



Perspective

A Short Review on Miniaturized Biosensors for the Detection of Nucleic Acid Biomarkers

Madhusudan B. Kulkarni 1,20, Narasimha H. Ayachit 30 and Tejraj M. Aminabhavi 3,*0

- School of Electronics and Communication Engineering, KLE Technological University, Vidyanagar, Hubballi 580023, Karnataka, India
- Medical Physics Department, Wisconsin Institutes for Medical Research, University of Wisconsin, Madison, WI 53705, USA
- School of Advanced Sciences, KLE Technological University, Hubballi 580031, Karnataka, India
- * Correspondence: aminabhavit@gmail.com

Abstract: Even today, most biomarker testing is executed in centralized, dedicated laboratories using bulky instruments, automated analyzers, and increased analysis time and expenses. The development of miniaturized, faster, low-cost microdevices is immensely anticipated for substituting for these conventional laboratory-oriented assays and transferring diagnostic results directly onto the patient's smartphone using a cloud server. Pioneering biosensor-based approaches might make it possible to test biomarkers with reliability in a decentralized setting, but there are still a number of issues and restrictions that must be resolved before the development and use of several biosensors for the proper understanding of the measured biomarkers of numerous bioanalytes such as DNA, RNA, urine, and blood. One of the most promising processes to address some of the issues relating to the growing demand for susceptible, quick, and affordable analysis techniques in medical diagnostics is the creation of biosensors. This article critically discusses a short review of biosensors used for detecting nucleic acid biomarkers, and their use in biomedical prognostics will be addressed while considering several essential characteristics.

Keywords: biosensors; deoxyribonucleic acid (DNA); biomarker; microfluidics; point-of-care-testing (POCT)



Citation: Kulkarni, M.B.; Ayachit, N.H.; Aminabhavi, T.M. A Short Review on Miniaturized Biosensors for the Detection of Nucleic Acid Biomarkers. *Biosensors* **2023**, *13*, 412. https://doi.org/10.3390/bios13030412

Received: 20 February 2023 Revised: 17 March 2023 Accepted: 20 March 2023 Published: 22 March 2023



Copyright: © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https://creativecommons.org/licenses/by/4.0/).

1. Introduction

Biosensing techniques have become one of the hot topics of interest that are exponentially growing due to their excellent performance and high throughput [1]. Biosensors have several advantages, such as high throughput, sensitivity, selectivity, real-time detection, ease of use, affordability, speed, and a minimum requirement of reagents [2–4]. Generally, biosensors were executed by assimilating the exclusive specificity of genetic responses and the great compassion of corporeal sensors. Thus, there has been an extensive opportunity for solicitations for biological and biochemical sensing methods, as these are pervasive in diverse fields such as food safety, healthcare, clinical, agriculture, environment, and pharmaceutics [5–8]. A biosensor is an analytical electronic microdevice that produces an electric signal via a bioreceptor and targets molecular interactions. Herein, the primary working principle of a biosensor is to sense the biorecognition incident and translate it into a determinate signal in a procedure called electronic signal processing [9,10]. The essential components of biosensors comprise (i) a biorecognition system or bioreceptor proficient in sensing the bioanalyte, (ii) a transducer that transforms the biorecognition component into a quantifiable signal, and (iii) an electric signal that is processed and incorporated to concoct the signal and to display it on a smartphone in an eco-friendly manner. Usually, biosensors can be categorized based on the bioreceptor event or transducer engaged for several applications. Firstly, in context, the receptors contain the recognition system, such as cells, nucleic acids, proteins, antibodies, peptides, and enzymes. Secondly, concerning the

Biosensors 2023, 13, 412 2 of 15

sort of transducer, such as optical (reflection, luminescence, absorption, refraction, fluorescence, etc.), electrochemical (amperometric, potentiometric, conductometric, impedimetric, etc.), and mass-based (piezoelectric) [11–16]. Biosensors show a prodigious prospective for evolving analytical tools with limitless applications in diagnosing, averting, and treating pathogens, mostly by identifying the associated specific biomarkers. In addition, these are anticipated to contest the ASSURED criteria recognized by the World Health Organization (WHO); the elaboration is as follows: affordable, sensitive, specific, user-friendly, rapid and robust, equipment-free, and deliverable to end-users [17–21]. Biosensors are commonly used as point-of-care-testing (POCT) devices for biomedical applications that can detect proteins, peptides, oligonucleotides, hormones, metabolites, etc.; these samples can act as biomarkers that are allied with the disease status [22,23].

In recent times, portability has attained a wide range of significance due to its potential applicability to the POCT [24]. The biorecognition of virus status at the receptor has gained wide consideration from several scholars and scientists in the past few decades. Nucleic acids are among the most significant biomarkers and are often studied biomolecules due to their strong connection to gene expression. Even minor DNA sequence variations can lead to distinguished biomedical and clinical insinuations. For example, single nucleotide polymorphisms (SNPs) are alleged to disclose the inherent information of specific predispositions to viruses and the mixed reactions to treatment. Thus, DNA-based biosensors are essential to integrate quantification tactics to identify the existence of common profuse mutations [25–27].

Recently, microfluidics has been associated with progressive ideas, which include lab-on-a-chip (LoC) or micro-total-analysis systems (μTAS), that are being established hastily in most research fields due to their assorted prospects and are set to transform the clinical, biochemical, medicinal, biological, healthcare, environmental, food, and agriculture industries [28–30]. This technology has emerged in innovative and scientific investigations for numerous biomedical and clinical applications. It deals with science and technology that processes a minuscule volume of reaction samples ($<10^{-18}$ L) using microchannels ranging from 10 to 100 μ m [31,32]. This primarily started its endeavor in the execution of gas chromatographic devices in the mid-1950s; successively, great appliances were being examined to drive and regulate the fluid flow within microfluidic devices [33–36]. Generally, microfluidic technology relates to fluid mixing, unraveling, relocating, and handling in a small capillary. Haeberle et al. [37] described several microfluidic platforms designed for applications related to microfluidic-based devices. In addition, for delicate identification, these microfluidic-based platforms can be easily coupled and comprehended to brace with diverse biosensor detectors [38,39]. The critical advantage of microfluidic-based biosensors can be recognized in their competence to manage micro/nanoliters of solutions, providing an opportunity to study with a small sample volume for bioanalytical POCT devices [40,41]. Furthermore, by utilizing hydrodynamic services in microchannels with various crosssections, inertial microfluidic-based systems manage particles, atoms, molecules, and cells passively. These factors have led to the microfluidics field advancing toward large-scale commercial production, playing a significant role in the field's development, especially in the biomedical area for detecting various biomarkers. Further, a receptor binds the sample, and a transducer transforms the response into an electric signal that electrochemical sensors can determine. Here, the electrode acts as a transducer in electrochemical sensors [42–44].

Recently, the biosensor definition was selected by the IUPAC standard; nevertheless, a modern-time appropriate description of the biosensor was earlier expressed by Newman. It refers to a compact analytical device integrated with a bioreceptor component associated with a physiochemical transducer. Clark was the pioneer in the subject of biosensors, publishing a study on the oxygen electrode in 1956. The 1st generation of biosensors were electrocatalytic devices that integrated enzymes with transducers that translated them into electrical signals. In the 2nd generation, affinity biosensors took advantage of discrete biological elements such as receptors, antibodies, and nucleic acids. Further, next generation biosensors are all of these interactions; an affinity interaction, such as DNA–DNA, antibody,

Biosensors 2023, 13, 412 3 of 15

antigen, protein, or DNA binding, controls the obligatory between the target analyte and the restrained biomolecule on the transducing element [16,45,46]. The immobilized molecule provides the biosensor system's specificity. Since then, a sizable number of biosensors with applications in medical diagnosis have been reported in the literature. Actually, this field uses 80% of commercially available biosensor-based devices. Usually, biosensors are employed with several transducing components, such as thermometric, optical, electrochemical, magnetic, and piezoelectric. In the past decades, DNA-based sensing has begun to be used in clinical diagnostics for practical purposes to sense the presence of pathogenic types that cause infections, recognize genetic polymorphisms, and detect fact mutations [47–50]. Table 1 describes the prominent biosensor companies and target analytes involved in the market.

Table 1. Prominent biosensor companies and targets involved in the market.

