Ionic Substitutions in Hydroxyapatite Thin Films: Towards Biomimetism
Hemin-Modified SnO$_2$/Metglas Electrodes for the Simultaneous Electrochemical and Magnetoelastic Sensing of H$_2$O$_2$

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Abstract: In this work, we present a simple and efficient method for the preparation of hemin-modified SnO$_2$ films on Metglas ribbon substrates for the development of a sensitive magneto-electrochemical sensor for the determination of H$_2$O$_2$. The SnO$_2$ films were prepared at low temperatures, using a simple hydrothermal method, compatible with the Metglas surface. The SnO$_2$ film layer was fully characterized by X-ray Diffraction (XRD), Scanning Electron Microscopy (SEM), photoluminescence (PL) and Fourier Transform-Infrared spectroscopy (FT-IR). The properties of the films enable a high hemin loading to be achieved in a stable and functional way. The Hemin/SnO$_2$/Metglas system was simultaneously used as a working electrode (WE) for cyclic voltammetry (CV) measurements and as a magnetoelastic sensor excited by external coils, which drive it to resonance and interrogate it. The CV scans reveal direct reduction and oxidation of the immobilized hemin, as well as good electrocatalytic response for the reduction of H$_2$O$_2$. In addition, the magnetoelastic resonance (MR) technique allows the detection of any mass change during the electroreduction of H$_2$O$_2$ by the immobilized hemin on the Metglas surface. The experimental results revealed a mass increase on the sensor during the redox reaction, which was calculated to be 767 ng/µM. This behavior was not detected during the control experiment, where only the NaH$_2$PO$_4$ solution was present. The following results also showed a sensitive electrochemical sensor response linearly proportional to the concentration of H$_2$O$_2$ in the range $1 \times 10^{-6}$–72 $\times 10^{-6}$ M, with a correlation coefficient of 0.987 and detection limit of 1.6 $\times 10^{-7}$ M. Moreover, the Hemin/SnO$_2$/Metglas displayed a rapid response (30 s) to H$_2$O$_2$ and exhibits good stability, reproducibility and selectivity.

Keywords: SnO$_2$; Metglas; hemin; H$_2$O$_2$; cyclic voltammetry; magnetoelastic resonance; sensor

1. Introduction

Hydrogen peroxide (H$_2$O$_2$) is one of the most important intermediate products of several enzyme-catalyzed oxidation reactions, and an essential substance, analyte or mediator in pharmaceutical, food, clinical and environmental analyses [1–5]. This has raised extensive interest over the years for establishing protocols for H$_2$O$_2$ sensing depending on its application.
Numerous analytical methods have been used for the monitoring of H$_2$O$_2$ including fluorescence, spectrometry, chemiluminescence, colorimetric techniques and liquid chromatography [6–11]. However, most of these techniques are too expensive (equipment and reagents), time-consuming, suffer from interferences and often require complex sample pre-treatment and competent operators to perform the analysis and therefore are not applicable for in situ analysis. Therefore, despite the numerous methods for H$_2$O$_2$ detection available, it is still of interest to develop a simple and direct method, that would be reliable, free from interferences and of lower cost. In this sense, electroanalytical methods have been used for the sensitive and selective determination of H$_2$O$_2$ [12–14].

Electrochemical sensors (voltammetric or amperometric) are among the most popular sensor devices. They usually monitor the change in current at an applied bias, induced by a redox reaction [15]. Furthermore, based on the properties of the material/substrate used, chemiresistive, capacitive and optical devices have been developed particularly for the sensing of hazardous and toxic gases [16–18]. The signal/outcome in electrochemical sensors depends on the rate of mass transfer to the electrode surface. The aim is to minimize the diffusion path of the detectable analyte and therefore the enzyme should have close contact with the substrate (electrode) used as the transducer. Although in some cases it might be possible to achieve direct electron transfer between the immobilized enzyme and electrode, normally, redox centers of enzymes are located deep in the insulated protein matrix, which makes a direct electron transfer unfeasible. The application of such enzymes in biosensors will require complicated immobilization procedures in order to orient the enzyme molecules in the most efficient way on the surface of the electrode and/or the additional use of redox mediators. In addition, the enzyme molecules tend to aggregate and become inactivated after immobilization and some of them present high cost in their preparation and storage and offer insufficient long-term stability [19–22]. To overcome these obstacles, non-enzymatic H$_2$O$_2$ electrochemical sensors have been proposed in recent years replacing immobilized enzymes with various nanocomposites with peroxidase-like activity. These include noble metal nanocomposites [19,20,23–25], metal oxide nanostructures [22,26–28] and metalloporphyrins [28–32].

Hemin (iron protoporphyrin IX chloride) is a well-known natural metalloporphyrin and is the active center of the heme-protein family, which includes hemoglobin, myoglobin and peroxidase. It has a porphyrin ring with an electroactive center of Fe$^{3+}$ and, as a result, a couple of quasi-reversible or reversible redox peaks are usually well-defined in cyclic voltammograms (CVs) obtained in aqueous solution, such as phosphate buffer of wide pH range or in some non-aqueous ones such as hexafluorophosphate ionic liquids. Therefore, hemin has been extensively used to study the redox activity of heme-proteins. In addition, it exhibits remarkable good electrocatalysis towards some small molecules, such as O$_2$ [33], NO [34], NO$_2^-$ [35], H$_2$O$_2$ [28–32], trichloroacetic acid [36], organohalides [37], phenols [38] and artemisinin [39], many of them are related to biological processes. The hemin-Fe acts as the electroactive mediate in the electrocatalysis process.

Hemin exhibits peroxidase-like activity similar to the enzyme [40] and is found to be superior to noble metal catalysts and nanomaterial enzyme mimics, which often exhibit low stability, high cost and poor reproducibility [41,42]. However, the fact that hemin tends to aggregate (inactive dimmers formation) in aqueous media due to its low solubility hinders its direct use as a redox catalyst. Therefore, various methods and electrodes have been used to overcome these issues and develop stable and sensitive hemin-modified electrodes. Hemin has been successfully adsorbed on many carbon materials, incorporated in carbon paste, entrapped in polymeric matrices, immobilized using dendrimers or cationic surfactants, mixing with metal oxide nanoparticles and incorporated or drop casted on various nanocomposite materials.

