATAGGCTTTTCACCTTTTCCTC R: TTGATTGGTAGTTGAAAACTTGC	59	(TAT) ₇	159–162	
Cl28	F: CACACACTATAACCACAAACTCGAT R: CTCCACCACACCATAAGATGAA	60	(AG) ₁₀	220–244	
Cl42	F: TTCTTTCACAATCGTTCATTTC R: GATCACCTGCTAAAAATCACGAAC	60	(TTA) ₆	227–230	
Cl52	F: TGGTTCTAGTCTTAACACGTGGG R: ACAACTCCCCTGTATCCAAAAAT	60	(AAT) ₆	214–220	
Cl76	F: GCTCCAGTTTCACCTAGAAAGAA R: TCACACAATATTTCTAAAACTACATCAA	60	(GAT) ₆	212–245	
Cl84	F: AACCGTTGTTTGATTACACTCGT R: AGAAGGTTTCTGAACTTGGAGG	60	(GAT) ₆	140–155	
Cl92	F: TGGATCACCGTTTCTTCTTAAA R: ACCACCTATTCCAACATCTTCT	60	(AGC) ₆	103–112	
Cl95	F: TCAAAGTACACATCACTACCCCA R: AATAAGAAGAAGAAATGGCGGG	60	(AT) ₁₀	160–172	
Un6	F: TAATGGGCTCAGTAACACCTCTG R: ATCACGATCGAAAACAGAAAC	60	(AGA) ₆	116–122	
Un23	F: TCTTGGAACATGGAGATCAACT R: GAAGAGTGCACGAGTTCAGTAGG	58	(TCA) ₆	130–139	

2.3. Population Genetic Analysis

The measurement of the parameters of genetic diversity, genetic structure, and inbreeding was conducted using GenAlEx 6.1 [22]. The genetic differentiation among the populations was computed with R_{ST} , corresponding to F_{ST} developed for microsatellite loci [23]. The genetic structure of *R. epapposum* populations was assessed by AMOVA (999 permutations)[24,25]. The number of migrants per generation that performed successful reproduction (Nm) was determined by the private allele method [26]. The established heterozygosity (H_o), the expected heterozygosity (H_e) under Hardy–Weinberg equilibrium, and Wright’s fixation index ($F = 1 - H_o/H_e$) were evaluated for each locus in each population to test deviations from the Hardy–Weinberg equilibrium, which determines inbreeding. UPGMA dendrogram and principal component analysis (PCA) were implemented using PAST 4.02 [27] based on the following genetic diversity variables: number of alleles N_a , number of effective alleles N_e , Shannon information index I , number of private alleles, the expected heterozygosity (H_e), heterozygosity (H_o), and percentage of polymorphic loci (P).

3. Results

A total of 40 loci exhibited polymorphisms. The percentage of polymorphic loci (Table 3) was at its highest value (52.5) in the Wkhh 1 population in Khurieba, while the lowest percentage of polymorphic loci (15) was found in the Wdah 2 population in Wadi Dahban. High selfing was suggested by our results for *R. epapposum*, as the average fixation index (F) was equal to 0.587, confirming an explicit deficit of heterozygotes (Table 3).

The mean number of alleles per locus (N_a) ranged between 1.75 (Wkhh 1 population) and 1.225 (Wdah 2 population). The means of the number of effective alleles per locus (N_e), Shannon index (I), and expected heterozygosity (H_e) varied from 1.492, 0.369, and 0.229 in the Wkhh1 population, respectively, to 1.108, 0.085, and 0.047 in the Wdah 2 population, respectively (Table 3). The average total heterozygosity (H_T) for all the loci and populations was 0.123.

Table 3. The mean values of the of genetic diversity variables across the studied populations of *R. epapposum*: N_a (no. of different alleles), N_e (no. of effective alleles), I (Shannon's information index), no. private alleles (no. of alleles unique to a single population), H_e (expected heterozygosity), P (the percentage of polymorphic loci), and F (fixation index) in the twenty studied populations of *R. epapposum*.

