



Article A Compact Low-Profile Antenna for Millimeter-Wave 5G Mobile Phones

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Abstract: This paper presents a very low profile and simple antenna design for dual beam and dual-band operation to be employed in future 5G mobile phones operating in the millimeter-wave bands of 26.75–30.31 and 35.83–41.22 GHz. The two distinct resonances at 28 and 38 GHz are achieved using a meta-material-based structure consisting of a closed-ring resonator (CRR) and a split-ring resonator (SRR) by co-centrically combining two planar hexagonal rings; i.e., an inner split-ring resonator (SRR) and an outer closed-ring resonator (CRR). The antenna has a high gain of 4.5 dBi. The antenna also exhibits a dual-beam radiation pattern in one of its planes. The overall antenna size is $6 \times 8 \text{ mm}^2$ and is manufactured using a low-cost PCB fabrication process. The antenna's dual-beam operation, broadband characteristics, high gain, and low profile makes it a potential candidate for future millimeter-wave mobile phones, especially in applications where space diversity is required.

Keywords: 5G; millimeter-wave; dual-band; 28/38 GHz; future mobiles; dual-beam; metamaterial

1. Introduction

Future mobile service operators will face the problem of providing an extremely large bandwidth to allow an enormous number of mobile users to connect to each other via social media networks. To cope with this problem, the International Telecommunication Union (ITU) is planning to allocate the spectrum between 24 and 86 GHz for mobile services [1]. Future mobile systems will have extremely high data-rate communication in the range of 5–50 Gbps. These high data rates will only be possible with communication in the millimeter-wave frequency bands. Reliability verification of millimeter-wave communication for mobile phones in dense urban scenarios has been performed and it was found to be quite suitable [2].

The antennas for future millimeter-wave communication systems should provide a large bandwidth with regard to Gbps data rates. An additional feature that is desirable in a millimeter-wave antenna is an ability to cover multiple bands allocated by standard bodies such as the United States Federal Communications Commission (FCC). The FCC has announced that it will license two prominent frequency bands; i.e., 28 and 38 GHz, for the future mobile communication system operating in the millimeter-wave bands [3]. Apart from the US, some European and far Eastern countries such as Japan and Korea have also indicated the use of these two bands for millimeter-wave mobile communications [4].

Most recently, millimeter-wave antennas reported by the research community covered a large bandwidth in the desired spectrum [5–13]. For example, Park et al. [5] proposed a cavity-backed antenna with 13.97 dBi of gain to cover the 28 GHz band using a complex mechanism of reducing the side-lobe levels. Choubey [6] also proposed a wideband cavitybacked antenna covering either the 28 or 45 GHz band individually by using a complex combination of series and parallel feeds. The antenna proposed by Khalily [7] was a simple planar array for 28 GHz with a high gain and narrow bandwidth. For unlicensed



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Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). millimeter-wave bands, antennas [8,9] with very large bandwidths have been proposed. Similarly, to cover the 28 and 38 GHz spectrum simultaneously, the reported antenna in [10] covered a single large band ranging from 26.5–38.3 GHz. Recently, an eight-element printed dipole array with a large bandwidth to cover 28 and 38 GHz was published for the millimeter-wave frequency spectrum [11]. A planar log-periodic dipole array [12] with a quasi-Yagi structure was proposed for 40–50 GHz. The antenna in [13] has a very large gain of 26.7 dBi and a large bandwidth of 14 GHz in the unlicensed 60 GHz band.

A dual-band, dual-polarized, and dual-feed antenna was proposed in [14] to address the 28/38 GHz 5G bands. This antenna has a gain of around 6.5 dBi in single-element mode and 15 dBi in array mode. However, this antenna has a complicated structure with narrow bands of only 0.4 and 0.72 GHz for 28 and 38 GHz, respectively. Furthermore, dualband antennas [15,16] based on substrate-integrated waveguide (SIW) and multilayered structures have been published recently. Both antennas cover the 28 and 38 GHz bands with large gains of around 15 and 10 dBi, respectively. These antennas are complex and fed using the proximity feeding technique. Both the antennas are arrays with a relatively large size of least 30 mm².

