



Third Harmonic Generation in Thin NbOI₂ and TaOI₂

Tianhong Tang ^{1,2}, Deng Hu ^{1,2}, Di Lin ^{1,2}, Liu Yang ^{1,2}, Ziling Shen ^{1,2}, Wenchen Yang ^{1,2}, Haiyang Liu ^{1,2},
Hanting Li ^{1,2}, Xiaoyue Fan ^{1,2}, Zhiwei Wang ^{1,2,*} and Gang Wang ^{1,2,*}

¹ Centre for Quantum Physics, Key Laboratory of Advanced Optoelectronic Quantum Architecture and Measurement (MOE), School of Physics, Beijing Institute of Technology, Beijing 100081, China; 3120221486@bit.edu.cn (D.H.)

² Beijing Key Lab of Nanophotonics and Ultrafine Optoelectronic Systems, Beijing Institute of Technology, Beijing 100081, China

* Correspondence: zhiweiwang@bit.edu.cn (Z.W.); gw@bit.edu.cn (G.W.)

Abstract: The niobium oxide dihalides have recently been identified as a new class of van der Waals materials exhibiting exceptionally large second-order nonlinear optical responses and robust in-plane ferroelectricity. In contrast to second-order nonlinear processes, third-order optical nonlinearities can arise irrespective of whether a crystal lattice is centrosymmetric. Here, we report third harmonic generation (THG) in two-dimensional (2D) transition metal oxide iodides, namely NbOI₂ and TaOI₂. We observe a comparable THG intensity from both materials. By benchmarking against THG from monolayer WS₂, we deduce that the third-order susceptibility is approximately on the same order. THG resonances are revealed at different excitation wavelengths, likely due to enhancement by excitonic states and band edge resonances. The THG intensity increases for material thicknesses up to 30 nm, owing to weak interlayer coupling. After this threshold, it shows saturation or a decrease, due to optical interference effects. Our results establish niobium and tantalum oxide iodides as promising 2D materials for third-order nonlinear optics, with intrinsic in-plane ferroelectricity and thickness-tunable nonlinear efficiency.

Keywords: two-dimensional transition metal oxide iodides; harmonic generation; nonlinear optics; NbOI₂; TaOI₂

Citation: Tang, T.; Hu, D.; Lin, D.; Yang, L.; Shen, Z.; Yang, W.; Liu, H.; Li, H.; Fan, X.; Wang, Z.; et al. Third Harmonic Generation in Thin NbOI₂ and TaOI₂. *Nanomaterials* **2024**, *14*, 412. <https://doi.org/10.3390/nano14050412>

Academic Editor: Alexander Tselev

Received: 31 January 2024

Revised: 18 February 2024

Accepted: 21 February 2024

Published: 23 February 2024



Copyright: © 2024 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

1. Introduction

The nonlinear optical processes in 2D van der Waals materials are typically substantial, enabling the electrically controlled second harmonic generation (SHG) [1], acousto-optic-modulated pulse generation [2], and on-chip wavelength conversion [3]. The monolayer and few-layer transition metal dichalcogenides (TMDC) possess diverse optical properties, stemming from their visible and near-infrared bandgaps. The inversion symmetry breaking in monolayer TMDCs gives rise to a large second-order nonlinearity [4,5]. Additionally, the pronounced excitonic effects allow the dynamic tuning of nonlinear process at resonant energies [6–9]. Owing to their atomic-scale thickness, phase-matching conditions are usually relieved in 2D materials, permitting strong nonlinear effects [10]. These advantages have positioned 2D materials as a promising platform for integrated nonlinear photonic applications [3,11–16]. The optical harmonic generation process, especially SHG and THG, has been extensively investigated in 2D materials, including graphene, TMDCs, hexagonal boron nitride (hBN), and their stacked heterostructures [4,6,17–20].

Optical harmonic generation is one of the typical nonlinear optical (NLO) processes that arises upon the intense optical driving of materials. Thus, the induced polarization responses scale nonlinearly with the applied optical field. In an n -th order harmonic process, n photons at the fundamental frequency ω interact concurrently with the NLO medium to create one photon at the frequency $n\omega$. Consequently, the efficiency of harmonic generation generally decreases for the increasing order n . In contrast to even-

order harmonic generation ($n = 2, 4, 6 \dots$), odd-order harmonic generation ($n = 3, 5, 7 \dots$) could occur regardless of the centrosymmetry of the crystal lattice. Therefore, third-order processes serve as a ubiquitous probe of the intrinsic nonlinear response for most materials. The third-order nonlinear polarization $P^{(3)}(t)$ can be described as follows [21]:

$$P^{(3)}(t) = \varepsilon_0 \chi^{(3)} E^3(t) \quad (1)$$

where ε_0 is the permittivity of free space, $\chi^{(3)}$ denotes the third-order nonlinear susceptibility, and $E(t)$ is the incident electric field. As a typical third-order nonlinearity, the third harmonic generation (THG) has proven superior to commonly used PL, Raman and SHG mapping in resolving grains and boundaries in large-scale materials [22]. Moreover, ultrafast third-order nonlinear process in the femtosecond scale holds potential for telecommunication, quantum photonics and optical sensing applications. This encompasses processes like THG [19], four-wave mixing (FWM) [23], self-phase modulation (SPM) [24] and stimulated Raman scattering [25].

Transition metal oxide dihalides MOX_2 ($M = \text{V, Nb, Ta, Mo}$; $X = \text{Cl, Br, I}$) have recently emerged as new members of 2D van der Waals materials, exhibiting unique physical properties [26–32]. Among them, NbOI_2 has garnered special interest for its ferroelectricity and robust second-order optical nonlinearity. Due to the 1D Peierls distortion, the atomic displacements of Nb atoms occur along both the b and the c axis, yielding low crystallographic symmetry. However, only distortion along the b axis induces spontaneous electric polarization, while the c axis results in alternating Nb–Nb bonding [28]. In contrast, TaOI_2 possesses first-order Peierls distortion solely along the c-axis and lacks ferroelectricity due to higher $C2/m$ symmetry [33]. The structural similarity to NbOI_2 suggests that TaOI_2 may also exhibit substantial nonlinearity, though the SHG should be absent. While second-order phenomena, including SHG, sum-frequency generation (SFG), and spontaneous parametric down-conversion (SPDC) [28,30,31] in MOX_2 have been widely studied, observations of the third-order nonlinear process are still lacking.

