

Review



Amine-Rich Coatings to Potentially Promote Cell Adhesion, Proliferation and Differentiation, and Reduce Microbial Colonization: Strategies for Generation and Characterization

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Abstract: Biomaterial surface modification represents an important approach to obtain a better integration of the material in surrounding tissues. Different techniques are focused on improving cell support as well as avoiding efficiently the development of infections, such as by modifying the biomaterial surface with amine groups (–NH₂). Previous studies showed that –NH₂ groups could promote cell adhesion and proliferation. Moreover, these chemical functionalities may be used to facilitate the attachment of molecules such as proteins or to endow antimicrobial properties. This mini-review gives an overview of different techniques which have been used to obtain amine-rich coatings such as plasma methods and adsorption of biomolecules. In fact, different plasma treatment methods are commonly used with ammonia gas or by polymerization of precursors such as allylamine, as well as coatings of proteins (for example, collagen) or polymers containing –NH₂ groups (for example, polyethyleneimine). Moreover, this mini-review will present the methods used to characterize such coatings and, in particular, quantify the –NH₂ groups present on the surface by using dyes or chemical derivatization methods.

Keywords: amine groups; coatings; surface characterization; antimicrobial; cell behavior

1. Introduction

The use of implants or medical devices in the human body may cause problems of integration with surrounding tissues as well as infections due to microbial colonization. The World Health Organization estimates that out of 100 hospitalized patients, 7 in developed and 10 in developing countries will acquire at least one healthcare-associated infection (HCAI) [1]. HCAIs are infections acquired during hospitalization and represent one of the leading causes of death. The increase in HCAIs is mainly due to the problem of antimicrobial resistance. In fact, microorganisms develop several mutations that render antibiotics inefficient. It is estimated that by 2050, 10 million people will die every year because of this problem [2]. The most common resistant pathogens are some Gram-negative bacteria such as Klebsiella pneumonia and Escherichia coli, and Gram-positive bacteria such as Clostridium difficile and Staphylococcus aureus [3]. Most of these pathogens are resistant to antibiotics that make it difficult to reduce their number. In addition to the impact on the physical and mental health of the patient, these infections lead to a financial loss of about EUR 7 billion in Europe due to prolonged medical care of the patients and additional treatments. A study about the consequences of HCAIs in five European countries (France, Germany, UK, Spain, and Italy) showed the cost associated with these HCAIs and the increase in morbidity, mortality, and prolonged hospitalization [4].

To achieve a better biointegration of biomaterials into surrounding tissue, one strategy is the modification of the biomaterial surface. In fact, the biological response to biomaterials depends mainly on surface properties. By keeping the bulk properties of the materials, the surface properties may be modified to acquire or change different characteristics



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Copyright: © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). (wettability, topography, chemistry, ...) in order to improve the biocompatibility of the material and avoid microbial colonization.

Amine (–NH₂) groups are known to promote cell adhesion because of their positive charges that can attract negatively charged biomolecules such as proteins or DNA in aqueous media at physiological pH [5]. Some studies showed that amine coatings could also promote cell attachment, proliferation, and osteogenic differentiation [6]. For implants, this advantage is important as it will determine if the implant succeeds due to the attachment and proliferation of cells. Another advantage of using these chemical groups is the possibility of exploiting them for the immobilization of molecules such as enzymes [7,8], antibiotics [9], or silver nanoparticles [10,11]. In this way, it is possible to endow antibacterial properties to the coating.

In this mini-review, the methods related to the generation of amine groups at the surface of the material will be discussed. A previous review focused on the production of amine-rich coatings by plasma for biomaterial applications and this has been already published [12]. However, to the best of our knowledge, no review including different methods of development of amine-rich coatings has been published for the biomaterials field. As shown in Figure 1, different general strategies have been identified:

- Application of plasma:
 - Plasma surface activation with nitrogen (N₂) or ammonia (NH₃) gas;
 - Plasma polymerization with a precursor containing –NH₂ groups, such as allylamine.
- Chemical modification of the surface by adsorption of molecules:
 - Proteins such as collagen or whey protein isolate (WPI);
 - Synthetic polymers that contain –NH₂ groups, such as polyethyleneimine (PEI) or polydopamine (PDA).



Figure 1. Methods used to obtain amine-rich coatings on biomaterials. WPI: whey protein isolate.

Finally, the techniques used to characterize the material and especially to quantify the amine groups will be presented:

- Physicochemical characterization of the coatings: contact angle (CA) measurements,
 X-ray photoelectron spectroscopy (XPS), scanning electron microscopy (SEM), atomic force microscopy (AFM), Fourier-transform infrared spectroscopy (FTIR);
- Amine groups quantification: dyes methods (Coomassie Brilliant Blue, Orange II) or chemical derivatization (with glutaraldehyde, or compounds in vapor phase).

