

Article

Tides and Energy Conditions in Einstein–Gauss–Bonnet Thin-Shell Wormholes

Ernesto F. Eiroa ¹, Emilio Rubín de Celis ^{2,3} and Claudio Simeone ^{2,*}

¹ Instituto de Astronomía y Física del Espacio (IAFE, CONICET-UBA), Ciudad Universitaria, Buenos Aires 1428, Argentina; eiroa@iafe.uba.ar

² Instituto de Física de Buenos Aires (IFIBA, CONICET-UBA), Ciudad Universitaria Pabellón I, Buenos Aires 1428, Argentina; erdec@df.uba.ar

³ Departamento de Física, Facultad de Ciencias Exactas y Naturales, Universidad de Buenos Aires, Ciudad Universitaria Pabellón I, Buenos Aires 1428, Argentina

* Correspondence: csimeone@df.uba.ar

Abstract

In this article we study spherical thin-shell wormholes in five-dimensional Einstein–Gauss–Bonnet gravity. We show that configurations supported by non-exotic matter, that is matter satisfying the weak energy condition, are possible at the same time that traversability problems associated with strong radial tides at the throat can be avoided when suitable values of the parameters are adopted. Our construction is performed in such a way that it also allows for the admissible behaviour of the geometry in the whole spacetime.

Keywords: modified gravity; junction conditions; wormholes; energy conditions; tides

1. Introduction

Wormholes are spacetime geometries in which two regions (of the same universe or of two universes) are connected by a throat, which is a surface where geodesics open up [1,2]. This means a non-trivial topology, which is associated with notable features such as, for example, the possibility of time travel—with all the resulting questions implied (see [3,4]). Within the framework of general relativity, all compact wormhole configurations are required to be threaded by exotic matter, which is matter which does not satisfy the energy conditions [5]. In thin-shell wormholes [6], such matter is localized in a layer placed at the wormhole throat. This has the advantage of keeping matter with properties that are not very desirable within spatial bounds, and it also allows for a straightforward analysis of the mechanical stability of matter distributions under perturbations preserving symmetry [7–10]. Another aspect for which these wormhole models are well suited is the study of thermodynamic stability [11,12]. However, the thin-shell approach introduces a possible additional difficulty: a singular matter distribution generates a discontinuity in the derivatives of the spacetime metric, and this means that large tides could appear, jeopardizing the actual—in a practical sense—traversability across the wormhole. We have already addressed this problem as well as other closely related ones in our papers [13–16].

A possible way to avoid problems with matter and tides is to work in the wider framework of gravity theories beyond relativity, in which the relation between matter and geometry differs from that in Einstein equations. For example, it was shown that in pure Gauss–Bonnet gravity [17], wormholes could exist even with no matter (see also [18–20]). Moreover, in our paper [21], we found five-dimensional, spherical Einstein–Maxwell–Gauss–Bonnet thin-shell wormholes supported by ordinary matter, which were later proven to be stable



Academic Editor: Francesco De Paolis

Received: 27 September 2025

Revised: 28 October 2025

Accepted: 3 November 2025

Published: 7 November 2025

Citation: Eiroa, E.F.; Rubín de Celis, E.; Simeone, C. Tides and Energy Conditions in Einstein–Gauss–Bonnet Thin-Shell Wormholes. *Universe* **2025**, *11*, 368. <https://doi.org/10.3390/universe11110368>

Copyright: © 2025 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

under mechanical perturbations preserving symmetry [22]. In subsequent work we showed that, starting from a different branch of a spherically symmetric Wiltshire solution [23], wormhole geometries could exist without exotic matter even for small positive values of the Gauss–Bonnet coupling constant (that is, small departures from pure relativity) and with both the electric charge and the cosmological constant equal to zero [24] (which substantially differs from the case studied here; see below). More recently, in our article [25] in the same framework, it was shown that charged but massless and asymptotically flat wormholes are possible.

Here we address the question of if, enabled by the different relation between matter and geometry given by the Gauss–Bonnet contribution to the equations of gravitation, an interesting situation is possible in which a thin-shell wormhole is supported by non-exotic matter, and tides across its throat are acceptable for an extended body; this is not possible within pure Einstein gravity. This implies an analysis of the Riemann tensor—in terms of which tides are expressed—associated with singular matter distributions, as well as examination of junction conditions—relating the surface energy-momentum on the shells with the curvature jumps—extended to Einstein–Gauss–Bonnet theory [26]. We will mainly restrict this study to positive values of the Gauss–Bonnet parameter, and this will compel us to work with the so-called non-GR branch (or “Gauss–Bonnet branch”) of the Wiltshire solution (see below). We will be able to show the existence of configurations with the desired properties; additionally, possible problems with the behaviour of the metric associated with the required values of the cosmological constant will be avoided by suitable conditions imposed on the mathematical cut-and-paste construction of the complete geometry.

2. The Geometry

The Einstein–Gauss–Bonnet equations of gravitation in five spacetime dimensions have the form

$$R_{\mu\nu} - \frac{1}{2}g_{\mu\nu}R + \Lambda g_{\mu\nu} + 2\alpha H_{\mu\nu} = 8\pi G_5 T_{\mu\nu} \quad (1)$$

where Λ is the cosmological constant, G_5 is the Newton constant in five dimensions (we set $G_5 = 1$ in the units used here), and α is the constant of dimension (length)² multiplying the Gauss–Bonnet terms

$$H_{\mu\nu} = RR_{\mu\nu} - 2R_{\mu\alpha}R_{\nu}^{\alpha} - 2R^{\alpha\beta}R_{\mu\alpha\nu\beta} + R_{\mu}^{\alpha\beta\gamma}R_{\nu\alpha\beta\gamma} - \frac{1}{4}g_{\mu\nu}(R^2 - 4R^{\alpha\beta}R_{\alpha\beta} + R^{\alpha\beta\gamma\delta}R_{\alpha\beta\gamma\delta}) \quad (2)$$

where $R_{\mu\nu}$ and $R_{\mu\alpha\nu\beta}$ are, respectively, the Ricci and Riemann tensors. The equations of Einstein–Gauss–Bonnet gravity coupled to Maxwell electromagnetism admit spherically symmetric solutions of the form [23]

