



Sodium Batteries: A Review on Sodium-Sulfur and Sodium-Air Batteries

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Abstract: Lithium-ion batteries are currently used for various applications since they are lightweight, stable, and flexible. With the increased demand for portable electronics and electric vehicles, it has become necessary to develop newer, smaller, and lighter batteries with increased cycle life, high energy density, and overall better battery performance. Since the sources of lithium are limited and also because of the high cost of the metal, it is necessary to find alternatives. Sodium batteries have shown great potential, and hence several researchers are working on improving the battery performance of the various sodium batteries. This paper is a brief review of the current research in sodium-sulfur and sodium-air batteries.

Keywords: sodium-sulfur battery; sodium-air battery; battery chemistries; catalysts; cathodes

1. Introduction

Energy storage has become one of the major global concerns as the world is preparing to find an alternative to fossil fuels for storage and energy generation. Lithium-ion based batteries are already established as an alternative energy source to fossil fuels. They are the most common type of rechargeable batteries that can be found in almost all the portable devices to electric vehicles (EVs) [1–4]. Lithium metal is the lightest metal with a small ionic radius and has a very low redox potential of -3.04 V against hydrogen electrode. The above properties enable batteries with higher voltage and energy densities. Furthermore, the small ionic radius helps ions to diffuse in solids. Higher capacity, longer cycle life, and higher rate capability make lithium-ion batteries a perfect fit for portable electronics and electric vehicles.

The demand for lithium-ion batteries is increasing rapidly because of the increased use of portable electronics and the growing future use of EVs. Several developed countries are going to ban fossil fuel-driven vehicles, so the demand for lithium metal will increase rapidly, and the metal is not abundant in nature, so there is a possibility of the prices to go up sharply in the next few decades [5,6]. Hence research has been going on to find an alternative to lithium for future generation energy storage devices. Sodium is an alternate choice for lithium as the metal is abundant in nature, which will make batteries cheaper, is the second lightest material next to lithium, and its redox potential is -2.7 V against hydrogen electrode, which is slightly higher than lithium.

The application of RT Na/S battery, however, faces some critical challenges of low cyclic stability and rapid capacity fading in the first few cycles, which is similar to Li-S battery systems because of the polysulfide shuttle effect during the charge-discharge process. Unfortunately, the problem in Na-S battery is more serious than the Li-S system. In this review article, we discuss the recent development beyond sodium-ion batteries, focusing on room temperature sodium-sulfur (RT Na-S) and sodium-air/O₂ batteries. The article first introduces the principles of charge/discharge mechanisms of RT Na-S and Na-air/O₂ batteries, followed by a summary of the recent progress in research.

2. Sodium Sulfur Battery

Sulfur as cathode materials possesses a high discharge capacity of 1675 mAh g^{-1} which is one order of magnitudes compared to the insertion-cathode system. This high capacity makes this material a serious candidate for the future generation battery system. In 2006, room temperate sodium-sulfur (Na-S) battery was reported for the first time [7]. Since then several researches have been conducted to improve the electrochemical utilization of the active sulfur material and its cyclic performance for longer cycles [8]. The principle mechanism and the selection of Na-S battery electrodes are similar to Li-S battery technology. The most common Na-S cell consists of Na metal as anode, sulfur-carbon composite as cathode, and organic liquids as electrolyte. During the discharge process the anode sodium metal gets oxidized and forms sodium ions and electrons. The ion moves through the electrolyte and separator to reach the sulfur composite cathode, while the electrons move to the cathode through the external circuit and generate electricity. Meanwhile, on the cathode, sulfur gets reduced by accepting the sodium ions, and the electrons thus form complex sodium polysulfides. The typical charge-discharge cut-off voltage for Na-S cell is from 1 to 3 V. The charge-discharge of Na-S cell shows a series of complicated formation of long-chain (Na₂S_n, $4 \le n \le 8$) and short-chain (Na₂S_n, $1 \le n < 4$) polysulfides similar to Li-S cells [9,10]. Figure 1b shows a typical discharge voltage profile of a Na-S battery. The figure shows two plateaus at ~2.2 V and ~1.65 V during discharge, and at charging the plateaus are at ~1.75 V and ~2.4 V. The discharge curve in the figure is divided into four stages. On the first stage, elemental sulfur gets reduced to long-chain sodium polysulfides, where a solid to liquid transition occurs at ≈ 2.2 V:

$$S_8 + 2Na^+ + 2e^- \rightarrow Na_2S_8 \tag{1}$$

Stage 2 represents the sloping line in the voltage range from 2.2 V to 1.65 V, where a liquid to liquid transition from Na_2S_8 to Na_2S_4 occurs:

$$Na_2S_8 + 2Na^+ + 2e^- \rightarrow 2Na_2S_4 \tag{2}$$

In stage 3, a low-voltage plateau at ≈ 1.65 V can be seen because of a liquid to solid transition where Na₂S₄ is reduced to short-chain insoluble Na₂S₃, Na₂S₂, or Na₂S:

$$Na_2S_4 + \frac{2}{3}Na^+ + \frac{2}{3}e^- \to \frac{4}{3}Na_2S_3$$
 (3)

$$Na_2S_4 + 2Na^+ + 2e^- \rightarrow 2Na_2S_2 \tag{4}$$

$$Na_2S_4 + 6Na^+ + 6e^- \rightarrow 2Na_2S \tag{5}$$

In the last stage, a second sloping line in the voltage range from 1.65 V to 1.2 V corresponding to a solid-solid reaction by the reduction reaction of Na_2S_2 to Na_2S :

$$Na_2S_2 + 2Na^+ + 2e^- \rightarrow 2Na_2S \tag{6}$$

Stage 2 is the most complicated reaction step compared to the other stages as it is dominated by the presence of multiple polysulfide species in the solution. In stage 3, the reaction competition between the reactions 3 to 5 determines the discharge voltage and the capacity of the stage. Stage 4 is kinetically the slowest among the others and shows high polarization because of the non-conductive nature of the short-chain Na_2S_2 and Na_2S formation.