2. Plasma Coatings

2.1. General Information on Plasma

Plasma thin film deposition is of considerable importance for many industries in the world, such as the microelectronics and automobile industries. Moreover, it is of considerable interest for biomaterial applications. Plasma, also called the "fourth state of matter", is a macroscopically neutral and conductive ionized gas. It constitutes more than 99% of the visible matter of the universe (stars), but on Earth, it occurs only as a result of lightning or the northern or southern lights. However, there is a multitude of laboratory plasmas. Plasma is made up of a mixture of electrons, positive or negative ions, neutral molecules, and atoms that move freely in random directions. The electrons, being the lightest particles, have higher average energy than heavy particles such as ions, hence $T_e \gg T_i$. The two main properties of the plasma are electrical neutrality as well as the collective behavior of the particles (Figure 2). To create a plasma discharge, a voltage source is needed to conduct the current through a gas between two electrodes (Figure 2).



Figure 2. Schematic view of a plasma discharge between two electrodes connected to a voltage source. Plasma is a macroscopically neutral and conductive ionized gas constituted of a mixture of particles moving in all directions.

To obtain a plasma, several methods can be used with different types of power (continuous DC or alternative AC), at low/high or microwave frequency, different types of gas and pressures [12,13]. The initiation of a plasma discharge between two electrodes requires an electric field greater than the dielectric strength of the medium. Thus, a voltage higher than the breakdown voltage of the gas V_b is applied, which depends on the pressure p of the medium and the inter-electrode distance d according to Paschen's law: $V_b = f(p \times d)$ [14]. Depending on the gas used and the parameters of the discharge, it is possible to deposit a variety of thin films at the surface of materials by tuning the pressure and the power. Plasma surface modification is generally a quick method to change homogeneously the surface properties in a one-step process [7]. A disadvantage of this process is the need of a vacuum chamber with a pumping system which may be expensive.

Different plasma techniques exist to prepare amine-rich coatings such as by plasma activation by the injection of inert gases such as ammonia (NH_3) or nitrogen (N_2), or by plasma polymerization of a monomer containing $-NH_2$ groups such as allylamine. Plasma activation leads to the grafting of functional groups to the surface while plasma polymerization leads to the deposition of a thin polymeric film onto the surface.

2.2. Plasma Amine-Rich Coatings

Plasma technology has been widely used to produce amine-rich coatings by injecting precursors containing amine groups such as allylamine [6,15–18], heptylamine [19,20], ethylenediamine [21,22], or a mixture of compounds such as ammonia and ethylene [23–26]. These amine-rich coatings have been studied to control cell behavior demonstrating a positive effect on cell adhesion, proliferation, and differentiation for different cell types such as osteoblast-like cells [15,20,21] and fibroblasts [16]. Moreover, these coatings could

be used to incorporate molecules such as enzymes, or drugs [9,27], as well as particles such as silver nanoparticles [10] to endow the material with new desirable biological properties. The application of such coatings on cell behavior, molecules' immobilization, and antimicrobial applications are elaborated in the following sections and summarized in Table 1.

Table 1. Overview of different applications of amine-rich coatings obtained by plasma and the findings associated.

Application	Precursor	Substrate	Findings	Ref.
Effect on cell behavior	Mixture of NH ₃ /C ₂ H ₄	PTFE PET	Human umbilical vein endothelial cells' adhesion and growth increased More resistant to shear flow	[23]
	Mixture of N_2/H_2	Ti6Al4V	Human osteoblast cells' adhesion and spreading enhanced	[21]
	Heptylamine	Ti	Osteoblast-like cells' attachment increased after 24 h Coating with high retention of –NH ₂ groups enhanced actin cytoskeleton formation	[20]
	Ethylenediamine	Ti6Al4V	Human osteoblast cells' adhesion and spreading enhanced	[21 <i>,</i> 22]
	Allylamine	Ti6Al4V	Human osteoblast cells' adhesion and spreading enhanced	[21]
		Glass coverslips	Human adipose-derived stem cells' attachment, spreading, and proliferation enhanced Osteogenic differentiation improved	[6]
		Silicone elastomer	Human skin fibroblasts' adhesion and spreading increased	[16]
	Cyclopropylamine	Tissue culture polystyrene dishes PCL nanofibers	Initial adhesion of vascular smooth muscle cells (VSMCs) improved for all plasma power settings tested Proliferation and metabolic activity of VSMCs after 7 days higher for coating made at 33 W No increase in inflammatory markers	[28]
Molecules' immobilization	Mixture of NH ₃ /C ₂ H ₄	PET	Grafting of chondroitin sulfate and epidermal growth factor to –NH2Decrease in cell apoptosis VSMCs growth increased	[29]
	Allylamine	Si	Grafting of trypsin	[30]
	NH ₃ n-butyl amine Allylamine	Polysulfone films	Immobilization of glucose isomerase Activity highest for allylamine/Ar plasma coatings close to plasma edge	[31]
	NH ₃	Poly (D,L-lactide)	Better anchoring of collagen on plasma-treated substrates and resistance to PBS rinsing Cell affinity of modified substrates improved	[32]
Antimicrobial applications	Allylamine	Silver nanoparticles (AgNPs) coated with polyvinyl sulphonate (PVS)	PVS coated-AgNPs were bound to allylamine coatings Prevent attachment of <i>S. epidermidis</i> and biofilm formation	[11]
		Anodic alumina oxide (AAO)	Substrate pores were loaded with vancomycin drug and were reduced by plasma polymer deposition to allow a controlled drug release	[33]
		Low-density polyethylene	Bonding of antibacterial agents by immersion of the coatings in antibacterial solutions	[9]
	1-vinylimidazole	Thin-film composite membranes	Enhanced AgNPs binding onto the plasma-treated substrates which cause a decrease in <i>E.coli</i> growth	[10]
	Heptylamine	Si/Glass/Thermanox plastic/Cell culture plate	Release of antifungal drug	[27]

