



**Supplementary Figure S1.**  $^{13}\text{C}$ -enrichment data of glucose (blue) and lactate (red) after oral (A) and intravenous (B)  $^{13}\text{C}_3$ -glycerol administration. Inset graphs with the area under the curve (AUC) data. \* $p < 0.05$  via paired t-test or Wilcoxon sign-rank test between oral and intravenous administration.  $n = 8$ .