Our group recently presented [32] a simple and efficient method for the preparation of hemin-modified mesoporous SnO$_2$ films on low cost flexible, conducting ITO-PET substrates for the electrochemical sensing of H$_2$O$_2$. SnO$_2$ films can be prepared at low temperatures using a simple hydrothermal method, allowing not only high hemin loading in a stable and functional way, but also the direct reduction and oxidation of the immobilized hemin. In another recent work of ours [43],
A nanostructured ZnO layer was synthesized onto a Metglas magnetoelastic ribbon to immobilize hemoglobin (Hb) on it and study the Hb’s electrocatalytic behavior towards $H_2O_2$. Hb oxidation by $H_2O_2$ was monitored simultaneously by two different techniques: Cyclic Voltammetry (CV) and Magnetoelastic Resonance (MR). The Metglas/ZnO/Hb system was simultaneously used as a working electrode for the CV scans and as a magnetoelastic sensor excited by external coils, which drive it to resonance and interrogate it.

Metal oxides are typically wide-bandgap semiconductors and are, therefore, effectively insulating for applied potentials lying within their band gap. The conductivity of nanocrystalline TiO$_2$ and ZnO electrodes has been shown to be enhanced by a high density of sub-band gap states; nevertheless, such electrodes are still essentially insulators for potentials more positive than $-0.3$ and $-0.15$ V, respectively [44]. Consequently, electrochemical studies of heme proteins immobilized on such electrodes have been limited to electrochemical reduction of such proteins, with the dynamics of this reduction having been largely limited by the limited conductivity of the metal oxide film. Previous reports have indicated that mesoporous SnO$_2$ films are more conductive than either ZnO or TiO$_2$ films. This metal oxide exhibits a band gap (330 nm) and an isoelectric point (IEP~5) similar to those of TiO$_2$. Although flat (not porous) indium- or fluorne-doped SnO$_2$ films have been used as transparent electrodes for protein immobilization [45], the protein loading on such flat electrodes is, however, limited to a monolayer coverage at least 2 orders of magnitude lower than the monolayer coverage that we demonstrate here as possible on mesoporous electrodes.

In this work, we propose to prepare thin mesoporous SnO$_2$ films on the Metglas ribbon and use it for the immobilization of hemin and examine its sensitivity towards the electrocatalytic reduction of $H_2O_2$. SnO$_2$ films are particularly attractive for immobilization of molecules, exhibit a high surface area, non-toxicity, chemical stability and unique electronic and catalytic behavior [32]. They are similar to the ZnO films we used in the past [43], but more conductive and allowing redox reactions to take place at more moderate potentials at their conduction band edge. In addition, their preparation involves very few steps using a simple, low-cost, low-temperature hydrothermal method, which is much simpler than the sol-gel method involving an autoclave reactor that we used for the preparation of ZnO films in the past. Table 1 displays structural and electrochemical properties of mesoporous films of different metal oxides modified with hemin or heme proteins for studying their electrochemical behavior and/or used for the development of biosensors. Although, structurally, most of these films are similar (size of nanoparticles and thickness) and exhibit a high surface area, multistep, lengthy and not always reproducible procedures involving high-temperature sintering are necessary for their preparation. In addition, as they are semiconductors, during the electrochemical measurements they exhibit an insulating region, mostly at positive biases, that hinders the reduction or oxidation of the adsorbed molecules or limits their electrocatalytic efficiency. They exhibit limited conductivity at low negative potentials and a relatively slow electron transport. According to our studies and those of other groups we have come to the conclusion that the SnO$_2$ films could be prepared by a simple, fast, low-cost and low-temperature hydrothermal route, exhibiting a high surface area for the immobilization of molecules and biomolecules. In addition, and compared with the other metal oxides, they exhibit a very limited insulating region only at high positive biases and could be successfully used for the development of electrocatalytic sensors.

In addition, hemin is a much smaller molecule than the Hb we used in the past and is not surrounded by a shell of amino acids which that only a part of it to come into direct contact with the surface of the electrode [43]. Therefore, electron transfer between hemin and electrode is expected to be faster and more direct. From our previous studies, we found that the SnO$_2$ films provide a suitable microenvironment to prevent hemin aggregation and dimerization, therefore maintaining its activity after immobilization [32]. Hemin, dissolved in organic solvent, was drop-coated with a pipette on the SnO$_2$-Metglas substrates.

Based on the physicochemical properties of our proposed Hemin/SnO$_2$-Metglas sensor, CV and MR will be used simultaneously in order to study the chemical behavior of immobilized hemin.
with H$_2$O$_2$. While the experimental technique of CV can provide information on the electrochemical behavior of a reaction, the MR of magnetoelastic materials can quantify those reactions due to the high sensitivity to external parameters such as mass load \[46,47\]. As magnetoelasticity, we define the property of some ferromagnetic materials to convert efficiently the magnetic energy into elastic energy. According to Hernando et al. \[48\] the parameter associated with the energy transfer between the elastic and magnetic subsystems is known as the magnetoelastic coupling coefficient $k$ (0 < $k$ < 1). By far the best-known materials with high magnetoelastic coupling coefficients are metallic glasses \[49\], which are mainly amorphous alloys of magnetic materials in the shape of ribbons. A free-standing ribbon of metallic glass can be easily induced to vibrate mechanically to one of its resonance modes, to an external AC magnetic field, due to its ferromagnetic nature and magnetoelastic property. Those mechanical vibrations depend upon factors such as the stiffness and the mass of the ribbon, and any change on them will affect the dynamic behavior of the ribbon. Specifically, the appearance of extra mass on a magnetoelastic ribbon will affect its vibration behavior, by reducing its resonance frequencies, and thus it will leave a trace of the mass on the ribbon. Exploiting this behavior, information about the interaction of H$_2$O$_2$ with the immobilized hemin can be obtained.