Figure 1. (a) Schematic illustration of RT -Na/S batteries [11] (b) Reaction stages during discharge for RT-Na/S batteries [8]. Reprinted with permission from Wiley, copyright 2019.

2.1. Technical Challenges

Although sulfur cathode-based batteries possess high theoretical capacity, there are some technical challenges for Na-S batteries coming from the materials chemistry and the system of the battery [12,13]. The common problems are the same as of Li-S batteries. The extremely low conductivity of sulfur ($\approx 10^{-30}$ S cm⁻¹), the low reactivity between sulfur and sodium, the formation of intermediate polysulfide during the discharge process makes unstable electrochemical contact, and the gradual increase in impedances because of the formation of passivation layers on the electrodes during cycling makes it difficult to reach high theoretical capacity. Although RT Na-S batteries have similar problems like Li-S batteries, the concerns are greater for Na-S batteries because of the sluggish nature of the electrolyte and rapid polysulfide migration during cycling, which makes the application of RT Na-S batteries more challenging.

So far, several types of research have been going on to overcome the challenges for RT Na-S batteries. Most of the researches are focusing on the sulfur-containing cathode to improve the reaction kinetics of the cathode; lower the shuttle effect, and improve the performance of the RT Na-S batteries at room temperature. Other researches also focused on the application of solid-state electrolyte, which improved the interfacial contact between electrode-electrolyte interfaces, thus reduced the Na dendrite formation. The following sections will highlight the recent progress on the electrode and electrolyte materials that are used to improve the performance of RT Na-S batteries.

2.2. Cathodes

As it is discussed earlier that the two major drawbacks in RT-Na-S battery system are the insulating nature of the active material sulfur and the shuttle effect because of the formation of polysulfides during cycling, which gives poor cyclic stability of the battery system. A large number of researches are going on to improve the conductivity of the cathode system by mixing or embedding or encapsulating sulfur in a conducting agent like carbon or polymers. The list of the research in RT Na-S battery is shown in Table 1, which summarizes the cathode, electrolyte materials that are used in the battery, and the cyclic performances at the first cycle and at the longest cycles at a certain current density.

At the early stages of research, sulfur was mixed with carbon in a ball mill for a proper mixing of sulfur and carbon, which created a conductive framework to enhance the utilization of active sulfur. Acetylene carbon black and super P were mostly used as a source of conductive agents. Park et al., for the first time reported this improvement by mixing 70 wt% S with 20 wt% C in 10 wt% polyethylene oxide (PEO) binder and a solid electrolyte with an initial discharge capacity of 505 mAh g⁻¹ at 90 °C. However, a rapid capacity drop was observed in just after 10 cycles to only 166 mAh g⁻¹ [14]. An increase in carbon content to 40 wt% was reported by Wenzel et al. with an initial discharge capacity of ~475 mAhg⁻¹

and enhanced cyclic stability to 40 cycles at room temperature using beta alumina solid electrolyte [15]. Although the mechanical mixing of sulfur, carbon, and binder is an easier approach to resolve the conductivity issue of the electrode system, more research was needed to improve the cyclic stability. Low sulfur content creates poor contact between S and C, while high sulfur content creates sulfur agglomerates on the carbon particles and results in poor electrochemical performances.

Cathode	Electrolyte	Current Rate	Capacity at cycle 1/mAh g ⁻¹	Capacity/mAh g ⁻¹ after (n) cycles	Ref
Sulfurized PAN (S-PAN)	1M NaClO ₄ in EC-DMC	0.1 mA cm^{-2}	654.8	500 (18)	[12]
Sulfurized PAN nanofiber Sulfur 41wt%	1M NaPF ₆ in 1:1 EC:DMC	0.1C	756	648 (200)	[16]
Sulfurized CNF	Polymer with intrinsic porosity(PIN) coated on Na3Zr2Si2PO12	C/5	~650	550 (100)	[17]
Polyacrylonitrile (PAN): S 1:8	2M NaTFSI/TMP in FEC	1C	~1000	788 (300)	[18]
C-PANS: Super P: PVDF	0.8M NaClO ₄ in EC/EMC	220 mA g^{-1}	364	150 (500)	[19]
S@Con-HC: Carbon Black: Carboxymethyl cellulose (CMC) 70:10:20	1M NaClO ₄ in PC/EC + 5wt% FEC	100 mA g ⁻¹	1081	508 (600)	[20]
Sulfur nanoparticles: Super P: PVDF 60:30:10 soaked carbon fiber composites (CFC)	1.5M NaClO ₄ & 0.2M NaNO ₃ in TEGDME	0.1 C	390	120 (300)	[21]
Multiporous carbon fibers (MPCFs): Super-P: Sodium carboxymethyl cellulose (CMCNa) 80:10:10	2M NaTFSI in TEGDME and PC:FEC (1:1 vol) as co-solvent	0.1C	1635	1134 (50)	[11]
rGO/S/MnxOy@SA-PANI (Na Alginate/polyaniline)	1M NaClO ₄ with 0.2M NaNO ₃ in TEGDME	$0.2~\mathrm{Ag}^{-1}$	631	535 (50)	[22]
S/CNT@MPC: Super P: PVDF	1M NaClO ₄ in PC/EC	3.34 Ag^{-1}	1610	500 (200)	[23]
S-hollow C: Carbon: PEO	NaTFSI in TEGDME	167 mA g^{-1}	1000	600 (20)	[24]
S@interconnected mesoporous C hollow spheres (iMCHS): CB: CMC	1M NaClO ₄ in EC/PC + FEC	100 mA g ⁻¹	328.4	292 (200)	[25]
S/Cu-decorated mesoporous C: C: CMC	1M NaClO ₄ in EC/DMC	50 mA g^{-1}	718	641 (110)	[26]
S/microporous C polyhedron composites(MCPS): CB: PVDF	1M NaClO ₄ in EC/PC	84 mA g ⁻¹	689	354 (100)	[27]