As opposed to complex and large-sized antennas, there have been attempts to visualize simple and planar 5G antenna solutions to achieve the same levels of performance. In this regard, planar monopole antennas have been presented [17–21] to show their feasibility in 5G mobile phones. For example, a planar spiral monopole antenna array [17] with a very large bandwidth of 18.39 GHz and peak gain of 11.5 dBi has been presented. The antenna covers both the 28 and 38 GHz 5G frequency bands with high gain values. Another simple yet high-performance monopole antenna array [18] with a higher gain of 12.15 dBi and bandwidth of 9.87 GHz in the range 25–25 GHz was also published. A rhombus-type monopole antenna array [19] with a relatively smaller bandwidth of 4.6 GHz for the 28 GHz 5G band with a gain of 11.24 dBi was proposed. A novel fractal design bearing a snowflake shape [20] with a dual-beam radiation pattern has proposed. This antenna has 13.43% of bandwidth at 28 GHz and provides stable dual beams that are almost 90° apart for spatial diversity application. A 10.7 dBi high-gain improved bowtie-shaped millimeterwave antenna array [21] for 5G mobile systems has been published. The antenna has an extremely wide bandwidth that ranged from 23.41 GHz to 33.92 GHz.

The above discussion on millimeter-wave antennas shows that the 28 and 38 GHz bands are of vital importance for future mobile phone communications in the millimeter-wave frequency spectrum. Hence, it is desirable that both these bands are covered simultaneously with good frequency rejection between them. The antenna design presented in this research covers both the 28 GHz and 38 GHz frequency bands with a large bandwidth for each, which is quite suitable for high-speed communication in the millimeter-wave spectrum. In this paper, we have continued our previous research that we presented in [22]; this design was presented as an initial proof of concept with very limited simulation results only. The current research paper presents a detailed analysis of the original design along with fabrication and measurement results. This is a dual-band/dual-beam antenna that uses a simple planar structure. A complete design process and parametric study was carried out to explain the working mechanism behind our chosen structure. The fabrication and measurement show that this antenna is compact and provides satisfactory performance for future 5G and millimeter-wave systems.

2. Antenna Design

2.1. Physical Configuration

The proposed antenna model is based on the Rogers RT/Duroid 5880 substrate and has a thickness equal to 0.254 mm, a dielectric constant $\varepsilon_r = 2.2$ and loss tangent tan $\delta = 0.0009$. The antenna length is $L_{sub} = 6$ mm and width is $W_{sub} = 8$ mm, as shown in Figure 1. The optimized dimensions are listed in Table 1.



Figure 1. Geometry of the proposed antenna: (a) front side; (b) back side.

Table 1.	Optimized	parameters	of the	antenna.
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Parameter	Value (mm)	Parameter	Value (mm)
а	1.75	L _{sub}	6
b	0.95	W _{sub}	8
d	0.2	Lg	2
g_1	0.2	Wf	0.78
w ₁	0.2	Lf	2
h_1	0.2	g ₂	0.2

The proposed antenna's front side as shown in Figure 1a has two hexagonal structures; i.e., inner and outer rings. The outer hexagon is a closed ring while the inner hexagon is a split ring with a gap 'g₁'. The ground plane is truncated to the length 'Lg' as shown in Figure 1b. The ground plane has a rectangular notch at its center of length 'h₁' and width 'W_f'. The radii of the inner and outer hexagonal rings are 0.95 mm and 1.75 mm, respectively. Since the radius of any hexagon is numerically equal to the length of its sides, Figure 1 and Table 1 show the lengths of the hexagons' sides.