In this work, we report the THG in NbOI_2 and TaOI_2 under ambient conditions. Through comparing with the THG intensity of NbOI_2 , TaOI_2 and WS_2 under the same experimental parameters, we extract the effective third-order nonlinearity susceptibility, $\chi_{eff}^{(3)}$, on an order of $\sim 10 \times 10^{-19} \text{ m}^2/\text{V}^2$, which is comparable to classical 2D materials (e.g., hBN, black phosphorus, ReS_2). THG excitation spectroscopy reveals an enhancement peak at around 1580 nm for NbOI_2 , indicating the possible resonance effects at excitonic states or the band edges. For TaOI_2 , two maximums at around 1410 nm and 1595 nm are observed. By varying the thickness of samples, we find that the THG intensity scales quadratically below 30 nm for the two materials, suggesting the weak interlayer coupling.

2. Materials and Methods

High-quality large NbOI_2 and TaOI_2 single crystals were grown via the chemical vapor transport (CVT) method, using I_2 as a transport agent. NbOI_2 crystals were synthesized from Nb powder (Macklin, Shanghai, China, 99.99%), Nb_2O_5 powder (Aladdin, Shanghai, China, 99.99%), and iodine pieces (Alfa Aesar, Haverhill, MA, USA, 99.99%). The raw materials, with a total mass of 0.5 g, were mixed in the stoichiometric ratio $\text{Nb}:\text{O}:\text{I} = 1:1:2$ and sealed under vacuum ($\sim 10^{-3} \text{ Pa}$) into quartz tubes (7 mm inner diameter, 9 mm outer diameter, 220 mm length), with all manipulations, except for the sealing procedure, being performed in an Ar-filled glove box. The sealed quartz tube was placed into a horizontal dual-temperature zone tube furnace with the raw material in the hot side. The two heating zones were heated to 600 °C in 10 h and maintained at a constant temperature for 120 h, followed by cooling down to 310 °C/240 °C over a period of 240 h in the hot/cold sides, respectively, and finally, cooled naturally to room temperature. This small temperature gradient ensures the growth of high-quality crystals of large sizes [34]. Eventually, rectangular single crystals of NbOI_2 of large size ($\sim 4 \times 8 \times 2 \text{ mm}^3$) were obtained in the cold zone. TaOI_2 crystals were synthesized using a similar method to that employed for NbOI_2 , with Ta powder (Alfa Aesar, Haverhill, MA, USA,

99.98%), Ta₂O₅ powder (Aladdin, Shanghai, China, 99.99%), and iodine pieces (Alfa Aesar, Haverhill, MA, USA, 99.99%) as starting materials. The two-zone tube furnace was heated to 650 °C over a period of 12 h and maintained at a constant temperature for 120 h, followed by cooling down to 360 °C/290 °C, over a 240 h period for the hot/cold sides, respectively. Finally, rectangular single crystals of TaOI₂ with a size of about 1 × 7 × 0.6 mm³ were obtained in the hot zone. Both NbOI₂ and TaOI₂ single crystals are air-stable.

XRD characterization: the powder XRD patterns were obtained using a Bruker (Billerica, MA, USA) D8 advance X-ray powder diffractometer with the Cu-K α target at the angle of 5–80°.

Exfoliation and transfer of the thin flakes: the thin flakes were mechanically exfoliated by adhesive tape from a bulk crystal. Then, the flakes were transferred onto a 285 nm SiO₂/Si or quartz substrate, using polydimethylsiloxane (PDMS). The transparent substrate enabled characterization without the interference effects of the substrate. The thickness of the flakes was confirmed by atomic force microscopy (Cypher S, Oxford instruments, Abingdon, UK) measurements.

Harmonic generation measurements: the experimental setup is shown in Supplementary Figure S1. The SHG and THG measurements were performed using back-reflection geometry. For THG, femtosecond pulses from a mode-locked Ti: sapphire oscillator (Chameleon Ultra II, Coherent Inc., Saxonburg, PA, USA) were focused on the sample through a 40× reflective objective (LMM40X-P01, Thorlabs, Newton, NJ, USA). For SHG, the fundamental light was from a mode-locked picosecond super continuous laser (SC-PRO, YSL photonics, Wuhan, China) and filtered via an acousto-optic tunable filter. The SHG signals were collected by a 50× objective (Nikon MUE31500, Tokyo, Japan), and both the SHG and THG signals were coupled into a multimode fiber leading to the spectrometer. The SHG and THG signals were finally dispersed in a spectrometer and detected with a silicon charge-coupled device.

3. Results and Discussions

Several NbOI₂ and TaOI₂ flakes of varying thicknesses were fabricated and investigated. Figures S2a and S2c present the powder X-ray diffraction pattern of NbOI₂ and TaOI₂. We confirmed peaks for NbOI₂: at 12.2° (200), 24.4°(400), 36.9°(600), 49.9°(800), 63.6° (1000), and 78.4°(1200). Similarly, TaOI₂ displayed peaks at 12° (200), 24.1°(400), 36.5° (600) 49.4°(800), 63°(1000), and 77.5°(1200), respectively. Both show a preferred crystal orientation along the a-axis. The sharp full width at half maximum (FWHM) of 0.05° at the (600) peak in Figure S2b,d indicates that NbOI₂ and TaOI₂ have good crystal quality. Figure 1a,d display the optical images of the typical samples on quartz substrates. Optical contrast is generally used to identify the thickness of thinner samples by using a silicon substrate with a specific thickness of the SiO₂ layer [35]. However, it is hard to determine directly the thickness of the thicker samples by using optical contrast, as the differences become faint. The atomic force microscopy (AFM) measurements shown in Figure 1b,e confirm the investigated NbOI₂ and TaOI₂ samples, with thickness spanning from 12.7 to 44 nm across the imaged areas.

The harmonic generation was widely used to discriminate crystal orientations, thickness, and domain configurations [36,37]. As shown in Figure 1g, a comparable THG is observed from the two materials. However, the detectable SHG is demonstrated only in NbOI₂ under identical excitation conditions, as shown in Figure 1h, which is consistent with the centrosymmetric nature of TaOI₂[33]. Figure 1c,f present the THG intensity mapping over the same sample zones. The thickness variation and boundary can be clearly resolved, including the ~3 nm step marked in Figure 1b (white line cut). The AFM results show a wrinkle in the white dashed box. Correspondingly, we found a five times enhancement of THG under the wrinkle, which is similar to the previous work on wrinkle-induced SHG enhancement. We attribute this phenomenon to the wrinkle-induced built-in piezoelectric field. Thus, THG can distinguish well the wrinkles in the sample. These results further highlight harmonic generation as a powerful tool for 2D materials due to its higher spatial resolution compared to linear optical techniques [38].