Table 1. Literature review of components and performance of various Na-sulfur batteries.

To overcome the above-mentioned problems, different approaches were made to prepare sulfur-based composite cathode which improved the contact between the sulfur and carbon and also the prevention of agglomeration. Wang et al. for the first time reported sulfurized composite cathode with conductive polyacrylonitrile (PAN) and achieved 654 mAhg⁻¹ at the initial cycles while maintaining stability to 500 mAh.g⁻¹ after 18 cycles [12]. In recent times the application of sulfurized RT Na-S batteries has been reported to have high initial discharge capacity and long cycle life [15–19], which is due to the stable atomic configuration of sulfur in the PAN matrix which helped to reduce polysulfide formation and improved kinetics of the reaction. Wu et al. recently reported improved results using PAN/S composite cathode, as shown in Figure 2.



Figure 2. (a) Schematic illustration of the synthesis procedure; (b) cyclic performance of Na/Span cells with 2M NaTFSI/TMP electrolytes at 1C [18]. Reprinted with permission from Wu, J.; Liu, J.; Lu, Z.; Lin, K.; Lyu, Y.Q.; Li, B.; Ciucci, F.; Kim, J.-K.; Non-flammable electrolyte for dendrite-free sodium-sulfur battery, Elsevier, copyright 2019.

To increase the active sulfur loading, sulfur has been introduced in various forms of carbonaceous matrix framework. The most frequently used forms of carbon are CNTs, graphene, microporous, mesoporous, macroporous, and hollow carbon spheres. These types of carbons help to increase the active sulfur loading in the carbon matrix. This process also improves intimate contact between the sulfur and carbon which improves sodium ion transfer and electrolyte transport between the electrodes and thus improves the capacity and cycle life. Recently, Ghosh et al. reported 631 mAh.g⁻¹ initial specific capacity using a three-dimensional ternary composite porous cathode, which is made of reduced graphene oxide (rGO), sulfur, and Mn_xO_y incorporated within a Na alginate/polyaniline hybrid matrix as shown in Figure 3. They have concluded that the addition of Mn_xO_y forms complex polythionates and acts as a mediator to anchor higher-order polysulfides and prevents polysulfide dissolution [22].

2.3. Electrolytes

Electrolyte soaked with a separator helps to move ions to transfer between the electrodes and prevents the short circuit by creating a barrier between the electrodes to come in contact with each other. So far various salts containing sodium and solvents based on carbonates, ethers, and ionic liquid-based have been reported in RT-Na/S battery. It has been found that the electrolyte also plays an important part in the performance of the battery alongside the cathodes. Carbonate solvents with NaClO₄ salts are mostly used in RT-Na/S batteries [11,12,19,20]. However, the problem with this type of electrolyte is that it cannot protect the Na metal from forming dendrites, so at longer cycles and high C-rates these dendrites grow and short circuit the battery. To protect the Na metal, Zhang et al. added fluoroethylene carbonate (FEC) in the carbonate electrolyte which forms an SEI layer on the metal and improved the cyclic life of the battery. Xu et al. reported a high initial discharge capacity of 1635 mAh g^{-1} at 0.1 C rate at room temperature using multiporous carbon fibers (MPCFs), super-P conductive

agents, and sodium carboxymethyl cellulose (CMCNa) binder [11]. They have also reported high cyclic stability of 1134 mAh g⁻¹ after 50 cycles, which they attributed as the addition of InI3 additive in the carbonate electrolyte. According to their findings, InI3 acted as a redox mediator where the Na metal was protected by the formation of an indium (In) layer. This layer is formed by the In³⁺ redox reaction and a fluorine (F⁻)-rich stable SEI film. It also helped to oxidize the irreversible Na₂S during the charging process which improved the Coulombic efficiency.



Figure 3. Schematic illustration of freestanding cathode synthesis and the role of the binder. (**a**) Schematic illustration of the free-standing cathode preparation. (**b**) Schematic of the proposed role of the polysaccharide binder to counteract volume expansion of sulfur during sodium-ion insertion [22]. Reprinted with permission from Ghosh, A.; Kumar, A.; Roy, A.; Panda, M.R.; Kar, M.; MacFarlane, D.R.; Mitra, S. Three-Dimensionally Reinforced Freestanding Cathode for High-Energy Room-Temperature Sodium–Sulfur Batteries. Copyright 2019, American Chemical Society.