2.2.1. Effect on Cell Behavior

By using a gas containing amine groups, the material surface may be covered by an amine-rich coating. Different gases have been used to modify the material surfaces by adding chemical functionalities present in the plasma. Previous studies used a mixture of ammonia (NH₃) and ethylene (C_2H_4) in a radiofrequency plasma reactor, to treat polyte-trafluoroethylene (PTFE) and polyethylene terephthalate (PET) [23]. They demonstrated that human umbilical vein endothelial cells' adhesion was increased as well as their growth

on these plasma-treated surfaces compared with uncoated surfaces (Figure 3). In addition, the cells were more resistant to induced shear flow [23].



40 35 30

Figure 3. Human umbilical vein endothelial cell adhesion after 4 h on PTFE films, bare and coated with gelatin or with plasma polymerized coatings using low- (LPPE:N) and atmospheric-pressure (HPPE:N) plasma discharges. * p < 0.05 compared to uncoated surfaces. Copyright (2011) Wiley. Used with permission from [23].

The other way to change surfaces of material by plasma technology is by polymerization of a monomer containing the chemical groups needed to functionalize the surface. Plasma polymerization allows the formation of thin polymeric coatings by using monomers. Different monomers have been used such as heptylamine [19,20], or ethylenediamine [21,22]. Such coatings improved not only the initial adhesion [20] but also the spreading of osteoblasts on titanium (Ti) [20,21]. Ti surfaces obtained with the higher retention of -NH₂ groups showed higher osteoblast-like cell attachment after 24 h of cell culture. SEM images confirmed this higher cell attachment. In fact, cells were flatter, with longer cellular extensions. This was further confirmed by actin labeling which showed that modified Ti with the high retention of $-NH_2$ groups enhances actin cytoskeleton formation [20]. Similar results were obtained on Ti alloy, where cell adhesion and spreading were improved on coatings obtained with different precursors (allylamine, ethylenediamine, and a gas mixture of N_2/H_2 [21]. One of the main precursors rich in $-NH_2$ groups used is allylamine. Liu et al. obtained an allylamine coating in a plasma RF reactor [6]. The allylamine coating obtained displayed hydrophilicity which can promote protein adsorption and cell adhesion. The authors showed that such coatings improve the attachment, spreading, and proliferation of human adipose-derived stem cells [6]. Moreover, their osteogenic differentiation was significantly improved compared with other coatings, without $-NH_2$ groups, due to a higher mineralization level, as shown in Figure 4 [6]. This may be due to the changes in surface chemistry which affect protein conformation, such as fibronectin, and then the type of binding integrins. Integrins are important to mediate cell adhesion. The influence of $-NH_2$ groups on cells may be also due to their positive charge in an aqueous medium at physiological pH (7.4), which attracts negatively charged biomolecules such as proteins or cells [5]. This can also explain the enhancement of osteogenic differentiation. Liu et al. described the possibility of a microenvironment with a higher pH value which can promote osteogenic differentiation. Moreover, another study of plasma functionalization with allylamine showed that these coatings enhanced the focal adhesion of osteoblastic cells [15]. A work from Ren et al., using allylamine to modify silicone elastomer by microwave plasma, showed that the biocompatibility of the material was improved. In fact, human skin fibroblasts adhered and spread well on the modified surface [16]. Recently, Nemcakova et al. studied the behavior of vascular smooth muscle cells (VSMCs) on amine-rich coatings with different plasma parameters and substrates [28]. The initial adhesion of VSMCs on all amine coated-polystyrene (PS) and polycaprolactone

nanofibers (PCL NFs) was improved for the different plasma powers tested. However, the proliferation and metabolic activity of VSMCs, after 7 days in culture, were higher with the coating made at a power of 33 W due to better properties such as stability, $-NH_2$ content, and wettability. The immunogenicity of such coatings was also investigated with the evaluation of inflammatory markers (TNF- α and IL-1 β) and showed no increase in their expression [28]. The mechanism of cell adhesion to nitrogen-rich coatings has been investigated by Girard-Lauriault et al. [34,35]. They demonstrated that a critical value of nitrogen concentration was necessary to induce cell adhesion for atmospheric-pressure plasma coating, which depends on the cell type [35]. Moreover, the role of amine groups to positively influence cell behavior has been confirmed [34]. Results showed the existence of a critical value of concentration of amine groups [34]. When the concentration of $-NH_2$ groups was higher than the critical value, the adhesion of monocytes induced a transient expression of TNF- α and IL-1 β which decrease within 24 h to control values. However, PPAR γ , a marker of monocytes adhesion and retention, had a more sustained expression for the same incubation period. The authors suggested that the transient expression of inflammatory markers (TNF- α and IL-1 β) may induce monocyte cell adhesion via the activation of PPAR γ because previous studies showed that PPAR γ can be induced by TNF- α and IL-1 β [34].



