



Article Flexible Room-Temperature Ammonia Gas Sensors Based on PANI-MWCNTs/PDMS Film for Breathing Analysis and Food Safety

Chonghui Zhu, Tingting Zhou, Hong Xia * and Tong Zhang *

State Key Laboratory of Integrated Optoelectronics, College of Electronic Science and Engineering, Jilin University, Changchun 130012, China

* Correspondence: hxia@jlu.edu.cn (H.X.); zhangtong@jlu.edu.cn (T.Z.)

Abstract: Gas sensors have played a critical role in healthcare, atmospheric environmental monitoring, military applications and so on. In particular, flexible sensing devices are of great interest, benefitting from flexibility and wearability. However, developing flexible gas sensors with a high sensitivity, great stability and workability is still challenging. In this work, multi-walled carbon nanotubes (MWCNTs) were grown on polydimethylsiloxane (PDMS) films, which were further modified with polyaniline (PANI) using a simple chemical oxidation synthesis. The superior flexibility of the PANI-MWCNTs/PDMS film enabled a stable initial resistance value, even under bending conditions. The flexible sensor showed excellent NH₃ sensing performances, including a high response (11.8 \pm 0.2 for 40 ppm of NH₃) and a low limit of detection (10 ppb) at room temperature. Moreover, the effect of a humid environment on the NH₃ sensing performances was investigated. The results show that the response of the sensor is enhanced under high humidity conditions because water molecules can promote the adsorption of NH₃ on the PANI-MWCNTs/PDMS films. In addition, the PANI-MWCNTs/PDMS film sensor had the abilities of detecting NH₃ in the simulated breath of patients with kidney disease and the freshness of shrimp. These above results reveal the potential application of the PANI-MWCNTs/PDMS sensor for monitoring NH₃ in human breath and food.

Keywords: flexible; gas sensor; PANI-MWCNTs/PDMS; NH₃; breathing analysis

1. Introduction

Ammonia (NH₃), as an alkaline gas, can generate particulate ammonium sulfate and ammonium nitrate in the atmosphere, which cause PM2.5 pollution and serious lung diseases in humans [1–3]. According to the Occupational Safety and Health Administration (OSHA), the maximum concentration of NH₃ to which a person is exposed should not exceed 30 ppm in 15 min; otherwise, it will seriously irritate human respiratory organs, skin and eyes. Moreover, NH₃ in human exhaled gas is a sign of kidney disease. The concentration of NH₃ in the exhaled gas of patients with kidney disease reaches 0.8–15 ppm, while the average NH₃ concentration in the exhaled breath of healthy people is about 0.2–0.5 ppm [4,5]. This implies that there is a great potential for the use of NH₃ sensors in the non-invasive diagnosis of kidney disease. Meanwhile, the production of fertilizers and the combustion of chemical industries also emit NH₃ into the environment. Thus, the detection of NH₃ is of great significance for both environmental protection and human health.

Among the different sensing materials, carbon nanotubes (CNTs) have received great attention in the field of gas sensing, especially for flexible gas sensors, because of their excellent electrical conductivity, chemical stability, high surface area and flexibility [6–9]. CNT-based gas sensors can generate charge transfer and induce a change in electrochemical signals when exposed to the target gas. For example, Lee et al. [10] fabricated flexible and transparent NH₃ sensors based on functionalized single-walled carbon nanotube (SWCNT) film on PET substrates. The sensitivity of the sensor is 0.2% to 20 ppm NH₃, and the



Citation: Zhu, C.; Zhou, T.; Xia, H.; Zhang, T. Flexible Room-Temperature Ammonia Gas Sensors Based on PANI-MWCNTs/PDMS Film for Breathing Analysis and Food Safety. *Nanomaterials* **2023**, *13*, 1158. https://doi.org/10.3390/ nano13071158

Academic Editor: Ghenadii Korotcenkov

Received: 8 March 2023 Revised: 20 March 2023 Accepted: 23 March 2023 Published: 24 March 2023



Copyright: © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). response and recovery times are about 2 and 5 min, respectively. Penza et al. [11] used the RF plasma-enhanced chemical frontal vapor deposition technique to grow multi-walled carbon nanotubes (MWCNTs) on alumina substrates and loaded Pt particles on MWCNTs. The response value of the Pt-doped MWCNT-based sensor is 8.1% to 100 ppm NH₃. Zhu et al. [12] modified SWCNTs with phosphomolybdic acid molecules, which were further connected to graphene-based electrodes by van der Waals forces. The response value is 11% to 5 ppm NH₃, and the response time is 60 s. However, the sensing performance of CNTs is unsatisfactory because of the deficient charge transfer and weak interaction between CNTs and the target gas. Therefore, the development of CNT-based sensors with excellent performance and flexibility is still challenging.

Combining CNT materials with conductive polymers (polyaniline, polypyrrole, polythiophene, etc.) is a feasible method to construct gas sensors with a high sensitivity and selectivity [13–19]. On the one hand, the surface of the conducting polymer contains a mass of polar groups, which can enhance the interaction with carbon materials. This can improve electron transport and introduce new structure properties that are superior to those of purephase materials [20,21]. On the other hand, conductive polymers are suitable for wearable sensors because of their ease of processing, low cost and increased mechanical properties when compounded with carbon materials [22]. PANI, as a kind of conductive polymer, can selectively react with NH₃ due to its unique electrical properties and doping/un-doping characteristics. Therefore, combining PANI and MWCNTs with optimal component ratios and structural design plays a key role in achieving flexible NH_3 gas sensors with a high sensing sensitivity and stability. Wu et al. [23] prepared a porous polypropylene/CNT/PANI sensor to detect NH_3 . The response value of the sensor to 70 ppm NH_3 is 452%, the response time is 93 s, and the detection limit is 500 ppb. Xue et al. [24] synthesized PANI nanoparticlecoated CNTs and PANI nanofibers and deposited them on polyethylene terephthalate (PET) substrates. The sensor can detect a range of NH₃ concentrations from 200 ppb to 50 ppm. Wan et al. [25] prepared a flexible chemical gas sensor, which was assembled from PANI and CNT composites deposited on PET substrate. The response value of the flexible sensor is 30 to 100 ppm NH_3 , and the detection limit is 1 ppm. Although the reported PANI/CNTbased sensors have a high sensitivity, the detection limits do not meet the requirements of application in exhaled breath.