Various ether-based electrolytes have been investigated in RT-Na/S batteries to overcome the shuttling effect. Long-chain ethers such as glyme-based tetraethylene glycol dimethyl ether (TEGDME) showed much-improved performance in this type of battery system because of its better solvation of oxygen atoms in the glyme structure which gives higher dissociation of sodium salts and polysulfide compounds. It has also been reported that the addition of 0.1M NaNO₃ in the TEGDME and NaClO₄ electrolyte forms a protective SEI layer on the Na metal and improves the cyclic stability of the battery [28]. In a recent study, it has been reported that 0.1M NaNO₃ is not sufficient to protect the Na metal completely, while the addition of 0.2M NaNO₃ shows complete protection of the metal and shows improved performance [22].

Room-temperature ionic liquids (RTIL) are salts in a molten condition where the cations and anions are bonded as a weak van der Waals force. The major advantage of RTILs is its low flammability, negligible vapor pressure, high thermal stability, moderate ionic conductivity, and wide electrochemical potential window [29,30]. The above-mentioned advantages make it a serious candidate in lithium-ion and sulfur battery system. It has been widely used as an electrolyte as a replacement for the conventional carbonate-based electrolyte in lithium battery applications [31–34]. RTILs have also been reported in Li-S battery application, however the capacity and cycle life was poor because of the viscous nature of the electrolyte [29,35–38]. The application of RTIL in RT-Na/S battery is very rare. So far IL added as an additive in carbonate-based electrolyte, and improved capacity and cycle life have been observed [27].

Solid polymer or gel polymer electrolyte(GPE) is another recent approach which has shown to have good interfacial contact with the electrodes and prevents dendrite growth in the metal. Recently, Yu et al. reported Nasicon (Na₃Zr₂Si₂PO₁₂)-based solid electrolyte which acted as a polysulfide shield by enhancing the interfacial properties, as shown in Figure 4 [17].



Figure 4. Illustration of the NASICON structure of $Na_3Zr_2Si_2PO_{12}$ material and molecular structure of a polymer with intrinsic porosity (PIN) and specific discharge capacities and Coulombic efficiencies versus cycling number of a Na || PIN [17]. Reprinted with permission from Yu, X.; Manthiram, A. Sodium-Sulfur Batteries with a Polymer-Coated NASICON-type Sodium-Ion Solid Electrolyte; copyright 2019 from Elsevier.

3. Sodium-Air Battery

3.1. Introduction

Metal-air batteries have been under investigation for many years because of their higher theoretical capacities. Most of the research has been focused on lithium-air batteries because they have the highest energy density of about 3458 Wh.kg⁻¹ and an overpotential of 2.96 V [31,39–47]. However, because of limitations including poor cyclability, large overpotential, SEI (solid electrolyte interface) layer formation [39], blockage of cathode reaction sites by electrolyte decomposition [42,44], electrolyte degradation [39], and high lithium metal cost, several other battery chemistries are being studied simultaneously. Recently, research is being conducted on sodium air, aluminum air, magnesium air, zinc-air, iron air, and tin air batteries.

Sodium air batteries have reported promising results as an alternative metal-air battery and have gained attention as the next generation batteries because of their high specific densities and capacities. Sodium is the sixth most abundant element found on earth with an energy density of about 1600 Wh.kg⁻¹ [48]. The theoretical energy density and specific capacity of sodium are 3164 Wh.kg⁻¹ and 1166 mAh.g⁻¹, respectively. The energy cost of rechargeable Li-air batteries is 300-500 kWh⁻¹ whereas for Na-air batteries, it is 100-150 kWh⁻¹ [48]. Even though lithium and sodium are chemically close, they react very differently with oxygen. In lithium-air batteries, lithium reacts with oxygen to form LiO₂ (lithium oxide) as an intermediate species before forming Li₂O₂ (lithium peroxide). Li₂O₂ deposition on the cathodes results in lower reversal of discharge products during charging. Whereas for Na-air batteries, sodium combines with oxygen to form NaO₂ (sodium superoxide) which is more stable, does not decompose, and hence assists during the reversal of discharge products while charging.

Peled et al. first investigated Na-air batteries in 2011 [49]. They operated the Na-air battery at 105 °C using liquid sodium, ETEK cathode, and polymer electrolyte. First room temperature Na-air battery was reported by Sun et al. in 2012, with 20 cycles, the discharge capacity of 1058 mAh.g⁻¹, and a coulombic efficiency of 85% [50]. They confirmed the formation of the major discharge product, Na₂O₂.

A typical Na-air battery as shown in Figure 5, consists of a sodium metal anode and a porous cathode separated by a separator in the electrolyte. The batteries undergo discharge and charge processes. During discharging, sodium gets oxidized and forms sodium ions (Na⁺). The cation then moves through the electrolyte to combine with the electron from the external circuit and reduces the adsorbed oxygen, thus forming NaO₂ that is reversibly reduced to O₂ and Na⁺. Na-air batteries can be classified as aprotic and aqueous/hybrid Na-air batteries [51,52]. In aprotic batteries, the insoluble and non-conductive NaO₂ and Na₂O₂ (discharge products) are deposited on the porous cathode thus blocking the reaction sites. Whereas in hybrid or aqueous Na-air batteries, a Na-ion conducting NASICON-type (Na₃Zr₂Si₂PO₁₂) separator has been used that assists in reducing the clogging of cathode pores with the discharge products [51,53,54]. Figure 6 shows the structure of non-aqueous and aqueous Na-air batteries with nanoporous gold electrode and their discharge-charge behavior.