Figure 4. (a) Alizarin Red S staining for mineral deposition formed by hASCs cultured on different samples in medium with osteogenic supplement at day 14. (b) The quantitative result of retention of Alizarin Red. Data were expressed as means \pm SD (n = 4 for each sample). Single asterisk * and double asterisks ** denote a statistical significance of p < 0.05 and p < 0.01, respectively, compared with data obtained on the ppAAm sample. Reprinted with permission from [6]. Copyright (2014) American Chemical Society.

Finally, cell behavior can be also controlled by grafting molecules to amine groups. A previous study investigated the use of these functionalities to graft chondroitin sulfate (CS) and epidermal growth factor (EGF) to promote healing around stents [29]. The $-NH_2$ coatings were obtained by plasma with a mixture of NH_3 and C_2H_4 . Cell experiment results showed a decrease in cell apoptosis after 6 and 24 h on plasma coated with CS + EGF-grafted PET compared with untreated PET. Moreover, the coatings significantly increased vascular smooth muscle cells (VSMC) growth [29]. The use of $-NH_2$ groups to immobilize molecules will be further discussed in the next part.

2.2.2. Molecules' Immobilization

As mentioned in the previous part, amine-rich coatings can also be used to immobilize molecules such as bioactive molecules such as CS and EGF [29]. These coatings can also be used to immobilize other molecules such as enzymes or drugs. A previous study prepared amine-rich coatings by allylamine plasma and covalently attached an enzyme, trypsin, via –NH₂ groups [30]. Similar work was performed with ammonia; *n*-butylamine and allylamine plasma and glucose isomerase were successfully immobilized on the modified samples [31]. Ammonia plasma has been also used to modify poly (D, L-lactide) and coat collagen on it to improve cell affinity and the resistance of the coatings [32]. Collagen coated

on plasma-treated samples seems to be more resistant to PBS rinsing due to interactions between collagen and plasma-treated surfaces. Finally, different molecules, such as silver nanoparticles [10] or drugs [9,27,33], have been incorporated in these coatings to make them antibacterial, which will be discussed in the following part.

2.2.3. Antimicrobial Applications

Microorganisms' growth has also been inhibited by using amine coatings on the surface of the material. In fact, some studies used amine groups to functionalize material surfaces with silver nanoparticles (AgNPs) due to a strong affinity [10,11]. These AgNPs, which are known for their antimicrobial properties, were found to be responsible for the decrease in *E. coli* growth [10]. Allylamine thin films deposited by plasma have also been used to control the release of drugs such as vancomycin from porous material by reducing the pore diameters at the surface of the material [33]. A previous study demonstrated the ability of allylamine coatings to graft antibacterial agents onto low-density polyethylene (LDPE) samples [9]. The surfaces were first pretreated by air plasma, then treated by allylamine coatings. Finally, these coatings were immersed into antibacterial solutions (benzalkonium chloride, bronopol, chlorhexidine, and triclosan) for 24 h, leading to the bonding of the antibacterial agents to the surface, which was confirmed by XPS and FTIR. The antibacterial tests demonstrated higher antibacterial activity for samples treated with allylamine due to a higher quantity of antibacterial agent grafted. A following work by the same authors showed the effect of the monomer used on antibacterial agent grafting [36]. Three monomers (allylamine, N-allylmethylamine, and N,N-dimethylallylamine) were tested and they demonstrated that less antibacterial agent was grafted onto the allylamine coating compared with the two others. Recently, heptylamine coating has been used as a matrix for the release of fluconazole, an antifungal drug. Results showed a significant reduction in *C. albicans* colonies after 48 h due to a controlled release of the drug [27].

3. Protein Coatings

Proteins are widely available and certain proteins such as fibronectin or collagen are present in the human body. Collagen and fibronectin are well known to have binding sites for cells and have been extremely widely employed as biomaterial [37,38]. However, they are expensive proteins, and therefore, whey protein could constitute an alternative due to its low cost: WPI preparations, such as BiPro from Davisco Inc. and used in previous studies [39], typically cost tens of US dollars per kg, while collagen preparations used to coat biomaterial surfaces, such as those from Sigma Aldrich and BD Biosciences [40,41], would typically cost hundreds of US dollars per g. Due to a high surface/volume ratio, fibrillar structures are interesting candidates to coat materials since this increases the adherence at the surface. Moreover, compared with globular proteins which may change their conformation after adsorption on the material's surface, fibrillar proteins are unlikely to [42,43]. Fibrillar proteins are generally larger than globular proteins which means that they are likely to have more adhesion points to substrates. In addition to their high stability, properties can be added to the coating such as antibacterial properties, by binding other molecules to the fibrillar structures [44,45]. Fibrillar structures could even form aligned superstructure scaffolds for cells [46]. Functional lysozyme fibrils coatings improved attachment of immortalized fibroblasts and epithelial cell lines and can act as biomimetic cell culture platforms [47–49]. Fibrils are obtained from fibrous proteins such as collagen or whey protein isolate (WPI).