$$ds^2 = -f(r) dt^2 + f^{-1}(r) dr^2 + r^2 d\Omega_3^2 \quad (3)$$

where $d\Omega_3^2$ is the line element of a unitary three-sphere and

$$f(r) = 1 + \frac{r^2}{4\alpha} \left[1 \mp \sqrt{1 + \frac{16M\alpha}{\pi r^4} - \frac{8Q^2\alpha}{3r^6} + \frac{4\Lambda\alpha}{3}} \right] \quad (4)$$

with M being the ADM mass and Q the electric charge. The $(-)$ sign corresponds to the so-called GR branch of the solution, because, for $\Lambda = 0$, it reproduces, for large r , the five-dimensional Reissner–Nordström solution (or the Schwarzschild one if the charge is zero); in the same limit, the $(+)$ solution, called the non-GR branch¹, acquires a sort of effective cosmological constant, $\Lambda_{\text{eff}} \propto -\alpha^{-1}$, and its mass term has the “wrong” sign, which implies a repulsive force on rest particles (recall the signs in the solution within 5D

Einstein gravity; see, for instance, [27]). A central feature of the non-GR solution is the absence of horizons and then the existence of a naked singularity at the origin. However, in a wormhole construction in which a minimum radius exists (the throat radius $r = a > 0$), this is admissible. Additionally, an advantage regarding the matter content of the shell placed at the throat will be apparent when we write down the components of the surface energy-momentum tensor (see [24,25]).

A static wormhole geometry can be defined by removing the regions $r < a$ in two copies of the geometry given by (3) and (4) and matching the two submanifolds with $r \geq a$ at a static spherical surface, Σ , of the radius a . The symmetry across Σ ensures the continuity of the line element. The flare-out condition of dealing with a properly defined wormhole, which is that geodesics open up at the surface Σ , is automatically verified because of the simple r^2 dependence of the angular components of the metric. The matching conditions relating the geometries on the two sides with the character of matter on this surface (the energy-momentum tensor of the shell placed at Σ) depend on the way in which the Gauss–Bonnet terms are regarded: If these terms are understood as a sort of additional contribution to the energy-momentum tensor, they are the usual ones known as Darmois–Israel conditions [28–31]; the matter content and stability of wormholes constructed within this framework was studied in [32]. If, instead, the Gauss–Bonnet terms are regarded as an essentially geometric object, as they are throughout the present work, the junction conditions are rather different, as found in [26] starting from the equations above; they read

$$\langle K_{ij} - Kh_{ij} \rangle + 2\alpha \langle 3J_{ij} - Jh_{ij} + 2P_{ikl}K^{kl} \rangle = -8\pi S_{ij}, \quad (5)$$

where $\langle Y \rangle$ stands for the jump $Y^+ - Y^-$ of a given quantity across the surface Σ , h_{ij} is the surface induced metric, S_{ij} is the surface energy-momentum tensor, and K_{ij} are the components of the extrinsic curvature which read

$$K_{ij}^{\pm} = -n_{\gamma}^{\pm} \left(\frac{\partial^2 X^{\gamma}}{\partial \xi^i \partial \xi^j} + \Gamma_{\alpha\beta}^{\gamma} \frac{\partial X^{\alpha}}{\partial \xi^i} \frac{\partial X^{\beta}}{\partial \xi^j} \right) \Big|_{r=a}, \quad (6)$$

where $n_{\gamma}^{\pm}$ are the unit normals to the surface Σ on each side of it, ξ_i are the coordinates on this surface, and X_{μ} are the coordinates of the $(4 + 1)$ -dimensional manifold. The divergence-free part of the Riemann tensor P_{ijkl} and the tensor J_{ij} are defined as follows:

$$P_{ijkl} = R_{ijkl} + (R_{jk}h_{li} - R_{jl}h_{ki}) - (R_{ik}h_{lj} - R_{il}h_{kj}) + \frac{1}{2}R(h_{ik}h_{lj} - h_{il}h_{kj}), \quad (7)$$

$$J_{ij} = \frac{1}{3} \left[2KK_{ik}K_j^k + K_{kl}K^{kl}K_{ij} - 2K_{ik}K^{kl}K_{lj} - K^2K_{ij} \right] \quad (8)$$

(see [26] and also [33]). Note that Equation (5) includes three extra terms with respect to general relativity; when $\alpha = 0$, this equation reduces to the corresponding one in the Darmois–Israel formalism². For a static configuration, the explicit components of the extrinsic curvature for a metric of the form (3) are

$$K_{\theta_k}^{\theta_k \pm} = \frac{1}{a} \sqrt{f_{\pm}(a)}, \quad (9)$$

$$K_t^{t \pm} = \frac{f'_{\pm}(a)}{2\sqrt{f_{\pm}(a)}}, \quad (10)$$

where θ_k are the angular coordinates and a prime stands for a derivative with respect to r . The resulting expression for the surface energy density on the shell is then

$$\sigma(a) = -S_t^t = -\frac{\sqrt{f(a)}}{8\pi a} \left[6 - \frac{4\alpha}{a^2} (2f(a) - 6) \right] \quad (11)$$

and the isotropic pressure has the form

$$p(a) = S_{\theta_k}^{\theta_k} = \frac{\sqrt{f(a)}}{8\pi a} \left[4 + \frac{af'(a)}{f(a)} + 4\alpha \frac{f'(a)}{af(a)} (1 - f(a)) \right]. \quad (12)$$

In the general relativity limit $\alpha = 0$, the energy density is negative, which is consistent with the well-known requirement of exotic matter supporting compact wormholes in the framework of Einstein's gravity [2,5] (non-compact configurations, as cylindrically symmetric wormholes, admit an alternative definition of the flare-out condition, which in turn is compatible with a positive energy density; see [35]).