Company	Foundation Year	Targets	Cost (~\$)	Ref.
Abbott	1888	Glucose biosensor	48.85	[51]
Affymetrix	1992	Pharmaceutical research	-	[52]
Applied Biosystems	1981	Affinity chip	69.95	[53]
ARKRAY, Inc.	1960	Creatinine biosensor	21.25	[54]
Bayer Diagnostics	1958	Glucose biosensor	42.78	[55]
Becton Dickinson	1897	Glucose biosensor	45.37	[56]
Biacore	1984	Affinity sensors for medical research	56.32	[57]
Cleome Innovations	2021	Medical POCT devices	18.26	[58]
Eppendorf Inc.	1989	Medical diagnostics	19.37	[59]
LifeScan	1981	Lactate	14.31	[60]
Molecular devices	1983	Pharmaceutical	-	[61]
Nanogen	1993	Glucose, urea, creatinine, and lactate biosensors	20.35	[62]
Roche Diagnostics	1896	Glucose biosensors	38.21	[63]
Renalyx Healthcare Systems	2013	Creatinine and albumin sensors	19.21	[64]
YSI Inc.	1948	Lactate	13.24	[65]

A biosensor is a logical apparatus that identifies deviations in biological progressions and translates them into electric signals. The term biological process can refer to any biomaterial such as tissues, acids, enzymes, cells, or microorganisms. It is an amalgamation of a biosensing component and a transducer, which transforms the information into electric indicators. Moreover, there will be an amplifier circuit that contains a signal conditioning platform, a controller or processor, and a display section. Figure 1 shows the block diagram of biosensors describing from the sample to the end-term detection.

Biosensors 2023, 13, 412 4 of 15

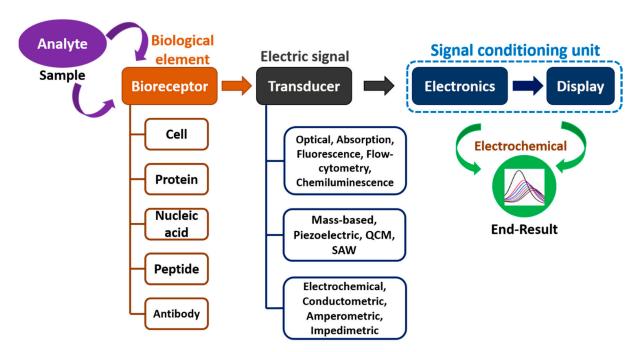


Figure 1. Block diagram representation of biosensors: from analyte to detection.

2. Nucleic Acid-Based Biosensors

An analytical microsystem that includes an oligonucleotide with a known base sequence or composite construction of nucleic acid incorporated into or closely linked to a signal transducer is generally known as a nucleic acid biosensor [66]. DNA-based biosensors can be used to find biochemical or biological species and DNA/RNA templates. The majority of nucleic acid biosensors, also known as genosensors, are based on the extremely specific hybridization of complementary strands of DNA or RNA molecules [67,68]. The transducer is the element that transforms the biorecognition event into a quantifiable signal, while the probe serves as the biorecognition molecule and recognizes the target DNA when it is immobilized on the transducer surface. In nucleic acid biosensors, the hybridization event has been detected using a variety of detection technologies, including label-free ones such as piezoelectric and SPR transduction and others that frequently require labels, such as electrochemical approaches [69–71]. Recently, a number of reviews that explain all the critical facets of the transduction phase have appeared in the literature [72–75]. Figure 2 illustrates the classification of nucleic acid-based biosensors for the detection of nucleic acid.

The capture probe's design is unquestionably the crucial preanalytical stage because the hybridization response's specificity relies mainly on the bioreceptor element's capabilities to seize oligonucleotides. The creation of linear probes uses a variety of commercially accessible firmware that may create detention of oligonucleotides inside highly conserved or hypervariable areas of various genomes following their assembly and alignment. Final tests include employing a basic local alignment search tool (BLAST) to check candidate sequences for homologies, theoretical melting temperature, dimer formation, and length (18–24 nucleotides) [76–79].

Stringency refers to the experimental factors influencing the hybridization occurrence at the transducer reaction-mixture interface, which typically comprise the composition of the hybridization and post-hybridization coating buffers and the response temperature. The fundamental prerequisite for a functional system when working with complicated sets of probes is the capacity of each probe to hybridize its target orders with high similarity and specificity under the same demanding circumstances. Additionally, some probes that can vary in chemical configuration and conformation have been used to assemble nucleic acid-based sensors [70]. Peptide nucleic acids (PNAs) are neutral N-(2-aminoethyl)-glycine pseudo-peptides that mimic DNA by attaching the nucleobases. PNAs have

Biosensors 2023, 13, 412 5 of 15

emerged as particularly intriguing oligonucleotide probe alternatives for the development of electrochemical sensing, primarily due to the vastly differing electrical properties of their molecular backbones [80–83]. There are many more articles that may be cited in support of this claim, but the authors believe that the works that have tested actual samples should be given more weight than those that have just been considered as a model sequence using less complex synthetic oligonucleotides [84,85].

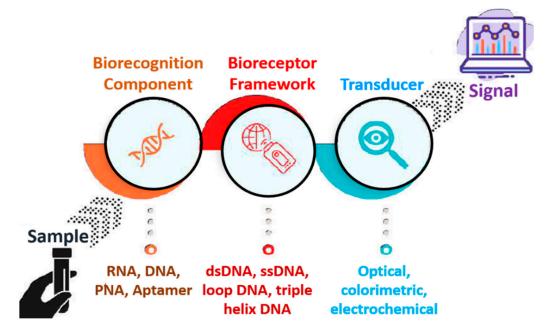


Figure 2. Classification of nucleic acid-based biosensors for detection of nucleic acid.

Because of their extensive utility in screening factors, which is crucial in medical diagnostics, drug delivery, and foodborne pathogens, these biosensors have recently gained relevance. DNA, peptide nucleic acid (PNA), RNA, and aptamers are the numerous kinds of DNA molecules [75,86]. This occurs when the target sequence complements the probe sequence immobilized on the transducer, exhibiting selectivity for non-complementary sequences. Additionally, the biosensor can be categorized according to the biorecognition component: Single-stranded DNA (ssDNA), also referred to as a DNA aptamer, double-stranded DNA, and triple-helical DNA are all examples of DNA-based biosensors. Figure 3 illustrates the hybridization process between the DNA probe and target strands [87,88].

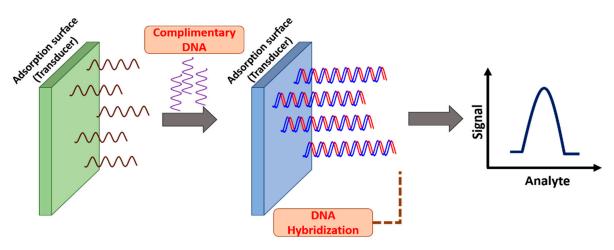


Figure 3. The bioreceptor component in nucleic acid-based biosensors for detecting nucleic acids resembles the hybridization process between DNA probe and target strands.

Biosensors 2023, 13, 412 6 of 15

2.1. Riboswitches

Riboswitches are mRNA components that regulate the production of mRNA on the same molecule in which they are encoded by binding to particular metabolite ligands. An expression platform and an aptamer domain make up riboswitches [89]. This switching in the secondary structure of the riboswitch regulates gene expression. Riboswitches are conceptually seen as an advancement of aptamer-based biosensing technology [90].

Small molecules such as ions, metabolites, or uncharged RNA can all be directly bound by riboswitches. A riboswitch in molecular biology is a regulatory section of a messenger RNA molecule that binds a tiny molecule, changing how the mRNA-encoded proteins are produced. Riboswitches can also recognize a variety of compounds with high specificity, including nucleic acids, peptides, carbohydrates, coenzymes, metallic ions, and amino acids [91]. Riboswitches are a promising alternative for biosensing methods since they can distinguish between molecules with identical structures [92]. Adenosylcobalamin concentrations have been effectively used as a biomarker of the metabolic phase in cell cultures, for instance, using a new biosensor that can distinguish between adenosylcobalamin and methylcobalamin.

2.2. Aptamers

These biosensors are a family of ssDNA or ssRNA oligonucleotides used in biochemistry. These are classified as nucleic acid-based biosensor biorecognition elements in biosensing systems. Targets that aptamers can bind to include proteins, medications, cells, and tissues. High selectivity and affinity have been reported for DNA aptamers, which bind to various analytes, including nucleic acids, cells, proteins, viruses, and tiny compounds such as aflatoxin B1, dopamine, cocaine, and metal ions. Additionally, it has been demonstrated that they can differentiate between enantiomers. However, due to the 2'-hydroxyl functional group in RNA aptamers, they often have a higher binding affinity than DNA aptamers to the identical target sequence [93,94].