The application of protein coatings such as FN, collagen, and amyloid fibrillar coatings are discussed in the following sections and summarized in Table 2.

Protein	Substrate	Findings	Ref.
	Poly (lactic acid) (PLLA) Silicon oxide (SO)	Osteoblast-like cells' adhesion and spreading enhanced after 3 days Cell proliferation and mitochondrial activity improved after 7 days	[50]
Fibronectin (FN)	Si	Human osteoprogenitor cells' attachment enhanced and formation of actin filaments Formation of dense stress fibers attached to FN coatings	[51]
	PTFE	FN combined with phosphorylcholine Endothelial cells' adhesion and spreading enhanced Higher cell viability after 24 h	[52]
		Osteoblast cells' initial adhesion enhanced	[53]
		Osteoblast cells' spreading, proliferation and differentiation improved	[54]
Collagen	Ti6Al4V	Collagen coupled with phloroglucinol (PG) Fibroblast- and osteoblast-like cells adhere and spread well Reduction in inflammatory response Osteogenic differentiation promoted with a high PG concentration Osteoclast activation reduced with a low PG concentration	[55]
	Ti	Early osseointegration enhanced in vivo	[56]
	Porous Ti oxide	Collagen coating coupled with AgNPs Osteoblast cells' adhesion improved Adhesion and proliferation of <i>E.coli</i> were reduced	[57]
	Hydrogel (no substrate)	Osteoblast and fibroblast cells' growth enhanced Calcium deposition of osteoblasts increased Osteogenic differentiation of human adipose-derived stem cells increased	[58]
		WPI coupled with aragonite Osteoblast cells' proliferation supported for 3 weeks	[59]
Amyloid fibrils from whey protein isolate (WPI)	Turkey Frankfurter (food application)	Nisin, grape seed extract, malic aid, and ethylenediamine tetraacetic acid incorporated in WPI coatings Effective antimicrobial activity against different pathogens	[60]
	Films (no substrate)	Oregano, rosemary, and garlic essential oils incorporated in WPI films Film containing oregano and garlic essential oil most effective against <i>S. aureus, S.</i> <i>enteritidis, L. monocytogenes, E. coli,</i> and <i>L. plantarum</i>	[61]
	Glass	Resistance of WPI fibrillar coatings to autoclave sterilization Human bone marrow stromal cells' spreading, and differentiation enhanced	[39]
Amyloid fibrils from lysozyme	Mica	Fibroblast and epithelial cells' spreading increased Increased of focal adhesion and associated stress fibers	[48]
	Ti	Gentamycin and silver nanoparticles incorporated to SF coatings Antibacterial activity against <i>S.aureus</i> Osteoblast cells' adhesion, growth, and osteogenic activities enhanced	[62]
Silk fibroin (SF)	PEEK	SF combined with bone-forming peptide Initial attachment and proliferation supported Osteoblast cell proliferation, spreading, and osteogenic differentiation enhanced for SF with bone-forming peptide coating	[63]
	Electrospun nanofibers	SF modified with graphene oxide which resulted in a Decrease in <i>E. coli</i> and <i>S. aureus</i> survival rates Osteoblast cells' growth enhanced	[64]
_	Electrospun nanofibers	SF combined with heparin Cell growth and proliferation improved	[65]

Table 2. Overview of different applications of amine-rich coatings obtained with proteins and the findings associated.

3.1. Globular Protein Coatings

Fibronectin (FN) is a well-known globular protein present in two different forms in the human body: an insoluble form in the extracellular matrix and a soluble form in the body fluids such as plasma. This protein can interact with different macromolecules such as collagen or heparin, and promote cell attachment [38,66–68]. It is also involved in cell migration during embryonic development as well as in wound healing [69]. FN has been widely studied, especially with a view to modifying biomaterials' surfaces to improve their biocompatibility [70]. Depending on its conformation, FN interacts with cells via integrins and promotes cell attachment and proliferation [71]. A study investigated FN adsorption on poly (lactic acid) (PLLA) and silicon oxide (SO) substrates [50]. It was found that osteoblast-like cell adhesion was enhanced by the presence of FN on both surfaces as well as cell spreading after 3 h culture. Moreover, cell proliferation and mitochondrial activity after 7 days of culture were improved in the presence of FN [50]. The effect of FN adsorption on cell attachment has also been investigated on other substrates such as silicon [51]. The attachment of human osteoprogenitor cells with the formation of actin filaments was enhanced due to the presence of FN. Moreover, the formation of dense stress fibers attached to the FN coatings was noticed, as indicated in Figure 5. A FN coating has also been combined with other biomolecules such as phosphorylcholine, to enhance endothelialization as well as to avoid thrombus formation [52]. The authors found that the adhesion of endothelial cells on FN coatings was enhanced compared with uncoated polytetrafluoroethylene (PTFE). Moreover, cell spreading was improved on FN coatings. Finally, the study of the cell metabolic activity after 24 h showed higher cell viability on FN coatings compared with uncoated PTFE.



