

Article



## Ethanolic Extract of *Hippocampus abdominalis* Exerts Anti-Melanogenic Effects in B16F10 Melanoma Cells and Zebrafish Larvae by Activating the ERK Signaling Pathway

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Abstract: The big belly seahorse (Hippocampus abdominalis), a well-known ingredient of traditional medicine, possesses anti-inflammatory, anti-aging, anti-fatigue, and anti-thrombotic properties, and also increases male fertility. This study demonstrates that the ethanolic extract of dried H. abdominalis (EEHA) has anti-melanogenic effects in B16F10 melanoma cells and zebrafish larvae. EEHA significantly reduced the  $\alpha$ -melanocyte-stimulating hormone ( $\alpha$ -MSH)-induced melanogenesis in B16F10 melanoma cells without causing cytotoxicity. At a concentration of 200 µg/mL, EEHA had significant anti-melanogenic activity in zebrafish larvae, accompanied by a severe reduction in the heart rate  $(118 \pm 17 \text{ heartbeats/min})$  compared to that of the untreated group  $(185 \pm 8 \text{ heartbeats/min})$ , indicating that EEHA induces cardiotoxicity at high concentrations. Below 100  $\mu$ g/mL, EEHA significantly reduced melanogenesis in zebrafish larvae in the presence or absence of  $\alpha$ -MSH, while the heart rate remained unaltered. Additionally, EEHA downregulated the release of cyclic adenosine monophosphate (cAMP) and the phosphorylation of cAMP response element-binding protein (CREB) in B16F10 melanoma cells, which inhibited microphthalmiaassociated transcription factor (MITF), leading to the inhibition of tyrosinase activity. EEHA also increased the phosphorylation of extracellular-signal regulated kinase (ERK). The ERK inhibitor PD98059 interfered with the anti-melanogenic activity of EEHA in B16F10 melanoma cells and zebrafish larvae, indicating that the ERK signaling pathway might regulate the anti-melanogenic properties of EEHA. Altogether, we conclude that EEHA represses the cAMP-CREB-MITF axis, which consequently inhibits tyrosinase-mediated melanogenesis. We propose that at low concentrations, EEHA can serve as a promising anti-melanogenic agent that could be used to prepare whitening cosmetics and for treating melanogenic disorders.

Keywords: *Hippocampus abdominalis*; melanogenesis; tyrosinase; extracellular-signal regulated kinase

## 1. Introduction

The primary biological function of synthesized melanin is to protect the skin from ultraviolet (UV) radiation and reactive free radicals [1]. However, an abnormally high production and/or accumulation of melanin in the skin leads to undesirable dermatological disorders, including melasma, freckles, and senile lentigines [2,3]. Therefore, the downregulation of melanogenesis is a promising strategy for curing hyperpigmentation disorders and for preparing whitening cosmetics.

Melanogenesis involves multiple signaling pathways that are initiated by the binding of  $\alpha$ melanocyte-stimulating hormone ( $\alpha$ -MSH) to its specific G-protein couple receptor (GPCR), melanocortin 1 receptor (MC1R), in melanocytes [4]. The binding of  $\alpha$ -MSH to MC1R stimulates adenylyl cyclase, which converts adenosine triphosphate (ATP) to the second messenger, cyclic adenosine monophosphate (cAMP), which in turn, phosphorylates cAMP response element-binding protein (CREB) through protein kinase A [4,5]. Eventually,  $\alpha$ -MSH leads to melanin biosynthesis by upregulating microphthalmia-associated transcription factor (MITF), which activates tyrosinase, a key copper-containing enzyme that catalyzes the two rate-limiting steps of melanogenesis, namely, the hydroxylation of tyrosine to 3,4-dihydroxyphenylalanine (L-DOPA), and the oxidation of L-DOPA to dopaquinone [6]. Depigmentary bioactive compounds have therefore been used for several decades for targeting and inhibiting tyrosinase [7]. It has been recently identified that proteins belonging to the mitogen-activated protein kinase (MAPK) family, extracellular signal-regulated kinase (ERK), c-Jun N-terminal kinase (JNK), and p38 MAPK, regulate melanogenesis by modulating the expression of tyrosinase. The phosphorylation of ERK and JNK has been found to induce the degradation of MITF that is mediated by ubiquitination, which subsequently inhibits the expression of tyrosinase, thereby inducing anti-melanogenesis. On the other hand, the phosphorylation of p38 MAPK enhances melanogenesis by activating tyrosinase via MITF [8]. Numerous inhibitors of p38 MAPK and/or activators that target ERK and JNK have, therefore, been developed as antimelanogenic agents.

Seahorse (*Hippocampus* spp.) is a teleost belonging to the Synganthidae family, which is used in traditional medicine, and also in health products and traditional drugs due to its potential biological activities [9]. Dried seahorse has been used to improve sexual function, especially for the treatment of erectile dysfunction in male individuals [10]. According to modern scientific researches, the pharmaceutical properties of seahorse extract include anti-microbial [11], anti-aging [12], and antifatigue [13] activities. Currently, *H. abdominalis* is largely cultivated in New Zealand, South-Eastern Australia [14], and South Korea. Nevertheless, the biological activities of *H. abdominalis* have rarely been studied. Therefore, in this study, we evaluate whether an ethanolic extract of *H. abdominalis* (EEHA) has anti-melanogenic effects in B16F10 melanoma cells and zebrafish larvae. The results of our study demonstrated that EEHA has a potent anti-melanogenic property that is mediated via the inhibition of the cAMP signaling pathway and activation of the ERK signaling pathway.

