

**Table S1.** The pH values and amount of lactic acid bacteria (LAB) in Karen, Lawa, and Shan Phak-gard-dong (PGD) at day 3 of fermentation.

Sample	pH	LAB (log CFU/g or mL)
Karen PGD	4.33±0.03	8.28±0.03
Lawa PGD	5.95±0.12	7.87±0.03
Shan PGD	4.63±0.03	8.24±0.03