Herein, hydroxyl/carboxyl functionalized MWCNT nanomaterials were firstly deposited on a polydimethylsiloxane (PDMS) substrate. In addition, PANI was further loaded on the MWCNTs using a chemical oxidative polymerization method to construct a flexible PANI-MWCNTs/PDMS film. The surface of the acid-treated MWCNTs had oxygen-containing groups, which generated hydrogen bonds with the amino groups of the PANI chain to enhance the π - π conjugation interaction between them. The flexible PANI-MWCNTs/PDMS film could be directly assembled into gas sensors and exhibited excellent sensing performance to NH₃ at room temperature. Furthermore, the sensors possessed great stability after bending or stretching cycles. The flexible sensor was also used in the detection of NH₃ in breathing gas and food safety, and it demonstrated a superior sensing performance.

2. Experimental Section

2.1. Materials

Aniline (\geq 99.0%), multi-walled carbon nanotubes (MWCNTs, \geq 95.0%, 10–50 µm) and ammonium persulfate (APS) were purchased from Aladding Reagent Co., Ltd. (Shanghai, China). Concentrated sulfuric acid (H₂SO₄) was purchased from Tianjing Komiou Chemical Regent Co., Ltd. Polydimethylsiloxane (PDMS) films were purchased from Alibaba Group, and their thickness was 0.1 mm.

2.2. Synthesis of PANI-MWCNTs/PDMS, MWCNTs/PDMS and PANI/PDMS Films

The synthesis of PANI-MWCNTs/PDMS films: APS was dispersed in 20 mL 1 mol·L⁻¹ H₂SO₄. Next, 10 mg MWCNTs and PDMS film were added to the above solution. Then, the

solution was stirred for 6 h at 60 °C. The MWCNT solution was cooled to room temperature. The purpose of this step is to modify MWCNTs to introduce surface functional groups, such as carboxyl (-COOH) or hydroxyl (-OH) groups. Then, 200 μ L aniline was added to the MWCNT solution and stirred for 30 min. After that, the above solution was transferred to a 50 mL stainless steel reactor with Teflon lining at 100 °C for 4 h. Then, the PANI-MWCNT/PDMS films and powder were washed 3–5 times with ethanol and deionized water, respectively. The films fabricated by adding 0.1, 0.2 and 0.3 g APS to the reaction were named as PM-1/PDMS, PM-2/PDMS and PM-3/PDMS films, respectively.

The synthesis of MWCNTs/PDMS films: 0.2 g APS, 10 mg MWCNTs and PDMS were added to 20 mL H_2SO_4 (1 mol·L⁻¹). The solution was stirred for 6 h at 60 °C to prepare MWCNTs/PDMS films.

The synthesis of PANI/PDMS films: APS was dispersed in 20 mL 1 mol·L⁻¹ H₂SO₄. Then, 200 μ L aniline was added to the solution and stirred for 30 min. The above solution was transferred to a 50 mL stainless steel reactor with Teflon lining at 100 °C for 4 h.

2.3. Characterization

The morphology of the materials was recorded using a field-emission scanning electron microscope (FESEM), model JSM-7500F (JEOL, Tokyo, Japan). The ultraviolet–visible (UV-vis) spectrum was recorded on a UV-3600 (Shimadzu, Tokyo, Japan), and the Fourier infrared (FT-IR) spectrum was measured using a Perkin–Elmer spectrometer. The Raman spectrum of the materials was measured using a LabRAM HR800 (Horiba Jobin Yvon, Palaiseau, France).

2.4. Fabrication of Gas Sensors

The MWCNTs/PDMS and PANI/PDMS PANI-MWCNT/PDMS films were cropped to prepare 1×1.5 cm² thin films. Both ends of the films were clamped with two clips and connected to test lines to measure the sensing performance. The response of the sensors was defined as $S = R_g/R_a$. R_g and R_a are the resistance in the target gas and air, respectively. The exposure time and recovery time were defined as 100 s and R_g -90%(R_g - R_a), respectively. Breath samples were obtained from six healthy volunteers, aged 24–30 years, and the experiment was performed with their consent. The operating temperature of the sensors was room temperature (23 ± 2 °C). The gas sensing performances of the sensors were investigated using a CGS-8 test system (Beijing, China). The relative humidity (RH) and gas concentration were controlled using a DGL-III gas and liquid distribution system (Elite Technology, Suzhou, China). Air and ammonia gas were used to condition the test gas concentration environment. The relative humidity was controlled via water evaporation, and the RH values were regulated to 10%, 20%, 40%, 60% and 80% via the high-precision control of the flow and temperature of the gas distribution system. A schematic of the sensor test system is shown in Supporting Information (Figure S1).