The binding is the biorecognition event that promotes interaction between the target ligand and the aptamer, a modification in the conformation of the secondary and structures of the aptamer's tertiary level. Consequently, in these structural modifications, aptamer-based biosensors are in charge of producing a frequently detectable signal. The antigenantibody and aptamer identification models share certain resemblances regarding the binding pattern mechanism. A significant advantage of aptamers is their three-dimensional structure, which allows for high similarity and binding selectivity [95].

Aptamers are produced with excellent repeatability and inexpensive production costs, can withstand extreme ecological conditions, and can be kept without extra precautions. Finding the precise ssDNA/ssRNA sequences that can attach to the target ligand is the main obstacle in developing aptamer-based biosensors. As a result, libraries of random oligonucleotides and combinatorial approaches are used to select the aptamer sequence. It is a flexible tool since it enables the development of some variants to enhance properties such as the effectiveness and affinity of the aptamer [95].

2.3. Peptide Nucleic Acids (PNA)

The PNAs are synthetic DNA analogues that lack the sugar-phosphate backbone of natural nucleic acids in favor of a neutral peptide-like backbone made up of repeating N-(2-aminoethyl) glycine units. PNAs advantages over native nucleic acid substitute higher stability, including resistance to enzymatic cleavage, improved selectivity, neutral charge, and the ability to be synthesized using standard peptide solid-phase synthesis procedures are all features of DNA and RNA [96,97].

Environmental monitoring, food safety applications, and early disease diagnoses such as cancer have all benefited from the development of RNA or DNA detection biosensors based on PNA. Table 2 summarizes the performance characteristics of various nucleic acid biosensors.

Biosensors 2023, 13, 412 7 of 15

Table 2. Summary of performance characteristics for the various nucleic acid biosensors.

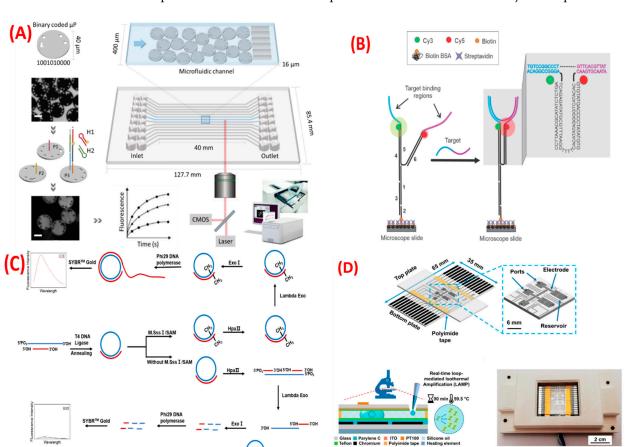
Biorecognition Component	Bioanalyte	Transducer	Limit of Detection	Application	Ref.
DNA	Nuclei acids	QCM	450 fM	Eco-friendly biointerfaces	[98]
ssDNA	RNA	Fluorescence	180 pM	Early disease diagnosis	[99]
PNA	ssDNA	GCE	2.58 pM	NS	[100]
PNA	miRNA-492 suggested biomarker for PDCA	Graphite oxide with gold NPs	8 nM	Early identification of PDCA	[101]
PNA	RNA	G-FET	0.2 aM	NS	[102]
Aptamer	PDGF	CNT	-	Atherosclerosis, fibrosis, malevolent viruses	[103]
ssDNA	Synthetic DNA of E. faecalis	Electrode with Gold NPs	$3.4~\mathrm{amol}~\mathrm{L}^{-1}$	Early detection of pathogens in food	[104]
Aptamer	Synthetic DNA of Group B Streptococci	Gold NPs	0.5 fM	Early detection of bacteria	[105]
Arched probeaptamer, Hairpin probe-1 and 2	Salmonella typhimurium	Luminescence	$1.6\mathrm{CFU}\;\mathrm{mL}^{-1}$	Adulteration in milk	[106]
3D-Printed PMMA chip	Salmonella enteritis and Staphylococcus aureus	Luminescence	$5\mathrm{CFU}\mathrm{mL}^{-1}$	Microfluidic-based biosensor for identification of virulent	[107]
Polyacrylamidehydrogel: aptamer strands	Microcystin-LR	Colorimetric	$3.5\mathrm{ng}\mathrm{L}^{-1}$	Detection of fresh fish	[108]
Aptamer hairpin	Salmonella typhimurium	Gold electrode	0.98 fM	Genomic DNA from clinical anal/ vaginal samples	[109]

ssDNA = single-stranded deoxyribonucleic acid; PDCA = pancreatic ductal adenocarcinoma; PNA = peptide nucleic acid; RNA = ribonucleic acid; NPs = nanoparticles; GCE = glassy carbon electrode; QCM = quartz crystal microbalance; G-FET = graphene field effect transistors; CNT = carbon nanotube; PDGF = platelet-derived growth factor; NS: not specified.

The aforementioned biosensors' performance traits, which include quick detection, competitive LOD, linear range, and specificity, are generally in line with the ASSURED standards. Most research strongly emphasizes parameter optimization, storage stability assessment, regeneration potential, manufacturing repeatability, and application to composite/genuine matrices [110]. It is essential to highlight the execution of nanomaterials for biosensing devices because they are crucial for cutting-edge biosensor designs and represent a rapidly growing field [111].

Rutten et al. [112] demonstrated a fully integrated microfluidic platform encoded with nanoparticles combined with a microchannel for the simultaneous detection of several diseased-based biomarkers. Hybridization chain reaction (HCR) was investigated as a general strategy to achieve the anticipated sensibility by benefiting from this multiplex platform's distinctive properties. The sensitivity was dramatically increased by an influence of 10^4 , down to low fM LOD values, compared to a non-amplified reference system (Figure 4A). The efficient but incredibly straightforward isothermal and protein-enzyme-free signal quantification technique achieves LODs for several targets ranging from 33 ± 4

Biosensors **2023**, 13, 412



to 151 ± 12 fM. Further, the proposed method can be used directly as a general strategy for the profound and accurate multiplex identification of diverse object compounds.

Figure 4. (A) Schematic representation of the components, including digitally barcoded nanoparticles, microfluidic cartridge, and an integrated instrument for the detection of molecular biomarkers [112] (B) Working principle of the nucleic acid-based nanotweezer sensor [113] (C) MTase activity uncovering by padlock probe with RCA technique [114] (D) Multi-view of the DMF device and accumulation [115].

Anisa Kaur et al. [113] described a nanotweezers (NT)-based sensing approach that works on a single FRET pair and is proficient in sensing several objects. The authors proposed sensors that are sensitive to the low picomolar range (10 pM) and can distinguish between targets with a single base incongruity using nucleic acid mimics of miRNA biomarkers unique to triple-negative breast cancer (TNBC) (Figure 4B). These straightforward hybridization-based sensors have a lot of potential for sensitively detecting various nucleic acid biomarkers.

Wang et al. [114] designed a padlock probe (PP) to sense nucleic acid MTases, which syndicates target identification with the rolling circle amplification (RCA) technique without refinement or using other probes. By introducing MTase to the PP, which served as the enzyme's substrate, the PP was methylated and protected against the cleavage reactions of HpaII, lambda exonuclease, and ExI, as well as absorption, and the PP started RCA. Thus, after mixing SYBR dye with the RCA, the fluorescent signal could be quickly identified (Figure 4C). This technique's linear range for M.SssI was 0.5–110 U/mL, and the detection limit was around 0.0404 U/mL. Furthermore, tests for complex biological settings offer opportunities for potential use in complex ecosystems. The developed detection technique can additionally screen medications or inhibitors for MTases.

Biosensors 2023, 13, 412 9 of 15

Coelho et al. [115] reported a digital microfluidics (DMF) technology made explicitly for LAMP of nucleic acid; real-time quantification was accomplished to screen the cancer biomarker c-Myc, which is linked to 45% of all human malignancies. Herein, 90 pg of the target nucleic acid (0.5 ng/L) was successfully amplified in less than an hour after completely modifying the sample and chemicals on this proposed platform. Additionally, using two mixing techniques that provide better fluorescence readouts, low-frequency alternating-current actuation and back-and-forth droplet motion onto the DMF droplets, we investigate the effectiveness of a novel mixing strategy in DMF (Figure 4D). The impacts of fluorophore bleaching are reduced through successive droplet irradiation and on-chip sample splitting via DMF procedures. Finally, compared to benchtop techniques, LAMP processes require 2 μ L, a 10-fold volume reduction.