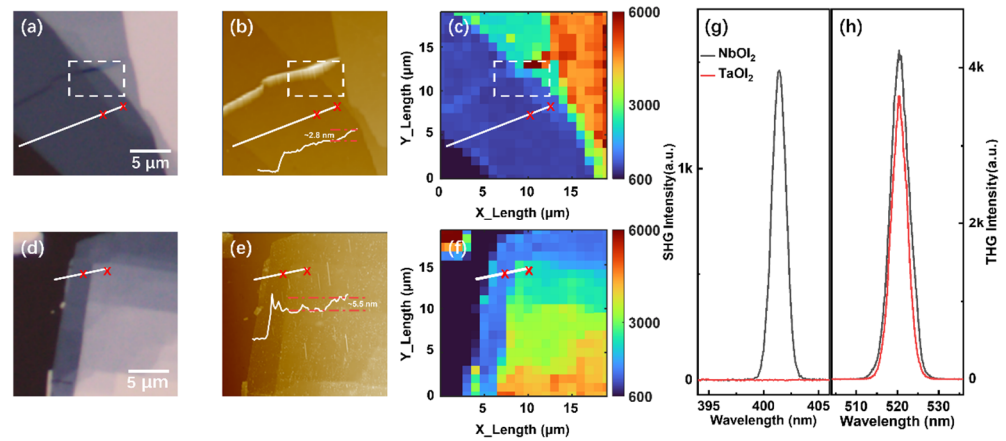


Figure 1. Characterization of NbOI₂ and TaOI₂. (a,d) Optical image of NbOI₂ and TaOI₂, respectively. (b,e) AFM image of NbOI₂ and TaOI₂, respectively. The red dashed line represents the relative height between the red x on the white line. The wrinkle in NbOI₂ is marked by white dashed box. (c,f) THG mapping of NbOI₂ and TaOI₂, respectively. (g) Typical SHG spectra of NbOI₂ and TaOI₂, with the fundamental wavelength at 803 nm, respectively. (h) Typical THG spectra of NbOI₂ and TaOI₂ with the fundamental wavelength of 1560 nm, respectively.

The insets of Figure 2a,b present representative THG spectra of different fundamental excitation wavelengths at the telecommunications band. The THG peaks emerge at one-third of the fundamental wavelengths, confirming the third-order nonlinear optical process. Here, the sample thicknesses were 22 nm and 20 nm for NbOI₂ and TaOI₂, respectively. Figure 2a,b present the power dependence of the two samples on a double logarithmic scale, so that the nonlinear process can be easily identified by slope. Over this excitation power range, we carefully checked the intensities before and after the high-power experiments, and no damage was observed. The dashed guideline represents the expected cubic (slope of 3) behavior. Consistent with Equation (1), THG scales as the cube of incident power for both samples, affirming the third-order nature of the process. Upon changing of the fundamental wavelength from 1352 to 1595 nm, the THG signals increase for both NbOI₂ and TaOI₂, indicating the wavelength dependence of the effective $\chi^{(3)}$.

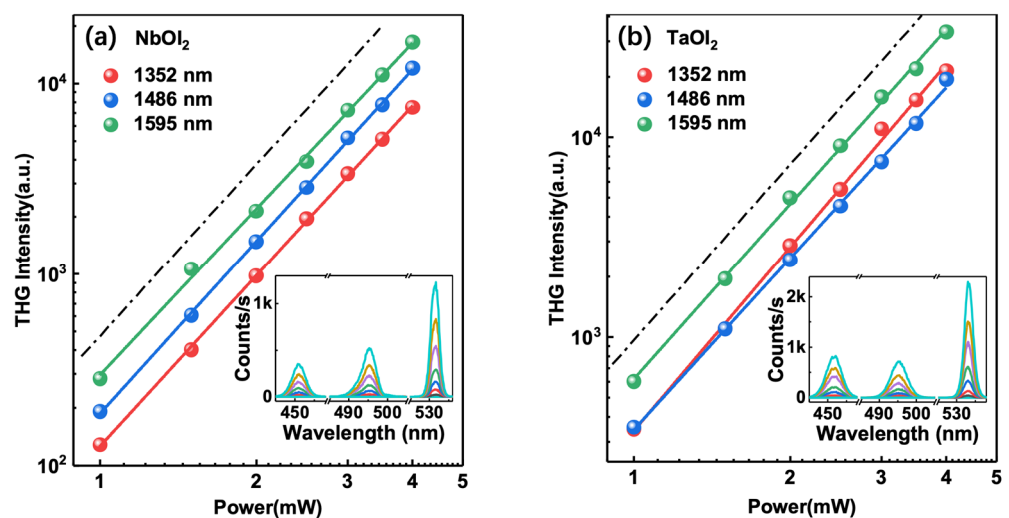


Figure 2. Fundamental power dependence of THG signal for (a) NbOI₂ and (b) TaOI₂ excitation at 1352, 1486, and 1595 nm. The black dot dashed line serves as a guide for a slope of ~ 3 . The inset illustrates the power dependence THG spectra for NbOI₂ and TaOI₂ under the three excitation wavelengths. The excitation average powers changes from 1 to 4 mW corresponds to the line color of black to cyan.