## 2. Materials and Methods

#### 2.1. Reagents and Antibodies

*H. abdominalis* was artificially cultured and supplied from Nerina Co. (Jeju, Korea). Mushroom tyrosinase, phenylthiourea (PTU),  $\alpha$ -MSH, and 3-isoburyl-1-methylxanthine (IBMX) were purchased from Sigma-Aldrich Chemical Co. (St. Louis, MO, USA). Dulbecco's modified Eagle medium (DMEM), fetal bovine serum (FBS), and antibiotic mixture were purchased from WELGENE (Gyeongsan, Gyeongsangbuk-do, Korea). Antibodies against phospho (p)-CREB, MITF, tyrosinase, p-ERK1/2, ERK1/2, p-JNK, JNK, p-p38, p38, and  $\beta$ -actin were purchased from Santa Cruz Biotechnology (Santa Cruz, CA, USA). Peroxidase-labeled anti-rabbit and anti-mouse immunoglobulins were obtained from KOMA Biotechnology (Seoul, Korea). All other chemicals were purchased as Sigma grades.

#### 2.2. Preparation and Compositional Analysis of EEHA

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The pulverized *H. abdominalis* (23 g) was extracted three times with 60% ethanol (approximately 230 mL) at 60 °C for 2 h. EEHA was filtered, concentrated, and lyophilized (Eyela, model FDU-1200; Tokyo, Japan) (yield: 26.9%). For the biological assays, EEHA was dissolved in deionized water. Protein content was measured using automatic Kjeltec analyzer unit 2300 (Foss Teor, Hoganas, Sweden), and lipid was calculated according to the standard procedure [15]. Ash was determined after combustion at 550 °C for 4 h in a muffle furnace. Carbohydrate was measured by a phenol-sulfuric acid method [16].

### 2.3. Cell Culture

B16F10 melanoma cells were obtained from American Type Culture Collection (ATCC; Manassas, VA, USA). The cells were cultured at 37 °C in a 5% CO<sub>2</sub> humidified incubator in DMEM supplemented with 10% heat-inactivated FBS and antibiotic mixture.

## 2.4. Cell Viability

B16F10 melanoma cells were seeded at a density of  $5 \times 10^4$  cells/mL in 24-well plates and then treated with EEHA (0–4 mg/mL) for 72 h. MTT (0.5 mg/mL) solution was added to each well for 1 h at 37 °C. Following the media removal, DMSO was added to each well and gently shaken for 10 min at room temperature. Dissolved formazan was transferred into a 96-well plate and the absorbance was detected at 540 nm. In a parallel experiment, cell images were captured by a phase-contrast microscope (Ezscope i900PH, MACROTECH; Goyang, Gyeonggi-do, Korea).

## 2.5. Flow Cytometry Analysis

Cell viability and the population of dead cells were measured using flow cytometry (EMD Millipore Co., Billerica, MA, USA). Briefly, B16F10 melanoma cells were cultured at a density of  $5 \times 10^4$  cells/mL in 6-well plates overnight and incubated with EEHA at the indicated concentrations (0–1000 µg/mL) for 72 h. After harvesting, the cells were washed with ice-cold phosphate-buffered saline (PBS) and incubated with Muse<sup>®</sup> cell count and viability kit (EMD Millipore Co.) for 5 min. Cell viability and the population of dead cells were analyzed by Muse<sup>®</sup> cell cycler (EMD Millipore Co.).

#### 2.6. Measurement of Extracellular and Intracellular Melain Content

B16F10 melanoma cells were treated with EEHA at the indicated concentrations (0–200 µg/mL), and extracellular and intracellular melanin contents were measured [17]. Briefly, B16F10 melanoma cells were cultured at a density of  $5 \times 10^4$  cells/mL in 6-well plates overnight. Then, EEHA was treated in the presence or absence of 500 ng/mL  $\alpha$ -MSH for 72 h, and the culture media and cell pellets were collected. The absorbance of culture media was measured at 405 nm for extracellular melanin content. The cell pellets were washed with ice-cold PBS, dissolved in 400 µL of 1 M NaOH containing 10% DMSO at 90 °C for 60 min, and then the absorbance at 405 nm was measured for intracellular melanin content.