The resulting Hemin/SnO$_2$-Metglas electrodes exhibit highly efficient electrocatalytic reduction of H$_2$O$_2$, with good stability and sensitivity and to our knowledge, this is only the second time that the two methods, CV and MR have been used simultaneously for biodetection and the development of a H$_2$O$_2$ sensor.

### Table 1. Characteristics and properties of metal oxide films used as electrodes.

<table>
<thead>
<tr>
<th>Electrode</th>
<th>Preparation</th>
<th>Particle Size (nm)</th>
<th>Thickness (µm)</th>
<th>Insulating Region</th>
<th>Ref.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hemin/SnO$_2$-ITO/PET</td>
<td>Low temperature Hydrothermal method</td>
<td>20−70</td>
<td>4</td>
<td>At +0.2 V and more positive biases</td>
<td>[32]</td>
</tr>
<tr>
<td>Hemin-ZnO-Metglas</td>
<td>Hydrothermal method/sintering</td>
<td>11−32</td>
<td>1</td>
<td>none</td>
<td>[43]</td>
</tr>
<tr>
<td>Hemin/TiO$_2$-FTO $^1$</td>
<td>Hydrolysis/sol-gel/sintering</td>
<td>10−15</td>
<td>2</td>
<td>At −0.3 V and more positive biases</td>
<td>[37]</td>
</tr>
<tr>
<td>Hemin/TiO$_2$-GCE $^2$</td>
<td>Flame synthesis technique</td>
<td>10−50</td>
<td>10</td>
<td>none</td>
<td>[28]</td>
</tr>
<tr>
<td>Cyt-c $^3$/SnO$_2$/FTO</td>
<td>Sol-gel/sintering</td>
<td>15−20</td>
<td>4</td>
<td>At +0.2 V and more positive biases</td>
<td>[50]</td>
</tr>
<tr>
<td>Hb $^4$/SnO$_2$/FTO</td>
<td>Sol-gel/sintering</td>
<td>10−20</td>
<td>4</td>
<td>At −0.15 V and more positive biases</td>
<td>[44]</td>
</tr>
<tr>
<td>Hemin/SnO$_2$-Metglas</td>
<td>Low temperature Hydrothermal method</td>
<td>20−70</td>
<td>11</td>
<td>none</td>
<td>This work</td>
</tr>
</tbody>
</table>

$^1$ Fluorine doped tin oxide; $^2$ Glassy carbon electrode; $^3$ Cytochrome c; $^4$ Hemoglobin.

## 2. Materials and Methods

### 2.1. Materials

A commercial ribbon of Metglas 2826MB (Fe$_{40}$Ni$_{38}$Mo$_{4}$B$_{18}$) was purchased from Hitachi Metals Europe GmbH (Düsseldorf, Germany). Tin (IV) Oxide Nanopowder, <100 nm average particle size (BET), t-Butanol anhydrous, $\geq$99.5%, bovine hemin ($\geq$90%), absolute ethanol, analytical grade acetone and sodium dihydrogen orthophosphate (NaH$_2$PO$_4$) were all purchased from Sigma-Aldrich Chemie GmbH (Taufkirchen, Germany). Dimethyl sulfoxide (DMSO) was obtained from Fisher Scientific GmbH (Schwerte, Germany) and was of HPLC grade. H$_2$O$_2$ (30% w/v solution) was purchased from Lach-Ner (Neratovice, Czech Republic) and was diluted. All aqueous solutions were prepared with deionized water.
2.2. Preparation of Hemin/SnO$_2$–Metglas Electrodes

Tin oxide powder was homogeneously dispersed in a mixture of t-Butanol and acetonitrile 95:5 (v/v) at a concentration of 40 g·L$^{-1}$ as previously described by our group [32]. The suspension was then sonicated in a JENCONS-PLS sonicator (Jencons, Bedford, UK), while the mixture solution was immersed in an ice bath to regulate its temperature. After sonication, the solution was semi-opaque and the particles evenly distributed.

A commercial ribbon of Metglas 2826MB (Fe$_{40}$Ni$_{38}$Mo$_4$B$_{18}$) was used as the substrate for the deposition of the SnO$_2$ films. The ribbon was cleaned thoroughly in acetone for 15 min under sonication and then cut in strips of 2 cm in length. The Metglas strips were then placed in a petri dish with their rough side facing upwards. Adhesive Tape of known thickness was then applied on the surface of the Metglas to define the film layer thickness accordingly, imitating a doctor-blade technique. Masking each Metglas substrate with 3M Scotch Magic tape (3M, Berkshire, UK) type 810, thickness 62.5 µm) controlled the thickness and width of the solution spread area. Afterwards, 20 µL of the above-mentioned SnO$_2$ solution was deposited on to the Metglas surface and left to air-dry at 37 °C for 20 min until all the solvent was totally evaporated giving as a result a thin SnO$_2$ film layer. One layer of tape was employed for each SnO$_2$ film deposition, which provided a film thickness of ~7 µm and size of 1 × 1 cm$^2$. The thickness of the films was measured by SEM and the use of a standard profilometer. It appears that t-Butanol reduces the surface tension of the liquid paste to improve its adhesion on the Metglas surface.

Afterwards, a solution of 10 µM hemin in DMSO was prepared and 10 µL was drop-coated with a pipette on the thin SnO$_2$ film. The use of this concentration of hemin was selected based on a recent study of ours [32] involving the immobilization of hemin on semitransparent SnO$_2$/ITO-PET films. Using UV-Vis absorption spectroscopy (Shimadzu Europa UV-1800, Duisburg, Germany) we confirmed that the immobilized hemin exhibited its characteristic peaks and therefore remained intact. By using higher concentrations of hemin, aggregation of hemin molecules occurred on the surface of the films, affecting its electrocatalytic behavior towards H$_2$O$_2$. The films were then left to air-dry at room temperature for 30 min, until there were no signs of moisture on their surface. Once the hemin was adsorbed, it remained strongly bound to the films. Prior to all measurements, films were rinsed with NaH$_2$PO$_4$ to remove possible non-adsorbed hemin.