To quantify the third-order nonlinear susceptibility of NbOI₂ and TaOI₂, we measured the THG of NbOI₂ and TaOI₂ at different thickness levels using a $\lambda = 1560$ nm excitation and benchmarked against monolayer WS₂, as shown in Figure 3a. The THG signal of 22 nm NbOI₂ exceeds that of the WS₂ monolayer by two orders of magnitude under identical conditions. Following established procedures [33], the second- and third-order nonlinear susceptibility can be estimated by the measured averaged power for the same incident polarized excitation and crystal orientation. The third-order effective nonlinear susceptibility can be described as follows [39]:

$$\chi_{eff}^{(3)} = \frac{\chi_s^{(3)}}{d} = \sqrt{\frac{P_{THG}(3\omega)c^4\varepsilon_0^2(ft_{fwhm}\pi r^2)^2(1+n_2)^8}{64\sqrt{3}S^2\omega^2P_{pump}^3(\omega)d^2}} \quad (2)$$

Here, $P_{THG}(3\omega)$ and $P_{pump}(\omega)$ are the average TH and pump power, c is the speed of light in vacuum, f is the pump repetition rate, t_{fwhm} is the pulse width, r is the focal spot radius, n_2 is the substrate refractive index, S is a shape factor for Gaussian pulses, which describe the temporal intensity distribution of the pulses, ω is the fundamental frequency, $\chi_s^{(3)}$ is the third-order sheet nonlinear susceptibility, and d is the sample thickness. Similarly, the second-order effective nonlinear susceptibility $\chi_{eff}^{(2)}$ can be described as:

$$\chi_{eff}^{(2)} = \frac{\chi_s^{(2)}}{d} = \sqrt{\frac{P_{SHG}(2\omega)c^3\varepsilon_0ft_{fwhm}\pi r^2(1+n_2)^6}{16\sqrt{2}S\omega^2P_{pump}^2(\omega)d^2}} \quad (3)$$

Here, $P_{SHG}(2\omega)$ is the average SH power. From the SHG results, we deduced the effective second-order susceptibility of monolayer WS₂ to be around 500 pm/V at the fundamental wavelength of 800 nm, which is in reasonable agreement with the reported results [34]. The third-order susceptibility at 1560 wavelength is $3.2 \times 10^{-19} \text{ m}^2/\text{V}^2$, which is consistent with the value from ref. [40] under similar excitation wavelength. These enable the direct extraction of susceptibilities, based on Equations (2) and (3). Alternatively, unknown materials can be evaluated directly by analyzing the output spectra from the same experiments.

In a more practical approach, nonlinear optical susceptibility can be quantified by comparing the THG spectra acquired under the same experimental conditions. The following relation enables the evaluation of the third-order nonlinear susceptibility of MOI₂(M=Nb, Ta) based on the obtained value of monolayer WS₂:

$$\frac{\chi_{eff-MOI_2}^{(3)}}{\chi_{eff-WS_2}^{(3)}} = \sqrt{\frac{P_{THG-MOI_2}(3\omega)t_{WS_2}}{P_{THG-WS_2}(3\omega)t_{MOI_2}}} \quad (4)$$

This allows the third-order effective nonlinear susceptibility to be determined readily from the measured spectra. Here, as an example, by comparing the SHG intensity of NbOI₂ with monolayer WS₂ and using the deduced $\chi^{(2)}$ of WS₂ at 800 nm, we get $\chi_{eff-NbOI_2}^{(2)} \sim 65 \text{ pm/V}$ for NbOI₂, consistent with the recent reports [28], which is one-order magnitude higher than 3D nonlinear optical crystals [41–43]. From the acquired THG spectra of the 22 nm NbOI₂ and monolayer WS₂ in Figure 3b, Equation (4) permits the direct extraction of the $\chi^{(3)}$. When compared to monolayer WS₂, the THG of monolayer WS₂ is equivalent to the NbOI₂ with a thickness of 1.78 layers and TaOI₂ with a thickness of 1.81 layers. The effective susceptibility can exclude the influence of thickness and better describe third-order nonlinearity. Thus, we obtain $\chi_{eff-NbOI_2}^{(3)} = 0.75 \times 10^{-19} \text{ m}^2/\text{V}^2$ and $\chi_{eff-TaOI_2}^{(3)} = 0.73 \times 10^{-19} \text{ m}^2/\text{V}^2$. These values are summarized in Table 1, alongside relevant references.

Table 1. Effective $\chi^{(3)}$ of 2D materials.

Material	THG Wavelength (nm)	$\chi^{(3)}$ ($10^{-19} \text{ m}^2/\text{V}^2$)	η^* ($\times 10^{-10}$)	Thickness	Substrate	Reference
NbOI ₂	450–535	0.4–0.9	22.9–114 (0.75)	22 nm	SiO ₂ /Si	This work
TaOI ₂	450–535	0.3–0.9	9.5–94.7 (0.75)	20 nm	SiO ₂ /Si	This work
WS ₂	520	3.2	1.4 (0.75)	ML	SiO ₂ /Si	This work
WS ₂	520	2.4	28 (2.7)	ML	SiO ₂ /Si	[40]
hBN	360	0.084	5.3 (3.6)	37 nm	Fused silica	[44]
BP	519	1.4	6 (8.1)	14.5 nm	SiO ₂ /Si	[45]
Graphene	520	1	5.4 (1.6)	ML	Glass	[39]
Silicon nitride	355	0.28	0.2 (143)	200 nm	Fused silica	[46]

* Conversion efficiency ($\times 10^{-10}$) (excitation peak power, unit: kW).

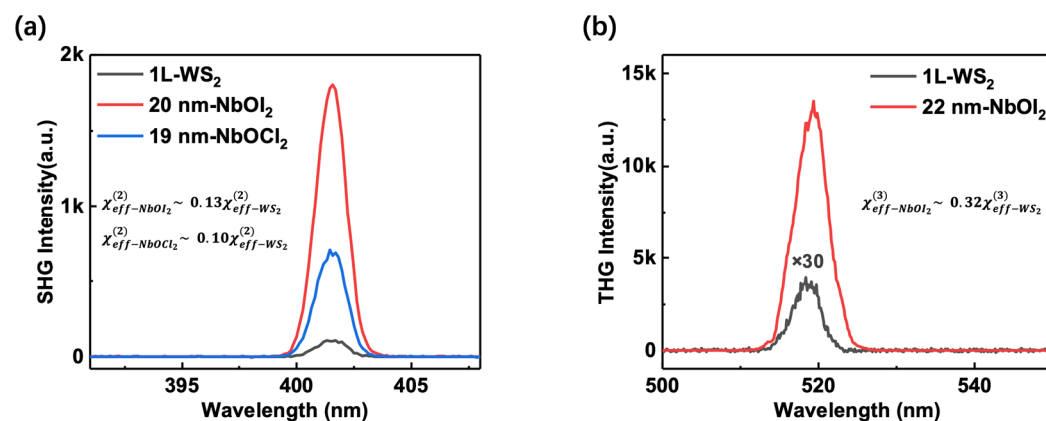


Figure 3. Harmonic generation spectra of different materials under the same conditions. Here, the monolayer NbOI₂ and NbOCl₂ are taken at 0.73 nm and 0.67 nm, respectively. (a) SHG spectra of monolayer WS₂, 28L NbOI₂, and 28L NbOCl₂. The $\chi^{(2)}$ of NbOI₂ and NbOCl₂ were calculated to be 0.13 and 0.1 times lower than WS₂, respectively. (b) For the THG spectra of monolayer WS₂, 30L, and NbOI₂, the $\chi^{(3)}$ of NbOI₂ was calculated to be 0.32 times lower than WS₂.