2.2. Design Methodology

The philosophy behind using two rings is to obtain dual-band operation in the millimeter-wave spectrum. This was achieved through a metamaterial-based structure consisting of a closed-ring resonator (CRR) and a split-ring resonator (SRR). Thus, the antenna was expected to operate in two resonant modes. To verify this dual-mode operation, Figure 2 shows the different antenna structures used and Figure 3 shows their corresponding reflection coefficients. The first antenna, which consists of a hexagonal SRR (Antenna 1 shown in Figure 2), has a resonance frequency of 26 GHz and covers the frequency spectrum of interest, as shown in Figure 3. The second antenna is a CRR with a larger hexagon size (Antenna 2 shown in Figure 2) that covers the higher-frequency spectrum with a resonance at 38 GHz, as shown in Figure 3.

These two geometries (Antenna 1 and Antenna 2) are combined to reach at the final Proposed antenna in Figure 2. The reflection coefficient given in Figure 3 shows that the final Proposed antenna has a dual-band coverage at 28 GHz and 38 GHz, respectively. To show the importance of the split used in the inner hexagon structure of Antenna 1, we simulated Antenna 3, which has no split in its inner hexagonal ring, as shown in Figure 2. The reflection coefficient of Antenna 3 shown in Figure 3a indicates that it does not cover the lower required band in the region around 28 GHz. Hence, the split in our proposed antenna plays a key role in producing a band at 28 GHz. Furthermore, it should be noted that the resonance for Antenna 1 shifts from 26 GHz to 28 GHz when an outer ring is

introduced in the final Proposed antenna. This shift is caused by the parasitic effect on the inner ring due to its close proximity to the outer ring.

In Figure 3a, it is evident that each of the hexagonal rings is individually responsible for producing a single band; therefore, if their dimensions are varied, the resonance frequency of each band can be effectively controlled. To verify this, first we chose to vary the dimension of the larger ring (CRR) by changing its parameter 'a', as shown in Figure 3b. It was clearly seen that as expected, the higher resonant frequency is changed accordingly. Thus, parameter 'a' is chosen such that we get a resonance at 38 GHz; its optimum value here is 1.75 mm.



Figure 2. Front sides of the geometries of Antennas 1, 2, and 3 and the final Proposed antenna.



Figure 3. Cont.



Figure 3. (a) Reflection coefficients of Antennas 1, 2, and 3 and the final Proposed antenna; (b) effect of outer hexagonal ring size on reflection coefficient; (c) effect of taper line width on the first resonant frequency.

To control the lower-frequency band, there were two options: the first is to change parameter 'b', and the second is to change the dimensions of the taper line.

Since the taper line is part of the inner ring, we expect that it also affect the lower-frequency band. The effect of parameter ' w_1 ' is shown in Figure 3c. It can be clearly seen that the lower-frequency band is fully adjustable by varying ' w_1 '. The optimum value of 0.2 mm has been chosen to obtain a resonance at 28 GHz. Adjusting parameter 'b' of the inner hexagon (SRR) has a similar effect and therefore not shown here for brevity.

2.3. The Effective Length

The effective electrical length required to resonate a monopole antenna should be around $\lambda/4$ or integer multiples of $\lambda/4$ for higher modes. For a substrate with an electrical permittivity $\varepsilon_r = 2.2$, the wavelength at 28 GHz is 7.22 mm and at 38 GHz is 5.32 mm.

As shown in Figure 4a, the total perimeter of the left arm of the inner ring starting from the center of base arm up to the split is 4.175 mm. This has been calculated as $L1 = (b/2) + (4 \times b) - (g1/2) = 4.175$ mm, while L2 = 0.88 and d/2 = 0.1 mm. The total physical length of the left arm of the inner ring = L1 + L2 + d/2 = 5.155 mm. The effective radiating length including L2 as ground plane is removed from this part of the feed line, hence the total electrical length of the left arm of inner ring at 28 GHz becomes 0.72 λ or approximately (3/4) λ . Now, coming towards the right-side arm of the inner ring, the total physical length (i.e., L4) of this small arm of the inner hexagon is: L4 = b/2 + b + L2 + d/2 - (g1/2) = 2.3 mm. This L4 is 0.32 λ at 28 GHz and 0.44 λ at 38 GHz for our chosen substrate. Therefore, this part of the inner hexagon contributes more to the 28 GHz resonant frequency.