3. Tides

Tides are described in terms of the covariant relative acceleration $(\Delta\mathcal{A})^\mu$, which is proportional to the Riemann tensor $R^\mu_{\alpha\nu\beta}$ (see [2,36]). If we consider an oriented small separation $(\Delta x)^\nu$ between two points of a body moving with four-velocity V^α , we have

$$(\Delta\mathcal{A})^\mu = -R^\mu_{\alpha\nu\beta} V^\alpha (\Delta x)^\nu V^\beta. \quad (13)$$

The problem of tides in geometries associated with singular distributions of matter is essentially the issue with jumps of the curvature in the joining surfaces where the matter is located; no aspects of particular interest arise associated with the bulk contributions in the nearby smooth regions [37,38]. The treatment for such configurations starts from carefully expressing all tensors, taking into account the jumps involved³. The detailed calculation can be found in [13] and also in [14,15]. We begin by recalling the result for the radial tide on a radially moving object: The covariant relative acceleration between two points of an object traversing a spherical wormhole throat is

$$\Delta\mathcal{A}_r = -\kappa_t^t + \frac{\Delta\tilde{\eta}}{2} \left[R^{rt}_{rt}{}^- + R^{rt}_{rt}{}^+ \right]_a + \mathcal{O}(\Delta\tilde{\eta}^2), \quad (14)$$

where κ_t^t is the jump of the component K_t^t of the extrinsic curvature across the infinitely thin shell, and $\Delta\tilde{\eta}$ is the proper radial separation between the points considered; this reduces to $\Delta\eta$ for a body at rest. The nearby smooth regions contribute with a term given by the components of the Riemann tensor on each side of the shell; this is proportional to $\Delta\tilde{\eta}$ and describes a tension which vanishes in the limit $\Delta\tilde{\eta} \rightarrow 0$. The jump in the extrinsic curvature, instead, adds a finite non-zero contribution which we denote as $\mathcal{T}_r$ and is fixed for a given geometry: it does not vanish for infinitely close points on different sides of the throat (additionally, this implies not a tension but a compression). This particular nature of tides reflects the discontinuous character of the gravitational field (i.e., of the first derivatives of the metric) at $r = a$; it implies that wormhole geometries supported by infinitely thin matter layers, though traversable in principle, present the practical problem of possible great tides acting on a body extended across the throat. Because for a static wormhole that is symmetric across the throat we have

$$\kappa_t^t = \frac{f'(a)}{\sqrt{f(a)}}, \quad (15)$$

the possibility of $\mathcal{T}_r = 0$, that is, to avoid traversability issues for a radially extended object traversing the wormhole throat with a radial trajectory [13–15], implies $f'(a) = 0$.

In an analogous way, following [13], we decompose the angular tide on a radially moving object as a finite part plus a divergent one:

$$\Delta\mathcal{A}_\perp = \Delta\mathcal{A}_\perp^{\text{finite}} + \Delta\mathcal{A}_\perp^{\text{div}}. \quad (16)$$

Given the spherical symmetry, the result must be the same for any angular coordinate; then to simplify the notation, we choose the angle φ , and we can write

$$\begin{aligned} \Delta\mathcal{A}_\perp^{\text{finite}} = & \frac{\Delta x_\perp}{2} \left[R^{\varphi t}_{\varphi t}{}^- + \gamma^2 \beta^2 \left(R^{\varphi t}_{\varphi t}{}^- - R^{\varphi r}_{\varphi r}{}^- \right) \right]_a \\ & + \frac{\Delta x_\perp}{2} \left[R^{\varphi t}_{\varphi t}{}^+ + \gamma^2 \beta^2 \left(R^{\varphi t}_{\varphi t}{}^+ - R^{\varphi r}_{\varphi r}{}^+ \right) \right]_a. \end{aligned} \quad (17)$$

On the other hand, introducing the infinitely short travelling proper time $\delta\tau$ of the object across the shell, we have

$$\Delta\mathcal{A}_\perp^{\text{div}} = \frac{1}{\delta\tau} \Delta x_\perp \gamma \beta \kappa^\varphi_\varphi. \quad (18)$$

Here, as usual, we define the parameters $\gamma = 1/\sqrt{1-\beta^2}$ and the positive radial speed β of the object as measured in an orthonormal frame. The divergent character of the result is apparent because of the proper time $\delta\tau \rightarrow 0$ for an infinitely thin shell. Differing from the case of radial tides, for tides in transverse directions to the radial one, both contributions are proportional to the transverse extension, $\Delta x_\perp$, of the object. For an angular tide, the finite term implies a compression produced by the curvature of the smooth parts of the geometry, while the divergent term corresponds to a stretching effect resulting from the jump in the extrinsic curvature associated with the flare-out at the shell. The possibility of straightforwardly cancelling the divergence by a certain choice of the parameters is ruled out by the existence of a throat, which is a surface where a flare-out condition is satisfied—or in other words, where geodesics open up; this excludes $\kappa^\varphi_\varphi = 0$. Transverse tides would be strictly zero only for a body at rest (see (18)), while they could be reduced by traversing the throat with a low speed; this is with the understanding that the crossing time is not zero for a realistic shell with small but not vanishing thickness, ϵ . In such a case we can write

$$\Delta\mathcal{A}_\perp^{(\text{div})} = \frac{1}{\epsilon} \Delta x_\perp \gamma^2 \beta^2 \kappa^\varphi_\varphi, \quad (19)$$

where we write (div) to denote the component that would be divergent in the zero thickness limit. Because for the class of geometries studied here, the angular components of the extrinsic curvature jump are given as

$$\kappa^\varphi_\varphi = 2 \frac{\sqrt{f(a)}}{a}, \quad (20)$$

the traversing speed could be tuned according to the shell thickness, as well as all other parameter relations satisfying energy and other traversability conditions (see below), to achieve admissible values of the transverse tide on an extended body. The situation with the radial tide is essentially different: though not formally divergent, it cannot be controlled by such kinds of adjustments even if a non-zero-thickness shell is admitted. The radial tide for two points on different sides of the shell does not depend of the separation between these points, nor on the traversing speed of the body, but it is essentially given by twice the radial acceleration towards the center on each side and is therefore fixed by the jump of the extrinsic curvature (see the discussion in Section 2 of [13]). This motivates the following analysis.