Figure 5. Human osteoprogenitor cell actin filament staining on (**A**) standard cover slips, (**B**) silicon and (**C**) FN-covered silicon after 3 h in cell culture. Red color stains actin and blue stains cell nuclei. On Figure 5c, white arrows indicate the green staining of the dense stress fibers attached to the FN coating. Scale bars are of 200 (**I**), 100 (**II**) and 50 (**III**) μ m, respectively. Reprinted with permission from [51]. Copyright (2011), with permission from Elsevier.

3.2. Fibrillar Coatings

3.2.1. Collagen Fibrillar Coatings

Many studies focus on the use of collagen coatings for biomedical applications. In fact, collagens represent a major part of the extracellular matrix [72]. They contribute to the mechanical properties and biological functions of various types of tissues, such as skin, bone, or blood vessels. Collagen is found in multicellular animals and represents about 25% of all body proteins, making it the most abundant protein [73]. There are approximately 28 collagen types, but types I, II, and III are the most predominant. Collagens provide structural support to tissue, and they mediate adhesion, migration, and proliferation of cells. Collagen type I is a popular biomaterial for tissue engineering and regenerative medicine due to its abundance in the human body and its functions as a scaffold material, as well as its relatively low cost compared with other proteins [37,73,74]. Collagen consists

of a triple helix (tropocollagen molecule), formed by three polypeptide chains that can self-assemble in different networks such as fibrils or fibers [72].

Collagen type I is important for osteoblast response and some studies showed that collagen type I coatings on Ti6Al4V alloy could enhance cell adhesion, osteoblast proliferation, and differentiation [53,54]. Collagen type I grafted on titanium substrates promoted early osseointegration in vivo [56]. A study from Hsueh et al. demonstrated that the adhesion and proliferation of *E.coli* were reduced as well as the cell adhesion of osteoblast cells improved by using collagen coatings containing silver nanoparticles [57]. Recently, a study from our group demonstrated the effect of collagen coatings enriched with phloroglucinol (PG) on fibroblast- and osteoblast-like cells [55]. Results showed that such coatings significantly reduce the gene expression of inflammatory markers. Moreover, the expression of an osteoclast activation marker was reduced at a low PG concentration and the expression of osteogenic differentiation marker was promoted at a high PG concentration.

3.2.2. Amyloid Fibrillar Coatings

Amyloids are β -sheet structures of protein and peptide aggregates that form fibrils at the nanoscale. These fibrils are obtained from diverse proteins or peptides, and especially from proteins coming from the food industry such as whey protein isolate (WPI) or lysozyme from hen egg white.

WPI comes from the whey, which is a by-product from the dairy industry that contains more than 95% of protein, of which 75% is β -lactoglobulin, whereas whey protein concentrate contains less protein than WPI (more than 80%) [58]. WPI can form fibrils under acidic conditions (<pH 3.5) and a long heating time due to the degradation of β -lactoglobulin into peptides. These peptides self-assemble into fibrils of a few nanometers in thickness and a length between 1 to 10 μ m [75]. The morphology of these fibrils is pH-dependent; it has been shown that it forms long semi-flexible fibers at pH 2 and wormlike structures at pH 3.5 [76–78]. Previous studies showed that WPI could improve cell proliferation and osteogenic differentiation. Moreover, it demonstrates some antibacterial properties [58,59,79]. Quantification of WPI fibrils in solution can be performed with the Thioflavin T fluorescence assay [80]. Furthermore, these WPI solutions may be enriched by different compounds such as antimicrobial molecules. Material surfaces could be covered by a thin film of WPI and previous works studied the antimicrobial properties of these coatings especially for food packaging [60,61]. Recent work demonstrated the ability of WPI fibril coatings to withstood autoclaving sterilization as well as support the spread and differentiation of human bone marrow stromal cells [39]. WPI has been extensively studied for food applications and it constitutes a new research area in the biomaterial field.

Amyloid fibrils can also be obtained from hen egg white lysozyme at high temperature and low pH. Reynolds et al. produced fibrils from lysozyme at high temperature and low pH. They demonstrated that this fibrillar coating could enhance cell spreading due to an increase in the number of focal adhesions compared with lysozyme control [48].

Recently, fibrils have been obtained from legume proteins instead of animal proteins such as whey or egg proteins. This could constitute another approach to coat material for cell support [81].

3.2.3. Other Fibrillar Coatings

Numerous other fibrous proteins may be used to modify material surfaces. One which has been widely studied is silk fibroin (SF) protein. Silk fibers are composed of two SF filaments which are formed by self-assembly of nanofibrils (3–5 nm in diameter) into larger fibrils (20–200 nm in diameter) [82]. SF possesses interesting biocompatibility but due to low antibacterial activity, it is often used in combination with other nanomaterials. For instance, SF coatings have been used as a matrix to incorporate gentamycin and silver nanoparticles in a previous study [62]. The antibacterial activity of these coatings has been successfully demonstrated by a significant reduction in bacterial growth and adhesion and biofilm formation. Furthermore, the attachment and proliferation of osteoblast-like

cells were improved. In another study, polyetheretherketone (PEEK) has been coated with SF and bone-forming peptide to increase the osteogenesis of PEEK implant [63]. Results showed good cytocompatibility with an increase in cell proliferation, spreading, and osteogenic differentiation. SF nanofibers have also been obtained by electrospinning and modified with graphene oxide which resulted in a decrease in *E. coli* and *S. aureus* survival rates, as well as an increase in the growth of osteoblast-like cells [64]. Cestari et al. have also produced SF nanofibers by electrospinning [65]. In their work, heparin was successfully immobilized at the surface of SF nanofibers due to the formation of hydrogen bonds. Higher cell growth and proliferation were observed on the SF fibers with heparin [65].

