

Table S1 Study of assessment of quality and susceptibility to bias of quantitative and mixed studies: AXIS tool.

Author	Year	AXIS criterion																			
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Eriksen 55	2019																				
Hopman 54	2019														X						
Doidge 29	2019																				
Norris 37	2019																				
Carmo 57	2018							?		NA					X						
Scherpenzeel 24	2018														X				?		
Coyne 34	2018							?							X						
Zhuo 35	2018													X							
Kumar 36	2018							?						?							
Ekakoro 27	2018														X		X				
Hardefeldt 52	2018							?							X						
Barbarossa 32	2017			X				X							X				X		
Anyanwu 25	2017							?							X						
Postma 36	2016							?							X						
Mc Dougall 28	2016			?											X		X				
Visschers 26	2015			?				?						?	X						
Speksnijder 33	2015																				
De Briyne 38	2013							X						X	X						
Gibbons 30	2012																				
Hughes 31	2011														X						

Empty cell: The study complied with this exploratory question.

Cell marked with X: The study did not comply with this exploratory question.

Cell marked with ?: We do not know whether the study complied with this exploratory question.

Cell marked with NA: This exploratory question could not be appraised in this study.

Table S2. Quality assessment table in respect of qualitative studies: Critical Appraisal Skills Programme (CASP)

Author	Year	CASP criterion									
		1*	2*	3	4	5	6	7	8	9	10
Golding 49	2019								X		valuable
Pucken 51	2019										valuable
Hopman 39	2018										valuable
Smith 40	2018				X		X				valuable
King 41	2018						?				valuable
Chauhan 44	2018										valuable
OM 43	2017										valuable
Higgins 42	2016										valuable
Coyne 47	2016										valuable
Etienne 53	2016										valuable
Coyne 45	2014										valuable
Speksnijder 46	2014										valuable
Redding 50	2014				X		?				valuable
Mateus 48	2014				?		?				valuable

*Screening questions.

Empty cell: The study complied with this exploratory question.

Cell marked with X: The study did not comply with this exploratory question.

Cell marked with ?: We do not know whether the study complied with this exploratory question

10. How valuable is the research?: Valuable; Let us consider that the article provides valuable information regarding the explored research topic