Kokabi et al. [116] proposed a neural network to prophesy nucleic acid quantities united to paramagnetic drops. To this end, a custom-built microfluidic channel was used to sense nucleic acid particles bound to slides by gauging the impedance peak response (IPR) at numerous occurrences. Here, electrical measurements comprise the event and imaginary/real portions of the highest concentration within a miniaturized device as the input of deep-learning simulations to forecast nucleic acid concentration (Figure 5A). Ten distinct deep-learning architectures were explicitly investigated. The proposed regression model's results show that an R-squared of 96% and a slope of 0.66 are feasible.

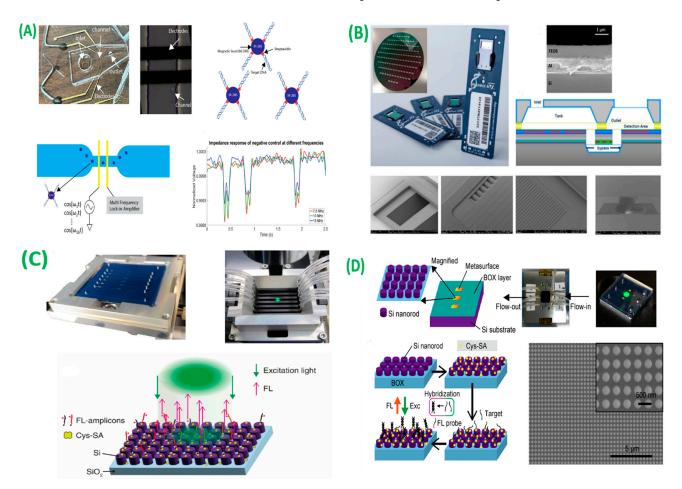


Figure 5. (A) Overview of the process and microscopic cross section of channel and electrodes [116] (B) Schematic of the LoC developed by STMicroelectronics [117] (C) Schematic of meta surface biosensors [118] (D) Schematic of dielectric meta surface structure and the whole view of meta surface substrate [119].

Biosensors 2023, 13, 412 10 of 15

Ventimiglia et al. [117] created a silicon lab-on-chip to detect nucleic acids using a hybridization microarray and integrated PCR. A couple of PCR microdevices with a volume capability of 11.2 L and a microarray-hybridization microchamber with a volume of 30 L, which are fluidically united by buried bypass and made up of silicon LoC, were created using bio-MEMS technology (Figure 5B). The nucleic acid microarray probe density was observed, which ranged from 1315 to 2075 probe μm^2 , and the LOD was 18 target μm^{-2} . The direct identification of the beta-globin gene in human blood proved the principle for silicon microchips.

Iwanaga et al. [118] reported that a meta surface biosensor made up of an all-dielectric meta surface and a microfluidic transparent chip is described as a fast identification method that chains DNA magnification and a precise fluorescence biosensor. The meta surface biosensors recognized amplicons coming from attomolar SARS-CoV-2 nucleic acids, and the magnification was carried out within an hour, according to a series of proof-of-principle experimental results executed in the present scheme (Figure 5C). Furthermore, the dependable infection test criterion of 110 ribonucleic acid copies/150 L, which is a need, is significantly met by this detection competence.

Iwanaga et al. [119] described high-throughput and high-sensitivity meta surface fluorescence biosensors pertinent for DNA templates. The silicon-on-insulator nanorod array used in the all-dielectric meta surface biosensors has durable electromagnetic reverberations that recover fluorescence emission (Figure 5D). The meta surface fluorescence biosensors function well as an uninterrupted detection method.

3. Conclusions and Outlook

Over the past two decades, nucleic acid-based biosensors using microfluidic technology have shown progressive trends in healthcare applications with rapid, robust, reliable, and reusable advantages. Several designs of nucleic acid biosensing devices have been projected to record the reactions of discrete molecular biomarkers comprising lipids, tissues, cells, proteins, nucleic acids, and other molecules engaged in the bioprocesses. Modern nanotechnology, innovative enzyme engineering, exquisite designs based on complex sequence programs, precise base changes, and in vivo/in vitro applications of DNA-based biosensors have all facilitated their use. These days, a wide range of well-established nucleic acid-based biosensing devices have been described and extensively used in several fields, including food safety, ecological screening, disease prognosis, clinical prognosis, etc. Biosensors' future endeavors can be divided into two categories: making them more specialized or generic; (i) A biosensor with a universal design is more suited for regular usage by regular people, even at home. Folks typically want a conclusion that is straightforward and suitable. The inability to implement a biosensor internationally is due to its lengthy and challenging operation, high cost, and instrument reliance. For instance, when attempting to validate the presence of SARS-COV-2, lateral stream assessment is unquestionably more feasible for a worldwide examination than RT-qPCR. (ii) Most likely, biologists, not chemists, are the ones who want a more consistent biosensor. An ideal biosensor could distribute precise information to track the presence of a bioprocess or realize its workings. Therefore, producing high-performance biosensors in living cells or organisms is critical. In spite of the substantial advantages of miniaturized biosensors in most of the domains, there is still a need for portable devices because of their exploration of space and control of machinery and processes. However, limitations of biosensors depicted in laboratory-based studies and the implementation of cutting-edge technology include design, development, stability, the lack of real-time data analysis amenities such as Bluetooth, internet-of-things (IoT), and specific challenges in cyber-physical-systems (CPS) and machine learning. Furthermore, these devices are still not fully active and reveal unconventional features that may widely apply to point-of-care testing and industrial-scale applications. To overcome the aforementioned challenges, a realization of real-time restraint hinders miniaturized biosensors from practically commercializing these with adaptability and flexibility. Moreover, a straightforward method for signal detection has been made available by the development

Biosensors 2023, 13, 412 11 of 15

of improved instrumentation. Therefore, developing advanced biosensors that integrate DNA nanotechnology with attractive equipment will be a promising future direction.

Author Contributions: M.B.K.: conceptualization, data curation, formal analysis, writing—original draft. N.H.A.: supervision, project administration, writing—review and editing, resources. T.M.A.: supervision, writing—review and editing. All authors have read and agreed to the published version of the manuscript.

Funding: This research received no external funding.

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable. **Data Availability Statement:** Not applicable.

Conflicts of Interest: The authors declare no conflict of interest.

References

1. Dutta, G.; Rainbow, J.; Zupancic, U.; Papamatthaiou, S.; Estrela, P. Microfluidic Devices for Label-Free DNA Detection. *Chemosensors* 2018, 6, 43. [CrossRef]