3. Results and Discussion

3.1. Morphology and Structure

Figure 1 illustrates a schematic diagram of the preparation of the PANI-MWCNTs/ PDMS films. In an acidic environment, the MWCNTs were modified by forming –COOH and –OH groups on the surface, and they were grown on PDMS films. It was observed that the color of the PDMS film changed from colorless to gray, which proved that the MWCNTs were successfully assembled onto the film (Figure S2a). Subsequently, aniline was added to prepare PANI and further deposited on the MWCNTs/PDMS films through electrostatic adsorption to form PANI-MWCNTs/PDMS.As shown in Figure S2b, the color of the film changed from gray to green. The SEM pictures show the microstructure of the PANI and MWCNTs grown on the PDMS films. The surface of the PDMS film was folded. When the film was loaded with MWCNTs, the MWCNTs were more uniformly dispersed on the film to form a network (Figure 2a,b). Moreover, the diameter of the MWCNTs was about 60 nm. The morphology of the PANI-MWCNTs/PDMS film was further observed. The results show that the surface of the PANI-MWCNTs/PDMS film has more wrinkles (Figure 2c). The surface of the PM1 film had more nanoparticles, with a diameter of 300–600 nm (Figure S3a,b). With the increase in the PANI content, the roughness of the film surface became larger, and the PANI materials gradually covered the MWCNTs. The nanoparticles gradually changed to nanorods. The surface of the PM2 film consisted of nanoparticles and nanorods with diameters of approximately 100 nm and 200 nm, respectively (Figure 2d). Moreover, the number of nanorods on the surface of the PM3 film increased, and the diameter increased to about 500 nm (Figure S3c,d).



Figure 1. Schematic diagram of the preparation (**a**) and microstructure (**b**) of PANI-MWCNTs/PDMS films.



Figure 2. SEM images of the PDMS (a); MWCNTs-PDMS (b); PM2 films (c,d).

The FT-IR patterns of the PANI/MWCNTs-PDMS films are shown in Figure 3a. The adsorption band at 3442 cm⁻¹ is designated as PANI N-H stretching vibrations. The peaks at 1558 and 1484 cm⁻¹ are attributed to the C=C stretching of the quinoid rings and the C-C stretching of the benzenoid rings of PANI, respectively. The materials exhibit characteristic peaks at 1295, 1239, 1138 and 790 cm⁻¹, which correspond to the absorption of aromatic amine, C-NH⁺ stretching, the in-plane C-H bending vibration of the quinone ring and the C-H bending vibration of 1,4-disubstituted benzene. This indicates that PANI formed in the acid-doped state [26–28]. The weak absorption peaks at 1752, 1659 and 705 cm^{-1} correspond to the symmetric stretching vibration of C=O, the -C=O- vibration and the deformation vibration of the acyl ring. These energy bands correspond to the CO-N-OC group, demonstrating that MWCNTs-COOH attached to PANI through covalent bonds [29–31]. The Raman spectra provide additional evidence for the growth of PANI along the MWCNTs. The MWCNTs/PDMS film exhibits two characteristic bands at 1588 and 1342 cm², which are attributed to the high-frequency modes of the phonon (G mode) and the disorder-induced peak (D mode) (Figure S4). Moreover, the peaks at 490, 708, 2905 and 2965 cm^{-1} are the characteristic peaks of PDMS films. With the addition of the content of PANI, the peaks of the MWCNTs are weakened, and the peaks of PANI are displayed. The peaks at 1598, 1496, 1321 and 1160 are attributed to the C-C bond in benzene, N-H deformation, C-N⁺ bond stretching and the C-H bending of quinoid, respectively (Figure 3b) [27,32,33]. The synthesized films were cut to 1×1.5 cm², and the I-V curves were tested, as shown in Figure 3c. The composite films exhibit an ohmic behavior in the [-2, +2] V range. Through a corresponding fitting with a power law of I = AUⁿ, the n values of the films are 0.0012, 1.38, 1.06 and 1.09. The result shows that the n value of the PM2 films is closer to 1. The MWCNTs/PDMS films have poor electrical conductivity, and PANI is a conducting polymer that can impart high electrical conductivity to the material. As the PANI content increases, the electrical conductivity of the films also increases. Furthermore, the PM2 film has better conductivity, which makes the electron mobility faster, and the delocalization effect of the material on polarons becomes stronger [34–36].



Figure 3. FTIR (a), Raman (b) and I-V curve (c) spectrograms of PANI-MWCNTs/PDMS films.

3.2. Gas Sensing Properties

In order to compare the sensing performances of the prepared materials, the sensors based on the PM1, PM2, PM3, pure PANI/PDMS and MWCNTs/PDMS films were exposed to 40 ppm of different gases at 23 \pm 2 °C and 35 \pm 2% RH (Figure 4a). Among them, the MWCNTs/PDMS film could not be monitored due to the high resistance values. The sensitivities of the used sensors to NH_3 are much higher than those of formaldehyde (HCHO), carbon monoxide (CO), hydrogen sulfide (H_2S), triethylamine ($C_6H_{15}N$), trimethylamine (C_3H_8N) and acetone (C_3H_6O) . In addition, the PM2 film sensor exhibits the highest response to NH₃. The response of the PM2 film sensor is 11.8 ± 0.2 to 40 ppm NH₃ at room temperature. Figure 4b exhibits the dynamic response–recovery curve of the PM2 film sensor to 0.01-40 ppm NH₃ at room temperature. The low detection limit of the sensor is 0.01 ppm, and the recovery time is 236 s (Figure S5). The exposure time is defined as 100 s due to the inability of the sensors to reach adsorption equilibrium. The PM2 sensor shows good linearity at 0.01–1 and 1–40 ppm NH₃, and the linear correlation coefficients are 0.9465 and 0.9927, respectively (Figure 4c). In addition, most of the reported substrates for NH_3 sensors are rigid materials, including interdigital electrodes, glass substrates, silicon (Si) substrates and ceramic tubes (Table 1). In contrast, the PANI-MWCNTS/PDMS sensors prepared in this work have good flexibility while having a good response (11.8 to 40 ppm) and a low detection limit (10 ppb).