Optical harmonic generation could be enhanced when the energy is in resonance with the band edge or excitonic states [1,6,47,48]. In graphene the one-, two-, and three-photon processes can participate in the final THG together due to linear dispersion. Thus, the tuning of the Fermi level controls the third-order process over orders of magnitude [49–51]. To further examine the wavelength dependence in MOI₂, we systematically varied the excitation wavelength in the telecommunications range from 1350 to 1605 nm, at a fixed excitation power of 5 mW (Figure 4a,b). For NbOI₂, the THG intensity increases monotonically with wavelength, reaching its maximum at 1595 nm, approximately six times that under 1445 nm excitation. This trend qualitatively agrees with the increase in SHG intensity from 400 to 525 nm [28]. This implies that the THG enhancement possibly stems from similar excitonic resonance effects. Given the bandgap of 2.24 eV estimated in NbOI₂[28], both the one-photon fundamental excitation and the two-photon process lie far below the gap across the studied wavelengths. Thus, the resonant enhancement most plausibly arises from the three-photon resonance with the band edge. In contrast, TaOI₂ exhibits distinct THG enhancement peaks at around 470 nm and 530 nm, respectively, and approximately 3.2 and 6.4 times the THG intensity at 450 nm. While the details of the band

structure of TaOI₂ are still lacking, further theoretical analysis is crucial to fully understand the wavelength-dependent $\chi^{(3)}$ properties of this material.

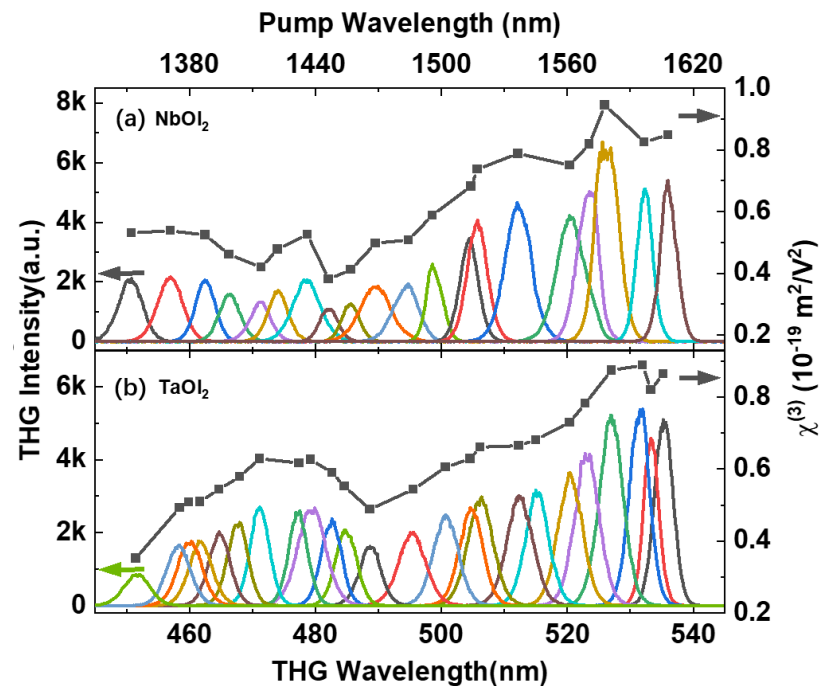


Figure 4. THG emission spectroscopy (left panel, spectra in colorful lines, guided by left arrows) and third-order nonlinear susceptibility $\chi^{(3)}$ (right panel, black squares, guided by right arrows) of (a) 22 nm-NbOI₂ and (b) 20 nm-TaOI₂ at the fundamental excitation wavelength range of 1350 to 1605 nm. All the measurements were taken with the same average excitation power. Top panel corresponds to the fundamental excitation wavelength.

As shown in the right panel of Figure 4a,b, the effective third-order nonlinear susceptibility $\chi_{eff}^{(3)}$ was extracted at different excitation wavelengths. The $\chi_{eff}^{(3)}$, ranging from 0.38 to $0.94 \times 10^{-19} \text{ m}^2/\text{V}^2$, is comparable with the reported 2D materials (e.g., hBN, graphene and BP) [44,45,50] and traditional nonlinear media such as silicon and silicon nitride [46,52].

Figure 5 shows the thickness dependence of THG intensity and conversion efficiency of NbOI₂ and TaOI₂ flakes. The signal increases up to ~ 30 nm, after which it either exhibits saturation or a decrease at larger thicknesses. At the thin thickness limit, the ideal model predicts that the intensity of the harmonic generation scales quadratically below the coherence length and the penetration depth [30]. However, more practical effects, such as interference of the signal from the surface and other depths in the material, absorption of the fundamental light and refractive index at different wavelengths will deviate from the quadratic trend [26–28]. Here, we observed THG efficiency increase by orders of magnitude in both materials going from few-layer to multilayer flakes. Notably, the larger overall efficiency can be achieved using transmission geometry due to the larger coherent length [53].

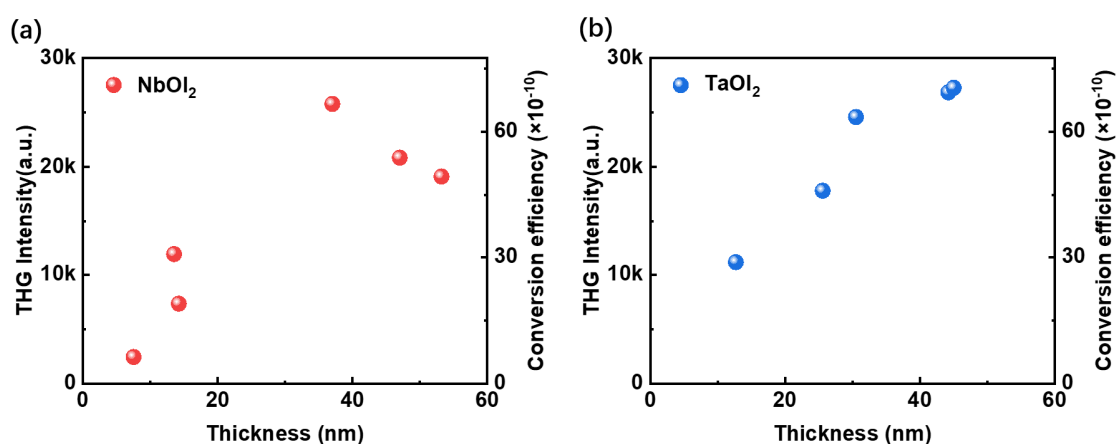


Figure 5. THG responses and conversion efficiency as a function of thickness. (a) NbOI₂ and (b) TaOI₂ with a thickness range of 7.5 to 53.2 nm and 12.7 to 45 nm, respectively.

