

Table S2. Risk of bias (RoB2) graph.

Study ID	D1	D2	D3	D4	D5	Overall	
Li 2022							Low risk
Benzaquen 2021							Some concerns
Al-Dhalimi 2021							High risk
Park 2021							
Whanitphakdeedecha 2020							D1 Randomization process
Widianingsih 2019							D2 Deviations from the intended interventions
Ibrahim 2019							D3 Missing outcome data
Badawi 2018							D4 Measurement of the outcome
Waibel 2016							D5 Selection of the reported result
Mahmoud 2015							
Gawdat 2014							
Yun 2002							