Figure 4. The response of sensors to 40 ppm of various gases (**a**); the response–recovery curve (**b**) and the response value (**c**) of PM2 sensor to 0.01–40 ppm NH₃; the reproducibility (**d**), the long-term stability (**e**) and the sensor numbers (**f**) of PM2 sensor; the effect of bending number (**g**) and bending angle (**h**) on response to 5 ppm NH₃.

Sensing Material	Substrate	Response	Detection Limit	Ref.
Co ₃ O ₄ /MoS ₂	Interdigital electrode	1.65 to 5 ppm	1 ppm	[37]
rGO/ZnO	Glass substrate	5.6 to 0.5 ppm	0.5 ppm	[38]
SiNW	Si substrate	75.8% to 100 ppm	100 ppb	[39]
PEA-Bi-Br	Interdigital electrode	1.76 to 30 ppm	0.2 ppm	[40]
РСо	Interdigital electrode	85% to 20 ppm	1 ppm	[41]
PANI/MWCNTs	Interdigitated array electrode	15.5% to 2 ppm	2 ppm	[18]
CNTs/PANI	Interdigital electrode	1.52 to 40 ppm	4 ppm	[32]
PDA-CNT-PANI	Ceramic tube	1.41 to 10 ppm	38 ppb	[42]
MWCNT-PANI/PVDF	Film	1.33 to 1 ppm	1 ppm	[43]
MWCNTs/PANI/PET- NH2	Film	2.17 to 50 ppm	1.1 ppm	[6]
MWCNTs/PANI	Fabric	\approx 2 to 100 ppm	200 ppb	[44]
CNTs/PANI/PET	Film	about 25 to 50 ppm	200 ppb	[24]
PANI/MWCNTs-PDMS	Film	11.8 to 40 ppm	10 ppb	This work

Table 1. NH₃ sensing performances of gas sensors based on PANI/MWCNTs materials.

The reproducibility of the PM2 sensor was studied via repeated exposure to 1 ppm NH₃ at room temperature. The PM2 sensor exhibited good repeatability over five cycles with a relative standard deviation (RSD) of 1.23% (Figure 4d). Long-term stability is also one of the important parameters of sensors. As shown in Figure 4e, the response of the PM2 sensor to 1 ppm NH_3 was continuously tested over 30 days. The value of RSD was 2.4%, which indicates that the sensor has superior long-term stability. In order to further investigate repeatability and stability, five PM2 film-based sensors were fabricated. The five devices had similar responses to 1 ppm NH_3 (RSD = 2.5%). For flexible sensors, bending and stretching may affect their performance. Therefore, we investigated the effect of bending number and angle on the PM2 sensor. Figure 4g shows the effect of bending times on the PM2 sensor. As the number of bends increased, the response of the PM2 sensor to 5 ppm NH₃ further decreased. After 100 bending times, the response of the sensor decreased by 3.9%. Then, the effect of the bending angle on the sensors was studied. When the bending angles were 30° , 60° and 120° , the response values of the PM2 sensor to 5 ppm NH₃ were 3.5, 3.3 and 3.4, respectively (Figure 4h). All the above results show that the flexible sensor has good mechanical properties.

The properties of NH₃ gas sensors are greatly influenced by relative humidity in practical applications. Therefore, the NH₃ sensing performance of the PM2 sensor was further investigated in the range of 10–80% RH (Figure 5a). The PM2 sensor was placed in different humidity environments, and when the resistance of the sensor reached a stable value, the sensor's device was fed with 1 ppm NH₃ to detect the change in the resistance. The results show that the resistance value of the sensor is almost unchanged, which is about 60 k Ω at 10–20% RH. When the humidity increases from 40% to 80% RH, the resistance of the PM2 sensor increases from 68 k Ω to 101 k Ω (Figure 5b). With the increase in RH, the response of the sensor increases. The response value of the sensor reaches 2.7 at 40% RH. When the RH is 80%, the response value of PM2 increases to 5.3, and the recovery time becomes longer. In order to exclude the influence of ambient humidity on the sensor, we placed the PM2 sensor in different relative humidity environments without NH₃. The results show that the response of the PM2 sensor to different humidity environments does not exceed 1.5 (Figure S6). The above results indicate that the response of the PM2 sensor to NH₃ increases in a high humidity environment.



Figure 5. Sensing transients (**a**), initial resistance (**b**) and the response (**c**) of PM2 sensor to 1 ppm NH_3 in humid environment.

3.3. Gas Sensing Mechanism

The gas sensing mechanism of the PANI-MWCNTs/PDMS film sensors are mainly attributed to the unique doping/de-doping properties of the PANI materials and the π - π conjugation effect between the MWCNTs and PANI (Figure 6). The FT-IR spectra before and after NH₃ adsorption were studied. The results show that the peak at 1405 cm⁻¹ enhances after ammonia adsorption, which is attributed to the expansion and contraction vibration of the quinone ring. Moreover, the peak at 1238 cm^{-1} weakens, which is attributed to C-NH⁺ stretching (Figure S7) [44]. This is because PANI materials synthesized under acidic conditions are in the emeraldine salt (ES) state and have abundant active sites. When the PANI-MWCNTs/PDMS film sensor is exposed to NH₃, -NH on PANI combines with NH₃, which changes PANI from the ES state to the emeraldine base (EB) state and leads to an increase in resistance [14]. When the sensor is placed in the air, NH_3 detaches from the surface of PANI, and the resistance of the sensor is restored to its original state. The MWCNTs in the film can be used as an efficient sensing channel to enhance the charge transport rate. The existence of the π - π conjugation effect between the MWCNTs and PANI accelerates electron migration and, thus, improves the sensing performance [6,45,46]. In addition, the MWCNTs exposed in the composite film also interact with NH₃. The MWCNTs embody the characteristics of a p-type semiconductor. When exposed to NH_3 , the hole density of the MWCNTs decreases, and the resistance increases [47,48]. Based on the above points, the gas sensing performance of the film sensor is significantly improved.