4. Conclusions

In conclusion, we have investigated the THG in 2D transition metal oxide dihalides, specifically NbOI₂ and TaOI₂. While negligible SHG is detected from the centrosymmetric TaOI₂, the extracted effective $\chi^{(3)}$ of these two materials is on the order of $\sim 10^{-19} \text{ m}^2/\text{V}^2$ for both materials under 1580 nm excitation. By tuning the fundamental excitation wavelength across the telecommunications band range, we further obtain the enhancement peak of the third-order susceptibility when in resonance with the band edge, being consistent with the reported band structure qualitatively. The increase in THG with thickness below ~ 30 nm was revealed due to the unique symmetry and weak interlayer coupling. This provides thickness-based nonlinear efficiency tuning in telecommunications band wavelength. Our results reveal details of the third-order nonlinear process in the 2D NbOI₂ and TaOI₂ towards possible applications in integrated all-optical information processing, wavelength conversion, and optical modulation at the on-chip level.

Supplementary Materials: The following supporting information can be downloaded at: <https://www.mdpi.com/article/10.3390/nano14050412/s1>, Figure S1. Experimental setup; Figure S2. XRD of the synthesized NbOI₂ and TaOI₂ single crystals.

Author Contributions: Conceptualization, T.T., Z.W. and G.W.; methodology, T.T., W.Y. and X.F.; sample growth and exfoliation, D.H., L.Y., T.T. and Z.S.; validation, T.T., D.H. and X.F.; formal analysis, T.T. and D.L.; investigation, T.T., H.L. (Haiyang Liu), and H.L. (Hanting Li); resources, Z.W. and G.W.; data curation, T.T., D.H. and H.L. (Hanting Li); writing—original draft preparation, T.T.; writing—review and editing, T.T., Z.W., and G.W.; visualization, T.T.; supervision, Z.W. and G.W.; project administration, Z.W. and G.W.; funding acquisition, Z.W. and G.W. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by the National Natural Science Foundation of China (Grants No. 12074033), the Beijing Natural Science Foundation (Grant No. Z190006, Grants No. Z210006), the National Key R&D Program of China (Grants No. 2020YFA0308800, No. 2022YFA1403400).

Data Availability Statement: The data presented in this study are available on request from the corresponding author.

Conflicts of Interest: The authors declare no conflicts of interest.

References

1. Seyler, K.L.; Schaibley, J.R.; Gong, P.; Rivera, P.; Jones, A.M.; Wu, S.; Yan, J.; Mandrus, D.G.; Yao, W.; Xu, X. Electrical control of second-harmonic generation in a WSe₂ monolayer transistor. *Nat. Nanotechnol.* **2015**, *10*, 407–411.
2. Preciado, E.; Schülein, F.J.R.; Nguyen, A.E.; Barroso, D.; Isarraraz, M.; von Son, G.; Lu, I.H.; Michailow, W.; Möller, B.; Klee, V.; et al. Scalable fabrication of a hybrid field-effect and acousto-electric device by direct growth of monolayer MoS₂/LiNbO₃. *Nat. Commun.* **2015**, *6*, 8593.