Figure 5. Schematic representation of a typical sodium-air battery.

3.2. Electrochemical Reactions in the Na-Air Battery

The following reactions occur during the discharge–charge process of aqueous Na-air batteries [55]:

At cathode:	$O_2 + 2H_2O + 4e^- \leftrightarrow 4 OH;$	$E_0 = +0.40 V$	(i)
At anode:	$Na \leftrightarrow Na^+ + e^-;$	$E_0 = +2.71 \text{ V}$	(ii)
Overall:	$4 \text{ Na} + \text{O}_2 + 2 \text{ H}_2\text{O} \leftrightarrow 4 \text{ NaOH};$	$E_0 = 3.11 \text{ V}$	(iii)

The standard cell voltage based on the above equations is 3.11 V. However, for aprotic Na-air batteries, the reactions are given as follows [56]:

At Cathode:	$O_2 + e^- \leftrightarrow O_2^-;$	$E_0 = -0.44 V$	(iv)
Or	$O_2 + 2e^- \leftrightarrow O_2^{2-};$	$E_0 = 0.38 V$	(v)
Anode:	$Na \leftrightarrow Na^+ + e^-;$	$E_0 = +2.71 \text{ V}$	(vi)
Overall:	$Na + O_2 \leftrightarrow NaO_2;$	$E_0 = 2.27 V$	(vii)
Or	$2Na + O_2 \leftrightarrow Na_2O_2;$	$E_0 = 2.33 V$	(viii)



Figure 6. Schematic structure of (**a**) non-aqueous and (**b**) aqueous Na-air batteries with nanoporous gold electrode. (**c**) First discharge charge curves of non-aqueous and aqueous batteries at 0.5 mA·cm⁻² up to 7 mAh·g⁻¹_{NPG} [57]. Reprinted from Aqueous and Nonaqueous Sodium-Air Cells with Nanoporous Gold Cathode, 182; Taijyu Hashimoto, Katsuro Hayashi; Copyright 2019, with permission from Elsevier.

3.3. Components of the Na-Air Battery

3.3.1. Electrolytes

To enhance Na-air battery performance, the electrolyte must be highly stable against oxygen for longer cycles and reversibility. Na-air batteries have been classified as aqueous and non-aqueous based on the electrolytes. Aqueous electrolytes assist in the prevention of deactivation of catalyst by discharge products. Anode electrolytes are commonly formed with sodium salts, namely NaCF₃SO₃ and NaClO₄, in 0.1 M–1 M of organic solvents such as ethylene carbonate/dimethyl carbonate (EC/DMC) and

tetra-ethylene glycol dimethyl ether (TEGDME) [58]. The electrolyte used significantly affects the formation of SEI film thus reducing the battery performance if the SEI film is unstable or improving the battery performance by the stable SEI film formation [59]. The influence of various sodium salts including TFSi⁻, PF_6^- , OTf^- , and ClO_4^- on Na-air batteries was studied by Lutz et al. [59]. Figure 7 shows the effect of the different salts on the SEI formation.



Figure 7. Illustration of the suggested sodium solid electrolyte interface (SEI) formation mechanism and its composition in different DME (1,2-dimethoxyethane) electrolytes [59]. Reprinted with permission from ACS, Copyright 2017.

3.3.2. Separator

Separators are inactive components used in aqueous Na-air batteries to separate the anode and cathode to prevent short circuits, to provide a path for ionic conduction, and prevent mixing of electrolytes. NASICON, sodium-ion conducting oxide ceramic with the chemical formula $Na_{1+x}Zr_2Si_xP_{3-x}O_{12}, 0 < x < 3$ [60] is the most commonly used separator for Na-air batteries.

3.3.3. Cathodes and Catalysts

The cathodes play a vital role in the electrochemical performance of the batteries. Porous carbon is a typical cathode for most of the Na-air batteries. However, the discharge products get deposited in the porous structure of the cathode, thus blocking the reaction sites which results in battery failure. Catalysts optimize battery performance by providing better-dispersed reaction sites. The comparison and performance of Na-air batteries using various cathodes, catalysts, separators, and electrolytes are shown in Table 2. Lithium metal anode was used for all the references mentioned in the table below.