Figure 6. Gas sensing mechanism of PANI-MWCNTs/PDMS sensor.

After the addition of NH_3 in a high humidity environment, the initial resistance of the sensor decreases and then increases with the relative humidity. The I-V curves of the PM2 film also prove this phenomenon in different RH environments (Figure S8). The conductivities of the film decrease as the humidity increases. This is because the PANI material swells after absorbing water molecules [48]. The swelling effect of the polymer may cause the PANI chain to twist and increase its disorder, resulting in a restricted charge carrier movement, which increases the resistance of the sensor. The response value of the sensor to NH_3 increases with an increase in the humidity of the environment. The reason for this result is that water vapor is a weakly reducing gas, and it can promote the adsorption of NH_3 on PANI materials. The water molecule generates OH^- during the adsorption process, which can trap H^+ on the PANI chain in a high humidity environment to improve the response of the sensor [29,48–50].

3.4. Applications of the PANI-MWCNTs/PDMS Film Sensor

To investigate the potential of the PANI-MWCNTs/PDMS film-based sensor for monitoring expiratory markers, related experiments were performed. The exhaled breath of six healthy people was collected and injected into glass bottles, and one of the glass bottles was injected with 1 ppm NH_3 . Then, the sensor was set into two glass bottles to measure its response. Figure 7 shows the response to NH_3 and the initial resistance of the sensor. The resistance value of the sensor was between 140 and $115 \text{ k}\Omega$, its response value was about 5.0, and the relative standard deviation (RSD) was 9.5%. Without 1 ppm NH_3 , the response value of the sensor to the exhaled breath was about 1.4~1.6. The results indicate that the PANI-MWCNTs/PDMS film-based sensor has a good stability in practical NH₃ detection, which further proves that PANI-MWCNTs/PDMS sensors have certain advantages and potentials in the diagnosis of nephropathy. However, in practical applications, it is necessary to consider the impact of humidity on the sensor, for which a drying device can be added in front of the test chamber to achieve the effect of water removal [51]. In the process of spoilage, prawn releases a lot of NH₃ [52,53]. Figure 7b exhibits the color change of the film sensor in the atmosphere of prawn at 28 ± 2 °C to evaluate its freshness. Here, green represents fresh, blue represents petty spoilage, and dark blue represents spoilage. As the storage period increased, the color of the PANI film gradually became darker, changing from green to dark green and finally to blue. The reason for this phenomenon is due to the de-doping reaction between NH₃ and PANI, which changes its structure from the ES state to the EB state. This result indicates a possibility for visual NH₃ detection.



Figure 7. Cont.



Figure 7. The response of PM2 sensors to exhaled breath of healthy patients and simulated patients with kidney disease (**a**) and the initial resistance of sensor without NH_3 (**b**); changes in the colorimetric sensors at different shrimp placement times (**c**).

4. Conclusions

In summary, PANI was grown on MWCNTs/PDMS films via chemical oxidation polymerization. The morphology and structure demonstrated the formation of film materials, and a PANI-MWCNTs/PDMS film-based NH₃ sensor was successfully developed. At room temperature, the response of the film sensor to 40 ppm NH₃ was 11.8 \pm 0.2, with a recovery time of 236 s and a detection limit of 10 ppb. The sensor was applied to identify the breath of healthy patients and simulated patients with kidney disease, and the results show that the sensor has a good ability to identify simulated samples. Meanwhile, a visualized thin-film sensor with a sensitive color change to NH₃ was developed. Then, the sensitivity mechanism was systematically explained. This work prepared a flexible sensor based on PANI/MWCNTs, which shows good application prospects for the detection of ammonia in the environment and human breath.

Supplementary Materials: The following supporting information can be downloaded at https: //www.mdpi.com/article/10.3390/nano13071158/s1, Figure S1: The schematic of the sensor test system; Figure S2: Picture of MWCNTs/PDMS film; Figure S3: SEM images of PM1 (a,b) and PM3 (c,d) films; Figure S4: Raman spectrograms of PDMS (a) and MWCNTs/PDMS (b) films; Figure S5: The response-recovery curve of PM2 sensor to 10 ppb NH₃; Figure S6: The response value of PM2 sensor to 10-80% RH; Figure S7: FT-IR spectrum before and after adsorption of NH₃; Figure S8: I–V curve of the PM2 films at 10–80% RH.

Author Contributions: Writing-Original draft preparation, C.Z.; experiment, C.Z.; data analysis, C.Z. and T.Z. (Tingting Zhou); validation, T.Z. (Tingting Zhou); methodology, T.Z. (Tingting Zhou); writing-original draft, C.Z. and T.Z. (Tingting Zhou); investigation, H.X.; conceptualization, H.X.; project administration, T.Z. (Tong Zhang); writing-reviewing and editing, T.Z. (Tong Zhang). All authors have read and agreed to the published version of the manuscript.

Funding: This work was supported by the National Key R&D Program of China (2021YFB3200402), the Natural Science Foundation Committee (NSFC, Grant Nos. 62020106006 and 62101208) and the China Postdoctoral Science Foundation (2021M691196).

Informed Consent Statement: Informed consent was obtained from all subjects involved in the study.

Data Availability Statement: The authors confirm that the data supporting the findings of this study are available within the article [and/or its supplementary materials].

Conflicts of Interest: The authors declare no competing financial interests.