Population	N_a	N_e	I	No. of Private Alleles	H_e	$P\%$	F
Wkhb 1	1.750	1.492	0.369	0.250	0.229	52.50	0.455
Wkhb 2	1.575	1.353	0.264	0.200	0.162	37.50	0.555
Wkhb 3	1.675	1.391	0.304	0.375	0.184	42.50	0.297
Wkhb 4	1.725	1.404	0.291	0.125	0.170	42.50	0.520
Wkhb 5	1.675	1.429	0.284	0.275	0.166	37.50	0.450
Wkhh 1	1.300	1.180	0.144	0.050	0.088	22.50	0.464
Wkhh 2	1.350	1.187	0.167	0.050	0.105	27.50	0.544
Wkhh 3	1.625	1.377	0.261	0.025	0.151	30.00	0.719
Wkhh 4	1.325	1.177	0.130	0.000	0.075	17.50	0.792
Wkhh 5	1.625	1.277	0.241	0.000	0.143	37.50	0.675
Gtwl 1	1.725	1.430	0.330	0.175	0.201	47.50	0.094
Gtwl 2	1.675	1.452	0.303	0.250	0.180	40.00	0.607
Gtwl 3	1.425	1.231	0.177	0.225	0.105	32.50	0.452
Gtwl 4	1.600	1.378	0.267	0.100	0.161	35.00	0.769
Gtwl 5	1.400	1.265	0.183	0.200	0.111	22.50	0.592
Wasf 1	1.600	1.422	0.251	0.025	0.144	27.50	0.597
Wasf 2	1.550	1.405	0.233	0.075	0.132	25.00	0.705
Wasf 3	1.625	1.449	0.269	0.050	0.154	27.50	0.408
Wasf 4	1.650	1.475	0.257	0.100	0.137	25.00	0.540
Wasf 5	1.600	1.425	0.228	0.025	0.123	22.50	0.962
Wqrb 1	1.550	1.388	0.243	0.100	0.141	27.50	0.633
Wqrb 2	1.675	1.459	0.293	0.025	0.170	35.00	0.812
Wqrb 3	1.550	1.355	0.231	0.000	0.132	27.50	0.968
Wqrb 4	1.425	1.289	0.180	0.025	0.102	20.00	0.905
Wqrb 5	1.400	1.276	0.183	0.025	0.107	20.00	0.728
Whmd 1	1.525	1.343	0.235	0.100	0.139	30.00	0.321
Whmd 2	1.500	1.327	0.217	0.075	0.125	27.50	0.745
Whmd 3	1.375	1.266	0.169	0.025	0.100	20.00	0.691
Whmd 4	1.475	1.324	0.225	0.050	0.136	30.00	0.775
Whmd 5	1.375	1.256	0.167	0.050	0.097	20.00	0.692
Wnsf 1	1.575	1.368	0.247	0.025	0.144	30.00	0.306
Wnsf 2	1.375	1.214	0.159	0.000	0.092	22.50	0.511
Wnsf 3	1.375	1.257	0.180	0.000	0.111	25.00	0.777
Wnsf 4	1.375	1.250	0.177	0.000	0.109	25.00	0.836
Wnsf 5	1.350	1.204	0.153	0.025	0.090	22.50	0.848
WKul 1	1.325	1.205	0.142	0.075	0.084	20.00	0.122
WKul 2	1.325	1.198	0.141	0.000	0.083	20.00	0.722
WKul 3	1.300	1.189	0.129	0.075	0.076	17.50	0.491
WKul 4	1.325	1.188	0.136	0.025	0.079	20.00	0.822
WKul 5	1.300	1.198	0.135	0.025	0.080	17.50	0.968
Wdah 1	1.475	1.273	0.200	0.450	0.116	27.50	0.278
Wdah 2	1.225	1.108	0.085	0.250	0.047	15.00	0.962
Wdah 3	1.300	1.144	0.121	0.200	0.070	20.00	0.416
Wdah 4	1.350	1.180	0.139	0.150	0.082	22.50	0.738
Wdah 5	1.350	1.228	0.157	0.275	0.092	20.00	0.329
Overall mean	1.481	1.304	0.209	0.103	0.123	27.44	0.587

The cluster analysis is shown on a UPGMA dendrogram (Figure 2) subdivided into three main clusters. The first cluster, C.A., included all populations from Wadi Khurieba, as well as three populations from Gebel Al Twaal (Gtwl 1, Gtwl 2, and Gtwl 4), which exhibited the highest means of genetic variables; the remaining populations were distributed in the second cluster, C.B. and the third cluster, C.C. The second cluster contained three populations from the Wadi ALHamda site (Whmd 1, Whmd 2, and Whmd4) and two populations from the Wadi Al Khamas site (Wkhh 2 and Wkhh 3). The last cluster, C.C., had four populations from Wadi Dahban (Wdah 2, Wdah 3, Wdah 5, and Wdah 4), all the sampled populations of the Wadi Kuliayah site, three populations from the Wadi Al Nassayeif site (Wnsf 2, Wnsf 3, and Wnsf 4), and three populations from the Wadi Al Asafer site (Wasf 2, Wasf 4, and Wasf 5), these sites showing the lowest values of genetic

diversity variables and being geographically isolated from Wadi Khurieba and Gebel Al Twaal.