4. Energy Conditions and Traversability

We want to examine the possibility of achieving the interesting situation in which a thin-shell wormhole would be supported by normal matter and would be acceptable with regard to radial tides on an extended object traversing the throat. Ordinary matter satisfies the so-called weak energy condition⁴ $\sigma \geq 0, \sigma + p \geq 0$. Expressions (11) and (12) lead to

$$\sigma(a) + p(a) = -a\sigma'(a)/3. \quad (21)$$

Then, to fulfil the condition $\sigma(a) + p(a) \geq 0$, we could ask for $\sigma'(a) \leq 0$. However, if our aim is to achieve a null contribution to radial crossing tides coming from the—ideally—singular nature of the matter distribution, we can start working from the beginning under the restriction $\mathcal{T}_r = 0$ which forces $f'(a) = 0$. This simplifies the expression for the pressure which, additionally, is then forced to be positive and independent of the Gauss–Bonnet parameter:

$$p(a)|_{\mathcal{T}_r=0} = \frac{\sqrt{f(a)}}{2\pi a} > 0. \quad (22)$$

As an important consequence, $\sigma(a) \geq 0$ implies $\sigma(a) + p(a) > 0$ and ordinary matter on the shell at the wormhole throat is ensured just by a non-negative energy density.

4.1. Conditions at the Wormhole Throat

The non-trivial form of the metric function f and the number of parameters involved allow us to succeed in our aim; nevertheless, other problems appear as a result of the peculiar behaviour of $f_+(r)$, even if no horizons must be dealt with. If we introduce the definitions

$$\frac{16M\alpha}{\pi a^4} \equiv \psi, \quad \frac{4\Lambda\alpha}{3} \equiv \chi, \quad -\frac{8Q^2\alpha}{3a^6} \equiv \zeta \quad (23)$$

then for the GR branch of the solution given by (4), the condition $\sigma \geq 0$ implies

$$-8\alpha - 2a^2 - a^2\sqrt{1 + \psi + \chi + \zeta} \geq 0 \quad (24)$$

which imposes $\alpha < 0$ (see [21] and also [20]); in this case, a non-vanishing charge would help to reduce the required absolute value of the Gauss–Bonnet parameter. Instead, for the non-GR branch, the energy condition $\sigma \geq 0$ yields

$$-8\alpha - 2a^2 + a^2\sqrt{1 + \psi + \chi + \zeta} \geq 0. \quad (25)$$

This is possible for the more desirable theoretical framework in which the Gauss–Bonnet parameter is positive: in the derivation of the theory as a low-energy limit of heterotic string theory (see [41–44]), α is proportional to the inverse string tension and should then be positive⁵. This implies that we must have

$$\sqrt{1 + \psi + \chi + \zeta} > 2. \quad (26)$$

Note that in this case the sign of the electric charge contribution is such that a non-vanishing Q makes it more difficult to fulfil the positive energy condition. From now on we restrict our analysis to positive values of the Gauss–Bonnet parameter and we will deal, unless explicitly noted otherwise, with the non-GR branch of the Wiltshire solution given by f_+ .

Regarding in itself the condition $\mathcal{T}_r = 0$ of no radial tides associated with the singular nature of the matter distribution, $\mathcal{T}_r \propto f'_+(a) = 0$ determines that

$$1 + \sqrt{1 + \psi + \chi + \zeta} = \frac{\psi + 3\zeta/2}{\sqrt{1 + \psi + \chi + \zeta}}, \quad (27)$$

so a necessary condition is $\psi + 3\zeta/2 > 0$, which, in terms of the original quantities, reads

$$\frac{4M}{\pi} > \frac{Q^2}{a^2}. \quad (28)$$

From (27) we obtain

$$\sqrt{1 + \psi + \chi + \zeta} = \frac{\zeta}{2} - (1 + \chi). \quad (29)$$

Because $\zeta \leq 0$ and we have the restriction (26), this implies

$$\chi < \frac{\zeta}{2} - 3 < 0 \quad (30)$$

which translates to

$$\frac{4\Lambda\alpha}{3} < -\left(\frac{4Q^2\alpha}{a^6} + 3\right). \quad (31)$$

We therefore find that there is no solution to the problem posed if the cosmological constant is positive or null, so the solution to all our demands cannot be within the parameter range of the non-exotic configuration found in [24], which has $\Lambda = 0$ from the start. Even worse, the latter inequality implies that the metric is ill defined as, with a large enough radius, it includes an imaginary part. Thus the only possible solution to satisfy exactly all the desired conditions is to examine if they can be fulfilled by a radius, a , smaller than that of the singular surface $r = r_S$ where the expression inside the square root in Equation (4) is equal to zero, as well as to match the region including the throat to two suitable exterior submanifolds at the radius b such that $a < b < r_S$. As noted before, the charge worsens the situation with the energy condition $\sigma \geq 0$, and as we found just above in (31), it does not help with regard to the tide condition $\mathcal{T}_r = 0$. Thus, here we assume $Q = 0$ so (31) reduces to $4\Lambda\alpha/3 < -3$, and the singular surface radius is much easier to be calculated; the result is

$$r_S^4 = -\frac{48M\alpha}{\pi(3 + 4\Lambda\alpha)} \quad (32)$$

(which is positive because $4\Lambda\alpha < -9$).

The throat radius such that $\mathcal{T}_r = 0$ solves Equation (29) with $\zeta = 0$ and is given by

$$a^4 = \frac{36M}{\pi\Lambda(3 + 4\Lambda\alpha)} \quad (33)$$

(which, again, is positive because both Λ and $4\Lambda\alpha + 3$ are negative). Then we have

$$\frac{r_S^4}{a^4} = -\frac{4\Lambda\alpha}{3} > 3, \quad (34)$$

and the throat radius is effectively in the range where the metric is well defined, which is below the singular surface radius. Following Equation (24), the inequality $\sigma \geq 0$ finally reads

$$a^4 \left(\frac{4\Lambda\alpha}{3} - 3 \right) - 32\alpha a^2 \geq 16\alpha \left(4\alpha - \frac{M}{\pi} \right), \quad (35)$$

so, because $\alpha > 0$ and $-\Lambda\alpha > 0$, it imposes the condition $M > 4\pi\alpha$. Introducing the zero radial crossing tide solution, given by Equation (33), this inequality turns into

$$\frac{3M}{\pi\Lambda} \left(\frac{9 - 4\Lambda\alpha}{3 + 4\Lambda\alpha} \right) + 48\alpha \sqrt{\frac{M}{\pi\Lambda(3 + 4\Lambda\alpha)}} \leq 4\alpha \left(\frac{M}{\pi} - 4\alpha \right). \quad (36)$$

Note that the requirement of a negative cosmological constant comes from demanding a null troublesome crossing contribution to the radial tide. The energy conditions could be fulfilled with just a suitable combination of the mass and the Gauss–Bonnet constant [24]. If the GR branch of the geometry were selected, instead, the possibility of normal matter could only be accomplished in the $\alpha < 0$ case [21].

