

**Table S1.** Specification of the two transducers for heating and measurement.

Usage	Resonant Frequency [MHz]	Diameter [mm]	Focal Distance [mm]
Heating	5.0	12.0	12.0
Measurement	10.0	4.0	12.0

**Table S2.** Parameters of the transmitted ultrasonic waves used for heating.

	Frequency [MHz]	Positive and Negative Sound Pressure [MPa]	$I_{SPTA}$ [mW/cm <sup>2</sup> ]	Wave Duration [ms]	Interval of Exposure [s]	Number of Exposures
Burst Wave	5.0	0.60, -0.51	51	10.0	2.0	100

I: Intensity, SPPA: Spatial Peak Pulse Average.

**Table S3.** Parameters of the transmitted ultrasonic waves used for measurement.

Transmitted Wave Type	Center Frequency [MHz]	Pulse Duration [ms]	Pulse Repetition Time[ms]
Periodic Pulsed Wave	10	<0.5	1.0

**Table S4.** Parameters of setup values for calculation of sound velocity change.

Rectangular Window Size[ns]	Window Shift Interval[ns]	Frequency of Quadrature Detection [MHz]	Number of Window Shifts
619	313	10	20