#### 2.7. Measurement of Tyrosinase Activity

Tyrosinase activity was measured with the standard procedure [18]. Briefly, B16F10 melanoma cells were plated at a density of  $5 \times 10^4$  cells/mL and treated with EEHA in the presence or absence of  $\alpha$ -MSH for 72 h. Cell pellets were collected, washed with PBS, and lysed with PBS containing 1% Triton X-100. The pellet solution was vortexed for 5 min, frozen at -20 °C for 2 h, and disrupted by thawing at room temperature. The lysate (10 µL) was mixed with 90 µL of 5 mM L-DOPA at 37 °C for 30 min and the absorbance at 405 nm was measured. Additionally, cellular staining of intracellular tyrosinase was performed according to the previously described method [19]. Briefly, B16F10 melanoma cells ( $5 \times 10^4$  cells/mL) were attached in 3% gelatin-coated cover slips and allowed to grow overnight. EEHA was treated in the presence or absence of  $\alpha$ -MSH for 72 h. The cells were washed with ice-cold PBS and fixed with 4% paraformaldehyde for 30 min. Then, the cells were incubated with freshly prepared 0.1% L-DOPA in 1× PBS with 20 µM copper sulphate (cofactor of tyrosinase) at

37 °C for 2 h. The solution was removed and images were taken by a phase contrast microscope (Ezscope i900PH).

#### 2.8. cAMP Assay

B16F10 melanoma cells were cultured in serum-free media at a density of  $5 \times 10^4$  cells/mL in 6well plates overnight. Then, 1 mM IBMX, competitive nonselective phosphodiesterase inhibitor, which inhibits the degradation of intracellular cAMP, was treated for 10 min prior to incubating with EEHA at the indicated concentrations (0–200 µg/mL) in the presence or absence of  $\alpha$ -MSH for 15 min. Intracellular cAMP levels were measured by colorimetric ELISA kit (Cell Biolabs Inc., San Diego, CA, USA) according to the manufacturer's instructions. Briefly, B16F10 melanoma cells were lysed with lysis buffer (Cell Biolabs Inc.) for 20 min at 4 °C and supernatants were collected. After normalizing the protein concentrations using Bradford protein assay (Bio-Rad, Hercules, CA, USA), protein lysates were used to perform ELISA. Finally, the absorbance at 450 nm was measured. The amount of cAMP was calculated based on the standard curve.

### 2.9. Reverse Transcription Polymerase Chain Reaction (RT-PCR)

B16F10 melanoma cells were cultured at a density of  $5 \times 10^4$  cells/mL in 6-well plates overnight. Then, the indicated concentrations of EEHA were treated in the presence or absence of  $\alpha$ -MSH for 48 h. Total RNA was extracted using TRIzol® Reagent (Life Technologies, Carlsband, CA, USA) according to the manufacturer's instruction. RNA was reverse-transcribed using MMLV reverse transcriptase (Bioneer, Daejeon, Korea). The cDNA was amplified using EzWay PCR ready mix (KOMA Biotechnology) with specific primers of *MITF* (forward 5'-CCC GTC TCT GGA AAC TTG ATC G-3' and reverse 5'-CTG TAC TCT GAG CAG CAG GTC-3'), *tyrosinase* (forward 5'-GTC GTC ACC CTG AAA ATC CTA ACT-3' and reverse 5'-CAT CGC ATA AAA CCT GAT GGC') and *GAPDH* (forward 5'-AGG TCG GTG TGA ACG GAT TTG-3' and reverse 5'-TGT AGA CCA TGT AGT TGA GGT CA-3'). The following PCR conditions were applied for PCR amplification: *tyrosinase* and *MITF*: 25 cycles of denaturation at 95 °C for 45 s, annealing at 62 °C for 45 s and extended at 72 °C for 1 min; GAPDH 23 cycles of denaturation at 94 °C for 30 s, annealing at 60 °C for 30 s, and extended at 72 °C for 30 s. *GAPDH* was used as an internal control to evaluate the relative expression of *MITF* and *tyrosinase*.

## 2.10. Protein Extraction and Western Blot Analysis

B16F10 melanoma cells were cultured at a density of  $5 \times 10^4$  cells/mL in 6-well plates overnight. Then, the cells were treated with the indicated concentrations of EEHA for 72 h and lysed with RIPA lysis buffer (iNtRON Biotechnology, Sungnam, Gyeonggi-do, Korea). After cleaning lysates by centrifugation, the protein was quantified by Bio-Rad protein assay reagents (Bio-Rad). An equal amount of protein was separated by SDS-polyacrylamide gel, transferred onto a polyvinylidene fluoride (PVDF) membrane (Amersham, Arlington Heights, IL, USA), and then immunoblotted with the indicated antibodies. Protein expression was monitored using SuperSignal West Femto Maximum Sensitivity substrate (Pierce, Rockford, IL, USA). The expression value was normalized to the intensity level of  $\beta$ -actin.

#### 2.11. Anti-Melanogenic Effect in Zebrafish Larvae

Zebrafish were raised and handled according to standard guidelines of the Animal Care and Use Committee of Jeju National University (Jeju, Korea). Inbreed AB strain of zebrafish was mated and eggs were collected. The eggs were kept in E3 embryo media (34.8 g NaCl, 1.6 g KCl, 5.8 g CaCl<sub>2</sub>·2H<sub>2</sub>O, and 9.78 g MgCl<sub>2</sub>·6H<sub>2</sub>O in 1 L distilled water, pH 7.2) supplemented with 1% methylene blue for 48 h and treated with 200 nM PTU containing E3 media for another 24 h. The larvae at three days post-fertilization (dpf) were treated with EEHA at the indicated concentrations in the presence or absence of  $\alpha$ -MSH for 72 h. Images were captured by a stereomicroscope (Olympus SZ2-ILST, Tokyo, Japan) and the heart rate was also measured to evaluate cardiotoxicity of EEHA.