2.3. Characterization of the Hemin/SnO$_2$-Metglas Film Electrodes

The morphology and thickness of the SnO$_2$-Metglas film electrodes were determined by field emission scanning electron microscopy (FE-SEM), using a FEI Inspect Microscope (Thermo Fisher Scientific, Ferentino, Italy) operating at a voltage of 25 kV. The specimens (films) were prepared by Au sputtering to increase the conductivity of the samples. Energy dispersive spectroscopy (EDS, Thermo Fisher Scientific, Ferentino, Italy) was also used for the elemental analysis of the SnO$_2$-Metglas film electrodes. As a further proof of the quality of the SnO$_2$ films obtained, their photoluminescence (PL) spectra were recorded using a Hitachi F2500 Fluorescence Spectrophotometer (Hitachi, Tokyo, Japan) from 350 to 550 nm at an excitation wavelength of 300 nm.

The crystal structure of the SnO$_2$ films on the Metglas substrate was studied using X-ray diffraction (XRD). The XRD pattern of the SnO$_2$ film on Metglas was measured using a Bruker D8 advance X-ray diffractometer (Bruker AXS GmbH, Karlsruhe, Germany) with Cu Kα-radiation from 20° to 80° at a scanning speed of 0.015 °/s. The X-ray tube voltage and current were set at 45 kV and 40 mA, respectively. The diffraction patterns were indexed by comparison with the Joint Committee on Powder Diffraction Standards (JCPDS) file 41-1445 of SnO$_2$ cassiterite [51].

Fourier transform infrared (FTIR) spectroscopic analysis of the SnO$_2$ films with or without adsorbed hemin was carried out with a Digilab Excalibur FTS 3000MX spectrometer (BioRad Laboratories GmbH, München, Germany).
2.4. Experimental Setup for MR and CV Measurements

Shown in Figure 1 is the experimental setup that was used for simultaneous MR and CV detection of the interaction of immobilized hemin with H₂O₂. To begin, a homemade coil \((N = 30 \text{ turns})\), \(R = 1.1 \Omega\), \(L = 15.2 \mu\text{H}\), which is connected to a microcontroller frequency generator (Sentech, Pittsburgh, PA, USA) (Figure 1b), is wrapped around a 29.5 mm diameter syringe and hung firmly in a structure made out of wood, as shown in Figure 1b. The frequency generator drives an alternative current (AC) through the coil, producing an alternative magnetic field, which in turn induces elastic waves on the magnetoelastic sensor inside the coil. When the frequency of the vibration matches the first longitudinal natural frequency of the sensor, resonance occurs. By using software written in Visual Basic, the resonance frequency value of the sensor is recorded. The piston of the syringe is used to secure the working electrode (WE) (our sensor) of the setup and is allowed to move vertically during the experiment, in order to control the immersion position of the sensor. For the CV measurements, a platinum wire 30 mm in length, which was welded onto an extension copper wire, is set up at the side of the syringe to work as the counter electrode (CE) (Figure 1b). As reference electrode (RE), Ag/AgCl/KCl was used, positioned in a holder that was made in order to be able to remove it from the setup and store it after each experiment (Figure 1b).

![Figure 1. Experimental setup: (a) Front view; (b) side view.](image-url)

All three electrodes were immersed into NaH₂PO₄ solution (pH = 7) inside a glass container (Figure 1a), the quantity of which is controlled by an injection tube shown in Figure 1b. A stand made of polystyrene (PS) (Figure 1a) is used to hold the glass container, inside of which a wire camera was wedged (Figure 1a), observing the immersion process of the WE and providing information on whether or not the sensor touched the surface of the solution. Figure 2a shows the WE of the setup with the magnetoelastic sensor being held magnetically on a copper wire with the use of a tiny piece of neodymium magnet welded carefully to the copper wire. In this way, the conductivity of the WE is increased, reducing any noisy effects during CV. Figure 2b,c shows the state before and after the...
immersion of the WE inside the solution. The six bright spots in the middle of Figure 2b are the reflection of the camera lights at the surface of the solution. The characteristic ellipse of Figure 2c indicates the immersed state of the electrode. It is important to know the exact moment the electrode touches the surface of the solution, because this way, the immersion depth of the electrode can be controlled using the scale on the syringe.

Figure 2. (a) The WE of the setup; (b) WE before and (c) after its immersion into the solution.

2.5. Experimental Preparation and Procedure

The experimental preparation was carried out in two main stages. The first stage concerns the connection of the device, described above, to the other devices used in the experimental procedure. For the MR measurements, a home-made microcontroller frequency generator was connected to a PC through a RS232 serial port, and the acquisition data process was carried out by software written in Visual Basics programming. The wire camera was also connected to the PC and controlled by its software. An Autolab PGStat 101 potentiostat (Metrohm Autolab, Utrecht, The Netherlands) was used for the CV measurements. The second stage includes the preparation and insertion of the Hemin/SnO$_2$-Metglas sensor into the experimental setup. As mentioned above, when the frequency of the vibrated sensor matches with its first longitudinal natural frequency, resonance occurs. The first longitudinal vibration of a beam-like structure with both ends free has its node at the middle and the maximum deformation at the free ends. Figure 3 shows the graphical illustrations of the resonance peaks of a 30 mm bare Metglas ribbon with the copper wire when holding it at different positions (Figure 2a). The first peak (Figure 3a) corresponds to the position at the middle of the sensor, while the other three peaks (Figure 3b–d) correspond to a position 1, 2 and 3 mm from the middle, respectively. As we move the holding point away from the middle, where the node is located, the amplitude of the resonance peak drops rapidly. This happens because the node is a stationary position, and any...
changes on it do not affect the vibrating behavior of the sensor. On the other hand, changes in the
deforming positions affect the behavior of the transmitting elastic waves, which in our situation is the
damping effect on the wave due to the physical contact between the sensor and the copper wire. It is
crucial to have the amplitude of the resonance peaks as high as possible, before the immersion of the
sensor inside the solution, because after the immersion, the damping effect is strong, and in order to
not completely lose the peak at the noise level, preparations must be made. For the CV measurements,
all applied biases are reported against the Ag/AgCl reference electrode.

The electrolyte, an aqueous solution of 10 mM NaH$_2$PO$_4$ (pH = 7) was deoxygenated with argon
prior to any electrochemical measurements. All experiments were carried out at room temperature.