Figure 4. Electrical lengths of the two rings.

Now, considering the outer hexagonal ring, which is actually responsible for generating the resonance response at 38 GHz, the outer ring is symmetrical across its x-axis and hence we take half of its total perimeter; i.e., starting from the center of the base arm up to the center of the upper arm. The extra length above the ground also will also be added; this is calculated as follows: $L3 = \{(6 \times a)/2\} + (Lf-Lg) + (d/2)$. This length turns out to be 10.8 mm, which is 2.03 λ at 38 GHz. Thus, we can say that the outer hexagon resonates in a higher-order mode with an electrical length of approximately 2λ .

2.4. The Capacitive Effect of the Split (g)

To see whether the split change the effective impedance of the antenna, we compare the imaginary part of the input impedance for the two cases; i.e., Antenna 3 and the Proposed antenna shown in Figure 2. The imaginary part of the input impedance for both of the cases is depicted in Figure 5 below. It can be seen that reactance of the antenna is inductive for no-split case (Antenna 3) at 28 GHz. However, it transforms into capacitive reactance when the split is introduced (i.e., the Proposed antenna), generating a strong resonance at 28 GHz.



Figure 5. Effect of inner ring split on antenna reactance.

2.5. Surface Current Distribution

To further investigate the role of the hexagonal rings in the generation of the two resonant modes, the surface current distribution shown in Figure 6 is analyzed. At 28 GHz, it can be easily seen that the inner SRR exhibits highest current distribution, as shown in Figure 6a. Similarly, at 38 GHz, it is observed that the outer CRR has the highest current distribution as shown in Figure 6b. Hence, it is verified that the SRR and CRR indeed give rise to the 28 GHz and 38 GHz resonant modes respectively, as predicted.



Figure 6. Surface current distribution: (a) 28 GHz; (b) 38 GHz.

These hexagonal rings provide a potential benefit of creating a dual-beam radiation pattern. Dual-beam antennas are useful for providing spatial diversity in radio communications [23] and also play a vital role in cases where interference between adjacent channels requires minimization [24]. A dual-beam antenna such as that in [9] provides a dual-beam radiation pattern at the cost of increased complexity and bulkiness. The design in [9] employed multiple arrays of metamaterial inclusions to generate two beams that were $\pm 60^{\circ}$ apart. In this paper, we used the inherent symmetric nature of a hexagon to conceive a dual-beam radiation pattern. To grasp the idea, consider the current distribution shown in Figure 6b for 38 GHz. The current is symmetrically distributed (shown in red color) along the two sides of the outer hexagon. This current distribution results in two distinct radiation beams angled at $\pm 45^{\circ}$ with reference to the *x*-axis.

As depicted in Figure 7, the two beams are created by the angled arms of the hexagonal structure. It should be noted that any two opposite arms are at an angle of 60° to each other. When the current distribution (see Figure 6) is maximum in these arms, two beams ideally at 120° apart should be generated; however, in this case the two beams were at $\pm 45^{\circ}$ (i.e., 90° apart). This is because of the current distribution on the other arms as well. The ideal and actual beam formations are shown in Figure 7 with blue and red colors, respectively. The hexagonal geometry with optimized dimensions and a very judicious placement of the tapered feedline provides a current distribution at the hexagonal arms that allows it to create these two distinct beams. Similarly, when considering the current distribution shown in Figure 6a for 28 GHz, it can be seen that the current is almost symmetrical in the inner two side arms of the inner hexagon. In this case, we see some additional surface current distribution on the top and bottom right side of the inner hexagon; therefore, we obtain a dual beam towards the front side with some minor lobes towards the back side of the antenna.



Figure 7. Depiction of the dual-beam phenomenon.

3. Measurement Results

The antenna was fabricated on Rogers 5880 board using an in-house standard PCB manufacturing facility (LPKF S103). The fabricated prototype was then fixed with a Southwest RF connector as shown in Figure 8.



Figure 8. Fabricated antenna: (a) front side; (b) back side.