#### 2.12. Statistical Analysis

The images for RT-PCR and Western blots were visualized by Chemi-Smart 2000 (Vilber Lourmat, Marne-la-Vallee, France). Each image was captured using Chemi-Capt (Vilber Lourmat) and transported into Adobe Photoshop (version 8.0). All images were quantified by Image J software (Wayne Rasband, National Institute of Health, Bethesda, VA, USA) and then statistically analyzed by SigmaPlot 12.0. All data are presented as mean ± standard error median (SEM). Significant differences between groups were determined using an unpaired one-way ANOVA test with Bonferroni correction. Values of \*\*\* and  $^{##} p < 0.001$ , \*\* and  $^{##} p < 0.01$ , and \* and  $^{#} p < 0.05$  were considered to indicate statistical significance.

#### 3. Results

#### 3.1. Compositional Analysis of EEHA

The compositional analysis of EEHA revealed that protein was the main component (81.8%  $\pm$  1.2%) of EEHA, while the rest comprised ash (12.2%  $\pm$  0.2%), carbohydrate (4.6%  $\pm$  1.2%), and lipid (3.5%  $\pm$  0.2%) (Table 1), indicating that EEHA is rich in protein.

Table 1.	Compositional	analysis of	an ethanolic	extract of	dried H.	abdominalis	(EEHA).
	1	2					· /

EEHA	(%)		
Protein	$81.8\pm1.2$		
Ash	$12.2\pm0.2$		
Carbohydrate	$4.6 \pm 1.2$		
Lipid	$3.5 \pm 0.2$		

#### 3.2. High Concentrations of EEHA Decrease B16F10 Melanoma Cell Viability

In order to investigate the cytotoxic effect of EEHA, B16F10 melanoma cells were treated with EEHA (0-4 mg/mL) for 72 h, following which cell viability was regularly measured by MTT assays at 24 h intervals. As depicted in Figure 1A, EEHA significantly reduced cell viability at the highest concentration (4 mg/mL) to 19.7%  $\pm$  7.2%, 7.1%  $\pm$  0.2%, and 7.1%  $\pm$  0.2% at 24, 48, and 72 h, respectively, in comparison to those of the untreated group. At a concentration of 2 mg/mL, EEHA downregulated cell viability by a moderate extent to  $83.2\% \pm 3.9\%$  and  $76.2\% \pm 0.9\%$  at 48 and 72 h, respectively. At concentrations of 500 µg/mL and 1 mg/mL, EEHA slightly attenuated cell viability to  $91.7\% \pm 1.4\%$  and  $88.5\% \pm 0.2\%$ , respectively, at 72 h. Analysis of morphological data revealed that at a concentration of 1000  $\mu$ g/mL, EEHA significantly reduced the number of cells without causing any morphological alterations; however, EEHA did not induce any changes in the morphology or number of cells below concentrations of 800 µg/mL (Figure 1B). In order to investigate whether EEHA induces cytotoxicity in detail, we treated B16F10 melanoma cells with EEHA for 72 h, following which cell viability and the population of dead cells were measured by flow cytometry. Flow cytometry data revealed that when the cells were treated with 1000  $\mu$ g/mL EEHA for 72 h, cell viability significantly reduced to  $72.1\% \pm 7.6\%$  and the population of dead cells significantly increased to 20.1% $\pm$  8.6%, and when the concentration of EEHA was below 800 µg/mL, cell viability and the population of dead cells were unaltered (Figure 1C). These data indicate that high concentrations of EEHA induced cytotoxicity in B16F10 melanoma cells. Since the concentration of EEHA necessary for inhibiting melanogenesis was identified to be below 200 µg/mL in our preliminary experiments, EEHA was administered at non-cytotoxic concentrations ( $\leq 200 \ \mu g/mL$ ) in the subsequent experiments.





**Figure 1.** High concentrations of EEHA exert a cytotoxic effect in B16F10 melanoma cells. B16F10 melanoma cells were seeded in a 24-well plate at a density of  $5 \times 10^4$  cells/mL, and treated with EEHA at the indicated concentrations (0–4 mg/mL) for 72 h. (**A**) MTT assay was performed at regular 24 h intervals for up to 72 h, and MTT activity was represented as a percentage (%) relative to that of the untreated group. (**B**) The images of the cells were captured by phase-contrast microscope (20×) at 72 h. (**C**) Cytotoxicity of EEHA was measured by flow cytometry at 72 h (left), and cell viability (**top right**) and the population of dead cells (**bottom right**) was represented. The results represent the average of data obtained from three independent experiments and expressed as the mean ± SEM (\*\*\* p < 0.001, \*\* p < 0.01, and \* p < 0.05 vs. the untreated group).