- 2. Holzinger, M.; LeGoff, A.; Cosnier, S. Nanomaterials for biosensing applications: A review. Front. Chem. 2014, 2, 63. [CrossRef]
- 3. Röhlen, D.L.; Pilas, J.; Dahmen, M.; Keusgen, M.; Selmer, T.; Schöning, M.J. Toward a hybrid biosensor system for analysis of organic and volatile fatty acids in fermentation processes. *Front. Chem.* **2018**, *6*, 284. [CrossRef]
- 4. Kulkarni, M.B.; Ayachit, N.H.; Aminabhavi, T.M. Biosensors and Microfluidic Biosensors: From Fabrication to Application. *Biosensors* 2022, 12, 543. [CrossRef]
- 5. Tricoli, A.; Neri, G. Miniaturized bio-and chemical-sensors for point-of-care monitoring of chronic kidney diseases. *Sensors* **2018**, 18, 942. [CrossRef]
- 6. Kulkarni, M.B.; Ayachit, N.H.; Aminabhavi, T.M. Recent Advancements in Nanobiosensors: Current Trends, Challenges, Applications, and Future Scope. *Biosensors* **2022**, *12*, 892. [CrossRef]
- 7. Kulkarni, M.B.; Upadhyaya, K.; Ayachit, N.H.; Iyer, N. Quantum Dot–Polymer Composites in Light-Emitting Diode Applications. In *Quantum Dots and Polymer Nanocomposites*; CRC Press: Boca Raton, FL, USA, 2022; pp. 259–279.
- 8. Umapathi, R.; Rani, G.M.; Kim, E.; Park, S.-Y.; Cho, Y.; Huh, Y.S. Sowing kernels for food safety: Importance of rapid on-site detction of pesticide residues in agricultural foods. *Food Front.* **2022**, *3*, 666–676. [CrossRef]
- 9. Zhao, X.; Li, M.; Liu, Y. Microfluidic-Based Approaches for Foodborne Pathogen Detection. *Microorganisms* 2019, 7, 381. [CrossRef]
- 10. Kulkarni, M.B.; Goel, S. Microfluidic devices for synthesizing nanomaterials—A review. Nano Express 2020, 1, 032004. [CrossRef]
- 11. Yang, Q.; Li, N.; Li, Q.; Chen, S.; Wang, H.L.; Yang, H. Amperometric sarcosine biosensor based on hollow magnetic Pt–Fe₃O₄@C nanospheres. *Anal. Chim. Acta* **2019**, *1078*, 161–167. [CrossRef]
- 12. Fazli, G.; Bahabadi, S.E.; Adlnasab, L.; Ahmar, H. A glassy carbon electrode modified with a nanocomposite prepared from Pd/Al layered double hydroxide and carboxymethyl cellulose for voltammetric sensing of hydrogen peroxide. *Microchim. Acta* **2019**, *186*, 821. [CrossRef] [PubMed]
- 13. Chin Chwan Chuong, J.J.; Rahman, M.; Ibrahim, N.; Heng, L.Y.; Tan, L.L.; Ahmad, A. Harmful Microalgae Detection: Biosensors versus Some Conventional Methods. *Sensors* **2022**, 22, 3144. [CrossRef] [PubMed]
- 14. Fan, Y.-J.; Hsu, Y.-C.; Gu, B.-C.; Wu, C.-C. Voltammetric measurement of Escherichia coli concentration through p-APG hydrolysis by endogenous β-galactosidase. *Microchem. J.* **2020**, *154*, 104641. [CrossRef]
- 15. Kulkarni, M.B.; Salve, M.; Goel, S. Miniaturized Thermal Monitoring Module with CO Laser Ablated Microfluidic Device for Electrochemically Validated DNA Amplification. *IEEE Trans. Instrum. Meas.* **2021**, *70*, 1–8. [CrossRef]
- 16. Bhaiyya, M.; Kulkarni, M.B.; Pattnaik, P.K.; Goel, S. Internet of things-enabled photomultiplier tube- and smartphone-based electrochemiluminescence platform to detect choline and dopamine using 3D-printed closed bipolar electrodes. *Luminescence* **2022**, *37*, 357–365. [CrossRef]
- 17. Tamayo, J.; Kosaka, P.M.; Ruz, J.J.; Paulo, Á.S.; Calleja, M. Biosensors based on nanomechanical systems. *Chem. Soc. Rev.* **2013**, 42, 1287–1311. [CrossRef]
- 18. Sung, W.J.; Bae, Y.H. Glucose oxidase, lactate oxidase, and galactose oxidase enzyme electrode based on polypyrrole with polyanion/PEG/enzyme conjugate dopant. *Sens. Actuators B Chem.* **2006**, *114*, 164–169. [CrossRef]
- 19. Kampeera, J.; Pasakon, P.; Karuwan, C.; Arunrut, N.; Sappat, A.; Sirithammajak, S.; Dechokiattawan, N.; Sumranwanich, T.; Chaivisuthangkura, P.; Ounjai, P.; et al. Point-of-care rapid detection of Vibrio parahaemolyticus in seafood using loop-mediated isothermal amplification and graphene-based screen-printed electrochemical sensor. *Biosens. Bioelectron.* **2019**, 132, 271–278. [CrossRef]
- 20. Kulkarni, M.B.; Goel, S. A Review on Recent Advancements in Chamber-Based Microfluidic PCR Devices. In *Microelectronics and Signal Processing*; CRC Press: Boca Raton, FL, USA, 2021; pp. 49–70.

Biosensors **2023**, 13, 412

21. Velmurugan, K.; Kulkarni, M.B.; Gupta, I.; Das, R.; Goel, S.; Nirmal, J. Role of Microfluidics in Drug Delivery. In *Microfluidics and Multi Organs on Chip*; Mohanan, P.V., Ed.; Springer Nature Singapore: Singapore, 2022; pp. 107–133. ISBN 978-981-19-1379-2.

- 22. Rani, G.M.; Wu, C.-M.; Motora, K.G.; Umapathi, R.; Jose, C.R.M. Acoustic-electric conversion and triboelectric properties of nature-driven CF-CNT based triboelectric nanogenerator for mechanical and sound energy harvesting. *Nano Energy* **2023**, *108*, 108211. [CrossRef]
- 23. Umapathi, R.; Ghoreishian, S.M. Review—Emerging Trends in the Development of Electrochemical Devices for the On-Site Detection of Food Contaminants. *ECS Sens. Plus* **2022**, *1*, 044601. [CrossRef]
- 24. Davidson, E.M.; Croal, B.L. Introduction of an Albumin-to-Creatinine Ratio Point-of-Care Device: Analytic, Clinical, and Cost-effectiveness Aspects. *Point Care* 2003, 2, 89–95. [CrossRef]
- 25. Kaprou, G.D.; Papadakis, G.; Papageorgiou, D.P.; Kokkoris, G.; Papadopoulos, V.; Kefala, I.; Gizeli, E.; Tserepi, A. Miniaturized devices for isothermal DNA amplification addressing DNA diagnostics. *Microsyst. Technol.* **2016**, 22, 1529–1534. [CrossRef]
- 26. Nagai, H.; Fuchiwaki, Y. Portable microfluidic system for rapid genetic testing. Electron. Commun. Jpn. 2015, 98, 1–6. [CrossRef]
- 27. Kumar, K.; Kim, E.; Alhammadi, M.; Reddicherla, U.; Aliya, S.; Tiwari, J.N.; Park, H.S.; Choi, J.H.; Son, C.Y.; Vilian, A.T.E.; et al. Recent advances in microfluidic approaches for the isolation and detection of exosomes. *TrAC Trends Anal. Chem.* **2023**, 159, 116912. [CrossRef]
- 28. Kulkarni, M.B.; Goel, S. Recent advancements in integrated microthermofluidic systems for biochemical and biomedical applications—A review. *Sens. Actuators A Phys.* **2022**, 341, 113590. [CrossRef]
- 29. Kulkarni, M.B.; Goel, S. Advances in continuous-flow based microfluidic PCR devices—A review. *Eng. Res. Express* **2020**, 2, 042001. [CrossRef]
- 30. Puneeth, S.B.; Kulkarni, M.B.; Goel, S. Microfluidic viscometers for biochemical and biomedical applications: A review. *Eng. Res. Express* **2021**, *3*, 022003. [CrossRef]
- 31. Li, X.; Wu, W.; Manz, A. Thermal gradient for fluorometric optimization of droplet PCR in virtual reaction chambers. *Microchim. Acta* 2017, *184*, 3433–3439. [CrossRef]
- 32. Aliya, S.; Lee, H.; Alhammadi, M.; Umapathi, R.; Huh, Y.S. An Overview on Single-Cell Technology for Hepatocellular Carcinoma Diagnosis. *Int. J. Mol. Sci.* **2022**, 23, 1402. [CrossRef] [PubMed]
- 33. Naji, O.P.; Bessoth, F.G.; Manz, A. Novel Injection Methods for Miniaturised Gas Chromatography. In *Micro Total Analysis Systems* 2001, *Proceedings of the* μ*TAS* 2001 *Symposium, Monterey, CA, USA,* 21–25 *October* 2001; Springer Netherlands: Dordrecht, The Netherlands, 2001; pp. 655–657. [CrossRef]
- 34. Kulkarni, M.B.; Goyal, S.; Dhar, A.; Sriram, D.; Goel, S. Miniaturized and IoT Enabled Continuous-Flow-Based Microfluidic PCR Device for DNA Amplification. *IEEE Trans. Nanobiosci.* **2022**, *21*, 97–104. [CrossRef]
- 35. Jiang, Y.; Manz, A.; Wu, W. Fully automatic integrated continuous-flow digital PCR device for absolute DNA quantification. *Anal. Chim. Acta* **2020**, 1125, 50–56. [CrossRef]
- 36. Pathak, A.K.; Rahman, B.M.A.; Singh, V.K.; Kumari, S. Sensitivity enhancement of a concave shaped optical fiber refractive index sensor covered with multiple au nanowires. *Sensors* **2019**, *19*, 4210. [CrossRef]
- 37. Haeberle, S.; Zengerle, R. Microfluidic platforms for lab-on-a-chip applications. Lab Chip 2007, 7, 1094–1110. [CrossRef]
- 38. Kukkar, D.; Zhang, D.; Jeon, B.H.; Kim, K.-H. Recent advances in wearable biosensors for non-invasive monitoring of specific metabolites and electrolytes associated with chronic kidney disease: Performance evaluation and future challenges. *TrAC Trends Anal. Chem.* 2022, 150, 116570. [CrossRef]
- 39. Mohan, J.M.; Amreen, K.; Kulkarni, M.B.; Javed, A.; Dubey, S.K.; Goel, S. Optimized Ink Jetted Paper Device for Electroanalytical Detection of Picric Acid. *Colloids Surfaces B Biointerfaces* **2021**, 208, 112056. [CrossRef]
- 40. Yao, L.; Wang, L.; Huang, F.; Cai, G.; Xi, X.; Lin, J. A microfluidic impedance biosensor based on immunomagnetic separation and urease catalysis for continuous-flow detection of E. coli O157:H7. Sens. Actuators B Chem. 2018, 259, 1013–1021. [CrossRef]
- 41. Xu, M.; Wang, R.; Li, Y. An electrochemical biosensor for rapid detection of: E. coli O157:H7 with highly efficient bi-functional glucose oxidase-polydopamine nanocomposites and Prussian blue modified screen-printed interdigitated electrodes. *Analyst* **2016**, 141, 5441–5449. [CrossRef]
- 42. Zhu, T.; Wang, X.; Chang, W.; Zhang, Y.; Maruyama, T.; Luo, L.; Zhao, X. Green fabrication of Cu/rGO decorated SWCNT buckypaper as a flexible electrode for glucose detection. *Mater. Sci. Eng. C* **2021**, *120*, 111757. [CrossRef] [PubMed]
- 43. Lee, M.; Zine, N.; Baraket, A.; Zabala, M.; Campabadal, F.; Caruso, R.; Trivella, M.G.; Jaffrezic-Renault, N.; Errachid, A. A novel biosensor based on hafnium oxide: Application for early stage detection of human interleukin-10. *Sens. Actuators B Chem.* **2012**, 175, 201–207. [CrossRef]
- 44. Kulkarni, M.B.; Velmurugan, K.; Prasanth, E.; Amreen, K.; Nirmal, J.; Goel, S. Smartphone enabled miniaturized temperature controller platform to synthesize nio/cuo nanoparticles for electrochemical sensing and nanomicelles for ocular drug delivery applications. *Biomed. Microdevices* **2021**, *23*, 31. [CrossRef] [PubMed]
- 45. Kulkarni, M.B.; Goel, S. Miniaturized DNA amplification platform with soft-lithographically fabricated continuous-flow PCR microfluidic device on a portable temperature controller. *Microfluid. Nanofluid.* **2021**, 25, 69. [CrossRef]
- Kulkarni, M.B.; Jayapiriya, U.S.; Amreen, K.; Goel, S. Portable Thermal Management Platform for Synthesis of ZnO Nanoparticle in a Microfluidic Device: Validated for Electrochemical Sensing and Glucose Fuel Cell Applications. *IEEE Trans. Electron. Devices* 2021, 68, 4070–4076. [CrossRef]