References

- Zhou, T.T.; Zhang, P.; Yu, Z.Z.; Tao, M.; Zhou, D.L.; Yang, B.; Zhang, T. Light-driven, ultra-sensitive and multifunctional ammonia wireless sensing system by plasmonic-functionalized Nb₂CTx MXenes towards smart agriculture. *Nano Energy* 2023, *108*, 108216. [CrossRef]
- Cheng, L.; Ye, Z.; Cheng, S.; Guo, X. Agricultural ammonia emissions and its impact on PM2.5 concentrations in the Beijing– Tianjin–Hebei region from 2000 to 2018. *Environ. Pollut.* 2021, 291, 118162. [CrossRef] [PubMed]
- Cox, L.A., Jr. Re-assessing human mortality risks attributed to PM2.5-mediated effects of agricultural ammonia. *Environ. Res.* 2023, 223, 115311. [CrossRef] [PubMed]

- Davies, S.; Spane, P.; Smith, D. Quantitative analysis of ammonia on the breath of patients in end-stage renal failure. *Kidney Int.* 1997, 52, 223–228. [CrossRef]
- Li, H.Y.; Lee, C.S.; Kim, D.H.; Lee, J.H. Flexible room-temperature NH3 sensor for ultrasensitive, selective, and humidityindependent gas detection. ACS Appl. Mater. Interfaces 2018, 10, 27858–27867. [CrossRef]
- Zhou, T.; Zhang, T. Recent progress of nanostructured sensing materials from 0D to 3D: Overview of structure-propertyapplication relationship for gas sensors. *Small Methods* 2021, *5*, 2100515. [CrossRef]
- 7. Leonhardt, E.J.; Jasti, R. Emerging applications of carbon nanohoops. Nat. Rev. Chem. 2019, 3, 672–686. [CrossRef]
- Prusty, R.K.; Rathore, D.K.; Ray, B.C. CNT/polymer interface in polymeric composites and its sensitivity study at different environments. *Adv. Colloid Interface Sci.* 2017, 240, 77–106. [CrossRef]
- 9. Bati, A.S.R.; Yu, L.P.; Batmunkh, M.; Shapter, J.G. Recent advances in applications of sorted single-walled carbon nanotubes. *Adv. Funct. Mater.* **2019**, *29*, 1902273. [CrossRef]
- Lee, K.; Scardaci, V.; Kim, H.Y.; Hallam, T.; Nolan, H.; Bolf, B.E.; Maltbie, G.S.; Abbott, J.E.; Duesberg, G.S. Highly sensitive, transparent, and flexible gas sensors based on gold nanoparticle decorated carbon nanotubes. *Sens. Actuators B Chem.* 2013, 188, 571–575. [CrossRef]
- 11. Penza, M.; Rossi, R.; Alvisi, M.; Cassano, G.; Signore, M.A.; Serra, E.; Giorgi, R. Pt- and Pd-nanoclusters functionalized carbon nanotubes networked films for sub-ppm gas sensors. *Sens. Actuators B* **2008**, *135*, 289–297. [CrossRef]
- Zhu, Y.; Chen, C.; Wu, S.; Cheng, R.; Gao, J.; Yu, Y.; Zhou, W. Phosphomolybdic acid-decorated carbon nanotubes for low-power sensing of NH3 and NO2 at room temperature. ACS Appl. Nano Mater. 2021, 4, 1976–1984. [CrossRef]
- Ma, J.; Fan, H.; Li, Z.; Jia, Y.; Yadav, A.K.; Dong, G.; Wang, W.; Dong, W.; Wang, S. Multi-walled carbon nanotubes/polyaniline on the ethylenediamine modified polyethylene terephthalate fibers for a flexible room temperature ammonia gas sensor with high responses. *Sens. Actuators B Chem.* 2021, 334, 129677. [CrossRef]
- 14. Liu, B.; Liu, X.; Yuan, Z.; Jiang, Y.; Su, Y.; Ma, J.; Tai, H. A flexible NO₂ gas sensor based on polypyrrole/nitrogen-doped multiwall carbon nanotube operating at room temperature. *Sens. Actuators B Chem.* **2019**, *295*, 86–92. [CrossRef]
- Bahoumina, P.; Hallil, H.; Lachaud, J.L.; Abdelghani, A.; Frigui, K.; Bila, S.; Baillargeat, D.; Ravichandran, A.; Coquet, P.; Paragua, C.; et al. Microwave flexible gas sensor based on polymer multi wall carbon nanotubes sensitive layer. *Sens. Actuators B Chem.* 2017, 249, 708–714. [CrossRef]