#### 3.3. EEHA Inhibits $\alpha$ -MSH-induced Melanogenesis in B16F10 Melanoma Cells

In order to quantify the anti-melanogenic effects of EEHA, B16F10 melanoma cells were treated with EEHA in the presence or absence of  $\alpha$ -MSH for 72 h, and the pigmentation was quantified by measuring extracellular and intracellular melanin contents. In the presence of  $\alpha$ -MSH, the extracellular (Figure 2A, left panel) and intracellular (Figure 2A, right panel) melanin contents increased significantly; however, when the cells were treated with 100 and 200  $\mu$ g/mL EEHA, the increase in melanin content induced by  $\alpha$ -MSH was remarkably downregulated. In a parallel experiment, the visualization of cell pellet color showed that  $\alpha$ -MSH significantly promoted dark brown coloration (melanin production); however, treatment with EEHA gradually changed the dark brown coloration induced by α-MSH to light brown (Figure 2B), which indicated that EEHA inhibited the melanin production induced by  $\alpha$ -MSH. We additionally observed that the activity of tyrosinase was directly proportionate to the intensity of black coloration and the highest intensity was observed in the presence of  $\alpha$ -MSH. However, the intensity gradually decreased following treatment with EEHA in a concentration-dependent manner (Figure 2C). As depicted in Figure 2D, the antimelanogenic effects of EEHA is comparable to that of arbutin, a well-known anti-melanogenic agent. Taken together, these results suggested that EEHA reduced the melanogenesis induced by  $\alpha$ -MSH in B10F10 melanoma cells by reducing the activity of tyrosinase.



**Figure 2.** EEHA downregulates  $\alpha$ -MSH-induced melanogenesis. (**A**) B16F10 melanoma cells (5 × 10<sup>4</sup> cells/mL) were treated with EEHA at the indicated concentrations (0–200 µg/mL) in the presence or absence of 500 ng/mL  $\alpha$ -MSH for 72 h. The media was collected for measuring the extracellular melanin content, and the absorbance was measured at 405 nm (**left**). The cell pellets were dissolved in 400 µL of 1 M NaOH containing 10% DMSO at 90 °C for 60 min, and the absorbance was subsequently measured at a wavelength of 405 nm for measuring the intracellular melanin content (**right**). (**B**) B16F10 melanoma cell pellets were harvested and the images were captured. (**C**) The cells were stained for measuring the intracellular tyrosinase activity at 72 h, and the images were captured by phase-contrast microscopy (10×). (**D**) The anti-melanogenic activity 200 µg/mL EEHA was compared to that of 1 mM arbutin in the presence of  $\alpha$ -MSH by measuring the extracellular (**left**) and intracellular (**right**) melanin contents. The results represent the average of data obtained from three independent experiments and are expressed as the mean ± SEM (\*\*\* p < 0.001 and \* p < 0.05 vs. the untreated group; <sup>###</sup> p < 0.001 and <sup>##</sup> p < 0.01 vs. the  $\alpha$ -MSH-treated group).

#### 3.4. EEHA Attenuates Melanogenesis in Zebrafish Larvae

In order to evaluate the anti-melanogenic effect mediated by EEHA in vivo, zebrafish larvae at 2 dpf were treated with PTU for 24 h and were subsequently incubated with EEHA in the presence or absence of  $\alpha$ -MSH. The heart rate data indicated that EEHA induced cardiotoxicity at a concentration of 200 µg/mL, as the heart rate was significantly reduced to 118 ± 17 heartbeats/min in comparison to that of the untreated group (185 ± 8 heartbeats/min) (Figure 3A). EEHA induced 100% mortality in zebrafish larvae at a concentration of 400 µg/mL (data not shown). Therefore, the zebrafish larvae were treated with EEHA at concentrations below 100 µg/mL (174 ± 10 heartbeats/min) in the subsequent experiments. As depicted in Figure 3B, EEHA strongly inhibited spontaneous melanin production in the zebrafish larvae in a concentration-dependent manner (72.9%

 $\pm$  9.7%, 65.1%  $\pm$  3.9%, and 34.9%  $\pm$  4.9% at 25, 50, and 100 µg/mL, respectively) in comparison to that of the untreated group (100%  $\pm$  7.7%). Treatment with  $\alpha$ -MSH significantly upregulated the melanin content to 150.1%  $\pm$  10.8% in the zebrafish larvae. However, EEHA downregulated the melanin production induced by  $\alpha$ -MSH in a concentration-dependent manner to 133.1%  $\pm$  5.7%, 117.6%  $\pm$  9.5%, and 91.3%  $\pm$  16.7% at 25, 50, and 100 µg/mL, respectively. Altogether, these results indicate that EEHA possesses anti-melanogenic effects as observed in zebrafish larvae.



**Figure 3.** EEHA downregulates melanogenesis in zebrafish larvae in both the presence and absence of  $\alpha$ -MSH. The zebrafish larvae were pretreated with 200 nM PTU at 2 dpf for 24 h and were subsequently exposed to EEHA at the indicated concentrations (0–200 µg/mL) in the presence or absence of 1 µg/mL  $\alpha$ -MSH for an additional 72 h. (**A**) The heart rate was assessed for evaluating the cardiotoxicity of EEHA and represented as heartbeats/min. (**B**) In a parallel experiment, images of the zebrafish larvae (**top**) were captured by an Olympus stereomicroscope (4×). Density of melanin contents was shown (**bottom**). The relative density was calculated using ImageJ software. The results represent the average of data obtained from three independent experiments and expressed as the mean ± SEM (\*\*\* *p* < 0.001 and \*\* *p* < 0.01 vs. the untreated group; *\*\*\* p* < 0.001 and *\*\* p* < 0.01 vs. the *α*-MSH-treated group).