3. Sun, Z.; Martinez, A.; Wang, F. Optical modulators with 2D layered materials. *Nat. Photon.* **2016**, *10*, 227–238.
4. Li, Y.; Rao, Y.; Mak, K.F.; You, Y.; Wang, S.; Dean, C.R.; Heinz, T.F. Probing symmetry properties of few-layer MoS₂ and h-BN by optical second-harmonic generation. *Nano Lett.* **2013**, *13*, 3329–3333.
5. Zheng, X.; Jia, B.; Chen, X.; Gu, M. In Situ Third-Order Non-linear Responses During Laser Reduction of Graphene Oxide Thin Films Towards On-Chip Non-linear Photonic Devices. *Adv. Mater.* **2014**, *26*, 2699–2703.
6. Wang, G.; Marie, X.; Gerber, I.; Amand, T.; Lagarde, D.; Bouet, L.; Vidal, M.; Balocchi, A.; Urbaszek, B. Giant enhancement of the optical second-harmonic emission of WSe₂ monolayers by laser excitation at exciton resonances. *Phys. Rev. Lett.* **2015**, *114*, 097403.
7. Shree, S.; Lagarde, D.; Lombez, L.; Robert, C.; Balocchi, A.; Watanabe, K.; Taniguchi, T.; Marie, X.; Gerber, I.C.; Glazov, M.M.; et al. Interlayer exciton mediated second harmonic generation in bilayer MoS₂. *Nat. Commun.* **2021**, *12*, 6894.
8. Lafeta, L.; Corradi, A.; Zhang, T.; Kahn, E.; Bilgin, I.; Carvalho, B.R.; Kar, S.; Terrones, M.; Malard, L.M. Second- and third-order optical susceptibilities across excitons states in 2D monolayer transition metal dichalcogenides. *2D Mater.* **2021**, *8*, 035010.
9. Xiao, J.; Ye, Z.; Wang, Y.; Zhu, H.; Wang, Y.; Zhang, X. Nonlinear optical selection rule based on valley-exciton locking in monolayer ws₂. *Light Sci. Appl.* **2015**, *4*, e366.
10. Khan, A.R.; Zhang, L.; Ishfaq, K.; Ikram, A.; Yildirim, T.; Liu, B.; Rahman, S.; Lu, Y. Optical Harmonic Generation in 2D Materials. *Adv. Funct. Mater.* **2021**, *32*, 2105259.
11. Autere, A.; Jussila, H.; Dai, Y.; Wang, Y.; Lipsanen, H.; Sun, Z. Nonlinear Optics with 2D Layered Materials. *Adv. Mater.* **2018**, *30*, e1705963.
12. Sun, Z.; Hasan, T.; Ferrari, A.C. Ultrafast lasers mode-locked by nanotubes and graphene. *Phys. E Low-Dimens. Syst. Nanostruct.* **2012**, *44*, 1082–1091.
13. Martinez, A.; Sun, Z. Nanotube and graphene saturable absorbers for fibre lasers. *Nat. Photon.* **2013**, *7*, 842–845.
14. Liu, X.; Guo, Q.; Qiu, J. Emerging Low-Dimensional Materials for Nonlinear Optics and Ultrafast Photonics. *Adv. Mater.* **2017**, *29*, 1605886.
15. Yu, S.; Wu, X.; Wang, Y.; Guo, X.; Tong, L. 2D Materials for Optical Modulation: Challenges and Opportunities. *Adv. Mater.* **2017**, *29*, 1606128.
16. Low, T.; Chaves, A.; Caldwell, J.D.; Kumar, A.; Fang, N.X.; Avouris, P.; Heinz, T.F.; Guinea, F.; Martin-Moreno, L.; Koppens, F. Polaritons in layered two-dimensional materials. *Nat. Mater.* **2017**, *16*, 182–194.
17. Malard, L.M.; Alencar, T.V.; Barboza, A.P.M.; Mak, K.F.; de Paula, A.M. Observation of intense second harmonic generation from MoS₂ atomic crystals. *Phys. Rev. B* **2013**, *87*, 201401.
18. Hsu, W.-T.; Zhao, Z.-A.; Li, L.-J.; Chen, C.-H.; Chiu, M.-H.; Chang, P.-S.; Chou, Y.-C.; Chang, W.-H. Second Harmonic Generation from Artificially Stacked Transition Metal Dichalcogenide Twisted Bilayers. *ACS Nano* **2014**, *8*, 8.
19. Saynatjoki, A.; Karvonen, L.; Rostami, H.; Autere, A.; Mehravar, S.; Lombardo, A.; Norwood, R.A.; Hasan, T.; Peyghambarian, N.; Lipsanen, H.; et al. Ultra-strong nonlinear optical processes and trigonal warping in MoS₂ layers. *Nat. Commun.* **2017**, *8*, 893.
20. Liu, H.; Li, Y.; You, Y.S.; Ghimire, S.; Heinz, T.F.; Reis, D.A. High-harmonic generation from an atomically thin semiconductor. *Nat. Phys.* **2016**, *13*, 262–265.
21. Boyd, R. *Nonlinear Optics*; Academic Press: New York, NY, USA, 2007.
22. Wen, X.; Gong, Z.; Li, D. Nonlinear optics of two-dimensional transition metal dichalcogenides. *InfoMat* **2019**, *1*, 317–337.
23. Hendry, E.; Hale, P.J.; Moger, J.; Savchenko, A.K.; Mikhailov, S.A. Coherent Nonlinear Optical Response of Graphene. *Phys. Rev. Lett.* **2010**, 105.
24. Vermeulen, N.; Castelló-Lurbe, D.; Cheng, J.; Pasternak, I.; Krajewska, A.; Ciuk, T.; Strupinski, W.; Thienpont, H.; Van Erps, J. Negative Kerr Nonlinearity of Graphene as seen via Chirped-Pulse-Pumped Self-Phase Modulation. *Phys. Rev. Appl.* **2016**, *6*, 044006.
25. Kim, J.H.; Yee, K.J.; Lim, Y.S.; Booshehri, L.G.; Hároz, E.H.; Kono, J. Dephasing of G-band phonons in single-wall carbon nanotubes probed via impulsive stimulated Raman scattering. *Phys. Rev. B* **2012**, *86*, 161415.
26. Fang, Y.; Wang, F.; Wang, R.; Zhai, T.; Huang, F. 2D NbOI₂: A Chiral Semiconductor with Highly In-Plane Anisotropic Electrical and Optical Properties. *Adv. Mater.* **2021**, *33*, e2101505.
27. Mortazavi, B.; Shahrokhi, M.; Javvaji, B.; Shapeev, A.V.; Zhuang, X. Highly anisotropic mechanical and optical properties of 2D NbOX₂ (X = Cl, Br, I) revealed by first-principle. *Nanotechnology* **2022**, *33*, 275701.
28. Abdelwahab, I.; Tilmann, B.; Wu, Y.; Giovanni, D.; Verzhbitskiy, I.; Zhu, M.; Berté, R.; Xuan, F.; Menezes, L.d.S.; Eda, G.; et al. Giant second-harmonic generation in ferroelectric NbOI₂. *Nat. Photon.* **2022**, *16*, 644–650.
29. Fu, J.; Yang, N.; Liu, Y.; Liu, Q.; Du, J.; Fang, Y.; Wang, J.; Gao, B.; Xu, C.; Zhang, D.; et al. Emission Dipole and Pressure-Driven Tunability of Second Harmonic Generation in vdWs Ferroelectric NbOI₂. *Adv. Funct. Mater.* **2023**, *34*, 2308207.
30. Guo, Q.; Qi, X.Z.; Zhang, L.; Gao, M.; Hu, S.; Zhou, W.; Zang, W.; Zhao, X.; Wang, J.; Yan, B.; et al. Ultrathin quantum light source with van der Waals NbOCl₂ crystal. *Nature* **2023**, *613*, 53–59.
31. Abdelwahab, I.; Tilmann, B.; Zhao, X.; Verzhbitskiy, I.; Berté, R.; Eda, G.; Wilson, W.L.; Grinblat, G.; de S. Menezes, L.; Loh, K.P.; et al. Highly Efficient Sum-Frequency Generation in Niobium Oxydichloride NbOCl₂ Nanosheets. *Adv. Opt. Mater.* **2023**, *11*, 2202833.
32. Fu, T.; Bu, K.; Sun, X.; Wang, D.; Feng, X.; Guo, S.; Sun, Z.; Fang, Y.; Hu, Q.; Ding, Y.; et al. Manipulating Peierls Distortion in van der Waals NbOX₂ Maximizes Second-Harmonic Generation. *J. Am. Chem. Soc.* **2023**, *145*, 16828–16834.
33. Ruck, M. TaOL₂—A Centrosymmetric Variant of NbOL₂ Structure. *Acta Crystallogr. C Struct. Commun.* **1995**, *51*, 1960–1962.