4. Synthetic Polymer Coatings

Dopamine, a biomolecule with catechol and amine functionalities, can self-polymerize into polydopamine (PDA). Inspired by the adhesive foot proteins secreted by mussels, PDA has been used as a coating on various types of materials [83]. Due to the presence of chemical functionalities (catechol and amine groups), this coating can be further used as a platform to bind other compounds. For example, Cong et al. used this coating to bind and reduce silver ions to form a nanocomposite coating made of silver nanoparticles (Ag-NPs), which display interesting antibacterial properties [84]. Cotton fabrics have also been successfully modified with polydopamine to incorporate AgNPs to render them antibacterial [85]. Another work investigated the use of PDA to deposit AgNPs and polyethylene glycol (PEG) to create an antimicrobial and antifouling surface, respectively, due to the presence of AgNPs and PEG [86]. The combination of both properties, antibacterial and antifouling, was only possible through the PDA coating acting as a binding platform for AgNPs and PEG. Another way to produce antibacterial PDA coatings is by preparing the coating by a shaking-assisted method which leads to the formation of a roughened PDA coating [87], These coatings have exhibited strong antibacterial activity compared with smooth PDA coatings, which was close to 100% against E. coli, S. aureus, and P. aeruginosa. This antibacterial activity remained strong after 10 days of storage of the coatings in deionized water. Moreover, bacterial morphologies have been studied by scanning electron microscopy (SEM). The results showed major changes in their structure with a loss of the intact rod-like shape for *E. coli* and of the spherical shape for *S. aureus*, which may indicate damage of cell membrane.

Polyethyleneimine (PEI) is a cationic polymer containing the highest number of amine groups and it is mostly used as a precursor layer for polyelectrolyte multilayer films for dental and orthopedic implants or tissue engineering [88]. Previous studies showed that multilayer thin films of PEI/heparin on NiTi alloy demonstrate better biocompatibility compared with NiTi alloy itself [88,89]. In addition, PEI demonstrated some antibacterial properties against S. aureus and P. aeruginosa after 24 h and its non-cytotoxicity against fibroblasts after 7 days [90]. However, other studies have shown that PEI is cytotoxic; some authors say that this cytotoxicity is molecular weight-dependent, with lower molecular weight preparations demonstrating lower cytotoxicity [91,92]. The effect of PEI immobilization on poly (lactic acid) (PLLA) by adsorption or covalent binding has also been investigated using high and low molecular weight PEI. Results showed that cell adhesion was enhanced in the presence of PEI compared with uncoated PLLA. The proliferation and differentiation of an osteoblast cell line have been also improved, in particular by low molecular weight PEI [93]. Recently, another study evaluated adhesive properties and cytotoxicity towards human mesenchymal stromal cells (hMSCs) of PEI coatings [94]. PEI coatings improved cell adhesion after 1 h of incubation compared with uncoated culture plates. Cells also exhibited high metabolic activity in the presence of PEI with 10% fetal bovine serum.

5. Characterization of Amine-Rich Coatings

5.1. Physicochemical Characterization

The wettability of a surface is a property related to the affinity of a liquid to this surface. Water contact angle (WCA) measurements are a simple and quick technique to determine wettability. By depositing a water droplet on the surface of the material, the WCA is measured with software. WCA is defined as the angle formed by water at the three-phase boundary where the water, air, and solid intersect [95]. WCA measurements can be used to detect the presence of a coating by comparison to the uncoated material. In fact, for amine-rich coatings, due to the introduction of hydrophilic nitrogen functionalities, the WCA decreases compared with the uncoated samples, as has been shown in previous studies [17]. Furthermore, surface wettability may influence cell behavior [96].

X-ray photoelectron spectroscopy (XPS), also known as electron spectroscopy for chemical analysis (ESCA), is a technique to analyze the surface chemistry of a material by measuring the elemental composition of the surface. With a survey spectrum, it is possible to detect the presence of nitrogen on the top surface of the material. Indeed, the N peak characteristic may be identified and estimated. With a high-resolution spectrum, the peak of the elements found in the survey can be separated into components corresponding to different chemical bonds [97,98]. However, the nitrogen high-resolution spectrum is difficult to analyze due to the close binding energy of each component (amine, imine, amide, ...) and this might be not useful to perform [17].

Scanning electron microscopy (SEM) produces images of the surface with a focused electron beam scanning the surface. This reveals the surface topography of the sample. This method can be used to image the coatings, which may be important to show the possible defects, leading to a non-homogeneous layer. Moreover, fibrils from collagen [99] or WPI [39] are easily detected on the substrates (Figure 6). Finally, this method is also used to analyze the cell adhesion and spreading on the material [39] or the damage of bacteria after contact with the coating [87].