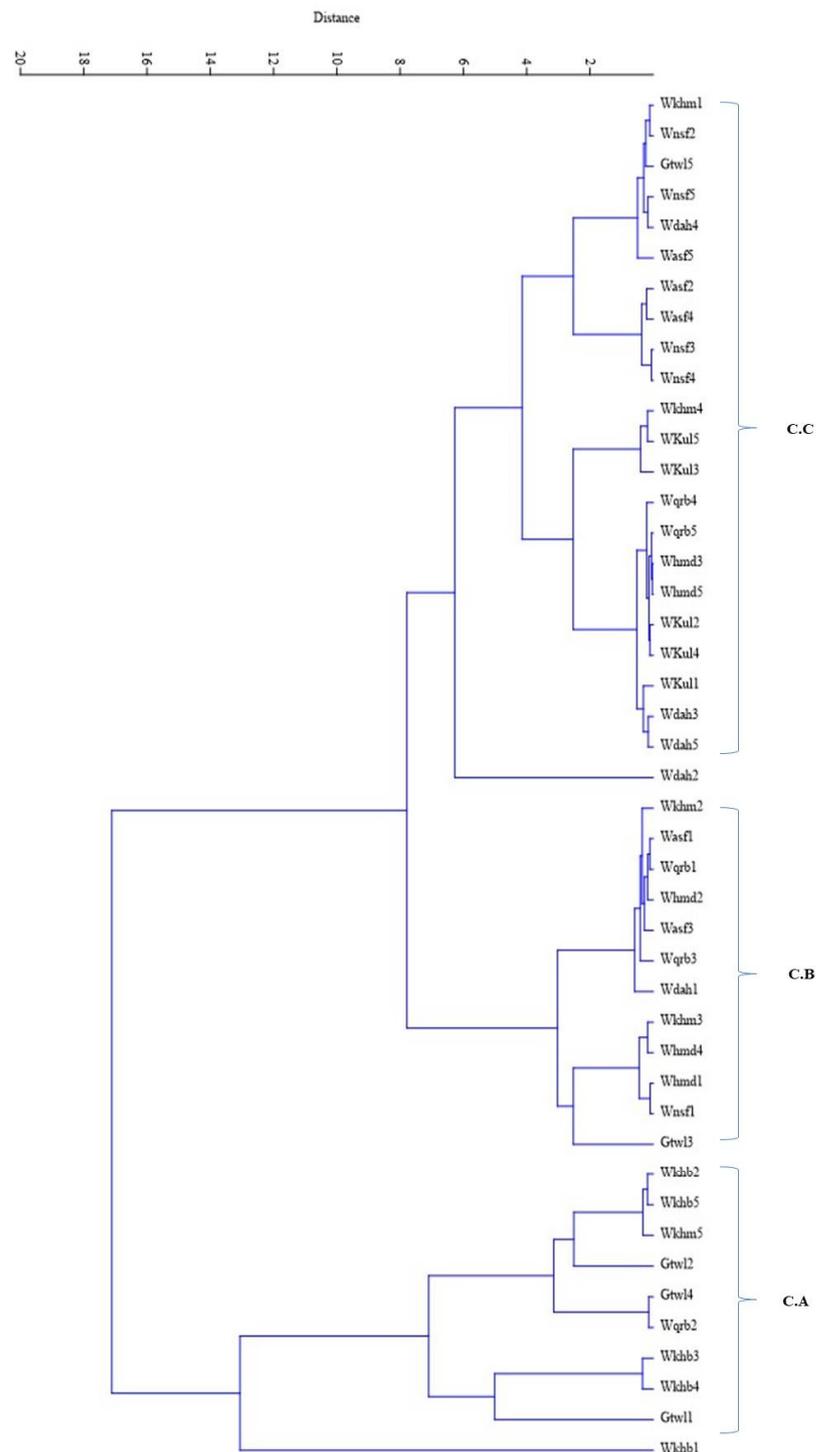


Figure 2. UPGMA dendrogram for the 20 populations of *R. epapposum*.

The PCA results (Figure 3) showed three out of seven principal components were significant (Eigen value >1) and contributed 99.9% of the total variation. The three significant components were N_a , accounting for 73.4, F , accounting for 6.9, and P , accounting for 4.9. The PCA explains the variance among the studied sites, and it categorized the *R. epapposum* populations into four groups. Group PCA-I included the populations from Wadi Khurieba

inbreeding, which worsens the problem of the polymorphic allele loss due to the ambient environmental circumstances [32–34].