Biosensors 2023, 13, 412 13 of 15

47. Kulkarni, M.B.; Channappa Bhyri, D.; Vanjerkhede, K. Brain Tumor Detection using Random Walk Solver Based Segmentation from MRI. *Microsc. Res. Tech.* **2018**, 20, 1–8.

- 48. Kulkarni, M.B. Automated and Integrated Microthermofluidic Platforms for DNA Amplification and Nanomaterial Synthesis. Ph.D. Thesis, BITS-Pilani, Hyderabad Campus, Secunderabad, India, 2022.
- 49. Justino, C.I.L.; Duarte, A.C.; Rocha-Santos, T.A.P. Critical overview on the application of sensors and biosensors for clinical analysis. *TrAC-Trends Anal. Chem.* **2016**, *85*, 36–60. [CrossRef]
- 50. Yerlikaya, S.; Broger, T.; MacLean, E.; Pai, M.; Denkinger, C.M. A tuberculosis biomarker database: The key to novel TB diagnostics. *Int. J. Infect. Dis.* **2017**, *56*, 253–257. [CrossRef]
- 51. Lorenz, H.M. Technology evaluation: Adalimumab, Abbott laboratories. Curr. Opin. Mol. Ther. 2002, 4, 185–190. [PubMed]
- 52. McCall, M.N.; Murakami, P.N.; Lukk, M.; Huber, W.; Irizarry, R.A. Assessing affymetrix GeneChip microarray quality. *BMC Bioinform.* **2011**, 12, 137. [CrossRef]
- 53. Ondov, B.D.; Varadarajan, A.; Passalacqua, K.D.; Bergman, N.H. Efficient mapping of Applied Biosystems SOLiD sequence data to a reference genome for functional genomic applications. *Bioinformatics* **2008**, 24, 2776–2777. [CrossRef] [PubMed]
- 54. Nakamura, T.; Nakashima, C.; Komiya, K.; Kitera, K.; Hirai, M.; Kimura, S.; Aragane, N. Mechanisms of acquired resistance to afatinib clarified with liquid biopsy. *PLoS ONE* **2018**, *13*, e0209384. [CrossRef] [PubMed]
- 55. Rumley, A. Urine dipstick testing: Comparison of results obtained by visual reading and with the Bayer CLINITEK 50. *Ann. Clin. Biochem.* **2000**, *37*, 220–221. [CrossRef]
- 56. Holmes, K.L.; Otten, G.; Yokoyama, W.M. Flow Cytometry Analysis Using the Becton Dickinson FACS Calibur. *Curr. Protoc. Immunol.* **2002**, *49*, 5.4.1–5.4.22. [CrossRef]
- 57. Jason-Moller, L.; Murphy, M.; Bruno, J. Overview of Biacore Systems and Their Applications. *Curr. Protoc. Protein Sci.* **2006**, 45, 19.13.1–19.13.14. [CrossRef]
- 58. Bose, A.; Lategan, C.A.; Smith, P.J.; Gupta, J.K. Studies on in vitro antiplasmodial activity of cleome rutidosperma. *Acta Polanica Pharm. Drug. Res.* **2010**, *67*, 315–318.
- 59. Fogh-Andersen, N.; D'Orazio, P. Proposal for standardizing direct-reading biosensors for blood glucose. *Clin. Chem.* **1998**, 44, 655–659. [CrossRef]
- 60. Tomlinson, E.; Fu, L.; John, L.; Hultgren, B.; Huang, X.; Renz, M.; Stephan, J.P.; Tsai, S.P.; Powell-Braxton, L.; French, D.; et al. Transgenic Mice Expressing Human Fibroblast Growth Factor-19 Display Increased Metabolic Rate and Decreased Adiposity. *Endocrinology* **2002**, *143*, 1741–1747. [CrossRef]
- 61. Jeong, H.; Kim, D.; Wang, G.; Park, S.; Lee, H.; Cho, K.; Hwang, W.-T.; Yoon, M.-H.; Jang, Y.H.; Song, H.; et al. Redox-Induced Asymmetric Electrical Characteristics of Ferrocene-Alkanethiolate Molecular Devices on Rigid and Flexible Substrates. *Adv. Funct. Mater.* **2014**, *24*, 2472–2480. [CrossRef]
- 62. Sassolas, A.; Leca-Bouvier, B.D.; Blum, L.J. DNA Biosensors and Microarrays. Chem. Rev. 2008, 108, 109–139. [CrossRef]
- 63. Lee-Lewandrowski, E.; Januzzi, J.L.; Green, S.M.; Tannous, B.; Wu, A.H.B.; Smith, A.; Wong, A.; Murakami, M.M.; Kaczmarek, J.; Apple, F.S.; et al. Multi-center validation of the Response Biomedical Corporation RAMP[®] NT-proBNP assay with comparison to the Roche Diagnostics GmbH Elecsys[®] proBNP assay. *Clin. Chim. Acta* **2007**, *386*, 20–24. [CrossRef]
- 64. Conjeevaram, A.; Anupama, Y.J.; Vincent, L.; Sastry, N.B.; Siddini, V.; Revanasiddappa, M.; Srinivasa, S.; Thimmegeowda, A.B.; Kulkarni, M.J.; Patil, V.S. Clinico-Epidemiological Profile of Dialysis Services in Karnataka, India–A Multicentric Exploratory Study. *Indian J. Nephrol.* 2022, 32, 223–232. [CrossRef]
- 65. Churakova, E.; Peri, K.; Vis, J.S.; Smith, D.W.; Beam, J.M.; Vijverberg, M.P.; Stor, M.C.; Winter, R.T. Accurate analysis of residual lactose in low-lactose milk: Comparing a variety of analytical techniques. *Int. Dairy J.* **2019**, *96*, 126–131. [CrossRef]
- 66. Xu, L.; Liang, W.; Wen, Y.; Wang, L.; Yang, X.; Ren, S.; Jia, N.; Zuo, X.; Liu, G. An ultrasensitive electrochemical biosensor for the detection of mecA gene in methicillin-resistant Staphylococcus aureus. *Biosens. Bioelectron.* 2018, 99, 424–430. [CrossRef] [PubMed]
- 67. Li, Y.; Zhang, C.; Xing, D. Fast identification of foodborne pathogenic viruses using continuous-flow reverse transcription-PCR with fluorescence detection. *Microfluid. Nanofluid.* **2011**, *10*, 367–380. [CrossRef]
- 68. Obeid, P.J.; Christopoulos, T.K.; Crabtree, H.J.; Backhouse, C.J. Microfabricated device for DNA and RNA amplification by continuous-flow polymerase chain reaction and reverse transcription-polymerase chain reaction with cycle number selection. *Anal. Chem.* 2003, 75, 288–295. [CrossRef]
- 69. Venkateswara Raju, C.; Hwan Cho, C.; Mohana Rani, G.; Manju, V.; Umapathi, R.; Suk Huh, Y.; Pil Park, J. Emerging insights into the use of carbon-based nanomaterials for the electrochemical detection of heavy metal ions. *Coord. Chem. Rev.* **2023**, *476*, 214920. [CrossRef]
- 70. Kulkarni, M.B.; Ayachit, N.H.; Aminabhavi, T.M. Recent Advances in Microfluidics-Based Electrochemical Sensors for Foodborne Pathogen Detection. *Biosensors* **2023**, *13*, 246. [CrossRef] [PubMed]
- 71. Kulkarni, M.B.; Yashas; Enaganti, P.K.; Amreen, K.; Goel, S. Internet of Things enabled portable thermal management system with microfluidic platform to synthesize MnO2 nanoparticles for electrochemical sensing. *Nanotechnology* **2020**, *31*, 425504. [CrossRef]
- 72. Goto, M.; Honda, E.; Ogura, A.; Nomoto, A.; Hanaki, K.I. Colorimetric detection of loop-mediated isothermal amplification reaction by using hydroxy naphthol blue. *Biotechniques* **2009**, *46*, 167–172. [CrossRef]
- 73. Fernández-Carballo, B.L.; McBeth, C.; McGuiness, I.; Kalashnikov, M.; Baum, C.; Borrós, S.; Sharon, A.; Sauer-Budge, A.F. Continuous-flow, microfluidic, qRT-PCR system for RNA virus detection. *Anal. Bioanal. Chem.* **2018**, *410*, 33–43. [CrossRef]