We can rearrange (36) and introduce the function $\mathcal{F}(M)$ as

$$\mathcal{F}(M) \equiv \frac{3M}{\pi\Lambda} \left(\frac{9 - 4\Lambda\alpha}{3 + 4\Lambda\alpha} - \frac{4\Lambda\alpha}{3} \right) + 48\alpha \sqrt{\frac{M}{\pi\Lambda(3 + 4\Lambda\alpha)}} + 16\alpha^2, \quad (37)$$

which must be negative or zero. The restriction $-4\alpha\Lambda > 9$ already found renders positive the quantity within the parentheses of the first term above, and—because $\Lambda < 0$ —this allows for the possibility of a solution. Some algebra then serves to find a positive root of the function $\mathcal{F}(M)$ beyond which all values of the mass satisfy the inequality $\mathcal{F}(M) \leq 0$. For given values of the Gauss–Bonnet parameter $\alpha > 0$ and of the cosmological constant $\Lambda < 0$, we obtain that the mass M must fulfil the inequality

$$\sqrt{M} \geq -\frac{4\alpha\sqrt{\pi\Lambda(3 + 4\Lambda\alpha)}}{9 + 4\alpha\Lambda} \quad (38)$$

in order to achieve a thin-shell wormhole supported by ordinary matter (that is, satisfying the energy conditions) and with no troublesome crossing radial tides coming from the singular nature of the matter distribution. Because $-4\alpha\Lambda > 9$, the condition in (38) is always more constraining than the restriction $M > 4\pi\alpha$ above.

4.2. Avoiding the Ill-Behaved Metric

The mathematical construction of the preceding section provides a solution to all the demands on the wormhole matter and tides at the crossing surface; however, as it stands, it behaves badly on both sides outside the throat, because the condition $4\alpha\Lambda/3 < -3$ implies the existence of a singular surface beyond which the metric is not real anymore. As we mentioned, then, we should cure this ill behaviour by removing the outer parts of the sides of the geometry and pasting them to two submanifolds with well-behaved metrics in the range $r \geq b$ with $a < b < r_s$. This can be performed in several ways; here we will only propose two simple solutions, each one with different desirable features regarding the matter content or the far behaviour of the geometry.

In the mathematical construction of the complete spacetime, the inner ($a < r < b < r_s$) geometry is given by Equations (3) and (4), while the outer ($b < r$) geometry is defined by

$$ds^2 = -h(r) d\tilde{t}^2 + h^{-1}(r) dr^2 + r^2 d\Omega_3^2 \quad (39)$$

where

$$h(r) = 1 + \frac{r^2}{4\alpha} \left[1 \mp \sqrt{1 + \frac{16m\alpha}{\pi r^4} - \frac{8q^2\alpha}{3r^6} + \frac{4\lambda\alpha}{3}} \right], \quad (40)$$

with m , q , and λ being the exterior mass, charge, and cosmological constant respectively. The continuity of the line element imposes that the time coordinates on each side are related by $f(b)dt^2 = h(b)d\tilde{t}^2$. The jump of the extrinsic curvature at each of the outer shells implies a surface energy density given by

$$16\pi b \sigma(b) = -\sqrt{h(b)} \left[6 - \frac{4\alpha}{b^2} (2h(b) - 6) \right] + \sqrt{f(b)} \left[6 - \frac{4\alpha}{b^2} (2f(b) - 6) \right]. \quad (41)$$

The pressure, on the other hand, is given by

$$16\pi b p(b) = \sqrt{h(b)} \left[4 + \frac{bh'(b)}{h(b)} + 4\alpha \frac{h'(b)}{bh(b)} (1 - h(b)) \right] - \sqrt{f(b)} \left[4 + \frac{bf'(b)}{f(b)} + 4\alpha \frac{f'(b)}{bf(b)} (1 - f(b)) \right]. \quad (42)$$

Starting from these general expressions, we will exhibit two possible solutions to the problem of the imaginary square root in the metric.

- (i) The easiest way to match the inner geometry to an outer well-behaved one is to accept $\sigma(b) = 0$ and examine if this can be fulfilled for $f(b) = h(b)$ with b , a radius larger than a and smaller than r_S . This immediately rules out outer metrics of the GR branch form, and we look for the simplest case in which $q = \lambda = 0$. Thus we need $f(b; M, Q = 0, \Lambda < 0) = h(b; m, q = 0, \lambda = 0)$, so we have

$$\sqrt{1 + \frac{16M\alpha}{\pi b^4} + \frac{4\Lambda\alpha}{3}} = \sqrt{1 + \frac{16m\alpha}{\pi b^4}} \quad (43)$$

which can only be satisfied if $m < M$. This condition is solved by

$$b^4 = \frac{12M}{\pi\Lambda} \left(\frac{m}{M} - 1 \right) \quad (44)$$

and we must check if such a radius lies within a and r_S . To ensure $b > a$, according to (44) and (33), this implies the condition

$$\frac{m}{M} < \frac{6 + 4\Lambda\alpha}{3 + 4\Lambda\alpha} < 1. \quad (45)$$

The second inequality above is ensured by the restriction $4\Lambda\alpha < -9$. On the other hand, $b < r_S$ would imply, according to (32), that $m/M > 3/(3 + 4\Lambda\alpha)$, which, under the conditions demanded, is always satisfied for positive masses.