The pattern of genetic diversity distribution among the studied locations showed substantial variability, with a relatively moderate polymorphism determined in the populations of Wadi Khurieba, Gebel Al Twaal, Wadi Qaraba, and Wadi Al Khamas, which could be explained by the relative abundance of water reserves in these regions. Wadi Khurieba is situated to the south of Bany Ayoub Mountain, where many water aggregations are available from frequent inundations of rain in this site. The small gorges in Gebel Al Twaal (700–900 m a.s.l) permit the growth of plant populations, as they have access to more water. Wadi Qaraba and Wadi Al Khamas are low-level valleys with more water reserves, permitting the growth of many plant populations. Al-Gharaibeh et al. 2017 [35] mentioned the same relationship between the maintenance of genetic diversity in the populations of other plant species and water accessibility and altitude in the desert.

The PCA confirmed the relationship between the proportion of genetic diversity and the availability of water resources. The populations with higher polymorphisms were grouped in the PCA-I group, which included populations from Wadi Khurieba, Gebel Al Twaal, and Wadi Qaraba.

The high inter-population genetic differentiation values obtained by AMOVA analysis is inferred as relating to the high isolation among the studied sites. The main factors leading to this isolation can be summarized in terms of local human activities, including overcutting and severe overgrazing by camels and sheep, which increases during spring time, as these herds are transported by their owners from drier regions during this season [36]. Moreover, water resources are subjected to overuse due to current industrial developments [3,37].

Greater declines in existing population size and further isolation are expected with co-occurring higher temperatures and drier conditions, which are evident in the decreasing frequency of rain in these regions [4,5]. Moreover, the prolonged effect of high temperature could impose extra strain on the reproductive potential of *R. epapposum* flowers, as it has a negative effect on pollination and will thus likely increase the possibility of selfing [38].

Despite the fact that the morphology and size of the *R. epapposum* fruit of the achene type, with its membranous cover, facilitate its dispersal over long distances, a noticeably low level of gene migration among existing populations in the current study suggests that the extensive anthropogenic and climatic causes of isolation have contributed to elevating the value of genetic differentiation among the studied populations. This is confirmed by the population divergence, as shown in the UPGMA dendrogram [16,39].

The values revealed in the gene flow assessment fell short of the values necessary for stopping the increase in genetic drift [40]. The joint effect of genetic drift and gene flow could worsen the future decline in gene diversity in the remaining populations of *R. epapposum*.

5. Conclusions and Recommendations

Our current research represents a first assessment of the genetic diversity and genetic structure of *R. epapposum* in habitats of western Saudi Arabia, and was conducted in order to help manage conservation actions to protect this valuable medicinal species. The species faces imminent extinction due to a severe decline in gene polymorphism coupled with high inter-population genetic differentiation and considerable inbreeding.

The long-term plan for the conservation of *R. epapposum* should be primarily based on decreasing the degradation and deterioration of its current habitats. Many actions can be taken in this regard, including the following. Firstly, wire-fenced enclosures around the populations severely affected by low genetic polymorphism can be established [41], as identified in our current study, e.g., Wadi Al Khamas, Al Asafer, Wadi ALHamda, Wadi Al Nassayeif, Wadi Kuliayah, and Wadi Dahban. These enclosures are highly recommended to prevent camel and sheep herds from grazing on these sites, and should be monitored regularly to measure vegetation parameters and observe any further changes occurring in the existing protected populations. Secondly, management plans should be devised to

reduce water consumption and to promote the reuse of wastewater and the efficient use and storage of water from sudden rains. These plans should be widely broadcasted to the inhabitants of the western regions through media and educational institutes. Their aim should be to ensure the efficient utilization of underground water.

Thirdly, the evident decline in genetic diversity and the high genetic differentiation in these populations support the idea that they could be restored by collection and preservation of *R. epapposum* seeds from all the remaining populations [42].

The collected seeds would primarily be involved in *R. epapposum* recuperation programmes, in which the seeds would be planted in nurseries and the well-developed seedlings would then be reintroduced into highly threatened populations. The seedlings would be reintroduced into habitats resembling those of their parent populations in order to reduce potential ramifications, including further inbreeding and severe decreases in gene flow. Some of the collected healthy seeds should be protected using appropriate seed-maintenance protocols in special test banks; these would be valuable for future efforts to conserve *R. epapposum* in its original habitats.

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