Cathode	Catalyst	Separator	Electrolyte	Current Density	Cycles	Over-Potential (V)	Round Trip Efficiency (%)	Ref
Catalyst on nickel mesh	Dual-phase spinel MnCo ₂ O ₄ with nitrogen-doped reduced graphene oxide hybrid (dp-MnCo ₂ O ₄ /N-RGO)	NASICON	1 M NaClO ₄ in EC/DMC (1:1) with 1 vol% FEC as anolyte. 1 M NaOH as catholyte	0.13 mA.cm ⁻²	25	0.39	87.6	[61]
Carbon black	Pt/C	NASICON	1 M NaClO ₄ in EC/DMC (1:1) with 1 vol% FEC as anolyte. 1 M NaOH as catholyte	0.13 mA.cm ⁻²		0.62	_	[61]
Catalyst on nickel mesh	Nitrogen-doped reduced graphene oxide hybrid (N-RGO)	NASICON	1 M NaClO ₄ in EC/DMC (1:1) with 1 vol% FEC as anolyte. 1 M NaOH as catholyte	0.13 mA.cm ⁻²		0.6	-	[61]
Catalyst on nickel mesh	A dual-phase spinel MnCo ₂ O ₄ (DP- MnCo ₂ O ₄)	NASICON	1 M NaClO4 in EC/DMC (1:1) with 1 vol % FEC as anolyte. 1 M NaOH as catholyte	0.13 mA.cm^{-2}		0.49	-	[61]
Carbon black		NASICON	1 M NaClO ₄ in EC/DMC (1:1) with 1 vol% FEC as anolyte. 1 M NaOH as catholyte	0.13 mA.cm ⁻²		1.34	-	[61]
3D flower-shaped sns ₂ nanostructures, called as nanopetals		NASICON	0.1 M NaOH electrolyte	5 mA.g^{-1}	40	0.52	83	[62]
Co ₃ O ₄ decorated carbon nanotubes (CNT@Co ₃ O ₄)	Nanostructured cobalt oxide (Co ₃ O ₄)	Polypropylene (PP)-based polymer	NaCF ₃ SO ₃ /diethylene glycol dimethyl ether (DEGDME)	$150 {\rm mA.g^{-1}}$	12 cycles at a cut off of 300 mA.h.g ⁻¹ capacity	0.4	-	[63]
CNT/Co ₃ O ₄ nanocomposite powders prepared by grinding Co ₃ O ₄ nanoparticles with CNTs	Co ₃ O ₄	Polypropylene (PP)-based polymer	NaCF ₃ SO ₃ /diethylene glycol dimethyl ether (DEGDME)	150 mA.g ⁻¹	12 cycles at a cutoff of 300 mA.h.g ⁻¹ capacity	0.4	-	[63]
CNT	-	Polypropylene (PP)-based polymer	NaCF ₃ SO ₃ /diethylene glycol dimethyl ether ((DEGDME)	150 mA.g ⁻¹	13 cycles at a cutoff of 300 mA.h.g ⁻¹ capacity	0.6	-	[63]
Catalyst on glassy carbon electrode	Tl ₂ Ru ₂ O ₇ functionalized using dihydrogen phosphate ion (P-Tl ₂ Ru ₂ O ₇)	NASICON	1M NaCF ₃ SO ₃ /TEGDME, 0.1 M KOH	0.01 mA.cm ⁻²	50	0.16	95	[64]
Catalyst on glassy carbon electrode	Tl ₂ Ru ₂ O ₇	NASICON	1M NaCF ₃ SO ₃ /TEGDME, 0.1 M KOH	0.01 mA.cm ⁻²	-			[64]
20 wt% Pt on Vulcan carbon black	Platinum (Pt)	NASICON	1M NaCF ₃ SO ₃ /TEGDME, 0.1 M KOH	0.01 mA.cm ⁻²	-	0.25	~90	[64]
20 wt% Ir on Vulcan	Irradium (Ir)	NASICON	1M NaCF ₃ SO ₃ /TEGDME, 0.1 M KOH	0.01 mA.cm ⁻²	-	0.3	~90	[64]
Catalyst on carbon paper	Carbon black	Solid conductor with Na ₃ Zr ₂ Si ₂ PO ₁₂	1 M NaClO ₄ in EC/DMC (1:1) with 1 vol% of fluoroethylene carbonate as anolyte, 1 M NaOH as catholyte	0.1 mA.cm ⁻²	-	1.05		[65]

Table 2. Literature review of components and performance of various Na-air batteries. Lithium metal was the anode in all cases.

Table 2. Cont.