Upon completion of the preparation and insertion of the Hemin/SnO$_2$-Metglas sensor into the
setup, the experimental measurement procedure was carried out. Initially, by moving the syringe
piston along the coil and carrying out some MR measurement in the air, the sensor position with the
highest resonance peak amplitude was noted using the syringe scale. Next, the immersion process took
place in three steps in order to conduct measurements with both CV and MR techniques. In the first
step, the piston was moved till the point that the sensor touched the surface of the solution (Figure 2c),
using the guidance of the wire camera. In the second step, the piston was moved 4 mm down, using
the scale on the syringe, so as to immerse the whole surface of the immobilized hemin into the solution,
and a CV measurement was taken. The last step was to return the sensor to its initial position and
run a MR measurement. Figure 4 shows the resonance peaks before and after the immersion of a
bare Metglas ribbon (Figure 4a,b) and of a Hemin/SnO$_2$-Metglas sensor (Figure 4c,d). In the case of
the latter, the decrease on the amplitude and the frequency seems to be higher than that of the bare
Metglas, thus indicating the presence of Hemin/SnO$_2$ layers.
Figure 4. Resonance peaks before and after the immersion of the sensor into the solution for two different samples: (a) Bare Metglas ribbon before the immersion; (b) Bare Metglas ribbon after the immersion; (c) Hemin/SnO$_2$-Metglas sensor before the immersion; (d) Hemin/SnO$_2$-Metglas sensor after the immersion.

3. Results and Discussion

3.1. X-ray Diffraction

The crystal structure and phase purity of the SnO$_2$-Metglas film electrode were investigated by the X-ray diffraction technique. Figure 5 shows the main diffraction peaks for Metglas with or without a film of SnO$_2$ on its surface. The Metglas strip is an amorphous material and therefore its XRD pattern gives a noisy and broad signal with a wide peak from 40° to 50°. The XRD data of the SnO$_2$ film on Metglas revealed peaks at 26.55°, 33.82°, 37.75° and 51.76°, corresponding to the indices of (101), (110), (200) and (211), are characteristic of the cassiterite type of tetragonal rutile nanocrystals and are consistent with the reported values of the relevant JCPDS card No.: 41-1445 [51]. However, it should be noted that the intensity of the peaks is quite low, which makes us affirm that we have a quite thin film of SnO$_2$ deposited onto the Metglas strip. Further discussion about the thickness of the deposited film will be given from the SEM images of the SnO$_2$-Metglas and particularly the cross sectional one which will be used to measure the thickness of the SnO$_2$ film. Consistent with SEM observation and previous work of ours in the literature [28] the immobilization of hemin did not change the crystal structure of SnO$_2$. 
Figure 5. XRD patterns: (a) JCPDS card#41-1445 SnO$_2$ cassiterite; (b) Metglas; (c) SnO$_2$/Metglas.

3.2. FE-SEM Imaging of Surface Topography

The surface morphology and thickness of the SnO$_2$-Metglas film electrode was analyzed by FE-SEM. The top view FE-SEM images presented in Figure 6a,b showed that the SnO$_2$ film comprises a rigid, porous network of SnO$_2$ nanoparticles of average size 20–70 nm that are evenly distributed, creating a mesoporous surface. These results confirm a sponge-like structure of the film with pore sizes sufficiently large for hemin molecules to be able to diffuse throughout the porous mesostructure. Therefore, it could provide many active sites for catalytic reactions. It was also observed (image not shown) that the immobilization of hemin does not change or destroy the characteristic SnO$_2$ particles, neither the mesoporous structure of the film. According to Figure 6c the thickness of the SnO$_2$ films is around ~11 μm as set by the adhesive tape used. Figure 6d displays the EDS for a SnO$_2$-Metglas film electrode, carried out during the FE-SEM analysis, which conforms to the characteristic peaks of Sn and O. The observed Ni and Fe peaks are attributed to the Metglas substrate. The inset of Figure 6d displays the elemental compositions in estimated weight percentages. The quantification of the EDS spectrum was carried out using the standardless ZAF correction method.
3.3. Photoluminescence Properties

Figure 7 depicts the photoluminescence spectrum of a SnO$_2$ film deposited on the Metglas substrate at an excitation wavelength of 300 nm. It exhibited four emission bands in UV and visible regions centered around 378, 395, 437 and 470 nm. The 378 band is assigned to the recombination of donor-acceptor pairs [52]. Violet emission i.e., 395 and 437 nm are ascribed to the surface dangling bonds or oxygen vacancies and Sn interstitials [53]. Their exact origin is not yet clear. The origin of blue luminescence at 470 nm is structural defects or impurities formed during the deposition of thin films. It is important to note that the broad nature of the PL emission band clearly indicates that the luminescence should have originated from the multiple sources rather than a single source, because the PL band contains multiple PL peaks.

![Figure 6](image)

**Figure 6.** FE-SEM images: (a, b) Top view; (c) cross section of a SnO$_2$–Metglas film electrode; (d) EDS elemental microanalysis of a SnO$_2$–Metglas film electrode. Scales are indicated on the photographs.

![Figure 7](image)

**Figure 7.** PL spectrum recorded using an excitation wavelength at 300 nm over the SnO$_2$ film deposited on the Metglas 2826MB strip.

3.4. Fourier Transform Infrared Analysis

Figure 8 compares the FTIR spectra of SnO$_2$ and Hemin/SnO$_2$ films recorded in KBr matrices. Blank KBr pellet was taken as the background. Both spectra displayed bands at 3427 and 1638 cm$^{-1}$ due to O–H bonds of adsorbed water and a band located at around 612 cm$^{-1}$, which is assigned to the Eu mode of SnO$_2$ (anti-symmetric O–Sn–O stretching) [28,54].
In comparison, the FTIR spectrum of Hemin/SnO₂ displayed the representative peaks of hemin besides the absorption bands of SnO₂. The FTIR spectrum of Hemin/SnO₂ displays new absorption bands at 1000 to 1300 cm⁻¹ assigned to C–O stretching vibration in the aromatic ring of the hemin molecule. The small bands at 1410 and 1464 cm⁻¹ were due to the contribution of the C–H bending vibration and the band at 2924 cm⁻¹ was assigned to the C–H stretching vibration of methyl [55]. The obvious absorption peaks at 1562 and 1651 cm⁻¹ must be assigned to amide band II and amide band I, respectively. Therefore, the immobilization of hemin on the SnO₂ mesopores was successfully confirmed by FTIR spectroscopic analysis.