Figure 6. SEM images of (**a**) WPI fibrils and (**b**) collagen fibrils on glass substrates. Arrow indicates a collagen fibril. Scale bar: (**a**) 100 nm and (**b**) 1 μm.

Atomic force microscopy (AFM) is used to analyze the surface topography at an extremely low resolution (<1 nm), thanks to a sharpened probe scanning the surface. This method can be used to study the morphology of the coatings, as Michelmore et al. performed for allylamine plasma coatings by varying the treatment time. Fibrils from collagen or WPI can also be detected by this technique (Figure 7) [40,48]. Moreover, the surface roughness can be estimated, which is an important parameter since it affects cell behavior, especially cell morphology and cell proliferation [96], as well as bacterial growth [100].



Figure 7. AFM images of (**a**) 2 wt.% lysozyme solution, and (**b**–**f**) amyloid fibril network from lysozyme solution by incubating fibrillar suspensions onto mica substrates for 10 min. Fibrillar suspensions formed at 90°C for (**b**) 2 h, (**c**) 6 h, (**d**) 16 h, (**e**) 24 h, and (**f**) 30 h (% coverage also listed on images). Z-scale = 10 nm. Reprinted with permission from [48]. Copyright (2014) American Chemical Society.

Fourier-transform infrared spectroscopy (FTIR) is a method used to study the structural properties of materials, and especially the chemical bonds. This technique is based on the interaction between infrared light and vibrational states of the matter. Atoms in molecules are able to vibrate in different modes. When the frequency of a specific vibration mode is equal to the frequency of the incident infrared radiation, the molecule absorbs the radiation. The associated energy is converted into different types of motions. The vibrational motion is usually accompanied by other rotational motions. These combinations lead to the absorption bands commonly observed in the middle infrared region ($4000-400 \text{ cm}^{-1}$). This technique is useful to detect protein coatings with specific absorption bands (amide A, amide I, amide II, ...) [62,101]. This technique has been used by Sima et al. to detect possible structural changes of the FN by identifying the characteristic peaks [51]. FTIR spectroscopy is also used to identify chemical bonds present in plasma polymer coatings and it usually shows the fragmentation and re-organization of the broken monomer used as well as the formation of new bonds as described by Abbas et al. [102].

5.2. Amine Groups Quantification

Different methods have been used to quantify the presence of amine groups:

- Dyes: A comparative study between Orange II and Coomassie Brilliant Blue dyes showed that Orange II dye seems to be the most appropriate in the case of primary amine grafted on polyethylene terephthalate (PET) [103]. In another study, the Orange II dye was used on PET membrane treated by allylamine plasma. A positive correlation was found between the results of the colorimetric staining and XPS and FTIR analyses. Coomassie Brilliant Blue is commonly used following the amino density estimation by colorimetric assay (ADECA) method based on the reversible formation of a complex of CBB with the N⁺ groups [104]. After staining and washing, the dye in solution is quantified, leading to an evaluation of the amine groups. The reversibility of the process provides an advantage to this method. However, this method seems to be less reliable than the Orange II quantification method due to steric hindrance that limits the interaction between the dye and amine groups [103].
- *Chemical derivatization:* Chemical derivatization is widely used by grafting glutaraldehyde with an enzyme detectable by fluorescence spectroscopy or microscopy [30].

Regarding plasma deposition, in the vapor phase, amine groups may be identified via the grafting of compounds such as 4-trifluoromethyl-benzaldehyde (TFBA) as shown in Figure 8 [8] or pentafluorobenzaldehyde (PFBA) [97] in the vapor phase. For example, TFBA can be chemically grafted via imine bonds to $-NH_2$ groups. Then, XPS analyses are performed to detect the presence of fluorine in the coating.



Figure 8. TFBA derivatization of primary amines. TFBA molecules are chemically grafted to the primary amines which are present in the coating. Then, fluorine can be quantified by XPS which allows the quantification of primary amines.

6. Conclusions

Multiple methods have been developed to create amine-rich coatings such as plasma techniques and more importantly plasma polymerization, which is a method widely used for its numerous advantages (quick deposition, homogeneous coating, deposition on multiple samples in a one-step process). However, this method requires an equipment which may be expensive due to the pumping system. Moreover, these amine coatings may be obtained from biomolecules such as proteins. The ability of proteins to form fibrils (collagen fibrils or amyloid fibrils) makes them interesting due to their high surface/volume ratio, which increases the fibril adhesion. They can be used as a matrix to incorporate other molecules with additional, desirable characteristics such as antimicrobial properties. Collagen fibril coatings have been deeply investigated but this method can also be expensive due to the high cost of collagen. However, much less work has been performed on amyloid fibrils and especially fibrils from whey protein (a by-product from the dairy industry), which is an inexpensive protein possessing interesting properties. Synthetic polymers such as polyethyleneimine or polydopamine have been used as coatings to control cell behavior, and they might have antibacterial properties. This effect needs to be investigated in more detail since the results have been controversial. Their possible cytotoxicity has to be more studied since it must be avoided for biomedical applications. To summarize, these strategies still need to be explored in order to obtain amine functional coatings for biomaterial applications such as implants, which could prevent bacterial infection as well as enhancing cell adhesion, proliferation, and differentiation.

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