Of course, the nature of matter on the additional outer shells is to be addressed. Working under the condition $f(b) = h(b)$, this simplifies considerably; after some algebra we obtain

$$p(b) = \frac{m - M}{2\pi^2 b^3 \sqrt{f(b)}} \quad (46)$$

which is negative because $m < M$. Thus the matter in the outer shells would not fulfil the weak energy condition. However, in the context of wormholes and other peculiar configurations, it was proposed to characterize exotic matter by the means of a volume quantifier, Ω , based on an average in the direction in which an observer moves to go across the distribution [46–48]. Thus the most usual choice has become the integral including the energy density ρ and the radial pressure (see [48] and also [32]):

$$\Omega = \int (\rho + p_r) \sqrt{-g} d^4x \quad (47)$$

where g is the determinant of the metric tensor. Because each infinitely thin shell placed at $r = b$ does not exert radial pressure and the energy density is located

on a surface, so that, on each side, $\rho = \delta(r - b)\sigma(b)$ (with being δ the Dirac delta distribution), then for each outer shell in our construction, we simply have

$$\Omega = \int_0^{2\pi} \int_0^\pi \int_0^\pi \sigma(b) \sqrt{-g}|_{r=b} d\theta_1 d\theta_2 d\theta_3 = 2\pi^2 b^3 \sigma(b) = 0. \quad (48)$$

With the definition adopted, the amount of exotic matter associated with the whole configuration would then be zero. Moreover, if the repulsive character of the force on rest particles associated with the “wrong” sign of the mass term within the asymptotic limit of the non-GR branch is to be avoided (see below), this can be performed by the simple choice $m = 0$; this does not contradict the conditions required for the definition of the shells at $r = b$ but only fixes their radii at $b = (-12M/(\pi\Lambda))^{1/4}$.

- (ii) We can again assume a simple situation in which both the inner and the outer metrics are of the form of the non-GR branch, and $q = \lambda = 0$. Now, however, no forced link between the inner and outer geometries is established from the start. This allows us to prove the possibility of a construction solving the problem posed by the square root in $f_+(r)$ and with matter satisfying the energy conditions everywhere. Analogously, as in (23), we define

$$\frac{16M\alpha}{\pi b^4} \equiv \omega, \quad \frac{4\Lambda\alpha}{3} \equiv \chi, \quad \frac{16m\alpha}{\pi b^4} \equiv \phi. \quad (49)$$

With these definitions and after some algebra, we obtain

$$\begin{aligned} 16\pi b \sigma(b) = & 2\sqrt{1+\phi} \sqrt{1 + \frac{b^2}{4\alpha} \left(1 + \sqrt{1+\phi}\right)} \\ & - 2\sqrt{1+\omega+\chi} \sqrt{1 + \frac{b^2}{4\alpha} \left(1 + \sqrt{1+\omega+\chi}\right)} \\ & + 4\left(1 + \frac{4\alpha}{b^2}\right) \sqrt{1 + \frac{b^2}{4\alpha} \left(1 + \sqrt{1+\omega+\chi}\right)} \\ & - 4\left(1 + \frac{4\alpha}{b^2}\right) \sqrt{1 + \frac{b^2}{4\alpha} \left(1 + \sqrt{1+\phi}\right)}. \end{aligned} \quad (50)$$

The sum of the energy density and the pressure is given by

$$\begin{aligned} 16\pi b (\sigma(b) + p(b)) = & 2\sqrt{1+\phi} \sqrt{1 + \frac{b^2}{4\alpha} \left(1 + \sqrt{1+\phi}\right)} \\ & - 2\sqrt{1+\omega+\chi} \sqrt{1 + \frac{b^2}{4\alpha} \left(1 + \sqrt{1+\omega+\chi}\right)} \\ & + \frac{16\alpha}{b^2} \sqrt{1 + \frac{b^2}{4\alpha} \left(1 + \sqrt{1+\omega+\chi}\right)} \\ & - \frac{16\alpha}{b^2} \sqrt{1 + \frac{b^2}{4\alpha} \left(1 + \sqrt{1+\phi}\right)} \\ & + \frac{b^2(1+\chi+\sqrt{1+\omega+\chi})}{2\alpha \sqrt{1 + \frac{b^2}{4\alpha} \left(1 + \sqrt{1+\omega+\chi}\right)}} \\ & - \frac{b^2(1+\sqrt{1+\phi})}{2\alpha \sqrt{1 + \frac{b^2}{4\alpha} \left(1 + \sqrt{1+\phi}\right)}}. \end{aligned} \quad (51)$$

Because $a < b < r_S$ with a and r_S given by (32) and (33), we know that $0 < \sqrt{1+\omega+\chi} < 2$. On the other hand, in the expressions above, the highest power of the root $\sqrt{1+\phi} > 1$ is that of the positive contributions to $\sigma(b)$ and to $\sigma(b) + p(b)$

associated with the outer parameters (first term in both (51) and (52)). We are free to set the quantity ϕ (and consequently the root $\sqrt{1+\phi}$) as large as desired by simply choosing a large enough outer mass m . Hence we can ensure that for a given set of parameters, M , Λ , and α , for any b in the range between the throat radius a and the singular radius r_s , the mass of the outer geometries can be chosen so that the weak energy condition is fulfilled at each exterior shell.

With regard to the behaviour of the outer regions $r > b$ on each side of the wormhole throat in both adopted solutions, this would not be asymptotically flat; its asymptotic form would be given by

$$h(r) \rightarrow 1 + \frac{2m}{\pi r^2} + \frac{r^2}{2\alpha}. \quad (52)$$

However, because for positive α the effective cosmological constant that we can read from this expression is negative, the positive feature of no cosmological horizons would be achieved in both proposed constructions.