3.5. Electrochemical Behavior of Hemin/SnO₂-Metglas and SnO₂-Metglas Electrodes

Figure 9 shows the CVs of Metglas, SnO₂-Metglas and hemin-modified SnO₂-Metglas in deaerated hemin free 10 mM NaH₂PO₄ (pH = 7) at a scan rate of 0.1 V s⁻¹. In Figure 9a, the CV of the bare Metglas exhibits one broad cathodic peak at −0.4 V and one anodic peak at 0 V. The voltage range is taken from −1 to 0.4 V and in this range the Metglas electrode is effectively working without any breakdown. These peaks could possibly be due to the high content of iron in Metglas which is an amorphous metallic material and thus the iron atoms can occur in both Fe²⁺ and Fe³⁺ states, depending on their local neighborhood in the amorphous atomic framework. These peaks could be a sum of contribution of various oxidation processes of iron to form divalent or trivalent species [56].

The SnO₂-Metglas electrode in Figure 9b shows the characteristic charging/discharging currents assigned to electron injection into sub-band gap/conduction band states of the SnO₂ film as observed previously on different substrates such as fluorine doped tin oxide, FTO glass and indium tin oxide-poly (ethylene terephthalate), ITO-PET [32,50]. The charging of the SnO₂-Metglas electrode starts at +0.1 V, which is very close to the values reported for SnO₂ on other substrates [32,50]. However, the charging starts at a much more positive bias compared with the ZnO film on the same Metglas ribbon we used in a recent study [43], where the charging starts at −0.16 V. In addition, the preparation method of the SnO₂ films compared to the ZnO films used in the past is simpler, faster, of lower cost, using a low temperature route and not a sintering process.

In addition, Figure 9c shows the CV of a Metglas-SnO₂ film after the immobilization of hemin on its surface. This time a couple of strong redox peaks are observed at −0.31 (cathodic) and −0.06 V (anodic). These redox peak currents resulted from the mono-electron transfer process to the immobilized hemin for the conversion from Fe³⁺ to Fe²⁺. The midpoint potential is estimated from the values of the anodic and cathodic peak potentials, −0.185 V, close to those obtained with hemin on TiO₂ or various carbon electrodes [28,33]. In addition, this value shows a shift to more positive potentials compared with the −0.26 V midpoint potential obtained for hemin on similar SnO₂ films on ITO-PET substrate [32].
It is clear that the mesoporous structure of the SnO$_2$ film not only allows the effective immobilization of hemin on its surface but also promotes the electron transfer process between hemin and electrode at mild applied biases comparable to or even lower than those applied on other electrodes.

Furthermore, the effect of the potential scan rate applied to the Hemin/SnO$_2$-Metglas electrode is investigated and presented in Figure 10a,b. The cathodic and anodic peak currents corresponding to the immobilized hemin vary linearly with the scan rates from 0.1 to 0.01 V s$^{-1}$ (Figure 10b) indicative of a surface-confined electrochemical process. Reduction peaks occur at around $-0.31$ V and reoxidation at $-0.05$ V. As the scan rate is steadily increased, the current increases and is significantly bigger if we compare the 0.1 V s$^{-1}$ to the 0.01 V s$^{-1}$.

The Fe$^{3+}$/Fe$^{2+}$ redox chemistry of heme is termed quasi-reversible as the peak-to-peak potential separation ($\Delta E_p$) $>60$ mV. The $\Delta E_p$ is 80 mV at a scan rate of 0.025 V s$^{-1}$ similar to other hemin-modified electrodes reported in the past [28,32,33]. This implies a relatively fast direct electron transfer between the redox active center of hemin and the SnO$_2$-Metglas electrode. The kinetics of the electron transfer for the Hemin/SnO$_2$-Metglas electrode were analyzed using the model of Laviron [57].
A graph of the dependence of peak separation on the logarithm of the scan rate yields a straight line with a slope equal to a charge-transfer coefficient α of 0.88. For a peak separation 0.302 mV and for a scan rate of 0.1 V s⁻¹, a kₚ value was estimated to be 0.48 s⁻¹. This value is in the range of kₚ for typical surface-controlled quasi-reversible electron transfer. For lower scan rates (less than 0.1 V s⁻¹), the peak separation is decreased, getting closer to the 0 mV expected for an ideal surface controlled reversible electrochemical process. This behavior was achieved without the addition of any promoters or mediators in the electrolyte solution. It is, therefore, obvious that the mesoporous structure of the SnO₂ film promotes the rapid electron transfer between hemin and the underlying Metglas surface.

3.6. Electrocatalytic Behavior of H₂O₂ at the Hemin/SnO₂-Metglas Electrode

The suggested simplified mechanism of the electrochemical catalytic reduction of H₂O₂ on the immobilized hemin can be expressed as the following:

\[
\text{Hemin (Fe}^{3+}\text{)} + \text{H}^{+} + \text{e}^{-} \rightarrow \text{Heme (Fe}^{2+}\text{)}
\]

\[
\text{Heme (Fe}^{2+}\text{)} + \text{H}_2\text{O}_2 + 2\text{H}^{+} + \text{e}^{-} \rightarrow \text{Hemin (Fe}^{3+}\text{)} + 2\text{H}_2\text{O}
\]

Figure 11a displays the electrocatalytic activity of the immobilized hemin toward H₂O₂ reduction. CV was employed over a range from +0.2 to −1 V. As the increasing concentrations of H₂O₂ (8–72 μM) were added successively, every 30 s, in the electrochemical cell where our Hemin/SnO₂-Metglas electrode was immersed in NaH₂PO₄ (pH = 7) buffer, the cathodic peak current at −0.49 V increased progressively, indicating the occurrence of the typical electrocatalytic reduction process of H₂O₂. Simultaneously, the oxidation peak currents decreased accordingly, exhibiting a good electrocatalytic behavior. The reduction potential of H₂O₂ on our electrodes is around the values reported in the literature [32,43]. Figure 11b shows the proportional, linear (R = 0.987) steady increase of the electrocatalytic cathodic current upon increasing additions of H₂O₂ in the NaH₂PO₄ buffer. This plot shows that the CV method is sensitive enough to detect electrochemical changes that occur between the immobilized hemin and H₂O₂.