- 16. Zhu, C.; Dong, X.; Guo, C.; Huo, L.; Gao, S.; Zheng, Z.; Cheng, X.; Xu, Y. Template-free synthesis of a wafer-sized polyaniline nanoscale film with high electrical conductivity for trace ammonia gas sensing. J. Mater. Chem. A 2022, 10, 12150–12156. [CrossRef]
- 17. Wu, H.; Chen, Z.; Zhang, J.; Wu, F.; He, C.; Wu, Y.; Ren, Z. Phthalocyanine-mediated non-covalent coupling of carbon nanotubes with polyaniline for ultrafast NH3 gas sensors. *J. Mater. Chem. A* **2017**, *5*, 24493–24501. [CrossRef]
- Abdulla, S.; Mathew, T.L.; Pullithadathil, B. Highly sensitive, room temperature gas sensor based on polyaniline-multiwalled carbon nanotubes (PANI/MWCNTs) nanocomposite for trace-level ammonia detection. Sens. Actuators B 2015, 221, 1523–1534. [CrossRef]
- 19. He, Y.; Wu, D.; Zhou, M.; Zheng, Y.; Wang, T.; Lu, C.; Zhang, L.; Liu, H.; Liu, C. Wearable strain sensors based on a porous polydimethylsiloxane hybrid with carbon nanotubes and graphene. *ACS Appl. Mater. Interfaces* **2021**, *13*, 15572–15583. [CrossRef]
- Dai, J.; Ogbeide, O.; Macadam, N.; Sun, Q.; Yu, W.; Li, Y.; Su, B.L.; Hasan, T.; Huang, X.; Huang, W. Printed gas sensors. *Chem. Soc. Rev.* 2020, 49, 1756–1789. [CrossRef]
- Liu, X.; Zheng, W.; Kumar, R.; Kumar, M.; Zhang, J. Conducting polymer-based nanostructures for gas sensors. *Coord. Chem. Rev.* 2022, 462, 214517. [CrossRef]
- 22. Shi, K.; Zou, H.; Sun, B.; Jiang, P.; He, J.; Huang, X. Dielectric modulated cellulose paper/PDMS-based triboelectric nanogenerators for wireless transmission and electropolymerization applications. *Adv. Funct. Mater.* **2020**, *30*, 1904536. [CrossRef]
- Wu, G.; Du, H.; Cha, Y.L.; Lee, D.; Kim, W.; Nejad, F.F.; Oh, T.S.; Zhang, X.; Kim, D.J. A wearable mask sensor based on polyaniline/CNT nanocomposites for monitoring ammonia gas and human breathing. *Sens. Actuators B Chem.* 2023, 375, 132858. [CrossRef]
- Xue, L.; Wang, W.; Guo, Y.; Liu, G.; Wan, P. Flexible polyaniline/carbon nanotube nanocomposite film-based electronic gas sensors. Sens. Actuators B Chem. 2017, 244, 47–53. [CrossRef]
- Wan, P.; Wen, X.; Sun, C.; Chandran, B.K.; Zhang, H.; Sun, X.; Chen, X. Flexible transparent films based on nanocomposite networks of polyaniline and carbon nanotubes for high-performance gas sensing. *Small* 2015, 11, 5409–5415. [CrossRef]
- Hu, J.; Li, S.S.; Li, J.F.; Wang, Y.L.; Zhang, X.Y.; Chen, J.B.; Li, S.Q.; Gu, L.N.; Chen, P. Surface functionalization of polyaniline and excellent electrocatalytic performance for oxygen reduction to produce hydrogen peroxide. *Chem. Eng. J.* 2022, 431, 133921. [CrossRef]
- Yang, C.; Zhang, L.; Hu, N.; Yang, Z.; Su, Y.; Xu, S.; Li, M.; Yao, L.; Hong, M.; Zhang, Y. Rational design of sandwiched polyaniline nanotube/layered graphene/polyaniline nanotube papers for high-volumetric supercapacitors. *Chem. Eng. J.* 2017, 309, 89–97. [CrossRef]
- Li, X.; Yu, L.; Yu, L.; Dong, Y.; Gao, Q.; Yang, Q.; Yang, W.; Zhu, Y.; Fu, Y. Chiral polyaniline with superhelical structures for enhancement in microwave absorption. *Chem. Eng. J.* 2018, 352, 745–755. [CrossRef]
- Nie, P.; Min, C.; Chen, X.; Shen, C.; Tu, W.; Song, H. Effect of MWCNTs-COOH reinforcement on tribological behaviors of PI/MWCNTs-COOH nanocomposites under seawater lubrication. *Tribol. Trans.* 2016, 5, 89–98. [CrossRef]
- Zhou, J.; Pan, K.; Qu, G.; Ji, W.; Ning, P.; Tang, H.; Xie, R. rGO/MWCNTs-COOH 3D hybrid network as a high-performance electrochemical sensing platform of screen-printed carbon electrodes with an ultra-wide detection range of Cd(II) and Pb(II). *Chem. Eng. J.* 2022, 449, 137853. [CrossRef]