The feed line was extended for easy mounting of the antenna onto the connector. The antenna was tested for radiation patterns in our in-house anechoic chamber facility (range: 800 MHz–40 GHz). The simulated and measured reflection coefficients (S11) are shown in Figure 9. The simulated S11 showed that the lower band ranged from 26.983 GHz to 29.814 GHz and the upper band from 34.29 GHz to 42.206 GHz. The measured S11 followed the same trend and showed two distinct bands; i.e., at 26.75–30.31 GHz and 35.83–41.22 GHz. Thus, the desired bands of 28 GHz and 38 GHz were well covered with total bandwidths of 3.56 GHz (12.71%) and 5.39 GHz (14.18%), respectively.



Figure 9. Simulated and measured reflection coefficient (S11) magnitudes.

The antenna was also simulated using an approximate model of an actual Southwest microwave connector and extended feed line. The simulation model and reflection coefficients are shown in Figure 10. It can be observed that there are two extra resonances within each band in our measured results. Therefore, it can be said that these extra resonances were not due to the calibration problem, but in fact due to the introduction of the connector for measurement purposes. In an actual 5G applications in which such antennas will be used in mobile handsets, this type of large connectors are not employed; therefore, this connector effect is not very critical for practical applications.



Figure 10. Cont.



Figure 10. Simulated reflection coefficients (S11) with connector model.

The in-band radiation efficiency of the antenna remains above 80%. Both the radiation efficiency and gain plots are shown in Figure 11. The measured gain and radiation efficiency of the antenna agree well with those simulated. At 28 GHz, the antenna has a measured gain equal to 3.9 dBi; at 38 GHz, the absolute gain was 4.5 dBi. The radiation patterns of the proposed antenna at 28 and 38 GHz are depicted in Figures 12 and 13, respectively.



Figure 11. Simulated and measured radiation efficiency gains.

The patterns in the $\theta = 90^{\circ}$ planes (xy-planes) indicate a dual beam operation of the antenna. There are two maxima at $\phi = 45^{\circ}$ and $\phi = 315^{\circ}$ for both the 28 GHz and 38 GHz bands, as shown in Figure 12a,b and Figure 13a,b, respectively. The $\phi = 45^{\circ}$ planes are shown in Figures 12b and 13b, whereas the $\phi = 315^{\circ}$ is not shown here for brevity. It can be seen in the radiation patterns that the dual beams are separated by approximately 90°. As already discussed above, dual-beam radiation patterns are desirable in applications where space diversity is required. To provide an illustration of the directivity of the antenna, the overall 3D radiation pattern is shown in Figure 12c for 28 GHz and in Figure 13c for 38 GHz. The radiation pattern analysis shows that the antenna has a very directive dual-beam pattern that are suitable for dual-beam operation at higher frequencies.



Figure 12. Radiation patterns at 28 GHz for (**a**) $\theta = 90^{\circ}$ and (**b**) $\phi = 45^{\circ}$ planes. (**c**) The 3D radiation pattern at 28 GHz.



Figure 13. Cont.



Figure 13. Radiation patterns at 38 GHz for (**a**) $\theta = 90^{\circ}$ and (**b**) $\phi = 45^{\circ}$ planes. (**c**) The 3D radiation pattern at 38 GHz.

4. Conclusions

A dual-band planar antenna with hexagonal-shaped SRR and CRR structures for millimeter-wave communication systems was presented. The dimensions of both rings were optimized so that they covered the two important 5G frequency bands of 28 GHz and 38 GHz. The antenna had a large bandwidth of 3.56 and 5.39 GHz at 28 GHz and 38 GHz, respectively. The unique structural layout of the antenna enabled fine selection of resonance points at the desired frequency in the millimeter-wave spectrum. The antenna had a simulated radiation efficiency of more than 80% and its measured gain was as high as 4.5 dBi. The antenna's low fabrication cost, large bandwidth, high gain, and dual-band operation suggested that this antenna will be quite useful in future mobile phones systems working in the millimeter-wave communication bands.

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