# 3.5. EEHA Inhibits MITF and Tyrosinase Expression in B16F10 Melanoma Cells by Suppressing the cAMP Signaling Pathway

Since the binding of  $\alpha$ -MSH to MC1R stimulates the GPCR signaling pathway, we investigated whether EEHA inhibits cAMP-mediated melanogenesis. As depicted in Figure 4A, EEHA significantly downregulated the increase in cAMP levels induced by  $\alpha$ -MSH from 386.6 ± 61.1 to 38.2 ± 1.3 pg/mL at a concentration of 200 µg/mL, which was similar to the cAMP level in the untreated group (41.4 ± 4.8 pg/mL). At a concentration of 100 µg/mL, EEHA also inhibited the increase in cAMP levels induced by  $\alpha$ -MSH to approximately 50%. Since the upregulation of cAMP is directly associated with the phosphorylation of CREB, we evaluated the effect of EEHA on CREB phosphorylation. As expected, at a concentration of 200 µg/mL, EEHA downregulated the levels of phosphorylated CREB in B16F10 melanoma cells by 3.2 folds in comparison to that of  $\alpha$ -MSH-treated

group (Figure 4B). Additionally, the  $\alpha$ -MSH-induced expression of both *MITF* and *tyrosinase* was markedly downregulated to approximately 70% and 60%, respectively, by 200 µg/mL of EEHA, and the expression of both *MITF* and *tyrosinase* was reduced by approximately 50% when the concentration of EEHA was 100 µg/mL (Figure 4C). Consistent with the expression data for *MITF* and *tyrosinase*, EEHA downregulated the  $\alpha$ -MSH-induced expression of MITF and tyrosinase protein (Figure 4D). We additionally identified that the activity of cellular tyrosinase was markedly increased by  $\alpha$ -MSH (249.9% ± 6.7%) in comparison to that of the untreated group (100% ± 17.2%). However, the increase in cellular tyrosinase activity was significantly attenuated by EEHA (197.8% ± 17.6% and 141.9% ± 33.2% at 100 and 200 µg/mL, respectively; Figure 4E). Altogether, these results indicate that EEHA inhibits the activity of cellular tyrosinase by suppressing the cAMP–CREB–MITF axis, resulting in the anti-melanogenic activity of EEHA.



**Figure 4.** EEHA inhibits the cAMP–CREB–MITF-tyrosinase axis in  $\alpha$ -MSH-stimulated B16F10 melanoma cells. (**A**) B16F10 melanoma cells were seeded at a density of 5 × 10<sup>4</sup> cells/mL and pretreated with 1 mM IBMX for 10 min. The intracellular cAMP levels were subsequently measured 15 min after treatment with EEHA in the presence or absence of 500 ng/mL  $\alpha$ -MSH (**B**). (**C** and **D**) In a parallel experiment, B16F10 melanoma cells were treated with EEHA at the indicated concentrations in the presence or absence of  $\alpha$ -MSH. The expression of MITF and tyrosinase was detected by RT-PCR at 48 h (**C**), and Western blotting at 72 h (**D**). *GAPDH* and  $\beta$ -actin were used as the controls for normalizing the expression of MITF and tyrosinase and the relative density was calculated using ImageJ software. (E) The B16F10 melanoma cells were treated with EEHA at the indicated concentrations in the presence or absence of  $\alpha$ -MSH for 72 h, following which the cell lysates were mixed with 5 mM L-DOPA in a 96-well microplate. After incubation at 37 °C for 30 min, the absorbance was measured at a wavelength of 405 nm. The results represent the average of data obtained from three independent

experiments and are expressed as the mean  $\pm$  SEM (\*\*\* p < 0.001 vs. the untreated group; <sup>###</sup> p < 0.001, <sup>##</sup> p < 0.01, and <sup>#</sup> p < 0.05 vs. the  $\alpha$ -MSH-treated group).

#### 3.6. EEHA Increases ERK Phosphorylation and p38 MAPK Dephosphorylation

We subsequently assessed whether EEHA regulates the MAPK signaling pathway for inhibiting the melanogenesis mediated by  $\alpha$ -MSH in B16F10 melanoma cells. Our findings demonstrated that EEHA significantly phosphorylated ERK1/2 from 3 h of treatment, while the phosphorylation of p38 MAPK was downregulated from 6 h of treatment in B16F10 melanoma cells, in comparison to those of the untreated group (1.8 ± 0.1 and 0.5 ± 0.1 for p-ERK1/2 and p-p38, respectively; Figure 5A). However, the level of p-JNK1/2 was sustained regardless of EEHA treatment. Additionally,  $\alpha$ -MSH moderately downregulated p-ERK1/2 and significantly upregulated p-p38 (Figure 5B). EEHA restored the  $\alpha$ -MSH-mediated downregulation of p-ERK1/2 levels and also significantly downregulated the levels of p-p38 MAPK in a concentration-dependent manner. These results confirm that EEHA induces the activation of ERK and inactivation of p38 MAPK during the melanogenesis in B16F10 melanoma cells.