- Zeng, W.; Li, C.; Feng, Y.; Zeng, S.; Fu, B.X.; Zhang, X.L. Carboxylated multi-walled carbon nanotubes (MWCNTs-COOH)-intercalated graphene oxide membranes for highly efficient treatment of organic wastewater. J. Water Process. Eng. 2021, 40, 101901. [CrossRef]
- 32. Eising, M.; Cava, C.E.; Salvatierra, R.V.; Zarbin, A.J.G.; Roman, L.S. Doping effect on self-assembled films of polyaniline and carbon nanotube applied as ammonia gas sensor. *Sens. Actuators B Chem.* **2017**, 245, 25–33. [CrossRef]
- Trchová, M.; Morávková, Z.; Bláha, M.; Stejskal, J. Raman spectroscopy of polyaniline and oligoaniline thin films. *Electrochim. Acta.* 2014, 122, 28–38. [CrossRef]
- 34. Shin, M.K.; Kim, Y.J.; Kim, S.I.; Kim, S.K.; Lee, H.; Spinks, G.M.; Kim, S.J. Enhanced conductivity of aligned PANi/PEO/MWNT nanofibers by electrospinning. *Sens. Actuators B Chem.* **2008**, *134*, 122–126. [CrossRef]
- Yao, Q.; Wang, Q.; Wang, L.; Wang, Y.; Sun, J.; Zeng, H.; Jin, Z.; Huang, X.; Chen, L. The synergic regulation of conductivity and Seebeck coefficient in pure polyaniline by chemically changing the ordered degree of molecular chains. *J. Mater. Chem. A.* 2014, 2, 2634–2640. [CrossRef]
- 36. Lee, K.; Cho, S.; Park, S.H.; Heeger, A.J.; Lee, C.-W.; Lee, S.-H. Metallic transport in polyaniline. Nature 2006, 441, 65–68. [CrossRef]
- Zhang, D.; Jiang, C.; Li, P.; Sun, Y. Layer-by-Layer Self-assembly of Co₃O₄ nanorod-decorated MoS₂ nanosheet-based nanocomposite toward high-performance ammonia detection. ACS Appl. Mater. Interfaces 2017, 9, 6462–6471. [CrossRef]
- Anasthasiya, A.N.A.; Kishore, K.R.; Rai, P.K.; Jeyaprakash, B.G. Highly sensitive graphene oxide functionalized ZnO nanowires for ammonia vapour detection at ambient temperature. *Sens. Actuators B Chem.* 2018, 255, 1064–1071. [CrossRef]
- Song, X.; Hu, R.; Xu, S.; Liu, Z.; Wang, J.; Shi, Y.; Xu, J.; Chen, K.; Yu, L. Highly Sensitive Ammonia Gas Detection at Room Temperature by Integratable Silicon Nanowire Field-Effect Sensors. ACS Appl. Mater. Interfaces 2021, 13, 14377–14384. [CrossRef]
- Li, G.; Zhang, Y.; Zhao, X.; Lin, J.; She, C.; Liu, S.; Jing, C.; Cheng, Y.; Chu, J. Bismuth-based lead-free perovskite film for highly sensitive detection of ammonia gas. *Sens. Actuators B Chem.* 2021, 345, 130298. [CrossRef]
- Shah, M.N.; Pathipati, S.R.; Mehmood, S.; Kahn, F.U.; Sohail, M.; Ullah, B.; Yang, Y.; Pan, X. Stable Cobalt Porphyirn Ometed Type Small Molecule Sensor for the Sensitive and Selective Detection of Ammonia Gas at Room Temperature. *Adv. Mater. Technol.* 2021, 6, 2100147. [CrossRef]
- 42. Wang, Z.; Chang, J.; Zhi, H.; Li, C.; Feng, L. A PDA functionalized CNT/PANI self-powered sensing system for meat spoilage biomarker NH3 monitoring. *Sens. Actuators B Chem.* **2002**, *356*, 131292. [CrossRef]
- Wu, T.; Lv, D.; Shen, W.; Song, W.; Tan, R. Trace-level ammonia detection at room temperature based on porous flexible polyaniline/polyvinylidene fluoride sensing film with carbon nanotube additives. *Sens. Actuators B Chem.* 2020, 316, 128198. [CrossRef]
- 44. Sědenkova, I.; Stejskal, J.; Trchova, M. In situ infrared spectroscopy of oligoaniline intermediates created under alkaline conditions. J. Phys. Chem. B 2014, 118, 14972–14981. [CrossRef]
- Maity, D.; Kumar, R.T.R. Polyaniline anchored MWCNTs on fabric for high performance wearable ammonia sensor. ACS Sens. 2018, 3, 1822–1830. [CrossRef]
- Li, S.; Wang, T.; Yang, Z.; He, J.; Wang, J.; Zhao, L.; Lu, H.; Tian, T.; Liu, F.; Sun, P.; et al. Room temperature high performance NH3 sensor based on GO-rambutan-like polyaniline hollow nanosphere hybrid assembled to flexible PET substrate. *Sens. Actuators B Chem.* 2018, 273, 726–734. [CrossRef]
- 47. Sharma, S.; Hussain, S.; Singh, S.; Islam, S.S. MWCNT-conducting polymer composite based ammonia gas sensors: A new approach for complete recovery process. *Sens. Actuators B* **2014**, *194*, 213–219. [CrossRef]
- 48. Usami, Y.; van de Ven, B.; Mathew, D.G.; Chen, T.; Kotooka, T.; Kawashima, Y.; Tanaka, Y.; Otsuka, Y.; Ohoyama, H.; Tamukoh, H.; et al. In-materio reservoir computing in a sulfonated polyaniline network. *Adv. Mater.* **2021**, *33*, 2102688. [CrossRef]
- 49. Zhou, T.; Sui, N.; Zhang, R.; Zhang, T. Cabbage-shaped zinc-cobalt oxide (ZnCo₂O₄) sensing materials: Effects of zinc ion substitution and enhanced formaldehyde sensing properties. *J. Colloid Interface Sci.* **2019**, 537, 520–527. [CrossRef]
- 50. Wang, S.; Jiang, Y.; Liu, B.; Duan, Z.; Pan, H.; Yuan, Z.; Xie, G.; Wang, J.; Fang, Z.; Tai, H. Ultrathin Nb₂CT_x nanosheets-supported polyaniline nanocomposite: Enabling ultrasensitive NH₃ detection. *Sens. Actuators B Chem.* **2021**, 343, 130069. [CrossRef]
- 51. Chuang, M.Y.; Chen, C.C.; Zan, H.W.; Meng, H.F.; Lu, C.J. Organic Gas Sensor with an Improved Lifetime for Detecting Breath Ammonia in Hemodialysis Patients. *ACS Sens.* 2017, *2*, 1788–1795. [CrossRef]
- 52. Jia, R.; Tian, W.; Bai, H.; Zhang, J.; Wang, S.; Zhang, J. Amine-responsive cellulose-based ratiometric fluorescent materials for real-time and visual detection of shrimp and crab freshness. *Nat. Commun.* **2019**, *10*, 795. [CrossRef]
- 53. Wang, J.; Sun, X.; Zhang, H.; Dong, M.; Li, L.; Zhangsun, H.; Wang, L. Dual-functional intelligent gelatin-based packaging film for maintaining and monitoring the shrimp freshness. *Food Hydrocoll.* **2022**, *124*, 107258. [CrossRef]

Disclaimer/Publisher's Note: The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.