5. Summary

We have shown the possibility of spherical thin-shell wormhole geometries supported by ordinary matter and with no troublesome contributions to crossing radial tides associated with the singular character of the Riemann tensor at the throat. This is enabled by Gauss–Bonnet terms, as pure Einstein gravity forces compact wormholes to be threaded by exotic matter. Given known previous results, we focused our study, mainly, on positive values of the Gauss–Bonnet parameter and the non-GR branch of the Wiltshire solution. We have not only succeeded in our primary aim; additionally, singularities and regions with ill-defined metrics related to the behaviour of the branch selected have been avoided by a suitable secondary cut-and-paste procedure in which the region including the throat is matched to two outer regions with admissible (at least formally) behaviour. We have presented two simple ways to achieve this, with the resulting complete geometry corresponding to an inner region associated with a mass, M , a negative cosmological constant, Λ , and zero charge, as well as two exterior regions associated with the mass m ; the latter should satisfy different conditions in each case. In the first proposed solution, the total amount of exotic matter of the whole construction is zero, and the repulsive far behaviour of the metric can be avoided. In the second one, we demonstrate the possibility of well-behaved exterior metrics by placing outer shells constituted by normal matter, that is, shells which satisfy the weak energy condition. The avoidance of exotic matter and troublesome radial tides at the wormhole throat being our central aims, we have not explored other possible outer geometries matched to the inner region. For example, the possibility of asymptotically flat metrics working with the GR branch as the exterior metric could be considered, as well as tides in the vicinity of the outer shells; however, according to the results in [15,16], the latter should not constitute a serious issue regarding traversability.

Author Contributions: All the authors have substantially contributed to the present work. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by CONICET and UBA.

Data Availability Statement: No new data were created or analyzed in this study.

Conflicts of Interest: The authors declare no conflict of interest.

Notes

- ¹ The (+) solution is also called the “exotic” branch, while the (−) solution is also known as the “normal” one. Because here we will use “normal” and “exotic” for matter satisfying or not satisfying the energy conditions, we will avoid such denominations.
- ² On the other hand, in the particular case of having no matter at the joining surface (i.e., $S_{ij} = 0$), which is typical in the study of stars, it was recently shown [34] that proper matching in EGB gravity reduces to only require the continuity of both the surface induced metric and the extrinsic curvature, as it also results in the same scenario in general relativity.
- ³ See, for instance, Chapter 14 of [2].
- ⁴ We are assuming an isotropic configuration and matter as a type-I non composite fluid, so the form of the energy condition is the usual one; see [39] and the related discussion in [40].
- ⁵ If such alternative derivation is not adopted, there are still other reasons to assume $\alpha > 0$, as shown, for example, in [45] in relation to the consistency of holographic descriptions.

References

1. Morris, M.S.; Thorne, K.S. Wormholes in spacetime and their use for interstellar travel: A tool for teaching general relativity. *Am. J. Phys.* **1988**, *56*, 395. [\[CrossRef\]](#)
2. Visser, M. *Lorentzian Wormholes*; AIP Press: New York, NY, USA, 1996.
3. Morris, M.S.; Thorne, K.S.; Yurtsever, U. Wormholes, Time Machines, and the Weak Energy Condition. *Phys. Rev. Lett.* **1988**, *61*, 1446. [\[CrossRef\]](#)
4. Frolov, V.P.; Novikov, I.D. Physical effects in wormholes and time machines. *Phys. Rev. D* **1990**, *42*, 1057. [\[CrossRef\]](#)
5. Hochberg, D.; Visser, M. Geometric structure of the generic static traversable wormhole throat. *Phys. Rev. D* **1997**, *56*, 4745. [\[CrossRef\]](#)
6. Visser, M. Traversable wormholes from surgically modified Schwarzschild space-times. *Nucl. Phys. B* **1989**, *328*, 203. [\[CrossRef\]](#)
7. Poisson, E.; Visser, M. Thin shell wormholes: Linearization stability. *Phys. Rev. D* **1995**, *52*, 7318. [\[CrossRef\]](#)
8. Eiroa, E.F.; Romero, G.E. Linearized stability of charged thin shell wormholes. *Gen. Relativ. Gravit.* **2004**, *36*, 651. [\[CrossRef\]](#)
9. Eiroa, E.F. Stability of thin-shell wormholes with spherical symmetry. *Phys. Rev. D* **2008**, *78*, 024018. [\[CrossRef\]](#)
10. Montelongo Garcia, N.; Lobo, F.S.N.; Visser, M. Generic spherically symmetric dynamic thin-shell traversable wormholes in standard general relativity. *Phys. Rev. D* **2012**, *86*, 044026. [\[CrossRef\]](#)
11. Forghani, S.D.; Habib Mazharimousavi, S.; Halilsoy, M. Thermodynamic stability of a Schwarzschild thin-shell wormhole. *Int. J. Mod. Phys. D* **2019**, *28*, 1950142. [\[CrossRef\]](#)
12. Eiroa, E.F.; Figueroa-Aguirre, G.; Penafiel, M.L.; Bergliaffa, S.E.P. Dynamical and thermodynamical stability of a charged thin-shell wormhole. *Eur. Phys. J. C* **2024**, *84*, 1160. [\[CrossRef\]](#)
13. Rubín de Celis, E.; Simeone, C. About the traversability of thin-shell wormholes. *Eur. Phys. J. C* **2021**, *81*, 937. [\[CrossRef\]](#)
14. Rubín de Celis, E.; Simeone, C. Further considerations about the traversability of thin-shell wormholes. *Eur. Phys. J. C* **2022**, *82*, 1035. [\[CrossRef\]](#)
15. Rubín de Celis, E.; Simeone, C. Tides across thin-shells: Differences between spacetimes with one and two asymptotic regions. *Eur. Phys. J. C* **2023**, *83*, 863. [\[CrossRef\]](#)
16. Tomasini, C.; Rubín de Celis, E.; Simeone, C. Tides and traversability in gravastars and other related geometries. *Int. J. Mod. Phys. D* **2025**, *34*, 2550029. [\[CrossRef\]](#)
17. Gravanis, E.; Willison, S. “Mass without mass” from thin shells in Gauss-Bonnet gravity. *Phys. Rev. D* **2007**, *75*, 084025. [\[CrossRef\]](#)
18. Dotti, G.; Oliva, J.; Troncoso, R. Static wormhole solution for higher-dimensional gravity in vacuum. *Phys. Rev. D* **2007**, *75*, 024002. [\[CrossRef\]](#)
19. Maeda, H.; Nozawa, M. Static and symmetric wormholes respecting energy conditions in Einstein-Gauss-Bonnet gravity. *Phys. Rev. D* **2008**, *78*, 024005. [\[CrossRef\]](#)
20. Garraffo, C.; Giribet, G.; Gravanis, E.; Willison, S. Gravitational solitons and C vacuum metrics in five-dimensional Lovelock gravity. *J. Math. Phys.* **2008**, *49*, 042502. [\[CrossRef\]](#)
21. Richarte, M.; Simeone, C. Thin-shell wormholes supported by ordinary matter in Einstein-Gauss-Bonnet gravity. *Phys. Rev. D* **2007**, *76*, 087502; Erratum in *Phys. Rev. D* **2008**, *77*, 089903. [\[CrossRef\]](#)
22. Habib Mazharimousavi, S.; Halilsoy, M.; Amirabi, Z. Stability of thin-shell wormholes supported by normal matter in Einstein-Maxwell-Gauss-Bonnet gravity. *Phys. Rev. D* **2010**, *81*, 104002. [\[CrossRef\]](#)
23. Wiltshire, D.L. Black holes in string-generated gravity models. *Phys. Rev. D* **1988**, *38*, 2445. [\[CrossRef\]](#)
24. Simeone, C. Addendum to ‘Thin-shell wormholes supported by ordinary matter in Einstein-Gauss-Bonnet gravity’. *Phys. Rev. D* **2011**, *83*, 087503. [\[CrossRef\]](#)
25. Giribet, G.; Rubín de Celis, E.; Simeone, C. Traversable wormholes in five-dimensional Lovelock theory. *Phys. Rev. D* **2019**, *100*, 044011. [\[CrossRef\]](#)

