

Supplementary Table S1. Ipsilateral torque recorded for each condition when electrical stimulation delivered to the contralateral tibial nerve

		Condition			
		REST	VOL	CONV	WPHF
	N				
H _{max}	10	0 (0 to 0) ^a	10.4 (9.8 to 10.6) ^b	5.4 (4 to 6.7) ^c	7.1 (6 to 14.7) ^b
M _{max}	10	0 (0 to 0) ^a	10.3 (9.9 to 11.3) ^b	9.1 (7.1 to 12.9) ^b	15.0 (10.5 to 28.7) ^c
Superimposed doublet	22	8.1 (-0.4 to 18.4) ^a	10.5 (10 to 11.5) ^a	15.5 (7.7 to 19.8) ^a	15.4 (11.2 to 30.8) ^b
M _{sup}	10	20.2 (9.8 to 33.3) ^a	10.9 (10.3 to 11.8) ^a	11 (6.4 to 31.1) ^a	26.1 (16.8 to 65.8) ^b
Potentiated doublet	22	0.6 (0 to 2.6) ^a	10.6 (9.3 to 12.3) ^b	12.8 (9.7 to 18.4) ^b	14.7 (6 to 37.9) ^b

Values are median (25th to 75th percentile) and expressed as % of ipsilateral MVC torque. Conditions that do not share a letter are significantly different from one another for that stimulation parameter ($P < 0.05$). H_{max} = stimulation to evoke a maximal H-reflex, M_{max} = stimulation to evoke a maximal M-wave. M_{sup} = stimulation at the intensity of M_{max} delivered during the maximal voluntary contraction. The number of participants is denoted by N. Due to problems with EMG data acquisition two subjects had to be excluded from these analyses.