Cathode	Catalyst	Separator	Electrolyte	Current Density	Cycles	Over-Potential (V)	Round Trip Efficiency (%)	Ref
Catalyst on carbon paper	Silver nanoparticles	Solid conductor with $Na_3Zr_2Si_2PO_{12}$	1 M NaClO ₄ in EC/DMC (1:1) with 1 vol% of fluoroethylene carbonate as anolyte, 1 M NaOH as catholyte	0.1 mA.cm ⁻²	-	0.75		[65]
Catalyst on carbon paper	Air electrode containing nickel nanoparticles as catalysts	Solid conductor with $Na_3Zr_2Si_2PO_{12}$	$1~M~NaClO_4$ in EC/DMC (1:1) with $1~vol\%$ of fluoroethylene carbonate as anolyte, $1~M~NaOH$ as catholyte	0.1 mA.cm ⁻²	100	0.57	80.0% to 69.3%	[65]
Bi ₂ Ru ₂ O ₇ (90 wt%) with polyvinylidene fluoride (10 wt%) as a binder on one side of the Teflon-treated carbon paper	Novel nanocrystalline bismuth ruthenate pyrochlore oxide (Bi ₂ Ru ₂ O ₇) as an effective oxygen electrocatalyst	NASICON	1M NaCF3SO3/TEGDME	0.01 mA cm^{-2}	50	0.21	93.58	[66]
Catalyst on conductive carbon powder	Metal-organic framework-derived N-doped carbon nanotubes (MOF-N-CNTs)	NASICON	1M NaCF ₃ SO ₃ /TEGDME	0.1 mA.cm ⁻²	35	0.3	87	[67]
Carbon	Pt/C (Platinum on carbon)	NASICON	1M NaCF3SO3/TEGDME	0.1 mA.cm ⁻²	-	0.5		[67]
Carbon	Ruthenium oxide (RuO ₂)	NASICON	1M NaCF3SO3/TEGDME	0.1 mA.cm ⁻²	-	0.5		[67]
CNT	Co-CNTs (Cobalt on carbon nanotubes)	NASICON	1M NaCF ₃ SO ₃ /TEGDME	0.1 mA.cm^{-2}	-	0.67		[67]
N-CNTs (nitrogen-doped carbon nanotubes)		NASICON	1M NaCF ₃ SO ₃ /TEGDME	0.1 mA.cm ⁻²	-	0.77		[67]
Multi-walled carbon nanotubes (MWCNTs)		NASICON	1M NaCF ₃ SO ₃ /TEGDME	0.1 mA.cm ⁻²	-	0.9		[67]
Carbon paper		NASICON	1M NaCF3SO3/TEGDME	0.1 mA.cm ⁻²	-	1.18		[67]
Ti ₂ Rh ₂ O ₇ (90 wt%) with polyvinylidene fluoride (10 wt%) binder on Teflon-treated carbon paper	Single crystalline thallium rhodium pyrochlore oxide (Tl2Rh2O7) as a highly efficient bifunctional electrocatalyst	NASICON	1 M NaCF ₃ SO ₃ /TEGDME	120 mA.g ⁻¹	50	0.208	93.65	[68]
CNT@Co ₃ O ₄ or CNT/Co ₃ O ₄	Co ₃ O ₄ is decorated on carbon nanotubes by ALD (CNT@Co ₃ O ₄)	Polypropylene (PP)-based polymer	NaCF ₃ SO ₃ /diethylene glycol dimethyl ether (DEGDME)	$150 {\rm mA.g}^{-1}$	13–14	0.4		[63]
Co ₃ O ₄ nanowires/C	Heterogeneous catalysts with Co ₃ O ₄ and liquid redox mediators		Ferrocene added to 0.05M Fe(C ₅ H ₅) ₂ in 1M NaClO ₄ /1,2-dimethoxyethane (DME)	500 mA.g ⁻¹	570	0.6		[69]
MnCo ₂ O ₄ /C air electrode with MnCo ₂ O ₄ , Super P and PVDF	Nanosized porous MnCo ₂ O ₄ microspheres	Glass fiber	1.0 M NaClO ₄ in propylene carbonate (PC)	0.1 mA cm^{-2}	130	1.7		[70]
Carbon black with nickel nanoparticle catalysts	Air electrode containing nickel nanoparticles as catalysts	Solid conductor with Na ₃ Zr ₂ Si ₂ PO ₁₂	1 M NaClO ₄ in EC/DMC (1:1) with 1 vol % of fluoroethylene carbonate as anolyte, 1 M NaOH as catholyte	0.1 mA cm^{-2}	100	0.57		[65]

Cathode	Catalyst	Separator	Electrolyte	Current Density	Cycles	Over-Potential (V)	Round Trip Efficiency (%)	Ref
Porous cobalt manganese oxide (CMO) nanocubes CMO nanoparticles, carbon black Super-P and PVDF	Spinel-type porous cobalt manganese oxide (Co _x Mn _{3-x} O ₄ , CMO) nanocubes as a noble-metal-free electrocatalyst	NASICON ceramic electrolyteused as Na+ ion conductive membrane to separate the anode from the cathode	NASICON ceramic electrolytes; 1 M NaCF ₃ SO ₃ in TEGDME	0.01 mA cm ⁻²	100	0.53	~85%	[71]
Cobalt phosphate, conductive carbon black Super-P, PVDF	Co ₃ (PO ₄) ₂ nanostructure	NASICON separator	1 M NaCF ₃ SO ₃ in tetra ethylene glycol dimethyl ether	0.01 mA cm^{-2}	50	0.23	~93%	[51]
Mesoporous carbon	Graphitic nanoshell/mesoporous carbon (GNS/MC) nanohybrids	Na super ionic conducting (NASICON) solid electrolyte	1.0 M NaCF ₃ SO ₃ /TEGDME (nonaqueous electrolyte) and 0.1 M NaOH aqueous solution as an anolyte and a catholyte respectively	60 mA.g ⁻¹	10	0.115	96.28	[72]
Pt/C (Platinum on carbon)		Na super ionic conducting (NASICON) solid electrolyte	1.0 M NaCF ₃ SO ₃ /TEGDME (nonaqueous electrolyte) and 0.1 M NaOH aqueous solution were used as an anolyte and a catholyte	60 mA.g ⁻¹	-	0.179	94.41	[72]
Ir/C		Na super ionic conducting (NASICON) solid electrolyte	1.0 M NaCF ₃ SO ₃ /TEGDME (nonaqueous electrolyte) and 0.1 M NaOH aqueous solution were used as an anolyte and a catholyte	60 mA.g ⁻¹		0.364	88.77	[72]
Carbon paper w/o catalyst	N/A	Na super ionic conducting (NASICON) solid electrolyte	1.0 M NaCF ₃ SO ₃ /TEGDME (nonaqueous electrolyte) and 0.1 M NaOH aqueous solution were used as an anolyte and a catholyte	60 mA.g ⁻¹		0.698	79.47	[72]
Highly graphitic nanoshells embedded in mesoporous carbon (GNS/MC) sprayed on Teflon-treated carbon paper used as the gas diffusion layer	Highly graphitic nanoshells embedded in mesoporous carbon (GNS/MC)	NASICON	1.0 M NaCF ₃ SO ₃ /TEGDME	0.01 mA.cm ⁻²	10	0.72		[72]
Vulcan XC72R	N/A	NASICON	3 M NaCF ₃ SO ₃ /TEGDME	0.01 mA.cm ⁻²	18	~0.6	78	[55]
Pt/C-coated carbon paper	Pt/C	NASICON	3 M NaCF ₃ SO ₃ /TEGDME	0.01 mA.cm ⁻²	18	~0.4	72.4	[55]
Nanoporous gold (NPG) air electrode	-	NASICON	1 M NaClO ₄ and 1 vol% fluoroethylene carbonate as an additive in EC/DMC with a ratio of 1:1 for the organic electrolyte. 1 M NaOH solution as aqueous electrolyte.	0.5 mA cm ⁻²	~10	~1.0		[57]