**Figure 5.** EEHA increases ERK phosphorylation and p38 MAPK dephosphorylation. (**A**) B16F10 melanoma cells ( $5 \times 10^4$  cells/mL) were treated with EEHA at the indicated concentrations ( $200 \ \mu g/mL$ ) and Western blotting was performed for detecting the expression of p-ERK1/2, p-JNK1/2, and p-p38. (**B**) The cells were exposed to EEHA at the indicated concentrations of ( $0-200 \ \mu g/mL$ ) in the presence or absence of 500 ng/mL  $\alpha$ -MSH for 9 h, and the expression of p-ERK1/2 and p-p38 was analyzed. The total forms of the respective target proteins were used as the internal control. The relative density was calculated using ImageJ software. The results represent the average of data obtained from three independent experiments and are expressed as the mean ± SEM (\*\*\* p < 0.001, \*\* p < 0.01, and \* p < 0.05 vs. the untreated group; ## p < 0.001 and ## p < 0.01 vs. the  $\alpha$ -MSH-treated group).

3.7. Inhibition of ERK Reverses EEHA-Mediated Anti-Melanogenesis in B16F10 Melanoma Cells and Zebrafish Larvae

We subsequently verified whether ERK was involved in the EEHA-mediated antimelanogenesis observed herein. It was observed that  $\alpha$ -MSH downregulated the phosphorylation of ERK, and ERK phosphorylation was more strongly inhibited following combined treatment with  $\alpha$ -MSH and PD98059, in comparison to that of the group treated with  $\alpha$ -MSH only (Figure 6A). On the other hand, EEHA significantly increased ERK phosphorylation, which was downregulated by treatment with  $\alpha$ -MSH and PD98059. Additionally, in comparison to those of the untreated group, PD98059 upregulated both extracellular (from  $141.4\% \pm 1.3\%$  to  $164.1\% \pm 10.4\%$ ) and intracellular (from 146.3%  $\pm$  7.4% to 182.6%  $\pm$  6.7%) melanin content that was induced by  $\alpha$ -MSH-in B16F10 melanoma cells (Figure 6B). The EEHA-mediated anti-melanogenic activity was reversed in the presence of PD98059, which reduced both extracellular (90.1%  $\pm$  2.7% and 137.9%  $\pm$  2.0% in the  $\alpha$ -MSH+EEHA-treated and  $\alpha$ -MSH+EEHA+PD98059-treated groups, respectively) and intracellular  $(102.1\% \pm 2.5\%)$  and  $130.4\% \pm 6.4\%$  in the  $\alpha$ -MSH+EEHA-treated and  $\alpha$ -MSH+EEHA+PD98059-treated groups, respectively) melanin contents, indicating that EEHA upregulated ERK phosphorylation, which consequently induced anti-melanogenesis. Moreover, PD98059 and/or  $\alpha$ -MSH significantly enhanced melanogenesis in the zebrafish larvae (150.1%  $\pm$  4.1% and 184.1%  $\pm$  4.1% in the  $\alpha$ -MSHtreated and  $\alpha$ -MSH+PD98059-treated groups, respectively), in comparison to that of the untreated group (Figure 6C). Furthermore, EEHA was unable to inhibit the melanogenesis induced by  $\alpha$ -MSH in the presence of PD98059 (97.5%  $\pm$  3.7% and 130.9%  $\pm$  3.9% in the  $\alpha$ -MSH+EEHA-treated and  $\alpha$ -MSH+EEHA+PD98059-treated groups, respectively), which indicated that the activation of ERK by EEHA induced the anti-melanogenic properties observed in vivo. Collectively, these results indicated that the anti-melanogenic properties of EEHA in B16F10 melanoma cells and zebrafish larvae are mediated via the activation of the ERK signaling pathway.



**Figure 6.** PD98059 partially reverses the anti-melanogenic properties of EEHA in B16F10 melanoma cells and zebrafish larvae. (**A**) B16F10 cells ( $5 \times 10^4$  cells/mL) were pretreated with 10 µM PD98059 for 2 h and were subsequently treated with 200 µg/mL EEHA in the presence or absence of 500 ng/mL  $\alpha$ -MSH. The phosphorylation of ERK1/2 was measured by Western blotting at 3 h. (**B**) For measuring

melanin production, the B16F10 melanoma cells (5 × 10<sup>4</sup> cells/mL) were pretreated with 10  $\mu$ M PD98059 for 2 h prior to treatment with 200  $\mu$ g/mL EEHA and 500 ng/mL  $\alpha$ -MSH for 72 h. The extracellular (**right panel**) and intracellular (**left panel**) melanin contents were determined. (**C**) The zebrafish larvae were treated with 200 nM PTU for 24 h at 2 dpf and subsequently with 10  $\mu$ M PD98059 for 2 h at 3 dpf prior to treatment with 100  $\mu$ g/mL EEHA and 1  $\mu$ g/mL  $\alpha$ -MSH for an additional three days. The images of the larvae were captured at 6 dpf using an Olympus stereomicroscope (4×) and the relative density was calculated using ImageJ software. The results represent the average of data obtained from three independent experiments and are expressed as the mean ± SEM (\*\*\* *p* < 0.001 and \*\* *p* < 0.01 vs. the untreated group; <sup>###</sup>*p* < 0.001, <sup>##</sup>*p* < 0.01, and <sup>#</sup>*p* < 0.05 vs. the  $\alpha$ -MSH-treated group).