34. Wu, Y.; Abdelwahab, I.; Kwon, K.C.; Verzhbitskiy, I.; Wang, L.; Liew, W.H.; Yao, K.; Eda, G.; Loh, K.P.; Shen, L.; et al. Data-driven discovery of high performance layered van der Waals piezoelectric NbOI₂. *Nat. Commun.* **2022**, *13*, 1884.
35. Blake, P.; Hill, E.W.; Castro Neto, A.H.; Novoselov, K.S.; Jiang, D.; Yang, R.; Booth, T.J.; Geim, A.K. Making graphene visible. *Appl. Phys. Lett.* **2007**, *91*, 063124.
36. Yin, X.; Ye, Z.; Chenet, D.A.; Ye, Y.; O'Brien, K.; Hone, J.C.; Zhang, X. Edge Nonlinear Optics on a MoS₂ Atomic Monolayer. *Science* **2014**, *344*, 488–491.
37. Lin, K.I.; Ho, Y.H.; Liu, S.B.; Ciou, J.J.; Huang, B.T.; Chen, C.; Chang, H.C.; Tu, C.L.; Chen, C.H. Atom-Dependent Edge-Enhanced Second-Harmonic Generation on MoS₂ Monolayers. *Nano Lett.* **2018**, *18*, 793–797.
38. Karvonen, L.; Saynatjoki, A.; Huttunen, M.J.; Autere, A.; Amirsolaimani, B.; Li, S.; Norwood, R.A.; Peyghambarian, N.; Lipsanen, H.; Eda, G.; et al. Rapid visualization of grain boundaries in monolayer MoS₂ by multiphoton microscopy. *Nat. Commun.* **2017**, *8*, 15714.
39. Woodward, R.I.; Murray, R.T.; Phelan, C.F.; Oliveira, R.E.P.d.; Runcorn, T.H.; Kelleher, E.J.R.; Li, S.; Oliveira, E.C.d.; Fecine, G.J.M.; Eda, G.; et al. Characterization of the second- and third-order nonlinear optical susceptibilities of monolayer MoS₂ using multiphoton microscopy. *2D Mater.* **2017**, *4*, 011006.
40. Autere, A.; Jussila, H.; Marini, A.; Saavedra, J.R.M.; Dai, Y.; Säynätjoki, A.; Karvonen, L.; Yang, H.; Amirsolaimani, B.; Norwood, R.A.; et al. Optical harmonic generation in monolayer group-VI transition metal dichalcogenides. *Phys. Rev. B* **2018**, *98*, 115426.
41. Xia, M.J.; Xu, B.; Li, R.K. Growth and nonlinear optical properties of K₃B₆O₁₀Br crystal. *J. Cryst. Growth* **2014**, *404*, 65–68.
42. Li, R.; Nie, W.; Shang, Z.; Cheng, C.; Akhmalaliev, S.; Zhou, S.; Lu, Q.; Chen, F. Guided-wave second harmonics in Nd:YCOB ridge waveguides produced by combination of carbon ion irradiation and precise diamond blade dicing. *Opt. Mater.* **2016**, *57*, 153–157.
43. Zhou, Y.; Yue, Y.; Wang, J.; Yang, F.; Cheng, X.; Cui, D.; Peng, Q.; Hu, Z.; Xu, Z. Nonlinear optical properties of BaAlBO₃F₂ crystal. *Opt. Express* **2009**, *17*, 20033–20038.
44. Popkova, A.A.; Antropov, I.M.; Fröch, J.E.; Kim, S.; Aharonovich, I.; Bessonov, V.O.; Solntsev, A.S.; Fedyanin, A.A. Optical Third-Harmonic Generation in Hexagonal Boron Nitride Thin Films. *ACS Photon.* **2021**, *8*, 824–831.
45. Youngblood, N.; Peng, R.; Nemilentsau, A.; Low, T.; Li, M. Layer-Tunable Third-Harmonic Generation in Multilayer Black Phosphorus. *ACS Photon.* **2016**, *4*, 8–14.
46. Ning, T.Y.; Hyvärinen, O.; Pietarinen, H.; Kaplas, T.; Kauranen, M.; Genty, G. Third-harmonic UV generation in silicon nitride nanostructures. *Opt. Express* **2013**, *21*, 2012–2017.
47. Lafrentz, M.; Brunne, D.; Rodina, A.V.; Pavlov, V.V.; Pisarev, R.V.; Yakovlev, D.R.; Bakin, A.; Bayer, M. Second-harmonic generation spectroscopy of excitons in ZnO. *Phys. Rev. B* **2013**, *88*, 235207.
48. Qian, C.; Villafañe, V.; Soubelet, P.; Ji, P.; Stier, A.V.; Finley, J.J. Probing the Dark Exciton in Monolayer MoS₂ by Quantum Interference in Second Harmonic Generation Spectroscopy. *arXiv* **2023**, arXiv:2309.02303v1.
49. Soavi, G.; Wang, G.; Rostami, H.; Purdie, D.G.; De Fazio, D.; Ma, T.; Luo, B.; Wang, J.; Ott, A.K.; Yoon, D.; et al. Broadband, electrically tunable third-harmonic generation in graphene. *Nat. Nanotechnol.* **2018**, *13*, 583–588.
50. Jiang, T.; Huang, D.; Cheng, J.; Fan, X.; Zhang, Z.; Shan, Y.; Yi, Y.; Dai, Y.; Shi, L.; Liu, K.; et al. Gate-tunable third-order nonlinear optical response of massless Dirac fermions in graphene. *Nat. Photon.* **2018**, *12*, 430–436.
51. Alexander, K.; Savostianova, N.A.; Mikhailov, S.A.; Kuyken, B.; Van Thourhout, D. Electrically Tunable Optical Nonlinearities in Graphene-Covered SiN Waveguides Characterized by Four-Wave Mixing. *ACS Photon.* **2017**, *4*, 3039–3044.
52. Burns, W.K.; Bloembergen, N. Third-Harmonic Generation in Absorbing Media of Cubic or Isotropic Symmetry. *Phys. Rev. B* **1971**, *4*, 3437–3450.
53. Mishina, E.; Sherstyuk, N.; Lavrov, S.; Sigov, A.; Mitioglu, A.; Anghel, S.; Kulyuk, L. Observation of two polytypes of MoS₂ ultrathin layers studied by second harmonic generation microscopy and photoluminescence. *Appl. Phys. Lett.* **2015**, *106*, 131901.

Disclaimer/Publisher's Note: The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.