26. Davis, S.C. Generalized Israel junction conditions for a Gauss-Bonnet brane world. *Phys. Rev. D* **2003**, *67*, 024030. [[CrossRef](#)]
27. Eiroa, E.F.; Simeone, C. Aspects of spherical shells in a D-dimensional background. *Int. J. Mod. Phys. D* **2012**, *21*, 1250033. [[CrossRef](#)]
28. Sen, N. Über die Grenzbedingungen des Schwerefeldes an Unstetigkeitsflächen. *Ann. Phys.* **1924**, *378*, 365. [[CrossRef](#)]
29. Lanczos, K. Flächenhafte Verteilung der Materie in der Einsteinschen Gravitationstheorie. *Ann. Phys.* **1924**, *379*, 518. [[CrossRef](#)]
30. Darmon, G. *Mémoire des Sciences Mathématiques, Fascicule XXV*; Gauthier-Villars: Paris, France, 1927; Chapter 5.
31. Israel, W. Singular hypersurfaces and thin shells in general relativity. *Nuovo C. B* **1966**, *44*, 1; Erratum in *Nuovo C. B* **1967**, *48*, 463. [[CrossRef](#)]
32. Thibeault, M.; Simeone, C.; Eiroa, E.F. Thin-shell wormholes in Einstein-Maxwell theory with a Gauss-Bonnet term. *Gen. Relativ. Gravit.* **2006**, *38*, 1593. [[CrossRef](#)]
33. Maeda, H.; Sahni, V.; Shtanov, Y. Braneworld dynamics in Einstein-Gauss-Bonnet gravity. *Phys. Rev. D* **2007**, *76*, 104028; Erratum in *Phys. Rev. D* **2009**, *80*, 089902. [[CrossRef](#)]
34. Brassel, B.P.; Maharaj, S.D.; Goswami, R. Stars and junction conditions in Einstein-Gauss-Bonnet gravity. *Class. Quantum Gravity* **2023**, *40*, 125004. [[CrossRef](#)]
35. Bronnikov, K.A.; Lemos, J.P.S. Cylindrical wormholes. *Phys. Rev. D* **2009**, *79*, 104019. [[CrossRef](#)]
36. Weinberg, S. *Gravitation and Cosmology*; John Wiley and Sons: New York, NY, USA, 1972.
37. Richarte, M.G.; Simeone, C. Traversable wormholes in a string cloud. *Int. J. Mod. Phys. D* **2008**, *17*, 1179. [[CrossRef](#)]
38. Genç, O. Some aspects of Morris-Thorne wormhole in Scalar-Tensor theory. *Int. J. Mod. Phys. D* **2023**, *32*, 2350014. [[CrossRef](#)]
39. Maeda, H.; Martínez, C. Energy conditions in arbitrary dimensions. *Prog. Theor. Exp. Phys.* **2020**, *4*, 043E02. [[CrossRef](#)]
40. Brassel, B.P.; Maharaj, S.D.; Goswami, R. Higher-dimensional inhomogeneous composite fluids: Energy conditions. *Prog. Theor. Exp. Phys.* **2021**, *10*, 103E01. [[CrossRef](#)]
41. Gross, D.J.; Sloan, J.H. The quartic effective action for the heterotic string. *Nucl. Phys. B* **1987**, *291*, 41. [[CrossRef](#)]
42. Boulware, D.G.; Deser, S. String-generated gravity models. *Phys. Rev. Lett.* **1985**, *55*, 2656. [[CrossRef](#)] [[PubMed](#)]
43. Gross, D.J.; Witten, E. Superstring modifications of Einstein's equations. *Nucl. Phys. B* **1986**, *277*, 1. [[CrossRef](#)]
44. Zwiebach, B. Curvature squared terms and string theories. *Phys. Lett. B* **1985**, *156*, 315. [[CrossRef](#)]
45. Ong, Y.C. Holographic consistency and the sign of the Gauss-Bonnet parameter. *Nucl. Phys. B* **2022**, *984*, 115939. [[CrossRef](#)]
46. Visser, M.; Kar, S.; Dadhich, N. Traversable wormholes with arbitrarily small energy condition violations. *Phys. Rev. Lett.* **2003**, *90*, 201102. [[CrossRef](#)] [[PubMed](#)]
47. Barceló, C.; Visser, M. Twilight for the energy conditions? *Int. J. Mod. Phys. D* **2002**, *11*, 1553. [[CrossRef](#)]
48. Nandi, K.K.; Zhang, Y.-Z.; Kumar, K.B.V. Volume integral theorem for exotic matter. *Phys. Rev. D* **2004**, *70*, 127503. [[CrossRef](#)]

Disclaimer/Publisher's Note: The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.