Control CVs of hemin free SnO₂-Metglas electrodes exhibited negligible dependence upon H₂O₂ concentration. For comparison, the peak current at the cathodic peak at −0.49 V of the Hemin/SnO₂-Metglass electrode is plotted in Figure 12 as solid squares, together with the corresponding signal (solid triangles) which is obtained when H₂O₂ is added in the electrolyte solution. The control experiment produced a flat response with a small error of 0.01 mA, and it is obvious that
the changes brought up with the reduction of H$_2$O$_2$ by the immobilized hemin produced a big enough sensing signal of about 0.15 mA in variation, much larger than the above error, confirming the good sensitivity of the CV method.

**Figure 11.** (a) CVs of Hemin/SnO$_2$-Metglas in the absence and presence of increasing concentrations (8–72 µM) of H$_2$O$_2$ in 10 mM NaH$_2$PO$_4$ (pH = 7), scan rate: 0.1 V s$^{-1}$, and (b) plot of the cathodic peak current vs. H$_2$O$_2$ concentration obtained from the CV data shown in (a).

**Figure 12.** Comparison of the control cathodic peak currents (squares) obtained from the CVs of a Hemin/SnO$_2$-Metglas electrode in 10 mM NaH$_2$PO$_4$ solution and the corresponding sensing current (triangles) when H$_2$O$_2$ is added in the solution.
3.7. Amperometric Sensing of H$_2$O$_2$

Based on the electrocatalytic results above, a biosensor for the quantitative determination of H$_2$O$_2$ is proposed. To improve the sensitivity, the performance of the Hemin/SnO$_2$-Metglas film electrode towards the determination of H$_2$O$_2$ was evaluated by amperometry. Figure 13a shows a typical current-time curve of a Hemin/SnO$_2$-Metglas film electrode for the successive additions of H$_2$O$_2$ in a stirred cell with NaH$_2$PO$_4$ buffer and an applied potential at −0.4 V. The sensor gives continuous real-time current responses to changing H$_2$O$_2$ concentrations. The reduction peak potential for H$_2$O$_2$ displayed in Figure 11a (CV measurements) is around −0.5 V. However, the applied potential for amperometric sensing of H$_2$O$_2$ should be more positive in order to decrease the background current and minimize the response/effect of common interferents. From our study of the influence of the applied potential on the amperometric response to H$_2$O$_2$ we concluded that a −0.3 V produced a very low response and the signal was enhanced at −0.4 V. When the applied potential was further negatively shifted up to −0.6 V, the background current increased but the current response toward H$_2$O$_2$ decreased. Therefore, −0.4 V was selected as the applied potential for our chronoamperometric sensor.

Figure 13a shows that after the addition of H$_2$O$_2$ significant increases in the cathodic current are observed. The response reaches the steady-state value within 10–15 s which is a relatively fast response. Figure 13b corresponds to the calibration plot of the prepared biosensor. The currents had a linear dependence on the concentration of H$_2$O$_2$ in the range of 2–90 μM with a correlation coefficient 0.995 and the detection limit was examined to be 1.6 × 10$^{-7}$ M.

![Figure 13. (a) The typical amperometric responses of a Hemin/SnO$_2$-Metglas film on successive additions of different amounts of H$_2$O$_2$ into stirring NaH$_2$PO$_4$ (10 mM, pH = 7) saturated with Argon at the applied potential of −0.4 V. (b) The calibration curve of the current vs. the H$_2$O$_2$ concentration.](image-url)
The analytical performance of our Hemin/SnO$_2$-Metglass electrode towards H$_2$O$_2$ is compared with other hemin-modified electrodes which were used in the past for the development of amperometric and/or voltammetric sensors and the results are summarized in Table 2. It is obvious that the sensitivity (linear range) of our sensor compares well with the other electrodes that have been used for the development of H$_2$O$_2$ sensors. It is also notable that the detection limit (LOD) of our electrode is superior in some cases as compared to the previously reported electrode materials. These very good results obtained for our sensor are due to the high active area of the SnO$_2$ film on the Metglas substrate, the high hemin loading achieved in a stable and functional way, and the fact that fast and direct electron transfer is achieved between the immobilized hemin and the SnO$_2$-Metglas electrode without the use of any mediators or promoters. However, the aim was not to produce the most sensitive electrochemical sensor for H$_2$O$_2$, but rather one which will compare well with other electrodes and would be more sensitive that the Hb/ZnO-Metglas sensor we developed in the past. A much lower LOD for H$_2$O$_2$ was obtained for this sensor compared with the Hb/ZnO-Metglas electrodes.

Table 2. Comparison of the analytical performance with different electrode materials for the electrocatalytic determination of H$_2$O$_2$.