Biosensors 2023, 13, 412 14 of 15

74. Cui, F.; Xu, Y.; Wang, R.; Liu, H.; Chen, L.; Zhang, Q.; Mu, X. Label-free impedimetric glycan biosensor for quantitative evaluation interactions between pathogenic bacteria and mannose. *Biosens. Bioelectron.* **2018**, *103*, 94–98. [CrossRef]

- 75. Kaur, H.; Shorie, M.; Sharma, M.; Ganguli, A.K.; Sabherwal, P. Bridged Rebar Graphene functionalized aptasensor for pathogenic E. coli O78:K80:H11 detection. *Biosens. Bioelectron.* **2017**, *98*, 486–493. [CrossRef]
- 76. Sharma, E.; Rathi, R.; Misharwal, J.; Sinhmar, B.; Kumari, S.; Dalal, J.; Kumar, A. Evolution in Lithography Techniques: Microlithography to Nanolithography. *Nanomaterials* **2022**, *12*, 2754. [CrossRef] [PubMed]
- 77. Bilan, R.; Fleury, F.; Nabiev, I.; Sukhanova, A. Quantum dot surface chemistry and functionalization for cell targeting and imaging. *Bioconjug. Chem.* **2015**, *26*, 609–624. [CrossRef]
- 78. Tian, H.; Sun, Y.; Liu, C.; Duan, X.; Tang, W.; Li, Z. Precise quantitation of MicroRNA in a single cell with droplet digital PCR based on ligation reaction. *Anal. Chem.* **2016**, *88*, 11384–11389. [CrossRef] [PubMed]
- 79. Dutta, P.; Lu, Y.-J.; Hsieh, H.-Y.; Lee, T.-Y.; Lee, Y.-T.; Cheng, C.-M.; Fan, Y.-J. Detection of Candida albicans Using a Manufactured Electrochemical Sensor. *Micromachines* **2021**, *12*, 166. [CrossRef]
- 80. Chadha, U.; Bhardwaj, P.; Agarwal, R.; Rawat, P.; Agarwal, R.; Gupta, I.; Panjwani, M.; Singh, S.; Ahuja, C.; Selvaraj, S.K.; et al. Recent progress and growth in biosensors technology: A critical review. *J. Ind. Eng. Chem.* **2022**, *109*, 21–51. [CrossRef]
- 81. Martin, C.R.; Kohli, P. The emerging field of nanotube biotechnology. Nat. Rev. Drug Discov. 2003, 2, 29–37. [CrossRef] [PubMed]
- 82. Datta, D.; Panchal, D.S.; Venuganti, V.V.K. Transdermal delivery of vancomycin hydrochloride: Influence of chemical and physical permeation enhancers. *Int. J. Pharm.* **2021**, *602*, 120663. [CrossRef] [PubMed]
- 83. Bell, J. The polymerase chain reaction. *Immunol. Today* 1989, 10, 351–355. [CrossRef]
- 84. Hertneky, B.; Eger, J.; Bailly, M.; Christen, J.B. Mobile and Efficient Temperature and Humidity Control Chamber for Point-of-Care Diagnostics. In Proceedings of the 2019 IEEE Healthcare Innovations and Point of Care Technologies, (HI-POCT), Bethesda, MD, USA, 20–22 November 2019; pp. 159–162. [CrossRef]
- 85. Mehrotra, P. Biosensors and their applications—A review. J. Oral Biol. Craniofacial Res. 2016, 6, 153–159. [CrossRef]
- 86. Bhalla, N.; Jolly, P.; Formisano, N.; Estrela, P. Introduction to biosensors. Essays Biochem. 2016, 60, 1–8. [CrossRef]
- 87. Diculescu, V.C.; Chiorcea-Paquim, A.M.; Oliveira-Brett, A.M. Applications of a DNA-electrochemical biosensor. *TrAC-Trends Anal. Chem.* **2016**, *79*, 23–36. [CrossRef]
- 88. Chen, G.; Chen, R.; Ding, S.; Li, M.; Wang, J.; Zou, J.; Du, F.; Dong, J.; Cui, X.; Huang, X.; et al. Recombinase assisted loop-mediated isothermal DNA amplification. *Analyst* **2020**, *145*, 440–444. [CrossRef]
- 89. Teng, J.; Ye, Y.; Yao, L.; Yan, C.; Cheng, K.; Xue, F.; Pan, D.; Li, B.; Chen, W. Rolling circle amplification based amperometric aptamer/immuno hybrid biosensor for ultrasensitive detection of Vibrio parahaemolyticus. *Microchim. Acta* 2017, 184, 3477–3485. [CrossRef]
- 90. Jiang, X.; Shao, N.; Jing, W.; Tao, S.; Liu, S.; Sui, G. Microfluidic chip integrating high throughput continuous-flow PCR and DNA hybridization for bacteria analysis. *Talanta* **2014**, 122, 246–250. [CrossRef] [PubMed]
- 91. Garst, A.D.; Edwards, A.L.; Batey, R.T. Riboswitches: Structures and mechanisms. *Cold Spring Harb. Perspect. Biol.* **2011**, *3*, a003533. [CrossRef]
- 92. Roth, A.; Breaker, R.R. The structural and functional diversity of metabolite-binding riboswitches. *Annu. Rev. Biochem.* **2009**, *78*, 305–334. [CrossRef]
- 93. Liss, M.; Petersen, B.; Wolf, H.; Prohaska, E. An aptamer-based quartz crystal protein biosensor. *Anal. Chem.* **2002**, *74*, 4488–4495. [CrossRef]
- 94. Mishra, A.; Pilloton, R.; Jain, S.; Roy, S.; Khanuja, M.; Mathur, A.; Narang, J. Paper-Based Electrodes Conjugated with Tungsten Disulfide Nanostructure and Aptamer for Impedimetric Detection of Listeria monocytogenes. *Biosensors* 2022, 12, 88. [CrossRef]
- 95. Cai, R.; Zhang, Z.; Chen, H.; Tian, Y.; Zhou, N. A versatile signal-on electrochemical biosensor for Staphylococcus aureus based on triple-helix molecular switch. *Sens. Actuators B Chem.* **2021**, 326, 128842. [CrossRef]
- 96. Dave, V.; Tak, K.; Sohgaura, A.; Gupta, A.; Sadhu, V.; Reddy, K.R. Lipid-polymer hybrid nanoparticles: Synthesis strategies and biomedical applications. *J. Microbiol. Methods* **2019**, *160*, 130–142. [CrossRef]
- 97. Malvano, F.; Pilloton, R.; Albanese, D. A novel impedimetric biosensor based on the antimicrobial activity of the peptide nisin for the detection of *Salmonella* spp. *Food Chem.* **2020**, 325, 126868. [CrossRef] [PubMed]
- 98. Alava, T.; Berthet-Duroure, N.; Ayela, C.; Trévisiol, E.; Pugnière, M.; Morel, Y.; Rameil, P.; Nicu, L. Parallel acoustic detection of biological warfare agents surrogates by means of piezoelectric immunochips. *Sens. Actuators B Chem.* **2009**, *138*, 532–538. [CrossRef]
- 99. Muthamma, K.; Sunil, D.; Shetty, P. Carbon dots as emerging luminophores in security inks for anti-counterfeit applications—An up-to-date review. *Appl. Mater. Today* **2021**, 23, 101050. [CrossRef]
- 100. Roushani, M.; Rahmati, Z.; Golchin, M.; Lotfi, Z.; Nemati, M. Electrochemical immunosensor for determination of Staphylococcus aureus bacteria by IgY immobilized on glassy carbon electrode with electrodeposited gold nanoparticles. *Microchim. Acta* 2020, 187, 567. [CrossRef] [PubMed]
- 101. Rewatkar, P.; Bandapati, M.; Goel, S. Miniaturized additively manufactured co-laminar microfluidic glucose biofuel cell with optimized grade pencil bioelectrodes. *Int. J. Hydrogen Energy* **2019**, *44*, 31434–31444. [CrossRef]
- Simonian, A.L.; Grimsley, J.K.; Flounders, A.W.; Schoeniger, J.S.; Cheng, T.C.; DeFrank, J.J.; Wild, J.R. Enzyme-based biosensor for the direct detection of fluorine-containing organophosphates. *Anal. Chim. Acta* 2001, 442, 15–23. [CrossRef]