#### 4. Discussion

Among the different species of *Hippocampus spp., H. abdominalis* has an unique appearance that is attributed to its prominent belly, and the aquaculture of *H. abdominalis* has been successful in New Zealand and South-Eastern Australia [14]. Recently, Oh and coworkers reported that the enzymatic hydrolysis of *H. abdominalis* protects endothelial cells against apoptosis mediated by oxidative stress [20]. A mixture of *H. abdominalis* and red ginseng possesses anti-fatigue and anti-oxidant activities, as observed in C<sub>2</sub>C<sub>12</sub> myoblasts, that are mediated via the inhibition of H<sub>2</sub>O<sub>2</sub>-induced oxidative stress [13]. Muthuramalingam et al. also revealed that the protein hydrolysate derived from *H. abdominalis* possesses anti-melanogenic properties. The present study demonstrates that EEHA possesses anti-melanogenic activity that is mediated via the inhibition of the cAMP-CREB-MITF-tyrosinase axis and activation of the ERK signaling pathway.

Melanin synthesis is initiated by the binding of MC1R to its specific ligands, including  $\alpha$ -MSH, adrenocorticotropic hormone (ACTH), and agouti signaling protein (ASP) [4]. Both  $\alpha$ -MSH and ACTH are derived from pro-opiomelanocortin (POMC), which is the archetypal polypeptide precursor of hormones and neuropeptides [22]. The binding of MC1R to its agonists activates adenylyl cyclase that catalyzes the production of the second messenger, cAMP, from ATP [23]. The morpholino oligonucleotide-mediated knockdown of mc1r in zebrafish fails to disperse the melanosome via cAMP downregulation [24], indicating that the MC1R-mediated upregulation of cAMP is an important regulator of melanin synthesis and dispersion. The cAMP thus produced phosphorylates CREB by activating protein kinase A, which promotes the transcription of MITF, resulting in tyrosinase-mediated melanogenesis [4,6]. Chen et al. reported that the knockout of the *MITF-M* gene, a melanocyte-specific isoform, in mice, results in albinism, indicating the significance of MITF as a master regulatory transcription factor in melanogenesis [25]. The RNA interference of MITF in melanoma cells significantly reduces the levels of tyrosinase and MC1R, which is accompanied by abnormal melanin content [26], indicating that targeting MITF is a promising strategy for the treatment of hypermelanogenic disorders such as senile lentigines, melisma, and freckles. Therefore, numerous studies have focused on inhibiting the MC1R signaling pathway [27]. In the present study, we observed that EEHA inhibits the melanogenesis induced by  $\alpha$ -MSH in B16F10 melanoma cells and zebrafish larvae by suppressing cAMP production, which in turn suppressed the CREB-MITF-tyrosinase axis. Therefore, our results indicate that EEHA can serve as a promising anti-melanogenic agent for the treatment of hypermelanogenic disorders.

Besides the cAMP signaling pathway, the SCF/c-kit signaling pathway activates Raf-1, which upregulates MAPK phosphorylation, resulting in the regulation of melanogenesis under UV exposure and pigmentation disorders [28,29]. Activated ERK induces phosphorylation-mediated MITF degradation, resulting in a decrease in tyrosinase activity and melanogenesis [30]. In contrast, p38 MAPK activates the expression of MITF, resulting in tyrosinase-mediated hypermelanogenesis [31]. However, the role of JNK in melanogenesis is still contradictory. The present study demonstrated that EEHA upregulated the phosphorylation of ERK and decreased the phosphorylation of p38, which resulted in the anti-melanogenic properties of EEHA. We also confirmed that PD98059 suppressed the anti-melanogenic effects of EEHA in B16F10 melanoma cells

and zebrafish larvae. Nevertheless, it is necessary to confirm that the inactivation of p38 MAPK is directly involved in EEHA-mediated anti-melanogenesis. It has been recently demonstrated that the Wnt/ $\beta$ -catenin pathway directly downregulates MITF expression and suppresses the expression of tyrosinase and melanogenesis [32]. Further studies are necessary for investigating whether EEHA activates the Wnt/ $\beta$ -catenin pathway as well.

## 5. Conclusions

This study presents several novel findings in relation to the anti-melanogenic activity mediated by EEHA in B16F10 melanoma cells and zebrafish larvae. We identified EEHA as a prominent candidate that can be used to inhibit the cAMP-mediated expression of MITF and consequently downregulate tyrosinase-mediated melanogenesis. Furthermore, it was observed that EEHA significantly increased ERK phosphorylation, which suppressed melanogenesis in B16F10 melanoma cells and zebrafish larvae. Collectively, these data indicate that EEHA can serve as a promising novel therapeutic agent for the treatment of hyperpigmentation disorders and for use in whitening cosmetics.

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