<table>
<thead>
<tr>
<th>Electrode</th>
<th>Method</th>
<th>Linear Range (M)</th>
<th>LOD (M)</th>
<th>Ref.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hemin/SnO$_2$-ITO/PET</td>
<td>CV</td>
<td>1.5 x 10$^{-6}$-90 x 10$^{-6}$</td>
<td>1.5 x 10$^{-6}$</td>
<td>[32]</td>
</tr>
<tr>
<td>Hb/ZnO-Metglas</td>
<td>CV &amp; MR</td>
<td>25 x 10$^{-6}$-350 x 10$^{-6}$</td>
<td>25 x 10$^{-6}$-50 x 10$^{-6}$</td>
<td>[43]</td>
</tr>
<tr>
<td>Hemin-graphene nano-sheets (H-GNs)/gold nano-particles (AuNPs)</td>
<td>CV &amp; Amperometry</td>
<td>0.3 x 10$^{-6}$-1.8 x 10$^{-3}$</td>
<td>0.11 x 10$^{-6}$</td>
<td>[58]</td>
</tr>
<tr>
<td>Hemin-TiO$_2$ modified electrode</td>
<td>CV &amp; Amperometry</td>
<td>3.0 x 10$^{-7}$-4.7 x 10$^{-4}$</td>
<td>7.2 x 10$^{-8}$</td>
<td>[28]</td>
</tr>
<tr>
<td>Hemin-GCE</td>
<td>CV</td>
<td>0-170 x 10$^{-6}$</td>
<td>31.6 x 10$^{-6}$</td>
<td>[59]</td>
</tr>
<tr>
<td>ITO/NiO/Hemin</td>
<td>CV</td>
<td>0.5 x 10$^{-6}$-500 x 10$^{-6}$</td>
<td>10$^{-7}$</td>
<td>[36]</td>
</tr>
<tr>
<td>Hemin/SnO$_2$-Metglas</td>
<td>CV &amp; MR</td>
<td>2 x 10$^{-6}$-90 x 10$^{-6}$</td>
<td>1.6 x 10$^{-7}$</td>
<td>This work</td>
</tr>
</tbody>
</table>

Furthermore, the selectivity of this sensor for interferents that may be present in real samples has been tested by our group in a recent study [32]. Our sensor is free of interferences like uric acid (2%) and exhibits a slight interference (7%–8%) of response currents to 100 µM ascorbic acid relative to 100 µM H$_2$O$_2$. The reproducibility of our electrodes was also tested. Their preparation method for the SnO$_2$ films is very simple, involves very few steps and a low-temperature route; therefore, they can be easily scaled-up on the metallic ribbon substrate. Six separate films prepared under the same conditions produced very similar results for the electrochemical reduction of hemin and its electrocatalytic performance towards H$_2$O$_2$ with a relative standard deviation of around 4%-5%.

After preparation the electrodes could be stored for up to two weeks at 5°C and could be used repeatedly maintaining at least 90% of their electrocatalytic activity.

3.8. Magnetic Resonance Behavior of the Sensor

The MR measurements, as described in the section on the experimental procedure, were performed on four Metglas ribbons, of which one was bare Metglas, one was SnO$_2$-Metglas and the last two were Hemin/SnO$_2$-metglas ribbons. Figure 14 shows the resonance behavior of the ribbons versus time, with Figure 14a–c, corresponding to bare Metglas, SnO$_2$-Metglas and Hemin/SnO$_2$-Metglas in the presence of 72 µM H$_2$O$_2$ in the solution, respectively. Figure 14d, on the other hand, shows a Hemin/SnO$_2$-Metglas without H$_2$O$_2$ present in the solution. For each ribbon, a total number of 30 measurements were performed, each one every 3 min. A change of 0.09 ± 0.01 kHz was observed for the Hemin/SnO$_2$-Metglas ribbon with H$_2$O$_2$ (Figure 14c), indicating the mass increase on the sensor. For the particular Metglas ribbon used (length = 2.5 cm), calibration with known small mass loads gives a calibration factor of $-1.63$ kHz·mg$^{-1}$. Using this factor, the maximum H$_2$O$_2$ concentration of 72 µM and the resonance frequency change, a corresponding mass increase of 767 ng/µM was calculated on the sensor. On the other hand, for the Hemin/SnO$_2$-Metglas ribbon without H$_2$O$_2$ in the solution (Figure 14d), almost no changes occurred on the resonance frequencies, showing thus the effect of H$_2$O$_2$ on the sensor. The control diagrams of Figure 14a,b for bare Metglas and SnO$_2$-Metglas showed...
no significant resonance changes in the presence of H$_2$O$_2$, as the interaction element, hemin, is not immobilized on their surfaces. However, Figure 14b shows a slight resonance change. This happens due to the porous structure of the SnO$_2$ film, which can encapsulate some H$_2$O$_2$ molecules present in the solution and therefore increase slightly the mass on the sensor.

Figure 14. Magnetic resonance measurements of (a) Bare Metglas ribbon with H$_2$O$_2$, (b) SnO$_2$-Metglas sensor with H$_2$O$_2$, (c) Hemin/SnO$_2$-Metglas sensor with H$_2$O$_2$, (d) Hemin/SnO$_2$-Metglas sensor without H$_2$O$_2$.

4. Conclusions

In this work, we reported a simple, low-temperature method for preparing Hemin/SnO$_2$ films on a magnetic ribbon substrate for the detection of H$_2$O$_2$. Two detection methods, CV and MR were used successfully for the simultaneous sensing of H$_2$O$_2$. High hemin loading in a stable and functional way, using a simple coating method, was achieved. Direct and fast electron transfer between the immobilized hemin and the SnO$_2$-Metglas electrode was observed without the use of any mediators or promoters. A much lower LOD for H$_2$O$_2$ was obtained compared with the Hemin/ZnO-Metglas electrodes we had used in the past. Experimental MR results showed a sensible change of the resonance frequency of the Hemin/SnO$_2$-Metglas sensor in the presence of H$_2$O$_2$, confirming thus the mass change on the sensor. Specifically, a calculated mass increase of about 767 ng/µM was achieved after the addition of H$_2$O$_2$, much higher than the 152 ng/µM obtained for the Hemin/ZnO-Metglas electrodes in the past. It should also be noted that no interference occurred when both techniques were applied on the same Hemin/SnO$_2$-Metglas electrode. This approach should be extendable to many other analytes of interest in clinical control, environmental, food and industrial analysis that have been detected so far using mostly sensitive electrochemical techniques. MR could be applied for the sensing of these analytes simultaneously, confirming the sensitivity of the electrochemical methods and developing novel magnetoelastic sensors.
Author Contributions: E.T. and G.S. conceived and designed the experiments; P.N., G.S., A.G.-L., E.S. and I.M.B. performed the experiments; E.T., G.S. and P.N. analyzed the data; E.T. and G.S. contributed reagents/materials/analysis tools; E.T., G.S. and P.N. wrote the paper.

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References