Biosensors 2023, 13, 412 15 of 15

103. Roy, A.; Ray, A.; Saha, S.; Ghosh, M.; Das, T.; Satpati, B.; Nandi, M.; Das, S. NiO-CNT composite for high performance supercapacitor electrode and oxygen evolution reaction. *Electrochim. Acta* **2018**, *283*, 327–337. [CrossRef]

- 104. Knob, R.; Hanson, R.L.; Tateoka, O.B.; Wood, R.L.; Guerrero-Arguero, I.; Robison, R.A.; Pitt, W.G.; Woolley, A.T. Sequence-specific sepsis-related DNA capture and fluorescent labeling in monoliths prepared by single-step photopolymerization in microfluidic devices. *J. Chromatogr. A* 2018, 1562, 12–18. [CrossRef] [PubMed]
- 105. Rhouati, A.; Hayat, A.; Hernandez, D.B.; Meraihi, Z.; Munoz, R.; Marty, J.L. Development of an automated flow-based electrochemical aptasensor for on-line detection of Ochratoxin A. Sens. Actuators B Chem. 2013, 176, 1160–1166. [CrossRef]
- 106. Ali, S.; Hassan, A.; Hassan, G.; Eun, C.H.; Bae, J.; Lee, C.H.; Kim, I.J. Disposable all-printed electronic biosensor for instantaneous detection and classification of pathogens. *Sci. Rep.* **2018**, *8*, 5920. [CrossRef]
- 107. Gou, T.; Hu, J.; Wu, W.; Ding, X.; Zhou, S.; Fang, W.; Mu, Y. Smartphone-based mobile digital PCR device for DNA quantitative analysis with high accuracy. *Biosens. Bioelectron.* **2018**, *120*, 144–152. [CrossRef] [PubMed]
- 108. Chen, P.C.; Duong, L.H. Novel solvent bonding method for thermoplastic microfluidic chips. *Sens. Actuators B Chem.* **2016**, 237, 556–562. [CrossRef]
- 109. Wei, Y.P.; Zhang, Y.W.; Mao, C.J. A silver nanoparticle-assisted signal amplification electrochemiluminescence biosensor for highly sensitive detection of mucin 1. J. Mater. Chem. B 2020, 8, 2471–2475. [CrossRef] [PubMed]
- 110. Lee, J.; Jang, J.; Choi, B.; Yoon, J.; Kim, J.Y.; Choi, Y.K.; Myong Kim, D.; Hwan Kim, D.; Choi, S.J. A Highly Responsive Silicon Nanowire/Amplifier MOSFET Hybrid Biosensor. *Sci. Rep.* **2015**, *5*, 12286. [CrossRef]
- 111. Qiu, X.; Mauk, M.G. An integrated, cellulose membrane-based PCR chamber. Microsyst. Technol. 2015, 21, 841–850. [CrossRef]
- 112. Rutten, I.; Daems, D.; Leirs, K. Highly Sensitive Multiplex Detection of Molecular Biomarkers Using Hybridization Chain Reaction in an Encoded Particle Microfluidic Platform. *Biosensors* **2023**, *13*, 100. [CrossRef]
- 113. Kaur, A.; Mahmoud, R.; Megalathan, A.; Pettit, S.; Dhakal, S. Multiplexed smFRET Nucleic Acid Sensing Using DNA Nanotweezers. *Biosensors* **2023**, *13*, 119. [CrossRef]
- 114. Wang, Y.; Han, Y.; Zhou, F.; Fan, T.; Liu, F. Simple Detection of DNA Methyltransferase with an Integrated Padlock Probe. *Biosensors* 2022, 12, 569. [CrossRef]
- 115. Coelho, B.J.; Veigas, B.; Bettencourt, L.; Águas, H.; Fortunato, E.; Martins, R.; Baptista, P.V.; Igreja, R. Digital Microfluidics-Powered Real-Time Monitoring of Isothermal DNA Amplification of Cancer Biomarker. *Biosensors* **2022**, *12*, 201. [CrossRef]
- 116. Kokabi, M.; Sui, J.; Gandotra, N.; Pournadali Khamseh, A.; Scharfe, C.; Javanmard, M. Nucleic Acid Quantification by Multi-Frequency Impedance Cytometry and Machine Learning. *Biosensors* **2023**, *13*, 316. [CrossRef]
- 117. Ventimiglia, G.; Pesaturo, M.; Malcolm, A.; Petralia, S. A Miniaturized Silicon Lab-on-Chip for Integrated PCR and Hybridization Microarray for High Multiplexing Nucleic Acids Analysis. *Biosensors* **2022**, *12*, 563. [CrossRef] [PubMed]
- 118. Iwanaga, M. Rapid Detection of Attomolar SARS-CoV-2 Nucleic Acids in All-Dielectric Metasurface Biosensors. *Biosensors* **2022**, 12, 987. [CrossRef] [PubMed]
- 119. Iwanaga, M. High-Sensitivity High-Throughput Detection of Nucleic Acid Targets on Metasurface Fluorescence Biosensors. *Biosensors* **2021**, *11*, 33. [CrossRef] [PubMed]

Disclaimer/Publisher's Note: The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.