Cathode	Catalyst	Separator	Electrolyte	Current Density	Cycles	Over-Potential (V)	Round Trip Efficiency (%)	Ref
Carbon nanotube (CNT) @Ni electrode	N/A	NASICON	NaPF ₆ /DME electrolyte	200 mA.g^{-1}	10 cycles at cutoff capacity of 1200 mAh.g ⁻¹	~1.8		[73]
Self-stacked nitrogen-doped carbon nanotubes (ncnts) on commercial porous polypropylene substrates	N/A	Celgard3501	0.5 M sodium triflate (NaSO3CF3) dissolved in DEGDME	75 mA.g ⁻¹	10 cycles at cutoff capacity of 300 mAh.g ⁻¹	~2.0		[74]
CNT/Ni foam	N/A		1.0 M NaClO ₄ in 1,2-dimethoxyethane (DME)	$150 {\rm mA.g^{-1}}$	3	1.2		[75]
	N/A	-	0.5 M solutions of NaCF3SO3 in DEGDME, TEGDME, and DME as ether-based electrolytes	$100 {\rm mA.g^{-1}}$	20 cycles at cutoff capacity 0f 500 mAh.g ⁻¹	~1.8	-	[76]
NiCo ₂ O ₄ nanosheets were directly deposited on the Ni foam	N/A	-	0.05 M NaI containing DME (1.2-dimethoxyethane) electrolyte	$500 {\rm mA.g^{-1}}$	150 cycles with a capacity limit of 1000 mA.h.g ⁻¹	~0.8	-	[77]
Nitrogen-doped graphene nanosheets (N-GNSs) displayed	N/A	Celgard 3501	0.5 M sodium triflate (NaSO ₃ CF ₃) dissolved in diethylene glycol diethyl ether (DEGDME)	130 mA.g ⁻¹	10	-	-	[78]
Graphene nanosheets	N/A	-	0.05 M Fe(C ₅ H ₅) ₂ -containing electrolyte in 1.0 M NaClO ₄ in a nonaqueous solution of 1,2-dimethoxyethane (DME)	500 mA.g^{-1}	230 cycles with a high capacity of 1000 mA.h.g ⁻¹	~1.0	-	[79]
Carbon black on Al mesh		Glass fiber separator	1 M solutions of NaTFSI in propylene carbonate (PC) electrolyte	200 mA.g^{-1}	20 cycles at cutoff of 800 mAh.g ⁻¹	-	47	[80]
Carambola-shaped vanadium oxide (VO ₂) nanostructures on carbon paper	Vanadium oxide (VO ₂)	NASICON	1 M NaCF3SO3 in TEGDME	4 mA. g ⁻¹	50	0.64	81	[81]
Porous CaMnO ₃ /C	Calcium–manganese oxide microspheres	NASICON	NaSO ₃ CF ₃ /TEGDME	100 mA g^{-1}	80 cycles at cut off of 1000 mAh.g ⁻¹	~1.0	55	[82]
Urchin-shaped MnO ₂ on the RGO-coated carbon microfiber	Urchin-shaped MnO ₂ on RGO	NASICON	0.1 M NaOH aqueous catholyte. NaCF ₃ SO ₃ in TEGDME as anolyte	15 mA.g ⁻¹	20	0.7	81	[83]
Pt@graphene nanosheets	Platinum	NASICON	1 M NaClO ₄ /PC	0.1 mA.cm ⁻²	10 cycles at a cut off of 1000 mAh.g ⁻¹	~1.5	68	[84]

Table 2. Cont.

4. Conclusions

Although sodium-ion batteries are promising candidates for energy storage purposes, they still suffer from limited cyclability and are under development. The main purpose of this article was to summarize the work done in RT Na-S and Na-air/O₂ batteries to implement the technology in application. However, technology is still in its infancy and much more research is needed to overcome the major hurdles like poor capacity retention and cycle life because of the poor conductivity and polysulfide formation of sodium during cycling. Newer sodium ion-conducting separator may be considered to improve the battery performance further. Modification or synthesis of novel catalysts should also be considered to suppress the sodium dendrite formation that eventually results in battery death. By addressing these issues, better batteries can be developed for use in automobiles and other electronic devices.

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